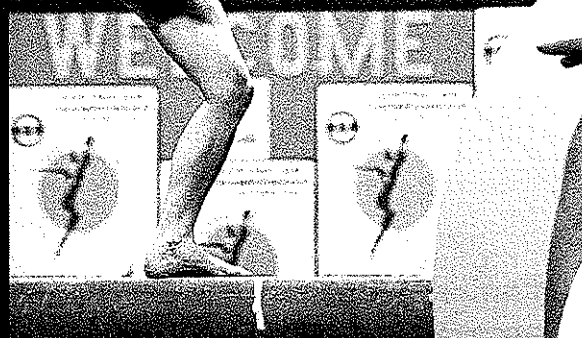
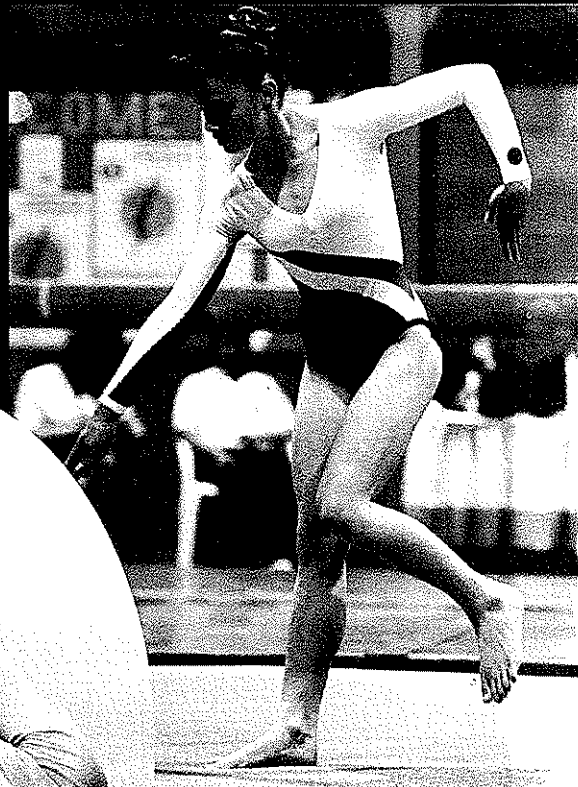


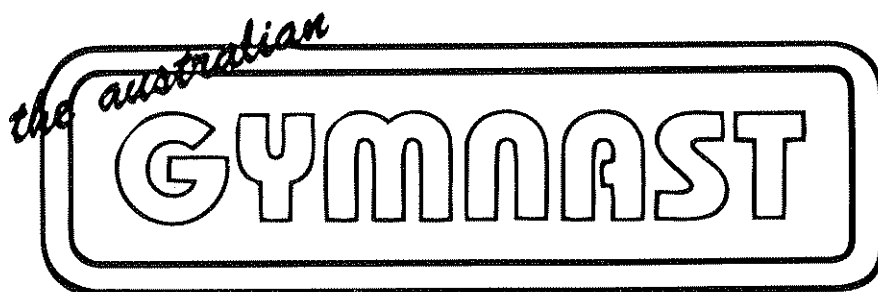
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Summer 1992



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Front Cover: Nicole Downes, (NSW)
National Levels Level 10 Champion.
Photograph courtesy Ross Gould.

EXECUTIVE DIRECTOR'S REPORT



We have just returned from our major regional event, the Pacific Alliance championships which were held in the 1988 Olympic Games city of Seoul, Korea. The team was able to compete on a podium, for many of them the first time. What a splendid opportunity to have so early in a new Olympiad.

Whilst reflecting on the success of this team, particularly in apparatus finals, it also behoves us to think of the future of our whole sport. Just prior to departing I attended both the MAG Jr.

Nationals, RSG Classic and the WAG National Levels. All three competitions had one heartening fact in common. This was the number of young coaches and judges who were former gymnasts. Their experience and expertise as gymnasts brings a strength and knowledge to the sport which only ensures our future and development. Some of this input is already being demonstrated as we see the quality in Rhythmic gymnastics improving and the numbers and depth in men's gymnastics improving. With the quality, numbers and depth already in Women's Artistic Gymnastics, the Combined event in 1993 should prove that all disciplines are developing to a similar level. What an exciting step in our development.

Also at this time may I wish all our gymnastic community a safe, peaceful and joyous holiday and Christmas season.

Peggy Browne

PRESIDENT'S REPORT



With the Olympic Games in Barcelona and the FIG associated Congress over and already receding into history, we look forward to the next Olympiad. Planning for the Olympiad is almost complete with the extensive consultation leading up to our current Development Plan and the specific Open forum on our elite development and High Performance Centres.

The Australian Sports commission will carry out its major evaluation of our sport early in the new year, which will lead to a four year agreement. This four year agreement as opposed to the previous one year agreements is most important as it guarantees our ability to deliver the programmes to achieve our objectives through to 1996. There will be annual review with a mid term review after the 1994 Commonwealth Games.

Our key benchmarks at the elite level are the Pacific Alliance Championships, the Commonwealth

Games and the team World Championships culminating in the 1995 World Championships in Japan to qualify for the 1996 Atlanta Olympic Games obviously other major international events and Individual World championships are important along the way, both for the gymnasts development and international exposure, but it is the team events that provide the best performance indicators.

The recent, October, Pacific Alliance championships in Seoul, Korea demonstrates that we are "on course" to attain our objectives. The men, fielding our strongest team, came fourth behind KOR, CHN and JPN, but ahead of our Commonwealth rivals CAN, who we know fielded their best team. This augurs well for 1994.

The Women's team, was one that was building for the future, also came fourth behind CHN, USA and JPN. Lisa Read emerged as the new leader of our team, coming sixth in the All Around and providing a superb example to our three internationally inexperienced members.

The other factor to emerge was that the Australians achieved more apparatus medals than was expected because of their fitness level.

Before turning to other matters, each Olympiad brings its retirements and I wish to acknowledge some fine young people. Tim Lees competed in his last competition at the recent Pacific Alliance Championships fulfilling his promise to have us field our strongest team. He will be remembered, in a competitive sense, for his 1991 Indianapolis performance in qualifying Australia for the Barcelona Olympic Games.

The three "Grandmothers" of the Women's Team have all retired, Monique Allen, Kylie Shadbolt and Michelle Telfer. These were the gymnasts that provided the basis of the team, along with Lisa Read, that took us to our pre-eminent ranking in 1991 of sixth in the World, from a creditable 16th ranking two years earlier.

Jane Warrilow has taken up a Scholarship at Utah State University.

In Rhythmic gymnastics we also saw the retirement of Gina Peluso and Stacy Wild.

The Federation's best wishes go to these and the many other gymnasts that have retired from competition. Their contribution in this last Olympiad will be remembered for its significant progress.

The elite gymnasts provide excellent role models for the thousands of gymnasts that aspire to do their

best in this most difficult of all sports. The Pied Piper Principle is well in evidence when you look at our range of programmes.

Our Development Plan on examination actually pays scant attention to our elite stream, but concentrates on our participation base which is the life blood of our Federation.

We have recognised this growing General Stream with the restructure of all three competitive disciplines to better look after this area. Along with the accelerated development of our recreation and general gymnastic programmes. These important base areas are also "on course" in a planning and activity sense.

The recent performance levels and record entries in the National Levels Championships, the MAG Junior and RSG Classic and National Clubs Competition are evidence of this. The New Zealand Gymfest in January 1993 also provides another opportunity for our General Gymnastic people to participate.

Our Federation has completed a very satisfactory Olympiad. It has completed its consultation process and planned realistically for the next four years. We now need the resolve to put into action our Development Plan.

James E. Barry

"Official Airline"

Highlights of the Pacific Alliance in Seoul, Korea.



Competition was held in the 1988 Olympic Stadium.

Competition was conducted on podium for the first time for a Pacific Alliance competition.

8 Men's teams and 7 individuals representing 10 nations.

7 Women's teams and 6 individuals representing 10 nations.

Skill highlights included:

Tamura (JPN) excellent straight body Yamawaki to immediate honma on rings

More Yurchenko vaults by the men than at the Olympic Games

New skills included a double twisting straumann on the horizontal bar

One of the Japanese did a crossways flyaway with full twist under the parallel bars

Chinese gymnast performed a double pike front 1/2 out dismount on the rings which has not been performed as well since Balabanov

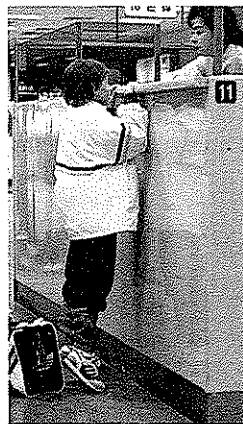
Australian and Chinese Parallel Bars demonstrated good routines in all cases

Jackie Bender (CAN) demonstrated 1 arm side planche at the beginning of her beam routine and then on the opposite arm in the middle of her beam routine

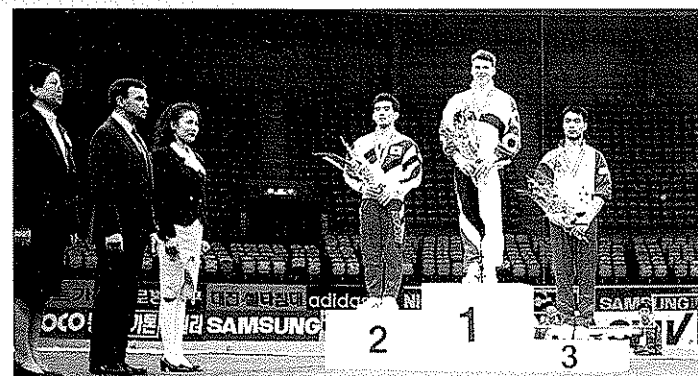
Lines of the Chinese still showed elegance and good technique

Quote from the Pacific Alliance Men's Technical Co-ordinator:

Developing nations should note that concentrating on tricks rather than technique and preparation is a short term strategy. A .3 error because of insufficient technical execution now will re-occur and limit the gymnast's future. Concentrating on tricks rather than technique builds in deductions.



6- The Australian Gymnast, Summer 1992



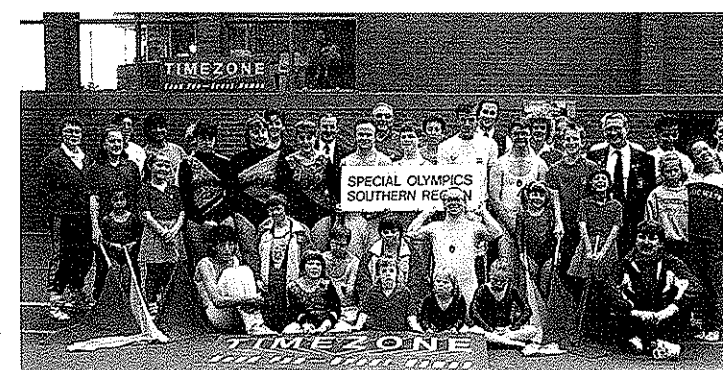
SOUTHERN REGION SPECIAL OLYMPICS 1992 'TIMEZONE' OPTIONAL CHALLENGE GYMNASTIC COMPETITION

Hosted by Southern Region Special Olympics and entirely sponsored by 'TIMEZONE' family entertainment centres, the inaugural 'TIMEZONE' Optional Challenge Gymnastic Competition was held at Endeavour Hills Leisure Centre on Sunday 11th October 1992. This 'optionals only' competition was the 1st of its kind held in Victoria. It was unique in that it provided the opportunity for Special Olympians to display the skills and movements they have individually mastered - in competition at their own ability level. In the past, the only form of competition available has been 'compulsories', but because many Special Olympians experience learning difficulties in association with their intellectual disability, compulsories remain the same for an eight year cycle. Boredom and monotony becoming the dread of coaches (and gymnasts). Hence, the zealous enthusiasm shown by all athletes at having the freedom to 'create' their own routines, and the unmistakable pride shown in all performances.

Competitors from 4 regions: Barwon, Outer Eastern, Ovens and Murray and southern were in attendance to provide competitors in all three disciplines MAG, WAG and RSG.

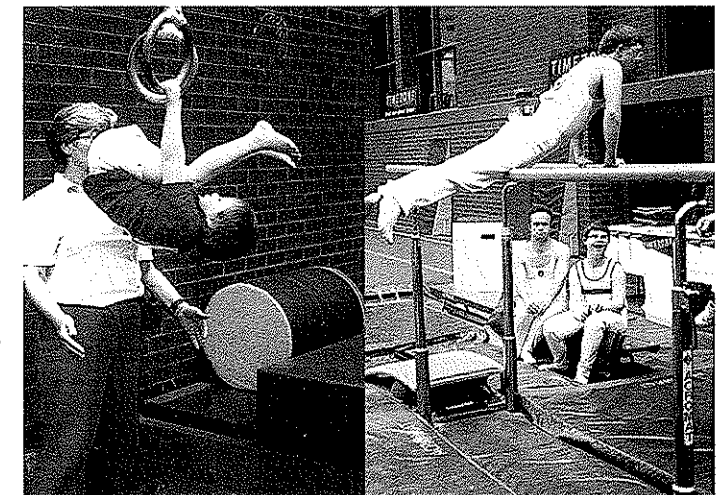
A colourful Opening Ceremony and reading of the Special Olympic oath by Kathy Forscutt (Southern) began each session.

All gymnasts performed exceptionally well with many demonstrating difficult movements, comparable to L1-3. All routines were appreciated by the crowd of friends and relatives who clapped and cheered all day. At the conclusion of the day's competition each competitor was given a show bag by Hamish Crawford ('TIMEZONE').



HIGHLIGHTS

* In conjunction with their sponsorship of the gymnastic competition, 'TIMEZONE' generously opened its Glen Waverley store to all Special Olympians on Saturday 10th October, for a fun morning of games and entertainment. 'Mad Dog McCree' had a queue waiting to kill the robbers, and



Nicholas Mellies, 3rd Rings

Daniel Borys, 3rd Parallel Bars

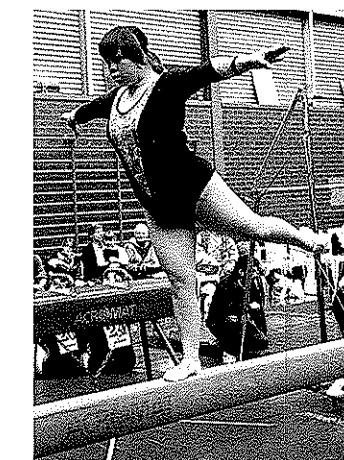
'Road Riot' was also popular enabling athletes to sit in a cockpit and try their hand at 4-wheel drive racing. the loudest cheers came from 'Air Hockey', 'Cracky Crabs' and 'Big Shot Basketball'.

* Welcome to 1st time Special Olympic competitors Tamika Simpson (Barwon), Lauren McLeish (Southern), Debra Broughton and Katrina Wellsby (Outer Eastern). It's great to see new faces.

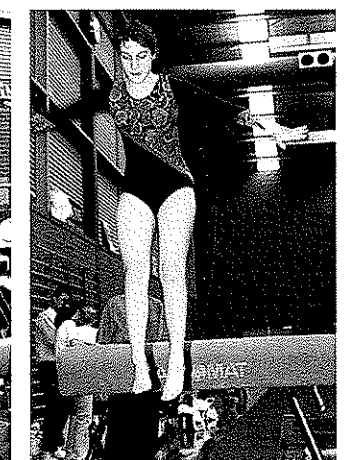
* MAG - 1A was a tightly contested competition with all 5 competitors taking a share of the apparatus ribbons. Seasoned competitors beware of the 'pint-sized' Nicholas Mellies, an up and coming gymnast from Outer Eastern region.

* Congratulations to Graham McBride (Outer Eastern) who scored over 8.50 on all six apparatus to take home six 1st place ribbons and the All-Round title.

* The first 'squat thru' vault seen in Victorian Special Olympics competition was performed by Natalie Foxall (Southern) in WAG - 1A. Her impressive vault earned her 1st place on the apparatus as well as the All-Round title.



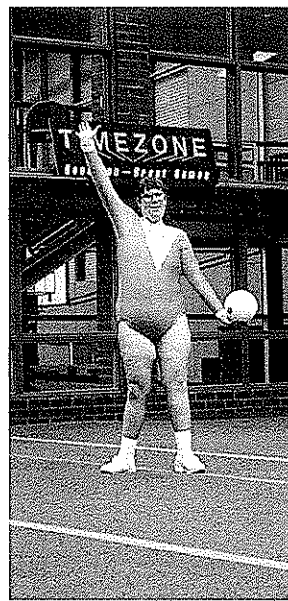
Kathryn Furmedge, 1st Beam



Heather White, 2nd Vault



Graham McBride, 1st Rings



Prue Burgess, =2nd Ball

* Impressive flexibility and extension was shown by Kathryn Furmedge and Graham McBride (both Outer Eastern gymnasts). Their front and side splits on floor held the crowd in awe.

* Congratulations to Prue Burgess (Outer Eastern), the only RSG - 1 competitor to perform routines using all 4 apparatus: rope, hoop, ball and ribbon. A worthy winner of the All-Round gold medal.

* Congratulations to all coaches for the extra time and patience put in during training to ensure a successful days competition. Not only was it satisfying to see routines of such a high standard on all apparatus, but it gave us the opportunity to remind the community that there is no limit to what an intellectually disabled athlete can achieve, provided we give them support and encouragement.

Julie O'Connell
Competition Co-ordinator
Southern Region Special Olympics

Editor's Note: Julie O'Connell (nee Harvie) was a former Australian representative (1974 World Championship team). Great to see her contribution to the sport.



Artistic Coaches: L-R: Richard Michael (Barwon Region), Margaret Parrott (Outer Eastern Region), Julie O'Connell (Southern Region), Cathy Gaiser (Barwon Region), Douglas Parrott (Outer Eastern Region).

ALL-ROUND RESULTS

MAG/WAG DEVELOPMENTAL

| | | | |
|------------------|-----|-------|-----|
| Lauren McLeish | S | 28.45 | 1st |
| Richard Nicastro | O/E | 28.25 | 2nd |
| Adrian Joyce | S | 21.80 | 3rd |
| Tamika Simpson | B | 14.25 | 4th |

MAG - 1A

| | | | |
|------------------|-----|-------|-----|
| Leo O'Sullivan | B | 46.90 | 1st |
| Trevor Dunt | B | 46.60 | 2nd |
| Bradley McCullum | O/E | 45.85 | 3rd |
| Nicholas Mellies | O/E | 45.75 | 4th |
| Daniel Borys | O/E | 44.05 | 5th |

MAG - 2

| | | | |
|----------------|-----|-------|-----|
| Graham McBride | O/E | 55.10 | 1st |
|----------------|-----|-------|-----|

WAG - 1A

| | | | |
|----------------|---|-------|-----|
| Natalie Foxall | S | 32.05 | 1st |
| Heather White | S | 31.95 | 2nd |

WAG - 1B

| | | | |
|--------------------|-----|-------|-----|
| Cassie Geflke | B | 32.90 | 1st |
| Bernadette Vermeer | O/E | 32.25 | 2nd |
| Kathy Forscutt | S | 31.10 | 3rd |

WAG - 2

| | | | |
|----------------|-----|-------|-----|
| Kathy Furmedge | O/E | 34.95 | 1st |
|----------------|-----|-------|-----|

RSG DEVELOPMENTAL

| | | | |
|-------------------|-------|-------|------|
| Julene Glassborow | S | 15.85 | 1st |
| Debra Broughton | O/E | 8.30 | =2nd |
| Dawn McNeil | O & M | 8.30 | =2nd |
| Denise Jones | O & M | 8.20 | 3rd |
| Andrea Charlett | O/E | 7.85 | 4th |
| Katrina Wellsby | O/E | 7.80 | 5th |

RSG - 1

| | | | |
|------------------|-----|-------|-----|
| Prue Burgess | O/E | 33.05 | 1st |
| Gail Walsh | S | 16.55 | 2nd |
| Kerri Campbell | O/E | 16.40 | 3rd |
| Monica Brownbill | O/E | 16.05 | 4th |

RSG - 2

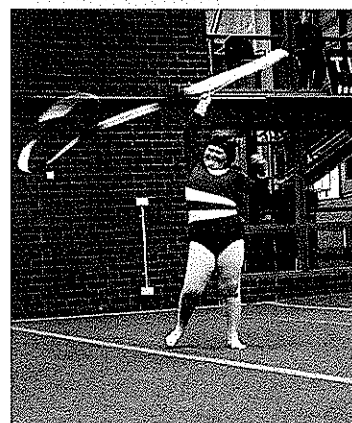
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| Marissa Turner | O/E | 33.60 | 1st |
|----------------|-----|-------|-----|



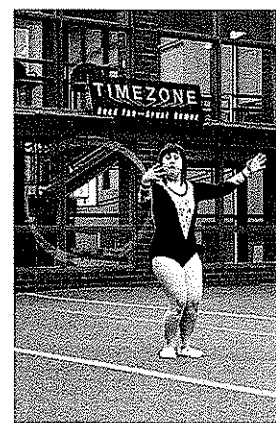
Natalie Foxall, 1st Bars



RSG-Julene Glassborow 1st, Dawn McNeil =2nd, Debra Broughton -2nd, Denise Jones 4th



Monica Brownbill, 4th Ribbon



Marissa Turner, 2nd Hoop

BUNNERONG GYMNASTICS ASSOCIATION INC



NZ - WAG SMOKEFREE SENIOR NATIONAL CHAMPIONSHIPS

Two Bunnerong Gymnastic Association Teams participated in the WAG Smokefree Senior National Championships in Napier, New Zealand recently and the results are as follows:

Level 10

| | |
|--------------------|---|
| Overall Team | GOLD MEDAL - BUNNERONG |
| Individual Overall | SILVER MEDAL - MALI MORRIS |
| Apparatus Awards | GOLD MEDAL on Beam and Floor to MALI MORRIS MEDAL on Bars to KRISTINA KYPREOS BRONZE MEDAL on Floor to KRISTINA KYPREOS |

Level 8

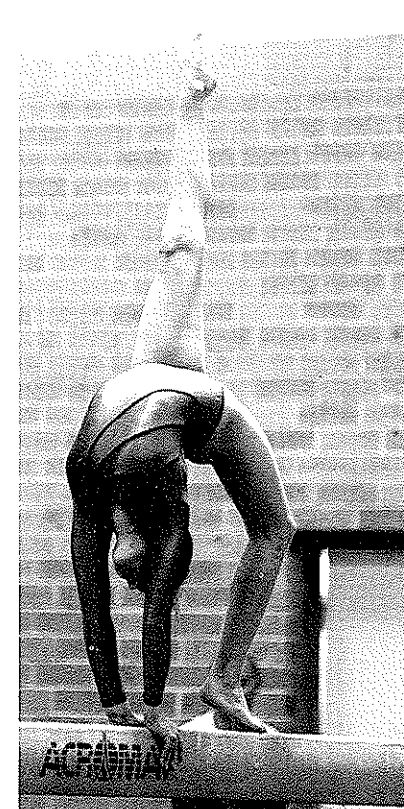
There were no medals for this composite team of Rachael Patterson (L8) Belinda Vine (L8) Lauren Duff (L7) and Ursula Hirsch (L7). Whilst they were inexperienced each had one good competition. Rachael scored 8.900 on Day 1 and 9.033 on Day 2 on the Floor only to narrowly miss a Bronze Medal for this apparatus.

The Level 8 Team on Vault experienced a variation to our rules which proved interesting in that on Day 1 they were allowed to only perform a handspring vault whilst on Day 2 they were only allowed to perform their optional vault.

Mr. Xu who acted as team coach for both levels did an excellent job and was awarded a Team Coach Medal for the Level 10 results. The Judges, Julia Masterton and Ruth Colagiuri were very well accepted and performed their tasks admirably.

Ruth judged Level 8 and 10 and STC International Optionals whilst Julia judged Level 8 and 9. They found their experience quite positive and an informative venture.

Everyone was billeted by New Zealand families who proved to be very hospitable and friendly. Several of the gymnasts stayed on farms and one of the sheep on one farm produced two lambs which were duly named "Shelley and Christie". The gymnasts had such a happy time that some were reluctant to return home.



Mali Morris

The New Zealand Teams to compete in our WAG National Championships for Level 8 - 10 were selected at this competition and happily some of our billets will be in Gunnedah.

Kim Morris



Lauren Duff

GEMINI SCHOOL OF GYMNASTICS

August 27, 1992

To Whom it May Concern:

This year, Gemini School of Gymnastics will be hosting our 7th Annual International competition. We are located in the United States in the State of Florida. currently, we are in the process of trying to receive mailing lists to gymnastic schools in your country so that we may extend an invitation to them for our competition.

The competition will be held on the first weekend in February, (February 5, 6, 7, 1993). We hope that you can FAX us these gym addresses as soon as possible so we can complete our mailing.

Our FAX number is (813) 855-6182 or you can mail the addresses to the address below:

Gemini School of Gymnastics
401 E. Douglas Road
Oldsmar, Florida, USA, 34677
Attn: Jill Shinneman

We sincerely appreciate any help you can give us !!!

Sincerely,
Jill Shinneman

Highlights WAG National Levels

Melanie Bray (NSW) has competed in all the National Levels Championships since their inception in 1987.

Julie Anne Keane (SA) level 9 - Fantastic floor routine with a LAYOUT TRIPLE TWIST and double back.

Hollie Biltot (WA) first place on Level 8 bars with a great routine and Miss Personality on floor.

Three (3) handspring front vaults over 9.5

Anya Lam (NSW)

Julie Anne Keane (SA)

Nicole Downes (NSW)

Kirsten Haggart (NSW) on beam with a change leg leap quarter turn.

Hollie Biltot (WA) and Mardi Watson (QLD) both presented artistic and entertaining floor routines.

Megan Tillett (SA) Level 9 change leg leap series very good.

Anya Lam (NSW) straddle jump quarter turn.

GENERAL

Five Star service to the judges by the Gunnedah support team.

Courteous and delightful runners were a pleasure with whom to work.

Attention to detail of the whole competition:

Flowers, protocol

Cleanliness and presentation of the gym (even the beams were vacuumed between sessions)

Scoring

Public Facilities.

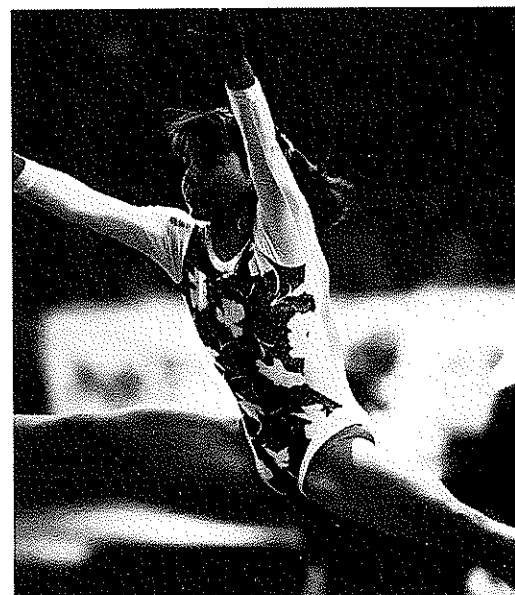
TWO MAJOR HIGHLIGHTS

Emerging judges and coaches in the General Stream who have come through the Levels program as gymnasts.

The respect that the Gunnedah Gym club has in their facility, community and presentation.



Left: Kerry Nichols, WA.
Right: Hollie Biltot, W.A.



Photographs courtesy Ross Gould

Comments by Peter Dowdell, Coach Queensland Team

Competition Organisation/Conduct

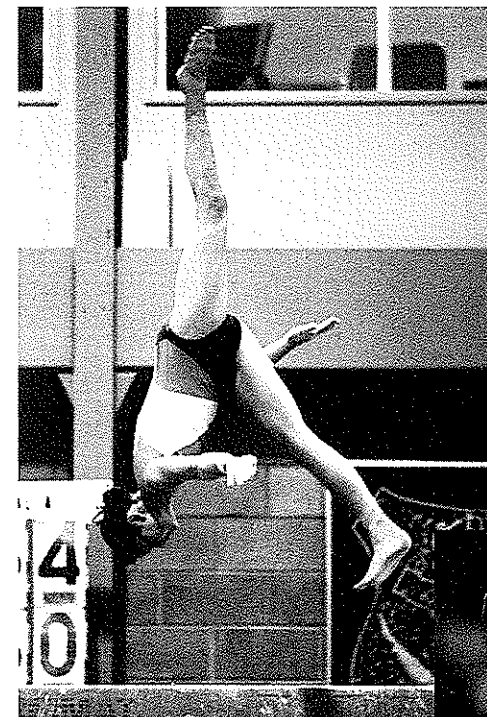
This 6th National Levels Championships, hosted by the community of Gunnedah under the direction of Mr Kevin Maunder, will not only be warmly remembered as the last of the WAG National Levels events but possibly the friendliest and most efficiently conducted of all National Levels Championships. Nothing but praise can be showered on Kevin and his committed team of workers for the way all facets of the program were conducted. Liaison and hospitality, training, competition, meetings and functions were administered with a business-like efficiency that can only be admired; an efficiency that was marked by an uncommon warmth and hospitality that characterises a small country town. The venue - "The Lyle and Griffiths Centre" deserves special mention as it epitomises the very nature and quality of this National Championships. The venue with tiered seating for 500 persons created an intense and exciting competition experience for all those participating.

Competition - General Comment

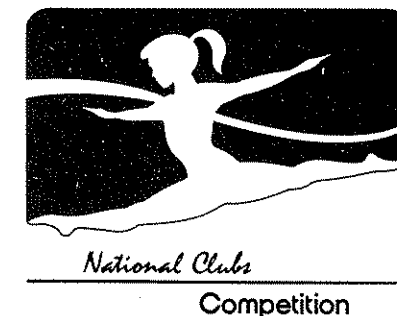
Some general observations are warranted:

The noticeable improvement in performance density throughout all States, in particular S.A., A.C.T., and W.A.

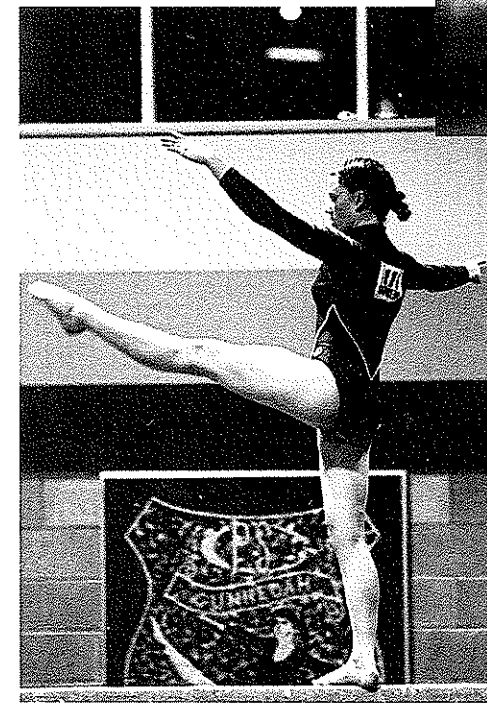
The Level 9 Competition was stronger than the Level 10, with only Nicole Downes scoring above 71.00 points A.A. The compulsory up-grading rule will ensure continued depth and quality in Level 10 in future years.



Anya Lam, NSW

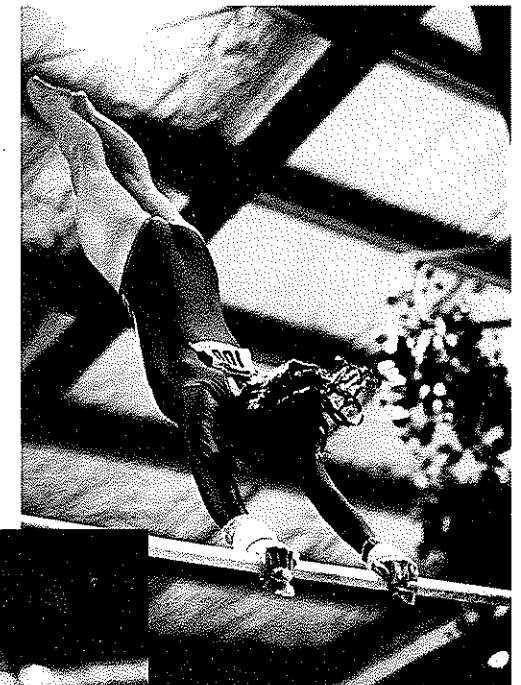


Linda Harradine, SA

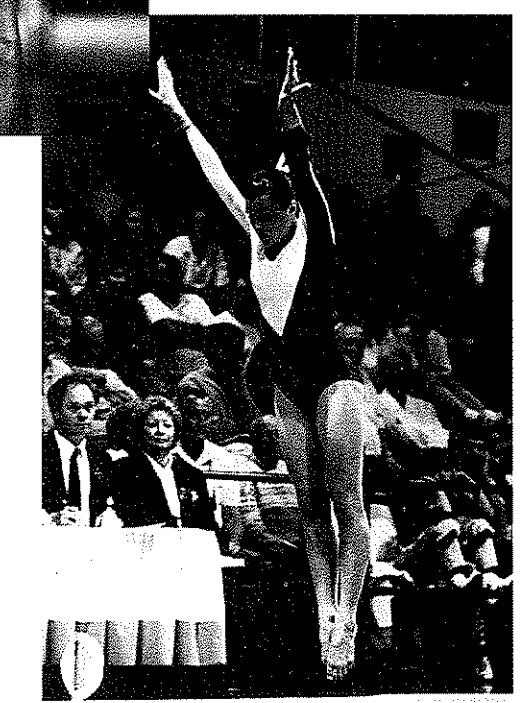


Rebecca O'Laughlin, Vic

Photographs courtesy Ross Gould



Donna Nunan, ACT



Janine Ross, Vic



Top L: Nicole O'Brien, Vic; Middle: Trisha Butler, Qld; R: Kirsten Haggart, NSW.
Centre: L: Hollie Bevans, Vic; Middle: Nicole Downes & Level 10 Team; R: Kristina Kypreos, W.A.
Bottom: Mardi Watson, Qld; Middle: Mere George, W.A., R: Hayleigh Bryant, NZL.

EXTENT OF INJURIES IN GYMNASTICS

Gregory Kolt

Gregory Kolt is a lecturer in Physiotherapy at La Trobe University, Melbourne, Australia, and operates a private practice, the "Masada Physiotherapy Centre" in Melbourne. His involvement in gymnastics has been as a competitor, coach, judge and Physiotherapist, and has carried out extensive research in the area of gymnastic injury. This is the third in a series of articles dealing with safety and the prevention of injuries in gymnastics.

It is the purpose of this month's article to make the coach aware of the extent of injuries in gymnastics. This will be discussed in terms of the number of injuries that occur, comparison of competitive and noncompetitive gymnastics, the apparatus on which most injuries occur, type of injury, and the body site on which injuries are most likely to be incurred.

Gymnastics is a sport that has recently undergone a period of rapid growth and development with consequential increases in participation. There has also been a trend towards earlier participation in gymnastics, as well as an increased level of training at this earlier age. It has been suggested that this may result in an accompanying increase in the risk of injury. It is interesting to note that as recent Commonwealth Government report showed that sports injuries in Australia cost an estimated \$1 billion in 1990. This figure does not take into account gymnastic injuries but certainly is an indication of injury levels in all sports.

Injury Rates - Competitive versus Noncompetitive Gymnasts.

There have been a number of studies carried out looking at the extent of gymnastic injuries. However, most of these studies are based on American and Canadian gymnasts. The first interesting finding is that the risk of gymnastic injury appears to be proportional to the level of skill of the gymnast. One investigation that looked at private clubs in the US found that for competitive gymnasts 73 injuries were sustained per 100 participants over a 10 month period. This differed greatly from the noncompetitive gymnasts who sustained approximately 4 injuries per 100 participants. These figures have also been confirmed by other studies looking at competitive gymnasts in the US. A study on Canadian elite female gymnasts reported even higher rates suggesting that 83% of the gymnasts sustained at least one injury in the two years of the study. This figure must be considered in light of the fact that these gymnasts were competing at the highest level of competition. The differences in rates between competitive and noncompetitive gymnasts could be explained in

terms of the increased training time as the gymnast develops. Consequently, the exposure time increases, and with it the risk of injury.

Recent research on Australian gymnastic injuries carried out by myself suggested that 84% of competitive gymnasts incurred an injury in the past two years. This figure is based on those gymnasts who have competed at a State Championship level or above. Coaches should view this figure carefully and ascertain if their club injury rate falls above or below this average.

Gymnastic Events. From the many studies performed it can be seen that the majority of gymnastic injuries for females occur on the floor exercise. Beam and uneven bars are the second in frequency in injury, resulting in similar numbers of

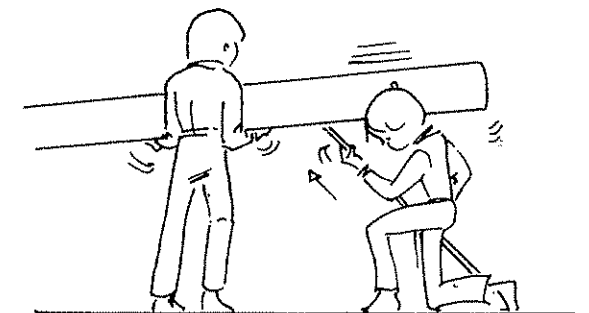


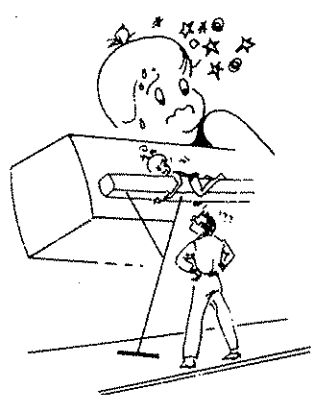
Fig. 7.10 Two adults are required to adjust the beam height.

injuries. Vault has been consistently reported as the event with the fewest number of injuries. Because the vault takes only seconds to complete, the short duration of time actually spent on the apparatus may be responsible for the lower injury rate.

Very few studies have been carried out on male gymnasts. On study that was reported, the floor, horizontal bar and parallel bars were the events on which most injuries occurred.

Anatomical Location of Injuries. Having established in which events injuries occur more frequently, the next consideration in reviewing this area is to examine the anatomical locations of these injuries. There is general agreement in the literature that the site most frequently injured is the

leg, accounting for 50% to 67% of all reported gymnastic injuries. Injuries to the arm account for between 25% and 31% of all injuries, and the trunk and spine account for a further 12% to 19%.



Most of the studies have shown that the ankle is the most commonly injured body site in gymnastics, followed by the knee and back. Other common sites of gymnastics injuries include the wrist and shoulder.

Type of Injury.

When examined according to the type of injury, the distribution of gymnastic injuries does not appear to be grossly

different from that of other sports. Sprains (damage to ligaments) and strains (damage to muscle) have been reported to account for up to 58% of total gymnastic injuries. Fractures and dislocations accounted for between 5% to 12% of all injuries.

This information has been provided for coaches, gymnasts and parents to make them aware of the extent of injury in gymnastics. It is not designed to shock the reader, but to encourage individuals to assess their program, in terms of these average figures, and to continually think about, and act on, safe practise in gymnastics. Despite the fact that some gymnastics injuries are unavoidable the coach is urged to identify possible sources of injury in their programs, and modify those practises accordingly.

For those requiring further information on this area, or other information pertaining to gymnastic injuries and physiotherapy, please feel free to contact me.

1992 U.S.G.F. CONGRESS

Report and recommendations of the National Coaching Director.

The NCD attended the 1992 Congress at Anaheim, California, meeting with coaches and USGF personnel to discuss coaching and safety issues. Three formal courses in safety and coaching education were completed, and a presentation on Australian coaching education was given.

The priority for the visit was to gather information and an appreciation for issues and responses to safety in gymnastics. The following are my recommendations.

SAFETY CERTIFICATION

We should develop a program which aims to raise awareness and influence attitudes to safety, and to provide a framework or foundation upon which to develop an understanding for and appreciation of the safety issues and risks involved in the sport. It should not seek to teach coaching principles or to produce coaches.

The program should be directed at judges as well as coaches. It should be implemented over a four year period linked to the updating process, so that it becomes mandatory for all accredited coaches. It should be a prerequisite for Level 2 accreditation.

We should aim to develop a course which can be presented, with an assessment, within a three hour time frame. It must meet the need for coaches to be able to "think on their feet", not just recite rules from a book.

In the light of the US experience, we must continue to act proactively wherever possible to:

- protect responsible coaches from spurious attack

- ensure safe practice guidelines are promulgated, sanctioned, understood and observed.
- head off a possible US style litigation explosion in Australia

We must assist and support moves to:

- limit liability payments to realistic levels
- restrict advertising by legal firms
- prevent commission style payments - it creates an avaricious public with no conscience

The Australian and New Zealand Sports Law Association Inc. has been established to deal with legal issues in sport. We should liaise with this body in the development of any AGF initiatives and give it our support, including the possibility of membership of the Association.

Specifically, we should

1. proceed with the development of an Australian stand-alone certification program
2. aim to raise awareness and promote appropriate attitudes, NOT address coaching issues
3. prepare an Australian text to support the awareness course; it should be user friendly in content and format - as simple as it can be without compromising its objectives
4. ensure the course and examination processes conform to adult learning principles, and involve problem solving activities.

5. incorporate a positive strategy for enlisting the support of experienced coaches who may otherwise feel threatened or scorned by the introduction of new programs (refer USGF grand parenting option).
6. enlist the support of appropriate outside agencies ie. legal counsel with expertise in sport, and the Australian Coaching Council.
7. continue AGF initiatives to use every appropriate opportunity to raise the awareness of, and keep up to date, all coaches and officials in relation to safety and legal issues.
8. a preliminary awareness program may precede the completion of the formal program which will take some time to develop.

U.S.G.F. COACHES EDUCATION

Recommendations

Maintain a relatively low threshold of expertise and involvement required of candidates to obtain the minimum Level of accreditation in gymnastics in Australia.

Develop our accreditation and updating structure so that accreditation is seen as a process of gradual acquisition of separate stages or components which simultaneously fulfil updating requirements.

Home study and course presentation by video offer a number of benefits. Greater use of these options is recommended.

Maintain a commitment in all courses to:

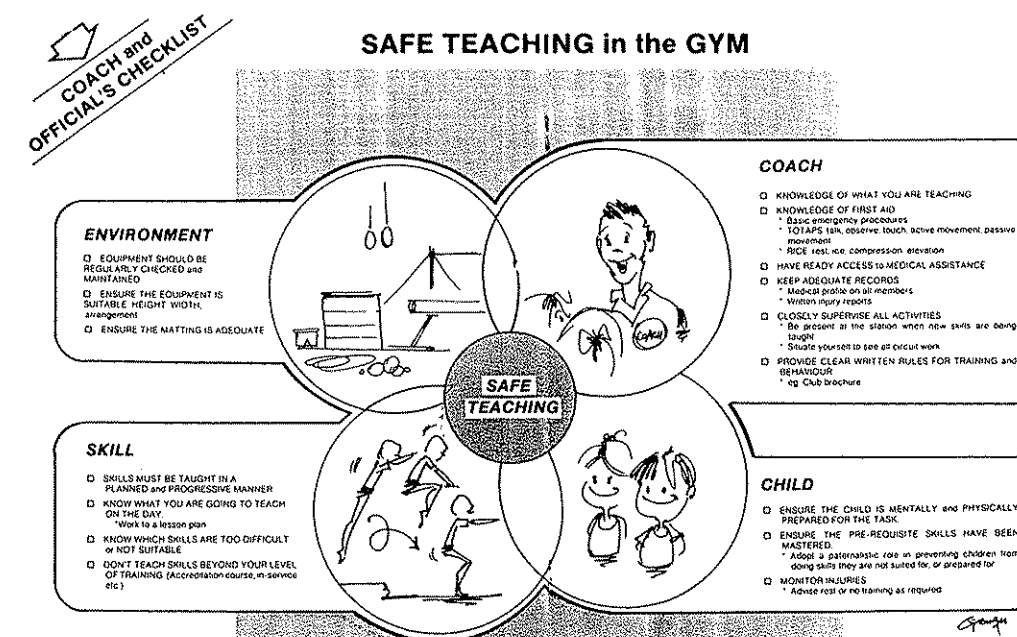
- foster maximum participant interaction
- foster creative thinking and problem solving approaches to adult learning
- provide a significant practical, hands-on experience for the learning coach

- emphasise the importance of, and teach coaches how to progressively develop physical preparation and skill
- validate the practical performance of candidates.

We should:

1. revise the requirements for level 2 accreditation taking into account the increased requirements to be an effective coach working at the intermediate level of competitive gymnastics.
2. identify and modularise the separate components of Level 2 accreditation.
3. identify those requirements, if any, which are unique to each discipline and offer them separately.
4. **not** attempt to structure the accreditation process as a "one-stop shopping" exercise, but rather specify the component parts, and engender an expectation that coaches will work through them over a period of time.
5. work co-operatively with the Australian Coaching Council to develop an interactive General Principles video package to form a part of the accreditation process.
6. develop the resources to make greater use of video as a teaching aid in the delivery of coaching courses.
7. maximise the gymnastics specific theory and practical nature of clinic time.
8. reduce the face to face clinic time required as much as possible (for non gymnastics specific content), taking advantage of alternative technologies, other agencies and home study where such alternatives exist.

These alternatives must be supported by rigorous assessment to ensure the achievement of instructional objectives and quality control.



Gymnastic Tidbits



Jim Barry re-elected **PRESIDENT** of the Pacific Alliance of National Gymnastic Federations at the Annual General Meeting in Seoul, Korea in October 1992.



Kym Dowdell elected as the Women's Technical Co-ordinator for the PANGF.

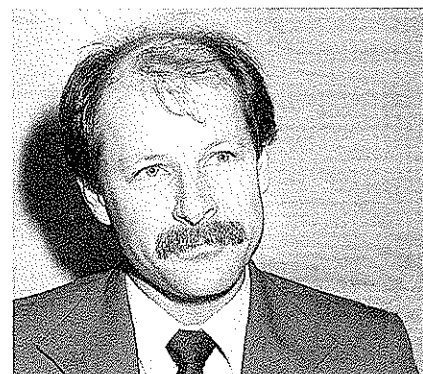
VGA WAG Service Awards:

The Women's Artistic discipline at their inaugural dinner dance awarded the first service awards. These were presented to:

Bev Sampieri (nee Batton)
Jan Pyke (nee Bedford)
Deanna Bird



Congratulations are extended to **Kym Dowdell** for her appointment to the Australian Coaching Council for a two year term.



National Coaching director, **Peter Sharpe**, attended the USGF Coaches Congress and gave a presentation. Also he attended the Safety Certification Course. Although very conscious of safety and litigation, the USGF has never had a national coaches education system and listened with envy to the presentation that our National Coaching Director gave.



WAG Judges International Course

— 115 candidates attended the WAG Judges Course in Mulhouse, France.

Congratulations are extended to the Australian candidates who finished with the following results:

Kym Dowdell — 2nd
Anne Bigham — 3rd
Lieve de Pestel — 4th
Danica Mladenovic — 10th

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What Others Think.... Olympic Games

Extract from "The International Gymnast"

Compulsories

The Australians, eighth, looked fit and has some new faces in Jane Warrilow and Brooke Gysen (neither was at Indy). Lisa Read and veteran Monique Allen were the top two for coach Ju Ping's revived team, which continued to solidify its place among the top 10 in the world.

Optionals

Coming into the optionals an eyelash behind Hungary, Australia could have claimed sixth place with better efforts on beam and floor. Competing without top talent Joanna Hughes (injured), the Australians brought a slightly different team than what had surprised so many at Indianapolis. Still, the Aussies were impressive for the quality of their work, and seventh was a strong finish. Watch for Australia to make further improvement during the next quadrennium.

Extract from the British magazine, "The Gymnast"

Australia, third group, were superb, their exercises well designed and well executed.

The Australian Brennon Dowrick was on excellent form, his was the best seated cross on rings at the Games.

Editor: Brooke Gysen was reserve in Indy.



1994 WORLD CHAMPIONSHIP REPORT FROM THE CHIEF EXECUTIVE

Organisation of the World Championships is continuing to proceed satisfactorily with 1994 Company Board Meetings every two months. All critical elements and their key dates on our planning schedule are being met, whilst interest in domestic sponsorship remains high.

In order for the Federation's Board to be better informed we held our October Board Meeting in Brisbane and took the opportunity for the members to have an inspection tour of the Brisbane Entertainment Centre. The venue is fantastic and so it should be, as it was purpose planned for gymnastics for the 1992 Olympic Bid by Brisbane. This will be the first time that the venue is used in its intended role.

Following the Brisbane Entertainment Centre inspection the Federation's Board Members met with the 1994 Company Board Members and other dignitaries

associated with the event. This gave all parties the opportunity to exchange view and to get to know each other.

As far as our gymnastic community is concerned the major information surge will coincide with our Technical Membership mailings in November. Simultaneously, information will be provided to all State Associations. Included in this information will be:-

- * Ticket Brochure - providing the opportunity for our membership to purchase preferential season tickets to the best seats in the house. The established policy is that there are no free seats and they are great value.
- * Merchandise Brochure - continuing on the Federation's merchandise initiatives, but this time featuring exclusive 1994 World Championship products.
- * Volunteers Application Form- we require a large number of competent volunteers and we intend canvassing Australia wide to provide this once in a life time opportunity to participate in this exciting event.

The television production of the host signal has been awarded to ABC Television, which is particularly pleasing in that Australian viewers will have uninterrupted viewing of this major event. ABC TV have subsequently decided to promote the event with lead up segments, which is exciting as it provides our sport with more domestic exposure over a larger period of time.

It is of interest, extracted from an Olympic Games TV Summary, that 91% of people watch gymnastics. This figure was only topped by Swimming.

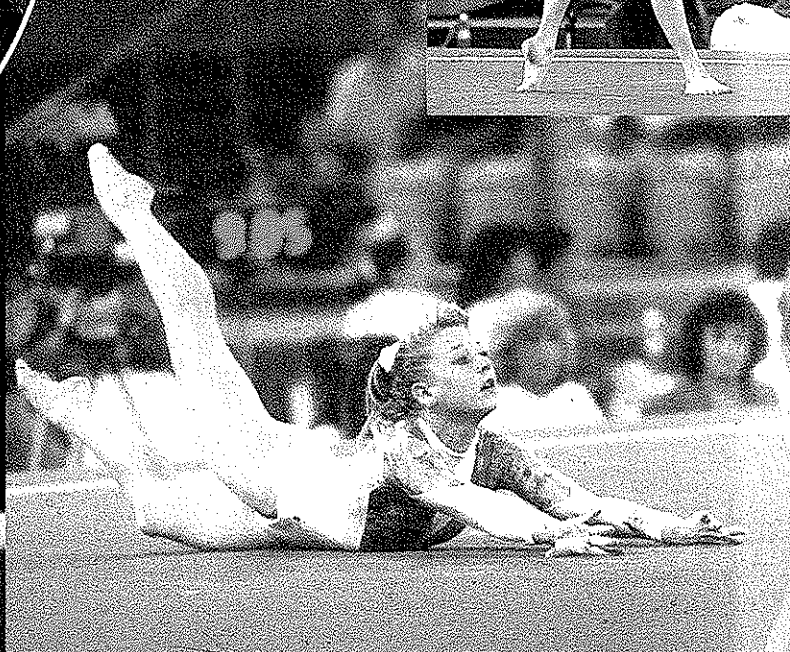
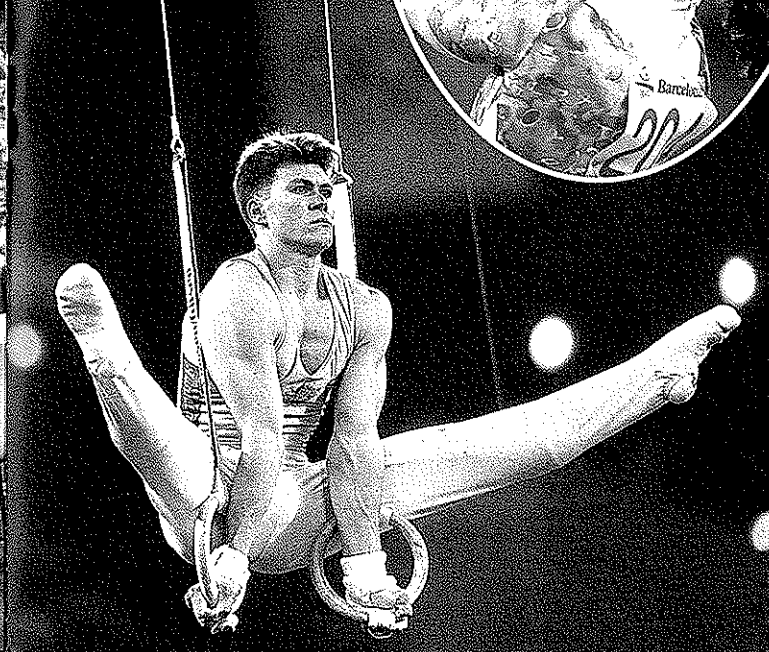
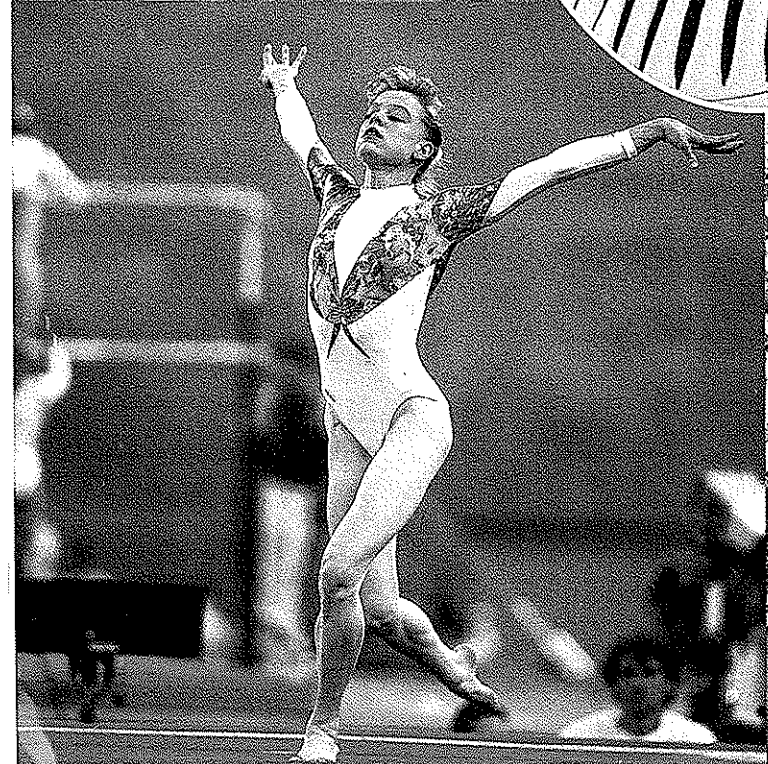
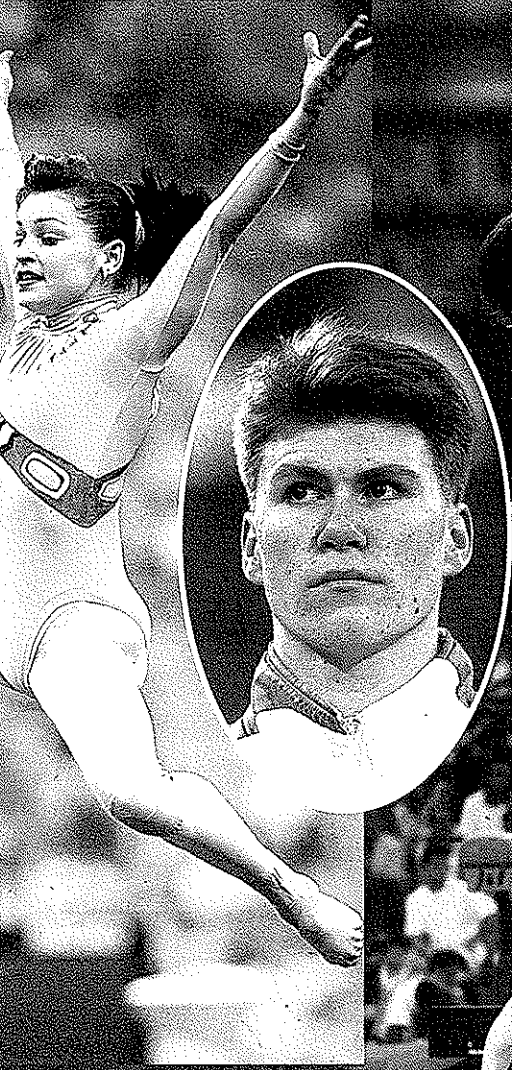
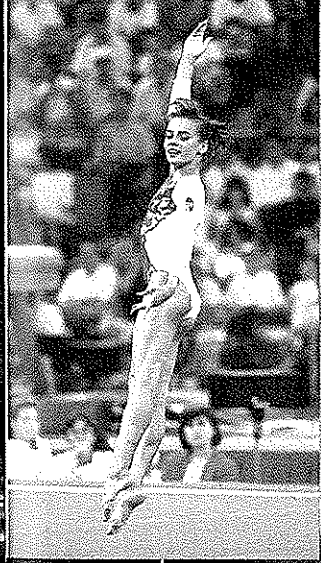
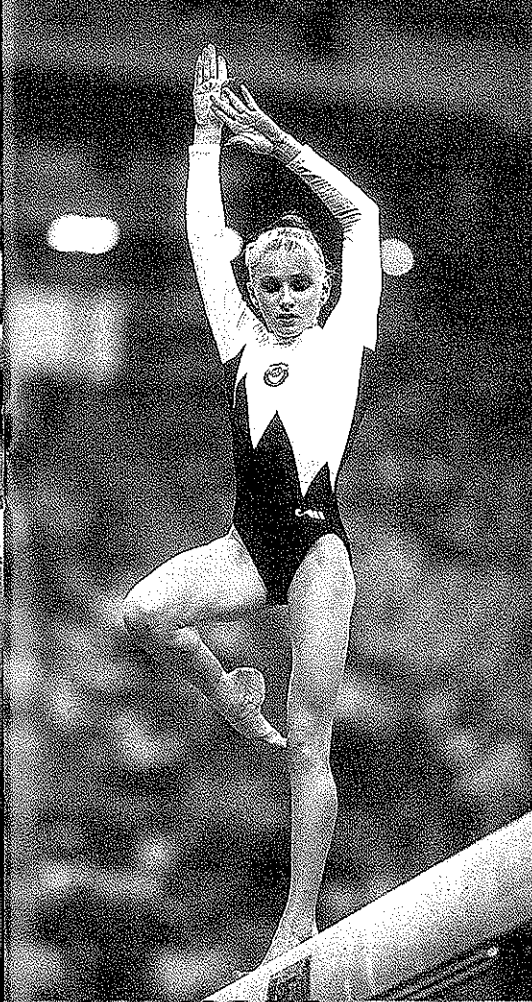
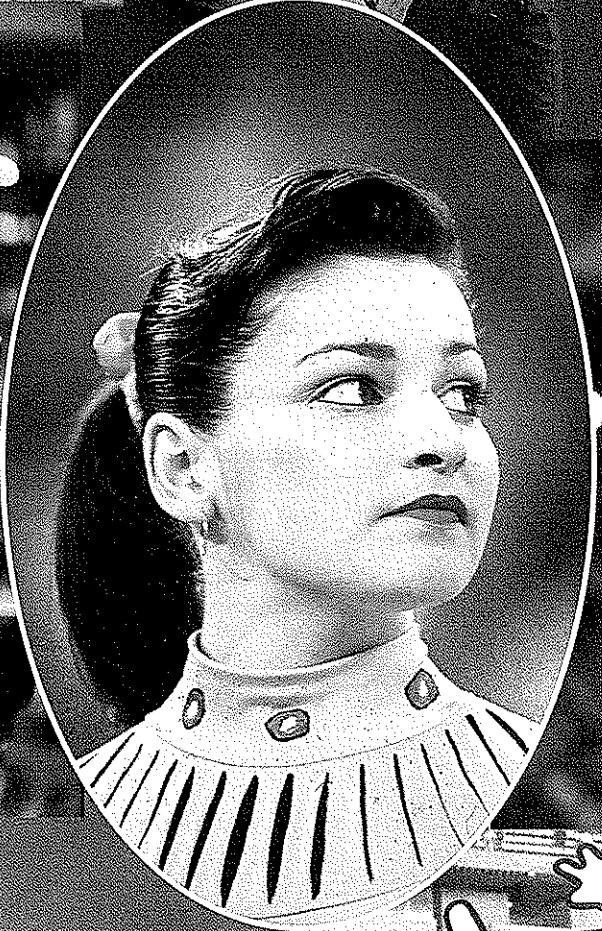
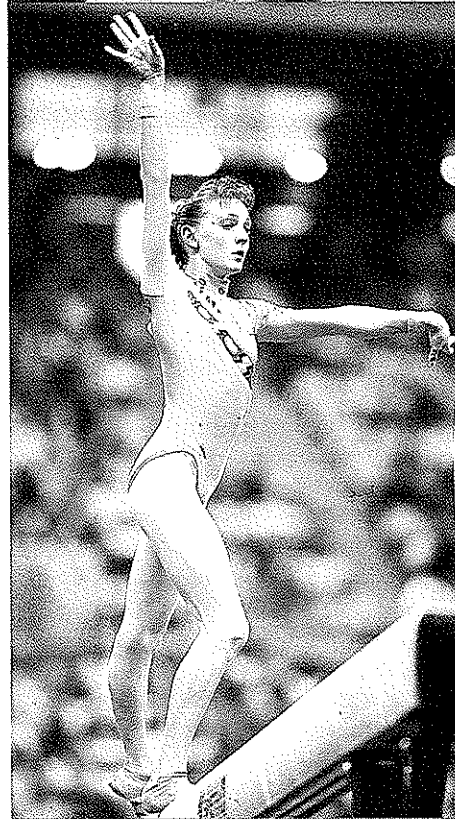
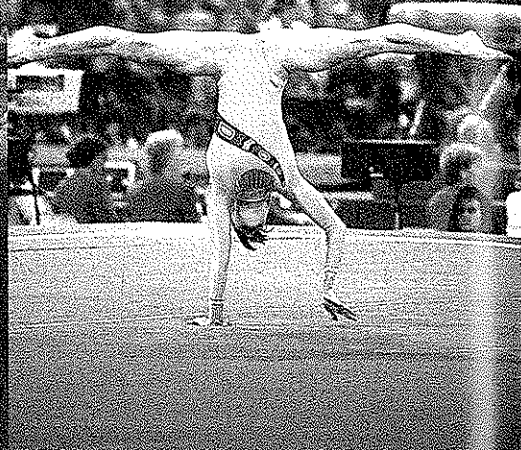
There is no doubt about the popularity of our sport, however we must be prepared to capitalise on it. The Federation's Club development package is about to be released to assist in the development of existing clubs and the formation of new clubs.

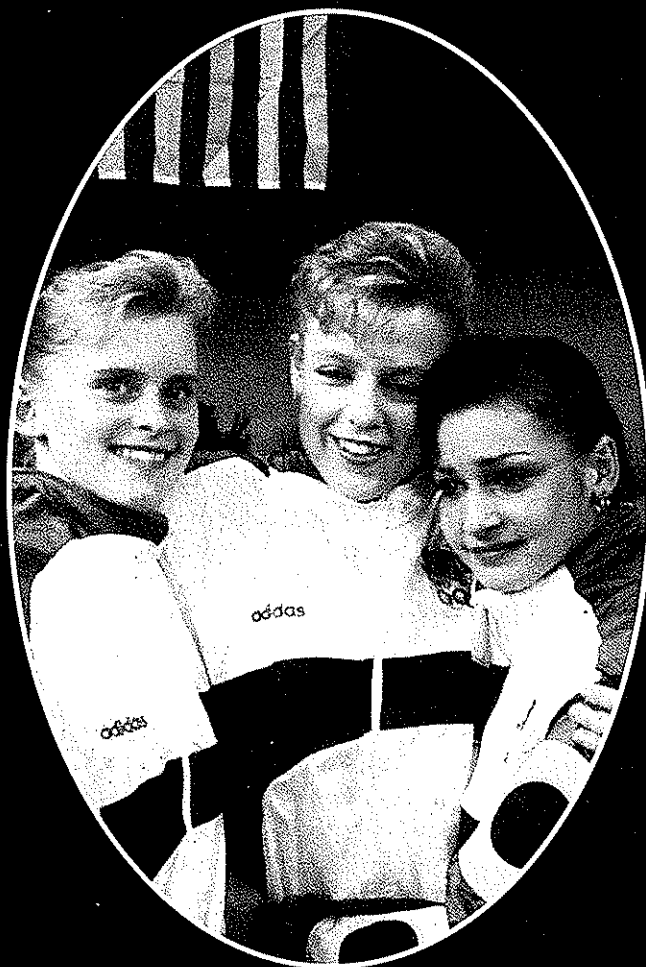
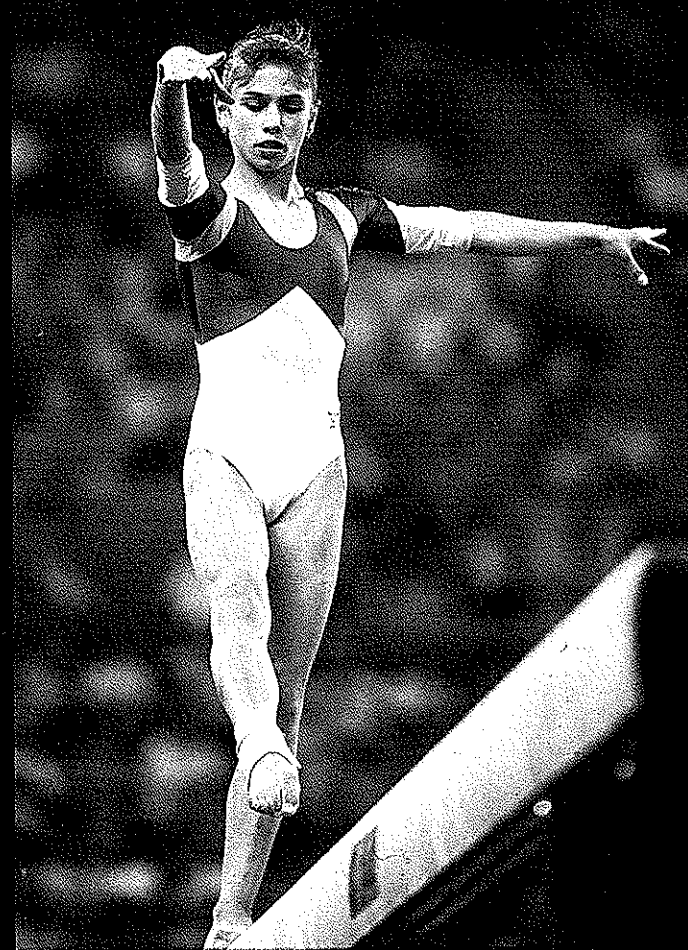
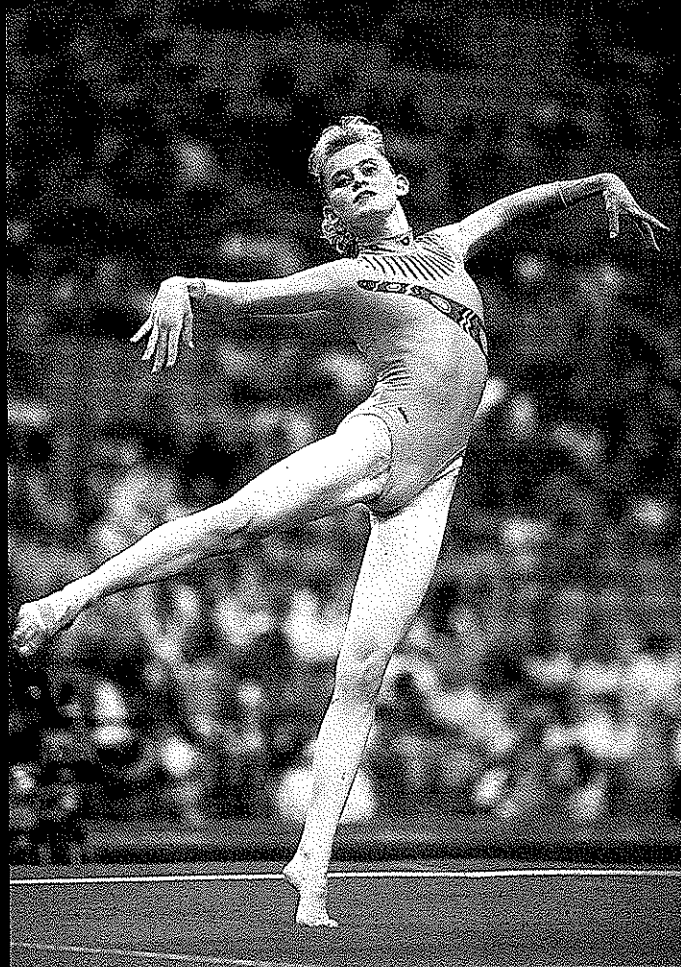
There will be a further explosion of interest in gymnastics once the general public appreciate that we are hosting the fourth World Championships outside Europe in over 100 years and for the first time in the Southern Hemisphere.

This is a unique opportunity for all of us.

JIM BARRY
CHIEF EXECUTIVE

Olympic Games Highlights





Travelodge

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The following article is reprinted from "Gymnastic Coach" Nov/Dec 1987.

It has been the most frequently requested article from previous issues of "Gymnastic Coach", which ceased production in 1990.

We will endeavour to include a selection of other relevant or topical articles in coming issues of "The Australian Gymnast"

INJURY PREVENTION PROGRAM

by Warwick Forbes and John Curtin

The following useful program of exercises has been compiled by Institute coaches Warwick Forbes and John Curtin in conjunction with AIS sports medical personnel.

WHO IS THE PROGRAM FOR?

The program is for competitive gymnasts training three or more times per week. Coaches in other less demanding programs and even in other sports may wish to use some of these exercises.

WHAT DO THESE EXERCISES DO?

Most physical conditioning is directed to the 'prime movers', the large muscle groups that are involved in executing gymnastic skills. Working in the background are smaller groups of muscles which act to stabilize the body and absorb forces. The 'stabilizers' play a very important role in injury prevention and rehabilitation.

WHEN ARE THESE EXERCISES PERFORMED?

At any time! The Institute gymnasts integrate the exercises below into their training schedule, performing the exercises while they are waiting for a turn at the apparatus. The exercises are also performed at other convenient times, before and/or after training.

PREVENTION vs REHABILITATION

Many of these exercises are prescribed for the rehabilitation of injury. The philosophy behind this program is treat training as a way to PREVENT injury.

DOES THE PROGRAM INVOLVE LIFTING WEIGHTS?

Yes. Light weights, typically 1 to 2 kg are used. Heavier weights would invoke the larger muscle groups to act, thus overriding the benefit of the exercises. Remember the aim is to zero-in on specific muscle joints. Some exercises are performed as isometric exercises with a partner or against an immovable surface.

WHICH BODY AREAS DOES THE PROGRAM WORK?

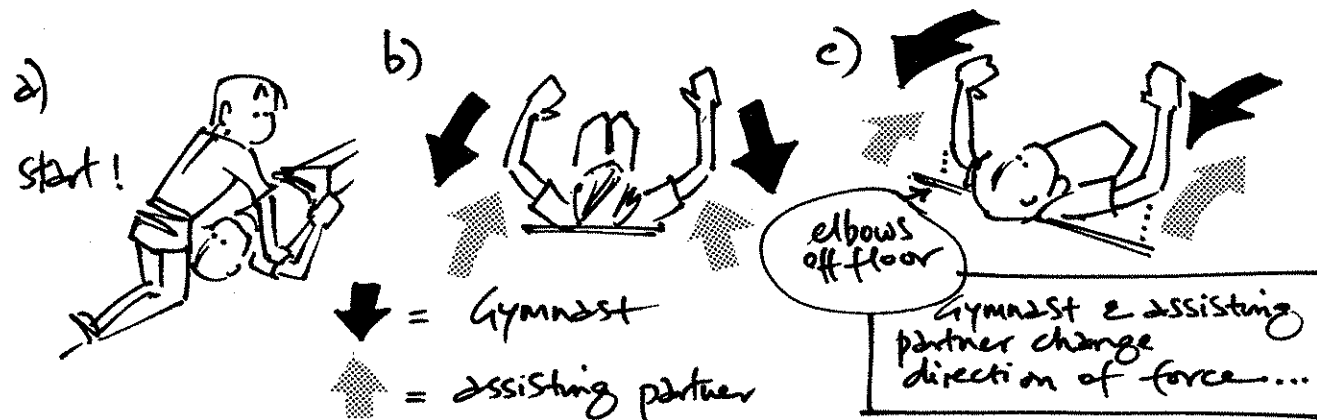
- * Shoulders
- * Wrists
- * Knees
- * Elbows
- * Lower back/middle back
- * Ankles

THE PROGRAM

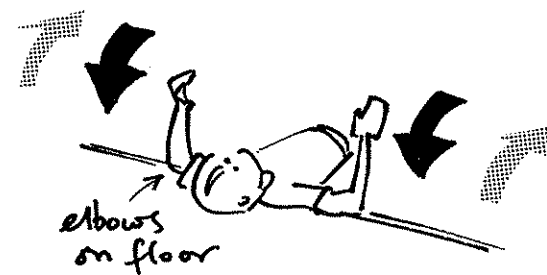
Shoulders. Stabilize the rotator cuff area. The aim is to prevent any unnecessary movement of the humerus/scapular, and therefore enable the shoulder to withstand more stress through a greater range of motion.

PARTNER EXERCISES

1. **Rotator cuff isometrics.** Perform with a partner. Hold each for 10 sec. Repeat 2X.

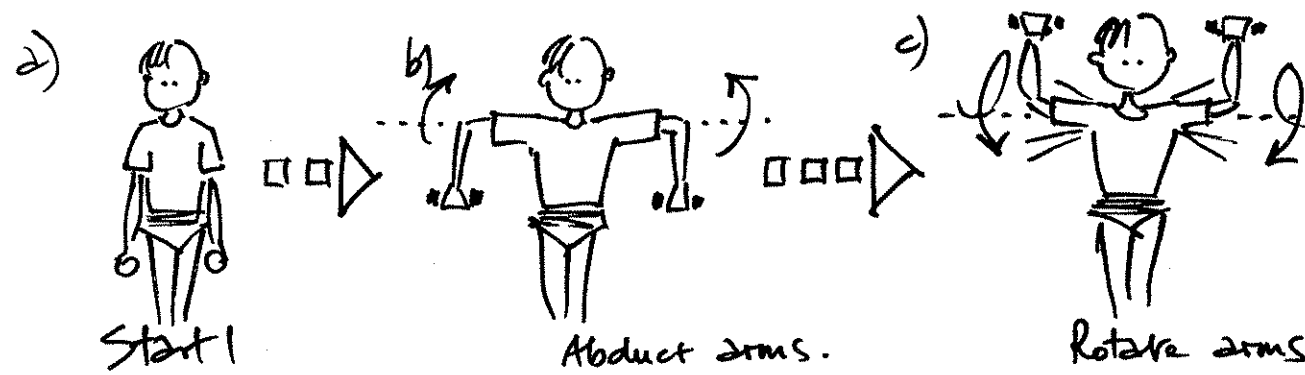


2. **Internal external rotations.** 2X10 sec. Also perform with small weights. Useful in preventing supraspinatus impingement.

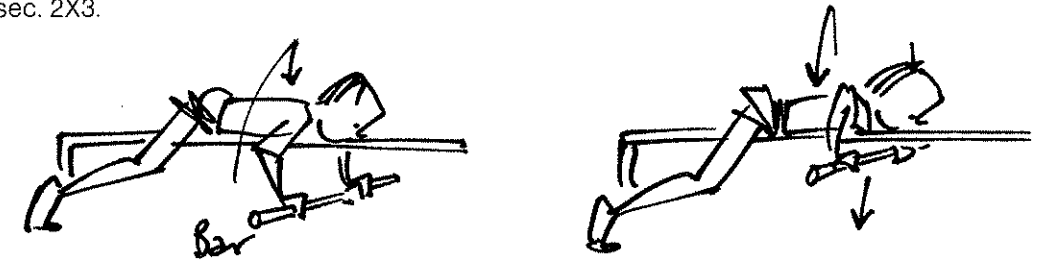


EXERCISES WITH WEIGHTS

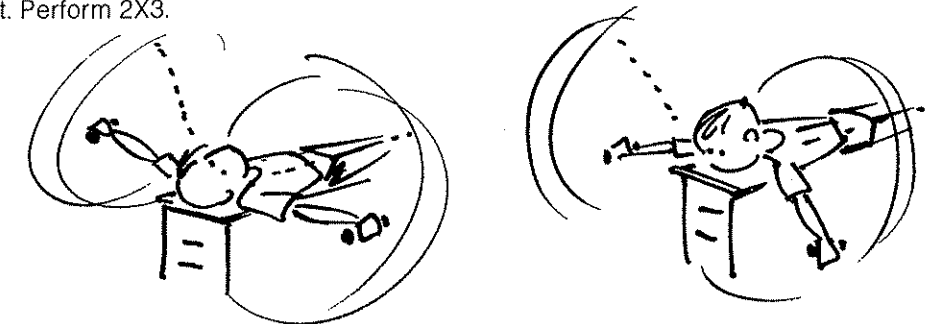
3. **Abduction and rotation.** Lift to side and rotate shoulder using lights. Perform 2X5.



4. **Rhomboid pullups.** A bar is pulled up as shown and held for 10 sec. 2X3.



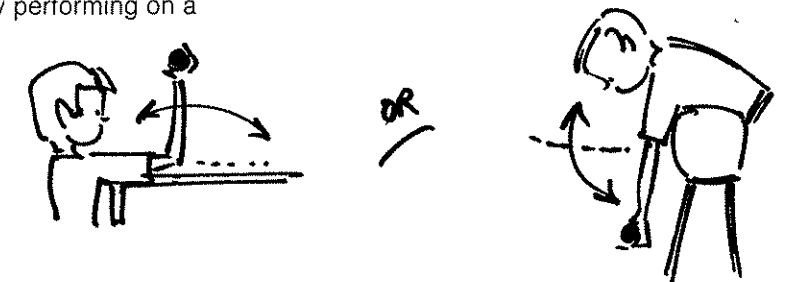
5. **Arm circling.** Circumductions either in standing position or lying on a box. The arms are circled through the full range of movement. Perform 2X3.



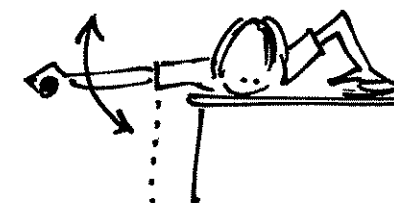
Elbows. Strengthening of the muscles and elbow joint connective tissues will provide greater stability and help to prevent repetitive overuse injuries. An important consideration is to ensure a balanced development of the biceps and triceps.

EXERCISES WITH WEIGHTS

1. **Elbow flexion.** Isolate the bicep by performing on a box top. Perform 2X10.



2. **Elbow extension.** Perform 2X10.



3. **Tricep curl.** Perform 2X10.



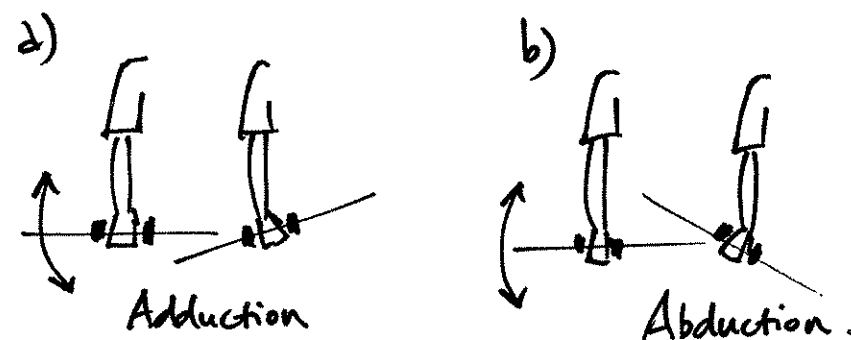
Wrists. The aim is to increase wrist stability, and grip strength (for giants on rings, p. bars and h. bar).

EXERCISES WITH WEIGHTS or BODY WEIGHT RESISTANCE

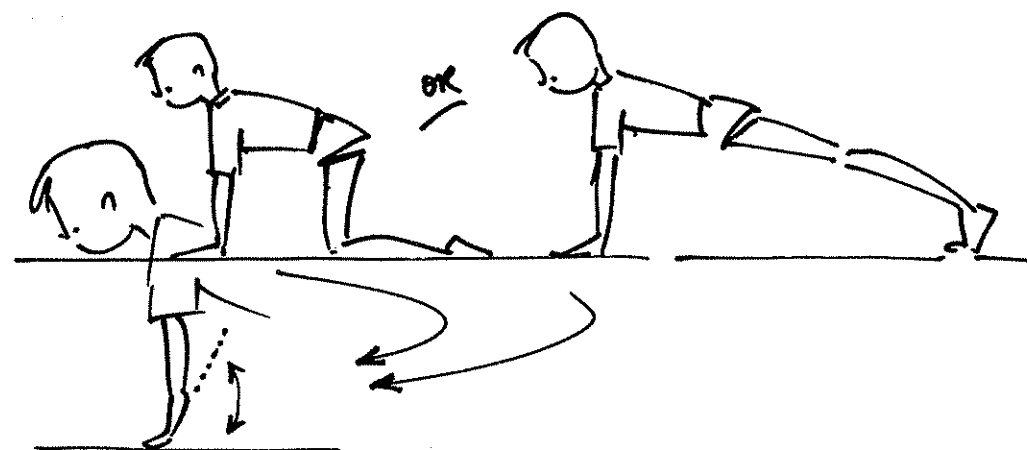
1—2. **Wrist flexion and extension.** Perform 2X10.



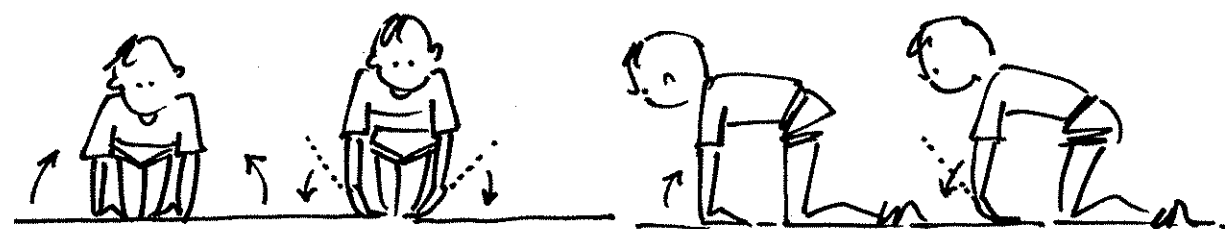
3—4. **Medial adduction and lateral abduction.** Perform 2X10.



5. **Wrist push ups.** Perform 2X10.



6. **Wrist roll push ups.** Perform 2X10.

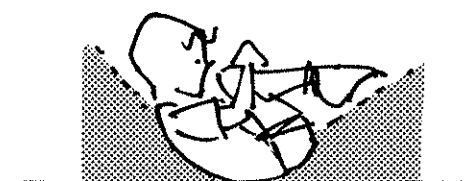


Back. The lower back is prone to stress as a result of hyperextension and constant jarring. We wish to develop adequate range of movement and muscular strength. Posture training is an important component of this preparation.

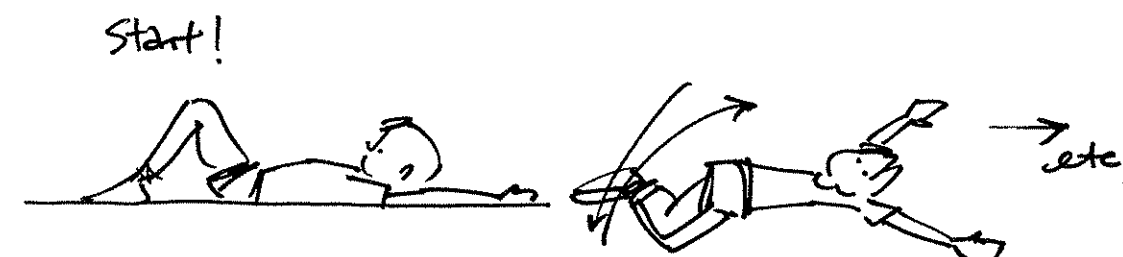
The aim of a lower back strengthening program is to provide a stable muscular environment either side of the spine, by strengthening the abdominals and back extensors.

STRETCHING EXERCISES FOR THE BACK.

1. **Spinal extensors.** Round the back and 'tuck' the pelvis. Perform 2x10 secs.



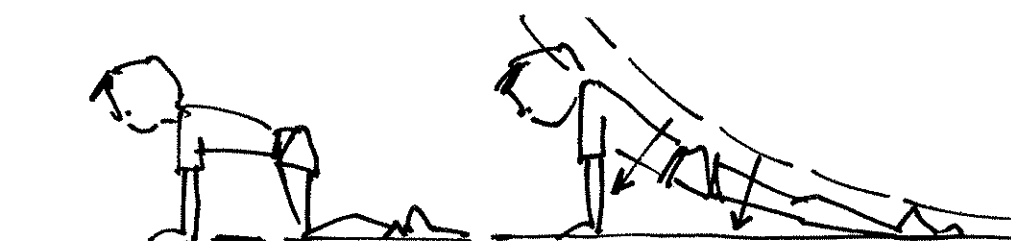
2. **Spinal rotators.** Perform 2X10 secs.



3. **Hamstring stretch.** Perform 2X10.

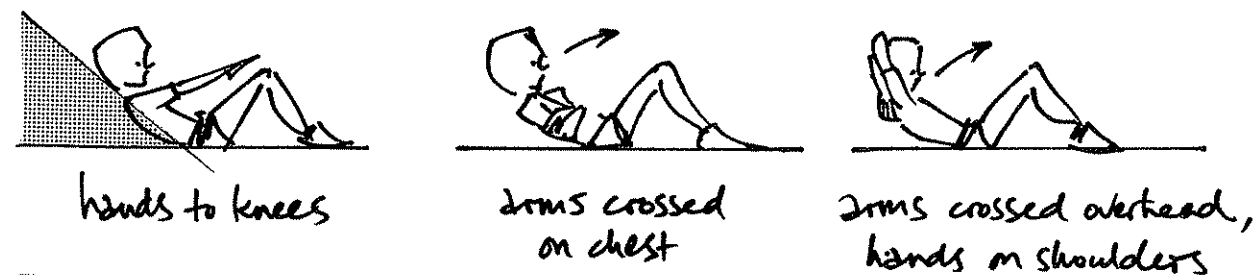


4. **Middle back stretch.** Work the full range of the lower and middle spine. Stretch slowly and with care. Aim for a controlled stretch throughout the lower and middle spine, without 'sagging' in the lower back. Perform 2X10 secs.



STRENGTHENING

1. **Bent knee sit up variations for the abdominals.**
Perform 2X10.

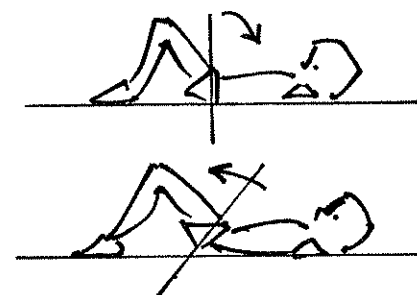


Figures above show sit-ups of graded difficulty.

2. **Lateral leg lifts for the lateral abdominals.** Perform 1X10 each side.



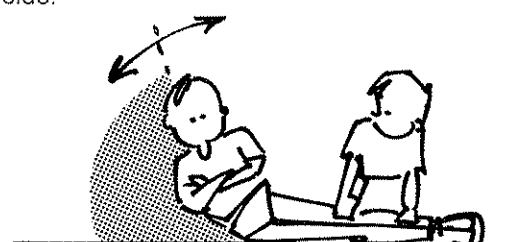
3. **Pelvic tilt.** Perform 2X10.



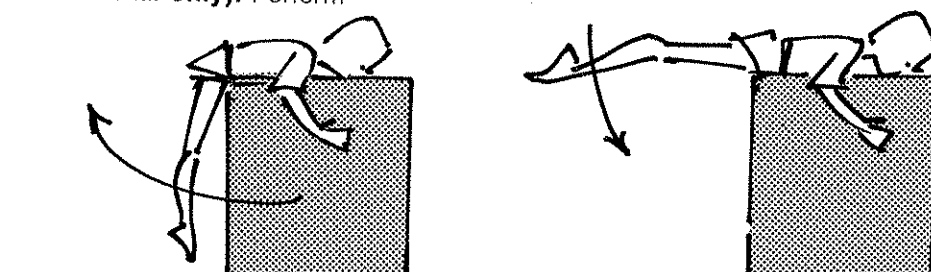
4. **Bent knee sit ups with rotation.** Perform 2X10.



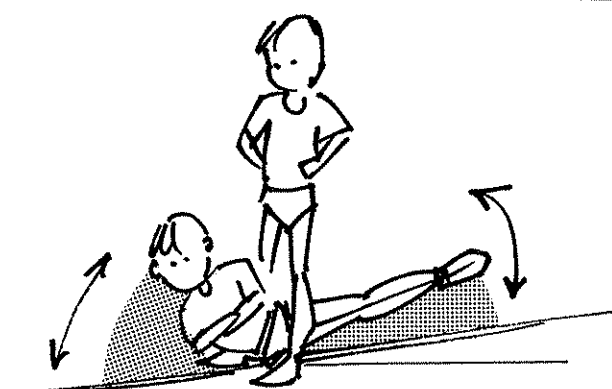
5. **Lateral abdominals (upper body lift).** Perform 1X10 each side.



6. **Back extension (lift to horizontal only).** Perform 2X10.



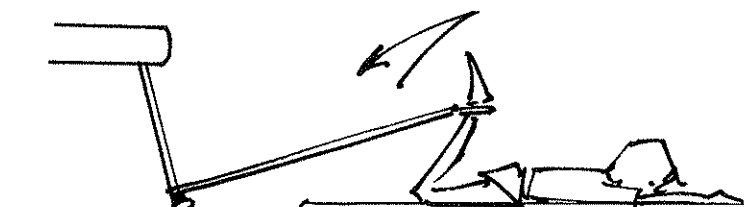
7. **Side lifts with legs and shoulders.** Perform 2X10 and hold for 10 secs.



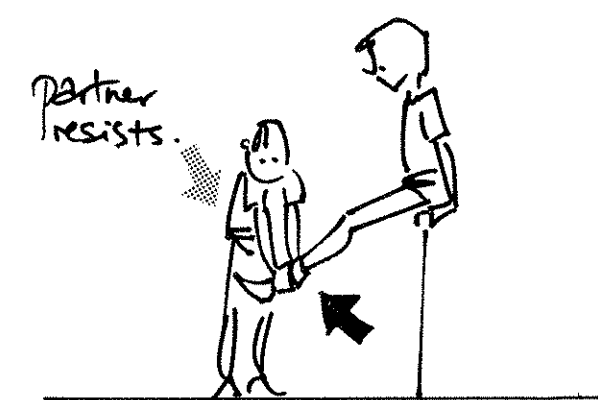
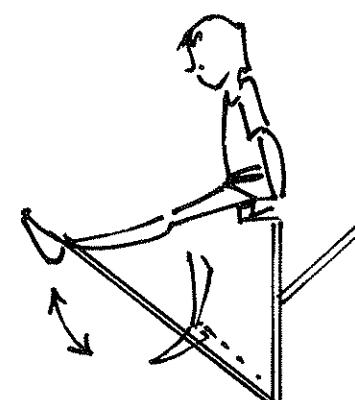
Knees. A stable and strong knee joint is desirable, so as to prevent ligamentous rupture (loose knee joint), or muscle tears in the case of a tight joint. Both the quadricep and hamstring groups should be conditioned for flexibility and strength.

STRENGTHENING EXERCISES.

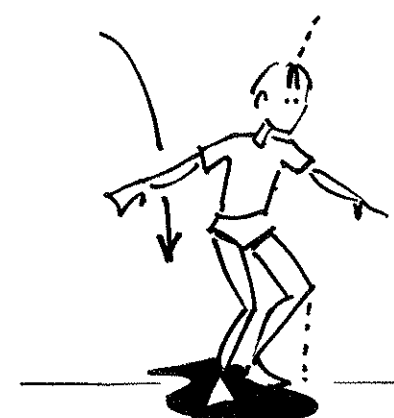
1. **Knee flexion using elastic tubing (for hamstrings).**
Perform 2X10 (may also be performed isometrically with a partner).



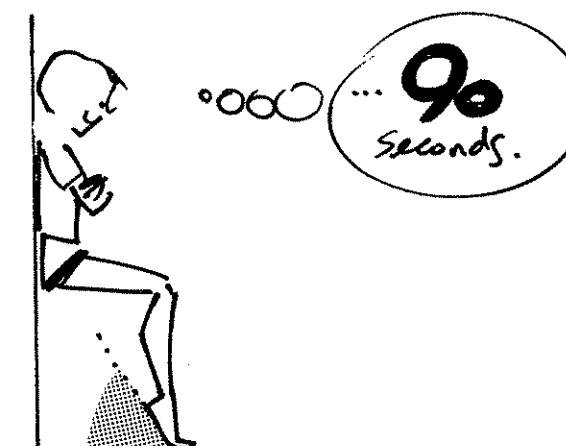
2. **Knee extension with elastic tubing (for quadricep).** Perform 2X10. Also perform as an isometric with a partner. Hold at several positions near the end of extension.



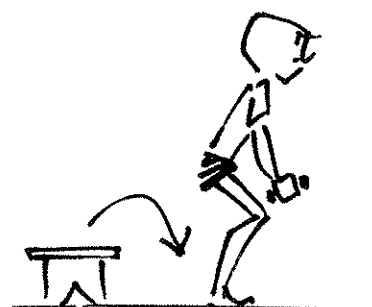
3. **Landings.** Emphasise correct landing posture: slight plie, knees over toes. Absorb the forces slowly. Land 'tall' and absorb the forces as the knees bend. Execute from different heights. Perform 2X10.



4. **Isometric sit against a wall.** Perform 2X90 secs. Gradually build up to 90 secs. (i.e. 30—45—60—75 secs).



5. **Drop squats with a dumbbell.** Gymnast perform small jumps from a raised surface holding a light weight in each hand. Remember landings involve eccentric contractions. That is as quads work to arrest the landing they stretch as they contract and work against gravity. Perform 2X5.

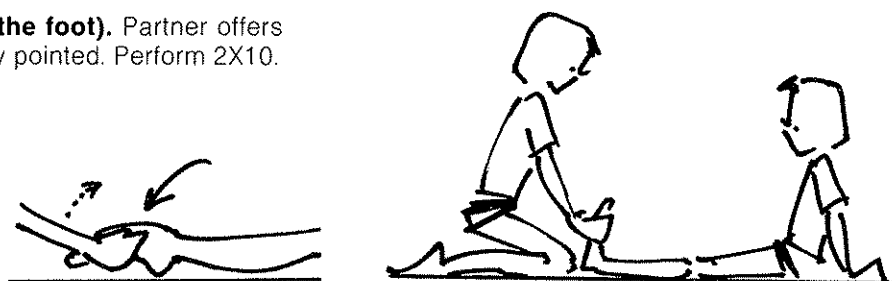


Ankles. Here the goals are to improve ankle strength, flexibility and proprioception. (The proprioceptors, part of the nervous system, are important in maintaining the positions of body parts in space. Good ankle proprioception is important in maintaining balance eg performing a scale.)

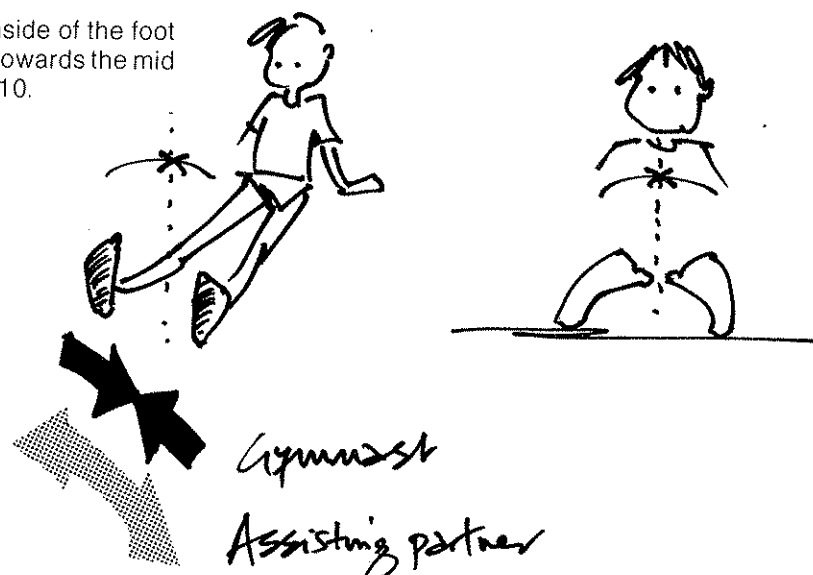
1. **Dorsi flexion.** Partner offers resistance as the foot is pulled back. Perform 2X10.



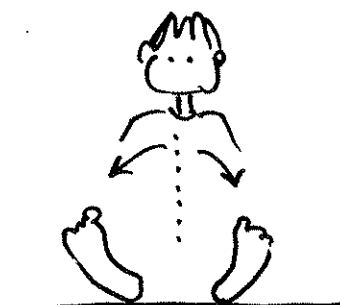
2. **Plantar flexion (pointing the foot).** Partner offers resistance as the foot is slowly pointed. Perform 2X10.



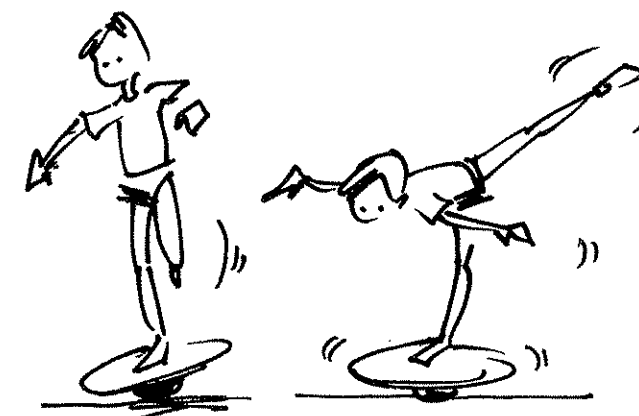
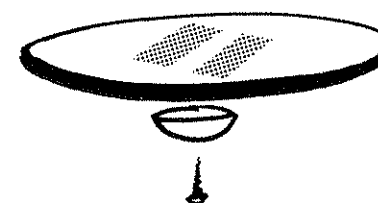
3. **Inversion.** Partner supports on the inside of the foot and the gymnast slowly rotates the foot towards the mid line without rotating the leg. Perform 2X10.



4. **Eversion.** This is the opposite of #3. The helping partner supports on the outside of the foot, and the gymnast slowly rotates the foot outward away from the midline. The leg should not rotate. Perform 2X10.

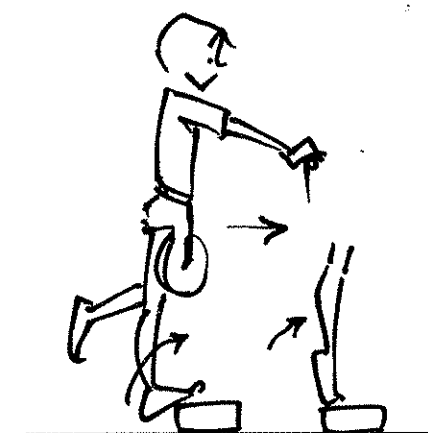


5. **Wobble Board.** Perform various balances, including scales, on one leg on the wobble board. Perform exercises with eyes open and closed. (Harder with eyes closed because visual cues are not available.) Also a good way to polish up scales prior to a competition.

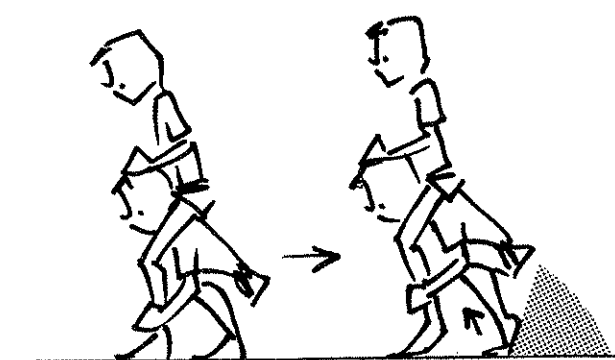


To make a wobble board cut a circle out of pine board or plywood (60—80 cm diameter), and glue/screw half a cricket ball onto the board. To prevent slipping, stick on friction tape strips (used on skate boards etc.). Perform 2X15 secs.

6. **Single leg calf raises on one leg (with weight).** Perform 2X10.



7. **Heel raises in deep squat.** This stretches and strengthens the ankle joint. The exercise is particularly useful in strengthening the achilles tendon. Perform 2X20 secs with partner on shoulder. Work both heels flat position (30—60 secs) and ankles raised position.



RESULTS....

PACIFIC ALLIANCE COMPETITION, SEOUL, KOREA

Men Country Ranking

| Country | Floor | Pommel | Rings | Vault | P.Bars | H.Bar | Total | Place |
|---------|--------|--------|--------|--------|--------|--------|---------|-------|
| KOR | 28.850 | 28.950 | 28.450 | 28.800 | 28.850 | 28.300 | 172.200 | 1 |
| CHN | 27.950 | 29.250 | 28.150 | 28.650 | 28.600 | 28.050 | 170.650 | 2 |
| JPN | 27.850 | 28.900 | 28.350 | 28.150 | 28.550 | 28.000 | 169.800 | 3 |
| AUS | 28.000 | 29.100 | 27.850 | 28.350 | 28.350 | 27.450 | 169.100 | 4 |
| CAN | 27.450 | 27.950 | 27.700 | 27.700 | 27.750 | 28.200 | 166.750 | 5 |
| TPE | 27.550 | 27.700 | 27.350 | 27.250 | 27.850 | 26.450 | 164.150 | 6 |
| THA | 25.800 | 22.700 | 26.950 | 27.300 | 27.200 | 24.550 | 154.500 | 7 |
| NZL | 25.150 | 23.850 | 25.850 | 27.500 | 25.750 | 25.950 | 154.050 | 8 |

NB: Philippines competed 5 individuals.

Men Individual All-Around Finals

| Name | Country | Floor | Pommel | Rings | Vault | P.Bars | H.Bar | Total | Place |
|---------------------|---------|-------|--------|-------|-------|--------|-------|--------|-------|
| Yoo Ok Ryul | KOR | 9.750 | 9.550 | 9.450 | 9.750 | 9.550 | 9.400 | 57.450 | 1 |
| Han Yoon Soo | KOR | 9.450 | 9.600 | 9.600 | 9.500 | 9.600 | 9.650 | 57.400 | 2 |
| Lee Joo Hyung | KOR | 9.850 | 9.800 | 9.400 | 9.500 | 9.700 | 9.250 | 57.300 | 3 |
| Hatakeeda Yoshiaki | JPN | 9.800 | 9.750 | 9.450 | 9.400 | 9.550 | 9.500 | 57.250 | 4 |
| Wang Feng | CHN | 9.450 | 9.800 | 9.250 | 9.600 | 9.500 | 9.500 | 57.100 | 5 |
| Ma Jun | CHN | 9.500 | 9.700 | 9.500 | 9.600 | 9.550 | 9.200 | 57.050 | 6 |
| Dowrick Brennan | AUS | 9.350 | 9.800 | 9.400 | 9.400 | 9.450 | 9.350 | 56.750 | 7 |
| Hogan Peter | AUS | 9.350 | 9.600 | 9.350 | 9.450 | 9.550 | 9.100 | 56.400 | 8 |
| Doyle Bob | CAN | 9.300 | 9.500 | 9.400 | 9.100 | 9.550 | 9.500 | 56.350 | 9 |
| Nong Qiang | CHN | 9.000 | 9.700 | 9.350 | 9.450 | 9.550 | 9.250 | 56.300 | 10 |
| Wo Chin Chan | TPE | 9.250 | 9.650 | 9.300 | 9.100 | 9.400 | 9.100 | 55.800 | 11 |
| Han Kwang Ho | KOR | 9.350 | 9.000 | 9.350 | 9.550 | 9.550 | 8.950 | 55.750 | 12 |
| Honda Morimasa | JPN | 9.000 | 9.500 | 9.300 | 9.500 | 9.300 | 8.950 | 55.550 | 13 |
| Lin Chien Jia | TPE | 9.550 | 9.100 | 9.400 | 9.050 | 9.350 | 9.050 | 55.500 | 14 |
| Tamura Makoto | JPN | 8.750 | 9.650 | 9.600 | 9.100 | 9.400 | 8.850 | 55.350 | 15 |
| Saintonge Eric | CAN | 9.300 | 9.000 | 9.000 | 9.400 | 9.100 | 9.350 | 55.150 | 16 |
| Roethlisberger John | USA | 9.050 | 9.400 | 9.400 | 9.400 | 9.400 | 8.450 | 55.100 | 17 |
| Chainey Umphrey | USA | 8.850 | 9.250 | 9.500 | 9.100 | 8.900 | 9.200 | 54.800 | 18 |
| Hudson Bret | AUS | 9.250 | 8.600 | 9.100 | 9.500 | 9.350 | 9.000 | 54.800 | 19 |
| Lees Tim | AUS | 9.300 | 9.700 | 9.000 | 9.300 | 9.050 | 8.400 | 54.750 | 20 |
| Ikedai Richard | CAN | 8.850 | 9.450 | 9.000 | 9.000 | 9.100 | 9.150 | 54.550 | 21 |
| Miyagawa Takanobu | JPN | 9.250 | 8.700 | 9.300 | 9.250 | 9.600 | 9.550 | 53.650 | 22 |
| Schmid Peter | CAN | 8.600 | 8.550 | 9.300 | 9.200 | 8.550 | 9.350 | 53.550 | 23 |
| Lister Mark | NZL | 8.900 | 8.500 | 8.800 | 9.400 | 9.200 | 8.650 | 53.450 | 24 |
| Tsai Yung Chang | TPE | 8.750 | 8.200 | 8.450 | 9.100 | 9.100 | 8.250 | 51.850 | 25 |
| Liu Yi Chung | TPE | 8.200 | 8.950 | 8.650 | 8.700 | 9.050 | 8.300 | 51.850 | 26 |
| Bruce Craig | NZL | 7.600 | 8.800 | 8.700 | 9.150 | 8.750 | 8.750 | 51.750 | 27 |
| Ricardo Otero Jr | PHI | 8.250 | 8.200 | 8.800 | 9.100 | 8.150 | 8.350 | 50.850 | 28 |
| Thaveesak P. | THA | 9.000 | 6.650 | 8.700 | 9.300 | 9.050 | 7.450 | 50.150 | 29 |
| Sattra Suwansa | THA | 8.300 | 8.300 | 8.000 | 8.400 | 8.700 | 8.350 | 50.050 | 30 |
| Pornpong I. | THA | 8.500 | 7.750 | 9.000 | 9.200 | 8.750 | 6.800 | 50.000 | 31 |
| Alexander Tolentino | PHI | 8.300 | 7.700 | 8.000 | 9.300 | 8.900 | 7.150 | 49.350 | 32 |
| Huang Liping | CHN | 2.000 | 9.750 | 9.300 | 9.450 | 9.350 | 9.300 | 49.150 | 33 |
| Rush Antony | NZL | 8.650 | 6.550 | 8.350 | 8.950 | 7.800 | 8.550 | 48.850 | 34 |
| Wilfredo Bilog | PHI | 7.200 | 7.950 | 7.950 | 8.200 | 8.700 | 7.900 | 47.900 | 35 |
| Gabriel De Leon | PHI | 9.050 | 6.450 | 7.500 | 9.000 | 7.400 | 8.400 | 47.800 | 36 |
| Aldrin Macavili | PHI | 7.200 | 7.600 | 7.650 | 8.600 | 6.950 | 7.200 | 45.200 | 37 |
| Amordintep Valsang | THA | 8.150 | 0.000 | 9.250 | 8.800 | 9.400 | 8.750 | 44.350 | 38 |
| Chung Jin Soo | KOR | 9.450 | 9.300 | 9.300 | 9.550 | 9.500 | 8.450 | 55.550 | |

Men Apparatus Final

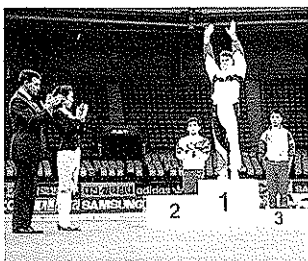
| Name | Cty | Total | Place | Name | Cty | Total | Place |
|---------------------|-----|-------|-------|-----------------------|-----|-------|-------|
| Floor | | | | Vault | | | |
| Yoo Ok Ryul | KOR | 9.800 | 1 | Yoo Ok Ryul | KOR | 9.700 | 1 |
| Lee Joo Hyung | KOR | 9.625 | 2 | Honda Morimasa | JPN | 9.487 | 2 |
| Ma Jun | CHN | 9.587 | 3 | Ma Jun | CHN | 9.468 | 3 |
| Lin Chien Jia | TPE | 9.575 | 4 | Hudson Bret | AUS | 9.387 | 4 |
| Hatakeeda Yoshiaki | JPN | 9.450 | 5 | Hatakeeda Yoshiaki | JPN | 9.375 | 5 |
| Doyle Bob | CAN | 9.375 | 6 | Saintonge Eric | CAN | 9.362 | 6 |
| Hogan Peter | AUS | 9.325 | 7 | Wang Feng | CHN | 9.300 | 7 |
| Dowrick Brennan | AUS | 8.875 | 8 | Hogan Peter | AUS | 9.200 | 8 |
| Pommel Horse | | | | Parallel Bars | | | |
| Huang Liping | CHN | 9.775 | 1 | Han Yoon Soo | KOR | 9.700 | 1 |
| Wang Feng | CHN | 9.750 | =2 | Lee Joo Hyung | KOR | 9.637 | 2 |
| Dowrick Brennan | AUS | 9.750 | =2 | Hogan Peter | AUS | 9.612 | 3 |
| Hatakeeda Yoshiaki | JPN | 8.737 | 4 | Nong Qiang | CHN | 9.587 | 4 |
| Wo Chin Chan | TPE | 9.650 | 5 | Miyagawa Takanobu | JPN | 9.450 | 5 |
| Lee Joo Hyung | KOR | 9.637 | 6 | Ma Jun | CHN | 9.100 | 6 |
| Tamura Makoto | JPN | 9.175 | 7 | Hatakeeda Yoshiaki | JPN | 9.075 | 7 |
| Lees Tim | AUS | 9.050 | 8 | Doyle Bob | CAN | 8.825 | 8 |
| Rings | | | | Horizontal Bar | | | |
| Yoo Ok Ryul | KOR | 9.662 | 1 | Dowrick Brennan | AUS | 9.737 | 1 |
| Tamura Makoto | JPN | 9.612 | =2 | Miyagawa Takanobu | JPN | 9.662 | 2 |
| Chainey Umphrey | USA | 9.612 | =2 | Wang Feng | CHN | 9.387 | 3 |
| Dowrick Brennan | AUS | 9.575 | 4 | Doyle Bob | CAN | 9.350 | 4 |
| Han Yoon Soo | KOR | 9.562 | 5 | Yoo Ok Ryul | KOR | 9.275 | 5 |
| Hatakeeda Yoshiaki | JPN | 9.500 | 6 | Hatakeeda Yoshiaki | JPN | 9.075 | 6 |
| Ma Jun | CHN | 9.437 | 7 | Han Yoon Soo | KOR | 8.950 | 7 |
| Doyle Bob | CAN | 9.425 | 8 | Saintonge Eric | CAN | 8.725 | 8 |

Women Country Ranking

| Cty | Vault | U.Bars | Beam | Floor | Total | Place |
|-----|--------|--------|--------|--------|---------|-------|
| CHN | 28.750 | 29.100 | 29.100 | 29.00 | 115.950 | 1 |
| USA | 28.700 | 29.075 | 28.450 | 28.975 | 115.200 | 2 |
| JPN | 28.775 | 28.900 | 28.025 | 28.900 | 114.600 | 3 |
| AUS | 28.575 | 28.650 | 28.400 | 27.900 | 113.525 | 4 |
| KOR | 29.100 | 28.325 | 27.300 | 28.225 | 112.950 | 5 |
| NZL | 27.450 | 27.000 | 26.000 | 26.300 | 106.750 | 6 |
| PHI | 26.100 | 25.950 | 25.700 | 25.250 | 103.000 | 7 |

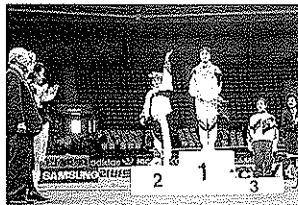
Women Individual All-Around

| Name | Cty | Vault | U.Bars | Beam | Floor | Total | Place |
|--------------------|-----|-------|--------|-------|-------|--------|-------|
| Luo Li | CHN | 9.525 | 9.800 | 9.650 | 9.800 | 38.770 | 1 |
| Kristin McDermott | USA | 9.635 | 9.700 | 9.600 | 9.735 | 38.670 | 2 |
| Guan Yuqing | CHN | 9.650 | 9.750 | 9.250 | 9.700 | 38.350 | 3 |
| Zhang Wenning | CHN | 9.550 | 9.550 | 9.700 | 9.450 | 38.250 | 4 |
| Lee Hee Kyung | KOR | 9.750 | 9.625 | 9.550 | 9.300 | 38.225 | 5 |
| Read Lisa | AUS | 9.275 | 9.650 | 9.450 | 9.800 | 38.175 | 6 |
| Sugawara Risa | JPN | 9.650 | 9.700 | 9.000 | 9.800 | 38.150 | 7 |
| Eto Minako | JPN | 9.700 | 9.600 | 9.100 | 9.500 | 37.900 | 8 |
| Borden Amanda | USA | 9.450 | 9.675 | 9.450 | 9.250 | 37.820 | 9 |
| Sommer Traci | USA | 9.625 | 9.700 | 8.600 | 9.800 | 37.725 | 10 |
| Obata Satsuki | JPN | 9.300 | 9.600 | 9.575 | 9.150 | 37.825 | 11 |
| Balogach Sarah | USA | 9.200 | 9.550 | 9.400 | 9.450 | 37.600 | 12 |
| Jackson Rebecca | AUS | 9.750 | 9.550 | 9.000 | 9.200 | 37.500 | 13 |
| Bender Jackie | CAN | 9.525 | 9.275 | 9.625 | 9.050 | 37.470 | 14 |
| Keyser Cathy | AUS | 9.550 | 9.450 | 9.400 | 8.900 | 37.300 | 15 |
| Rainey Sarah | CAN | 9.400 | 9.600 | 8.975 | 9.250 | 37.225 | =16 |
| Han Na Jung | KOR | 9.650 | 8.900 | 9.050 | 9.625 | 37.225 | =16 |
| Ye Linlin | CHN | 9.550 | 9.350 | 9.750 | 9.500 | 37.150 | 18 |
| Nagi Mie | JPN | 9.425 | 8.700 | 9.350 | 9.600 | 37.075 | 19 |
| Lee Soo Jung | KOR | 9.700 | 9.500 | 8.250 | 9.300 | 36.750 | 20 |
| Kim Yoon Ji | KOR | 9.650 | 9.200 | 8.700 | 9.150 | 36.700 | 21 |
| Moniz Ruth | AUS | 8.950 | 9.025 | 9.550 | 8.450 | 36.975 | 22 |
| Joy Sarah | NZL | 8.900 | 9.100 | 8.550 | 8.650 | 36.200 | =23 |
| Jasmin Valenton | PHI | 9.100 | 9.000 | 9.000 | 8.100 | 35.200 | =23 |
| Dawson Michaela | NZL | 9.000 | 8.850 | 8.350 | 8.950 | 35.150 | 25 |
| Tsai Shu Hwei | TPE | 8.800 | 9.025 | 8.750 | 8.400 | 34.975 | 26 |
| Taylor Kerry | NZL | 9.550 | 8.300 | 8.300 | 8.700 | 34.850 | 27 |
| Vickery Rachel | NZL | 8.500 | 9.050 | 9.100 | 8.100 | 34.750 | 28 |
| Wu Ruey Ping | TPE | 8.750 | 8.900 | 8.550 | 7.850 | 34.050 | 29 |
| Lau Chi-Wah | HKG | 8.850 | 8.550 | 8.200 | 8.050 | 33.650 | 30 |
| Catherine Ocampo | PHI | 7.950 | 8.150 | 8.350 | 9.050 | 33.500 | 31 |
| Cintamoni Argulles | PHI | 8.450 | 8.800 | 8.300 | 7.750 | 33.300 | 32 |
| Crispina Monica Z. | PHI | 8.550 | 8.050 | 8.350 | 8.100 | 33.050 | =33 |
| Wong Ka-Li | HKG | 8.700 | 8.450 | 8.050 | 7.850 | 33.050 | =33 |
| Min A Young | KOR | 9.000 | 8.850 | 9.400 | 9.050 | 36.300 | |
| Lim Wai Chi | MAL | 8.350 | 6.600 | 9.100 | 7.800 | 31.800 | |
| Au Li Yen | MAL | 8.500 | 6.600 | 8.000 | 7.800 | 30.300 | |



Womens Apparatus Finals

| Name | Cty | Total | Place | Name | Cty | Total | Place |
|--------------------|-----|-------|-------|-------------------|-----|-------|-------|
| Vault | | | | Beam | | | |
| Lee Hee Kyung | KOR | 9.700 | 1 | Bender Jackie | CAN | 9.662 | 1 |
| Jackson Rebecca | AUS | 9.487 | 2 | Read Lisa | AUS | 9.525 | 2 |
| Eto Minako | JPN | 9.450 | 3 | McDermott Kristin | USA | 9.500 | =3 |
| Sugawara Risa | JPN | 9.275 | 4 | Moniz Ruth | AUS | 9.500 | =3 |
| Sommer Traci | USA | 8.525 | 5 | Lee Hee Kyung | KOR | 9.200 | 5 |
| McDermott Kristin | USA | 8.350 | 6 | Zhang Wenning | CHN | 9.150 | 6 |
| Guan Yuqing | CHN | 8.075 | 7 | Ye Linlin | CHN | 9.000 | 7 |
| Lee Soo Jung | KOR | 4.850 | 8 | Obata Satsuki | JPN | 8.950 | 8 |
| Uneven Bars | | | | Floor | | | |
| Guan Yuqing | CHN | 9.825 | 1 | Luo Li | CHN | 9.737 | 1 |
| Luo Li | CHN | 9.812 | 2 | Read Lisa | AUS | 9.562 | 2 |
| Sommer Traci | USA | 9.662 | 3 | Han Na Jung | KOR | 9.462 | 3 |
| Read Lisa | AUS | 9.612 | 4 | Sugawara Risa | JPN | 9.350 | 4 |
| Eto Minako | JPN | 9.312 | 5 | McDermott Kristin | USA | 9.237 | 5 |
| Sugawara Risa | JPN | 9.300 | 6 | Guan Yuqing | CHN | 9.175 | 6 |
| McDermott Kristin | USA | 9.125 | 7 | Lee Hee Kyung | KOR | 9.112 | 7 |
| Lee Hee Kyung | KOR | 8.975 | 8 | Sommer Traci | USA | 8.475 | 8 |



RESULTS

Oceania RSG Competition

Junior All-Around

| Name | Cty | Clubs | Ball | Hoop | Ribbon | Total | Place |
|-----------------------|------|-------|-------|-------|--------|--------|-------|
| Tanya Cikara | AUS | 8.500 | 8.500 | 8.500 | 8.250 | 33.750 | 1 |
| Sumyi Khong | NZ | 8.350 | 8.200 | 8.400 | 8.200 | 33.150 | 2 |
| Rebecca Blake | NZ | 8.300 | 8.300 | 8.100 | 8.100 | 32.800 | 3 |
| Belinda Moore | NZ | 8.100 | 8.200 | 8.000 | 7.900 | 32.200 | 4 |
| Simone Clark | NZ | 7.950 | 8.050 | 8.150 | 7.900 | 32.050 | 5 |
| Chantelle Donnes | AUS | 7.750 | 8.300 | 7.900 | 7.900 | 31.850 | 6 |
| Kristy Darrah | AUS | 7.950 | 8.350 | 8.200 | 7.100 | 31.600 | 7 |
| Melanie Aitken | NZ | 7.350 | 8.100 | 7.850 | 7.950 | 31.250 | 8 |
| Jessica Lockhardt | AUS | 7.500 | 8.100 | 8.150 | 7.450 | 31.200 | 9 |
| Rosniza Abu Bakar | MAL | 8.000 | 8.000 | 7.700 | 7.400 | 31.100 | 10 |
| Priscilla Greenwood | NZ | 7.900 | 7.950 | 7.750 | 7.450 | 31.050 | 11 |
| Eva Schoffemeer | NZ | 7.200 | 7.850 | 7.700 | 7.900 | 30.650 | =12 |
| Hansomborn Wananudee | THAI | 7.950 | 8.000 | 7.850 | 6.850 | 30.650 | =12 |
| Sarah Root | NZ | 7.600 | 7.700 | 7.750 | 7.400 | 30.450 | 14 |
| Winnie Sari Triyansya | IND | 6.900 | 7.750 | 7.850 | 7.300 | 29.800 | 15 |
| Christina Loke Kit | MAL | 7.400 | 7.300 | 7.500 | 7.200 | 29.700 | 16 |
| Nita Mardinana | IND | 7.700 | 6.850 | 7.300 | 6.650 | 28.500 | 17 |
| Goh Siew Chuen | MAL | 6.750 | 7.450 | 7.000 | 7.250 | 28.450 | 18 |
| Raissa Ariflaga | PHI | 6.850 | 6.850 | 6.700 | 6.500 | 26.900 | 19 |
| Jana Bliss De La Cru | PHI | 6.750 | 6.700 | 6.800 | 6.450 | 26.700 | 20 |
| Brenda Aitken | NZ | 0.000 | 0.000 | 0.000 | 0.000 | 0.000 | =21 |
| Intan Suhana | MAL | 0.000 | 0.000 | 0.000 | 0.000 | 0.000 | =21 |
| Celia Tapurua | NZ | 0.000 | 0.000 | 0.000 | 0.000 | 0.000 | =21 |

RESULTS

Level 10 Individual All-Around

| Name | Cty | Vault | U.Bars | Beam | Floor | Total | Place |
|---------------------|----------|-------|--------|-------|-------|--------|-------|
| Nicole Downes | AUS | 9.700 | 8.750 | 9.250 | 9.150 | 36.850 | 1 |
| | | 9.750 | 9.225 | 9.050 | 9.225 | 37.250 | |
| Cheryl Hambrook | AUS | 8.625 | 9.000 | 8.700 | 8.750 | 35.075 | 2 |
| | | 8.600 | 8.950 | 8.950 | 8.850 | 35.350 | |
| Janine Ross | AUS | 8.825 | 8.775 | 8.800 | 8.900 | 35.300 | 3 |
| | | 8.650 | 8.675 | 8.675 | 9.100 | 35.100 | |
| Nicole O'Brien | AUS | 9.000 | 8.950 | 8.550 | 8.900 | 35.400 | 4 |
| | | 8.725 | 9.400 | 8.225 | 8.450 | 34.800 | |
| Linda Harradine | AUS | 9.275 | 8.550 | 8.550 | 8.500 | 34.875 | 5 |
| | | 9.400 | 8.400 | 8.550 | 8.950 | 35.300 | |
| Kristina Kypreos | AUS | 8.650 | 8.900 | 8.675 | 8.800 | 35.025 | 6 |
| | | 8.700 | 8.900 | 8.750 | 8.550 | 34.900 | |
| Kerry Nichols | WA | 8.775 | 8.800 | 8.325 | 8.700 | 34.600 | 7 |
| | | 8.750 | 8.625 | 8.975 | 8.800 | 35.150 | |
| Leanne Smith | NSW | 8.775 | 8.600 | 8.650 | 8.525 | 34.550 | 8 |
| | | 8.850 | 8.625 | 8.400 | 8.825 | 34.700 | |
| Kirsten Haggart | NSW | 8.700 | 8.750 | 8.250 | 8.425 | 34.125 | 9 |
| | | 8.825 | 8.625 | 8.500 | 9.000 | 34.950 | |
| Collette Hardcastle | VIC | 8.800 | 8.075 | 8.850 | 8.550 | 34.275 | 10 |
| | | 8.900 | 8.650 | 8.700 | 8.500 | 34.750 | |
| Jenny Wood | VIC | 9.200 | 8.100 | 8.100 | 8.500 | 33.950 | 11 |
| | | 9.150 | 8.500 | 8.200 | 8.600 | 34.450 | |
| Louise Guy | QLD | 8.450 | 8.650 | 8.200 | 8.600 | 33.900 | 12 |
| | | 8.350 | 8.575 | 8.300 | 8.900 | 34.425 | |
| Reanne Poole | SA | 8.725 | 8.600 | 8.600 | 8.450 | 34.375 | 13 |
| | | 9.100 | 8.725 | 7.700 | 8.250 | 33.775 | |
| Donna Nunan | ACT | 8.775 | 8.600 | 8.150 | 8.150 | 33.675 | 14 |
| | | 8.800 | 8.575 | 8.300 | 8.525 | 34.200 | |
| Christie Rischin | NSW(Ind) | 8.700 | 8.150 | 8.450 | 8.100 | 33.400 | 15 |
| | | 8.725 | 8.000 | 8.400 | 8.450 | 33.575 | |
| Rachel Booth | SA | 8.650 | 8.450 | 8.300 | 8.400 | 33.800 | 16 |
| | | 8.550 | 8.325 | 7.850 | 8.425 | 33.150 | |
| Anna Matthews | NZ | 8.775 | 8.200 | 7.700 | 8.300 | 32.975 | 17 |
| | | 8.775 | 7.825 | 8.100 | 8.525 | 33.225 | |
| Michelle Cahalan | SA | 8.650 | 8.525 | 8.400 | 7.825 | 33.400 | 18 |
| | | 8.600 | 8.450 | 8.350 | 7.350 | 32.750 | |
| Susan Fuller | NZ | 8.700 | 8.225 | 7.650 | 8.250 | 32.825 | 19 |
| | | 8.700 | 7.975 | 8.100 | 8.225 | 33.000 | |
| Megan Grice | NZ | 8.700 | 8.050 | 7.950 | 7.800 | 32.500 | 20 |
| | | 9.275 | 7.400 | 8.050 | 8.175 | 32.900 | |
| Tina-Anne Pooley | NZ | 8.575 | 8.350 | 8.250 | 7.900 | 33.075 | 21 |
| | | 8.650 | 8.300 | 7.425 | 7.850 | 32.225 | |
| Debra Stevens | NZ | 8.400 | 8.400 | 7.700 | 8.025 | 32.525 | 22 |
| | | 8.500 | 8.050 | 8.025 | 8.50 | 32.725 | |
| Veronique Tracy | NZ | 8.000 | 0.000 | 8.000 | 8.300 | 24.300 | 23 |
| | | 8.375 | 7.250 | 8.350 | 8.200 | 32.175 | |
| Alisha Jones | NSW | 8.850 | 7.800 | 8.350 | 8.175 | 33.175 | 24 |
| | | 8.675 | 0.000 | 0.000 | 0.000 | 8.675 | |
| Briony Richards | VIC(Ind) | 9.000 | 8.550 | 7.600 | 8.300 | 33.450 | 25 |
| | | 0.000 | 0.000 | 0.00 | 7.200 | 7.200 | |

Level 10
Aus vs NZL

| Team | Total | Place |
|------|---------|-------|
| AUS | 144.600 | 1 |
| NZL | 133.275 | 2 |

Level 9
Team Results

| Team | Total | Place |
|------|---------|-------|
| NSW | 143.425 | 1 |
| VIC | 142.400 | 2 |
| QLD | 139.275 | 3 |
| SA | 138.450 | 4 |
| ACT | 135.850 | 5 |
| NZ | 133.975 | 6 |
| TAS | 126.650 | 7 |

Aus vs NZL Team
Level 9

| Team | Total | Place |
|------|---------|-------|
| AUS | 144.725 | 1 |
| NZ | 134.475 | 2 |

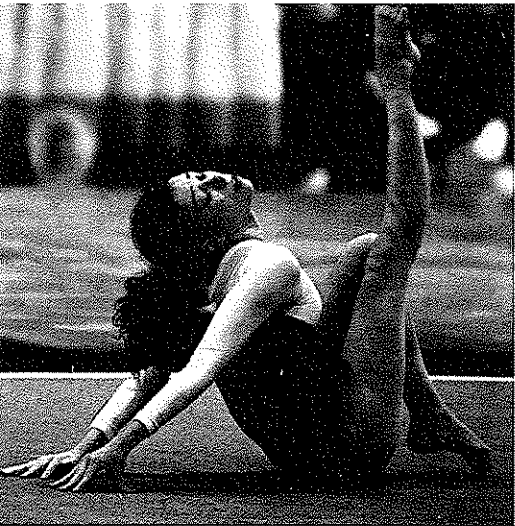
Level 10 Apparatus Finals

| Name | Cty | Total | Place |
|---------------------|-----|-------|-------|
| Vault | | | |
| Nicole Downes | AUS | 9.750 | 1 |
| Linda Harradine | AUS | 9.400 | 2 |
| Megan Grice | NZ | 9.275 | 3 |
| Jenny Wood | VIC | 9.150 | 4 |
| Reanne Poole | SA | 9.100 | 5 |
| Collette Hardcastle | VIC | 8.900 | 6 |
| Leanne Smith | NSW | 8.850 | 7 |
| Kirsten Haggart | NSW | 8.825 | 8 |
| Bars | | | |
| Nicole O'Brien | AUS | 9.400 | 1 |
| Nicole Downes | AUS | 9.225 | 2 |
| Cheryl Hambrook | AUS | 8.950 | 3 |
| Kristina Kypreos | AUS | 8.900 | 4 |
| Reanne Poole | SA | 8.725 | 5 |
| Janine Ross | AUS | 8.675 | 6 |
| Collette Hardcastle | VIC | 8.650 | 7 |
| Leanne Smith | NSW | 8.625 | =8 |
| Kirsten Haggart | NSW | 8.625 | =8 |
| Kerry Nichols | WA | 8.625 | =8 |
| Beam | | | |
| Nicole Downes | AUS | 9.050 | 1 |
| Kerry Nichols | WA | 8.975 | 2 |
| Cheryl Hambrook | AUS | 8.950 | 3 |
| Kristina Kypreos | AUS | 8.750 | 4 |
| Collette Hardcastle | VIC | 8.700 | 5 |
| Janine Ross | AUS | 8.675 | 6 |
| Louise Guy | QLD | 8.600 | 7 |
| Linda Harradine | AUS | 8.550 | 8 |
| Floor | | | |
| Nicole Downes | AUS | 9.225 | 1 |
| Janine Ross | AUS | 9.100 | 2 |
| Kirsten Haggart | NSW | 9.000 | 3 |
| Linda Harradine | AUS | 8.950 | 4 |
| Louise Guy | QLD | 8.900 | 5 |
| Cheryl Hambrook | AUS | 8.850 | 6 |
| Leanne Smith | NSW | 8.825 | 7 |
| Kerry Nichols | WA | 8.800 | 8 |

Level 9 -1st Round-Individual All-Around

| Name | Cty | Vault | U.Bars | Beam | Floor | Total | Place |
|---------------------|----------|-------|--------|-------|-------|--------|-------|
| Anya Lam | NSW | 9.550 | 9.100 | 8.550 | 8.950 | 36.150 | 1 |
| Mali Morris | NSW | 8.800 | 9.125 | 8.825 | 9.225 | 35.975 | 2 |
| Rebecca O'Laughlin | VIC | 9.000 | 8.750 | 8.500 | 9.325 | 35.575 | 3 |
| Jasmin Tualla | VIC | 8.850 | 8.750 | 8.850 | 9.075 | 35.525 | 4 |
| Laura Royce | VIC | 8.900 | 9.100 | 8.250 | 9.250 | 35.500 | 5 |
| Julie-Anne Keane | SA | 9.425 | 9.200 | 7.650 | 9.175 | 35.450 | 6 |
| Joanne Butler | QLD | 8.975 | 8.675 | 8.500 | 8.900 | 35.400 | 7 |
| Heidi Johnson | NSW | 8.900 | 9.050 | 8.500 | 8.900 | 35.350 | 8 |
| Megan Tillet | SA | 9.500 | 8.300 | 8.850 | 8.650 | 35.300 | 9 |
| Kim Anderson | NSW | 9.150 | 8.800 | 8.550 | 8.450 | 34.950 | 10 |
| Nicola Button | QLD | 8.750 | 8.900 | 8.650 | 8.600 | 34.900 | 11 |
| Veronica Skrzyniarz | VIC | 8.700 | 8.600 | 8.650 | 8.850 | 34.800 | =12 |
| Monique St Clair | VIC | 8.800 | 8.300 | 8.700 | 9.000 | 34.800 | =12 |
| Meree George | WA | 8.550 | 8.800 | 8.900 | 8.400 | 34.650 | 14 |
| Amy McLean | QLD | 8.700 | 8.650 | 8.600 | 8.650 | 34.600 | 15 |
| Meggan McDuie | NSW | 8.550 | 8.400 | 8.625 | 9.000 | 34.575 | 16 |
| Kelly Waye | SA | 8.850 | 8.900 | 8.400 | 8.150 | 34.300 | 17 |
| Jenny Whitfield | NSW(Ind) | 8.800 | 8.750 | 8.200 | 8.500 | 34.250 | 18 |
| Louise Cashmere | ACT | 8.700 | 8.950 | 7.800 | 8.750 | 34.200 | 19 |
| Natalie Day | NSW | 8.350 | 8.550 | 8.875 | 8.350 | 34.125 | 20 |
| Celeste Marsh | VIC | 8.975 | 8.350 | 7.650 | 9.125 | 34.100 | 21 |
| Michelle Richens | VIC(Ind) | 8.850 | 8.600 | 7.925 | 8.650 | 34.025 | 22 |
| Kelly Spence | NZ | 8.600 | 8.500 | 8.375 | 8.500 | 33.975 | 23 |
| Michelle Heron | ACT | 8.450 | 8.625 | 8.200 | 8.675 | 33.950 | 24 |
| Karen White | NZ | 8.550 | 8.500 | 8.350 | 8.550 | 33.900 | 25 |
| Jenny Atkins | ACT | 8.800 | 8.250 | 8.150 | 8.650 | 33.850 | 26 |
| Katherine Rosser | ACT | 8.800 | 8.150 | 8.250 | 8.600 | 33.800 | =27 |
| Tricia Cronin | QLD | 8.700 | 8.250 | 8.100 | 8.750 | 33.800 | =27 |
| Amanda Stoodley | QLD | 8.800 | 8.725 | 7.625 | 8.550 | 33.700 | 29 |
| Louise Taylor | NSW(Ind) | 8.450 | 7.950 | 8.250 | 8.550 | 33.200 | =30 |
| Belinda Barnes | SA | 8.350 | 8.100 | 8.350 | 8.400 | 33.200 | =30 |
| Katie Towns | TAS | 8.350 | 7.950 | 8.250 | 8.400 | 32.950 | 32 |
| Kelly Brown | NZ(Ind) | 8.700 | 7.700 | 8.250 | 8.150 | 32.800 | 33 |
| Hayleigh Bryant | NZ | 9.000 | 8.000 | 7.525 | 8.250 | 32.775 | 34 |
| Beth Foster | NZ | 8.700 | 7.500 | 8.200 | 8.250 | 32.650 | 35 |
| Avril Watson | TAS | 8.150 | 7.450 | 8.250 | 8.450 | 32.300 | 36 |
| Susan Allatt | VIC(Ind) | 8.750 | 6.500 | 8.500 | 8.450 | 32.200 | 37 |
| Elinet Valent | NZ | 7.900 | 7.950 | 7.700 | 8.100 | 31.650 | 38 |
| Kate Stevely | NZ | 8.550 | 7.700 | 7.700 | 7.650 | 31.600 | 39 |
| Gillian Tan | SA | 8.350 | 7.950 | 7.075 | 8.100 | 31.475 | 40 |
| Naomi Fantl | NT | 8.250 | 8.100 | 7.600 | 7.400 | 31.350 | 41 |
| Shari Hawke | ACT | 8.150 | 8.200 | 7.450 | 7.400 | 31.200 | =42 |
| Kylie Page | SA | 8.550 | 6.950 | 7.550 | 8.150 | 31.200 | =42 |
| Belinda D'Ambrosio | TAS | 8.450 | 7.350 | 7.450 | 7.850 | 31.100 | 44 |
| Monica Wright | TAS | 8.400 | 7.050 | 7.300 | 7.550 | 30.300 | 45 |
| Veronique Tracy | NZ(Ind) | 8.000 | 0.000 | 8.000 | 8.300 | 24.300 | 46 |
| Anna Johns | NSW(Ind) | 0.000 | 0.450 | 8.200 | 0.000 | 16.650 | 47 |

Photo courtesy Ross Gould



Mardi Watson, Qld

RESULTS

Level 9 Individual All-Around

| Name | Cty | Vault | U/P | | | | |
|---------------------|----------|----------------|----------------|----------------|----------------|----------------------------|----|
| Anya Lam | AUS | 9.550 9.600 | 9.100 8.975 | 8.550 8.500 | 8.950 9.200 | 36.150 36.275 | |
| Julie-Anne Keane | AUS | 9.425 9.500 | 9.200 9.250 | 7.650 8.625 | 9.175 9.300 | 72.425 35.450 36.675 | 1 |
| Mali Morris | AUS | 8.800 8.800 | 9.125 8.775 | 8.825 8.950 | 9.225 9.075 | 35.975 35.600 | 2 |
| Rebecca O'Laughlin | AUS | 9.000 9.025 | 8.750 8.600 | 8.500 8.800 | 9.325 9.200 | 71.575 35.575 35.625 | 3 |
| Heidi Johnson | NSW | 8.900 9.025 | 9.050 9.125 | 8.500 8.500 | 8.900 9.050 | 35.350 35.700 | 4 |
| Joanne Butler | QLD | 8.975 8.975 | 8.675 8.675 | 8.850 8.700 | 8.900 9.125 | 71.050 35.400 35.475 | 5 |
| Jasmin Tualla | AUS | 8.850 8.725 | 8.750 8.700 | 8.850 8.875 | 9.075 8.975 | 70.875 35.525 35.275 | 6 |
| Laura Royce | AUS | 8.900 8.750 | 9.100 8.725 | 8.250 8.625 | 9.250 9.050 | 70.800 35.500 35.200 | 7 |
| Megan Tillet | SA | 9.500 9.300 | 8.300 8.575 | 8.850 8.800 | 8.650 8.625 | 70.700 35.300 35.300 | 8 |
| Meree George | WA | 8.550 8.600 | 8.800 8.625 | 8.900 9.100 | 8.400 9.150 | 70.600 34.650 35.475 | 9 |
| Nicola Button | QLD | 8.750 8.600 | 8.900 8.925 | 8.650 8.700 | 8.600 8.775 | 70.125 34.900 35.000 | 10 |
| Amy McLean | QLD | 8.700 8.600 | 8.650 8.825 | 8.500 8.750 | 8.650 8.650 | 69.900 34.600 34.825 | 11 |
| Monique St Clair | VIC | 8.800 8.450 | 8.300 8.400 | 8.700 8.725 | 9.000 8.975 | 69.425 34.800 34.550 | 12 |
| Kim Anderson | NSW | 9.150 8.600 | 8.800 8.825 | 8.550 8.225 | 8.450 8.625 | 69.350 34.950 34.275 | 13 |
| Meggan McDuie | NSW | 8.550 8.650 | 8.400 8.375 | 8.625 8.675 | 9.000 8.950 | 69.225 34.575 34.650 | 14 |
| Jenny Whitfield | NSW(Ind) | 8.800 8.875 | 8.750 8.600 | 8.200 8.350 | 8.500 8.750 | 68.825 34.250 34.575 | 15 |
| Veronica Skrzyniarz | VIC | 8.700 8.700 | 8.600 8.225 | 8.650 8.150 | 8.850 8.925 | 68.625 34.800 34.000 | 16 |
| Kelly Waye | SA | 8.850 8.675 | 8.900 9.125 | 8.400 7.700 | 8.150 8.525 | 68.800 34.300 34.025 | 17 |
| Kelly Spence | NZ | 8.600 8.525 | 8.500 8.475 | 8.375 8.225 | 8.500 8.475 | 68.325 33.975 33.700 | 18 |
| Karen White | NZ | 8.500 8.400 | 8.500 8.250 | 8.350 8.250 | 8.550 8.425 | 67.675 33.900 33.325 | 19 |
| Hayleigh Bryant | NZ | 9.000 9.000 | 8.000 8.175 | 7.525 7.650 | 8.250 8.500 | 67.225 32.775 33.325 | 20 |
| Beth Foster | NZ | 8.700 8.700 | 7.500 7.500 | 8.200 8.150 | 8.250 8.425 | 66.100 32.650 32.775 | 21 |
| Kate Stevely | NZ | 8.550 8.600 | 7.700 7.950 | 7.700 8.350 | 7.650 8.275 | 65.425 31.600 33.175 | 22 |
| Clinet Valent | NZ | 7.900 8.350 | 7.950 7.525 | 7.700 7.600 | 8.100 8.250 | 64.775 31.650 31.725 | 23 |
| Celeste Marsh | VIC | 8.975 8.900 | 8.350 0.000 | 7.650 0.000 | 9.125 9.125 | 63.375 34.100 18.025 | 24 |
| Natalie Day | NSW | 8.350 0.000 | 8.550 0.000 | 8.875 8.950 | 8.350 0.000 | 52.125 8.950 | 25 |
| Louise Cashmere | ACT | 8.700 0.000 | 8.950 8.850 | 7.800 0.000 | 8.750 0.000 | 43.075 34.200 8.850 | 26 |
| | | | | | | 43.050 | 27 |

RESULTS

Level 8 Individual All-Around

| Name | Cty | Vault | U.Bars | Beam | Floor | Total | Place |
|-------------------|-----|-------|--------|-------|-------|--------|-------|
| Mardi Watson | AUS | 8.850 | 8.700 | 8.875 | 9.300 | 35.725 | |
| | | 8.850 | 8.850 | 8.675 | 9.325 | 35.700 | |
| | | | | | | 71.425 | 1 |
| Fiona Landrigan | AUS | 9.200 | 8.500 | 8.450 | 9.050 | 35.200 | |
| | | 9.225 | 8.850 | 8.650 | 9.000 | 35.725 | |
| | | | | | | 70.925 | 2 |
| Chelsea Evans | AUS | 8.925 | 9.000 | 8.750 | 8.650 | 35.325 | |
| | | 8.900 | 8.900 | 8.550 | 8.800 | 35.150 | |
| | | | | | | 70.475 | 3 |
| Kelly Bronts | AUS | 8.900 | 8.450 | 8.850 | 9.250 | 35.450 | |
| | | 8.850 | 8.750 | 8.150 | 9.075 | 34.825 | |
| | | | | | | 70.275 | 4 |
| Korina Alford | AUS | 8.675 | 8.550 | 9.100 | 9.000 | 35.325 | |
| | | 8.750 | 8.450 | 8.462 | 8.800 | 34.462 | |
| | | | | | | 69.787 | 5 |
| Holly Bilttoft | WA | 8.400 | 8.875 | 8.350 | 9.000 | 34.625 | |
| | | 8.550 | 8.950 | 8.575 | 8.900 | 34.975 | |
| | | | | | | 69.600 | 6 |
| Catherine Bonner | NSW | 8.650 | 8.500 | 8.950 | 8.750 | 34.850 | |
| | | 8.550 | 8.600 | 8.725 | 8.750 | 34.625 | |
| | | | | | | 69.475 | =7 |
| Melissa Gorham | AUS | 8.800 | 8.800 | 8.525 | 8.900 | 35.025 | |
| | | 8.550 | 8.800 | 8.500 | 8.600 | 34.450 | |
| | | | | | | 69.475 | =7 |
| Carly Stephenson | NSW | 9.175 | 8.600 | 8.550 | 8.400 | 34.725 | |
| | | 9.025 | 8.350 | 8.650 | 8.650 | 34.675 | |
| | | | | | | 69.400 | 9 |
| Jennifer Ivey | WA | 8.650 | 8.450 | 8.750 | 8.700 | 34.550 | |
| | | 8.800 | 8.550 | 9.000 | 8.400 | 34.550 | |
| | | | | | | 69.300 | 10 |
| Melinda Hui | QLD | 8.850 | 8.450 | 8.700 | 8.750 | 34.750 | |
| | | 8.525 | 8.550 | 8.625 | 8.800 | 34.500 | |
| | | | | | | 69.250 | 11 |
| Shay Bynon | VIC | 9.000 | 8.650 | 8.550 | 8.650 | 34.850 | |
| | | 8.950 | 8.675 | 8.000 | 8.675 | 34.300 | |
| | | | | | | 69.150 | 12 |
| Bianca Wolloghnan | NSW | 8.525 | 8.300 | 8.750 | 8.900 | 34.475 | |
| | | 8.575 | 8.350 | 8.950 | 8.725 | 34.600 | |
| | | | | | | 69.075 | 13 |
| Katie Black | NSW | 8.900 | 8.150 | 8.650 | 8.625 | 34.325 | |
| | | 9.050 | 8.400 | 8.650 | 8.475 | 34.575 | |
| | | | | | | 68.900 | 14 |
| Michelle Whitty | QLD | 8.725 | 8.600 | 8.375 | 8.700 | 34.400 | |
| | | 8.600 | 8.825 | 8.350 | 8.700 | 34.475 | |
| | | | | | | 68.875 | 15 |
| Susannah Pumphrey | NSW | 8.700 | 8.200 | 9.000 | 8.600 | 34.500 | |
| | | 8.675 | 7.900 | 8.850 | 8.775 | 34.200 | |
| | | | | | | 68.700 | 16 |
| Davinia Durrant | NZ | 8.450 | 9.100 | 8.150 | 8.725 | 34.425 | |
| | | 8.650 | 8.875 | 7.875 | 8.800 | 34.200 | |
| | | | | | | 68.625 | 17 |
| Kerryn Jackson | QLD | 8.800 | 8.550 | 8.400 | 8.825 | 34.575 | |
| | | 8.800 | 8.550 | 7.950 | 8.700 | 34.000 | |
| | | | | | | 68.575 | 18 |
| Melissa Sterzl | SA | 8.950 | 8.150 | 8.525 | 8.650 | 34.275 | |
| | | 8.750 | 8.475 | 8.375 | 8.550 | 34.150 | |
| | | | | | | 68.425 | 19 |
| Georgi Foster | NZ | 8.300 | 8.400 | 8.550 | 8.575 | 33.825 | |
| | | 8.675 | 8.650 | 8.225 | 8.175 | 33.725 | |
| | | | | | | 67.550 | 20 |
| Karina McHardy | NZ | 8.650 | 8.000 | 8.275 | 8.750 | 33.675 | |
| | | 8.500 | 8.300 | 8.100 | 8.900 | 33.800 | |
| | | | | | | 67.475 | 21 |
| Marama Mitchell | NZ | 8.325 | 8.300 | 8.350 | 8.400 | 33.375 | |
| | | 8.600 | 8.725 | 7.900 | 8.525 | 33.750 | |
| | | | | | | 67.125 | 22 |
| Jenny Gaunt | NZ | 8.525 | 8.050 | 8.120 | 8.750 | 33.425 | |
| | | 8.450 | 8.000 | 8.150 | 8.900 | 33.500 | |
| | | | | | | 66.925 | 23 |
| Anita Miller | NZ | 8.300 | 8.200 | 7.700 | 8.550 | 32.750 | |
| | | 8.550 | 8.100 | 8.275 | 8.675 | 33.600 | |
| | | | | | | 66.350 | 24 |
| Kirsty Paulus | WA | 8.950 | 8.550 | 7.900 | 8.450 | 33.850 | |
| | | 8.550 | 0.000 | 0.000 | 0.000 | 8.550 | |
| | | | | | | 42.400 | 25 |
| Sharon Touma | NSW | 8.700 | 8.050 | 8.800 | 8.400 | 33.950 | |
| | | 0.000 | 0.000 | 8.150 | 0.000 | 8.150 | |
| | | | | | | 42.100 | 26 |
| Melanie Bradford | TAS | 8.925 | 7.900 | 7.600 | 8.150 | 32.575 | |
| | | 8.750 | 0.000 | 0.000 | 0.000 | 8.750 | |
| | | | | | | 41.325 | 27 |

Photo courtesy Ross Gould

Level 8 Apparatus Finals

| Name | Cty | Total | Place | Name | Cty | Total | Place |
|------------------|-----|-------|-------|-------------------|-----|-------|-------|
| Vault | | | | Beam | | | |
| Fiona Landrigan | AUS | 9.225 | 1 | Jennifer Ivey | WA | 9.000 | 1 |
| Katie Black | NSW | 9.050 | 2 | Bianca Wolloghnan | NSW | 8.950 | 2 |
| Carly Stephenson | NSW | 9.025 | 3 | Susannah Pumphrey | NSW | 8.850 | 3 |
| Shay Bynon | VIC | 8.950 | 4 | Catherine Bonner | NSW | 8.725 | 4 |
| Chelsea Evans | AUS | 8.900 | 5 | Mardi Watson | AUS | 8.675 | 5 |
| Mardi Watson | AUS | 8.850 | =6 | Katie Black | NSW | 8.650 | =6 |
| Kelly Bronts | AUS | 8.850 | =6 | Carly Stephenson | NSW | 8.650 | =6 |
| Kerryn Jackson | QLD | 8.800 | =8 | Fiona Landrigan | AUS | 8.650 | =6 |
| Jennifer Ivey | WA | 8.800 | =8 | Floor | | | |
| Bars | | | | Mardi Watson | AUS | 9.325 | 1 |
| Holly Bilttoft | WA | 8.950 | 1 | Kelly Bronts | AUS | 9.075 | 2 |
| Chelsea Evans | AUS | 8.900 | 2 | Fiona Landrigan | AUS | 9.000 | 3 |
| Davinia Durrant | NZ | 8.875 | 3 | Holly Bilttoft | WA | 8.900 | =4 |
| Mardi Watson | AUS | 8.850 | =4 | Jenny Gaunt | NZ | 8.900 | =4 |
| Fiona Landrigan | AUS | 8.850 | =4 | Karina McHardy | NZ | 8.900 | =4 |
| Michelle Whitty | QLD | 8.825 | 6 | Melinda Hui | QLD | 8.800 | =7 |
| Melissa Gorham | AUS | 8.800 | 7 | Korina Alford | AUS | 8.800 | =7 |
| Kelly Bronts | AUS | 8.750 | 8 | Chelsea Evans | AUS | 8.800 | =7 |
| | | | | Davinia Durrant | NZ | 8.800 | =7 |

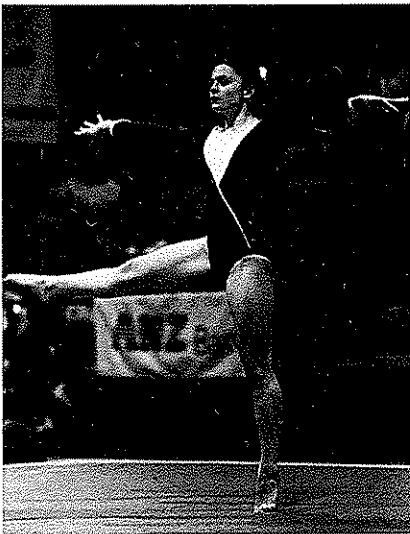
JUNIOR NATIONALS

U/16 Men Individual All-Around

| Name | Cty | Total | Place |
|---------------|------|-------|-------|
| W. Peterson | V/IG | 99.90 | 1 |
| B. Eisenhauer | NSW | 99.40 | 2 |
| A. Bloomfield | NSW | 98.75 | 3 |
| G. Woodford | QLD | 95.55 | 4 |
| B. Bell | NT | 88.90 | 5 |

U/16 Apparatus Finals

| Name | Cty | Total | Place |
|----------------|------|-------|-------|
| Floor | | | |
| A. Bloomfield | NSW | 18.45 | 1 |
| W. Peterson | V/IG | 18.00 | 2 |
| B. Bell | NT | 16.45 | =3 |
| G. Woodford | QLD | 16.45 | =3 |
| B. Eisenhauer | NSW | 16.30 | 5 |
| Pommels | | | |
| W. Peterson | V/IG | 16.90 | 1 |
| B. Eisenhauer | NSW | 16.50 | 2 |
| A. Bloomfield | NSW | 15.60 | 3 |
| G. Woodford | QLD | 14.40 | 4 |
| B. Bell | NT | 13.55 | 5 |
| Rings | | | |
| B. Eisenhauer | NSW | 15.50 | 1 |
| A. Bloomfield | NSW | 14.50 | 2 |
| G. Woodford | QLD | 14.00 | 3 |
| W. Peterson | V/IG | 13.95 | 4 |
| B. Bell | NT | 12.50 | 5 |
| Vault | | | |
| A. Bloomfield | NSW | 17.70 | 1 |
| W. Peterson | V/IG | 17.55 | 2 |
| G. Woodford | QLD | 17.40 | 3 |
| B. Bell | NT | 17.30 | 3 |
| B. Eisenhauer | NSW | 16.40 | 5 |
| P/Bar | | | |
| W. Peterson | V/IG | 17.40 | 1 |
| B. Eisenhauer | NSW | 17.20 | 2 |
| G. Woodford | QLD | 16.70 | 3 |
| A. Bloomfield | NSW | 15.95 | 4 |
| B. Bell | NT | 14.95 | 5 |
| H/Bar | | | |
| B. Eisenhauer | NSW | 17.50 | 1 |
| G. Woodford | QLD | 16.60 | 2 |
| A. Bloomfield | NSW | 16.55 | 3 |
| W. Peterson | V/IG | 16.10 | 4 |
| B. Bell | NT | 14.15 | 5 |



Hollie Bevans, Vic

U/14 Individual All-Around

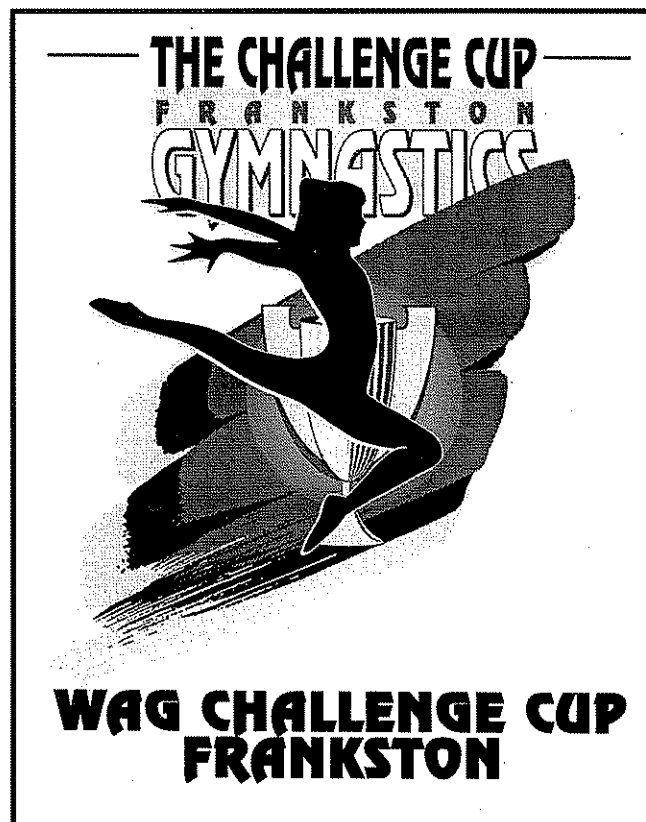
| Name | Country | Floor | Pommel | Rings | Vault | P.Bars | H.Bar | Total | Place |
|--------------|---------|-------|--------|-------|-------|--------|-------|--------|-------|
| T. Steven | VIC | 18.30 | 17.65 | 18.25 | 16.95 | 18.80 | 17.80 | 107.75 | 1 |
| M. Whitland | NSW | 18.60 | 17.25 | 17.55 | 16.75 | 18.35 | 18.35 | 106.85 | 2 |
| S. Kimm | VIC | 18.20 | 18.05 | 16.45 | 16.85 | 17.60 | 17.30 | 104.45 | 3 |
| M. Weston | VIC | 18.15 | 17.50 | 16.35 | 16.90 | 16.85 | 15.15 | 100.90 | 4 |
| D. Hackett | NSW | 17.60 | 17.05 | 17.40 | 16.30 | 16.95 | 15.55 | 100.85 | 5 |
| P. Lucas | SA | 17.60 | 15.25 | 16.00 | 15.45 | 18.40 | 17.10 | 99.80 | 6 |
| P. Benn | VIC | 17.10 | 17.10 | 15.50 | 16.35 | 18.00 | 15.55 | 99.60 | 7 |
| R. D'Costa | SA | 15.55 | 15.95 | 17.00 | 16.30 | 16.85 | 17.55 | 99.20 | 8 |
| D. Mattern | NSW | 16.95 | 16.50 | 16.00 | 16.05 | 17.35 | 16.00 | 98.85 | 9 |
| G. Gatehouse | QLD | 17.10 | 17.05 | 16.00 | 15.30 | 16.90 | 16.35 | 98.70 | 10 |
| M. Gumley | NSW | 16.90 | 16.40 | 15.75 | 15.55 | 17.45 | 16.00 | 98.60 | 11 |
| A. Quinnell | NSW | 18.40 | 16.00 | 15.05 | 16.05 | 16.70 | 15.75 | 97.95 | 12 |
| M. Francis | VIC | 17.70 | 16.35 | 14.90 | 15.65 | 17.25 | 15.95 | 97.80 | 13 |
| S. Robinson | VIC | 16.05 | 15.60 | 15.40 | 16.45 | 16.50 | 15.35 | 95.35 | 14 |
| A. Travis | V/IG | 17.45 | 13.50 | 15.30 | 15.05 | 17.35 | 16.10 | 94.75 | 15 |
| D. Garner | SA | 17.00 | 12.65 | 16.00 | 15.70 | 17.05 | 15.85 | 94.25 | 16 |
| A. Steinhoff | NSW | 15.90 | 15.30 | 14.85 | 16.10 | 16.40 | 15.55 | 94.10 | 17 |
| A. Masterson | V/IG | 17.50 | 13.00 | 14.50 | 16.05 | 16.35 | 16.00 | 93.40 | 18 |
| J. Roberts | SA | 17.30 | 13.05 | 15.75 | 16.50 | 15.75 | 14.65 | 93.00 | 19 |
| D. Norgate | ACT | 16.65 | 14.25 | 15.85 | 16.00 | 15.30 | 14.50 | 92.55 | 20 |
| S. Burnett | QLD | 16.90 | 14.65 | 15.00 | 15.40 | 16.65 | 13.55 | 92.15 | 21 |
| D. Jones | NSW | 15.60 | 14.65 | 15.35 | 14.75 | 15.75 | 15.60 | 91.70 | 22 |
| J. Winter | SA | 15.95 | 14.40 | 13.90 | 15.70 | 15.55 | 15.30 | 90.80 | 23 |
| A. Buscumb | SA | 15.30 | 12.70 | 15.25 | 15.65 | 16.30 | 15.40 | 90.60 | 24 |
| A. Hale | NSW | 14.40 | 13.70 | 14.35 | 15.85 | 14.30 | 15.70 | 88.30 | 25 |
| B. Schumaker | ACT | 15.60 | 12.50 | 14.90 | 15.00 | 14.30 | 13.65 | 85.95 | 26 |
| N. Harfield | SA | 0.00 | 13.65 | 15.75 | 7.70 | 14.90 | 14.35 | 66.35 | 27 |

RESULTS

U/14 Apparatus Finals

| Name | Cty | Total | Place | Name | Cty | Total | Place |
|----------------|-----|-------|-------|--------------|-----|-------|-------|
| Floor | | | | Vault | | | |
| M. Whitland | NSW | 18.60 | 1 | T. Steven | VIC | 16.95 | 1 |
| A. Quinnell | NSW | 18.40 | 2 | M. Weston | VIC | 16.90 | 2 |
| T. Steven | VIC | 18.30 | 3 | S. Kimm | VIC | 16.85 | 3 |
| S. Kimm | VIC | 18.20 | 4 | P/Bar | | | |
| M. Weston | VIC | 18.15 | 5 | T. Steven | VIC | 18.80 | 1 |
| M. Francis | VIC | 17.70 | 6 | P. Lucas | SA | 18.40 | 2 |
| D. Hackett | NSW | 17.60 | =7 | M. Whitland | NSW | 18.35 | 3 |
| P. Lucas | SA | 17.60 | =7 | H/Bar | | | |
| Pommels | | | | M. Whitland | NSW | 18.35 | 1 |
| S. Kimm | VIC | 18.05 | 1 | T. Steven | VIC | 17.80 | 2 |
| T. Steven | VIC | 17.65 | 2 | R. D'Costa | SA | 17.55 | 3 |
| M. Weston | VIC | 17.50 | 3 | | | | |
| M. Whitland | NSW | 17.25 | 4 | | | | |
| P. Benn | VIC | 17.10 | 5 | | | | |
| G. Gatehouse | QLD | 17.05 | =6 | | | | |
| D. Hackett | NSW | 17.05 | =6 | | | | |
| D. Mattern | NSW | 16.50 | 8 | | | | |
| Rings | | | | | | | |
| T. Steven | VIC | 18.25 | 1 | | | | |
| M. Whitland | NSW | 17.55 | 2 | | | | |

RESULTS



Overall Champion Club

| | | | |
|------|------------|------------|---------|
| 1st: | Geelong | Division A | 106.879 |
| | | Division B | 104.564 |
| | | Division C | 163.559 |
| | | | 375.002 |
| 2nd: | BTGC | Division A | 103.813 |
| | | Division B | 102.629 |
| | | Division C | 165.091 |
| | | | 371.533 |
| 3rd: | Cheltenham | Division A | 102.547 |
| | | Division B | 103.263 |
| | | Division C | 164.762 |
| | | | 370.572 |

Team Results Levels 9 & 10

| Team | Total | Place |
|---------|----------|-------|
| Geelong | 106.8790 | 1 |
| Wav. A. | 104.5970 | 2 |
| BTGC | 103.8130 | 3 |
| GRIPS | 103.4800 | 4 |
| Chelt. | 102.5470 | 5 |
| Wav. B. | 100.9450 | 6 |

Team Results Levels 7 & 8

| Team | Total | Place |
|-----------|----------|-------|
| F'ston A | 108.9130 | 1 |
| Geelong | 104.5640 | 2 |
| Chelt. A. | 103.2630 | 3 |
| BTGC | 102.6290 | 4 |
| GRIPS | 100.7950 | 5 |
| BTGC B | 100.5950 | 6 |
| Waverley | 99.7290 | 7 |
| Foots. A | 99.3300 | 8 |
| F'ston C | 98.7140 | 9 |
| F'ston B | 98.3970 | 10 |
| Chelt. B | 97.4950 | 11 |
| Foots. B | 93.4630 | 12 |

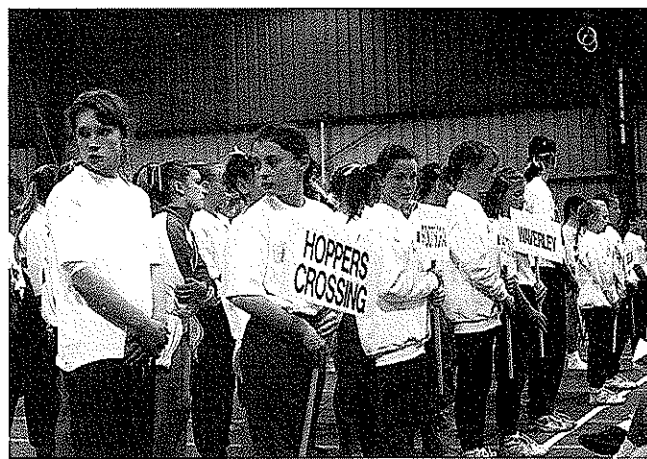
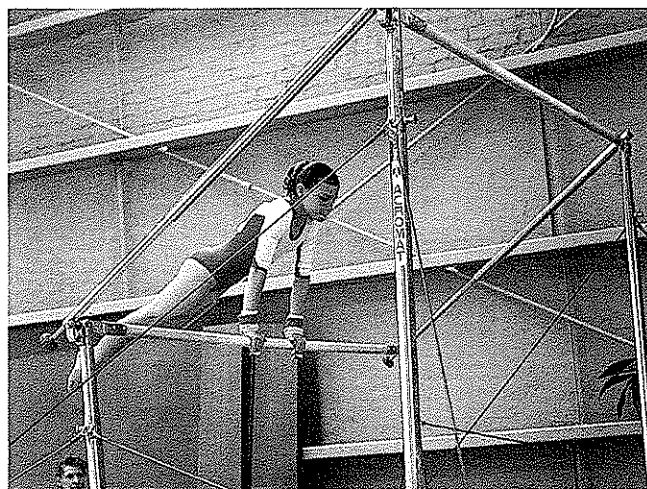
Team Results Levels 5 & 6

| Team | Total | Place |
|------------|----------|-------|
| Wav. A | 166.0770 | 1 |
| BTGC A | 165.0910 | 2 |
| Chelt. | 164.7620 | 3 |
| EGA | 164.0280 | 4 |
| Geelong | 163.5590 | 5 |
| GRIPS | 161.7940 | 6 |
| H/Crossing | 159.2590 | 7 |
| Balwyn | 156.1260 | 8 |
| BTGC B | 154.2940 | 9 |
| Wav. B | 153.7930 | 10 |



Levels 9 & 10 - All-Around

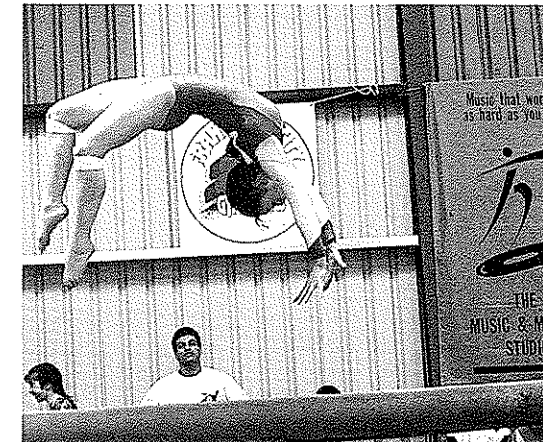
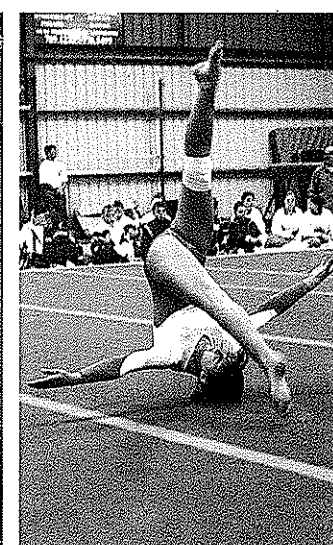
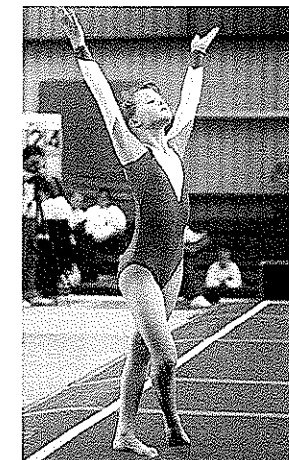
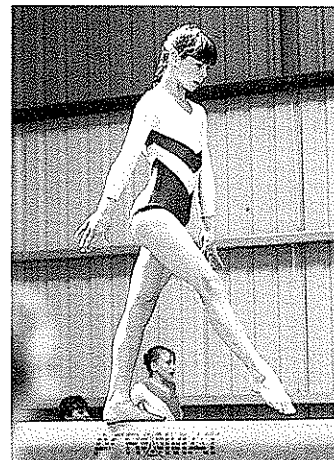
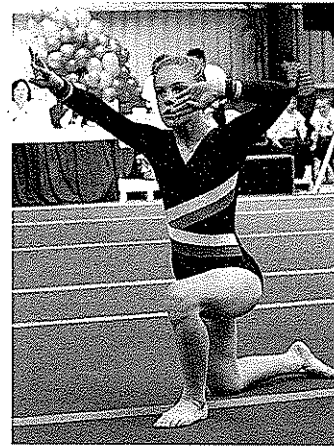
| Name | Cty | Vault | U.Bars | Beam | Floor | Total | Place |
|------------------------|---------|-------|--------|-------|-------|---------|-------|
| Kelly Bronts | G'long | 9.133 | 8.166 | 8.800 | 9.133 | 35.2320 | 1 |
| Monique St. Clair | Wav. A. | 8.933 | 8.250 | 9.100 | 8.833 | 35.1160 | 2 |
| Collette Hardcastle | BTGC | 8.766 | 8.600 | 9.033 | 8.600 | 34.9990 | 3 |
| Lisa White | Wav. A. | 9.133 | 8.250 | 8.866 | 8.633 | 34.8820 | 4 |
| Felicia O'Brien | BTGC | 8.700 | 8.766 | 8.800 | 8.500 | 34.7660 | 5 |
| Laura Royce | G'long | 8.933 | 8.816 | 8.566 | 8.400 | 34.7150 | 6 |
| Veronica Skrzyniarz | GRIPS | 8.733 | 8.266 | 8.266 | 8.800 | 34.0650 | 7 |
| Sandra Law | GRIPS | 8.800 | 8.400 | 8.533 | 8.300 | 34.0330 | 8 |
| Victoria Klaus | Wav. A. | 8.566 | 8.000 | 8.933 | 8.533 | 34.0320 | 9 |
| Chelsea Evans | Wav. B. | 8.466 | 8.750 | 8.533 | 8.233 | 33.9820 | 10 |
| Samantha Thorp | Wav. B. | 9.000 | 7.566 | 8.633 | 8.566 | 33.7650 | 11 |
| Sharon Buchanan | Wav. A. | 8.600 | 7.933 | 8.500 | 8.700 | 33.7330 | 12 |
| Sarah Short | GRIPS | 8.866 | 8.133 | 8.133 | 8.566 | 33.6980 | 13 |
| Kirsten Cole | BTGC | 8.700 | 8.200 | 8.133 | 8.500 | 33.5330 | 14 |
| Regan Molyneaux | GRIPS | 8.700 | 8.233 | 8.233 | 8.333 | 33.4990 | 15 |
| Katherine Polkinghorne | G'long | 8.700 | 7.900 | 8.133 | 8.600 | 33.3330 | 16 |
| Melissa Gorham | Chelt. | 8.933 | 8.200 | 7.600 | 8.500 | 33.2330 | 17 |
| Melanie O'Brien | BTGC | 8.700 | 8.266 | 8.033 | 8.233 | 33.2320 | 18 |
| Kylie May | Chelt. | 8.633 | 8.200 | 7.966 | 7.800 | 32.5990 | 19 |
| Alysa Hopper | Chelt. | 8.833 | 7.600 | 6.933 | 8.533 | 31.8990 | 20 |
| Anna Byrne | Chelt. | 8.700 | 6.866 | 6.600 | 8.266 | 30.4320 | 21 |
| Danae Maniatakis | Wav. B. | 8.300 | 6.433 | 8.133 | 7.466 | 30.3320 | 22 |



RESULTS

Levels 7 & 8 All-Around

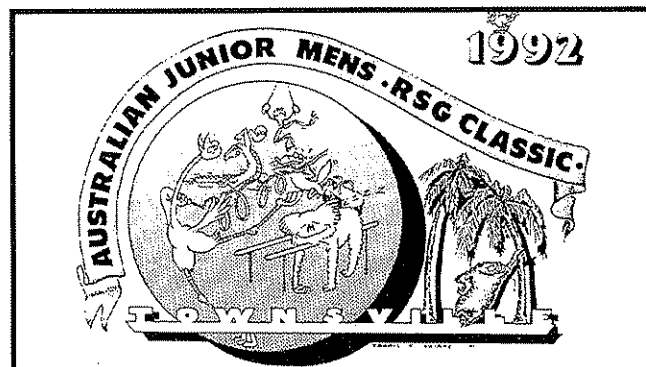
| Name | Cty | Vault | U.Bars | Beam | Floor | Total | Place |
|------------------|------------|-------|--------|-------|-------|---------|-------|
| Fiona Landrigan | F'ston A | 9.233 | 8.433 | 9.233 | 9.300 | 36.1990 | 1 |
| Korina Alford | G'long | 8.700 | 8.483 | 9.033 | 8.833 | 35.0490 | 2 |
| Shay Bynon | BTGC A | 8.966 | 8.550 | 8.633 | 8.700 | 34.8490 | 3 |
| Lianne Richards | F'ston A | 8.566 | 8.333 | 8.633 | 8.900 | 34.4320 | 4 |
| Emily Renes | GRIPS | 8.566 | 8.500 | 8.500 | 8.500 | 34.0660 | 5 |
| Kacey Bennett | BTGC B | 8.400 | 8.433 | 8.366 | 8.833 | 34.0320 | 6 |
| Julia Gilligan | G'long | 8.466 | 7.650 | 8.766 | 9.133 | 34.0150 | 7 |
| Robyn Landrigan | F'ston C | 8.133 | 8.650 | 8.033 | 8.766 | 33.5820 | 8 |
| Skye Luckins | Chelt. A | 8.566 | 8.266 | 8.400 | 8.300 | 33.5320 | 9 |
| Kate Bonsack | H/Crossing | 8.033 | 8.233 | 8.633 | 8.466 | 33.3650 | 10 |
| Emma Sword | BTGC A | 8.600 | 8.333 | 8.066 | 8.266 | 33.2650 | 11 |
| Trudi Cork | F'ston A | 8.666 | 8.466 | 7.833 | 8.200 | 33.1650 | 12 |
| Liselle Paris | F'ston B | 8.333 | 8.266 | 7.833 | 8.400 | 32.8320 | 13 |
| Loretta Laudato | Foots. A | 8.466 | 7.666 | 8.133 | 8.500 | 32.7650 | 14 |
| Kathy Winton | Foots. A | 8.233 | 7.800 | 8.533 | 8.100 | 32.6660 | 15 |
| Melissa Cairns | G'long | 8.466 | 7.833 | 8.033 | 8.300 | 32.6320 | 16 |
| Claire Spedding | Chelt. A | 8.466 | 8.300 | 7.833 | 7.933 | 32.5320 | 17 |
| Courtney Langley | Chelt. A | 8.700 | 8.100 | 7.500 | 8.000 | 32.3000 | 18 |
| Rachel Gooch | F'ston A | 7.766 | 7.900 | 8.033 | 8.533 | 32.2320 | 19 |
| Kelly Meade | BTGC B | 8.200 | 7.700 | 7.966 | 8.066 | 31.9320 | 20 |
| Amy Byrne | Chelt. | 8.566 | 8.166 | 7.366 | 7.700 | 31.7980 | 21 |
| Nicole Paulsen | F'ston C | 7.566 | 7.333 | 8.133 | 8.700 | 31.7320 | 22 |
| Rachel Hill | Waverley | 8.266 | 7.633 | 8.133 | 7.633 | 31.6650 | 23 |
| Lisa Beasley | BTGC A | 8.766 | 7.566 | 7.266 | 7.900 | 31.4980 | 24 |
| Louise Gundry | Waverley | 8.400 | 6.733 | 8.100 | 7.766 | 30.9990 | 25 |



Levels 5 & 6 All-Around

| Name | Cty | Vault | U.Bars | Beam | Floor | Total | Place |
|---------------------|------------|-------|--------|-------|-------|---------|-------|
| Adelle Muir | BTGC A | 8.600 | 9.100 | 8.666 | 8.566 | 34.9320 | 1 |
| Tracy McIntosh | G'long | 8.066 | 8.633 | 9.033 | 9.166 | 34.8980 | 2 |
| Tara Short | F'ston | 8.800 | 8.833 | 8.366 | 8.800 | 34.7990 | 3 |
| Katrina Eddy | Wav. A | 8.666 | 8.516 | 8.800 | 8.733 | 34.7150 | 4 |
| Antonia Carello | BTGC A | 8.100 | 8.900 | 8.466 | 8.633 | 34.0990 | 5 |
| Kate Davis | Chelt. | 8.400 | 8.666 | 8.100 | 8.700 | 33.8660 | 6 |
| Allana Green | Wav. A | 8.166 | 8.450 | 8.600 | 8.600 | 33.8160 | 7 |
| Belinda Cowling | Wav. A | 8.500 | 8.283 | 8.433 | 8.366 | 33.5820 | 8 |
| Laura Thoms | Chelt. | 8.000 | 8.666 | 8.466 | 8.433 | 33.5650 | 9 |
| Katherine Howell | Chelt. | 8.000 | 8.400 | 8.733 | 8.333 | 33.4660 | 10 |
| Natalie Nalesynik | H/Crossing | 8.066 | 8.633 | 8.433 | 8.166 | 33.2980 | 11 |
| Tenille Paris | F'ston | 7.900 | 8.300 | 8.233 | 8.633 | 33.0660 | 12 |
| Vanessa Hewson | BTGC A | 8.233 | 8.500 | 7.800 | 8.500 | 33.0330 | 13 |
| Tanya von Ahlefeldt | G'long | 8.100 | 8.000 | 8.166 | 8.766 | 33.0320 | 14 |
| Cassandra Barr | Wav. A | 8.333 | 8.133 | 7.833 | 8.566 | 32.8650 | 15 |
| Rachel Sinclair | F'ston | 7.800 | 9.000 | 7.133 | 8.466 | 32.3990 | 16 |
| Ann-Marie Roda | Foots | 7.900 | 8.466 | 8.033 | 8.000 | 32.3990 | 16 |
| Kim Hayes | EGA | 8.133 | 8.216 | 7.533 | 8.400 | 32.2820 | 18 |
| Lisa Hughes | F'ston | 7.600 | 8.633 | 7.433 | 8.533 | 32.1990 | 19 |
| Elvira Alszegi | GRIPS | 8.600 | 7.800 | 7.266 | 8.466 | 32.1320 | 20 |
| Elizabeth Wong | Balwyn | 8.066 | 7.450 | 7.833 | 8.700 | 32.0490 | 21 |
| Amy Simpson | GRIPS | 7.500 | 8.483 | 7.500 | 8.400 | 31.8830 | 22 |
| Kelly Riordan | G'long | 7.900 | 7.733 | 7.633 | 8.366 | 31.6320 | 23 |

RESULTS



Senior Challenge

| Name | Cty | Total | Place |
|------------|-----|-------|-------|
| M. Selby | SA | 31.60 | 1 |
| K. Fennell | NSW | 31.30 | 2 |
| R. Oakley | VIC | 30.35 | 3 |

Senior Challenge Final

| Name | Cty | Total | Place |
|--------------|-----|-------|-------|
| Rope | | | |
| M. Selby | SA | 8.00 | 1 |
| R. Oakley | VIC | 7.95 | 2 |
| K. Fennell | NSW | 7.90 | 3 |
| Hoop | | | |
| M. Selby | SA | 7.90 | 1 |
| R. Oakley | VIC | 7.85 | 2 |
| K. Fennell | NSW | 7.65 | 3 |
| Clubs | | | |
| K. Fennell | NSW | 7.85 | 1 |
| M. Selby | SA | 6.35 | 2 |
| Ball | | | |
| R. Oakley | VIC | 8.05 | 1 |
| K. Fennell | NSW | 7.95 | 2 |
| M. Selby | SA | 7.20 | 3 |

Junior Challenge

| Name | Cty | Total | Place |
|------------|-----|-------|-------|
| T. Reeves | NSW | 34.50 | 1 |
| L. Hancock | SA | 33.25 | 2 |
| R. Taylor | NSW | 32.05 | 3 |

Junior Challenge Finals

| Name | Cty | Total | Place |
|--------------|-----|-------|-------|
| Hoop | | | |
| T. Reeves | NSW | 8.60 | 1 |
| L. Hancock | SA | 8.20 | 2 |
| R. Taylor | NSW | 7.95 | 3 |
| Clubs | | | |
| T. Reeves | NSW | 8.40 | 1 |
| R. Taylor | NSW | 8.00 | =2 |
| L. Hancock | SA | 8.00 | =2 |
| Ball | | | |
| T. Reeves | NSW | 8.50 | 1 |
| L. Hancock | SA | 8.40 | 2 |
| R. Taylor | NSW | 8.15 | 3 |
| Rope | | | |
| T. Reeves | NSW | 8.70 | 1 |
| L. Hancock | SA | 8.25 | 2 |
| R. Taylor | NSW | 8.05 | 3 |

Team Results

Under 12

| Team | Total | Place |
|------|-------|-------|
| NSW | 77.90 | 1 |
| VIC | 74.65 | 2 |
| WA | 73.15 | 3 |
| SA | 70.05 | 4 |
| QLD | 69.20 | 5 |
| NT | 20.25 | 6 |

Under 14

| Team | Total | Place |
|------|-------|-------|
| NSW | 71.70 | 1 |
| QLD | 70.35 | =2 |
| VIC | 70.35 | =2 |
| WA | 69.20 | 4 |
| NT | 68.95 | 5 |
| SA | 66.45 | 6 |
| NZ | 22.50 | 7 |

Under 16

| Team | Total | Place |
|------|-------|-------|
| NSW | 71.05 | 1 |
| QLD | 70.75 | 2 |
| VIC | 69.85 | 3 |
| SA | 69.50 | 4 |
| WA | 67.10 | 5 |
| NZ | 65.35 | 6 |

Open

| Team | Total | Place |
|------|-------|-------|
| QLD | 70.85 | 1 |
| NSW | 70.10 | 2 |
| VIC | 68.95 | 3 |
| NZ | 68.60 | 4 |
| SA | 47.85 | 5 |
| WA | 23.25 | 6 |

Individual All-Around-Open

| Name | Cty | Total | Place |
|---------------|-----|-------|-------|
| K. Wadsworth | SA | 24.35 | 1 |
| B. Atkinson | QLD | 24.00 | 2 |
| R. Johnson | NSW | 23.70 | 3 |
| N. Button | VIC | 23.60 | 4 |
| P. Varga | SA | 23.50 | 5 |
| K. Baxter | QLD | 23.45 | 6 |
| S. Tylor | NSW | 23.30 | 7 |
| C. Kirkup | ACT | 23.25 | 8 |
| K. Hunter | QLD | 23.15 | 9 |
| N. Smith | NZ | 23.10 | 10 |
| A. Howard | NZ | 23.05 | 11 |
| J. Rolis | VIC | 22.70 | 12 |
| R. Poulier | VIC | 22.65 | =13 |
| K. O'Halloran | QLD | 22.65 | =13 |
| N. Rosser | NSW | 22.60 | 15 |
| S. Boland | NSW | 22.45 | 16 |
| M. Neil | NZ | 22.35 | 17 |
| J. Mills | NZ | 22.05 | 18 |
| E. Belousovo | WA | | |

Finals-Open

| Name | Cty | Total | Place |
|---------------|-----|-------|-------|
| Ball | | | |
| K. Wadsworth | SA | 8.65 | 1 |
| K. Baxter | QLD | 8.30 | 2 |
| B. Atkinson | QLD | 8.20 | 3 |
| R. Johnson | NSW | 8.10 | 4 |
| N. Rosser | NSW | 8.00 | 5 |
| C. Kirkup | ACT | 7.45 | 6 |
| Ribbon | | | |
| S. Tylor | NSW | 7.90 | 1 |
| R. Johnson | NSW | 7.85 | 2 |
| K. Wadsworth | SA | 7.80 | 3 |
| N. Button | VIC | 7.65 | 4 |
| P. Varga | SA | 7.60 | 5 |
| N. Rosser | NSW | 7.20 | 6 |
| Clubs | | | |
| K. Baxter | QLD | 8.05 | 1 |
| R. Johnson | NSW | 8.00 | 2 |
| K. Wadsworth | SA | 7.85 | =3 |
| B. Atkinson | QLD | 7.85 | =3 |
| A. Howard | NZ | 7.75 | 5 |
| N. Button | VIC | 7.40 | 6 |

Finals-U/16

| Name | Cty | Total | Place |
|-------------------|-----|-------|-------|
| Clubs | | | |
| A. Paris | NSW | 8.40 | 1 |
| S. Fraser | VIC | 8.30 | 2 |
| K. Potter | QLD | 8.25 | 3 |
| T. Ali | SA | 7.85 | 4 |
| V. Fullard | VIC | 7.70 | 5 |
| A. O'Rourke-Curry | SA | 7.60 | 6 |
| Floor | | | |
| S. Fraser | VIC | 8.70 | 1 |
| I. Veronesi | NSW | 8.40 | 2 |
| T. Smith | NSW | 8.35 | 3 |
| V. Fullard | VIC | 8.20 | =4 |
| R. Uochiuto | SA | 8.20 | =4 |
| A. Paris | NSW | 8.10 | 6 |
| D. Healy | NSW | 8.05 | 7 |
| K. Dent | QLD | 8.00 | 8 |
| Ribbon | | | |
| K. Dent | QLD | 8.25 | 1 |
| S. Fraser | VIC | 8.10 | 2 |
| A. Paris | NSW | 8.05 | 3 |
| K. Potter | QLD | 8.00 | 4 |
| J. Scanlan | WA | 7.55 | 5 |
| R. Boldery | QLD | 7.30 | 6 |

Finals-U/14

| Name | Cty | Total | Place |
|----------------|-----|-------|-------|
| Floor | | | |
| M. Smith | WA | 8.50 | 1 |
| S. Vajda | WA | 8.25 | =2 |
| K. McGrath | NSW | 8.25 | =2 |
| V. Torstensson | NSW | 8.20 | 4 |
| T. Hobson | QLD | 8.05 | =5 |
| A. Stankovic | VIC | 8.05 | =5 |
| C. Garrett | SA | 8.00 | 7 |
| T. Hill | NSW | 7.95 | 8 |
| Hoop | | | |
| T. Hill | NSW | 8.60 | 1 |
| V. Torstensson | NSW | 8.20 | 2 |
| H. Leonard | VIC | 8.10 | 3 |
| S. Vajda | WA | 8.05 | 4 |
| J. Howarth | NZ | 7.80 | 5 |
| A. Stankovic | VIC | 7.70 | 6 |
| Rope | | | |
| H. Leonard | VIC | 8.25 | 1 |
| T. Hobson | QLD | 8.20 | 2 |
| V. Torstensson | NSW | 7.95 | 3 |
| M. Smith | WA | 7.80 | =4 |
| A. Stankovic | VIC | 7.80 | =4 |
| K. Healy | QLD | 6.95 | 6 |

Finals-U/12

| Name | Cty | Total | Place |
|---------------|-----|-------|-------|
| Floor | | | |
| S. Johnston | NSW | 9.35 | 1 |
| Y. Voyler | VIC | 9.10 | 2 |
| B. Novakovic | NSW | 9.05 | 3 |
| I. Vahala | WA | 8.85 | 4 |
| C. Mannors | VIC | 8.70 | =5 |
| I. Pugin | VIC | 8.70 | =5 |
| M. Waddell | NSW | 8.60 | =7 |
| G. Ritchie | WA | 8.60 | =7 |
| Rope | | | |
| S. Johnston | NSW | 8.95 | 1 |
| T. Vahala | WA | 8.75 | 2 |
| B. Novakovic | NSW | 8.55 | 3 |
| D. Billington | NSW | 8.45 | =4 |
| C. Mannors | VIC | 8.45 | =4 |
| M. Waddell | NSW | 8.05 | 6 |
| I. Pugin | VIC | | |

Individual All-Around-U/16

| Name | Cty | Total | Place |
|-------------------|-----|-------|-------|
| S. Fraser | VIC | 24.85 | 1 |
| A. Paris | NSW | 24.25 | 2 |
| K. Potter | QLD | 24.00 | 3 |
| V. Fullard | VIC | 23.75 | 4 |
| I. Veronesi | NSW | 23.50 | 5 |
| K. Dent | QLD | 23.40 | 6 |
| R. Boldery | QLD | 23.35 | =7 |
| T. Ali | SA | 23.35 | =7 |
| A. O'Rourke-Curry | SA | 23.15 | 9 |
| T. Smith | NSW | 22.95 | 10 |
| D. Healy | NSW | 22.90 | 11 |
| D. Crick | WA | 22.85 | 12 |
| R. Uochiuto | SA | 22.80 | 13 |
| J. Scanlan | WA | 22.65 | =14 |
| R. Hadlow | NZ | 22.65 | =14 |
| L. Kolberg | SA | 22.25 | 16 |
| C. Twiby | WA | 21.60 | 17 |
| C. Nicholson | NZ | 21.40 | 18 |
| L. Cameron | NZ | 21.30 | 19 |
| L. Gullan | VIC | 21.25 | 20 |
| N. Katich | WA | | |
| K. Cameron | NZ | | |

Individual All-Around-U/14

| Name | Cty | Total | Place |
|----------------|-----|-------|-------|
| T. Hill | NSW | 24.20 | 1 |
| V. Torstensson | NSW | 24.00 | 2 |
| M. Smith | WA | 23.85 | =3 |
| S. Vajda | WA | 23.85 | =3 |
| A. Stankovic | VIC | 23.85 | 5 |
| T. Hobson | QLD | 23.80 | 6 |
| K. Healy | QLD | 23.50 | 7 |
| H. Leonard | VIC | 23.45 | =8 |
| K. McGrath | NSW | 23.45 | =8 |
| P. Papas | QLD | 23.25 | 10 |
| C. Garrett | SA | 23.05 | 11 |
| J. Lawes | NSW | 23.00 | 12 |
| J. Howarth | NZ | 22.95 | 13 |
| A. Tonkin | NT | 22.90 | 14 |
| K. De Poel | SA | 22.80 | 15 |
| C. Stone | NZ | 22.75 | 16 |
| A. Ong | VIC | 22.70 | 17 |
| M. Godfrey | NZ | 22.50 | 18 |
| J-A Tirmus | QLD | 22.45 | 19 |
| E. Butterworth | SA | 22.25 | 20 |
| K. Comber | NZ | 21.75 | 21 |
| E. Douglas | WA | 21.50 | =22 |
| A. Tuckwell | SA | 21.50 | =22 |
| B. Leonhardt | NT | 21.10 | 24 |

Individual All-Around-U/12

| Name | Cty | Total | Place |
|---------------|-----|-------|-------|
| S. Johnston | NSW | 26.40 | 1 |
| B. Novakovic | NSW | 25.90 | 2 |
| I. Vahala | WA | 25.50 | 3 |
| M. Waddell | NSW | 25.35 | 4 |
| D. Billington | NSW | 24.90 | 5 |
| I. Pugin | VIC | 24.80 | 6 |
| C. Mannors | VIC | 24.75 | 7 |
| S. Bays | VIC | 24.50 | 8 |
| Y. Voyler | VIC | 24.05 | 9 |
| C. George | WA | 23.96 | 10 |
| K. Edgley | SA | 23.85 | 11 |
| J. Barry | QLD | 23.75 | 12 |
| G. Ritchie | WA | 23.65 | 13 |
| D. Ashbolt | WA | 23.35 | 14 |
| C. Oakley | SA | 23.25 | 15 |
| L. Inkster | SA | 22.95 | 16 |
| A. Carter | QLD | 22.85 | 17 |
| K. Johnson | SA | 22.80 | 18 |
| K. Forrest | QLD | 22.55 | 19 |
| M. Garbe | QLD | 22.35 | 20 |
| N. Challenor | NT | 20.25 | 21 |

| Name | Cty | Total | Place |
|---------------|-----|-------|-------|
| Hoop | | | |
| B. Novakovic | NSW | 8.95 | 1 |
| S. Johnston | NSW | 8.90 | 2 |
| I. Pugin | VIC | 8.60 | 3 |
| M. Waddell | NSW | 8.30 | 4 |
| D. Billington | NSW | 8.05 | 5 |
| T. Vahala | WA | 7.95 | 6 |



RESULTS

Rhythmic Classic Championships

Under 12 Pairs

| | | | |
|--------------------|-----|-------|---|
| Waddell/Novakovic | NSW | 16.65 | 1 |
| Ashbolt/Vahala | WA | 16.30 | 2 |
| Houghton/Chaseling | NSW | 16.20 | 3 |
| Johnston/Stamford | NSW | 15.95 | 4 |
| Forrest/Victory | QLD | 15.30 | 5 |
| Giles/Jones | NSW | 15.15 | 6 |

Under 14 Pairs

| | | | |
|------------------------|-----|-------|---|
| Tostennson/Benson | NSW | 16.35 | 1 |
| Hobson/Papas | QLD | 16.15 | 2 |
| Gillingham/Hunter | QLD | 15.85 | 3 |
| McDonough/Burton | SA | 15.55 | 4 |
| McHugh/Raisbeck | NSW | 15.45 | 5 |
| Tuckwell/Heywood-Smith | SA | 15.25 | 6 |
| Garrett/De Poel | SA | 15.15 | 7 |
| Lawes/ Nebauer | NSW | 14.95 | 8 |
| Stone/Howarth | NZ | 13.05 | 9 |

Under 16 Pairs

| | | | |
|-----------------|-----|-------|---|
| Fraser/Fullard | VIC | 16.60 | 1 |
| Ali/Kolberg | SA | 15.95 | 2 |
| Rees/Horfall | SA | 15.85 | 3 |
| Bambach/Karroll | NSW | 15.30 | 4 |
| Searle/Petersen | SA | 15.20 | 5 |
| Dent/Hobson | QLD | 15.15 | 6 |

Open Pairs

| | | | |
|--------------------|-----|-------|---|
| Baxter/Geve | QLD | 16.16 | 1 |
| O'Driscoll/MacLean | NZ | 16.05 | 2 |
| Hunter/Sorensen | QLD | 15.35 | 3 |
| Kirkup/O'Hara | ACT | 15.20 | 4 |
| Miecinski/Varga | SA | 15.05 | 5 |
| Button/Farrington | VIC | 14.80 | 6 |

Under 12 Trios

| | | | |
|-------------------------------|-----|-------|----|
| Ashbolt/Vahala/Ritchie | WA | 16.85 | 1 |
| Fardell/Carbone/Novakovic | NSW | 16.30 | 2 |
| Leray/Edson/Hart | NSW | 15.65 | =3 |
| Johnston/Stamford/Cruickshank | NSW | 15.65 | =3 |
| Edgley/Johnson/Skjernstad | SA | 15.35 | 5 |
| George/Charlesworth/Prince | WA | 15.00 | 6 |
| Inkster/Jones/Rowe | SA | 14.95 | 7 |
| Halbert/Oakley/Yelland | SA | 14.25 | 8 |

Under 14 Trios

| | | | |
|-----------------------------|-----|-------|---|
| Hobson/Papas/Hunter | QLD | 16.70 | 1 |
| Butterworth/Garrett/De Poel | SA | 15.65 | 2 |
| Burton/McDonough/Siels | SA | 15.60 | 3 |
| Lawes/Nebauer/Hill | WA | 15.00 | 4 |
| Torstensson/Benson/McGrath | NSW | 14.70 | 5 |

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