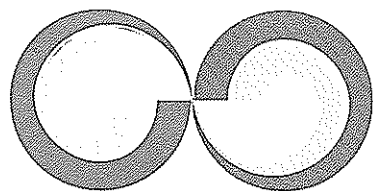


GYMNAST

WINTER/SPRING 1987

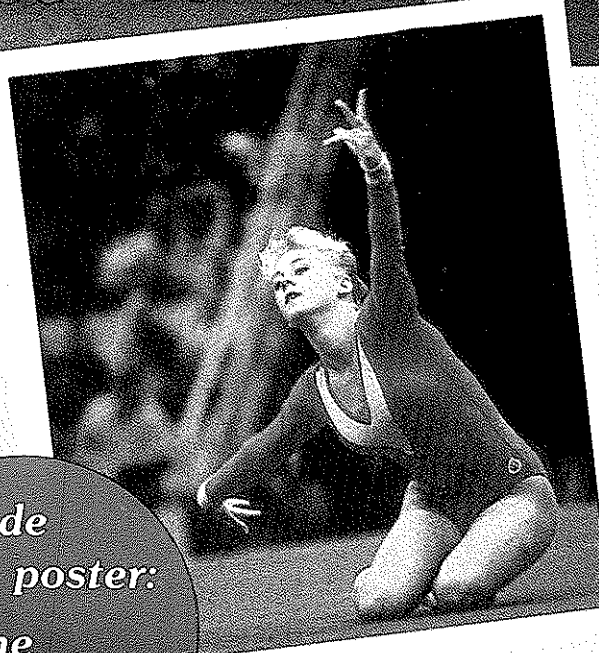


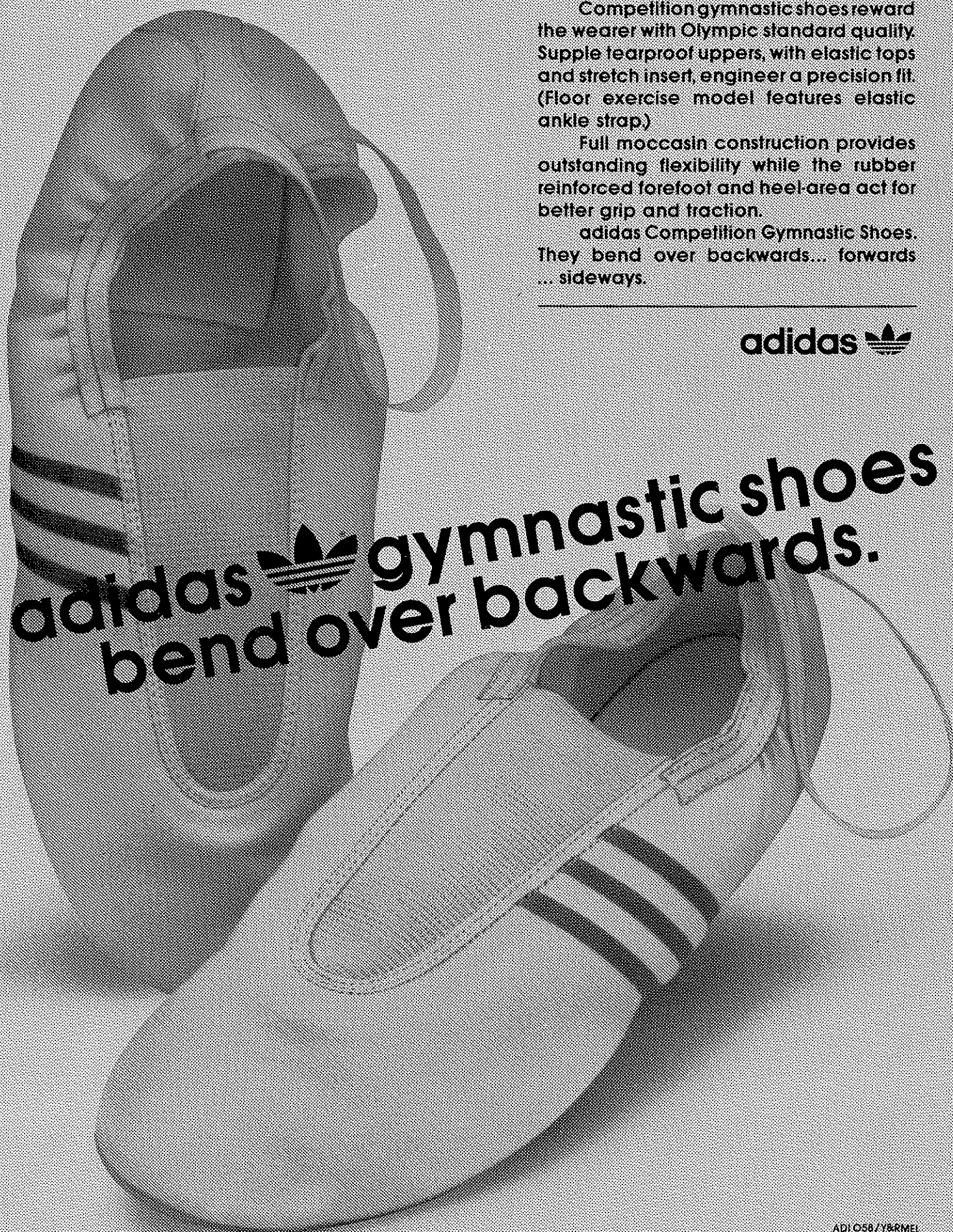
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8. GYMNAESTRADA
HERNING

inside
poster:
*Leanne
Rycroft*





Competition gymnastic shoes reward the wearer with Olympic standard quality. Supple tearproof uppers, with elastic tops and stretch insert, engineer a precision fit. (Floor exercise model features elastic ankle strap.)

Full moccasin construction provides outstanding flexibility while the rubber reinforced forefoot and heel-area act for better grip and traction.

adidas Competition Gymnastic Shoes. They bend over backwards... forwards ... sideways.

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adidas  gymnastic shoes
bend over backwards.

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the *australian*

GYMNAST

The official magazine of the Australian Gymnastic Federation

Winter/Spring 1987
Volume 12
Number 3

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Limited back issues of The Australian Gymnast are still available. Write to A.G.F. Office.

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Cover:

* L'Elfin Gym Club Squad which attended the 8th World Gymnaestrada in Denmark this year.

LETTERS TO THE EDITOR

LETTERS FROM L'ELFIN GROUP MEMBERS

We flew out of Sydney Airport early Thursday morning. When I left I was worried because I didn't know what to expect overseas. We had lots of new experiences. We tried seaweed on the Japan airlines flight. The toilets in Japan were also very different because they were just holes in the floor.

When we arrived in Denmark we got an interpreter named Niels who was a great help. We stayed in a school which was very nice. We slept on mattresses on the floor in heated classrooms. Although it was summer it was still very cold at night.

The gymnastics routines put on by other countries were mostly of a very high standard. Some displays were put on by old people and some by very young people like us. The food we had at the Gymnastrada was very nice, and plenty of it. The only thing we didn't like was when the hot water ran out when we were having our showers.

We met lots of gymnasts from other countries and swapped pins and souvenirs. I now have an English penpal. We watched many displays and got some good ideas. I liked the Danish Rhythmic Display best. Everyone was very friendly and liked our Akubra hats. I had a really good time.

Elissa Falson

The honour and experience of being part of the L'Elfin National Display Team in Denmark was really wonderful. It was a beautiful country, very different from Australia as it is very flat. We visited many places in Denmark and Legoland was my favourite but sometimes I found it difficult to communicate with the Danes and people from other countries.

The gymnastics we saw was very exciting and we learned so many new things and we hope to use some of the interesting techniques in our own work.

I feel we proved worthy representatives of our team, our families and our country.

Alison Doak

I feel that competing in the 8th Gymnaestrada in Denmark—July 1987, was an experience that I will never forget not only for the competition but also for the friendship that was shown both within our own team and the new friendships that were made with competitors from other countries.

The experience of competing against world class competition is invaluable and I am sure will stand by me as long as I choose to continue in the sport of gymnastics.

Karina Ross, aged 13.

MARYBOROUGH TRAMPOLINE AND GYMNASTICS CLUB

THREE MEMBERS TO REPRESENT QUEENSLAND

At the State Titles in Brisbane during the holidays, three MTGC Trampolinists were selected in two State Teams. Sue Bolton will travel to Launceston for the National Titles in October and Jason Tinson and Theresa Clibborn will join the Qld Pan-Pacific Team in Brisbane next month. We also had success in the competition itself; Jason gained first place in sub-junior Synchronised and Double Mini Trampoline, while Sue came second in Junior Double Mini and third in Synchro. Both Sue and Jason reached the finals in individual trampoline. **Congratulations to all concerned!!**

MACKAY GIRLS GYMNASTIC CLUB INC.

DISPLAYS

Our senior gymnasts have put on tumbling displays during the interval at two Basketball matches recently. These have been very well received, and serve as an excellent advertisement for our sport. Our sincere thanks to the gymnasts and coaches for their efforts.

AIRLIE BEACH CAMP

The camp for our Level 6-and-above girls, held at Airlie Beach in mid-May was a most successful experiment—in some ways, at least. Seven girls attended and received maximum attention from the four coaches. The outdoor venue allowed them to do some really spectacular Bars work. The girls who went to the camp to **work** had a great time and learned a great deal. Those who went for a holiday weekend were disappointed. The theme of the weekend was 'Attitudes'—it remains to be seen whether the long-term objective of improved attitudes to gym work has been achieved in all cases.

SUMMONSES!

To all gymnastic coaches—

I am a student of the academy of physical education at the Hague and doing a thesis on the various constructions of tumbling-platforms. If you are using any kind of platform, please send me some technical details like: construction, materials used, etc. This has not any money purpose, but is just a stock-taking. I would be greatly obliged if you sent this information to:

Henk van Meerkerk
Neptunushof 14
2931 XR Krimpen a/d Lek
HOLLAND

NSW Gymnastic Association STATE COACHING DIRECTOR to commence January, 1988

Full time position operating from the State Sport Centre, Homebush.

Qualifications:

- * Formal Coaching Accreditation—minimum Level 2 NCAS
- * Proven practical coaching experience.
- * Good communication skills.
- * Ability to organise coaches education courses, clinics, etc.
- * Understanding of, and ability to relate to all disciplines.

Duty Statement:

Available on application from NSWGA.

Salary:

Negotiable.

Applications, curriculum vitae and names of three referees to be forwarded "in confidence" to

The Executive Director
NSWGA
PO Box 190
North Strathfield, NSW 2137

Applications close 30th November, 1987.

PRESIDENT'S REPORT



Despite this set back expenditure was well controlled by the National Office and all projects were managed with one less support staff. Our community has come to expect a certain level of service and this was reflected in the attitude for the National Office to do what was necessary to maintain that level of service. This is a very healthy and welcome sign for our future servicing.

The "issue" of the Annual General Meeting concerned the rotation of Championships. This was carried forward to the Annual General Meeting agenda from the Biennial Conference where State delegates expressed concern at the costs of travel and were looking for a formula to address this problem, the balance of competition rotation, economic viability and appropriate calendar placement. The debate was inconclusive and we retained the status quo of rotating Championships on the Chairman's casting vote.

The main issues are cost of travel versus an Association having the event to promote the sport within their area of jurisdiction. This is the paradox ie. the need for an Association to gain experience in running an event as opposed to more efficiently running events using a Federation management team. It is obvious that if gymnastics is to grow, a balance must be struck. Having a range of events allows us to go to every State and Territory to maintain the experience and promotion factor, whilst selected

events could be conducted in the main population centres where they are most efficient and can attract television and in return sponsorship. This could allow the Federation to subsidise official Association delegations and thereby overcome the finance problem. With regard to promotion of events, the Federation can and will assist with International and Institute gymnasts for State events. These events can realise television and sponsorship which therefore, effectively promote the sport. There are also other opportunities in the General Gymnastics area, but it can be seen from the above that it is possible to program events in a balanced way that can or will benefit all organisations.

Finally next year, 1988, the Bicentenary of Australia is also the fortieth anniversary of our Federation. It will be a very important year for us and one filled with many challenges. One of these is the international event to be held in Sydney and Melbourne respectively. These events will bring to Australia internationalists of the calibre we saw at the 1985 Australia Games and could be one of the sporting highlights of the Bicentenary.

With that thought in mind may I take this opportunity to wish all my colleagues in gymnastics the very best for the Christmas Season and that they come back refreshed for an exciting 1988.

James E. Barry

EDITORIAL



It was a delight to be in Perth Western Australia and see the magnificent Superdrome that has been built for Sport. Once again, Gymnastics is privileged to be a resident sport in a facility and in this case, the Gymnastic Warm-up Hall is of world class standard. With this facility added to the list, we await with

anticipation that the State of Queensland will be able to achieve a similar result. With all the assistance the sport of gymnastics has had in providing facilities, our next challenge is to provide the opportunity for professional or full-time coaches to be employed in these facilities. With professional coaches plus appropriate programmes, our international programme would only go from strength to strength. We have a perfect example in the Australian Institute of Sport where professional coaches in an international standard facility and programme have dramatically improved Australia's international results. To have this situation duplicated in each major capital city in Australia at the appropriate level, would only further give depth to our international programme. It is a challenge before the State Associations and the Federation to generate the necessary finance to ensure that professional coaches become a standard part of our structure.

A NOTE OF THANKS

The Australian Gymnastic Federation would like to gratefully acknowledge the following who assisted in our Rhythmic World Championships Team:

- Ansett International
- Qantas
- adidas
- Medical Equipment Services
- ACE—Becton Dickinson
- Joan Duquemin
- Australian Sports Commission
- Australian Olympic Federation
- David Zuker

On behalf of our team members, thank you!

8th WORLD GYMNAESTRADA DENMARK 1987

What is a Gymnaestrada? In early December 1986 we, at L'Elfin did not know, nor had we even heard of a Gymnaestrada. Only after our Display performance at the NSW Carnival of Clubs, did we learn of such an event from our NSW Executive Director, who recommended that we submit a video tape of our Display performance to the AGF, as selection for an Australian team was to take place.

In January 1987 we were informed that our team had been selected to participate in the Gymnaestrada as Australia's only representatives.

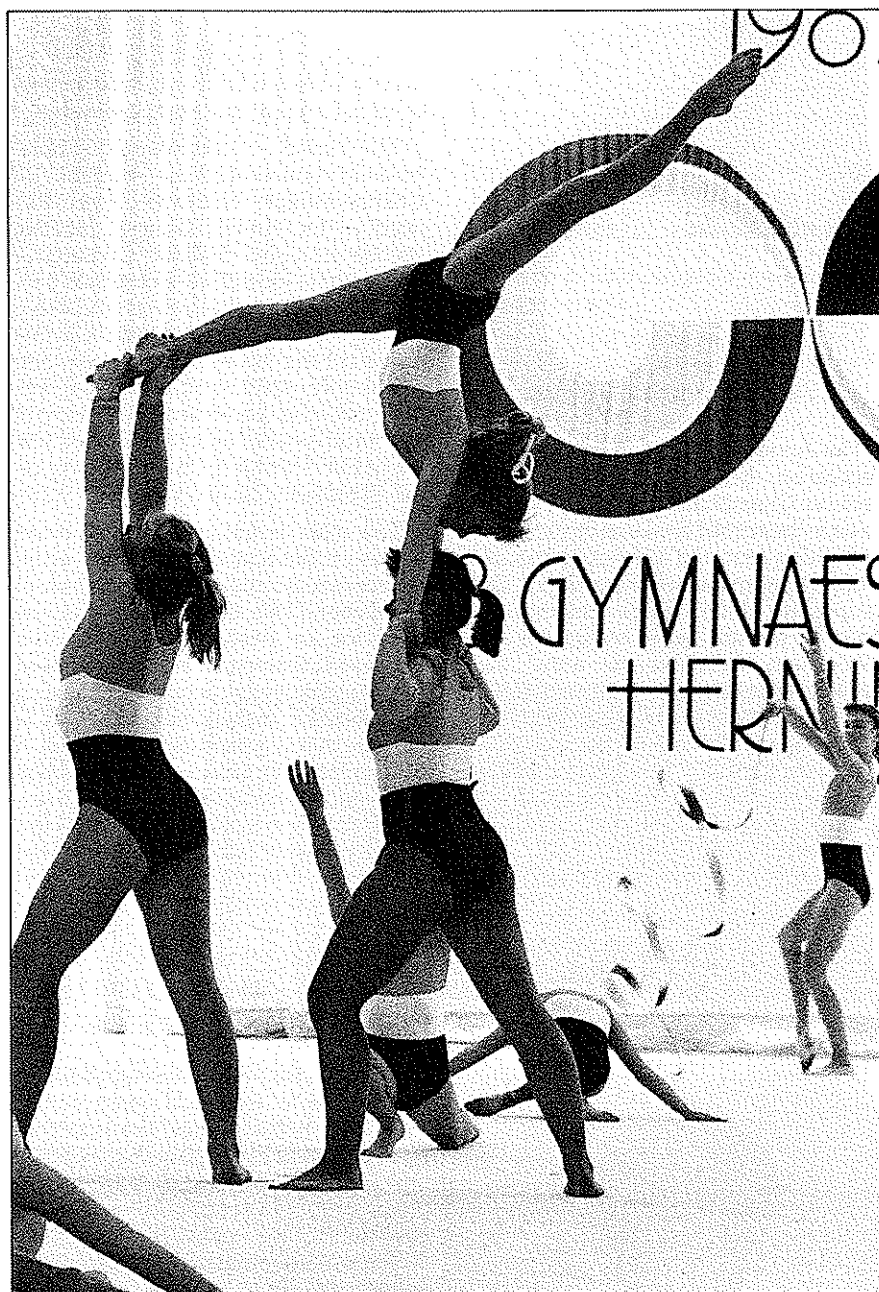
We had only a few short months in which to prepare the Display, organise uniforms and, most importantly, raise funds. Many of our team would have been unable to go if it had not been for the magnificent effort by all families concerned and in particular a dedicated and hard working committee formed to spearhead the fund raising drive.

There were a few tears at Sydney Airport on July 2 as the team of thirty five children and six officials departed. The tears were mostly from parents—our youngest team members (the seven and eight year olds) confidently marched through the customs area and onto the plane.

It is with great relief that I can report that our team members did not suffer from homesickness. Apart from the fact they did not have time to get homesick, the team had been together for a long time—many as long as eight years. They train together not only for the Display Team but also, in many instances, for RSG or WAG.

The first leg of our flight took us to Japan for a 24 hour stopover. After a night's rest, we had a tour of Tokyo, taking in all the usual tourist attractions and a spot of shopping in down-town Tokyo before returning to our hotel for dinner and then back to the airport.

The longest part of the journey was the flight from Tokyo, over the North Pole to Denmark. Even allowing for a one hour respite at Anchorage, Alaska, the flight was tiring. After arriving in Copenhagen, we faced a six hour coach trip to our destination, Herning. However, travelling through such a beautiful country as Denmark with the occasional stop to visit a medieval castle and Hans Christian Anderson's village, for example, kept everyone interested and for the most part wide awake, but it was a very tired group of Aussies who finally arrived at the Gymnaestrada Centre in Herning.



We were greeted most warmly by the Danish organisers, who couldn't do enough for us and saw to it that we were fed as quickly as possible (the food was great) and then despatched us to our school accommodation so we could all get a good night's rest.

The organisation for the Gymnaestrada was incredible. Nothing had been overlooked by the Danish people to ensure that the participants were well looked after—transport, health care, accommodation (there were officials on duty 24 hours a day at the schools to ensure that participants had everything

they needed) shops were set up in each school to provide the participants with food (as if there wasn't enough served at mealtimes) and general items. The schools were centrally heated so we were most comfortable. The showers were the only problem—no where near enough for the numbers staying in the school and unless you got in early you ended up with a cold shower. We shared the school accommodation with gymnasts from Switzerland and Lichenstein. The team soon made friends with them, particularly the Lichenstein gymnasts.

The Danish people were so friendly,

none more so than our guide, Niels, who spent the whole week with us, day and night, making sure there were buses to take us everywhere we had to go, translating for us, escorting us on our excursions throughout Denmark and making sure that anything we needed was attended to promptly.

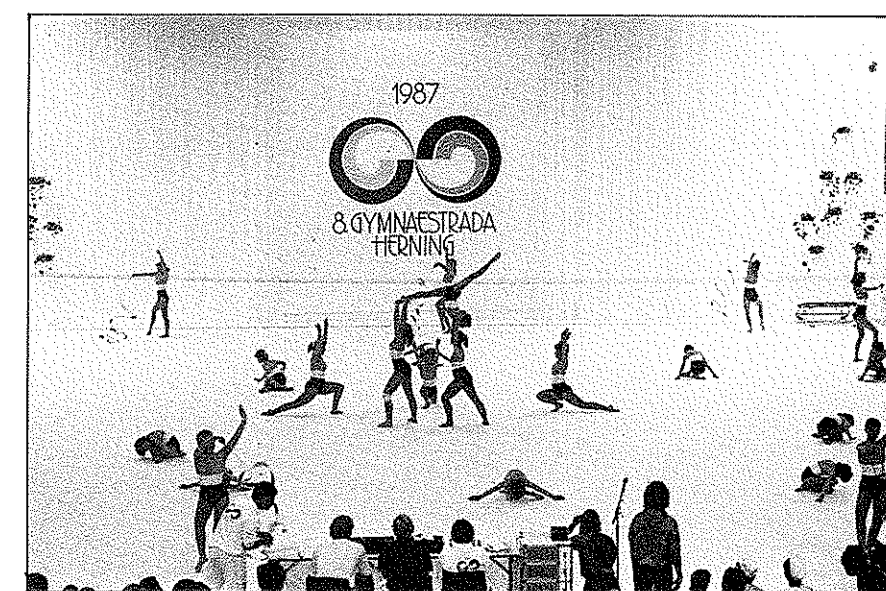
The facilities at the Gymnaestrada Centre for the display performances were excellent. There were several halls side by side at the centre, each with superb white carpeted floor areas, either 20x20m or 20x40m, excellent gym apparatus (all brand new) and specially installed dressing rooms and locker rooms.

We had been allocated one of the larger halls with a lot more seating than some of the other halls and, as it turned out, we certainly needed it. Even at rehearsal we had quite a crowd watching.

We were rather a curiosity at first, apart from our Akubra hats, which the girls wore everywhere so we wouldn't lose them (the girls, that is) and partly because Australia had never participated in a Gymnaestrada before. Everywhere we went, we heard 'Australie, Australie'. The girls were constantly being asked to pose for photographs, not only for the press but particularly from other participants, some shyly requesting to be allowed to wear our hats while they were being photographed with the Aussies.

The team were front page news in the Danish papers when we arrived, as we had travelled further than any other country and also as we had the youngest participants at the Gymnaestrada in our team. We were interviewed several times by the press from other countries, too, to know about us and what we thought of the Gymnaestrada.

The Opening Ceremony was a most spectacular event, with some 20,000 gymnasts marching into the arena behind their country's flag. The Queen of Denmark was there, and the ceremony



was conducted along the lines of an Olympic Games opening. The official opening was followed by massed displays from hundreds (no thousands) of gymnasts from Denmark, from young children to very mature (one might even say, retired) adults performing. As darkness approached a massive fireworks display was launched.

Next day was our first official performance. The team were a little nervous at breakfast but the response from the large audience who had gathered to see the Aussies was so great that the team gave the best performance they had ever done. There were dozens of videos taken during the performance, some countries even videoing our warm up programme. They crammed in from every angle they could squeeze themselves into with many resorting to hanging off the sides of the stands just to catch a glimpse of our performance.

Our goal, from the outset, had been to be good enough to be selected by the FIG judges for the final day's Matinee performance. Only twenty teams out of

one hundred and eighty were to be selected for this, the final performance before the Closing Ceremony.

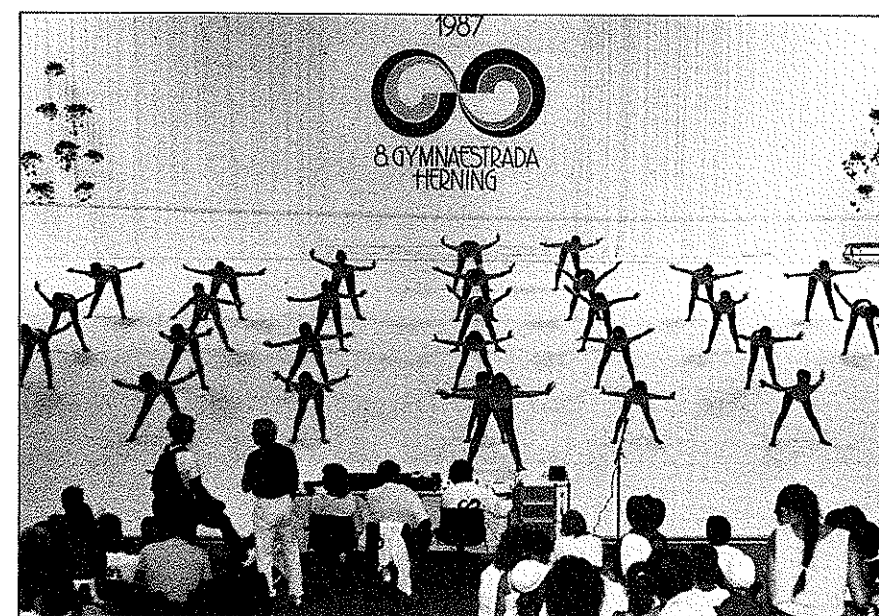
We were delighted to be told after our performance that we had, in fact, been chosen for the Matinee. Demand for tickets for the Matinee was so great that the Gymnaestrada organisers decided to slot in two full Matinee performances before the Closing Ceremony. The team were very excited at being selected and again excelled during their performances.

In the warm up Hall the organisers had set up a giant TV screen so we could watch the other performances but as we were No. 5 on the Matinee programme we had booked seats so we could watch from the main arena after our performance. One of the great things about a Gymnaestrada is that you can watch the other countries performances as well as being a participant. We particularly enjoyed the Japanese, the German and the Danish performers.

The Closing Ceremony was a most moving experience. Only 18 gymnasts from each country take part in the actual ceremony. We selected our 18 oldest gymnasts (our oldest being 17—which is certainly not old by Gymnaestrada standards). In Europe, particularly, they have many teams of seniors, well into their 60s—not doing acrobatic tumbling of course, but many other varied forms of exercise/dance/aerobics/whatever! Anything goes in a Gymnaestrada—many teams had very innovative ideas to keep spectators interested.

We were all sad that the Gymnaestrada had finally come to a close. We had made many new friends from other countries; seen some spectacular display performances; been treated most warmly by the Danish people and visited many exciting and interesting places...but we still had one treat left.

After the long flight from Copenhagen back to Tokyo, a good night's rest in our



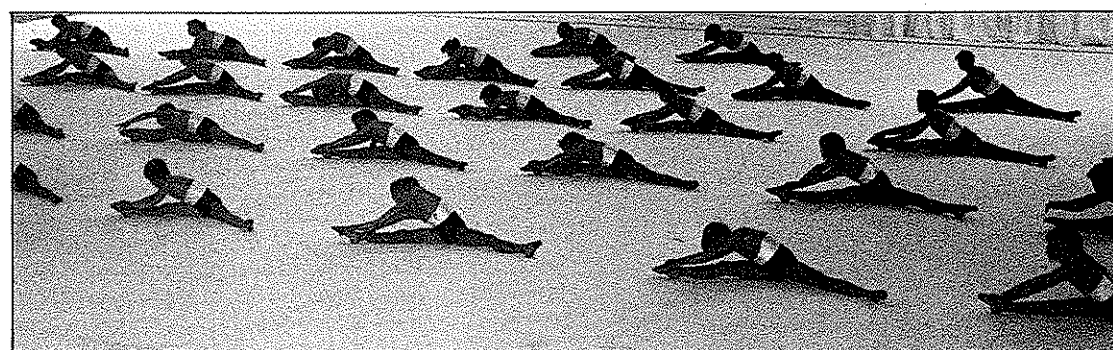
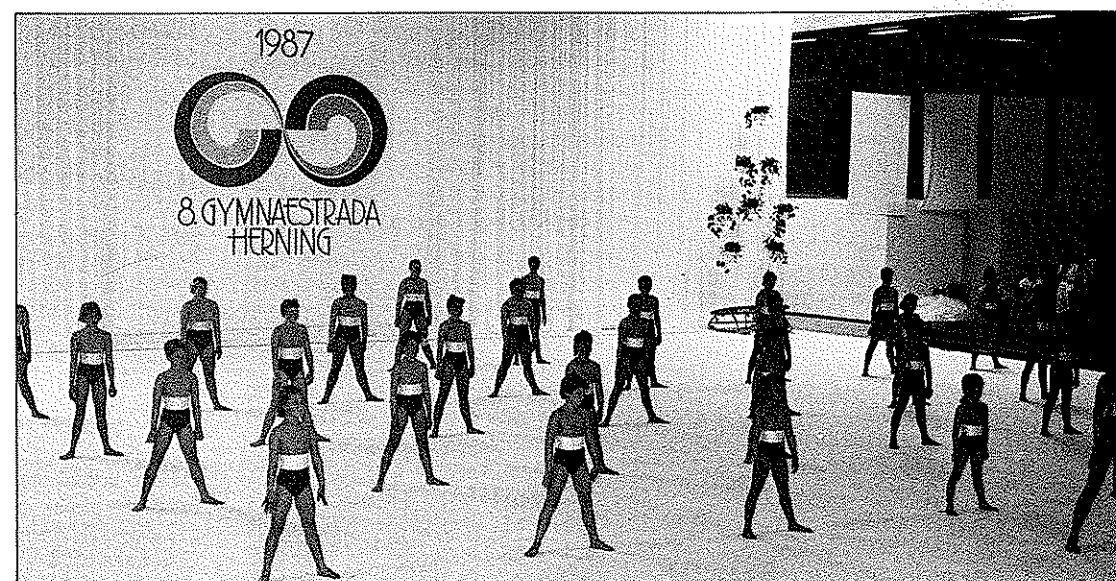
Photos courtesy of L'Elfin Gym Club



hotel saw us up bright and early the next day for a most exciting, fun-filled day at Tokyo Disneyland. Loaded down with gifts and souvenirs, a very tired but happy group of Aussies boarded the plane for our final flight home to Australia.

Oh, what a Gymnaestrada! Oh, what an experience!

Diane Howard
Manager



A.G.F.		Overall Gymnast		AWARDS	
		Leanne Rycroft	SA/AIS		
Senior Gymnast of the Year		Junior Gymnast of the Year		Coach of the Year	
Men Grant Carlyon	QLD/AIS	Men Brennon Dowrick	ACT/AIS	Men John Curtin	
Women Leanne Rycroft	SA/AIS	Women Lisa Read	NSW	Women Ju Ping Tian	
Rhythmic Nicole Higham	WA	Rhythmic Nicole Mozes	NSW	Rhythmic Karen Ho	

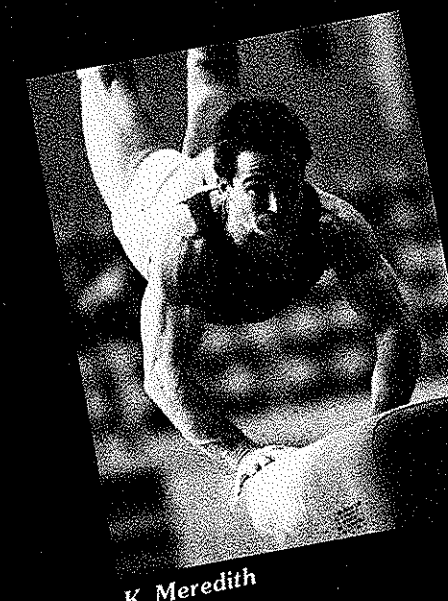
THE 1987 NATIONAL CHAMPIONSHIPS RESULTS

AUSTRALIAN GYMNASTICS CHAMPIONSHIPS MAG LEVEL 10

Name	Team	Floor	Horse	Rings	Vault	P.Bar	H.Bar	Total	Place
K. Meredith	QLD	8.950 9.300	9.100 9.450	9.400 9.300	9.250 8.800	9.150 9.100	9.000 9.250	54.850 55.200	1
S. Byng	NSW	9.000 9.100	7.950 8.300	9.200 9.150	8.850 8.950	8.850 9.550	9.200 9.300	110.050 54.350	2
T. Lees	VIC	8.750 8.850	9.400 9.600	8.300 8.900	8.800 8.700	8.600 9.000	9.250 9.050	53.100 54.100	3
M. Mommson	ACT	9.050 8.250	8.600 7.700	9.000 9.000	9.150 9.350	8.400 9.500	8.800 9.150	107.200 52.950	4
B. Rizzo	NSW	8.950 8.550	9.050 7.350	8.750 8.200	9.200 9.100	8.600 9.450	9.000 9.600	53.550 52.250	5
R. Stevens	QLD	7.650 9.000	6.350 8.800	8.100 8.150	8.800 8.450	7.500 9.150	8.700 9.500	47.100 53.050	6
G. Carlyon	QLD	0.000 0.000	8.900 9.300	8.750 8.600	0.000 0.000	8.750 8.500	9.350 9.550	35.750 35.950	7
M. Bird	QLD	8.400 0.000	8.550 0.000	8.350 0.000	8.750 0.000	8.400 0.000	9.400 0.000	51.850 0.000	8
R. Edmonds	QLD	8.950 0.000	9.350 0.000	9.350 0.000	0.000 0.000	0.000 0.000	8.400 0.000	36.050 0.000	9

AUSTRALIAN GYMNASTICS CHAMPIONSHIPS MENS INTERNATIONAL FINALS.

Name	Team	Total	Place
FLOOR			
K. Meredith	QLD	18.3250	1
T. Lees	VIC	17.8500	2
R. Stevens	QLD	16.7750	3
POMMEL HORSE			
K. Meredith	QLD	18.4750	1
T. Lees	VIC	18.3000	2
G. Carlyon	QLD	17.8000	3
M. Mommson	ACT	17.2000	4
S. Byng	NSW	16.7750	5
R. Stevens	QLD	15.9750	6
RINGS			
K. Meredith	QLD	18.7500	1
M. Mommson	ACT	18.1000	2
T. Lees	VIC	17.1500	3
G. Carlyon	QLD	16.7250	4
VAULT			
M. Mommson	ACT	18.2500	1
K. Meredith	QLD	17.8250	2
R. Stevens	QLD	17.2000	3
PARALLEL BARS			
S. Byng	NSW	18.5500	1
M. Mommson	ACT	18.1000	2
R. Stevens	QLD	17.6750	3
T. Lees	VIC	17.6000	4
G. Carlyon	QLD	16.7750	5
HORIZONTAL BAR			
S. Byng	NSW	18.5000	1
K. Meredith	QLD	18.2750	2
R. Stevens	QLD	17.4000	3
T. Lees	VIC	17.2000	4



K. Meredith



G. Carlyon



A. Watkins



M. Mommson

Photos this page by Steve Perkins

WAG SENIOR OPTIONALS TEAM RESULTS

Team	Total	Place
NSW	216.600	1

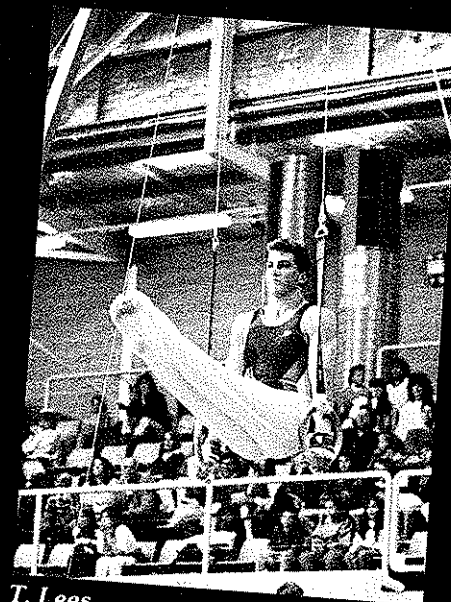
WAG SENIOR OPTIONALS

Name	Team	Vault	Bars	Beam	Floor	Total	Place
K. Larter	TAS	8.950 9.100	9.300 9.500	9.600 9.600	9.450 8.850	37.300 37.050 74.3500	1
M. Allen	NSW	9.400 9.650	8.450 9.500	9.200 9.400	9.200 9.200	36.250 37.750 74.0000	2
C. Stewart	NSW	9.300 9.500	8.650 9.350	9.300 9.200	9.150 8.550	36.400 36.600 73.0000	3
K. Watts	VIC	9.100 9.600	9.000 9.350	8.750 9.000	9.000 8.500	35.850 36.450 72.3000	4
A. Watkins	VIC	9.050 9.400	8.900 8.850	8.950 8.525	8.950 8.250	35.850 35.025 70.8750	5
M. Saliba	WA	8.850 9.400	8.750 8.600	8.050 8.350	8.750 8.900	34.400 35.250 69.6500	6
S. Pascalis	NSW	8.650 9.500	8.800 8.550	8.000 8.800	8.650 8.650	34.100 35.500 69.6000	7
D. Vaughan	NSW	8.800 9.400	8.500 8.550	8.200 7.650	8.600 8.750	34.100 34.350 68.4500	=8
J. Bigham	SA	8.800 9.150	7.950 8.450	8.350 8.550	8.600 8.600	33.700 34.750 68.4500	=8

WOMENS FINALS

Name	Team	Total	Place
VAULT			
M. Allen	NSW	19.1750	1
K. Watts	VIC	19.000	2
S. Pascalis	NSW	18.6500	=3
C. Stewart	NSW	18.6500	=3
A. Watkins	VIC	18.5500	5
D. Vaughan	NSW	18.4500	6
M. Saliba	WA	18.4000	7
BARS			
K. Larter	TAS	18.7500	1
K. Watts	VIC	18.5750	2
C. Stewart	NSW	18.3000	3
M. Saliba	WA	17.9250	4
S. Pascalis	NSW	17.5250	5
A. Watkins	VIC	17.0750	6
J. Bigham	SA	16.8000	7
D. Vaughan	NSW	16.7250	8

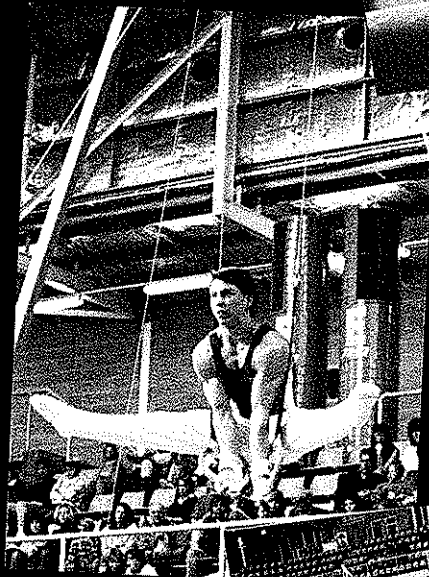
Name	Team	Total	Place
BEAM			
M. Allen	NSW	18.7500	1
K. Larter	TAS	18.4000	2
C. Stewart	NSW	18.3500	3
A. Watkins	VIC	17.7875	4
K. Watts	VIC	17.6750	5
M. Saliba	WA	17.1500	6
S. Pascalis	NSW	16.9500	7
J. Bigham	SA	16.8500	8
D. Vaughan	NSW	16.3250	9
FLOOR			
M. Allen	NSW	18.6500	1
K. Larter	TAS	18.4000	2
A. Watkins	VIC	17.8000	3
S. Pascalis	NSW	17.5000	4
D. Vaughan	NSW	17.3750	5
Julie Bigham	SA	17.3500	6
M. Saliba	WA	26.8750	7



T. Lees



Monique Allen



M. Mommensen



World Games Team

Photos this page by Steve Perkins

RSG INDIVIDUAL OPTIONALS TEAM RESULTS

Team	Total	Place
WA	165.600	1
SA	156.750	2

R.S.G. GROUP

Team	Total	Place
VIC	32.175	1
SA	31.250	2
QLD	30.325	3

Name	Team	Rope	Hoop	Ball	Clubs	Ribbon	Total	Place
N. Mozes	NSW	8.400	8.650	8.800	8.800	9.050	43.700	1
A. Guida	WA	8.550	8.950	8.800	8.800	8.500	43.600	2
A. Ng	WA	8.350	9.100	8.700	8.200	8.300	42.650	3
K. Lanz	VIC	8.300	7.950	8.300	8.400	8.300	41.250	4
S. White	VIC	8.300	8.400	8.450	7.900	8.050	41.100	5
F. Smith	WA	8.050	8.050	8.250	8.000	7.950	40.300	6
E. Pride	NSW	7.900	8.100	7.400	8.350	7.950	39.700	7
L. Field	SA	8.000	8.000	7.750	7.950	7.850	39.550	=8
S. Millar	SA	8.250	7.400	8.350	7.750	7.800	39.550	=8
K. Baker	SA	8.350	8.200	7.800	6.800	8.250	39.400	10
J. Jarrott	WA	8.100	8.150	8.100	7.000	7.500	38.830	11
P. Varga	SA	7.900	7.100	7.750	7.950	7.550	38.250	12
T. Jobling	QLD	7.800	7.300	7.300	7.150	7.300	36.850	13

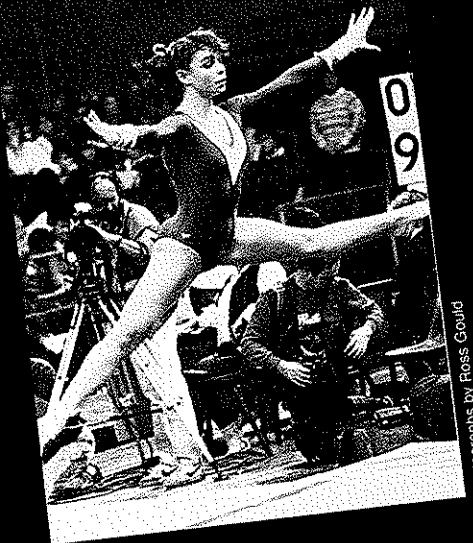
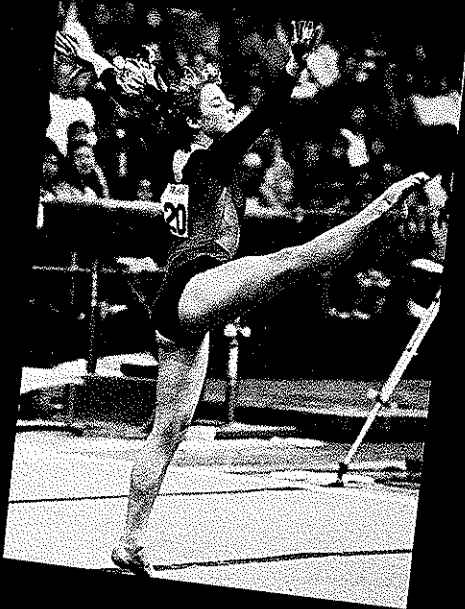
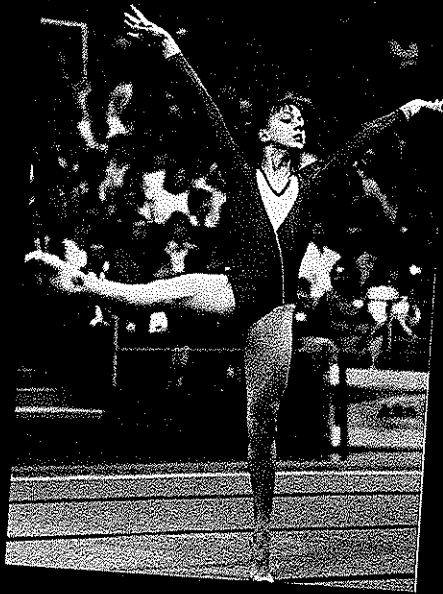
INDIVIDUAL FINALS

Name	Team	Total	Place
ROPE			
N. Mozes	NSW	16.9500	1
A. Guida	WA	16.8500	2
A. Ng	WA	16.7500	3
S. White	VIC	16.6000	4
K. Baker	SA	16.5500	=5
S. Millar	SA	16.5500	=5
J. Jarrott	WA	16.5500	=5

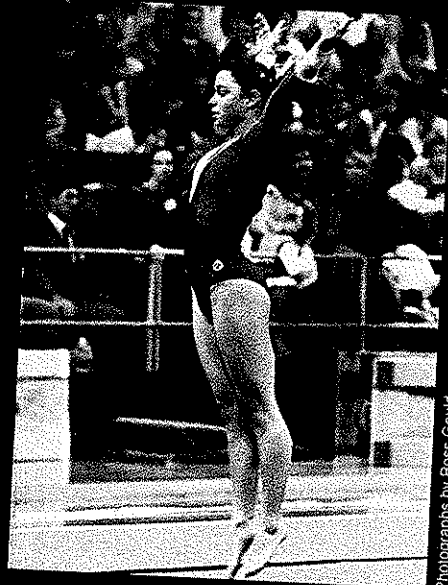
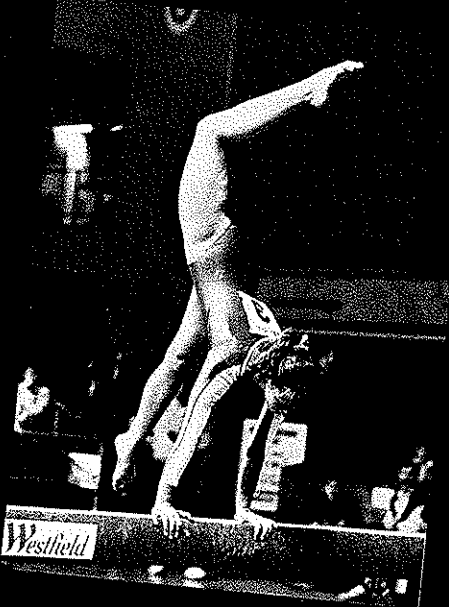
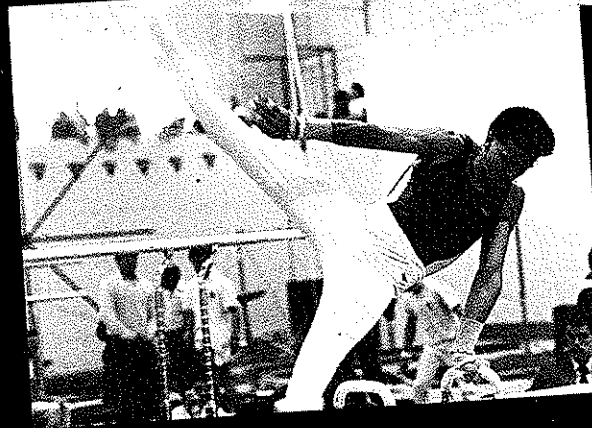
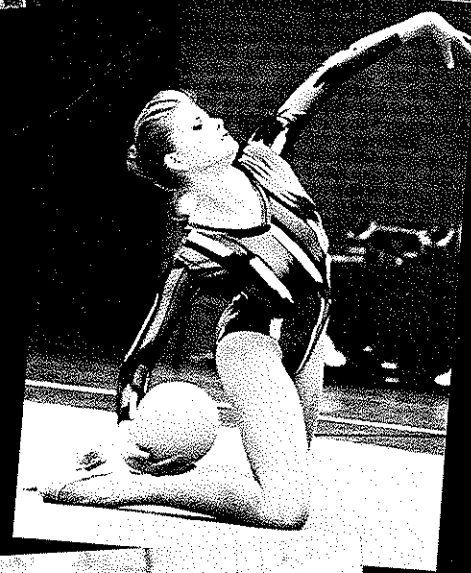
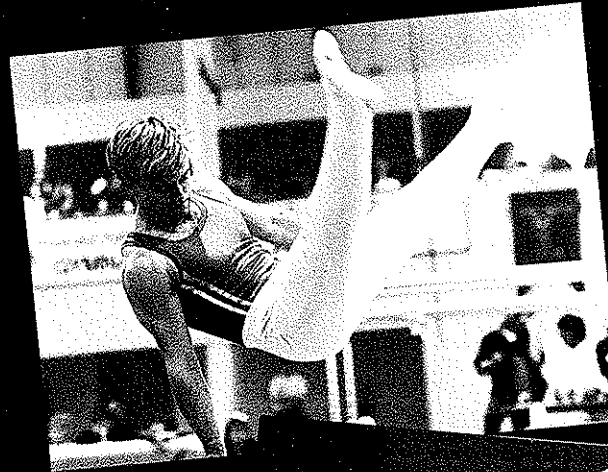
HOOP			
A. Ng	WA	17.6000	1
N. Mozes	NSW	17.3000	2
A. Guida	WA	16.9500	3
S. White	VIC	16.6000	4
L. Pride	NSW	16.5000	5
K. Baker	SA	16.4000	6
F. Smith	WA	16.2500	7
J. Jarrott	WA	16.1500	8

BALL			
N. Mozes	NSW	17.4500	1
A. Guida	WA	17.2500	2
A. Ng	WA	17.2000	3
S. White	VIC	16.700	4
S. Millar	SA	16.6500	5
F. Smith	WA	16.4000	6
J. Jarrott	WA	16.1000	7
K. Lanz	VIC	8.3000	8

Name	Team	Total	Place
CLUBS			
N. Mozes	NSW	17.5000	1
A. Guida	WA	17.3500	2
A. Ng	WA	16.8000	3
E. Pride	NSW	16.4000	4
L. Field	SA	16.2500	5
F. Smith	WA	16.2000	6
RIBBON			
N. Mozes	NSW	18.2000	1
A. Ng	WA	16.6500	=2
A. Guida	WA	16.6500	=2
K. Baker	SA	16.4000	4
S. White	VIC	16.3000	5



Photographs by Ross Gould



Photographs by Ross Gould



1987 WOMEN'S NATIONAL LEVELS CHAMPIONSHIPS

No one really understood the magnitude of this competition when it was agreed in Darwin, in June of last year, to substitute it for the Junior Championships originally planned for Launceston in 1987. Nevertheless, the Tasmanian Gymnastic Association valiantly and competently took on the task of planning this event.

So, after team selection trials in the various states, some 225 participants gathered for these inaugural championships, the first national championships for National Stream gymnasts. The concept of the National Stream participation has been reinforced by this competition, and if the numbers participating in the competition week are any indication, then this concept is already a raging success.

True to form, the Tasmanian Association did everything possible to stage the most successful event possible. The International Velodrome proved to be an ideally spacious venue for this massive competition. It was to be a week of continuous meetings, open forums, team trainings and in the second part of the week, the competitions.

Levels 8, 9 and 10 performed optional exercises with difficulty requirements graded to suit the developmental level of the gymnasts. Each state was entitled to enter a team of 6 gymnasts in each level, with the four highest scores of team members on each apparatus counting towards the team score. On this basis then all states with the exception of the Northern Territory were able to field full teams in Level 8, while in Level 9 Tasmania and the ACT could not field teams, and in Level 10 NSW, Victoria and Queensland were the states able to start complete teams. The possibility then of gymnasts at each of these levels attending a national championship has tremendous promotional value for women's gymnastics.

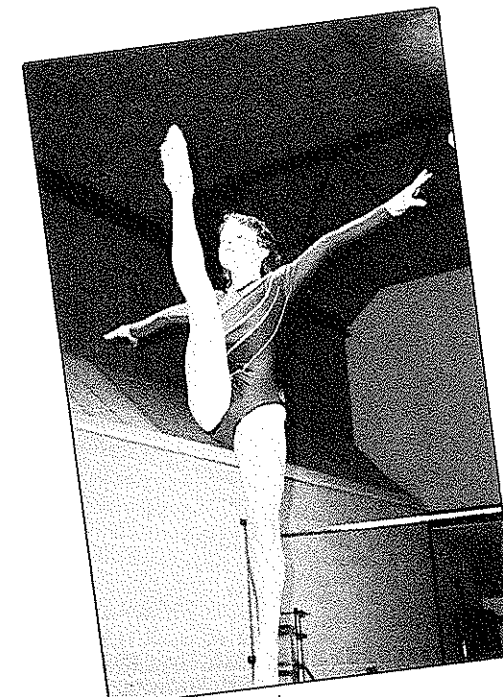
As this was an inaugural championships on the national level, the standard of work required to win medals of any description was initially to be an unknown factor.

The competition week commenced with the teams competitions. South Australia were to win the Level 8 competition, ahead of NSW and Victoria, with an individual tussle developing between South Australia's Jodie Huppatz and Queensland's Sarah Dyson, each on 34.00. The Victorian Level 9 team really blitzed the opposition, top scoring on every apparatus to win the team championship very clearly in front of Queensland, with the rest of the teams really trailing behind. Susie Davis, arguably the surprise packet of the championship week, was more than 1 point ahead of Queensland's Trisha Butler, and team mate Lucy McDonald. Victoria were to also dominate the Level 10 competition, .5 ahead of Queensland, and more than 2 points ahead of NSW. The fight for the gold medal would have been an exciting one, if there had been another round of competition between these two talented teams. However, the elegant Melissa Hill (SSC/NSW) took the lead at this stage of the individual competition and was not going to relinquish it easily, to rivals Kim Guthrie (Q), fellow team mate Andrea Fitzsimmons, and Lisa Newman-Morris (V).

Australian teams were selected in each level, on the basis of the team competition results, to compete against New Zealand, during the individual championship finals. The Australian girls were to overwhelm the New Zealand girls in each of these competitions. Sarah Dyson remained consistent to take the lead, and win the Level 8 Championship ahead of Jodie Huppatz (SA) and Selina West (NSW). The real competition in Level 9 was for the silver medal. Susie Davis pretty well had the gold sewn up,

barring disaster, so it was up to Lucy McDonald (V), Trisha Butler (Q), Fiona Lynch and Sally Weiss, both from Victoria, and with only .15 separating them, to fight it out. Lucy was to finally take the silver after an excellent competition round, improving on her score achieved in teams competition by 1.25. Melissa Hill (NSW) was to continue her dominance of the Level 10 competition to win that individual championship. Once again the silver medal was keenly contested, with Kim giving way to Andrea and Lisa. With increased confidence attained in the teams competition, Cathy Macintosh (NSW), streaked up the rankings to achieve second place in this competition, and fifth place overall.

The beautiful work continued into the apparatus finals. The Level 8 vault finals were dominated by the NSW gymnasts Catherine Turner and Donna Dries, and their clean popping handspring fulls. Lucy McDonald and Susie Davis were to share the golds in the Level 9 apparatus finals, with Lucy taking the vault and floor, and Susie dominating bars and beam, which was highlighted by her round off mount. A different girl won each of the apparatus medals in the Level 10 competition. Belinda Markham (SA) was able to maintain her lead in the vault competition. The bars competition proved to be excitingly close, with Andrea Fitzsimmons hitting her delchev salto to win the gold, ahead of Melissa Hill, who once again demonstrated her superb timing on this event, with her floating counter swing to handstand, dismounting with a toeshoot front with half twist. Under pressure Kathy McDonald scored a 9.1 to win the beam. Highlighting her exercise were beautiful gymnastic elements and combinations such as change leg leap to ring jump, and split leap immediate quarter turn to straddle split jump. Cathy was equal fourth going into the final of this event. The three



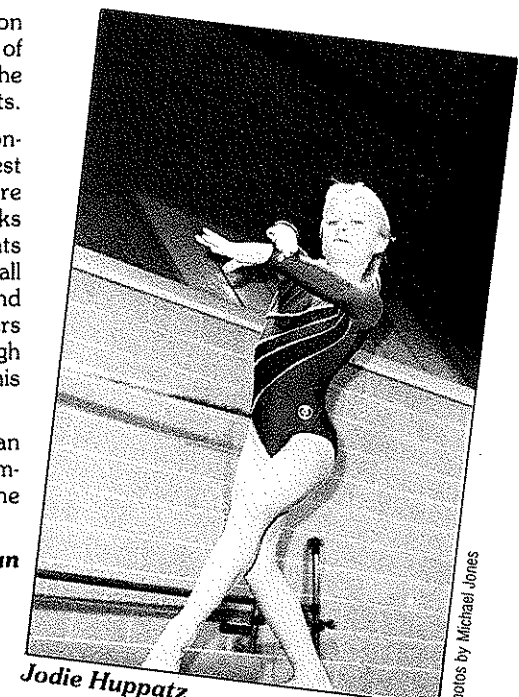
Terrena Chant

medal winners in the floor competition truly deserved their triumph, the result of very high quality work, particularly in the presentation of the gymnastic elements.

The essence then of these championships was to present work at the highest technical level. The big difficulties were presented. There were double backs performed on floor in Level 8, giants were common elements on bars in all three levels, as were flic flac series and saltos on beam. However the winners presented artistic exercises of a high level, setting a high standard for this inaugural competition.

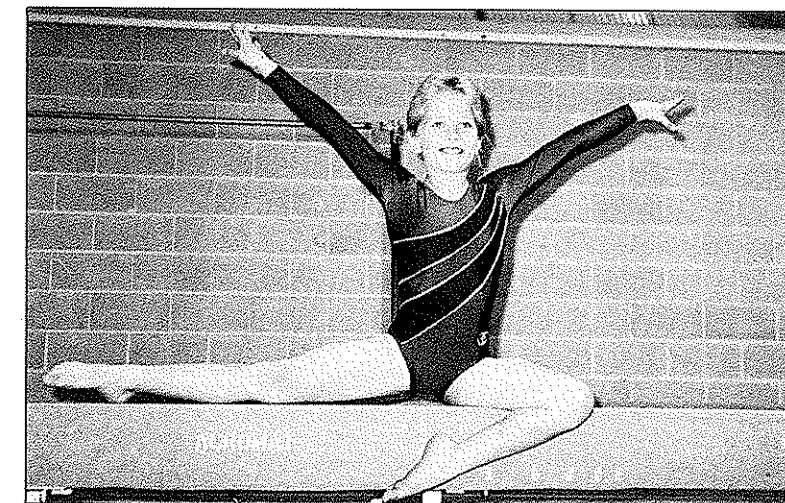
Congratulations to the Tasmanian Gymnastic Association and their competition organising committee for the staging of an excellent competition.

Peter Hassan



Jodie Huppatz

Photos by Michael Jones



Jodie Huppatz

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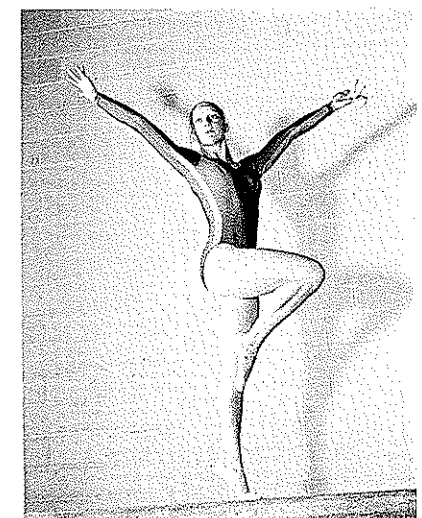
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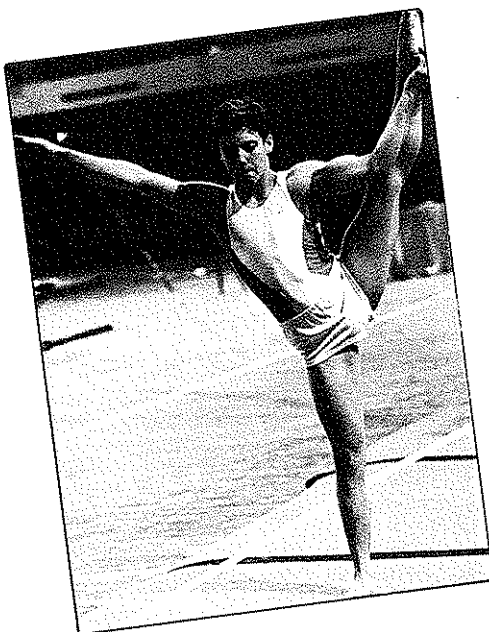
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JUNIOR NATIONAL CHAMPIONSHIPS RESULTS



MAG JUNIOR NATIONAL CHAMPIONSHIPS

TEAM SCORES

LEVEL 6

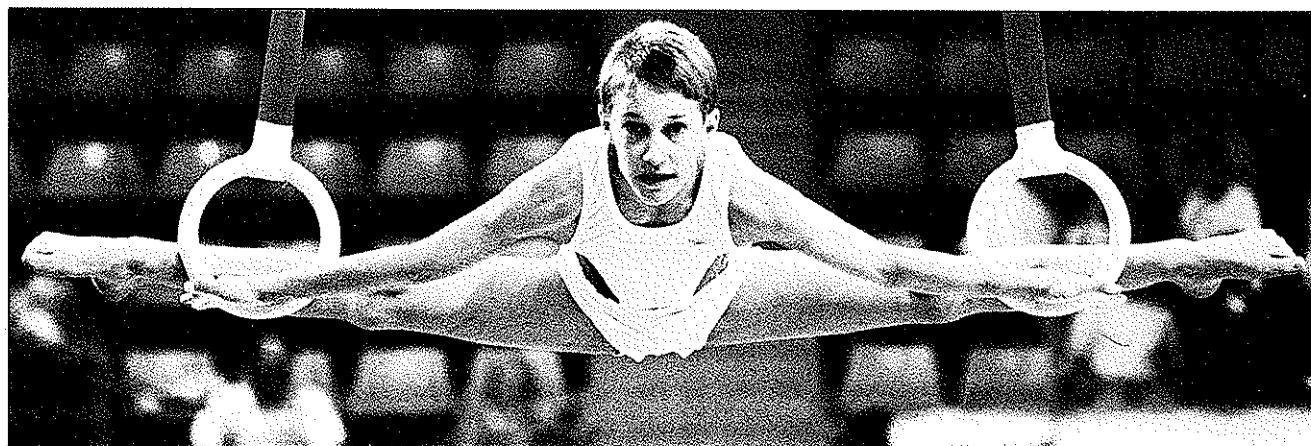
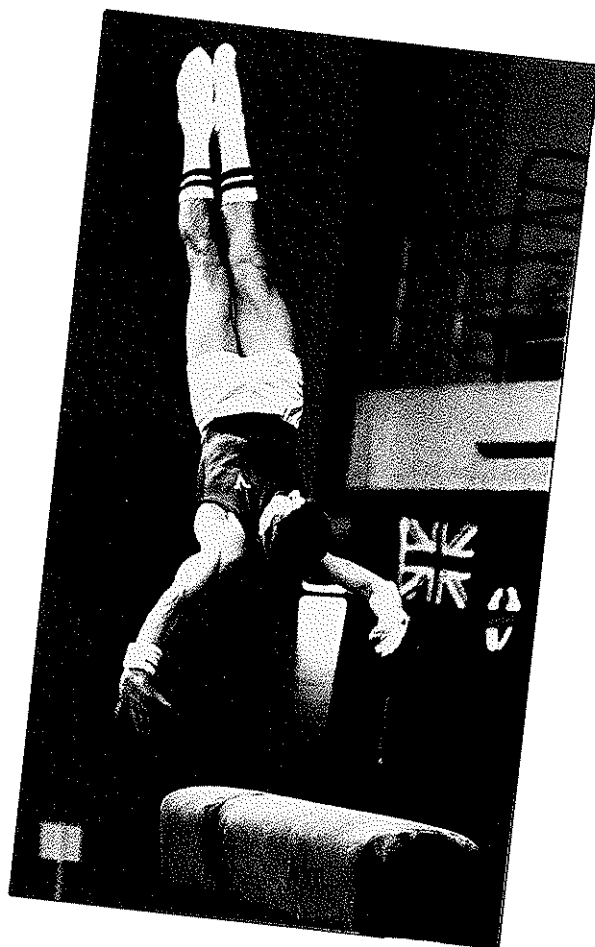
State	Total	Place
New South Wales	431.70	1
Western Australia	408.95	2
Queensland	400.75	3
Victoria	399.20	4
South Australia	398.95	5
A.C.T.	390.40	6
Northern Territory	383.20	7

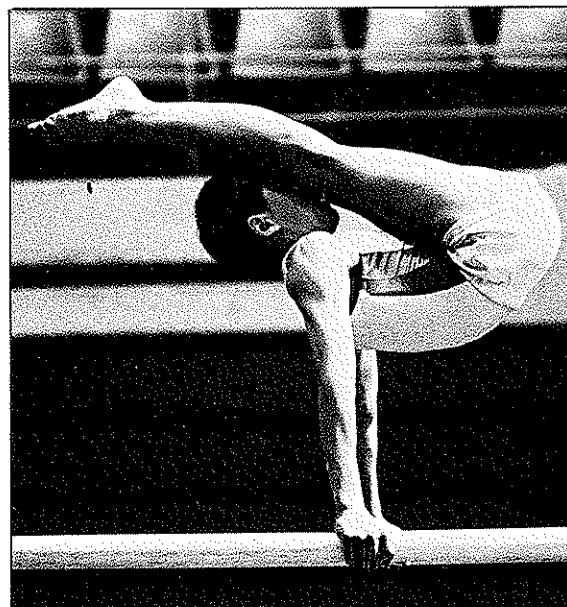
LEVEL 7

New South Wales	390.25	1
Victoria	381.95	2
South Australia	367.75	3
Queensland	362.05	4

LEVEL 7 ALL ROUND INDIVIDUAL

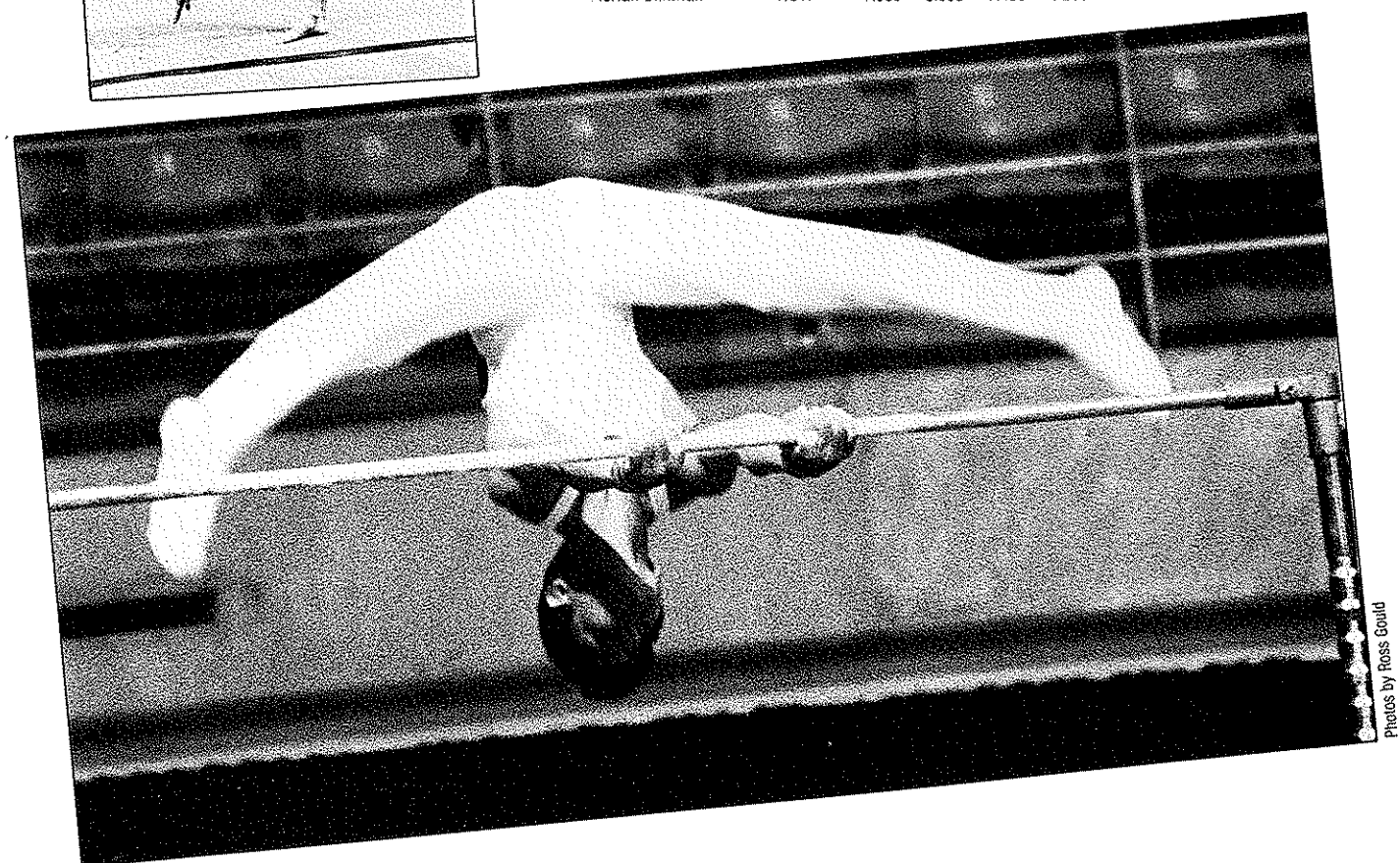
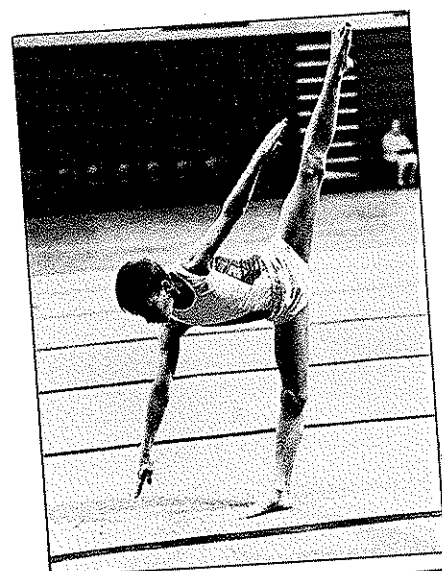
Name	Team	Floor	P.Horse	Rings	Vault	P.Bars	H.Bar	Total	Place
Andre Clelland	ACT	8.850	8.450	8.750	8.600	9.250	9.850	53.750	1
Steven Mommensen	ACT	9.250	8.600	8.900	8.800	9.050	9.000	53.600	2
Ben Holmes	NSW	8.250	7.650	8.400	8.700	9.050	9.050	51.100	3
David Amesbury	NSW	8.200	7.500	8.100	9.000	7.600	8.750	49.150	4
J. Duncan-Robinson	NSW	8.050	8.250	7.550	9.050	7.800	8.400	49.100	5
Peter Hill	QLD	7.350	7.300	7.850	9.100	8.500	8.900	49.000	6
Jade Weitering	VIC	7.750	7.500	8.150	8.800	8.300	8.300	48.800	7
Rodney Pfeiffer	SA	7.500	7.350	7.800	9.150	7.700	8.000	48.500	8
Adam Dickson	VIC	6.750	7.800	8.350	9.000	7.400	9.000	48.300	9
Joshua Bowden	SA	7.800	5.200	7.350	9.200	8.600	8.650	46.800	10
Stuart Codder	VIC	7.350	5.500	7.900	8.500	9.000	8.500	46.750	11
Adam Sachs	SA	7.350	5.750	6.650	8.800	8.400	9.100	46.050	12
Tim Curtain	TAS	8.200	6.100	6.650	8.750	7.800	7.950	45.450	13
Scott McKay	NSW	6.800	5.800	7.550	8.800	8.050	8.150	45.150	14
Jason Goody	QLD	7.800	6.600	6.700	9.100	7.500	7.400	45.100	=15
Rohan Devlin	VIC	7.100	6.700	6.900	8.900	8.300	7.200	45.100	=15
John Parrella	NT	8.600	4.600	7.100	8.850	6.650	8.400	44.200	17
Guy Yates	QLD	6.000	6.500	7.200	8.450	6.800	7.850	42.800	18
Adam Brionowski	ACT	7.150	6.800	7.450	8.100	6.200	6.400	42.100	=19
Shane Hayman	QLD	6.550	6.100	6.400	8.500	6.550	8.000	42.100	=19
Jaison McIntyre	VIC	6.600	4.800	6.550	8.700	6.800	8.500	41.950	21
Ben Hur Winter	SA	7.950	3.050	5.750	8.800	7.300	8.550	41.400	22
Scott Unwin	VIC	5.900	6.650	6.350	8.650	6.900	6.750	41.200	23
Robert Diston	QLD	7.550	3.100	6.950	8.150	7.500	7.300	40.550	24



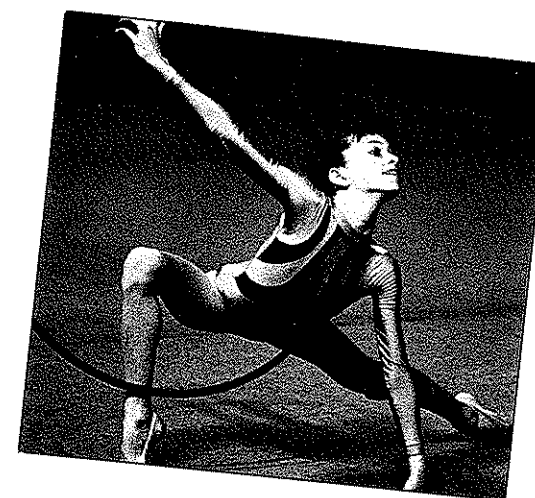


ALL ROUND INDIVIDUAL—LEVEL 6

Name	Team	Floor	P.Horse	Rings	Vault	P.Bars	H.Bar	Total	Place
Bret Hudson	NSW	9.450	9.600	9.550	9.100	9.400	9.600	56.700	1
Paul Kalinski	NSW	9.000	9.400	9.350	9.000	9.300	9.350	55.400	2
Peter Kalinski	NSW	9.200	9.500	9.250	8.800	9.200	9.400	55.350	3
Nathan Kingston	ACT	8.850	9.750	9.500	7.000	9.000	9.700	53.800	4
Corey Johnson	WA	9.150	9.000	8.650	8.900	8.850	9.200	53.750	5
Brian Cooper	NSW	9.000	8.800	8.800	8.350	9.250	9.240	53.450	6
Brendan Mand	WA	9.000	8.750	8.300	8.300	8.850	9.100	52.300	7
Daniel Carpinelli	SA	9.000	9.200	7.650	8.600	9.050	8.750	52.250	8
Matthew Berry	WA	8.600	8.700	8.200	8.600	8.750	9.100	51.950	9
Michael Green	ACT	7.350	9.300	8.700	8.500	8.700	9.350	51.900	10
Greg Buffini	QLD	8.350	8.900	8.400	8.700	8.400	8.650	51.400	11
Marc Thomas	WA	8.700	8.300	8.450	8.400	8.500	9.000	51.350	12
Blair Cameron	VIC	7.850	9.000	8.400	8.400	8.700	8.900	51.250	13
Andrew Daly	QLD	8.500	8.800	8.300	8.950	7.900	8.750	51.200	14
Damien Michael	VIC	7.950	9.200	7.800	8.500	8.800	8.900	51.150	15
Adriano Di Fierro	NT	8.550	7.600	8.050	9.000	8.150	9.200	50.550	=16
Luke Parkinson	SA	8.450	7.950	8.600	8.300	8.900	9.350	50.550	=16
Greg Lewis	QLD	7.800	8.300	8.500	8.600	9.250	9.050	50.450	18
Justin Mason	WA	9.050	8.600	7.850	7.500	8.350	8.850	50.200	19
Nicholas Lagos	SA	8.050	8.050	8.300	8.700	8.500	8.550	50.150	20
Tim Pryor	ACT	8.450	7.500	8.100	8.650	8.300	9.100	50.100	21
Andrew Sinclair	VIC	7.450	8.500	8.200	8.400	8.500	9.000	50.050	22
Scott Crawley	WA	8.450	8.500	7.500	8.500	8.400	8.600	49.950	=23
Peter Nugent	QLD	8.500	7.800	8.600	8.400	8.200	8.450	49.950	=23
Daniel Grigson	WA	8.800	8.200	7.700	8.150	7.950	9.100	49.900	25
David Rawlsney	SA	8.300	7.600	8.100	8.000	8.600	9.100	49.700	26
Mark Read	NSW	8.800	7.700	7.850	8.450	8.400	8.300	49.500	27
Jamie Gilchrist	VIC	7.550	8.300	7.600	8.700	8.300	8.800	49.250	28
Dirk Chan	WA	8.800	8.000	7.600	8.200	8.800	7.800	49.200	29
Franki Sacchi	NT	7.800	6.900	8.500	8.800	8.400	8.750	49.150	=30
Shane Baxter	WA	8.150	7.500	7.650	8.950	8.300	8.600	49.150	=30
Vaughan Skelly	QLD	7.500	8.800	7.450	8.650	8.150	8.500	49.050	=32
Phillip Sinnot	SA	8.050	8.100	7.700	8.600	8.400	8.200	49.050	=32
Robert Rule	QLD	8.100	7.300	8.000	8.500	8.600	8.500	49.000	34
Brendon Alberti	WA	8.200	6.900	7.800	8.100	8.900	8.900	48.800	35
Mark Burden	NT	8.100	8.500	7.700	8.000	8.050	8.100	48.450	=36
Scott Hislop	VIC	8.100	7.150	8.500	8.400	7.800	8.500	48.450	=36
Richard Williams	SA	8.250	7.900	7.200	8.000	8.050	8.900	48.300	38
Darin Inkster	VIC	8.150	8.050	7.200	8.250	8.500	8.050	48.200	39
Luke Moran	NT	7.900	8.750	7.600	7.850	7.900	7.600	47.600	40
Mark Abreu	QLD	7.950	7.100	8.050	7.800	7.150	8.100	46.150	41
Chris Verrity	SA	8.150	5.450	7.600	8.100	7.500	7.500	44.900	42
Damien Crozier	ACT	7.600	7.450	7.400	6.850	7.300	8.250	44.850	43
Mark Lowe	QLD	8.100	9.000	8.750	0.000	9.000	9.400	44.250	44
Ashley Mack	SA	7.400	6.150	7.100	6.600	7.800	8.000	43.050	45
Jarrold Wee	NT	7.200	4.600	7.650	7.600	7.000	8.550	42.600	46
Adrian Blinman	NSW	7.350	5.500	7.450	8.200	5.700	7.300	41.500	47

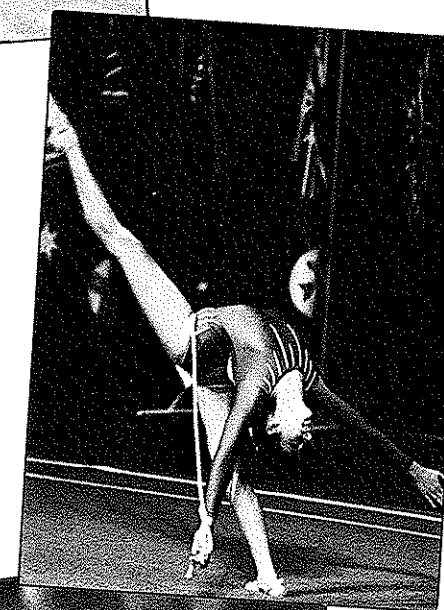
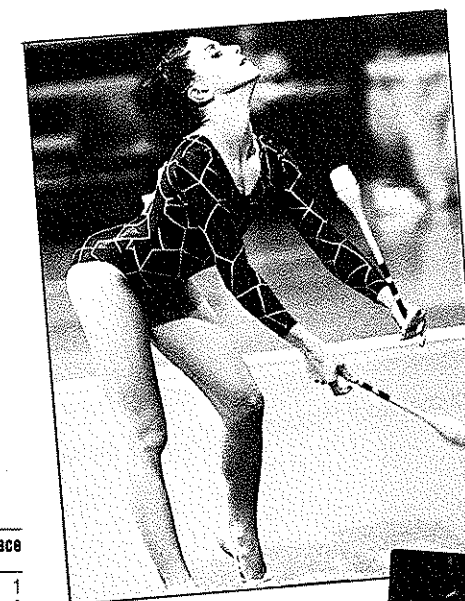


Photos by Ross Gould



RSG JUNIOR NATIONAL CHAMPIONSHIPS

Name	Rope	Hoop	Ball	Clubs	Ribbon	Total	Place
K. Job	8.650	8.600	8.800	8.700	8.600	43.350	1
S. Wild	8.800	8.350	8.800	8.550	8.700	43.200	2
A. Douglas	8.600	8.400	8.900	8.400	8.200	42.500	3
Y. Novak	8.000	8.450	8.500	8.700	8.300	41.950	4
S. Awty	8.300	8.500	8.350	8.500	7.900	41.550	=5
F. Smith	8.350	8.100	8.750	8.200	8.150	41.550	=5
G. Peluso	7.950	7.770	8.600	8.500	8.350	41.100	7
K. Samorowski	8.100	8.350	8.500	7.400	8.150	40.500	8
T. Johnson	8.200	8.150	8.200	8.100	7.700	40.350	9
J. Theis	8.150	7.950	8.150	8.050	8.000	40.300	10
H. Obremski	7.850	8.050	8.350	8.050	7.700	40.000	11
R. Friedler	7.950	8.100	8.050	7.750	7.900	39.750	12
R. Taylor	7.800	7.900	8.000	8.050	7.950	39.700	=13
N. Jones	7.900	8.050	8.150	7.800	7.800	39.700	=13
J. Mansfield	8.100	7.750	7.850	8.000	7.950	39.650	15
B. Grimwood	7.600	7.800	8.000	8.150	7.800	39.350	16
S. Ireland	7.350	8.200	7.700	8.050	7.900	39.200	17
T. Jamieson	7.850	7.750	8.000	7.550	7.950	39.100	18
D. Pringle	7.300	7.750	7.950	7.900	7.300	38.200	19
A. Russell	7.550	7.650	8.050	7.250	7.600	38.100	20
J. Lancaster	7.800	7.650	7.700	7.600	7.250	38.000	21
D. Ryan	7.850	7.900	7.850	6.950	7.350	37.900	22
D. Jones	8.000	7.550	7.250	7.700	7.150	37.650	23
K. Wadsworth	7.450	7.700	7.600	7.450	7.200	37.400	24
K. Lumsden	7.350	7.300	6.650	7.100	7.250	35.650	25
F. Gregory	6.800	7.000	7.150	7.100	6.700	34.750	26
M. Mail	6.900	6.900	6.950	7.050	6.750	34.550	27



Photos by Ross Gould

TEAM RESULTS

Team	Total	Place
NSW	139.500	1
WA	138.000	2
VIC	133.000	3
SA	127.550	4

INDIVIDUAL RESULTS

Name	Team	Vault	Bars	Beam	Floor	Total	Place
L. Read	NSW	8.950 9.200	9.100 9.150	9.250 9.450	9.150 9.250	36.450 37.050	1
E. Moroney	NSW	9.250 9.300	8.500 8.500	8.350 8.700	8.550 8.600	34.650 35.100	2
J. Clack	WA	8.750 8.900	8.650 8.400	8.500 8.650	8.700 9.100	34.600 35.050	3
K. Smallman	NSW	8.300 8.850	8.250 8.450	8.800 8.950	8.400 8.700	33.750 34.950	4
M. Ingrey	NSW	8.550 8.900	8.400 8.600	8.150 8.750	8.700 8.600	33.800 34.850	=5
C. Horilczenko	ACT	8.700 9.000	8.600 8.200	8.600 8.600	8.600 8.350	34.500 34.150	=5
M. Telfer	WA	8.450 8.500	8.250 8.700	8.800 8.850	8.250 8.600	33.750 34.650	7
S. Harnett	WA	7.300 8.450	8.900 8.800	8.400 9.000	8.650 8.700	33.250 34.950	8
F. Hart	VIC	8.450 8.600	8.450 8.650	8.150 8.800	8.450 8.500	33.500 34.550	9
J. Rogers	NSW	8.650 8.800	8.550 7.950	7.800 8.650	8.600 8.600	33.600 34.000	10
S. Hargrave	WA	8.350 8.600	8.750 8.400	7.750 8.400	8.600 8.700	33.450 34.100	=11
J. Warrilow	WA	8.450 8.700	8.100 7.900	8.200 8.650	8.750 8.800	33.500 34.050	=11
M. Spicer	NSW	8.500 8.350	8.100 8.600	8.700 8.600	8.200 8.400	33.500 33.950	13

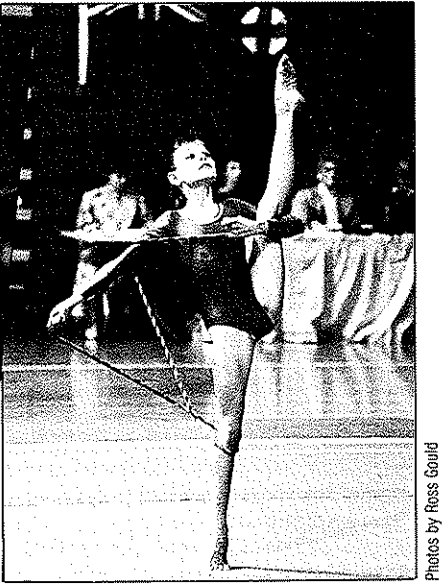
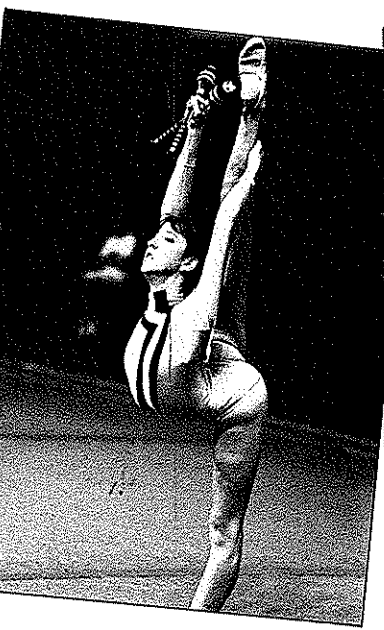
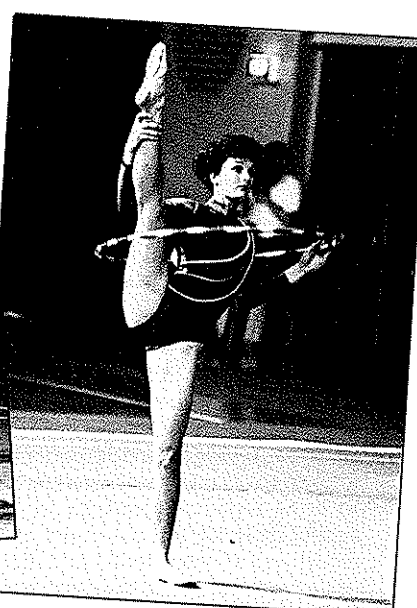
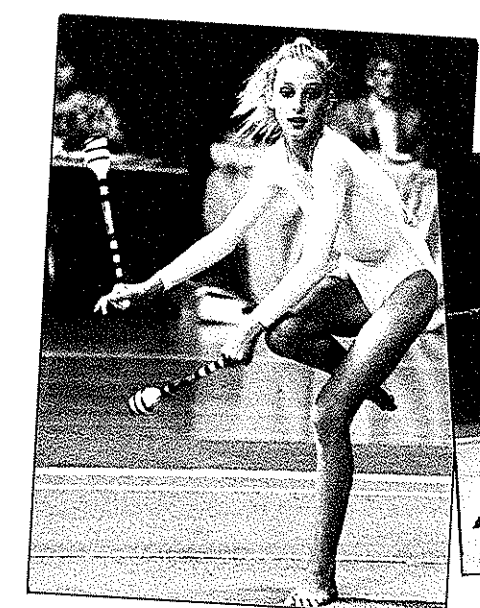
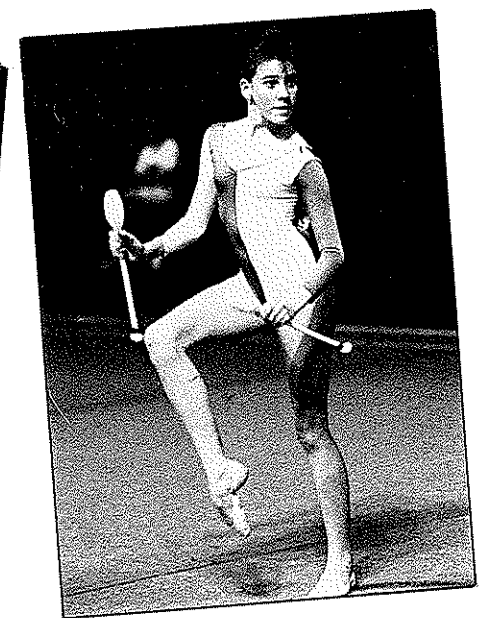
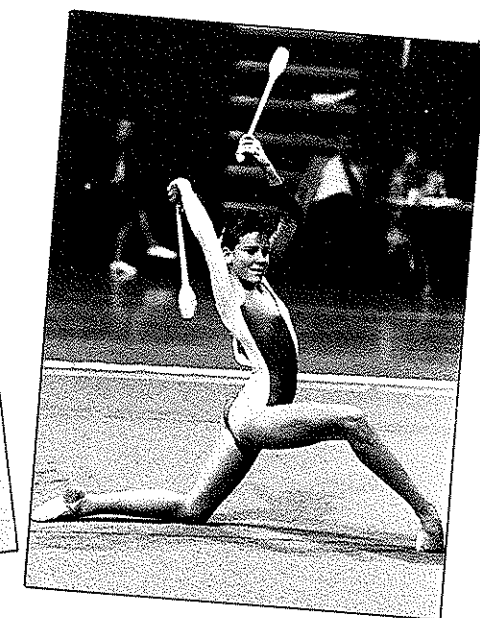
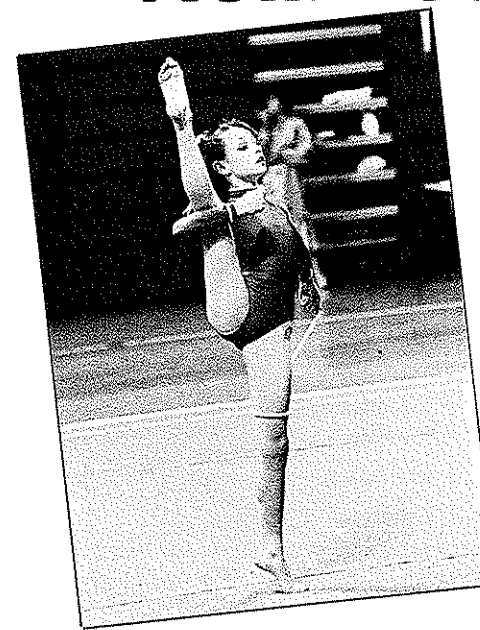
JUNIOR FINALS

Name	Team	Total	Place
VAULT			
E. Moroney	NSW	18.4250	1
L. Read	NSW	18.1250	2
J. Clack	WA	17.7500	3
C. Horilczenko	ACT	17.7250	4
M. Ingrey	NSW	17.6250	5
J. Dykes	NSW	17.6000	6
J. Rogers	NSW	17.4250	7
S. Simpson	VIC	17.3500	8
BARS			
L. Read	NSW	18.3750	1
S. Harnett	WA	17.9000	2
J. Clack	WA	17.6250	3
E. Moroney	NSW	17.5000	4
T. Nurse	WA	17.3750	5
F. Hart	VIC	17.1500	6
M. Ingrey	NSW	17.0000	7
S. Hargrave	WA	16.9750	8

Name	Team	Vault	Bars	Beam	Floor	Total	Place
Y. Zerko	WA	8.500 8.600	8.100 7.800	8.750 8.900	8.300 8.400	33.650 33.700	14
T. Nurse	WA	8.300 8.650	8.700 8.450	7.200 8.750	8.550 8.650	32.750 34.500	15
J. Dykes	NSW	8.700 8.800	8.400 8.400	7.600 8.400	8.300 8.450	33.000 34.050	16
S. Simpson	VIC	8.600 8.700	8.150 8.200	8.000 8.450	8.200 8.450	32.950 33.800	17
H. Bevan	VIC	8.600 8.550	8.100 7.550	8.300 8.300	8.200 8.450	33.200 32.850	18
L. Barrow	VIC	8.300 8.400	8.350 8.300	8.150 7.800	8.200 8.400	33.000 32.900	19
K. Jamieson	VIC	7.950 8.450	7.950 7.700	8.300 8.250	8.250 8.400	32.450 32.800	20
J.A. Monico	ACT	7.900 7.800	8.100 8.000	8.300 8.350	8.200 8.400	32.500 32.650	21
S. Ayles	SA	8.050 8.400	7.300 7.400	8.250 7.600	8.700 8.350	32.300 31.750	22
C. Morgan	WA	7.750 7.950	7.800 6.300	8.450 8.750	8.400 8.550	32.400 31.550	23
A. Mears	SA	8.600 8.600	7.950 5.800	7.350 7.550	8.050 8.350	31.950 30.300	24
T. Russon	SA	8.650 8.400	6.800 0.000	7.800 0.000	8.450 0.000	31.700 8.400	25
L. Craddock	SA	7.950 0.000	8.200 0.000	7.050 0.000	8.400 0.000	31.600 0.000	26
D. Richards	WA	8.200 0.000	5.100 0.000	7.550 0.000	8.250 0.000	29.000 0.000	27

Name	Team	Total	Place
BEAM			
Lisa Read	NSW	18.7500	1
K. Smallman	NSW	17.8250	2
M. Telfer	WA	17.7750	3
Y. Zerko	WA	17.7250	4
S. Harnett	WA	17.4500	5
C. Horilczenko	ACT	17.3000	=6
M. Spicer	NSW	17.3000	=6
C. Morgan	WA	17.2500	8
FLOOR			
L. Read	NSW	18.6000	1
J. Clack	WA	18.1500	2
J. Warrilow	WA	17.5750	3
S. Hargrave	WA	17.4000	=4
M. Ingrey	NSW	17.4000	=4
T. Nurse	WA	17.3500	6
J. Rogers	NSW	17.3000	7
S. Harnett	WA	17.2250	8

MORE RSG JUNIOR COMPETITION



Photos by Ross Gould

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WHAT IS GYMNAESTRADA?

*A report to the Technical Assembly
T/GG 1987 in Herning, Denmark,
Olof Kihlmark, Vice president
of CT/GG/FIG.*

To answer the question, let me quote the Gymnaestrada regulation, which was adopted by the 61st congress of the FIG in Strasbourg on the 8th of November, 1983:

The first article of this regulation reads:

Under the title "Gymnaestrada" the FIG organizes a worldwide gymnastics event of great amplitude (World Festival of Gymnastics). The name "Gymnaestrada" is reserved exclusively for this official manifestation of the FIG. This festival comprises group or mass displays of the various types of General Gymnastics exclusive of any kind of competition.

In article number 2 of the same regulation, it states:

The objectives of the Gymnaestrada are:

- to demonstrate the value and diversity of General Gymnastics and to encourage its growth in the world.
- to foster enthusiasm in the joy of movement and to inspire interest in personal activity.
- to demonstrate the possibilities of conceptions and to transmit ideas.
- to make known the latest innovations and developments in General Gymnastics.
- to serve to extend and to perfect the knowledge of interested leaders.
- to bring together gymnasts, of both sexes, from all the countries of the world and to contribute to a better understanding and to good will among people.

With these objectives, the **Gymnaestrada** seeks to contribute to a better physical, mental and social well-being of all participants.

How was the Gymnaestrada born?

It is safe to say, that the beginning is to be found in **the national gymnastic festivals**. Records show that these kinds of national festivals already existed in the second half of the 19th century. The oldest one would appear to be the first German Gymnastic Festival (1. Deutsches Turnfest), in Coburg, 1860.

In Scandinavia, the first Swedish Gymnastic Festival took place in 1877 and in Norway in 1886. In Prag there was a Sokolfest in 1882. In the very beginning these festivals were purely national but by the third Deutsche Turnfest in Leipzig, in 1863, six foreign countries were represented with performing groups. Successively, a similar development took place in other countries. In

Scandinavia, for example, it became customary to invite guest groups from other Scandinavian countries. Many of the Slavonian gymnasts gathered in a similar way during the Sokol-festivals, and later on in the Spartakiads.

The two Lingiads

In 1939 it was 100 years since the death of **Pehr Henrik Ling**—the father of Swedish gymnastics. It was decided that this should be commemorated with the introduction of an international gymnastic festival in Stockholm.

Beside the World Gymnastic Festival the Lingiade also consisted of a World Congress of Physical Education and an international gymnastic camp.

Five countries gave demonstrations of one or more "large area groups" in the Olympic stadium. Twelve countries with 52 groups gave instructional displays performances, in order to give the international specialists an opportunity of studying the groups in detail. 1,500 such specialists from 37 countries took part in the international congress.

It was the intention of the Swedish Gymnastic Federation to repeat these Lingiades every tenth year. So when the war was over the preparations of the second Lingiade started in 1946. The second Lingiade was carried through according to plan in July 1949. This time, 14 countries took part with 110 groups giving more than 200 performances. Also this time there was an international congress, with 1,500 participants from 56 countries.

Two things happened, however, which brings us to the Gymnaestradas. **Prom primo:** In connection with the second Lingiade, a World-Sport-Fair was arranged in Stockholm, which drove the Swedish Gymnastics Federation very close to bankruptcy. This made the vision of a continuation of the Lingiades almost impossible.

Pro secundo and most important:

The ordinary FIG Congress in 1949 was organised in Stockholm during the Lingiade, and during this congress Mr J.H.F. Sommer of the Royal Dutch Gymnastic Federation raised the question whether FIG should not take up the idea of international gymnastics festivals of this kind. One year later, at the congress in Basle, Mr Sommer presented his views on this festival in more detail. In fact he also presented the name of **Gymnaestrada**.

Mr Sommer had built a double interpretation into this newly-constructed word. No one can of course doubt that the prefix "gymna" aims at gymnastics, but the second part can be interpreted in two ways: either **estrada**, aiming at the latin word estrad, in English meaning to "stage", a place where performances are given—or only **strada** aiming at the latin word for street, strasse etc. "The street forwards into development".

At the congress in 1950, in Basle the finally decided by FIG, and in Florens in 1951, the Royal Dutch Gymnastic Federation was elected as organizer for the first Gymnaestrada to be held in Rotterdam 1953.

Mr Sommers meaning was, that the Gymnaestradas should be organized by FIG every fourth year. Different member countries should be appointed as organizers by the FIG congresses in due time. In this way we should gain mainly two things: The interval was short enough to keep the tradition alive from generation to generation that different views on gymnastics would be demonstrated. Mr Sommers is really the father of the **Gymnaestrada**.

The first Gymnaestrada—in Rotterdam 1953.

The first Gymnaestrada was prepared and carried through in Rotterdam from 15—19, 1953. The Organizing Committee was presided by Mr Van Dongen. The General Secretary was Mr Burik.

Fourteen countries participated with 5000 gymnasts in 70 groups. The opening ceremony took place in front of the Town Hall of Rotterdam and in the Sparta Stadium, where also the Queen of the Netherlands was present. The final demonstrations and the closing ceremony took place in the Feijenoord Stadium in front of 40,000 spectators, (paying spectators!).

There is no doubt that the objectives of the Gymnaestrada were achieved. The wonderful organization, great hospitality of the Rotterdam people and the municipality and of course the Royal Dutch Gymnastic Federation guaranteed success. But, of course, no Gymnaestrada success can become a reality without the participants and their performances.

And now the tradition continues

The foundation was laid by the Dutch. After that, one Gymnaestrada has followed the other. Number two came in

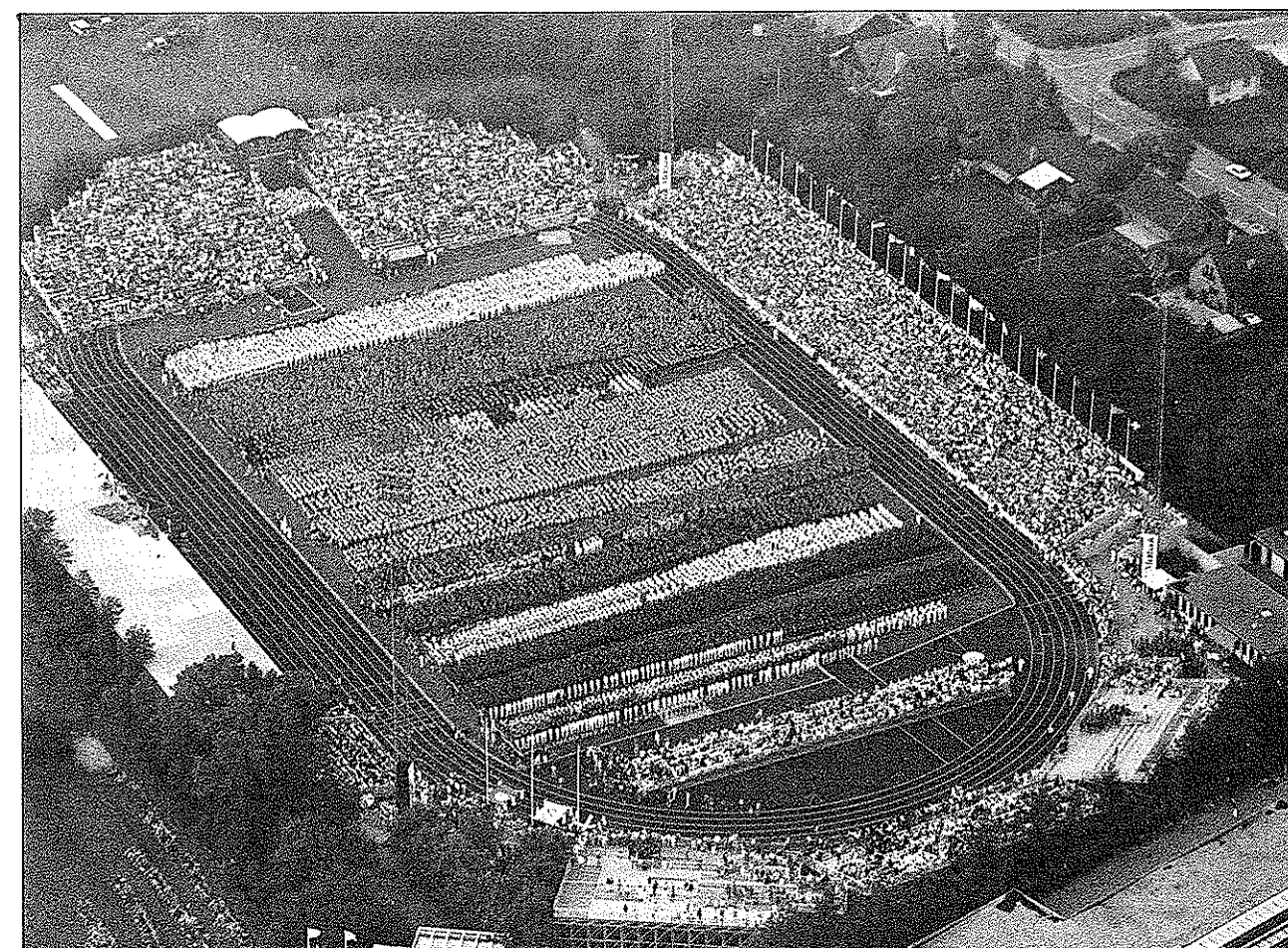


Photo courtesy Nils Lund

Zagreb, Yugoslavia, 1975, and then followed Stuttgart 1961, Vienna 1965, Basle 1969, Berlin 1975, Zurich 1982 and Herning, Denmark for the 8th time in 1987.

The four years interval has been disturbed a few times, for different reasons, but in principle it still stands. It is the intention of FIG to keep this interval in the future.

Five countries have taken part every time. They are Austria, Belgium, Denmark, Finland and Sweden. They have not only taken part, but done so with large groups. Norway, the Netherlands, and Fed. Rep. of Germany all missed the second Gymnaestrada but have otherwise had large groups.

It is not possible in a short report like this one, to go into all details of the different Gymnaestradas. The number of participating countries have varied between 12 and 20. In Rotterdam 5,000 gymnasts took part. There are no corresponding statistics for the second

and third Gymnaestradas. From the 4th Gymnaestrada in Vienna, the number levelled around 10,000 participants, until the 7th Gymnaestrada in Zurich, when the number raised to 15,000. The number in Herning was about 17,300.

It is easier to evaluate the quantitative developments of the Gymnaestradas than the qualitative ones. My attempt to try such an evaluation will therefore be strictly on a personal one, based upon the fact, that I have been present at all but one of them. In my opinion all the objectives have been achieved in a very good way. The demonstrations have generally been of a very high standard. The trends, which have been in the news at the respective time have been well demonstrated and undoubtedly spread the ideas to new countries and leaders. In fact, on many occasions, one has found the programs more or less dominated by the topical innovations, for instance when jazz-gymnastics was introduced.

Many countries have organized study groups with the purpose to create an

opportunity for their leaders to study what is going on in other countries. Booklets have been printed, and films have been taken for the same purpose etc. Finally it is possible to state the fact, that very many gymnasts from a number of countries—totally 42 countries—have had the opportunity to meet and get to know each other during the Gymnaestradas. This fact has been especially obvious during the last Gymnaestradas, where practically all the daily training and performances have been concentrated framework of one exhibition area, where most of the gymnasts spent their days.

And now — Herning

And now, here in Herning, we met for the first time in a smaller town than usual. Hopefully, this encouraged especially the last of the objectives: **to bring together gymnasts from all the world and to contribute to a better understanding and to good will among people.**

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THE TENTH PAN AMERICAN GAMES ARTISTIC GYMNASTICS

Indianapolis, Indiana. 12—23 August, 1987.

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The Tenth Pan American Games, the largest multi-sports event of 1987 and the largest ever Pan Am Games, were a brilliant event unequaled in recent years. Indianapolis, the city working hard to make a name for itself as the sports' capital of the United States, showed amazing strength, when it put the Games together in only two years and organized over 30,000 volunteers to work with the Games.

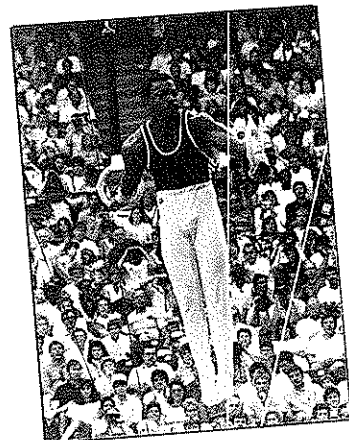
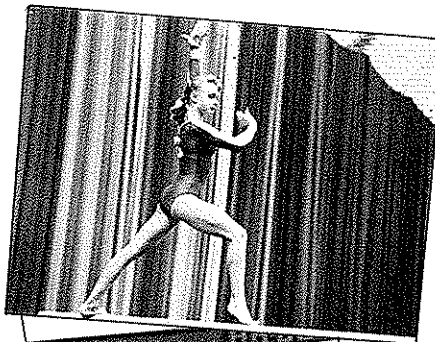
From the beginning, it was well-known that the top competition would come from the United States and Cuba in both the men's and women's artistic gymnastics competitions. And, from the start, the teams from the United States had but one goal—to show that they were once again ready to compete with the world's best and to showcase the very performances with which they intend to win medals in Rotterdam. They sent their best teams, as did the Cubans.

MEN'S COMPETITION

In the Men's Team competition, there were few surprises. After Compulsories the U.S. had a comfortable lead over Cuba, while in individual standings it was almost even with the top 13 places all being represented by these two nations, but for Canada's Brad Peters, who broke into 10th position. Scott Johnson (USA) was in first and an upset Casimiro Suarez (CUB) second and not happy with the scoring. The man hailed as a national hero after 6 gold and a bronze in the 1983 Games did not like being second and would continue his silent protesting of scores throughout the competition.

The next day saw little change in these standings, with the U.S. winning the gold by 2.95 over Cuba with Brazil third, 23 points back. The Canadians surprisingly fell back behind Mexico in 5th, having sent, for the most part, a second-string team, due to their World Championship Trials being held the same week. Scott Johnson retained his lead over Felix Aguilera (CUB) and Suarez was third.

After a day of rest, the men resumed their competition. Here once again, it was the U.S. vs. Cuba in the race for the medals. It seemed sad to see huge gaps between the scores of the top teams and the rest of the competitors. But one thing that was pleasing to the audience surely was that few of the gymnasts seemed to try moves which they could not complete. They performed within their means, so that for the most part, low scores



came for simpler routines performed well, rather than for difficult exercises done poorly.

This philosophy was the rule of the competition perhaps with the exception of the Cubans. They performed the most difficult exercises but they were not always technically perfect, so that they lost many valuable points. Suarez does a fantastic half twisting somi above the parallel bars and has great tumbling skills but even he was leaving moves out of his repertoire as the competition drew to a close and he was not scoring as he had hoped.

Johnson kept his lead from the Team Competition throughout the entire day here, the places of the next five changing almost every routine. It was nice for Suarez to take silver here, although he quite often could be seen shaking his head in disbelief as he looked at the scoreboard. It was wonderful to see Tim Daggett (USA) back again following a career threatening injury last February, when he ruptured a disk in his spinal column in a fall from the high bar. He came third just .05 ahead of Aguilera and was certainly as happy with a bronze as his teammate was with the gold. Only two days earlier he had been contemplating retirement following his poor compulsory performances, when his left side gave out on him on more than one occasion. The 21 years old Cuban National Champion, Aguilera, was one of the more exciting performers and could have taken silver but for a disastrous 9.00 on parallel bars.

The last day of men's competition saw some excellent performances, but the competition was filled with controversy too. It was a long competition—lasting more than four hours. The delays which were credited to head judge Heriberto Crespo (PUR) during the first half of the competition were reviewed during the vaulting, so that he was replaced in his last event, the high bar. He was not formally accused of bias towards one country, but his conferences in pommel horse, called for no apparent reason, eventually caused a three-way tie for the bronze, allowing Mario Gonzales (PUR) in where Aguilera would have held it alone.

Despite this and the long competition, it was good gymnastics and when the majority of medals went to the U.S. and Cuba, it made it all the nicer when Pineda

(MEX), Gonzales and Peniche (MEX) took bronzes. Pineda had originally qualified for 4 events, but was forced to scratch from 2 of these and the All-Around when his shoulder was bothering him.

Suarez made 4 events and did well on each, while Johnson broke a Pan Am record becoming the first to qualify for every event. Of floor and vault Suarez took gold and Johnson silver, both opening with double layouts on floor and Carimiro showing amazing height in his tumbling. His teammate Aguilera followed with a bronze here and in parallel bars. High bar was by far his greatest effort, however, for here he captured a 9.90 and thus the gold. Many were in agreement though that Suarez had good reason to be upset here, because his two consecutive one-armed Geingers, full twisting variation of the same move and perfect double layout dismount seemed far superior to his teammate's exercise, yet he received only 9.80.

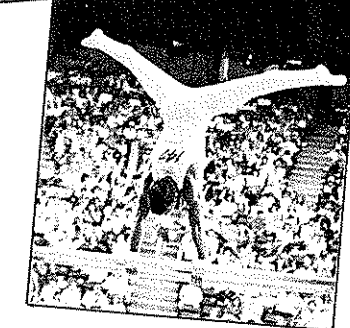
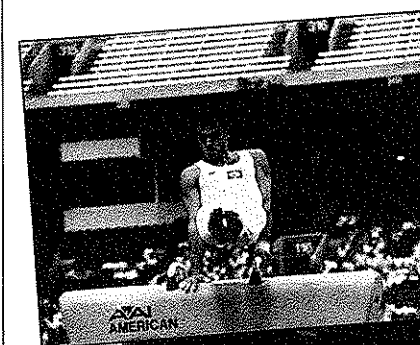
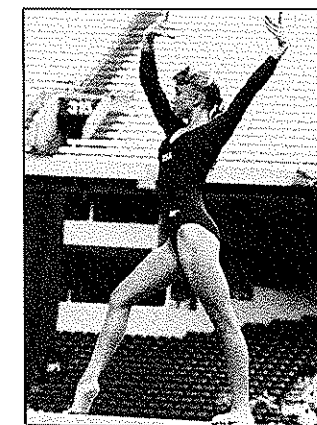
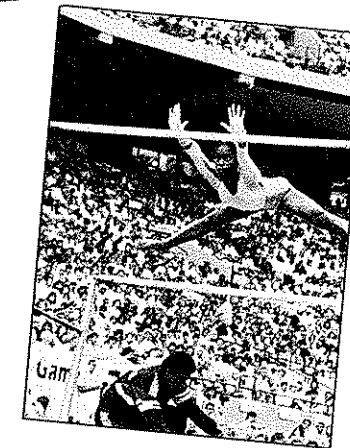
The American All-Around winner had a fantastic day and though he used his usual stock routines in most cases, he came away with the most medals. On rings and parallel bars he captured gold, his rings in particular showing tremendous strength. In each other event he came second—either to Suarez, Aguilera or Daggett. Tim won the pommel horse gold with a mere 9.70 for a spectacular exercise which showed that his comeback attempt has really worked. It was after the competition, however, that they found that he had been competing with mononucleosis, and surely without it he could have done far better. So the day ended with three golds each for the U.S. and Cuba and several broken records.

WOMEN'S COMPETITION

A week before the Games began Kristie Phillips (USA) was on the cover of a weekly newspaper magazine, as part of a feature story about her preparation for the Games. So, naturally everyone expected her to dominate the Women's Competition as Scott Johnson had the Men's. And, indeed, after the Compulsory Competition, it looked to be a possibility. She led over teammate Melissa Marlowe, as the U.S. edged Cuba by just over 3.00. The day was uneventful, but saw some lovely gymnastics.

On the second day, the large crowd added excitement to the competition. There were some notable performances and some sad moments. In the first session Venezuela's Ariana Carrera finally withdrew in her last event when she could barely walk to the starting position for vault. She had been little better the previous day, but had not withdrawn because Venezuela was competing with a team of 5 before her withdrawal, and so could place only in the last position.

The winners though were the girls from the U.S., who had widened the gap between themselves and Cuba to nearly



10.00. The Canadian Team came third but a few of the youngsters showed promise for the future, particularly 13 year old Amelia Major, a tiny Nadia look-a-like.

On to the All-Around where the crowd saw an interesting situation in that favored Kristie Phillips was in second place behind Sabrina Mar (USA) after having fallen off the beam in the Team Finals. Here she did well for the most part but she fell off beam again, in her last exercise. She seemed out of sorts a good part of the week and admitted that this was particularly due to the absence of her coach, Bela Karolyi. Mar was ecstatic to take the gold medal, herself coming back from an injury. She did not falter all day—from her solid round-off layout mount onto the beam to her double layout opening in her "Born in the USA" floor exercise and Yurchenko double twisting layout vault—she just could not have done better.

The bronze went to the happy newlywed Kelly Garrison-Stevens in, as she described it, "one of my best meets ever". At the ripe old age of 20, she was the oldest member of the team and yet has recently added difficulty in every event.

With the Event Finals, spectators finally saw some of the other nations come into the spotlight. Four girls qualified for 3 events, but none made four. The All-Around winner, Mar, Laura Rodriguez (CUB), Luisa Ribeiro (BRA) and Maria Ines Flores, Guatemala's only gymnast here, were then, the stars of the day.

Maria had done extremely well on the previous day. The 16 year old, who left Guatemala at age 12 in search of a coach and lived in Houston Texas until February 1987, when her coach moved to her country, had a loud cheering section in the arena and maybe this helped her. Her exercises in the three events were pretty to watch and often times she even showed some more difficult moves than some of the other girls. She did a nice flip-flop, flip-flop layout on beam and a double pike on floor, but still she could win no medals.

The Cuban Rodriguez and Brazilian Ribeiro could each do better to capture medals for their nations. Ribeiro unfortunately had to scratch from vault and floor at the last minute, due to a knee injury, but on bars she showed good form on her two straddle somis over high bar with arms crossed and a tucked somi between bars, to take the bronze medal.

Rodriguez was very pleased with her performances on the day. Coming to Indianapolis for her first Pan Am Games, she said she expected to win a medal, but was extremely surprised with the gold she received for her layout and full-twisting layout Yurchenko vaults. She also took bronze, behind Phillips (here winning her only gold) and Mar in floor exercise.

Sabrina amazingly could take no first places in the finals. Her first event, bars, saw her losing to her graceful teammate Missy Marlowe, though both girls scored 9.90 in this final. In balance beam she had several small wobbles, coming behind the Cuban girls, Guia and Chivas, and gold medalist teammate Kelly Garrison-Steves, who had a spectacular performance highlighted by a round-off back tuck on mount, beautiful dance and several interesting combinations.

This has definitely been a U.S. dominated event, with Cuba giving some tough competition. Many of the other nations have improved greatly and if they could be represented more often in world competitions, they would gain valuable experience. Cuba has proved that it is possible for the South Americans to challenge the best, so the others simply need to follow that nation's example. It was a spectacular Pan Am Games—all should be looking forward to the competition in Havana in 1991!

MEN'S FINALS

Name	Cty	Total	Place	Name	Cty	Total	Place
FLOOR				VAULT			
C. Suarez	CUB	19.475	1	C. Suarez	CUB	19.500	1
S. Johnson	USA	19.435	2	S. Johnson	USA	19.413	2
F. Aguilera	CUB	19.175	3	A. Peniche	MEX	19.325	3
A. Nolet	CAN	19.050	4	F. Aguilera	CUB	19.100	4
A. Peniche	MEX	19.050	5	B. Ginsberg	USA	18.950	5
T. Pineda	MEX	19.025	6	A. Nolet	CAN	18.880	6
POMMEL HORSE				PARALLEL BARS			
T. Daggett	USA	19.500	1	S. Johnson	USA	19.757	1
S. Johnson	USA	19.200	2	C. Suarez	CUB	19.550	2
F. Aguilera	CUB	19.150	=3	F. Aguilera	CUB	19.225	3
M. Gonzales	PUR	19.150	=3	B. Pinto	BRA	19.125	4
T. Pineda	MEX	19.150	=3	T. Pineda	MEX	19.050	5
I. Amador	CUB	19.000	6	T. Daggett	USA	18.775	6
RINGS				HORIZONTAL BAR			
S. Johnson	USA	19.450	1	F. Aguilera	CUB	19.725	1
J. Fraga	CUB	19.375	2	C. Suarez	CUB	19.625	=2
L. Cartaya	CUB	19.350	=3	S. Johnson	USA	19.625	=2
B. Ginsberg	USA	19.350	=3	T. Daggett	USA	19.525	4
B. Peters	CAN	18.975	5	T. Pineda	MEX	19.325	5
A. Peniche	MEX	18.925	6	B. Gnoatta	BRA	19.200	6

WOMENS TEAM RESULTS COMP. 1B

Nation	Vault	U.Bars	Beam	Floor	Total	Place
United States	48.225	48.575	47.775	48.250	192.835	1
	49.100	48.700	47.225	48.100	193.125	
Cuba	48.150	47.300	47.125	47.025	189.600	2
	48.400	45.275	46.175	45.925	186.775	
Canada	46.875	46.250	45.900	45.975	185.000	3
	46.650	46.650	44.600	45.825	183.725	
Brazil	47.125	45.975	45.250	44.425	182.775	4
	46.525	45.950	44.025	45.000	181.500	
Puerto Rico	46.800	42.225	45.425	45.150	179.600	5
	45.300	44.600	44.450	45.275	179.625	
Argentina	46.125	43.425	43.600	43.750	176.900	6
	44.100	43.075	43.625	44.550	175.350	

PAN AM RESULTS MENS TEAM RESULTS

Nation	Floor	P.Horse Rings	Vault	P.Bar	H.Bar	Total	Place
United States	48.250	48.100	47.800	48.650	48.700	289.900	1
	47.050	48.400	47.950	47.850	48.450	287.150	
Cuba	48.200	46.550	48.250	48.100	48.500	288.050	2
	47.250	46.850	47.650	47.850	48.600	286.050	
Brazil	46.050	44.350	43.700	47.350	47.300	276.350	3
	46.200	45.300	43.750	46.450	46.350	274.450	
Mexico	45.700	45.500	42.750	47.450	45.650	273.900	4
	46.000	43.850	44.800	46.350	45.950	272.950	
Canada	46.000	44.950	44.050	47.150	45.200	273.350	5
	44.550	43.350	44.500	45.450	43.600	266.700	
Puerto Rico	45.550	42.500	42.500	47.000	45.200	268.150	6
	44.450	40.950	43.500	45.650	42.150	259.800	

MENS ALL-AROUND

Name	Cty	Floor	P.Horse	Rings	Vault	P.Bar	H.Bar	Total 2	Prelim	Total	Place
S. Johnson	USA	9.650	9.100	9.750	9.600	9.850	9.450	57.600	58.650	116.250	1
C. Suarez	CUB	9.750	9.350	9.500	9.800	9.850	9.500	57.750	57.750	115.500	2
T. Daggett	USA	9.500	9.850	9.550	9.750	9.550	9.500	57.700	57.350	115.050	3
F. Aguilera	CUB	9.750	9.550	9.600	9.300	9.000	9.800	57.000	58.000	115.000	4
B. Ginsberg	USA	9.750	9.650	9.550	9.400	9.200	9.500	57.050	57.375	114.425	5
L. Amador	CUB	9.000	9.300	9.650	9.100	9.800	9.700	56.550	57.050	113.600	6



Photographs Suzanne Shields

WOMENS ALL-AROUND

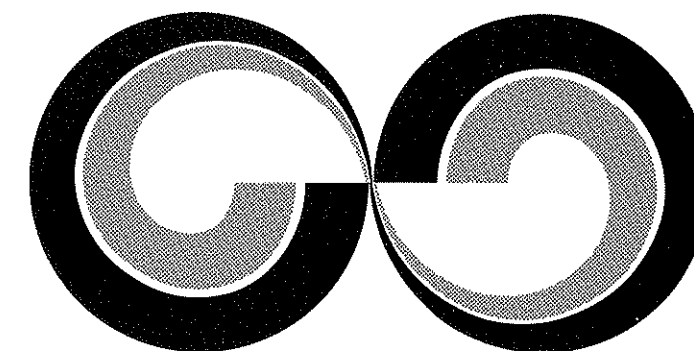
Name	Cty	Vault	U.Bars	Beam	Floor	Total 2	Prelim	Total	Place
S. Mar	USA	9.875	9.750	9.700	9.875	39.200	38.775	77.975	1
K. Phillips	USA	9.825	9.725	9.350	9.725	38.625	38.737	77.362	2
K. Garrison-Steves	USA	9.775	9.700	9.650	9.575	38.700	38.600	77.300	3
L. Ribeiro	BRA	9.400	9.600	9.575	9.450	38.025	37.375	75.400	4
T. Guia	CUB	9.625	9.550	9.175	9.350	37.700	37.300	75.000	5
L. Rodriguez	CUB	9.775	9.150	9.500	8.775	37.200	37.787	74.987	6

WOMENS FINALS

Name	Cty	Total	Place	Name	Cty	Total	Place
VAULT				BEAM			
L. Rodriguez	CUB	19.582	1	K. Garrison-Steves	USA	19.388	1
L. Prieto	CUB	19.450	2	T. Guia	CUB	19.287	2
K. Phillips	USA	19.256	3	E. Chivas	CUB	19.263	=3
R. Faehn	USA	19.218	4	S. Mar	USA	19.263	=3
O. Mendez	VEN	19.188	5	I. Hattayer	CAN	18.675	5
T. Figuiredo	BRA	18.900	6	M. Sandoz	PUR	18.275	6
UNEVEN BARS				FLOOR			
M. Marlowe	USA	19.637	1	K. Phillips	USA	19.538	1
S. Mar	USA	19.512	2	S. Mar	USA	19.425	2
L. Ribeiro	BRA	19.263	3	L. Rodriguez	CUB	18.987	3
L. Chivas	CUB	18.925	4	A. Conway	CAN	18.937	4
M. Flores	GUA	18.900	5	M. Flores	GUA	18.662	5
T. Mackenzie	CAN	18.787	6	B. Corteguera	PUR	19.650	6

7-11.7.1987

HERNING



8. GYMNAESTRADA HERNING

During July 7—11, 1987, the small Danish town of Herning was the host of the 8th Gymnaestrada, the World Festival of Gymnastics.

Herning, with a population of approximately 60,000, is the trade centre of the Jutland region of Denmark, which specialises in textiles, agriculture, dairy products and pig production.

During the period of the Gymnaestrada, the influx of approximately 17,300 gymnasts, from 25 countries, transformed the town into a festival of gymnastic activity.

What is Gymnastics?

According to Olof Kihlmark, Vice President of the General Gymnastic Technical Committee, of the International Gymnastic Federation (FIG), the first international gymnastic festival was conducted in Stockholm in Sweden in 1939, to commemorate the centenary of the death of the founder of Swedish Gymnastics, Pehr Henrik Ling.

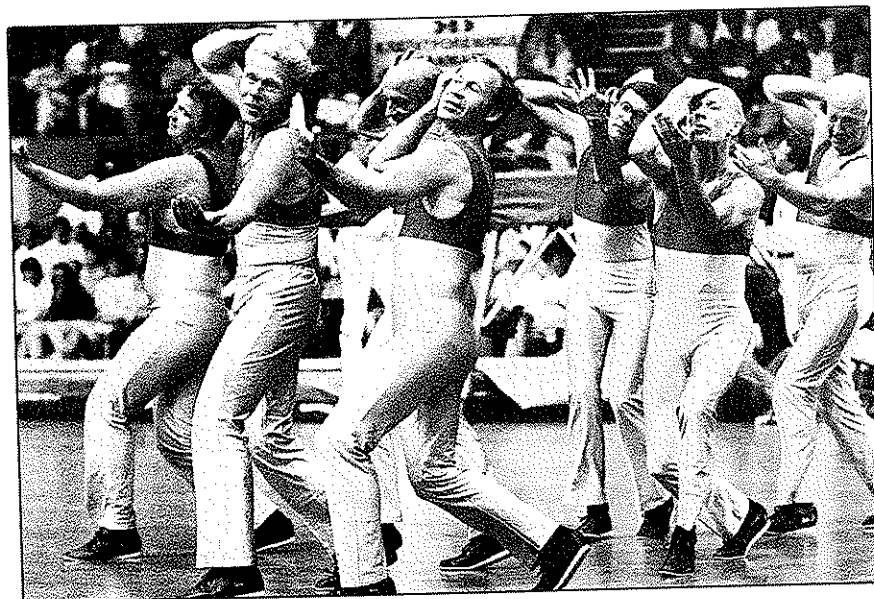
At the FIG Congress in 1950, Mr J.H.F. Sommer presented a case for FIG to adopt the principle of conducting a world gymnastic festival every 4 years. He also coined the term "Gymnaestrada".

According to Mr Kihlmark the term Gymnaestrada had a two fold meaning. The prefix "Gymna" refers to gymnastics, but the second part can be interpreted as : 1. "estrada"—aiming at the latin word estrad, or to stage; or 2. "strada"—aiming at the latin word strasse or street, meaning the street forwards into development.

In 1953 the first Gymnaestrada was conducted in Rotterdam and the tradition of the Gymnaestrada has continued ever since.

The festival comprises of group or mass displays exclusive of any kind of competition. Objectives of the Gymnaestrada include: to demonstrate the value of and to encourage the growth of



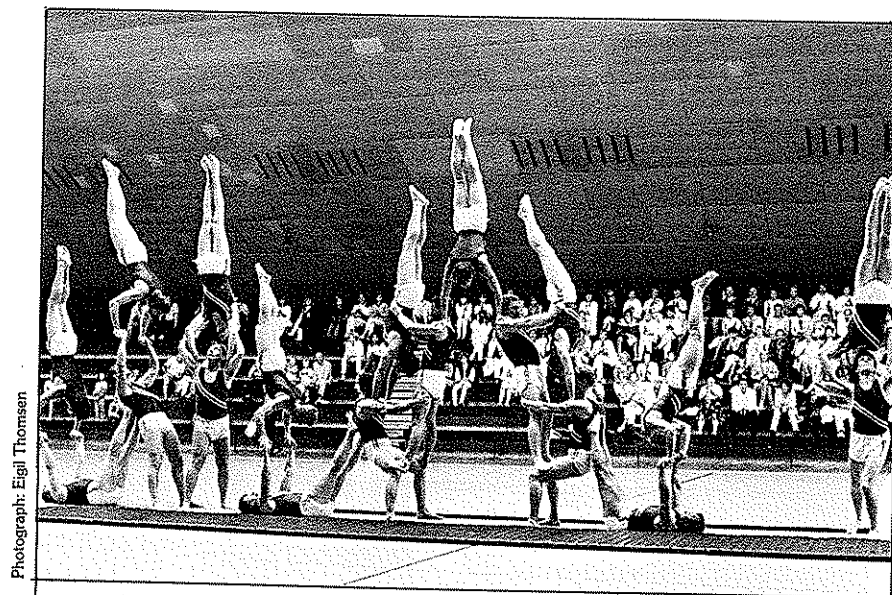


Photograph: Eigil Thomsen

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8 GYMNAESTRADA
HERNING

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8 GYMNAESTRADA
HERNING



Photograph: Eigil Thomsen

General Gymnastics; to bring together gymnasts of both sexes, from all countries, to share and foster enthusiasm in the joy of movement and to share ideas.

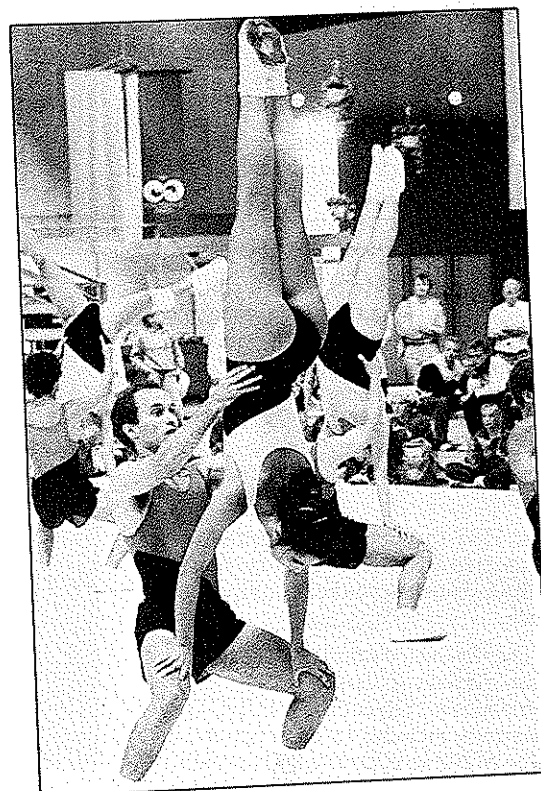
The 8th Gymnaestrada in Herning, has a special significance for Australian gymnastics, as it will be remembered as the first time Australia has been represented at the festival.

To provide an accurate account of the Gymnaestrada is very difficult. It is not easy to convey to the reader, the excitement, energy and joy that radiated, as more than 17,000 gymnasts enthusiastically performed for each other.

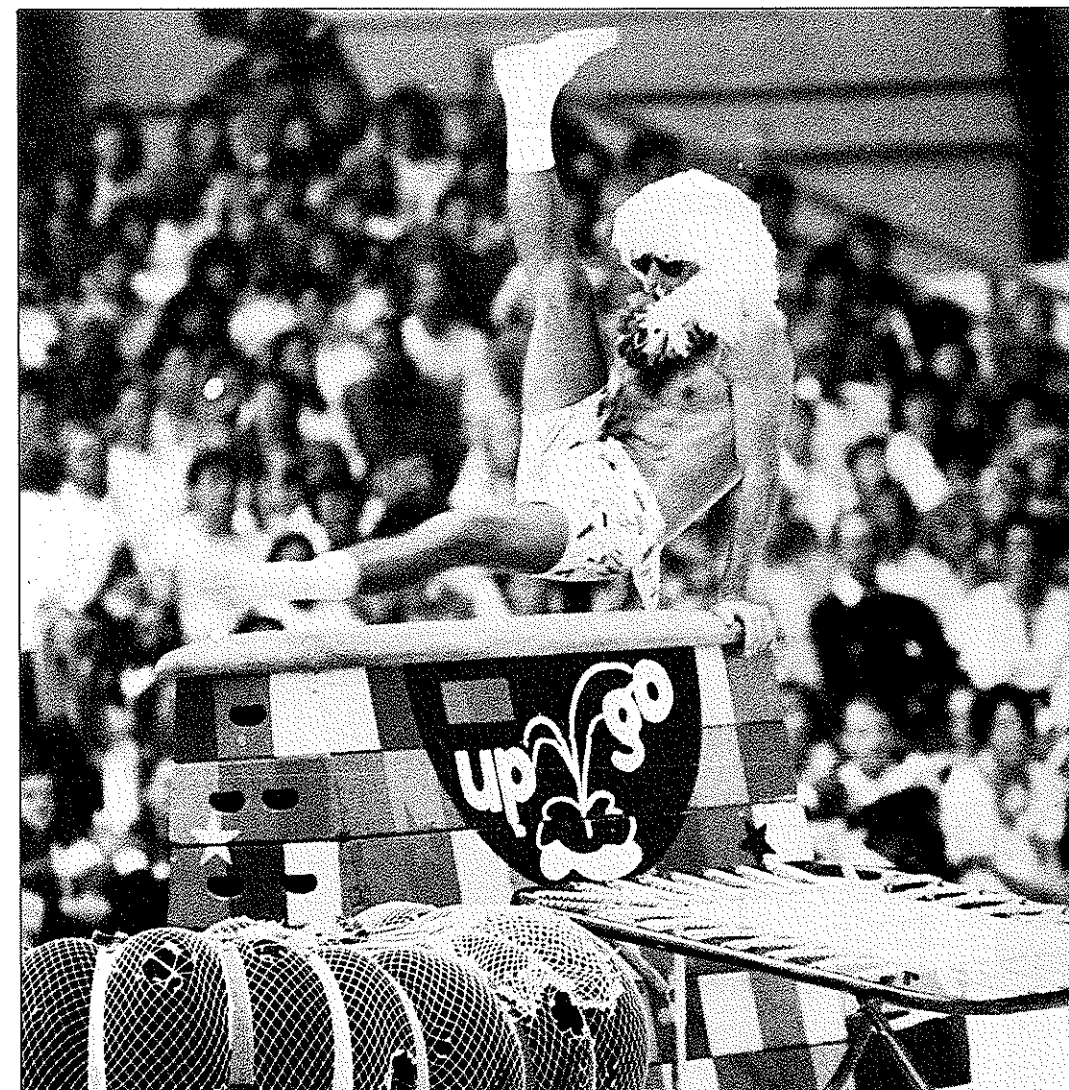
The diversity of the performance was astounding, with activities ranging from ethnic dance, clowns on traditional gymnastic apparatus, jazz dance, acrobatics, mass displays and so on.

In order to describe some of the performances, one has to resort to adjectives such as physical culture, physical art and rhythmical art, most of which are unheard of in Australia.

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8 GYMNAESTRADA
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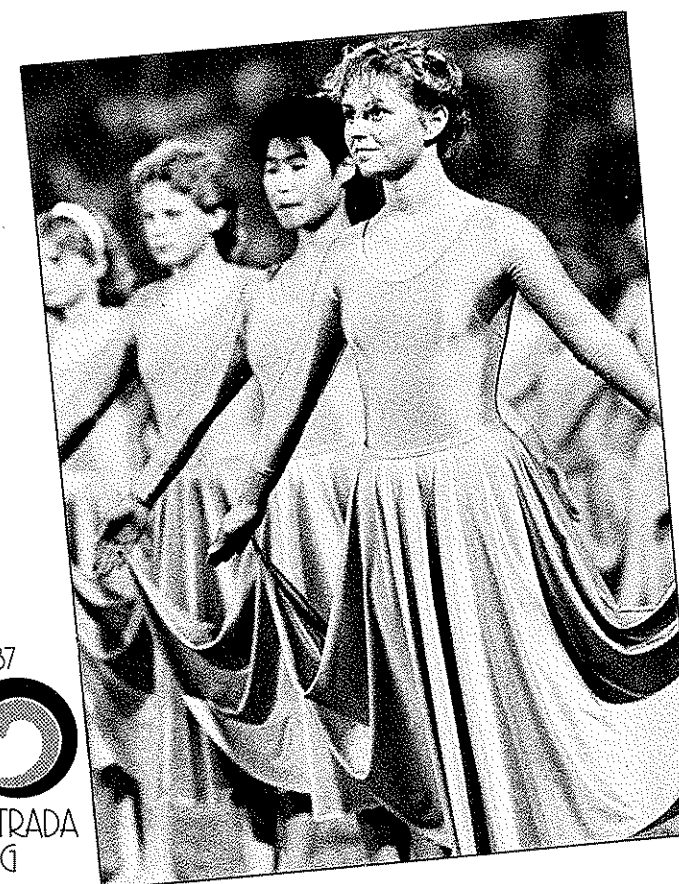
Photograph: Nils Lund



Photograph: Eigil Thomsen

7-11.7.1987

8 GYMNAESTRADA
HERNING



7-11.7.1987
8 GYMNAESTRADA
HERNING

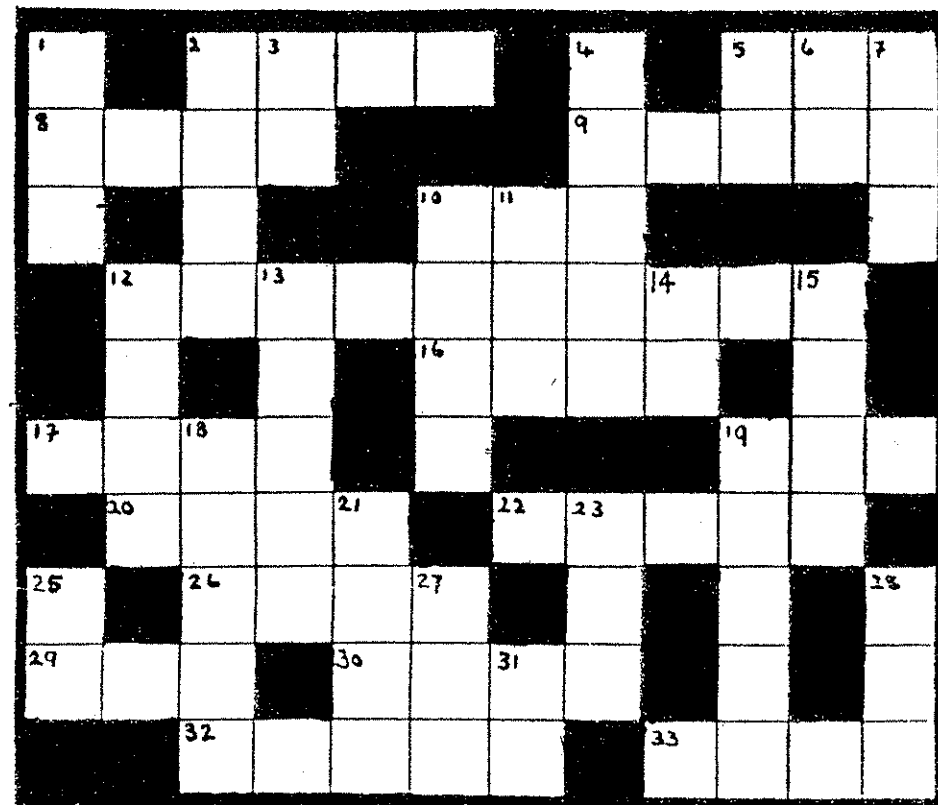
The Australian group, L'Elfin, performed admirably and were well received by the spectators. L'Elfin were the focus of much attention because of their characteristic "akubra" hats, and the fact they were prepared to travel so far to participate in the festival. The girls should be very proud of the way they performed, and it would surely have been a rewarding experience for them.

A number of Japanese teams caught the imagination of all concerned. Their athleticism, discipline and spectacular routines ensured that there was not a single vantage point available during their performances. A packed house and a standing ovation for one of the Japanese teams following a practise session, is a testimony to the popularity of the Japanese contingent.

The excitement and entertainment did not stop just because the performances were finished. The whole town of Herning was transformed into one huge party, where the enthusiastic and good natured visitors danced and socialised till the early hours of the morning.

It is hoped the accompanying photographs go some way towards conveying to the reader, the total experience that is "Gymnaestrada".

CROSSWORD



by L. Seymour



CLUES ACROSS:

2. Gymnastics keeps you ...
5. Opposite of bottom
8. Fall
9. Solo
10. One way to travel to Gym
12. Our sport
16. You take this to get a levels badge
17. Certificates are made of this
19. Cry for help!
20. Girls apparatus
22. Boys and girls apparatus
26. Do not the door
29. What Gymnasts should be!
30. Squad
32. Training is time well
33. To keep drinks cool!

CLUES DOWN

1. What Scorers do!
 2. T.A.G.A. is the State
 3. Opposite of down
 4. Keeps
 5. Opposite of from
 6. NO backwards
 7. Coaches give these talks
 10. What Gymnasts need after training
 11. Gymnasts ... chalk on the Bars
 12. Snatch
 13. What all Gymnasts would like
 14. "Life Be In .."
 15. Coaches do this!
 18. Sleeps
 19. A Gymnast if water is spilt
 21. Friend
 23. A medal is your ...
 25. Gymnastics is a lot .. fun
 27. Plural of Man
 28. What we all get from Gymnastics
 31. You make friends .. your club.
- Solution:** in next issue.

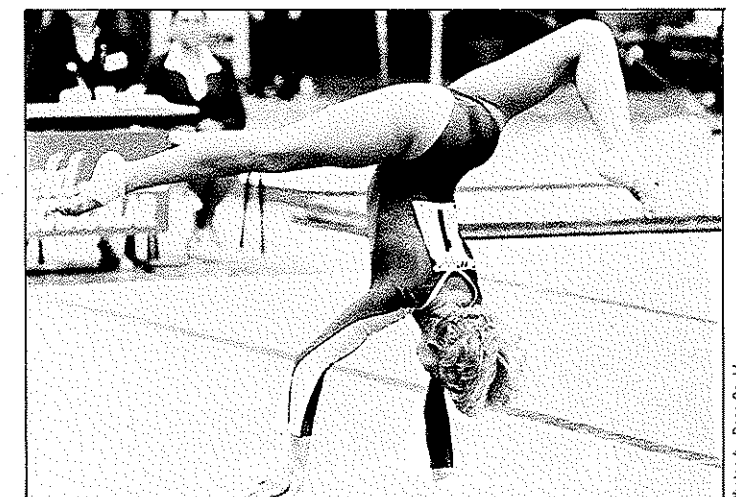
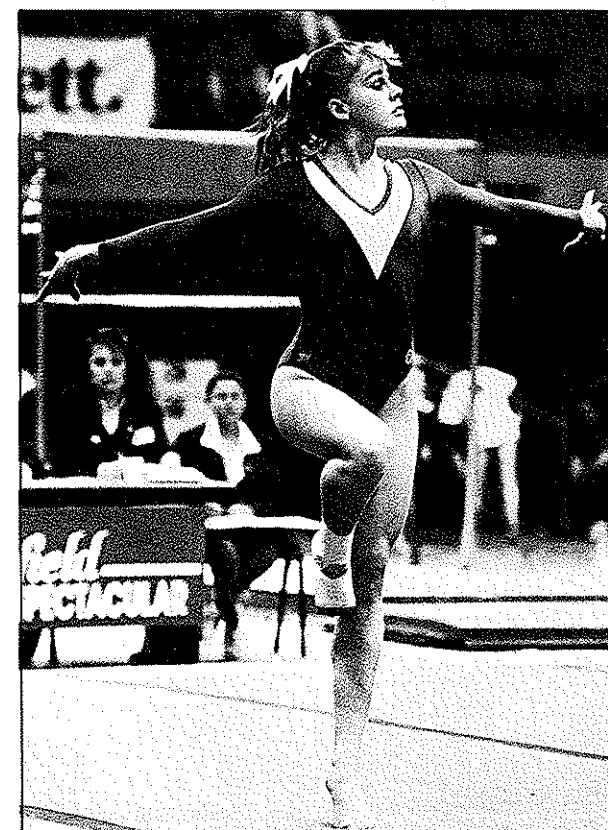
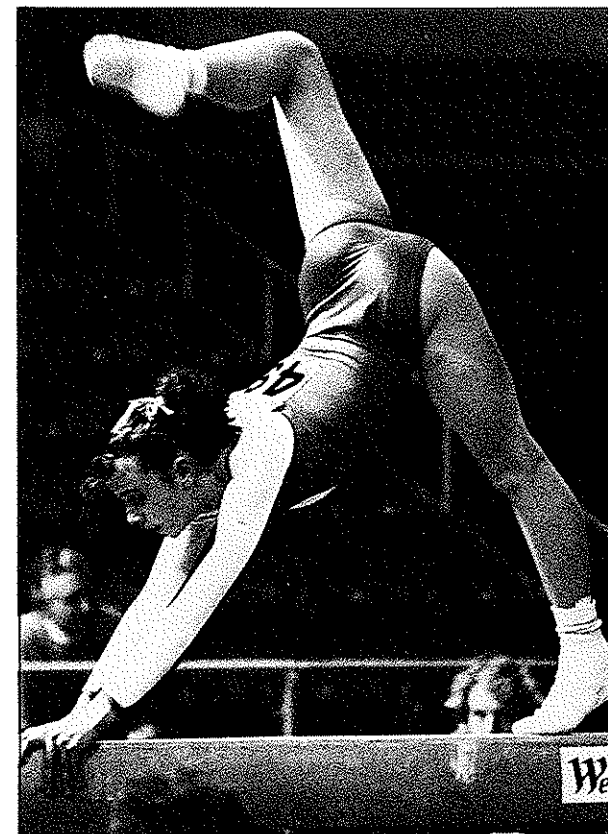
WESTFIELD GYMNASTICS SPECTACULAR

TEAM COMPETITION LEVEL A

Team	Total	Place
Karolyi	115.050	1
Syd YMCA	109.400	2
Eastern GA	103.600	3
Chetkovich	103.300	4
Western YC	100.600	5
Nthn Dists	95.600	6
Chetkov 2	76.100	7
Leis Coast	70.750	8
Sydney YMCA 2	68.650	9
Canberra United	67.150	10
Y West	40.300	11

LEVEL A DIVISION

Name	Team	Vault	Bars	Beam	Floor	Total	Place
Rhonda Faehn	Karolyi	9.700	9.800	9.650	9.650	38.800	1
Kristie Phillips	Karolyi	9.750	9.600	9.500	9.750	38.600	2
Phoebe Mills	Karolyi	9.700	9.700	9.150	9.100	37.650	3
Monique Allen	Waringah	9.600	9.000	8.750	9.500	36.850	4
Lisa Read	Syd YMCA	9.550	9.300	8.600	9.300	36.750	=5
Debbie Graham	Leis Coast	9.000	9.300	9.000	9.450	36.750	=5
Evette Moroney	Glebe P&C	9.400	9.400	9.150	8.700	36.650	7
Kellie Larter	Lonstn P&C	8.900	9.400	8.800	9.350	36.540	8
Sacha Pascalis	Syd YMCA	9.550	8.900	8.900	9.000	36.350	9
Carolyn Stewart	Syd YMCA	9.300	9.350	9.300	8.350	36.300	10
Abby Watkins	Geelong GC	9.100	8.900	9.100	9.050	36.150	11
Suzi Davis	Eastern GA	9.400	8.800	8.700	8.900	35.800	12
Katie Watts	Eastern GC	9.450	9.000	8.100	9.100	35.650	13
Leanne Rycroft	Seacliff	9.400	8.150	9.350	8.700	35.600	14
Jodie Rogers	Syd YMCA2	8.950	8.600	8.800	9.000	35.350	15
Lee-Anne Murray	Sth Canb	9.050	9.250	7.550	8.800	34.650	=16
Jenny Clack	Chetkovich	8.800	8.850	7.800	9.200	34.650	=16
Sallyanne Hargrave	Chetkovich	8.700	8.250	8.650	8.800	34.400	18
Clarissa Horliczenko	Can United	8.500	8.900	8.100	8.850	34.350	19
Michelle Saliba	Chetkovich	9.300	9.300	7.200	8.450	34.250	20
Karly Smallman	St.Geo P&C	8.800	8.350	8.600	8.450	34.200	21
Julie Bigham	Western YC	9.600	8.350	8.150	8.000	34.100	22
Julie Dykes	Leis Coast	8.850	8.450	8.150	8.550	34.000	23
Michelle Telfer	Chetkov 2	8.000	8.800	8.300	8.850	33.950	24
Trudi Nurse	Chetkov 2	8.600	8.500	8.400	8.400	33.900	=25
Susan Ayles	Western YC	8.500	8.150	8.800	8.450	33.900	=25
Hollie Bevans	Bull-Temp	8.850	8.550	8.000	8.350	33.750	27
Jane Warrilow	Nthn Dists	8.700	8.100	8.150	8.700	33.650	28
Melanie Spicer	Syd YMCA2	8.350	8.650	7.950	8.350	33.300	29
Julienne Monico	Can United	8.550	8.100	7.800	8.350	32.800	30
Belinda Markham	Western YC	8.550	7.450	7.900	8.700	32.600	31
Sarah Simpson	Eastern GC	8.650	7.900	7.200	8.400	32.150	32
Carolyn Morgan	Nthn Dists	8.050	8.100	7.850	7.900	31.900	33
Tara Russon	Y West	8.600	7.750	7.450	8.050	31.850	34
Anna Mears	Tea Tree Gul	8.650	7.350	7.550	8.050	31.600	35
Kellie Littlejohn	Canb City	8.000	8.200	7.150	8.050	31.400	36
Dhana Richards	Nthn Dists	8.450	6.800	7.000	7.800	30.450	37
Leanne Craddock	Y West	8.450	0.000	0.000	0.000	8.450	38
Sacha Harnett	Chetkov 2	0.000	8.250	0.000	0.000	8.250	39
Ruth Cologliuri	Syd YMCA	0.000	7.900	.000	0.000	7.900	40



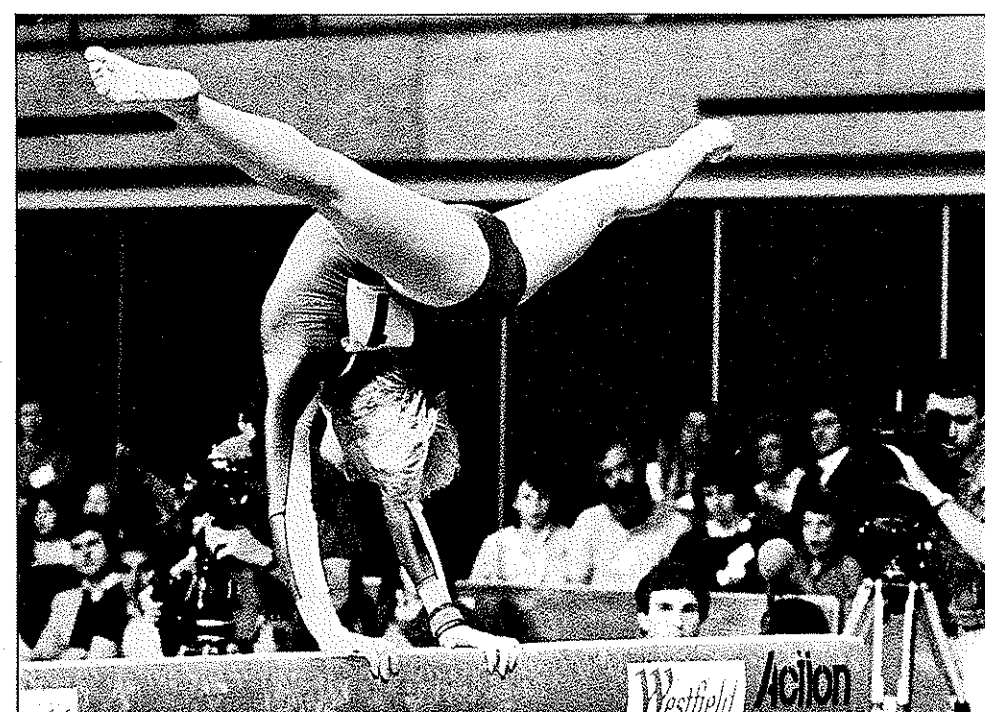
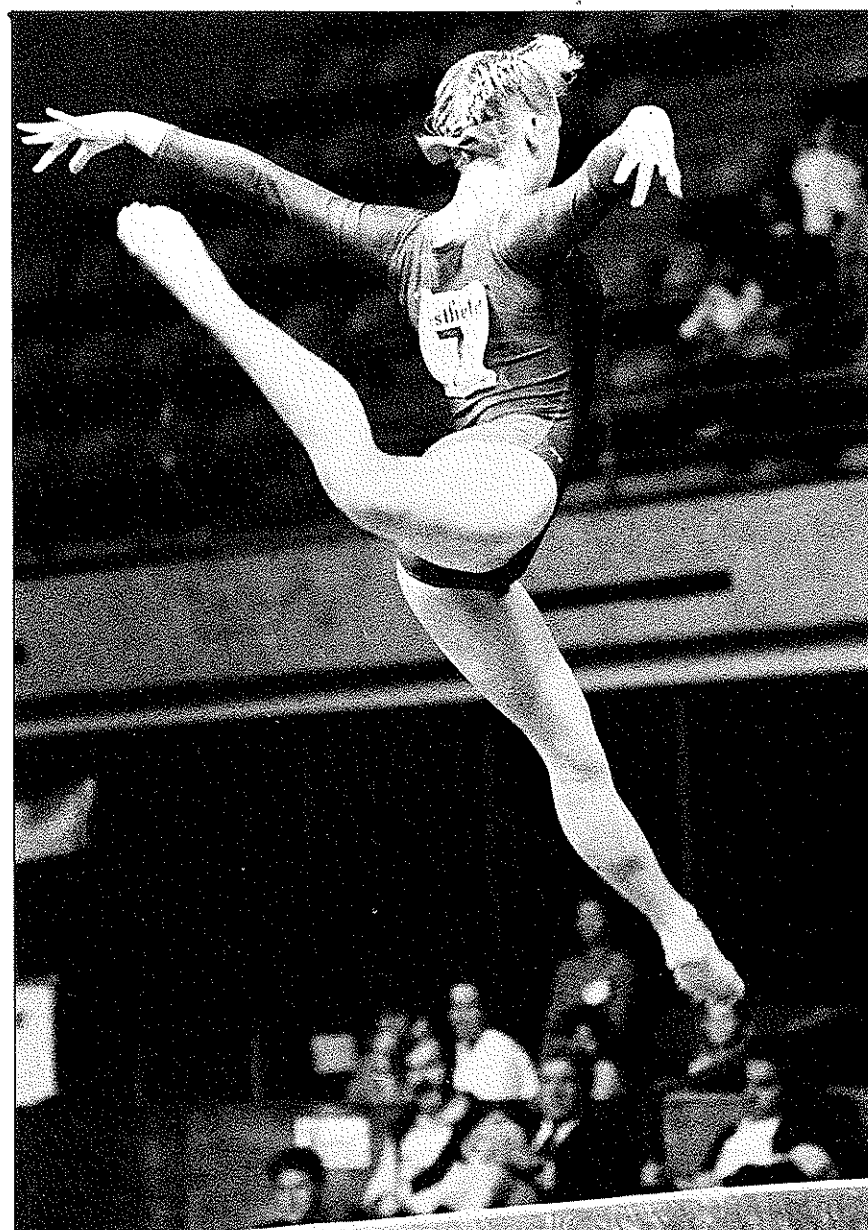
Photos by Ross Gould

TEAM PLACINGS

Team	Total	Place
Valley P&C	98.850	1
Cheltenham YC	98.300	2
The Academy	97.600	3
Eastern GA	97.100	4
Sydney YMCA	97.100	5
Geelong GC	95.600	6
Canberra City	91.550	7
Northern Dists	91.100	8

LEVEL B DIVISION NATIONAL CLUBS

Name	Team	Total	Place
Melissa Hill	Waringah	34.35	1
Andrea Fitzsimmons	Valley P&C	33.65	2
Kim Guthrie	Cheltn YC	33.55	3
Kylie Osgood	Syd YMCA	33.25	4
Lisa Newman-Morris	Cheltn YC	33.20	5
Samantha Petroni	The Acad	33.05	6
Fiona Lynch	Eastern GA	33.00	=7
Kym Rankin	Valley P&C	33.00	=7
Cathy Meares	Syd YMCA	32.90	=9
Natalie Moore	Canb City	32.90	=9
Joanne Allen	Canb City	32.85	11
Melinda Storey	Eastern GA	32.75	12
Cathy Macintosh	Bunnerong	32.30	13
Jackie MacKenzie	Valley P&C	32.20	14
Lee Albergo	Geelong GC	32.15	15
Sasha Mangin	Geelong GC	32.10	16
Nita Miliotis	St.Geo P&C	31.90	17
Nicole Mayger	The Acad	31.70	18
Kate Seator	Cheltn YC	31.55	=19
Kirsty Mitkovs	Eastern GA	31.35	=19
Cinnamon Francis	Geelong GC	31.35	=19
Lisa Black	The Acad	31.35	=19
Leisa Wilson	Can United	31.30	23
Martine George	Nrthn Dists	31.25	24
Sharon Turner	Glebe P&C	31.20	25
Amanda Condie	Syd YMCA	30.95	26
Lisa Chircop	Nrthn Dists	30.35	27
Melissa Hammett	Canb City	30.10	28
Jackie Gillen	Nrthn Dists	29.50	29
Delwen Griffith	Canb City	28.55	30



Photos by Ross Gould

TEAM PLACINGS

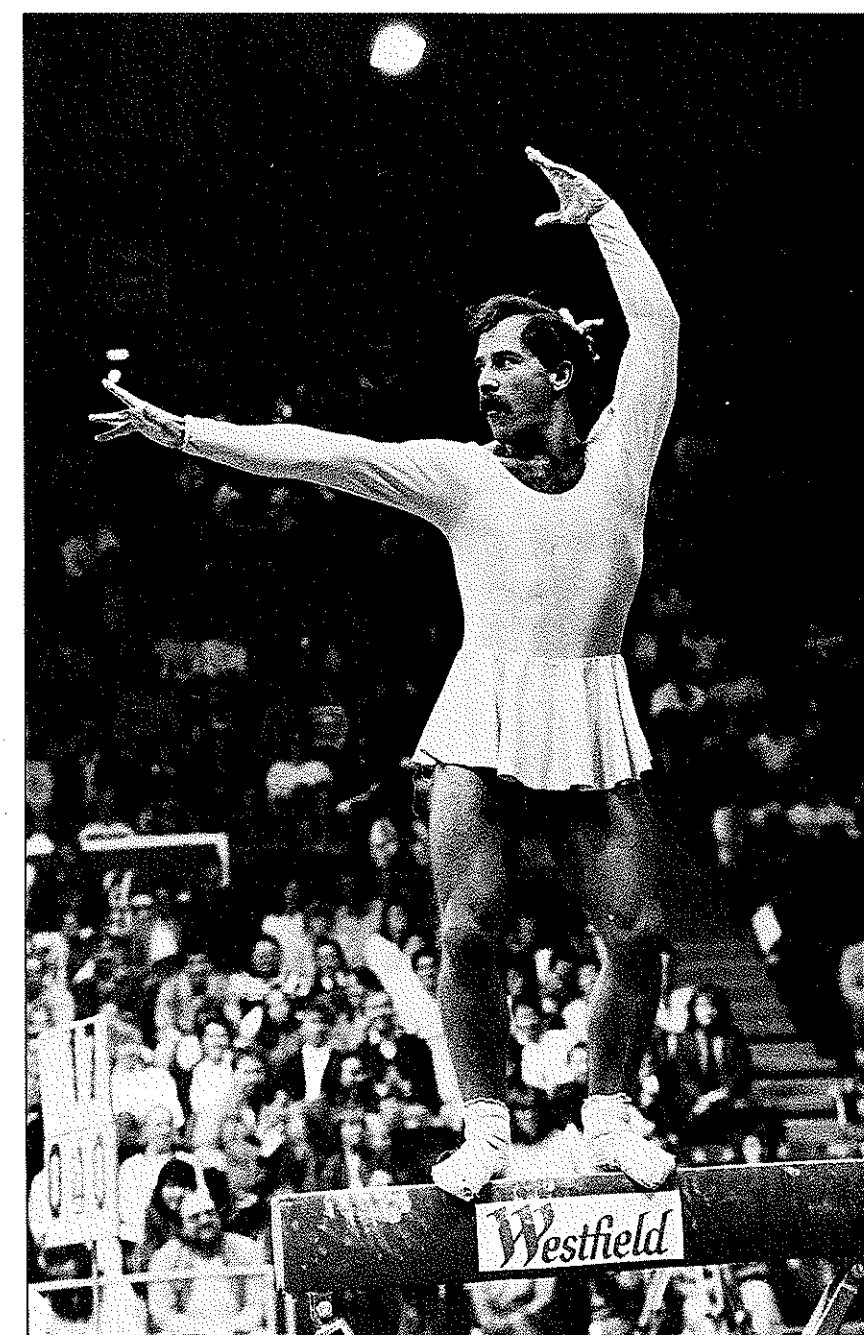
Team	Total	Place
Valley P&C	100.700	1
Cheltenham P&C	100.500	2
Footscray C	98.050	3
Glebe P&C	96.850	4
Geelong GC	96.650	5
Y West	96.500	6
The Academy	95.400	7
Bunnerong	95.150	8
Chetkovich	94.600	=9
Northern Dist	94.600	=9
Cheltenham 2	93.450	11
Western YC	91.250	12
Footscray 2	91.100	=13
Northern Dist 2	91.100	=13
Canberra United	89.950	15
Canberra City 2	88.650	16
Tea Tree Gully	86.000	17
Canberra City	84.200	18
Valley P&C	64.400	19
Chetkovich 2	59.850	20
Western YC 2	59.650	21
Sydney YMCA	58.250	22

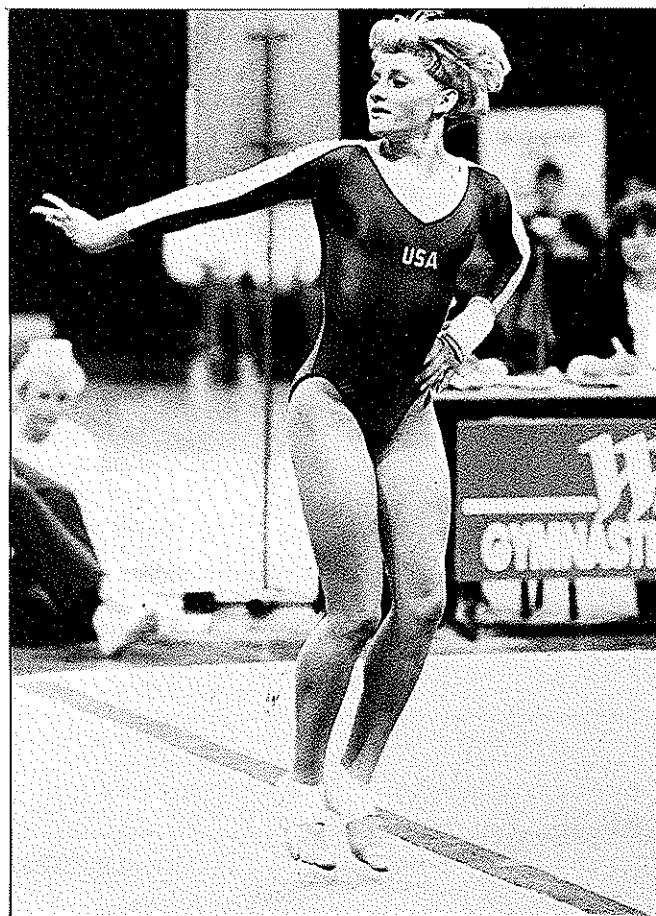
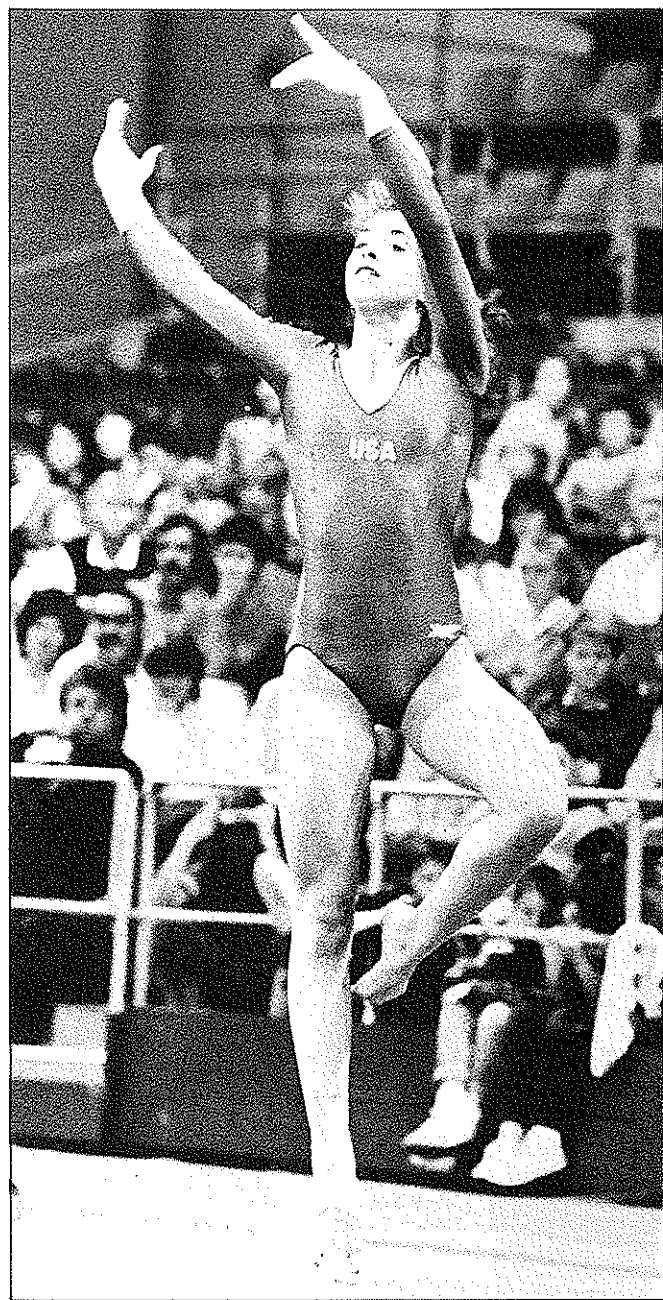


Photos by Ross Gould

LEVEL C DIVISION NATIONAL CLUBS

Name	Team	Total	Place
Lucy McDonald	Cheltn P&C	35.60	1
Trisha Butler	Valley P&C	34.05	2
Jodie Huppatz	Y West	33.75	3
Lisa Symons	Valley P&C	33.35	4
Sarah Dyson	Valley P&C	33.30	5
Rochelle Ogston	Footscray C	33.05	6
Natalie Richardson	Cheltn P&C	32.95	=7
Anna Farrington	Geelong GC	32.95	=7
Sonia Perri	Footscray C	32.95	=7
Jodie Dowse	The Acad	32.95	=7
Catherine Turner	Gunnedah GC	32.85	11
Selina West	Glebe P&C	32.75	12
Kelly Zaroni	Geelong GC	32.65	13
Tanya Saharov	Maroubra GC	32.60	=14
Tarryn Hearne	Nrthn Dists	32.60	=14
Elizabeth Walker	Cheltn 2	32.60	=14
Claire Williamson	Chetkovich	32.45	=17
Kerri-Ann Hook	Valley P&C	32.45	=17
Melanie Bray	Glebe P&C	32.40	19
Natasha Dalton	Footscray C	32.05	20
Kylie Ross	The Acad	32.00	21
Kathryn Hambrook	Chetkovich	31.95	=22
Jo-anne Patane	Cheltn P&C	31.95	=22
Heidi Sauer	Valley P&C	31.95	=22
Michelle Roberts	Bunnerong	31.90	25
Kim Van Tussenbroek	Glebe P&C	31.70	=26
Tania Mann	Bunnerong	31.70	=26
Terrena Chant	Y West	31.55	=28
Sharyn Maguire	Bunnerong	31.55	=28
Megan Williams	Eastern GA	31.55	=28
Jana Williams	Nrthn Dists	31.45	=31
Shannon Wallace	Cheltn 2	31.45	=31
Christine Xanthos	The Acad	31.40	33
Kylie Booth	Western YC	31.35	34
Kylie Unsworth	Y West	31.80	35
Melissa Gallo	Geelong GC	31.05	=36
Belinda Anderson	The Acad	31.05	=36
Natalie Fenech	Footscray 2	30.95	38
Kylie McKay	Can United	30.90	39
Zoe Ali	Footscray 2	30.80	=40
Peta Younghusband	Nrthn Dist 2	30.80	=40
Georgia Seretis	Western YC	30.75	42
Belinda Lines	Nrthn Dists	30.55	=43
Janette Paterson	Chetkov 2	30.55	=43
Shona Littlejohn	Canb City	30.55	=43
Daniela Bradshaw	Nrthn Dists 2	30.45	46
Kylie Colum	Chetkovich	30.20	=47
Clarissa Stebbings	Can United	30.20	=47
Julie Smith	Can United 1	30.05	49
Katherine Johns	Western YC 2	29.85	=50
Elisa Pryce	Nrthn Dists 2	29.85	=50
Robyn Mercurio	Western YC 2	29.80	52
Emma Alderson	Cheltn 2	29.40	53
Silvana Stanimirovic	Footscray 2	29.35	54
Ilona Gracey	Syd YMCA	29.30	=55
Alison Fisher	Chetkov 2	29.30	=55
Katie Tunks	Canb City	29.25	57
Jenny Clark	Western YC	29.15	58
Sunita Singh	Syd YMCA	28.95	59
Jodie Holmes	Tea Tree Gully	28.90	=60
Tanya Davis	Tea Tree Gully	28.90	=60
Tiffany Peatman	Canb City 2	28.85	=62
Kim McKay	Can United	28.85	=62
Christine Morton	Canb City	28.65	=64
Sharon Rochester	Canb City	28.65	=64
Cindy Shammall	Tea Tree Gully	28.20	66
Catherine Pratt	Canb City	26.90	67





Photos by Ross Gould

gym fun

WHAT IS GYMFUN?

Gymfun is an activity program aimed at introducing children to gymnastics in an enjoyable and safe way. Both for boys and girls, it is non-competitive and allows for individual progress.

HOW DOES IT WORK?

Any Club, school or organisation can participate in the program. Only minimal equipment is required, and activities may be done both indoors and outdoors.

GYMFUN HAS....

A comprehensive range of resources including:

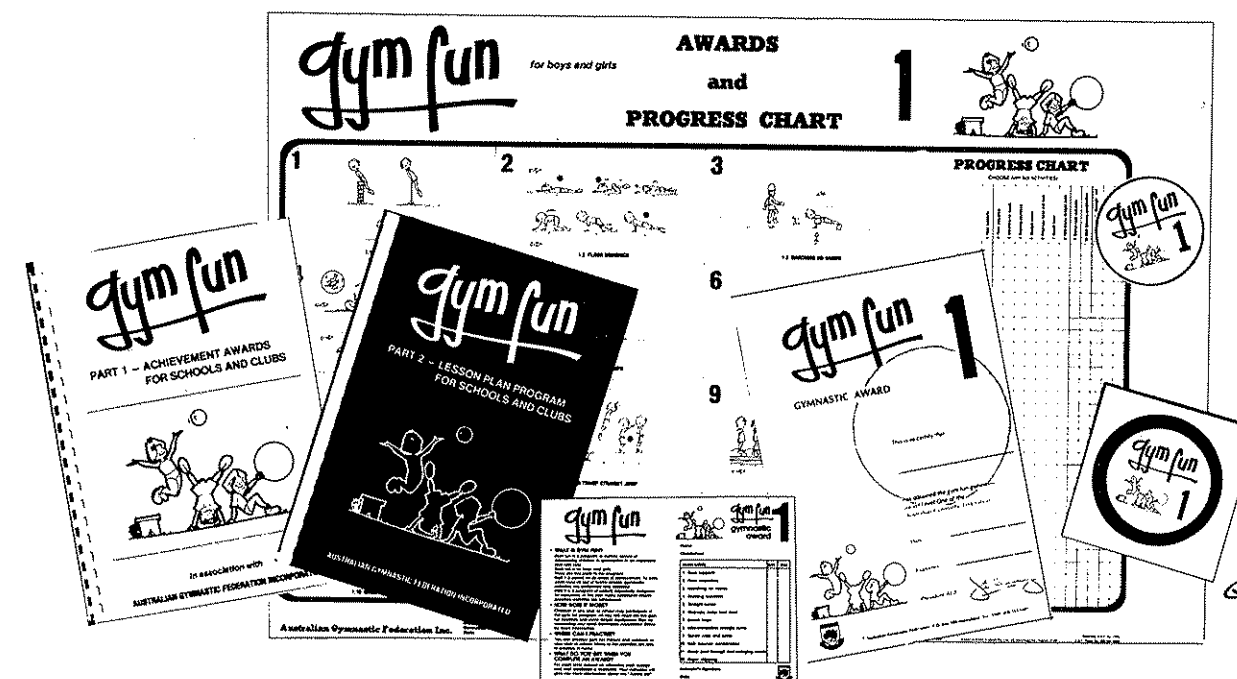
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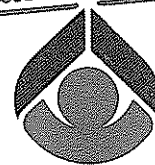
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