

the australian

GYMNAST

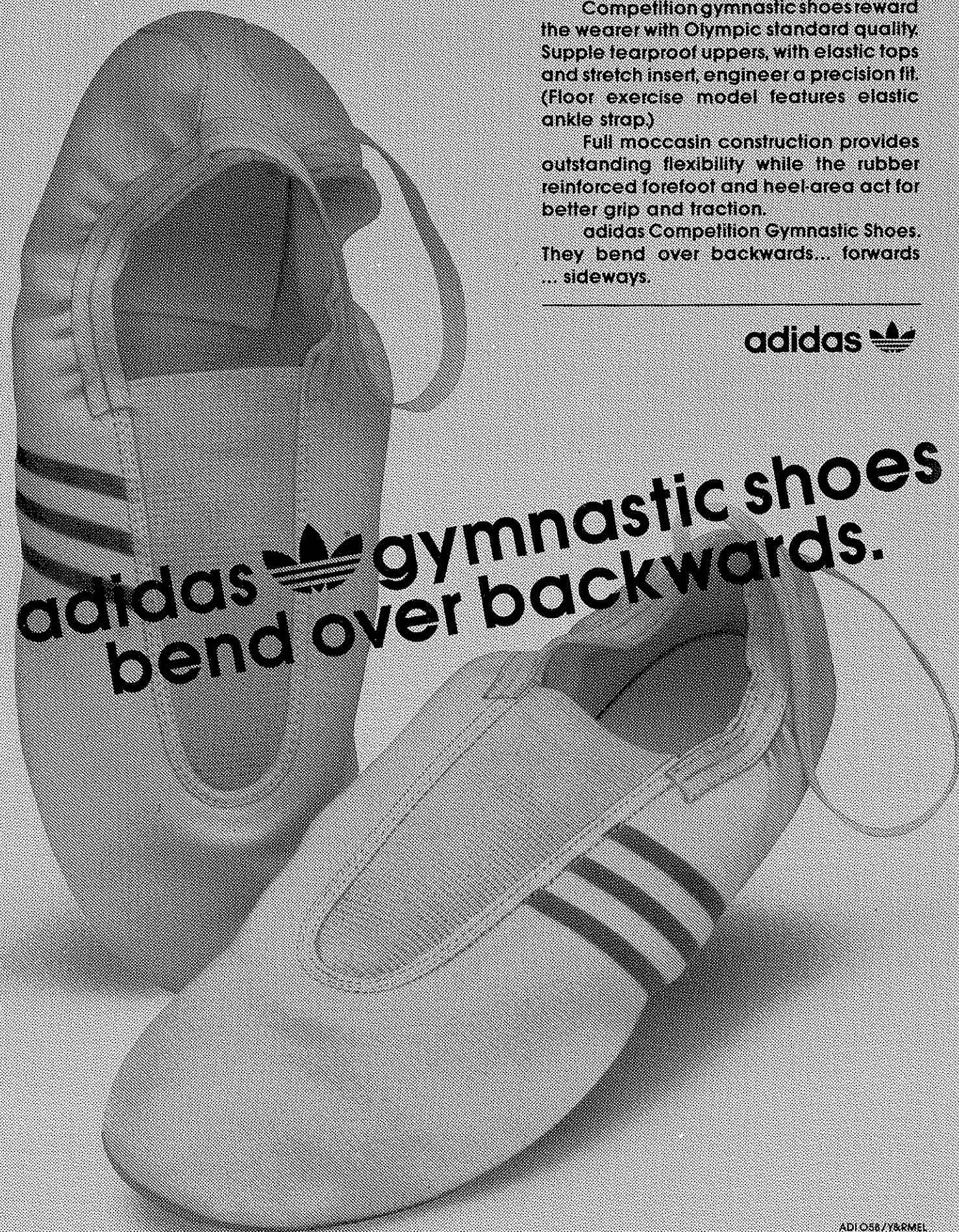


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SPRING 1988

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the *australian* GYMNAST

The official magazine of the Australian Gymnastic Federation

SPRING 1988
VOLUME No. 13
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EDITORIAL

Peggy Browne



The Federation has seen fit to employ a Development Director to ensure that there are appropriate club and state based programs for those wishing to participate in gymnastics either at the recreational level or in another capacity. Some of these exciting programs include the Gym Leaders Award, which allows in particular, teenagers to receive recognition for service to the sport through various areas such as judging, coaching, assistance at competitions and administration etc.

The community is now well acquainted with the Gymfun program and State Associations in particular are now recognising there is a great demand for the program, especially in the primary school system.

Because individual needs differ, gymnastics has to be able to provide a wide range of gymnastics opportunities in an attempt to entice a wide section of the general community to become involved and remain in the sport.

A majority of planning by the Technical personnel is nearing completion as the Federation and the gymnastic community prepare for the 1992 Olympic Games. As always, the major focus is on the competitive program which is indeed the catalyst for many gymnasts to take up the sport either at a competitive or recreational level. A great deal of work has gone into not only the Technical information and preparation for competitive gymnasts, but also into programs which are attractive and safe for those who wish to participate at the fundamental and recreational levels.

As the fundamental and recreational components of the sport are primarily community based, the tangible benefits to participants and in turn the providers of gymnastics programs are not always easy to see. It is therefore difficult to sell the concept of "user pay" in order to financially support the continuing research and development of these programs and associated support services. Participation is never the problem as we will witness with the interest generated by the Olympic Games.

The challenge is to continue to develop programs that can be utilised by providers of gymnastics programs in order to cater for the diverse range of needs of the general community.

Safety is important in gymnastics, the continued education and accreditation of coaches is vital and the administrative structure to ensure that the development, implementation and support for all these programs are effective is paramount. With these factors alone, it is realistic to justify the financial remuneration of recreational gymnasts to clubs, State and National bodies.

Although intrinsic and often intangible, participants do receive something which I consider most important, the opportunity to participate in challenging and rewarding programs under effective supervision and in a safe environment, which is due to the technical expertise of those who develop and implement the programs.

In a society that is becoming more attuned to 'self help' and a 'user pay' philosophy towards participation in sport especially if they feel they are receiving value for money, we should not shy away from seeking financial remuneration from participants. Instead we should be collectively focussing our attention to educating the general community as to the benefits, however intangible they seem, from participation in gymnastics programs. For that there is a cost involved and it is up to us all to ensure the participant feels they receive value for money.

PRESIDENT'S REPORT

James E. Barry



The 39th National Championships were successfully held in Sydney recently and hosted by the NSWGA on behalf of the Federation. Konica sponsored the Finals night.

This continuity is great and demonstrates their interest in our sport. We in turn appreciate their involvement and trust that we can provide them with appropriate benefits.

It was also appropriate that we celebrated our 40th Anniversary since we founded the Amateur Gymnastic Union in 1949.

It was also appropriate that it was celebrated in Sydney during our Bicentennial Year. To mark the occasion our Welcome Dinner provided a showcase of our history which was very well received, especially these young gymnasts checking out the oldies. Funny how the current officials bobbed up in the photographs! The Federation also had the opportunity to make the presentation of the inaugural Awards of Merit for service to the Federation. These recipients were:

- | | |
|-------------------------|-----|
| 1. Graham Bond | QLD |
| 2. Barry Cheales | QLD |
| 3. Eva Duffield | QLD |
| 4. John Wilby | QLD |
| 5. Jane Schmid (Mendel) | NSW |
| 6. Joan Caelli | VIC |
| 7. Stan Davies | VIC |
| 8. Phil Tearne | VIC |
| 9. Chris Timpson | ACT |
| 10. Nelleck Jol | WA |
| 11. Maureen Strauss | WA |

Our history is very important to preserve and these people made significant contributions to that history.

On another subject at the Annual General Meeting we saw Mrs Dolores Martin of Queensland elected as the elected delegate to the Board. With only two elected delegates these changes are inevitable, however I wish to express my sincere thanks to Jim Maguire of NSW for his excellent contribution over the last two years.

James E. Barry
President

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VH-R



THE KONICA GYMNASTIC GRAND PRIX

In June next year Brisbane will play host to some of the world's best gymnasts at the KONICA GYMNASTIC GRAND PRIX which will be staged at the Chandler Sports Centre in Brisbane.

The Grand Prix will feature mens, womens and rhythmic competition over four days and nights between June 21 and 24.

Teams from 11 countries have been invited to participate:

Australia, New Zealand, Canada, Peoples Republic of China, Democratic Republic of Germany, Roumania, Italy, Soviet Union, Japan, Great Britain and the United States.

Formal acceptances have already been received from a number of countries and Australian President, Jim Barry, reported, on his return from Seoul, that the remainder have indicated they too, will be accepting.

The Grand Prix was developed, as a joint project of the Australian and Queensland Gymnastic bodies, following the recent announcement by the Federal Government and Brisbane City Council of a \$1.1 million programme to build and develop a first class training and administration centre for the sport adjacent to the Commonwealth Games Sports Hall at Chandler in Brisbane.

Work on the project has already commenced and is expected to be completed in January next year. The facility will include a permanent home for the Queensland Gymnastic Association as well as a two-pit training area leaving the Sports Hall free for major competition.

The first competition of significant proportion in the new facility will be



The KONICA FIRST TEAM (L to R) Nicole Swan, The Hon. Brian Littleproud (Minister for Education, Youth and Sport in the Queensland Government), Lisa Symons, Joanne Steele, Kym Jackat, Sarah Dyson, Trisha Butler and Andrea Fitzsimmons.

the Grand Prix which will be staged as a self-liquidating exercise with financial support from Government, both Federal and State, and Business.

A quarter of a million dollar major sponsorship of the event by the Camera, Film and Reprographic Company, KONICA, was announced at a function in Brisbane in September by the Hon. Brian Littleproud, M.L.A., Minister for Education, Youth and Sport in the Queensland Government.

At the same function the Queensland Gymnastic Association introduced the KONICA FIRST TEAM, a group of seven young Queensland gymnasts who will assist in promotion of the event throughout Queensland over the coming months.

The Grand Prix will be organised by a small Committee comprising Australian President, Jim Barry, National and Queensland Executive Directors, Peggy Browne and Leanne Evans, Queensland President, Dolores Martin and Queensland Gymnastics' Marketing Adviser, Michael Browning, who has also been appointed to organise the project.

Michael Browning was Marketing Manager of the Brisbane Commonwealth

Games and Organising Executive of last year's high profile Pan Pacific Swimming Championships which were also staged in Brisbane.

The Australian Broadcasting Corporation has been appointed Host Broadcaster to the event and will provide national television coverage of the event as well as meeting the requirements of the international electronic media.

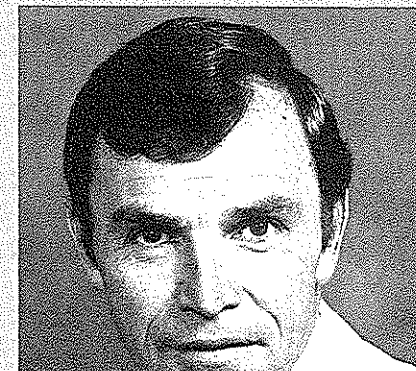
The 130 plus gymnasts and officials will be accommodated at the Brisbane City Travelodge in a Games Village-type environment for a period of eight days. The Hotel, one of Brisbane's finest, is ideally located adjacent to the new Brisbane Transit Centre allowing easy access for special transport to and from competition and training.

Tickets to the Grand Prix will be limited by the capacity of the Chandler Sports Hall and will probably be distributed by mail order closer to the event. Qantas and Ansett Airlines have been appointed Official Carriers and are likely to market packages, including tickets, for overseas and interstate visitors.

While ticket prices have not yet been finalised it is thought they will be extremely 'affordable' with full season passes selling at less than \$60.00.

Photographer Geoff Smith

Nomination of Jim Barry to Life Membership 1978



Jim started gymnastics as a school boy and later competed for Collegians Gym Club in the Victorian Championships with many successes. He later competed for the State in the Australian Championships with successes as Vaulting and Ring Champion of Australia. 1966 did not see him as a member of the Australian Olympic Team but he was selected to be a demonstrator for the Judges course prior to the Games.

He served in many positions in the Victorian Amateur Gymnastics Association and was their delegate to the Australian Amateur Gymnastic Union conferences from 1965. He was requested to rewrite the AAGU Constitution. This was done in his excellent manner and submitted to the 1966 Conference and accepted.

He has again rewritten the Constitution and has submitted it to the State for ratification at the 1978 Conference.

In 1971 he resigned from his position in the VAGA to take on the Presidency of the Union. He immediately undertook to read the minutes of the Union up to that date and present a precis of the important decisions and personalities of those time. This was presented to the Union later in 1971. A mammoth job well done.

Always on the look-out for ways to foster Australian gymnastics he pursued the art of judging and in 1972 obtained his International Judging Brevet. This knowledge was passed on to the other judges in Australia.

In September 1975 he went to France to the International Judges course conducted by the Federation International de Gymnastique to gain accreditation in the fourth cycle under the new Code of Points. This he did and also gained much in public relations with the FIG heads.

Under his leadership, coaching Clinics have been held and are now a part of the gymnastic scene. He has been involved in tours of gymnasts, such as the Sailif Club from Germany, the Japanese team, and many coaches such as Peter Chen and Yoshiteru Matsuzaki.

1975 saw him charged with the responsibility together with Frank Cumisky and Peter Chen of conducting the 1st International Judging Course for Men. This was capably handled and we now have 11 International judges in Australia.

Internationally he has served the Federation as Team Manager to the Olympic Games in Munich in 1972, Montreal Olympic Games as a member of the Olympic team headquarters staff and is the Assistant Manager at the 1978 Commonwealth Games.

Since becoming President he has represented the Union at the Olympic Federation and the Commonwealth Games Association at which Association he was an Executive member. The Australian Government realised his dedication to gymnastics and sport in general and appointed him to the position of Chairman of the Australian Sports Council. A very high honour well deserved.

He has always expended as much time as possible in furthering the sport and the role of the Federation in Australia without restricting the State Associations. It is with much pleasure that the nomination of Jim Barry for Life Membership in the Australian Gymnastic Federation is formally moved.

**James J. Brown
Life Member**

Explanatory Note: Jim Barry had not previously accepted his Life Membership in 1978 on principle as he felt it should be reserved for recipients who did not currently hold a position with the AGF. This attitude has changed over time.

Jim Barry Awarded Life Membership to Australian Gymnastic Federation



AGF Annual General Meeting, Sydney, July 30, 1988.

Agenda Item No. 10—Life Membership

Moved: *That Life Membership be conferred upon James Barry.*

Carried: *With acclamation.*

PROFILE: James Edward Barry, MBE.

GYMNASTICS

- * Gymnastic competitor 1947-1957
- * Victorian Individual Champion 1954
- * Runner-up to Australian Individual Champion 1953 and 1954
- * Australian Apparatus Champion:
 - * Rings 1953 and 1956
 - * Vaulting Horse 1953 and 1954
- * Member of the National Squad for the 1965 Olympics —Missed selection but was a Technical Officer for Gymnastics at those Games
- * International Judge, Gymnastics, 1972-1980
- * First MAG Brevetted Judge in Australia
- * National President, Australian Gymnastic Federation 1971—
- * State President, Victorian Amateur Gymnastic Association 1965-1967
- * Inaugural President, Pacific Alliance of National Gymnastic Federations 1982-
- * Member, Executive—International Gymnastic Federation (FIG) 1984-
- * Awarded MBE, 1978—'For Services to the Sport of Gymnastics'
- * Re-wrote AAGU Constitution in 1966 and again in 1978
- * Assisted in forming a business men's committee which hosted the first international tour of gymnasts (from Japan) to Australia in 1973
- * Lecturer at the first Continental Judges Course in Australia—1976



President of the AGF, Jim Barry, and his wife Jan with Yoshitero Matsuzaki and his wife Hiroko in Japan. Matsuzaki was first international gymnastic coach to visit Australia under the auspices of the then Rothmans National Sport Foundation.

GENERAL SPORTS

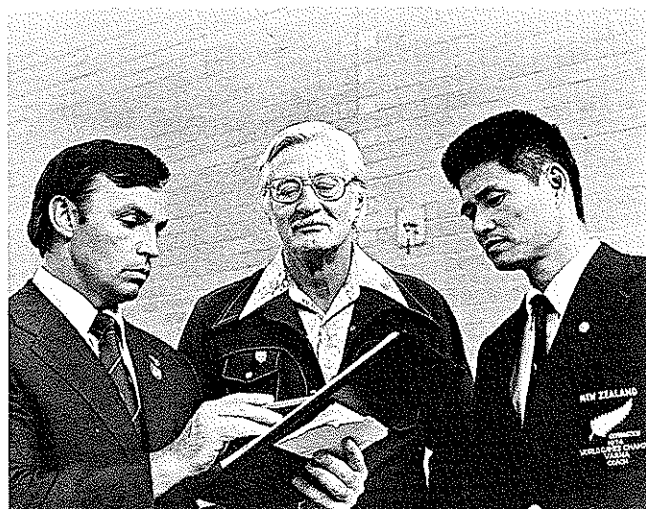
- * Executive Member Victorian Olympic Council
- * Executive Member Australian Commonwealth Games Association
- * Delegate Australian Olympic Federation
- * Director Confederation of Australia Sport (12 years)
- * Chairman Australian Games Foundation
- * Confederation of Australian Sports "Administrator of the Year-1985"
- * Chairman Federal Government's Sports Advisory Council to the Minister responsible for Sport, 1978-1982
- * Confederation of Australian Sport 1988
- * President



Linda Douglas.

OLYMPIC AND COMMONWEALTH GAMES

- * Section Manager Gymnastics—Olympic Games Team—Munich 1972
- * Administrative Officer HQ Staff Australian Olympic Team—Montreal 1976
- * Assistant General Manager Commonwealth Games Team—Edmonton 1978
- * Assistant General Manager Australian Olympic Team—Moscow 1980
- * General Manager Commonwealth Games Team—Brisbane 1982



L-R: Jim Barry, AUS; Frank Cuminsky, USA; Peter Chen, NZL.



Linda Douglas.

FOUR CONTINENTS TOUR TORONTO 1988

"Have a good trip", "Enjoy Yourself", "Hope the weather stays fine".

Parents and friends farewelling gymnasts and officials seem to have a very strange conception of what an international gymnastic tour is all about.

Any "true blue" member of the gymnastic fraternity of Australia would probably farewell a team with such comments as:—

"work hard", "train until you drop", "get plenty of sleep" and "compete till you bust!"

Anyone who knows what it's all about is going to know without a doubt that the Judge is going to go through yet another horrendous experience of near nervous breakdown proportions, that the coaches are suffering maniacal type nightmares of dismal failure and that the Team Manager and her assistant are going to average four hours sleep a night for the next two weeks, getting to bed only after writing copious notes and reports on the days' events.

In the case of this particular tour, we should have been aware that all was not going to run as smoothly as usual, when the Canadian Pacific plane that was to carry us to our destination—Toronto, did not even put in an appearance at Sydney International Airport.

Good old Aussie Airlines and Qantas came to the rescue and put on a speeding jet to whisk us away, stopping at Tahiti and Los Angeles where we would connect with a flight to Toronto.

Qantas may have had their act together, but not so the airlines of the United States of America. It was at this particular point of the saga that our Assistant Team Manager, Mrs. Robyn Pride, vowed to the Team Manager—Micky Kimber, that she would, on her return to our homeland, put pen to paper and write a "Trilogy of Travel", a long story that was bound to make the Best Seller list as soon as it hit the shelves of the world's bookshops.

On our arrival at L.A.X. Airport, our weary, but ever optimistic team manager, her able assistant and their Judge, Joan Duquemin, joined a queue of other weary Aussie travellers who had disembarked from our homely Qantas jet, to receive further instructions as to where and when they would be required to assemble for the next stage of their journey.

Some five hours later, our intrepid heroines—the team manager, her assistant and their Judge—reached the front of the queue. Our Canadian Pacific Airline friends had seats for us on a plane going to Calgary! But we wanted to go to Toronto. Fine. They assured us they had a plane that would be waiting on the tarmac at Calgary to take us on to Toronto.

Fair enough! This was the grateful comment made by our friends who were at least happy to see that we were moving a few more inches closer to our final destination on the map.

To cut the rest of this leg of the saga to a minimum, we arrived at L.A.X. at 4 p.m., eventually left L.A.X. airport at 11.30 p.m. en route to Calgary.

Once on the plane, we relaxed in our seats and felt smug that we were at last on our merry way again and soon all would be well with the world. One should never be too complacent in these situations—someone will always get back at you somewhere along the line, and in this case it was to be a lot sooner than anticipated.

With hope in our hearts and our heads held high (but minus hoops which we hadn't seen since we left Sydney) we arrived in Calgary on time, were speedily passed through customs and directed to the gate through which we should pass to our connecting flight.

But wait. The immigration authorities pounced. Our Head Coach did not have an official visa for entry into Canada. The documents and papers we had gone to great lengths to obtain at L.A.X. were

not sufficient for the Canadian immigration authorities.

The hope in our hearts shattered and the high-held heads so short a time ago dropped like lead balloons as we told airport officials to let the Toronto plane go without us.

It is now 3.00 am. Next flight to Toronto—7.30 am. Everyone, of course, wide awake and bushy tailed. Official please note:—when any gymnast looks wide awake and ready for anything, seize the opportunity—you can always improvise—and what better place for a training session at 3.00 am than a deserted airport terminal. The lounge even had carpet!

So while the assistant team manager and head coach spent two hours being interviewed and filling out numerous documents, the remainder of the party set to work for a thorough training session to work up an appetite for the free breakfast for which we had been given yet more vouchers.

Visa acquired, breakfast downed, hoops spotted (in a lonely darkened corner of the customs hall, by an astute gymnast) and once again we were ready to continue our journey on the 7.30 a.m. from Calgary to Toronto.

44 hours after leaving Sydney airport, we reached our destination, to be met by our hostesses to be transported to the Halls of Residence of Toronto University. The warm welcome we received upon our arrival at the Residential College was most heartening.

Our accommodation was comfortable, rooms small but adequate. Teams from New Zealand and Israel were also housed at the College. With so many gymnasts in residence, the catering had obviously been organised accordingly, and meals were healthy and well balanced. During our 9 day stay, I lost 10 pounds.

After more than 44 hours travelling, it was understandable that we all suffered



"The intrepid heroines"

jetlag to varying degrees. Gymnasts had problems with training for the first few days but rallied round by mid-week. Injuries were minimal, mainly carpet burns and bruising, due to the fact that the carpets in training and competition halls were much thinner than those used in Australia, and floors were not air thrust, but solid.

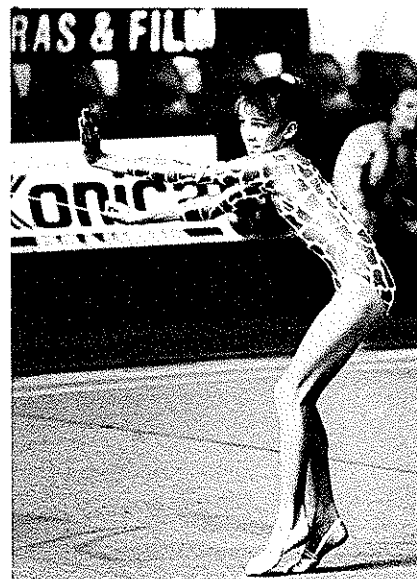
Going to training at the official training hall was an experience in itself. Not only for the gymnasts, but also for those of us who are unaccustomed to European or North American locker room etiquette. The enormous sports complex where training sessions were held was a sight to behold. Equipped with swimming pools, basketball stadiums, lecture theatres and many many other fine features. To get to our training halls, we had to wend our way through this warren of majesty, the ladies locker room being the final hurdle to negotiate.

Perhaps the best way to describe this holy of holies, is to say that it was roughly the size of a tennis court, containing a maze of lockers which makes Hampton Court Maze look like a playground for kindergarten children. Invariably when attempting to cross the room to gain access to the door on the other side, through to the training rooms, one would get so confused en route that one finished up at the same door from which one had just entered.

But it was the visions that greeted the intrepid explorer as we entered through the main door, and the delights which the eye beheld at the turn of every corner of that locker room. It would appear that modesty has been thrown to the winds and bras obviously burned long ago in the locker rooms of our Canadian sisters. The shapes, sizes, unwanted folds and unnecessary bulges of the naked form which confronted our visual horizons as we passed through this female version of a Pickering Calendar, left nothing to the imagination.

For the first few days of our stay everything went swimmingly. The team were happy, the officials content in the knowledge that all was well with the world. Our assistant team manager filled in many happy hours in the company of the New Zealand team manager, seeking yet another elusive visa so that our coach might enter New Zealand with the team in a few days time. After this tour, Robyn Pride could get a job just about anywhere in the world, with the Diplomatic Service. Her knowledge of all travel procedures is of the highest degree and she knows the whereabouts and wherewithalls of at least four Australian, Canadian and New Zealand Embassies around the Globe.

Confidence was building as time went on, gymnasts were relaxing, training hard and enjoying the little leisure time that was theirs. Our assistant coach went to great lengths to make "free time" as enjoyable as possible for the gym-



Stacey Wild

nasts, it was she who explored the shopping plazas with them and took them on tours of the city and showed them the sights. If such a medal were available, Linda Douglas should be awarded the prize for "Services to Gymnasts, Over and Above the Call of Duty"!

It was on a warm and sunny Tuesday morning that things once again took a turn for the worse. It was our first training session in the Competition Hall. Warm-up went well. Our girls looked good. They were systematically going through their routines, the music playing as they leapt and spiralled and pivoted across the floor, gaining confidence with every beautiful movement they performed. They all went through their Rope routines, then their Ball routines. Following on after Ball, Amanda, Gina and Simone went through their Hoop routines. It was then that disaster struck!

Stacey took her position on the floor, ready and waiting to perform her Hoop routine which she had perfected over months of training. And she stood, and she waited — not a sound came from the cassette machine. We rewound and started again and again, still no sound. We tried practice tapes, competition tapes, master tape, but the same horrible realisation struck with each effort. We were not going to hear the strains of that beautiful music. Not on this day, or the next. The same tragedy occurred when we tried to play Stacey's Ribbon tape.

Our Hostesses were brought in, the Championship Manager was brought in, the Audio Official was brought in, but alas, none had a solution. The tapes were playing perfectly on the little practice machine, but not on the competition machine. Everyone was puzzled, confused and concerned, and all wanted to help as best they could. Permission was granted to use the practice machine, but still all efforts were being made to remedy this disastrous situation. It was 36 hours and three sound technicians later that the solution was achieved. A small wire on the competition tape deck had worked loose and when this wire was reconnected and tightened Stacey's music once again, came alive.

Coaches Please Note: Not being knowledgeable in the field of audio electronics I cannot give you a professional explanation, but it went something like this. When Stacey had taped her music from the master on to the competition and practice tapes, she did not have her tape deck operating on TWO tracks when she recorded the Hoop and Ribbon music, she only had ONE track of the stereo working. There was no explanation as to why it worked on the small portable machine, other than the fact that this was not so sophisticated a machine as the one used in the competition hall.



Gina Peluso

It's probably a chance in a thousand, but it might be well worth checking all W.A.G. and R.S.G. music tapes on a professional sound system prior to overseas tours in future. And certainly, ensure that tapes are cut properly in the first place.

It was with great relief that Stacey completed the final training session on the Thursday to music being played on the competition sound system.

Despite all our dramas and anxieties, we were a happy team. We all enjoyed being part of a wonderful competition and made many new friends. We were cared for by our hostesses to the point where we became embarrassed for keeping them on the run throughout our stay. Our sightseeing tour to Niagara Falls was a memorable experience, which was enjoyed by members of teams

from all over the Four Continent region.

I would like to thank all my fellow team members for helping to make this such a happy tour. We worked well together and were able to laugh at our adversities. We have learned a lot from our experience and look forward to the future when we may all meet again.

DEEGEE PRODUCTIONS

GPO Box 1993, Canberra ACT 2601

GYMNASTICS VIDEOTAPES

SELECTED COACHING TAPES

RSG LEVELS 1 TO 4 SETS includes demonstrations of floor, rope, ball, clubs and ribbon. The music used is AGF approved and as supplied by the SAGA.

CAT. #16 26 minutes \$26

WAG/RSG BASIC EXERCISE AND BALLET. Intended for those coaches/teachers remote from the general gymnastics stream. Includes warm-up exercises for tiny tots and mid-level gymnasts with some advanced AIS ballet and warm-up at the end.

CAT. #33 1 hr. 3 min. \$27

1987 COACHES CLINIC. Held at the AIS, these clinics feature Bernard Petiot, coach for the Canadian Olympic team. Part of the Level 3 coaches course, all sessions are practical.

VAULT/BARS CAT. #56A 2 hr. 33 min. \$56

BEAM/TUMBLING CAT. #56B 1 hr. 44 min. \$38

'87 USSR RSG GYMNASIUM TRAINING. Insight into USSR methods of coaching/training. Filmed by Steve & Liz Chetkovich.

CAT. #65 1 hr. 11 min. \$30

MOSCOW GYMNASIUM TRAINING. Filmed in 1986 by Warwick Forbes, this tape provides an inside view of the innovative training methods used in the USSR. Some notable gymnasts seen on the WAG tape are Olga Strazheva, Elena Shevchenko, Olga Bicherova and Elena Gourova.

WAG-CAT. #39 1 hr. 30 min. \$39

MAG-CAT. #44 2 hr. 11 min. \$65

RSG TRAINING IN BULGARIA. Filmed by Ileana Vogelaar during a visit in November 1986. These tapes are unedited and include all that was filmed to tots to seniors training in that country. This is a 2-TAPE set.

CAT. #52 5 hr. 25 min. \$108

MORE WAG USSR GYMNASIUM TRAINING. Made by Steve & Liz Chetkovich of the Chetkovich Gymnastics Academy in W.A. Many surprising training methods filmed from a different perspective.

CAT. #64 2 hr. 33 min. \$56

1989 TO 1992 WAG OLYMPIC COMPULSORIES. Bars, beam, floor, vault. Filmed in Holland in October '87.

CAT. #77 7 minutes \$22

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Please circle required CAT. number below:

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#36 #37 #57 #58 #66 #67 #68 #68 #70 #71 #72 #76 #78 #79 #81 #82 #83

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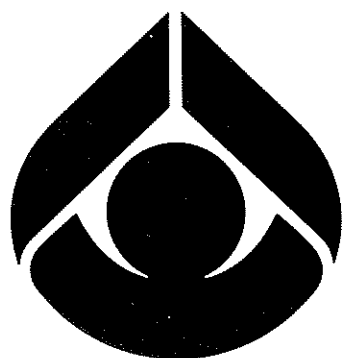
Payment must accompany order and includes return pack/post within Australia. Please check adjusted prices if after 30/6/88.

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Circle: VHS or BETA

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GYMNASTICS NOTES

Australian Institute of Sport

As no doubt every one is aware we are all delighted with the recent success of our Olympians in Czechoslovakia and Bulgaria. In the first competition Ken Meredith performed very consistently to be equal first with a Romanian gymnast. The next day he scored 9.7 on the floor to take first place. These were Australia's first gold medals in international competition. The gymnasts are now aware that it is possible to compete and win against eastern block countries.

Also on this tour Monique Allen showed very good consistency in all three competitions, coming 7th, 6th and 5th in the allround. Progressing from one competition to the next, her consistency has given her and Australia the good image of strong gymnastic development. She also won the bronze medal on the floor in Bulgaria. In the second competition Ken Meredith also won another bronze medal on the floor exercise.



L—R: Olympians Leanne Rycroft, Monique Allen, Ken Meredith

National Championships

The results on the national championships were pleasing in many respects. The four new young girls working with Ju Ping produced quality routines and proved equal or better than our previous team. We were all disappointed that Clare Scotney could not participate due to a knee injury. We wish her a speedy recovery.

In the boys, Brennon Dowrick, last years level 8 champion overtook many of the seniors and came second at the senior level. Again this demonstrates the progress of our junior boys. We will be happy if the other junior boys can follow in Brennon's foot steps. Good work Brennon! Grant Carylson was 3rd, Tim Lees was 4th, Mark Bird was 5th, Peter Hogan was 7th and Mark Mommson was 8th.

Ken Meredith sacrificed the possibility of becoming national champion to ensure that his preparation for the Seoul Olympic games was optimal. Ken needs to be recognised for this sacrifice. Andre Cleland narrowly won the level 8 title.

Pacific Alliance

We are now in the period of the year where the top four or five girls and boys will be preparing for the Pacific Alliance Championship. This will be held in China around December 10. On return from the Pacific Alliance we will have the junior boys clinic and then a break to start again for the coming world championships in late December.

Budgetary Implications for 88-89

The unfortunate news is that the gymnastics program has sustained severe cuts to our budget. I have placed as our top priority the continuation of the gymnasts and coaches, with equipment and travel taking the back seat. The board of the AIS has decided that the women's program may have 3 coaches and 12 scholarships while the boys program can have 2 coaches and 8 scholarships. Rhythmic gymnastics has been dropped from the Australian Institute of Sport. The reason for these decisions are multi-causal:

- the AIS will decentralise and part fund one developmental coach for WAG and one for MAG in a state
- through the introduction of other new sports into the AIS without any increase in the overall budget
- results over previous years
- the potential to improve results—which relates back to the numbers of gymnasts participating in the sport (approximations—WAG 75%, MAG 22%, Rhythmic 7% of registrations)
- number of elite coaches working at the junior level
- political

The Australian Gymnastic Federation will enter into an agreement with ASC/AIS, for the next four years, in which time we must demonstrate our improvement and stability if we are to remain a residential sport from 1992—1996.

In future, the Australian Gymnastic Federation will be assuming responsibility for international travel as, at this

point in time the institute travel budget has been expended.

If anybody could assist the gymnastic program in seeking sponsorships or has ideas for fund raising it would be greatly appreciated.

Retirements

Since the announcement of the Olympic team we have naturally had some retirements.

Shaw Byng—Now in Europe
Robert Edmonds—Returned to Queensland
Glen Parker—Pursuing a medical career
Kelly Larter—Returned to Tasmania

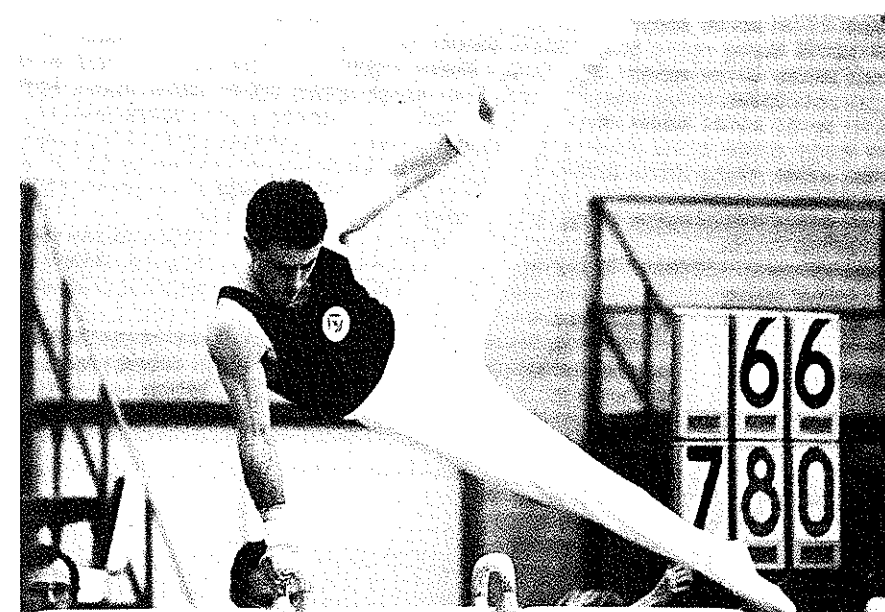
The AIS gymnastics wishes them the best of success in their future education and careers and we know that the determination they demonstrated in their gymnastics will be evident in everything they tackle in the future.

1989 will be a particularly busy year and will include the following:

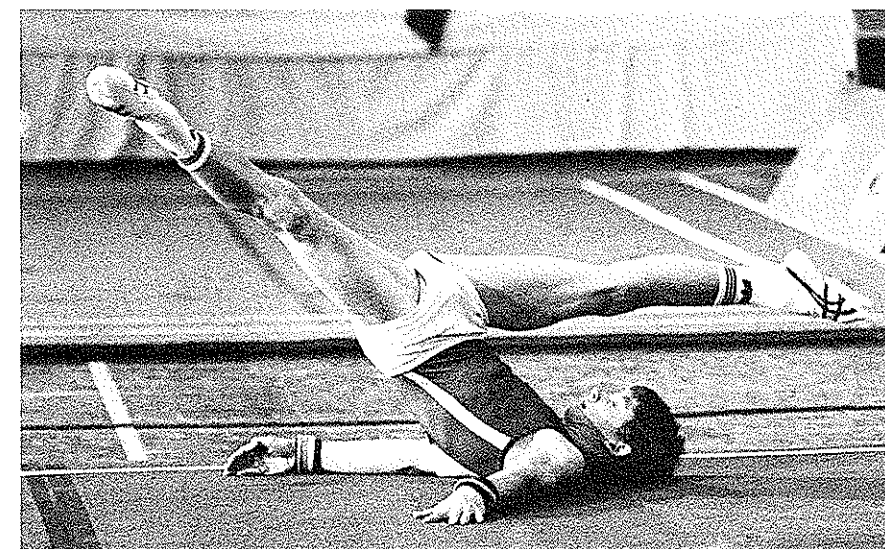
Commencement of young junior girls program aimed at 1992; Australian Grand Prix in Brisbane; National Championships at the end of May, World Championships in Stuttgart, West Germany, as well as preparations for the Commonwealth Games in January 1990.

I am sure you join with us in wishing Ken Meredith, Monique Allen and Leanne Rycroft all the best at the Seoul Olympic Games.

Coaches: Warwick Forbes
Tian Ju Ping
Mark Calton
Tian Weishun
John Curtin



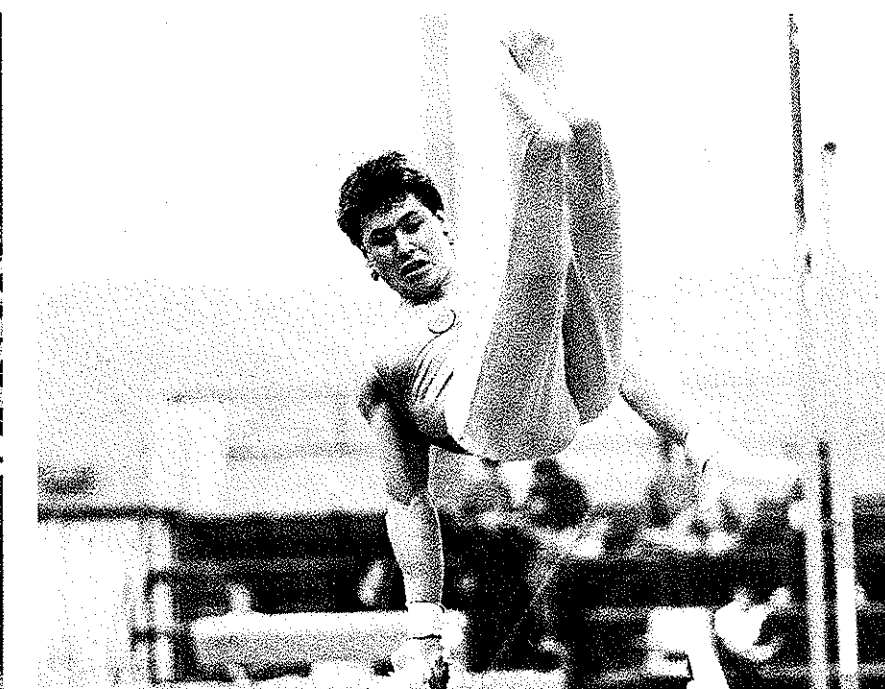
Rob Edmonds



Glen Parker



Kellie Larter



Shaw Byng

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KELLIE RETIRES

Kellie Larter, one of Australia's best female gymnasts has left the Australian Institute of Sport and has retired from competitive gymnastics. Kellie is the first Tasmanian gymnast to be accepted into the Institute and the most successful to date.

Kellie began her illustrious career in gymnastics at the Launceston P.C.Y.C. where she trained under Kevin and Brenda Langdon and Margaret Jack. In 1979, Mrs. Frances Crampton (then from W.A.) toured Tasmania with a group of "West Coast Gymnasts" and commented favourably on Kellie's potential. As a consequence, Kellie spent six months in W.A. being trained by Mr. Barry Thompson.

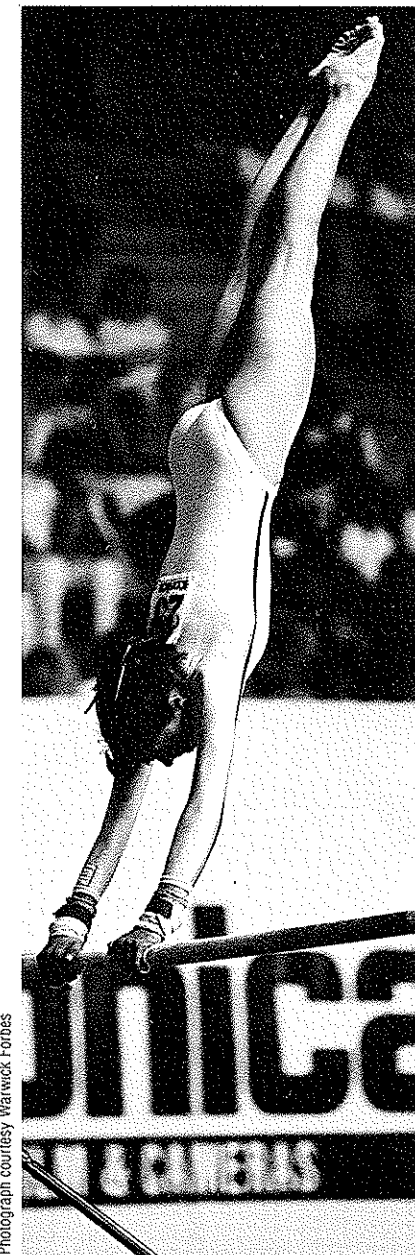
On her return to Tasmania, she was a member of the State Bronze team which went to Brisbane in 1983 and subsequently, she gained selection in the 1983 Silver Championships in Canberra.

In January, 1984 Kellie joined the Australian Institute of Sport, after an exhaustive series of selection trials, interviews, psychology tests and character references. Also in 1984, Kellie represented Tasmania at the Australian National Championships where she reached the Senior Elite Bars final.

In 1985, she qualified at the International Elite level and once again represented the State at the Senior National Championships. At these Championships, Kellie was a worthy representative, reaching the finals on three apparatus.

Kellie became the first Australian to gain an Individual Overall medal for Gymnastics at the 1986 Commonwealth Games in Edinburgh. She also gained a silver medal on Beam in this competition. On her return, Kellie was one of 30 Tasmanian athletes (and the first Gym-nast) to receive a Mercury-WD and HO Wills Stars of Sport Award for her excellent achievements during 1986. She also received a TasTV Sportsman of the Year Award for her 1986 performance.

In September, 1987 Kellie was one of seven gymnasts chosen to represent Australia at the World Championships in Rotterdam, for which she received a Caltex-Mercury Sports Star Award. Also in 1987 she became the first Tasmanian to win the Overall title at the National W.A.G. Championships in Perth.



Photograph courtesy Warwick Forbes

Taking part as an individual in the Konica Bicentennial Cup in Sydney in March 1988, Kellie picked up a Bronze medal on the Bars and a Silver medal in the Beam final, scoring a 9.75.

In the 1988 Moscow News Championships, Kellie received an award for the most charming and elegant gymnast, being named Miss Moscow News. Finally, she gained selection as non-travelling reserve for the 1988 Olympic team.

Congratulations, Kellie, on your achievements in gymnastics. It has been the result of much hard work and we thank you for your efforts.

Reproduced from Tas. Gym News, Vol. 5, No. 4, 1988.



Photograph courtesy Robert Harvey

GENERAL GYMNASTICS CONFERENCE INNSBRUCK

(Apparatus gymnastics as a leisure-time activity)

Gene Schembri
National Coaching Director

The first week in August was the time, and Innsbruck in Austria was the location of the FIG's general gymnastics course and seminar. Following the Swedish course two years ago, this year's course focused on general gymnastics for children and youth.

Innsbruck, nestled in the Austrian Alps, was the site of two former Winter Olympics. The small Austrian city abounds in charm and is steeped in history. The workshop and seminar were conducted at the sports school (Tyrol Landsportheim), which caters principally for winter sports. Local organisation was capably carried out by the Austrian Gymnastic Federation, with the majority of the practical sessions conducted by Austrians.

The **workshop** sessions dealt with different ways of presenting general gymnastics. The principal focus was on ways of adapting apparatus gymnastics to *free-time* or *leisure-time* gymnastics. Participants of all ages and from 20 countries eagerly participated in the true spirit of general gymnastics. The parallel **seminar** session addressed itself to the promotion and marketing of general gymnastics.

What is general gymnastics anyway?

Karl Heinz Schwirtz spoke of the meaning of the term *general gymnastics*. Because it is so difficult to describe, our view is a negative one, eg. it means all the gymnastic activities that can't be called high performance gymnastics. The *Gymnastrada* regulations were referred to as a useful basis for looking at general gymnastics. The non-competitive nature was stressed. It was pointed out that in some situations general gymnastics may involve competition. The FIG regulations identify the following forms of general gymnastics:

- **Teaching performances.** They should convey ideas and teach the coaches.
- **Show performances.** Presentations from a variety of general gymnastics using an area a little larger than a basketball court (400sq.m.).
- **Mass performances.** Presentations in big groups viewed from tiered seating.
- **Shows of the National Federations.** Indoor shows with a special national, cultural flavour.
- **FIG Gala Evening.** The aims, themes and programs are fixed by the FIG.
- **Joint show for all participants.** A variety of programs are performed side by side.

Opening address: free time gymnastics using apparatus.

Klaus Herrmann delivered the opening address, which was to set the scene for the week. Apparatus gymnastics has a long tradition, particularly in the German speaking countries. As the sixties brought different values about how leisure time should be spent, apparatus gymnastics suffered a decline. The competitive element frightened people off. The increasing difficulty and the extreme physical toll on the participants frightened people off. Herrmann is one of eight experts in the area of gymnastics teaching method (the German *Turnerbund* group) who have been working on this problem for three years. Conclusions to date include:

- the pyramidal theory (big base etc.) is wrong. We should think in terms of developing separate target groups

- an identity must be created for general gymnastics just as artistic gymnastic is clearly defined
- *free apparatus gymnastics* as an extension of traditional apparatus gymnastics is thought to provide the focal point for a lot of general gymnastics activity.

Free apparatus gymnastics is a term encompassing a broad range of activities, such as gymnastics with music, fitness training on apparatus, partner and group acrobatics, adventure gymnastic lessons, exploratory gymnastics, simple award scheme gymnastics, as well as learning elements on the apparatus.

Free gymnastics places special emphasis on improving general fitness. Concern was expressed about the negative health aspects of skills like forward and backward handsprings which should only be performed in appropriate situations. Like the Dominant Movement Pattern approach which is the cornerstone of the AGF's Level 1 coaches course, Herrmann's free gymnastics places emphasis on improving the general movement ability as opposed to the skill itself. Exploratory teaching methods are encouraged.

Competitions are not excluded from this scheme. The emphasis, however, should be on making competitions more attractive. For example competitions with an option on events chosen, flexible award schemes with a variety of choices, mixed (boys/girls) teams and more flexible scoring.

Significant emphasis is placed on partner and group work. Partner work also includes children helping each other, a skill Herrmann believes can be developed from as young as 4 years of age.

Apparatus refers to just about any indoor or outdoor equipment that you could think of: non-Olympic, playground equipment, fitness trail equipment, everyday apparatus tables etc), Olympic equipment.

Organisation would include opportunities for all ages and both sexes. There would be the opportunity for disparate groups to come together. Weekend and outdoor activities should be included.

Program highlights

- **Warming up and games.** Alfred Hobik's warm-up/games included many of the fun and games type activities (individual, partner and group) that are used in our level 1 courses.

Hobik conducted another session integrating games with activities requiring a gymnastic response. If tagged the player had to go to a station or mini circuit and perform some sort of gymnastic penance.

An adventure/play circuit was run by Richard Gemel. The adventure circuit was based on 13 stations. Points were awarded for repetitions performed or distances traversed. Score cards were used for the recording. Activities included swinging on a rope to snatch balloons pegged to a clothes line, walking on stilts, throwing a ball into a clown's mouth or pedalling a little four wheeled contraption. See if you can spot some of these activities in the photos.



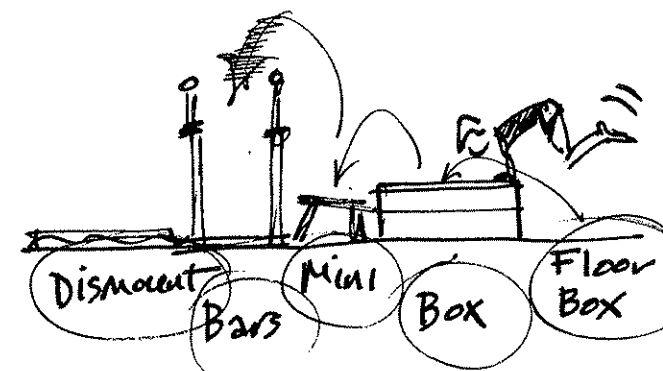
- **Partner-group work.** Richard Gemel conducted a session dealing with partner locomotions and balances. This latter aspect was developed in George Wimmer's sports-acro session which dealt with a range of balances and 2's and 3's. A station approach with activity cards was used.

- **Sessions to music.** Klaus Herrmann presented two sessions that were dependent on the use of music involving a skipping rhythm. In the first session, tasks were set for 4 stations (mat, bench, box and large mat which was lifted and swung to the music). This session was introduced with a number of exercises calling on members of that group to assist one another in the performance of skills on the box or mats.

The closing session used four boxes arranged in a star pattern with groups moving to and from the boxes in various patterns to the beat and timing of the music. Fortunately I was taking notes for this session!

Monika Mildenerger-Schwirtz conducted a session using large blow-up balls (see photos). She developed a routine phrase-by-phrase. Participants moved from one end of the gym to the other, and also developed a sequence based on a circle formation.

Walter Bosshard conducted a session using formal parallel bar skills combined with some add-ons, namely the mini-trampoline and box as shown below:



To the count of 8, we had to support on the box and spring from side-to-side, mount the box, in time to the music step to the end, bounce off the mini and then perform a sequence on the parallel bars (to the music of course!).

- **Sessions with apparatus**

Gemmel ran a session using 6 parallel benches. Participants in groups of about six performed various activities across the benches, along the benches, around the benches, on the benches and even climbed up the benches as shown in the photo. The intrepid flyer is Britain's general gymnastics Chairperson, Dave Pearson.



Exploration on the apparatus was also conducted by Richard Gemmel. Activities included an exploration of rolls, rolls in groups, climbing around the apparatus without touching the floor, springing from hands and feet, the use of ropes and dowels to aid performance or as a platform, group locomotions and a quietening exercise at the end.

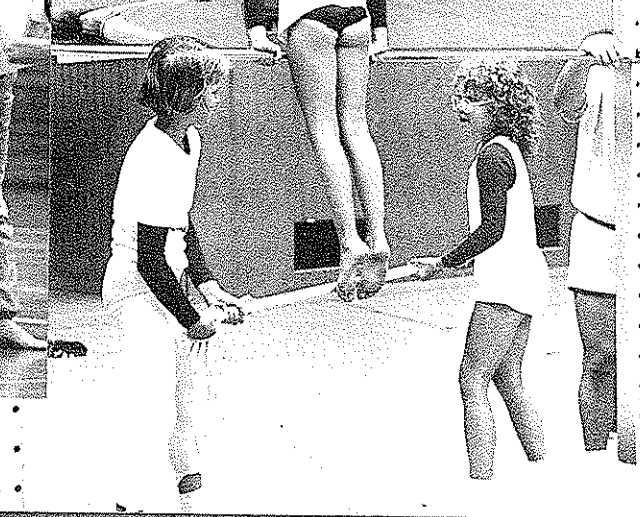
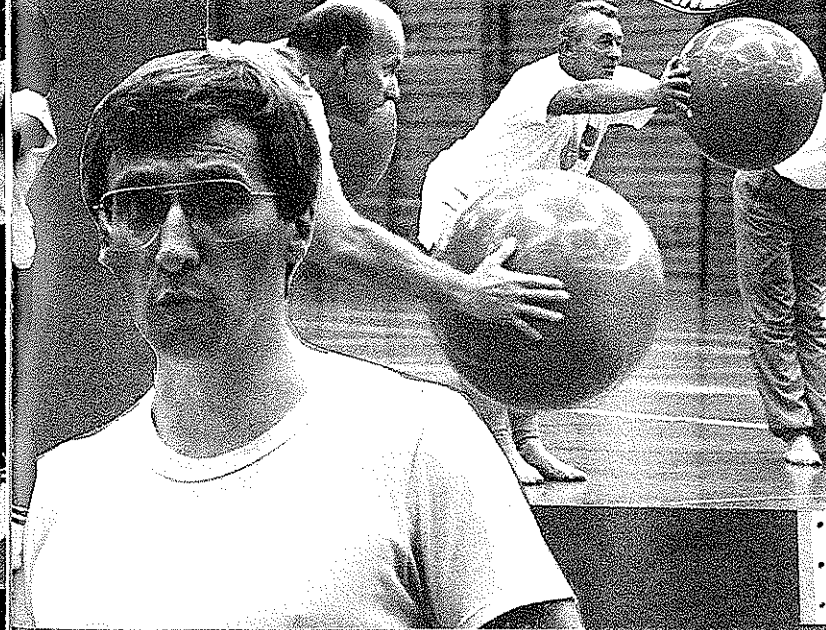
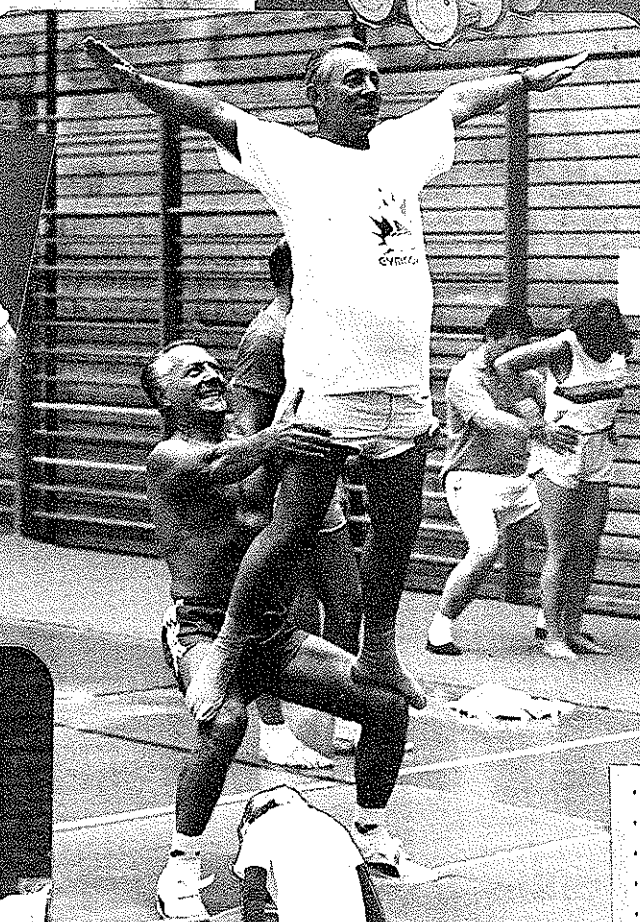
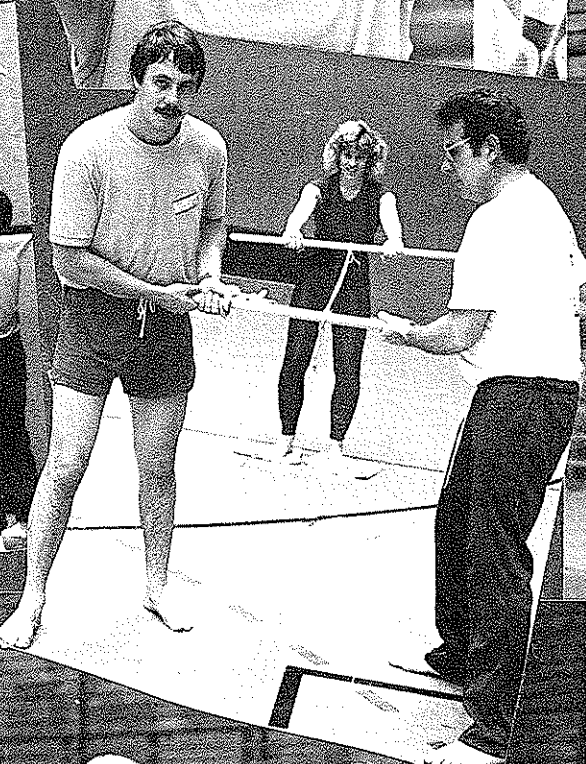
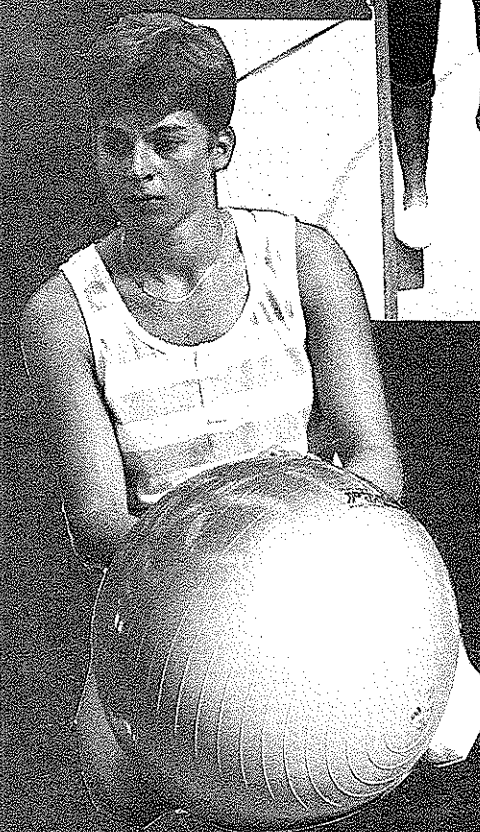
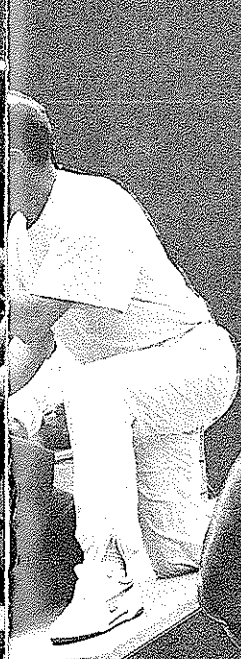


Austrian Hobik conducted a session aimed at showing how fear could be minimised using supplementary apparatus arrangements and a progressive teaching method, using small steps. The skill chosen was the straddled underswing dismount from the horizontal bar.

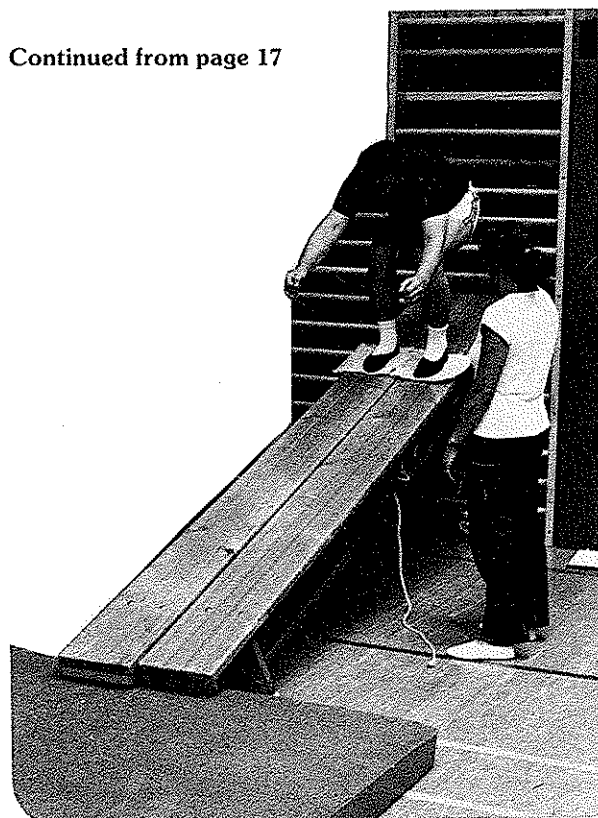
- **Miscellaneous sessions**

Werner Kulhanek in between doing most of the organising, presented an interesting session called *ski-gym* which comprised a set of stations aimed at developing fitness for skiing, balance and posture.

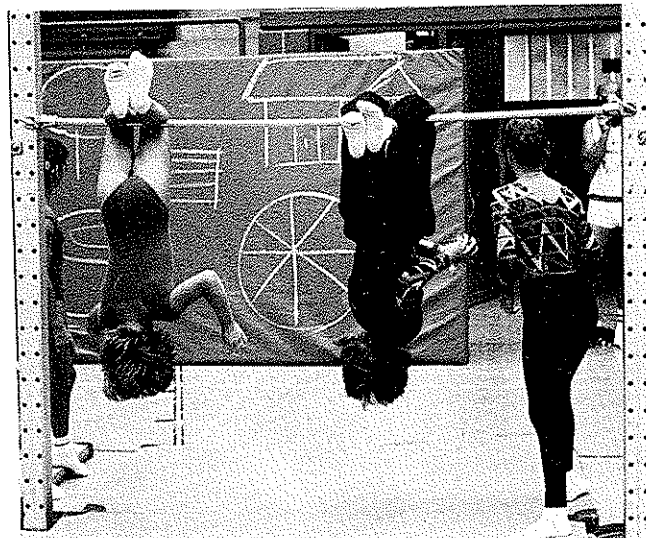
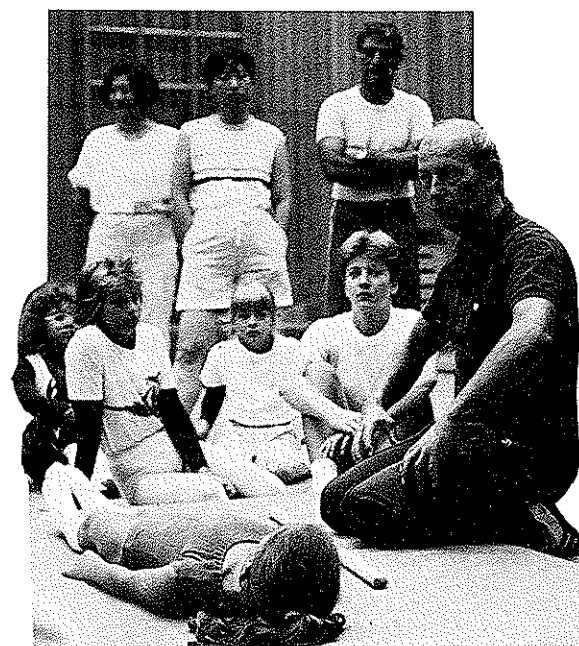
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Klaus Herrmann conducted a session aimed at demonstrating that the perceptual (kinesthetic, visual) abilities of children are often taken for granted. Kids often do not know where their limbs are in space, whether their muscles are *tight* or where they are when they are upsidown.



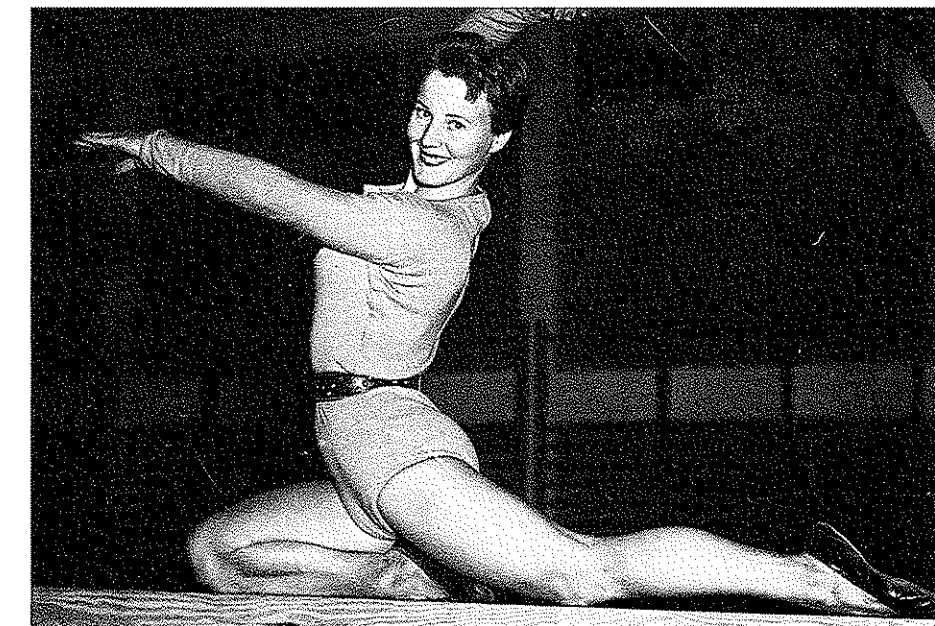
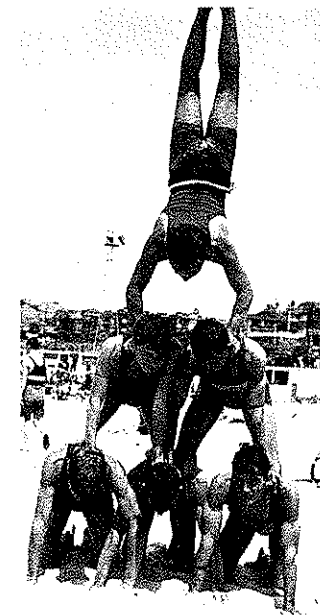
Karl-Peter Knebel from the University of Heidelberg conducted two sessions on functional flexibility and strength development. The approach was to show very specific exercises for developing these physical abilities. Doing the splits is not necessarily the best or physiologically most sound way of developing the splits. Rather work the specific muscle group(s) one at a time in much the same way that physiotherapists go about functional rehabilitation.

Austria, Germany, Switzerland and Denmark made presentations dealing with aspects of general gymnastics in their respective countries.

Conclusion

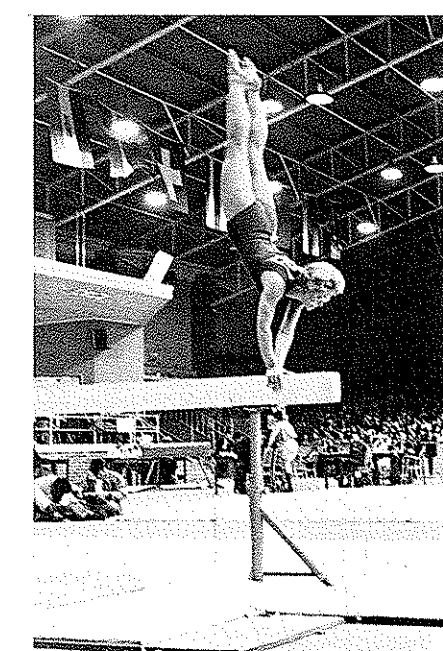
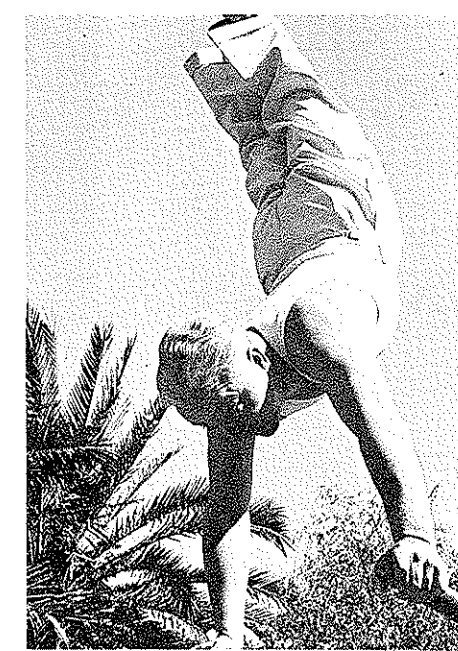
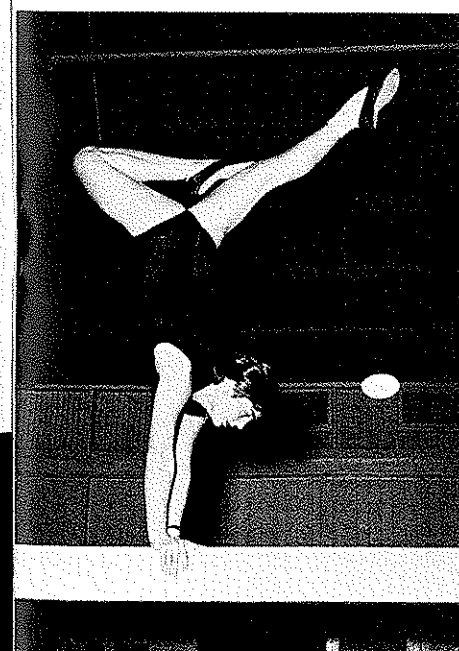
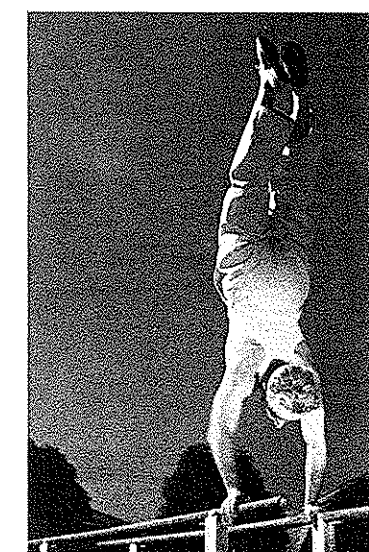
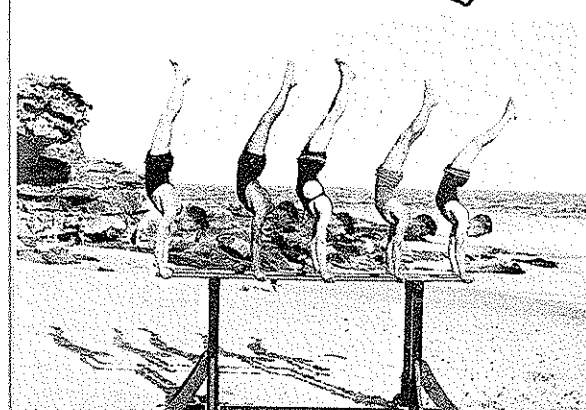
The practical sessions covered an interesting range of gymnastic activity. Some of it familiar to us from our National Level 1 course and Keith Russell workshops; other sessions provided an interesting invitation to clubs and Associations to experiment with new gymnastic forms.

In all, a well run interesting conference where *everybody* had a go, including yours truly.



"NATIONALS NOSTALGIA"

The 1988 Nationals Welcome Dinner had a nostalgic appeal with a photo exhibition. This collection of photos are courtesy of Peta Wilson and taken in the early 1950's.



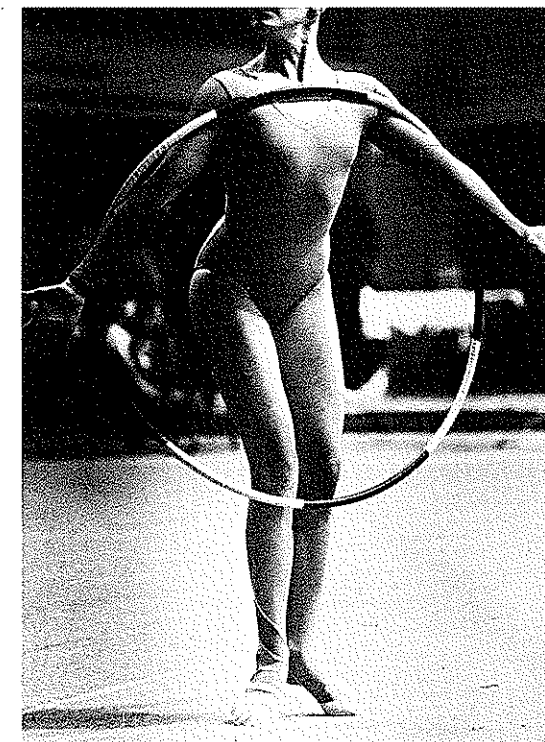
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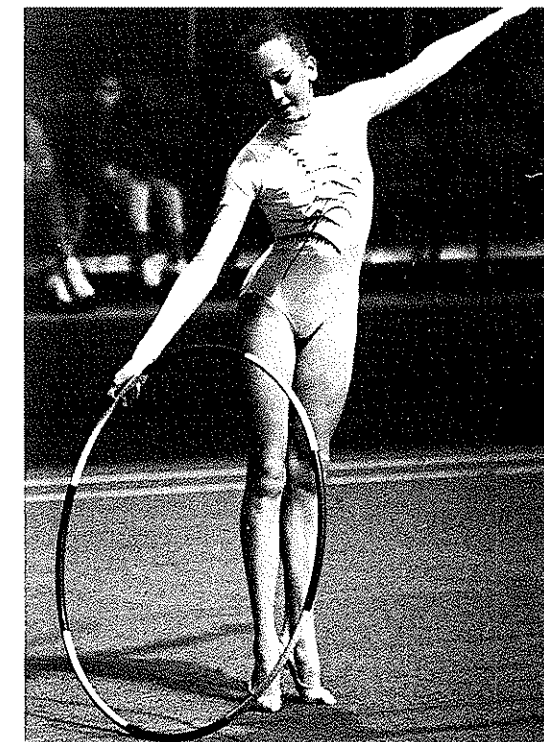


Photographs courtesy Peter Hassan

Photos above: 1988 Nationals Welcome Dinner

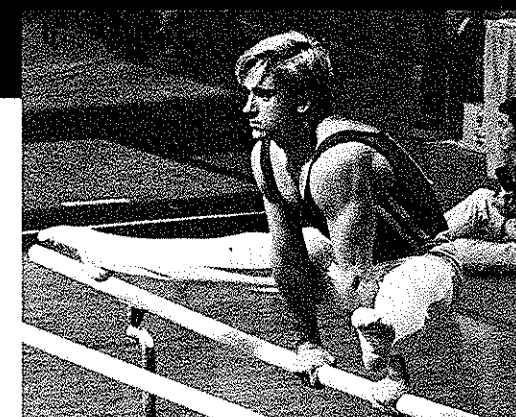
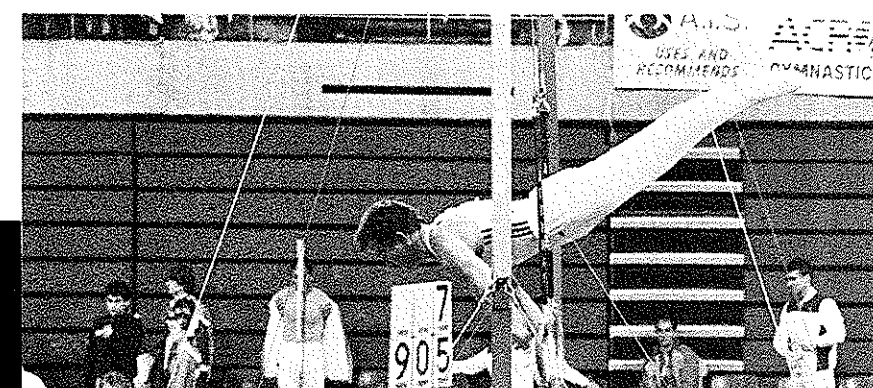


Gina Peluso—NSW

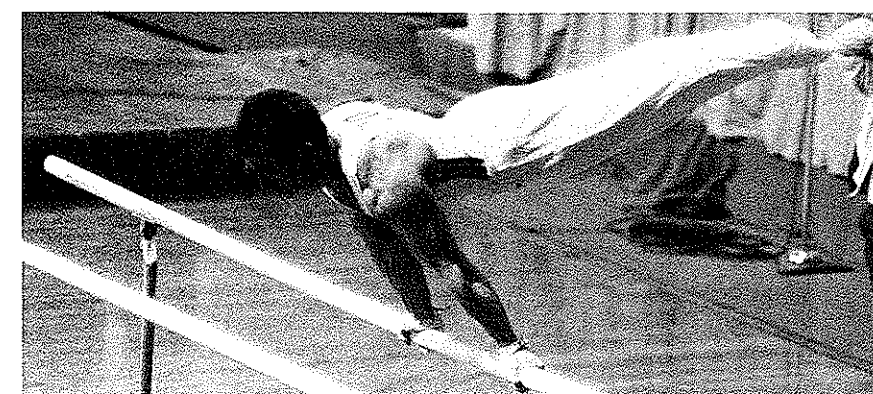


Photographs courtesy John Michelmore

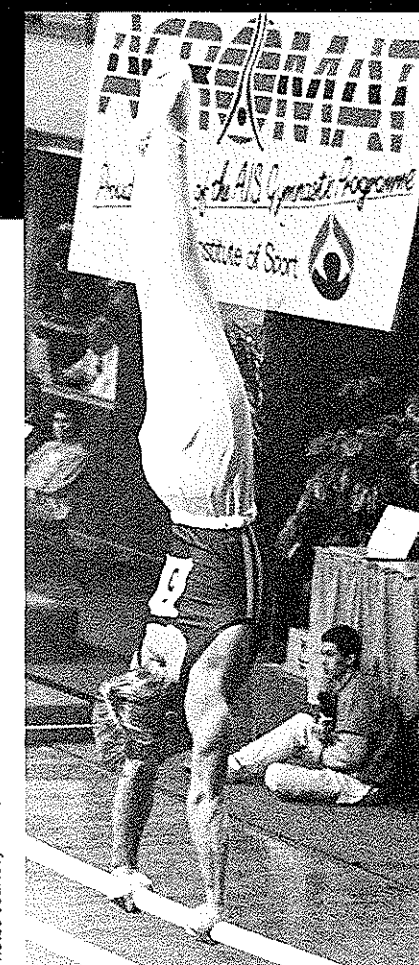
READERS SNAPSHOTS



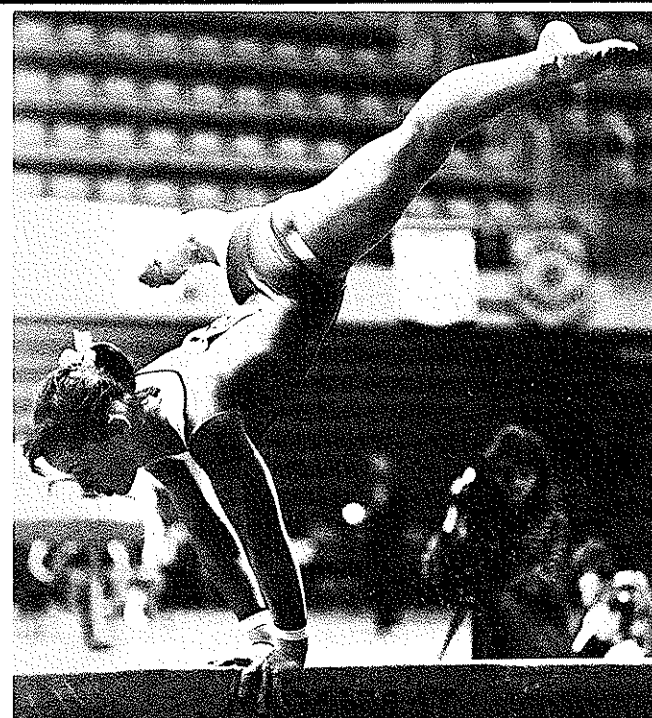
Above: Ken Meredith
Left: Blaise Rizzo
Below: Ken Meredith
Right: Blaise Rizzo



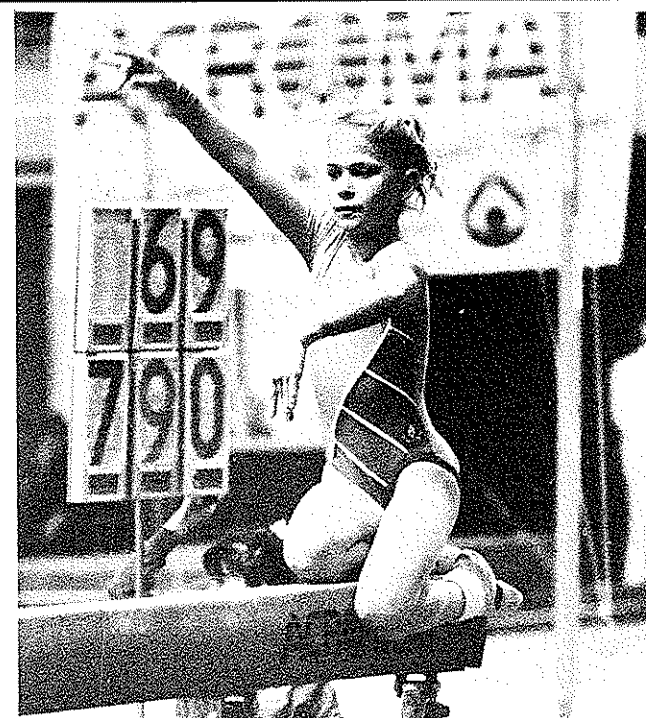
Photos courtesy Alf Rosenauer



39th AUSTRALIAN NATIONAL CHAMPIONSHIPS —NSW SPORTS CENTRE 28-30 JULY 1988



Kylie Shadbolt—QLD/AIS



Jodie Huppatz—SA

Photographs courtesy John Michelmore

NATIONAL AWARDS 1988

GYMNAST OF THE YEAR — KEN MEREDITH



Brennan Dowrick



Ken Meredith

MAG:

Senior Gymnast of the Year:
Junior Gymnast of the Year
Awards of Merit

Ken Meredith
Brennon Dowrick
Shaw Byng
Robert Edmonds

WAG:

Senior Gymnast of the Year
Junior Gymnast of the Year
Coach of the Year

Monique Allen
Lisa Read
Mark Calton

RSG:

Junior Gymnast of the Year
Coach of the Year

Stacey Wild
Lisa Bradley

AWARD OF MERIT RECIPIENTS

Graham Bond	Queensland
Barry Cheales	Queensland
Ena Duffield	Queensland
John Wilby	Queensland
Jane Schmid (Mendel)	New South Wales
Chris Timpson	Australian Capital Territory
Joan Caelli	Victoria
Stan Davies	Victoria
Phil Teare	Victoria
Nelleck Jol	Western Australia
Maureen Strauss	Western Australia

HANSENBUCH

GYMNASTIC CLUB

The Hansenbuch Gymnastic Club was formed in March 1985 by John Hansen who began his gymnastic coaching career at the world renowned Ollerup Academy of Physical Education in Denmark.

John now has over fourteen years experience in coaching gymnastics from the recreational level to Olympic standard competition. John has also obtained a Fitness Leaders Certificate from the Kangaroo Point T.A.F.E. and is a member of the Fitness Leaders/Aerobic Instructors Association, Q.F.A.C.

Since arriving in Australia, John has obtained his Level 1 Coaches course in Brisbane to gain Australian Accreditation and he returned to Denmark in January to update his Danish coaching qualifications.

The Ollerup Academy of Physical Education believes in participation for all (gymnastics for all) and John has continued with his belief in his club through gymnastic classes for all.

General Gymnastics in Denmark

General Gymnastics was organised and developed in Denmark by Nils Bukh, who founded the Ollerup Academy of Physical Education in 1926. The essence of this style of gymnastics is that all people, at any age, can participate at an appropriate level. When this style of gymnastics was first developed it was a very basic form of gymnastic movement. It subsequently expanded to include the various rhythmic forms, as well as tumbling. Many styles can be seen today, but all still showing their origin in basic gymnastic movement. Every year at big displays new forms are seen to be developing.

General Gymnastics encompasses all the physical skills of competitive gymnastics in non-competitive team work. The important thing is participation and teamwork. Teams prepare displays and meet regularly to demonstrate their skills and share their enjoyment of this sport with other enthusiasts. The bigger the team the better, as maybe 100 individual are working together for the good of the team rather than personal glory. At the same time each person strives to achieve their best. Elite teams do therefore develop and everyone enjoys seeing these perform to show what can be achieved by serious training. Each city in Denmark has its own elite teams as well as very many other teams. The elite teams have a special day when they get together to demonstrate for each other.

Displays are generally co-ordinated to music. General Gymnastics includes three major types:

- Rhythmic movement (which we would know as rhythmic dance) without apparatus, for both male and female
- Tumbling and mini-trampoline
- Rhythmic gymnastics (with hand apparatus) for females.

In Denmark approximately 700,000 individuals are members of General Gymnastics organisations whereas only about 10,000 are involved in competitive gymnastics (in a nation of 6 million).

General Gymnastics in Brisbane

John introduced General Gymnastics into Brisbane when he arrived in 1984. He started classes with a few children and almost no equipment. The club has grown and adult beginners and ex-gymnasts are also training now. The level of General Gymnastics is still very basic, but has been a great success with those involved. The club now has several different teams and holds an annual display evening so that the teams and the parents and friends of participants, and anyone interested, can see what each team has achieved during the year.

The interest in this type of gymnastics is growing rapidly in Brisbane. Many clubs are now starting display teams. This is just the first step. As more clubs get interested it is hoped that they will start to get together and share their ideas in big displays, leading to greater expansion of this style of gymnastics. This will enable instructors to learn from each other but still develop their own style with their own display team.

Classes are held for toddlers, beginners and more advanced children, high school students and adults. The club has grown substantially over the last three years and has approximately one hundred registered gymnasts. John commenced training with only a few individual mats and the club now has all apparatus required for training levels one to four, and has an active fundraising program to acquire further equipment.

Competitive Training

Levels training and apparatus were introduced into the club in 1986. The advanced children have participated in two competitions and performed extremely well. At their first competition in 1987, four girls and two boys took part. The girls took overall first, second and third and one of the boys took overall

first place. At their second competition in July 1988 one of the girls again took the overall first place and several girls took medals on individual apparatus. Several of the boys also won individual medals.

This success is attributed in part to the General Gymnastics style of basic training and disciplined gymnastics. The overall training approach enables each child to stretch to their potential across the range of gymnastic activities rather than being confined by a level oriented approach. The club still emphasises participation for enjoyment and children are not pushed to take levels tests.

Adult General Gymnastics

This club was the first in Brisbane to offer General Gymnastics training to adults. A keen group of ex-gymnasts and **absolute novices** train two nights per week. Anyone at any age should be able to try this fun and exciting sport. This form of gymnastics has always been popular with adults right from the first class. Training involves participation in everything by everyone. No individual routines are trained. At each stage, all members attempt the skills they are capable of, so that no-one has to sit out. For example, during tumbling training the beginners may concentrate on cartwheels or round-offs while the experienced gymnasts are training back somersaults. The beginners are highly motivated by watching these higher skills performed and the better gymnasts engage in friendly rivalry. Anyone, though, may get a rousing cheer for a good performance (even if it is only their first solo handstand roll).

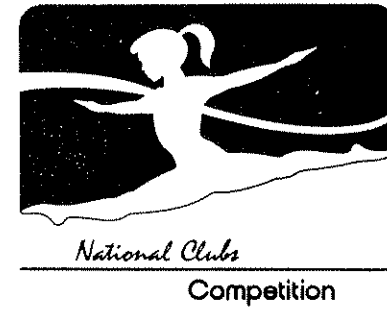
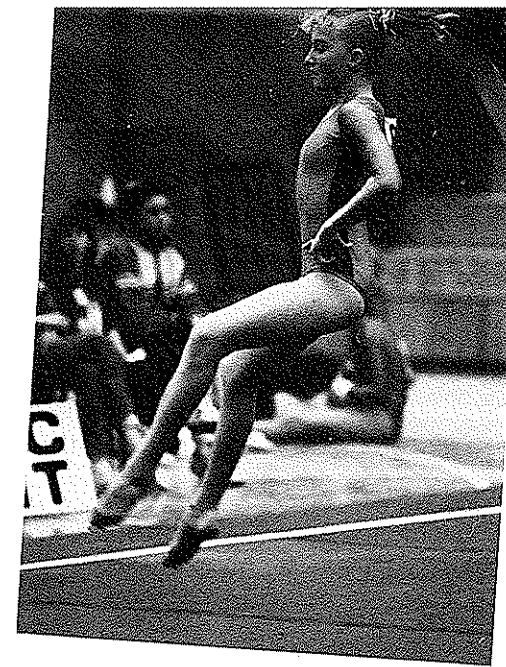
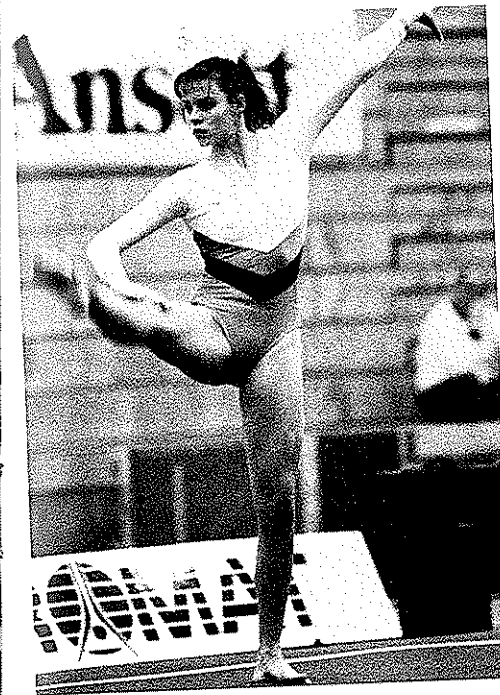
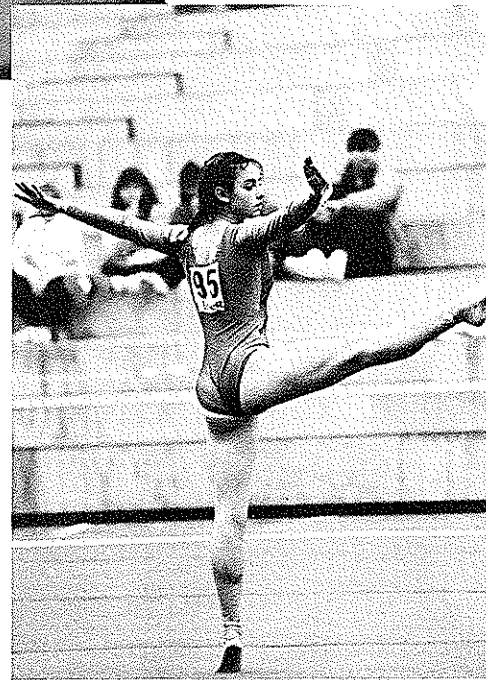
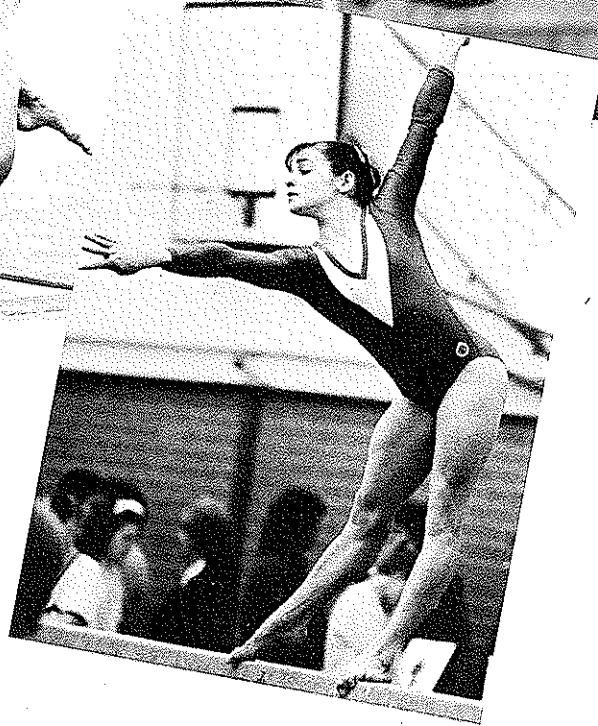
The adults also enjoy after class social gatherings. Each training session has the potential to turn into a party. Almost every night some of the adults sit around and talk, not generally about gymnastics.

The adults formed a supporter's club early in the life of this club. This had two aims originally; first to raise funds for equipment, but more importantly to involve the parents and adult participants more generally in the club to foster club spirit. The club is not just for gymnastics but is a place where people meet. The club organises parties and other social events outside the training hall as well as fundraising events and other club activities (such as levels tests and the display night).

Displays

Both the adults and children participate in displays of tumbling, mini-

Continued on page 29



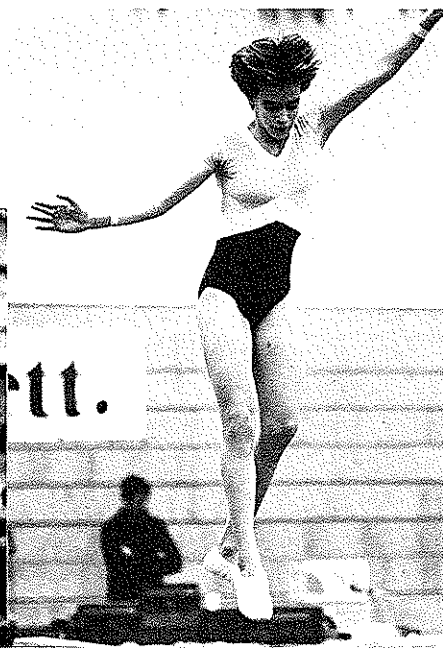
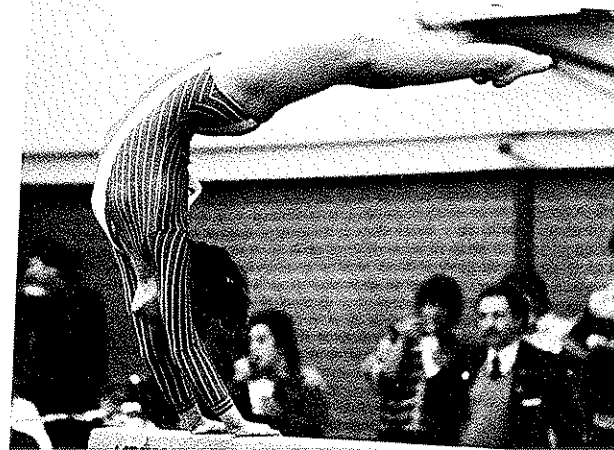
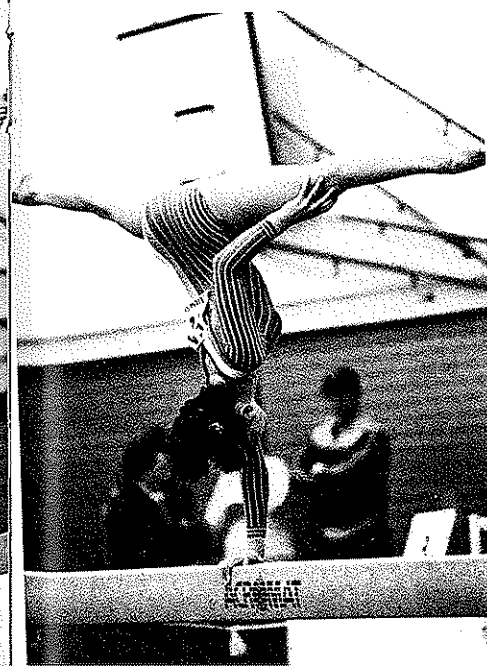
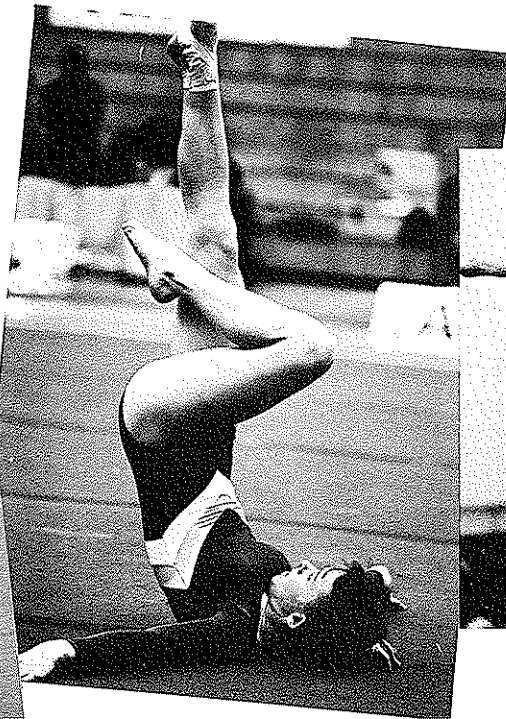
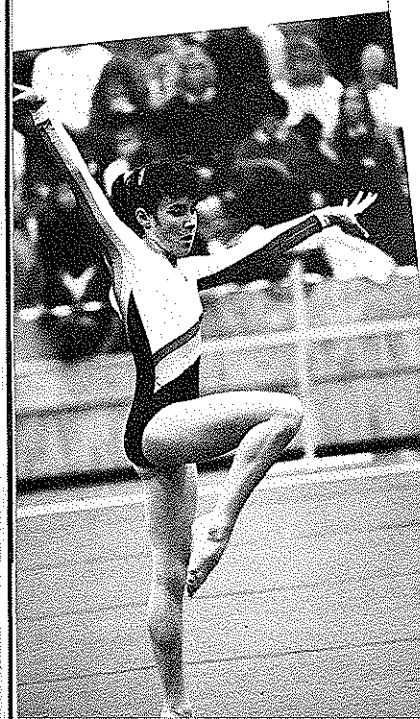
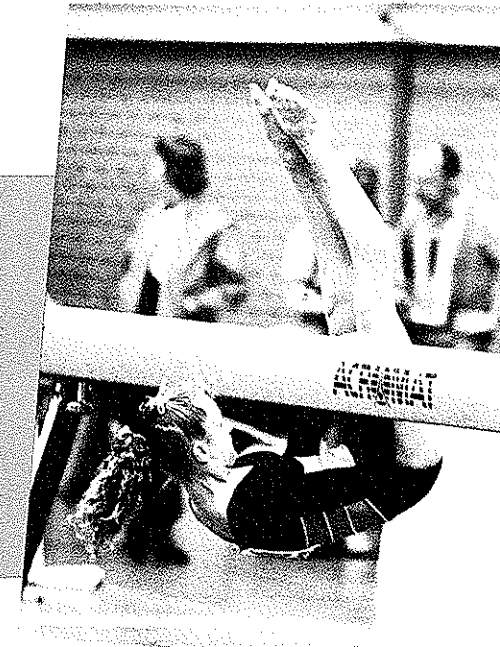
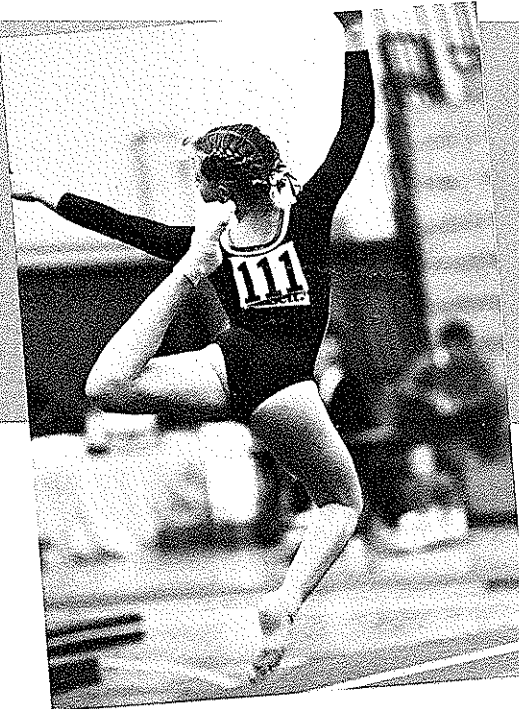
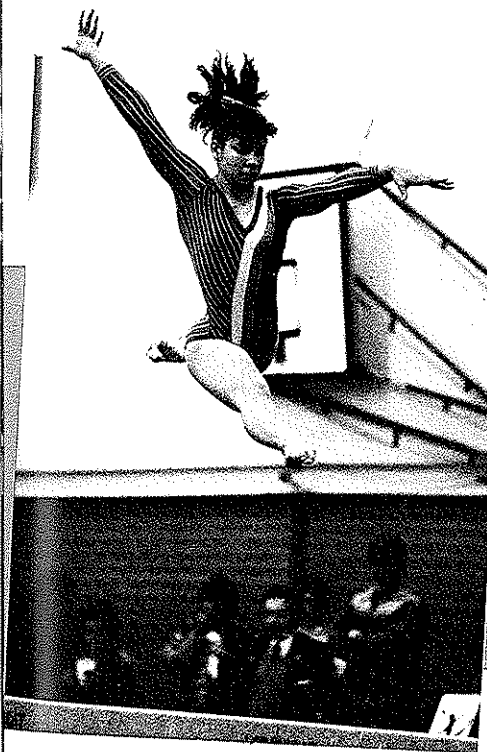
Victorian Gymnastic Association
Centre 26—28th August 1988



NATIONAL CLUBS COMPETITION

VICTORIAN GYMNASTIC ASSOCIATION
CENTRE 26—28th AUGUST 1988

Photographs courtesy Ross Gould



system is divided as such—Senior International Elite, Junior Elite, National Elite, Grade 1, Grade 2, Grade 3, etc. Our level 9 girls were to compete against a combination of girls from their National Elite stream and Grade 1 class.

The first day of competition for the Australian girls was Thursday with our level 8's and level 10's competing. Because of a flu virus, which was taking hold of many of the Australians, Michelle Bleskany did not compete and Georgette Redmond competed in a less than fit state.

Some of the highlights from the level 8 competition were **Catherine Turner's outstanding 9.60 score for her vault—a handspring front salto, Georgette Redmond scored a 9.00 for her handspring 360° twist. Catherine also scored well on bars with 9.00**, doing well on bars also was Cassie Hildebrandt with 8.75, Cassie also scored well on beam with an 8.95 while **Kellie Draffin** scored 8.70 on beam. She also **managed 9.00 on floor. Catherine Turner finished the first competition with a final score of 36.15—an excellent effort.**

Our level 10 gymnasts also had a good day. Megan Griffin injured her knee during a fall on bars, hence she only competed one vault and no beam. Beam was the strongest apparatus by far—only one fall from all of the Australian gymnasts resulted in good scores while the New Zealand gymnasts were having two or three falls **each** off beam.

The Australian's floor routines were on a par with the New Zealand routines. Many of the New Zealand girl's routines had double back saltos in them, but were uncontrolled on landing. **Cathy McIntosh scored a 9.10** with a beautifully danced routine. Cathy was also pleased with her overall performance as she scored 36.20.

Friday had come around and it was the level 9's turn to compete. The Australian girls competed well as a team, and showed that they were not only consistent on all apparatus but the team had

depth as a whole—the difference in the overall score between our number one ranked gymnast to our number six ranked gymnast was 0.60. Beam, again, appeared to be Australia's best scoring apparatus with **Tanya Saharov scoring 9.10** and Sharene Griffin scoring 8.90 for routines which were executed with competence.

Saturday was our big day—Australian level 8, 9 and 10 girls were to compete against New Zealand teams. Levels 8 and 9 were to compete at the same time and the level 10's would compete against the New Zealand International Elite team as a major finale.

Each time an Australian team took the floor for warm-up they performed a structured warm-up directed by A.C.T. coach Jackie Carringer—this made the audience take note of the well presented Australians even before they had begun to compete.

Our level 8 beam performances did not score as well as they had done on Thursday—even though protests were lodged after competition these scores were not changed. **The New Zealand Junior Elite team came out with a team score of 138.35 to beat the Australian Level 8 team score of 137.10. Catherine Turner gained a second overall placing on floor with 8.85, a second on bars 8.95 and another outstanding vault scored her 9.60 to win this apparatus. Georgette Redmond performed her handspring 360 twist to score 8.90 and be placed third. Kelly Draffin also performed her bar routine well to score 9.10 and Cassie Hildebrandt scored 8.90 to be placed third.**

The level 9 girls again performed credibly to win their team competition, **the Australian team score was 141.95 which easily beat a New Zealand team score of 138.30.** Australians took first on 3 of the 4 apparatus, as well as a first overall. **Nicky Swan had a very good competition to finish with an overall score of 35.85 and be**

placed first, she also managed to win beam with a score of 9.15 and came second on bars with a 9.00. Natalie Richardson also performed soundly to gain a second placing overall with a score of 35.05, she also scored a brilliant 9.25 to win bars, came third on beam with a score of 8.80 and came equal third placing with team member Sarah Dyson on floor with a score of 8.85. Tanya Saharov also showed us a very strong beam routine by scoring 8.95 and being placed second. Clare Stebbings again scored a 9.00 on vault to be placed third.

The level 10 girls put in a magnificent effort to win their team event against an internationally experienced team. The Australian team score was 143.45 against a New Zealand score of 141.10. Cathy McIntosh had another pleasing day of competition with an overall score of **36.30 to place her in first position.** Cathy also gained places, on bars—**third place with a score of 9.20, a second on floor with a score of 9.15 and a first placing on beam with a score of 9.20. Kym Guthrie placed third overall with a score of 35.35** just behind Kirsty Strong of New Zealand who scored 35.85. Kym also managed to pull out a second place on beam with a score of 8.90. Megan Griffith also performed two brilliant routines before injuring her knee again—this time during her floor routine. Megan scored 9.50 on bars to easily win this event, and then competed a stretched Tsukahara to score 9.30 and be placed second behind Hayley Sligo who performed a Cuervo and scored 9.35. Again our girls were steadier on beam which helped their overall scores.

In conclusion, I must say that all who represented Australia on this tour—gymnasts, coaches and judges—did so with pride and determination to perform at a high level of competition.

Margaret-Mary Opstelten

Hansenbuch Gymnastic Club—continued from page 25

trampoline, vault and rhythmic dance at local schools and fetes. Very often new members join after seeing one of these displays. The main motivation for display work, though, is to have the opportunity to demonstrate the sport. General Gymnastics is not competitive. Rather than train to compete, General Gymnasts have the goal of presenting a polished display for their own and the audience's enjoyment.

Conclusion

Hopefully this is just the beginning of General Gymnastics in Brisbane and

Australia. Anyone interested in learning more about this style of General Gymnastics is welcome to contact Hansenbuch Gymnastics in Brisbane on (07) 358 4200.

All clubs with an interest in this sport should get together with other local clubs to share ideas and learn from each other. The great thing about this style of gymnastics is that there are really no limits on where individual clubs can take it.

Jenny Young

NEWS FROM AROUND THE STATES

New Feature
"News From Around The States" will
feature items of news from the States.



South Australian Gymnastic Association Inc.

FROM THE SAGA COACHING DEVELOPMENT OFFICER

Country Carnival: Our biggest and best so far. 193 people from eight clubs took part in competitions, clinics, a Mini Olympics and lots of discussion and exchange of ideas. David Rawnsley must rate a special mention for the outstanding job he is doing as country liaison officer.

State Championships were held on the following weekend in June. Despite the absence of Leanne Rycroft, who was unable to participate, the weekend was most successful. Saturday evening's competition produced excellent performances from some of our younger up and coming gymnasts, in front of a capacity audience.

Gymfest 1988 attracted almost double the number of entries received last year, with 338 children from 15 clubs coming along to test their skills. The Gymfest philosophy is to provide a low key competition with simple rules and judging requirements, so that purely recreational children and their parents can be introduced to gymnastics outside their club level.

This year's enthusiastic response severely tested the simplistic rules, which were found wanting in some areas as a result. Thanks to all those who offered constructive suggestions for improvement, some of which will be adopted next year.

The bottom line is that the children enjoyed themselves, in a safe environment and learnt from the experience.

A Smorgasbord of Danish Gymnastics was thoroughly enjoyed by the 300 people who came to watch the Ollerup School of Gymnastics Display Team on July 5. The dozen or so children and their coaches who came to the advertised afternoon workshop also got

their money's worth from these highly experienced display gymnastics tourists.

Unfortunately, a flight delay prevented them from giving a thorough workshop. Despite the setback however, they were able to combine their own shortened preparation with an informal training session on mini tramp and floor for the locals.

Their visit to the country town of Naracoorte was so successful that local club leader Peter Carr has been invited to attend the Ollerup School in Denmark as a guest of the Principal. Over two nights the Danish gymnasts performed for an enthralled audience of nearly 1000 people.

Gymwits: The Walkerville YMCA Gymwits are rapidly making a name for themselves. Their fast moving comedy routine is entertainment plus. Their display at the Adelaide 36ers Basketball teams last home game at Apollo Stadium, was so well received that they were invited back to do a return show at the grand final...the Gymwits were ready and waiting but...Better luck next year!

(If any clubs are interested in this area we have extensive video coverage of the sort of work done by Gymwits and many others, in the S.A.G.A. video library. Please contact Peter Sharpe on (08) 294 8025 for more information.)

Coach/Instructor Education. The demand for coach/instructor education is always greater than our capacity to provide. As people become increasingly concerned about safety, accreditation and litigation this demand can only grow.

Special thanks are therefore appropriate for the work of our Coaches Committee, and the newly formed Rec Gym Committee, who between them and their small army of coaches and Instructor Squad members have com-

pleted 12 workshops so far this year. This includes five country visits (Barmera, Port Lincoln, Naracoorte, Broken Hill and Loxton).

So far this year a total of over 250 people have completed a minimum of six hours instruction in the safe handling and teaching of gymnastic skills to our children...a good effort by anyone's standards!

Recreation Carnival. This year S.A.G.A. took over the running of the Recreation Carnival. Previously the flagship of the now defunct gymnastic arm of S.A.C.R.A. organisation, the carnival on 13/14 August was a great success.

The hard work of the new Rec Gym Committee (along with plenty of volunteer helpers from the Instructor Squad and elsewhere) resulted in a total of 724 recreation gymnasts from 23 clubs filling three sessions of gymnastics over a very full weekend.

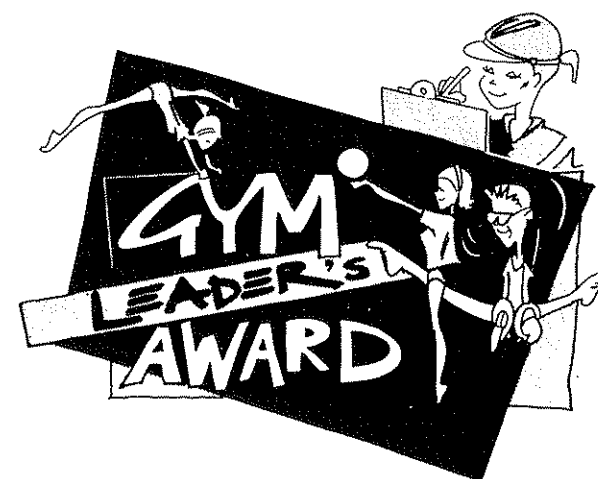
School Gymnastics Competitions have been held for many years in S.A. A new event, based on the Gym Fun program was started in 1986 to provide an opportunity to compete for those children who are not members of a gym club.

This has become increasingly successful, with 451 children taking part this year. Hopefully in time a percentage of these will go on to participate in the more advanced competitions, which this year attracted nearly 600 gymnasts.

As it becomes harder each year to find people to run these competitions it may be necessary for the Association to find ways to work more closely with the schools involved, and the Education Department.

The return to the Association would be felt in two ways:

Continued on page 32



"GYM LEADERS CONDUCT FUN GYM CARNIVAL"

A Fun Gym Carnival was held on the 11th September, 1988 and involved 10 teams including 2 teams from a local primary school. As the Carnival involved boys and girls participating together in Men's, Women's and Rhythmic activities it did not come under any of the Technical Committee guidelines and therefore was in the hands of General Gymnastics personnel.

This being the case, new personnel including judges, had to be found to help organise and officiate at the Carnival. All participants in the Gym Leader Awards who were working in the **Competition Organisation** and **Officiating** field were sent a letter inviting them to assist in the organising and officiating of the Carnival as part of their service work for their Award.

Four Gym Leaders accepted the invitation and a meeting was scheduled between myself, the Gym Leaders (Samantha Read, Naomi Peters, Lex Simpson from Lawnton Gym Club, Jane Archie from Sandgate PCYC), and Denise Gustafson.

Denise Gustafson has been involved in Gymnastics for many years and has assisted the Association greatly throughout 1987/88 in the development of General Gymnastics.

As the Gym Leaders were very keen and enthusiastic Denise and myself decided to let the Leaders take charge and make the decisions on how the Carnival would run and we would be there to assist where necessary.

Prior to the Carnival the leaders prepared:

- * Rotation orders for participants
- * Judging rotations
- * Time schedules (warm-up time, commencement of Carnival etc)

Job specifications were posted out to the Gym Leaders to assist them in their work.

On the day the Leaders were involved in;

- * Setting up—Equipment
Seating for spectators
Judging tables
Microphones & music equipment
- * Organising Judging personnel and scoring staff
- * Judging
- * Organising Award Presentations
- * Presenting Awards
- * Cleaning up at the completion of the Carnival

Overall I feel the Carnival ran very smoothly and was a great success and from all reports the clubs/schools involved thoroughly enjoyed themselves and are looking forward to the next Fun Gym Carnival.

The Association will follow on next year with running the Fun Gym Carnivals and allow Gym Leaders to be involved as this is the first step to gaining long term volunteers.

Gym Leader Comments:

Samantha Read (13½ yrs): "I would like to participate as a staff member in another Carnival, because I enjoyed myself very much. I thought it was a great day and was delighted to see that every child went home with at least one thing, whether it be a certificate or sticker etc."

Naomi Peters (12½ yrs): "I think that the day turned out to be a fun day for everyone involved....I really would love to do it again. It was well organised so it went well."

Lex Simpson (13½ yrs): "I also found the day really beneficial to myself. I learnt how much work was involved even in a small competition....and if there is another competition run in the near future, I would like to volunteer to help if I am available."

Jenny Young
Development Officer

(For more information regarding
Gym Leader Awards contact your
State Gymnastic Association).



Queensland Gymnastic Association Inc.

QUEENSLAND EXPO DISPLAY SQUAD

The opportunity of a lifetime!

Twenty-six lucky Queensland gymnasts were given the opportunity to perform throughout the duration of World Expo '88.

To fill in the details, a squad was selected in February 1988 by coach John Hansen. Training commenced in earnest in March and was held in a small gymnasium directly behind the Expo site. A problem with this venue included a lack of equipment so for most sessions, John Hansen and dedicated parents and coaching assistants, begged, and borrowed 'spare' equipment from other clubs and transported it every training session. Not much fun but a necessary evil associated with any gymnastic activity.

After an impressive full dress rehearsal, gymnasts descended onto the Piazza Theatre on Monday 20th June for their debut performance.

In their spectacular red and white uniforms, the gymnasts in an energetic and heart stopping performance, delighted the crowd with their tumbling and vaulting.

An extremely satisfying experience to be acknowledged by around 3000 spectators.

This crowd enthusiasm has continued for all of the team's other performances, thus indicating the huge public support for a well presented dynamic gymnastics display.

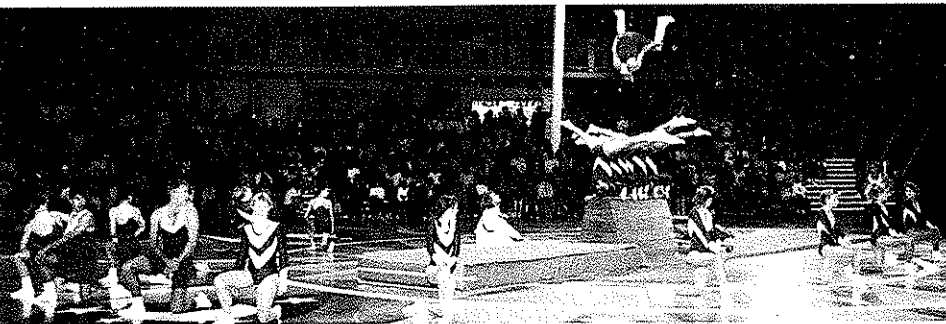
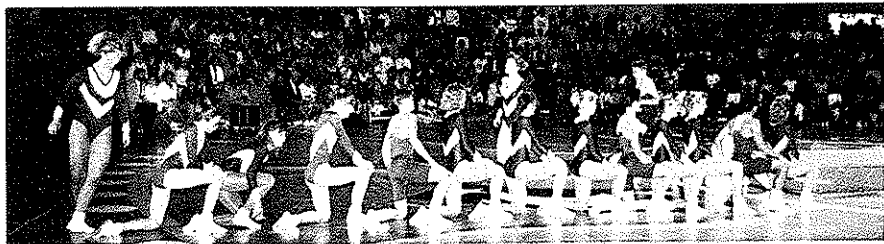
To achieve this success many more hours of 'behind the scenes' administration were necessary than was originally thought. The detail of planning and preparation required by Expo technical staff was somewhat overwhelming but having completed this, we now feel competent in meeting any requirements placed upon us by future productions.

The driving force behind the production, John Hansen, a Danish gymnastics coach now living in Brisbane, has made the dream a reality.

For the twenty-six gymnasts—Estelle Bain, Jarrod Bancroft, Stephen Bland, Godron Costa, Sean Costello, Kathy Cox, Jo-anne Crossett, Ane Damkjaer, Hayley Diplock, Sandra Field, Leanne Fair, Anna Gamvros, Shane Hayman,

Jackie Heaney, Peter Hill, Lysiane Lalot, Leonie Mallett, Amy Power, Jeremy Rigby, Fiona Rodgers, Lara Ross, Lisa Ross, Jason Storey, Yvette Wade, Jason Smith and Nicole Schoutcrop their Expo experience will be well remembered.

Jenny Young



HISTORICAL REVIEW OF GYMNASTICS

The first evidence of gymnastics came from **China** and date around the year 2,600 B.C. Also some temple pictographs in **Ancient Egypt** depict gymnastic exercises. Ancient gymnastics had two functions: One as a training for war, the second based on the Pythagorean thought, "well developed and healthy bodies are easier to rule by will."

The **Greeks** started the practise of gymnastics between the fifth and fourth centuries B.C. Places where athletic training and competitions were held were known as "gymnasiums." Gymnastics was practised in these public places, while poetry and philosophy were discussed in accordance with the greek concept of integral development of man. Aristotle wrote: "Gymnastics is not just an art, but also a science; an anthropological science with a social purpose."

The **Romans** introduced gymnastics as a part of the training of their armies. They practised it in mounting and dismounting their horses, to gain agility and dexterity. They then proceeded to build wooden horses for these practises; these became what are our present pommel horses.

During the Middle Ages, gymnastics was practically forgotten, while acrobatics became very popular. Jugglers and Jesters used to combine acrobatics with their ballads or dances.

At the end of the seventeenth century Jean Jacques Rousseau and Johan Basedow became promoters of gymnastics. To Basedow (1723-1790) we owe the establishment of the first public

gymnasium in modern times, and the training of the first group of gymnastic teachers in a European school.

During the past 200 years, the concept of gymnastics has been greatly changed. Guts Muths of Germany (1759-1839) published the first book on gymnastics and together with Friedrich Ludwig Jahn (1778-1852) was one of the inventors of the various apparatus used today in gymnastic exercises. Jahn was an enthusiastic researcher and teacher who popularised among Germany's youth the desire to acquire physical dexterity as a means to build up strength and health. Jahn created the horizontal bar, the rings and the parallel bars.

After the start of ballet, the need arose to adapt gymnastic exercises to dance. Francisco Amoros (1770-1818), a Spaniard living in France, was the founder of the Normal School for Military and Civilian gymnastics. He was the first to understand that rhythm has an important role in gymnastics and emphasised performance to music. His method, and what it advocated at the beginning of the nineteenth century is still valid: rhythm, automatism, grace, and physical fitness.

Olympic Games have included gymnastic competitions ever since the 1896 Olympics held in Athens. At first the competitions were only for teams, and missing were the individual contests and exercises performed on the floor. Floor exercise only began to be contested at the time of the Berlin Olympics (1936). In Athens, the horizontal bar, the parallel bars, the rings, pommel horse and long horse vault were used.

The development of both Men's and Women's branches of Olympic Gymnastics has given a new significance to the beauty of rhythm, strength, and dexterity within the context of the Olympic Games. Thousands of people attend the Olympic Games with the main purpose of watching the gymnastic events.

Courtesy W.A. Institute of Sport Men's Newsletter

Around the States—South Australia Continued from page 30

- * greater numbers of adults to help with the organising and running of the competitions
- * better promotion and a wider potential audience.

The 1988 **Bicentennial Spectacular** on August 13 turned out to be perhaps the best night's gymnastics for the whole year for the packed audience of nearly 500.

All our best gymnasts from Level 5 upwards were given a chance to show off their talents without the pressure of judges or qualifying rules. Displays by club groups, world champion trampolinist Liz Jensen and newly crowned Miss Drill International Alison Pennell added that extra touch to a great night, which will be a certainty for our 1989 calendar.

RESULTS.....

AUSTRALIAN NATIONAL CHAMPIONSHIPS 1988 MAG INTERNATIONAL—ALL-AROUND

Name	Team	Floor	Horse	Rings	Vault	P.Bar	H.Bar	Total	Place
Blaise Rizzo	NSW	9.050 9.200	9.100 8.850	8.350 8.200	9.250 9.150	9.500 9.550	9.400 9.800	54.650 54.750 109.400	1
Brennon Dowrick	ACT/AIS	9.450 9.000	9.650 9.000	8.250 8.750	8.900 9.150	9.200 9.400	9.600 8.300	55.050 53.600 108.650	2
Grant Carlyon	QLD/AIS	9.450 9.600	9.050 8.300	8.750 8.450	9.200 9.100	8.450 9.400	9.550 8.900	54.450 53.750 108.200	3
Tim Lees	VIC/AIS	9.200 9.400	9.500 9.650	8.300 8.150	9.000 8.950	9.150 9.150	9.250 7.450	54.400 52.750 107.150	4
Mark Bird	QLD/AIS	8.800 8.700	8.100 9.100	8.500 8.100	8.750 8.900	9.050 8.450	9.300 8.550	52.500 51.800 104.300	5
Martin Wade	ACT	8.700 9.000	7.600 8.200	8.500 8.100	8.900 9.000	9.000 8.050	9.550 9.400	52.250 51.750 104.000	6
Peter Hogan	NSW/AIS	9.250 9.000	8.150 9.050	7.950 7.350	8.950 8.500	8.750 8.800	9.350 8.850	52.400 51.550 103.950	7
Mark Mommsen	ACT/AIS	9.550 9.050	7.550 8.900	8.400 7.800	9.200 9.300	8.850 8.350	9.150 7.200	52.700 50.600 103.300	8
Ken Meredith	QLD/AIS	9.150 9.550	8.850 9.450	9.700 9.800	9.200 9.250	9.550 9.550	8.350 0.000	54.800 47.600 102.400	9
Mark Jujnovich	N.Z.	8.800 8.750	7.900 8.150	8.700 8.600	8.550 9.100	8.900 7.500	8.200 8.850	51.050 50.950 102.000	10
Adam Jones	NSW	8.650 8.550	7.900 7.050	8.900 8.000	8.900 8.550	8.900 7.800	7.650 7.650	50.900 47.600 98.500	11
Craig Bruce	N.Z.	8.800 8.500	8.150 8.000	7.200 7.100	9.000 9.000	8.950 8.300	6.400 7.600	48.500 48.500 97.000	12
Mark Lister	N.Z.	8.750 8.700	6.500 8.150	8.200 7.100	9.100 9.100	8.000 6.950	7.000 8.200	47.550 48.200 95.750	13
Matthew Wood	SA	7.450 0.000	5.000 0.000	6.400 0.000	8.700 0.000	6.950 0.000	7.900 0.000	42.400 0.000 42.400	14

MAG INT FINALS

Name	Team	Total	Place	Name	Team	Total	Place	Name	Team	Total	Place
FLOOR				RINGS				P. BAR			
Grant Carlyon	QLD/AIS	19.050	1	Ken Meredith	QLD/AIS	19.500	1	Ken Meredith	QLD/AIS	19.100	1
Ken Meredith	QLD/AIS	18.700	2	Mark Jujnovich	NZ	17.300	2	Blaise Rizzo	NSW	19.050	2
Mark Mommsen	ACT/AIS	18.600	=3	Grant Carlyon	QLD/AIS	17.200	3	Brennon Dowrick	ACT/AIS	18.600	3
Tim Lees	VIC/AIS	18.600	=3	Brennon Dowrick	ACT/AIS	17.000	4	Tim Lees	VIC/AIS	18.300	4
Brennon Dowrick	ACT/AIS	18.450	5	Adam Jones	NSW	16.900	5	Grant Carlyon	QLD/AIS	17.850	5
Peter Hogan	NSW/AIS	18.250	=6	Mark Bird	QLD/AIS	16.600	=6	Peter Hogan	NSW/AIS	17.550	6
Blaise Rizzo	NSW	18.250	=6	Martin Wade	ACT	16.600	=6	Mark Bird	QLD/AIS	17.500	7
Martin Wade	ACT	17.700	8	Blaise Rizzo	NSW	16.550	8	Craig Bruce	NZ	17.250	8
Mark Jujnovich	NZ	17.550	9	Tim Lees	VIC/AIS	16.450	9	Mark Mommsen	ACT/AIS	17.200	9
Mark Bird	QLD/AIS	17.500	10	Mark Mommsen	ACT/AIS	16.200	10	Martin Wade	ACT	17.050	10
Mark Lister	NZ	17.450	11	Peter Hogan	NSW/AIS	15.300	=11	Adam Jones	NSW	16.700	11
Craig Bruce	NZ	17.300	12	Mark Lister	NZ	15.300	=11	Mark Jujnovich	NZ	16.400	12
Adam Jones	NSW	17.200	13	Craig Bruce	NZ	14.300	13	Mark Lister	NZ	14.950	13
Matthew Wood	SA	7.450	14	Matthew Wood	SA	6.400	14	Matthew Wood	SA	6.950	14
HORSE				VAULT				H. BAR			
Tim Lees	VIC/AIS	19.150	1	Mark Mommsen	ACT/AIS	18.400	1	Blaise Rizzo	NSW	19.200	1
Brennon Dowrick	ACT/AIS	18.650	2	Blaise Rizzo	NSW	18.325	2	Martin Wade	ACT	18.950	2
Ken Meredith	QLD/AIS	18.300	3	Grant Carlyon	QLD/AIS	18.250	3	Grant Carlyon	QLD/AIS	18.450	3
Blaise Rizzo	NSW	17.950	4	Ken Meredith	QLD/AIS	18.200	4	Peter Hogan	NSW/AIS	18.200	4
Grant Carlyon	QLD/AIS	17.350	5	Mark Lister	NZ	18.100	5	Brennon Dowrick	ACT/AIS	17.900	5
Peter Hogan	NSW/AIS	17.200	=6	Craig Bruce	NZ	18.025	6	Mark Bird	QLD/AIS	17.850	6
Mark Bird	QLD/AIS	17.200	=6	Tim Lees	VIC/AIS	17.975	7	Mark Jujnovich	NZ	17.050	7
Mark Mommsen	ACT/AIS	16.450	8	Brennon Dowrick	ACT/AIS	17.925	8	Tim Lees	VIC/AIS	16.700	8
Craig Bruce	NZ	16.150	9	Martin Wade	ACT	17.675	9	Mark Mommsen	ACT/AIS	16.350	9
Mark Jujnovich	NZ	16.050	10	Mark Bird	QLD/AIS	17.575	10	Adam Jones	NSW	15.300	10
Martin Wade	ACT	15.800	11	Peter Hogan	NSW/AIS	17.525	11	Mark Lister	NZ	15.200	11
Adam Jones	NSW	14.950	12	Mark Jujnovich	NZ	17.500	12	Craig Bruce	NZ	14.000	12
Mark Lister	NZ	14.650	13	Adam Jones	NSW	17.350	13	Ken Meredith	QLD/AIS	8.350	13
Matthew Wood	SA	5.000	14	Matthew Wood	SA	8.700	14	Matthew Wood	SA	7.900	14

RESULTS.....

AUSTRALIAN NATIONAL CHAMPIONSHIPS 1988

MAG U/18 FINALS

Name	Team	Floor	Horse	Rings	Vault	P.Bar	H.Bar	Total	Place
Andrei Cleland	ACT/AIS	9.100 9.100	8.450 8.700	8.500 8.400	8.050 8.000	9.100 9.100	9.400 8.850	52.600 52.150 104.750	1
Brook Grimwood	NSW	9.100 8.850	8.250 7.850	9.000 8.300	8.600 8.800	8.700 8.850	9.450 8.900	53.100 51.500 104.650	2
Ben Holmes	NSW	8.600 9.050	8.150 8.100	8.600 6.900	8.700 8.700	8.300 8.400	9.450 8.900	51.800 50.050 101.850	3
Brett Lewis	NT	8.950 8.950	7.200 7.200	7.900 8.100	8.600 8.500	9.050 8.250	9.000 8.800	50.700 49.800 100.500	4
Paul Kalinski	NSW	8.800 8.300	8.200 7.200	8.000 7.200	8.500 7.900	8.400 8.000	8.900 7.800	50.800 46.400 97.200	5
Shane Lyons	NZ	8.250 8.250	7.350 7.300	7.900 7.900	8.300 8.300	9.000 8.400	8.250 7.750	49.050 47.900 96.950	6
Sydney Pfeiffer	SA	8.600 8.500	7.150 6.550	7.200 7.400	8.550 8.550	8.350 7.250	8.550 8.200	48.400 46.450 94.850	7
Brett Hills	NZ	8.250 8.150	7.050 5.800	7.950 7.900	8.500 8.500	8.200 7.800	7.350 7.200	47.300 45.350 92.650	8
Peter Hill	QLD	8.500 8.350	6.550 6.000	6.700 6.650	8.500 8.750	7.400 7.400	7.800 8.650	45.450 45.800 91.250	9
Nick Sloane	NT	8.350 8.250	5.350 5.750	7.500 6.050	8.200 8.200	7.050 7.050	8.550 8.350	45.000 43.650 88.650	10
Ben Winter	SA	8.050 8.650	6.450 0.000	7.100 6.350	8.200 8.400	8.700 7.300	6.350 6.200	44.850 36.900 81.750	11
Anthony Giles	WA	8.250 8.700	6.550 7.050	0.000 0.000	8.100 8.350	8.100 7.750	0.000 0.000	31.000 31.850 62.850	12
Peter Kalinski	NSW	0.000 0.000	7.500 6.700	7.650 7.400	0.000 0.000	8.600 8.300	7.900 7.300	31.650 29.700 61.350	13

MAG U/18 FINALS

Name	Team	Total	Place
Floor			
Andrei Cleland	ACT/AIS	18.2000	1
Brook Grimwood	NSW	17.9500	2
Brett Lewis	NT	17.9000	3
Ben Holmes	NSW	17.6500	4
Paul Kalinski	NSW	17.1000	=5
Rodney Pfeiffer	SA	17.1000	=5
Anthony Giles	WA	16.9500	7
Peter Hill	QLD	16.8500	8
Ben Winter	SA	16.7000	9
Nick Sloane	NT	16.6000	10
Shane Lyons	NZ	16.5000	11
Brett Hills	NZ	16.4000	12
Horse			
Andrei Cleland	ACT/AIS	17.1500	1
Ben Holmes	NSW	16.2500	2
Brook Grimwood	NSW	16.1000	3
Paul Kalinski	NSW	15.4000	4
Shane Lyons	NZ	14.6500	5
Brett Lewis	NT	14.4000	6
Peter Kalinski	NSW	14.2000	7
Rodney Pfeiffer	SA	13.7000	8
Anthony Giles	WA	13.6000	9
Brett Hills	NZ	12.8500	10
Peter Hill	QLD	12.5500	11
Nick Sloane	NT	11.1000	12
Ben Winter	SA	6.4500	13
Rings			
Brook Grimwood	NSW	17.3000	1
Andrei Cleland	ACT/AIS	16.9000	2
Brett Lewis	NT	16.0000	3
Brett Hills	NZ	15.8500	4
Shane Lyons	NZ	15.8000	5
Ben Holmes	NSW	15.5000	6
Paul Kalinski	NSW	15.2000	7
Peter Kalinski	NSW	15.0500	8
Rodney Pfeiffer	SA	14.6000	9
Nick Sloane	NT	13.5500	10
Ben Winter	SA	13.4500	11
Peter Hill	QLD	13.3500	12

Name	Team	Total	Place
Vault			
Brett Lewis	NT	17.3500	1
Ben Holmes	NSW	17.2750	2
Brook Grimwood	NSW	17.2500	3
Rodney Pfeiffer	SA	17.1750	=4
Brett Hills	NA	17.1750	=4
Peter Hill	QLD	16.9750	6
Paul Kalinski	NSW	16.6250	7
Anthony Giles	WA	16.4750	8
Ben Winter	SA	16.3750	9
Shane Lyons	NZ	16.3250	10
Nick Sloane	NT	16.2500	11
Andrei Cleland	ACT/AIS	16.0250	12
P.Bar			
Andrei Cleland	ACT/AIS	18.2000	1
Brook Grimwood	NSW	17.5500	2
Shane Lyons	NZ	17.4000	3
Brett Lewis	NT	17.3000	4
Peter Kalinski	NSW	16.9000	5
Ben Holmes	NSW	16.7000	6
Paul Kalinski	NSW	16.4000	7
Ben Winter	SW	16.0000	=8
Brett Hills	NZ	16.0000	=8
Anthony Giles	WA	15.8500	10
Rodney Pfeiffer	SA	15.6000	11
Peter Hill	QLD	14.8000	12
Nick Sloane	NT	14.1000	13
H.Bar			
Ben Holmes	NSW	18.3500	=1
Brook Grimwood	NSW	18.3500	=1
Andrei Cleland	ACT/AIS	18.2500	3
Brett Lewis	NT	17.8000	4
Nick Sloane	NT	16.9000	5
Rodney Pfeiffer	SA	16.7500	6
Paul Kalinski	NSW	16.7000	7
Peter Hill	QLD	16.4500	8
Shane Lyons	NZ	16.0000	9
Peter Kalinski	NSW	15.2000	10
Brett Hills	NZ	14.5500	11
Ben Winter	SA	12.5500	12

RESULTS.....

AUSTRALIAN NATIONAL CHAMPIONSHIPS 1988

OPEN LEVEL 8—ALL AROUND

Name	Team	Floor	Horse	Rings	Vault	P.Bar	H.Bar	Total	Place
Brian Wade	ACT	9.100 9.250	8.100 7.950	8.100 8.500	8.600 8.850	9.200 9.150	9.400 9.350	52.500 53.050 105.550	1
Anthony Duarte	NSW	8.850 9.000	7.650 8.850	8.200 8.200	8.250 8.800	9.250 8.000	8.400 8.350	50.600 51.200 101.800	2
Joshua Holmes	NSW	8.400 8.600	8.450 8.000	7.400 8.050	8.650 8.200	8.450 8.500	8.250 8.650	49.600 50.000 99.600	3
John Dorrington	VIC	8.600 8.700	6.800 7.200	8.000 8.100	8.500 8.100	8.850 8.850	8.550 8.000	49.300 48.950 98.250	4
Roban Devlin	VIC	8.300 8.500	7.100 7.500	7.150 8.000	8.300 8.400	8.550 8.450	6.750 6.150	46.150 47.000 93.150	5
Tim Curtain	TAS	8.500 8.150	7.250 6.700	7.200 6.500	8.450 8.000	7.650 8.400	7.650 6.900	46.700 44.650 91.350	6
Scott Unwin	VIC	7.950 8.050	7.600 8.350	6.400 6.400	8.250 8.000	7.600 7.950	6.850 6.550	44.650 45.300 89.950	7
Anthony Chandler	NSW	8.000 8.050	6.550 7.350	7.000 6.800	7.400 8.150	7.050 8.100	6.900 7.550	42.900 46.000 88.900	8
Roger Wu	NSW	8.250 0.000	8.000 9.400	9.100 8.900	8.050 0.000	9.150 8.950	9.200 9.450	51.750 36.700 88.450	9
Phillip Wherrett	TAS	7.850 8.150	5.800 5.200	6.600 4.950	8.150 8.100	6.300 7.050	5.550 5.400	40.250 38.850 79.100	10
Phillip Noack	VIC	8.300 0.000	5.200 0.000	7.000 0.000	8.250 0.000	7.450 0.000	7.700 0.000	43.900 0.000 43.900	11

OPEN 8 FINALS—MAG

Name	Team	Total	Place
Floor			
Brian Wade	ACT	18.3500	1
Anthony Duarte	NSW	17.8500	2
John Dorrington	VIC	17.3000	3
Joshua Holmes	NSW	17.0000	4
Roban Devlin	VIC	16.8000	5
Tim Curtain	TAS	16.6500	6
Anthony Chandler	NSW	16.0500	7
Phillip Wherrett	TAS	16.0000	=8
Scott Unwin	VIC	16.0000	=8
Phillip Noack	VIC	8.3000	10
Roger Wu	NSW	8.2500	11
Horse			
Rober Wu	NSW	17.4000	1
Anthony Duarte	NSW	16.5000	2
Joshua Holmes	NSW	16.4500	3
Brian Wade	ACT	16.0500	4
Scott Unwin	VIC	15.9500	5
Roban Devlin	VIC	14.6000	6
John Dorrington	VIC	14.0000	7
Tim Curtain	TAS	13.9500	8
Anthony Chandler	NSW	13.9000	9
Phillip Wherrett	TAS	11.0000	10
Phillip Noack	VIC	5.2000	11
Rings			
Roger Wu	NSW	18.0000	1
Brian Wade	ACT	16.6000	2
Anthony Duarte	NSW	16.4000	3
John Dorrington	VIC	16.1000	4
Joshua Holmes	NSW	15.4500	5
Roban Devlin	VIC	15.1500	6
Anthony Chandler	NSW	13.8000	7
Tim Curtain	TAS	13.7000	8
Scott Unwin	VIC	12.8000	9
Phillip Wherrett	TAS	11.5500	10
Phillip Noack	VIC	7.0000	12

Name	Team	Total	Place
Vault			
Brian Wade	ACT	17.4750	1
Joshua Holmes	NSW	17.0250	2
Anthony Duarte	NSW	16.7750	3
John Dorrington	VIC	16.7250	4
Tim Curtain	TAS	16.6500	5
Phillip Wherrett	TAS	16.4250	6
Roban Devlin	VIC	13.3500	7
Scott Unwin	VIC	16.3000	8
Anthony Chandler	NSW	15.3250	9
Phillip Noack	VIC	8.2500	10
Roger Wu	NSW	8.0500	11
P.Bar			
Brian Wade	ACT	18.3500	1
Roger Wu	NSW	18.1000	2
John Dorrington	VIC	17.7000	3
Anthony Duarte	NSW	17.2500	4
Roban Devlin	VIC	17.0000	5
Joshua Holmes	NSW	16.9500	6
Tim Curtain	TAS	16.0500	7
Scott Unwin	VIC	15.5500	8
Anthony Chandler	NSW	15.1500	9
Phillip Wherrett	TAS	13.3500	10
Phillip Noack	VIC	7.4500	11
H.Bar			
Brian Wade	ACT	18.7500	1
Roger Wu	NSW	18.6500	2
Joshua Holmes	NSW	16.9000	3
Anthony Duarte	NSW	16.7500	4
John Dorrington	VIC	16.5500	5
Tim Curtain	TAS	14.5500	6
Anthony Chandler	NSW	14.4500	7
Scott Unwin	VIC	13.4000	8
Roban Devlin	VIC	12.9000	9
Phillip Wherrett	TAS	10.9500	10
Phillip Noack	VIC	7.7000	11

RESULTS.....

AUSTRALIAN NATIONAL CHAMPIONSHIPS 1988
WAG SENIOR TEAM RESULTS

Team	Total	Place
W.A.	110.6750	1
N.S.W.	108.8500	2

WAG SENIOR ALL AROUND

Name	Team	Vault	Bars	Beam	Floor	Total	Place
Monique Allen	NSW/AIS	9.450 9.450	9.500 9.550	9.400 9.050	9.100 9.500	37.450 37.550	1
Sasha Harnett	WA	9.600 9.700	9.275 8.600	9.350 9.350	8.700 9.050	36.925 36.700	2
Michelle Saliba	WA	9.400 9.500	8.950 9.600	8.650 9.150	9.100 9.250	36.100 37.500	3
Jodie Rogers	NSW/AIS	8.850 9.100	9.200 9.100	8.500 8.800	8.700 9.250	35.250 36.250	=4
Debbie Vaughan	WA	9.650 9.600	8.700 9.000	8.550 8.900	8.900 8.200	35.800 35.700	=4
Sallyanne Hargrave	WA	9.050 9.100	8.900 8.700	8.300 9.000	9.100 9.200	35.350 36.000	7
Clarissa Horliczenco	ACT	9.250 9.200	8.850 9.050	8.500 8.550	8.750 9.000	35.350 35.750	7
Kylie Shadbolt	QLD/AIS	9.200 9.100	9.100 9.300	8.800 8.700	8.350 8.250	35.450 35.350	8
Michelle Melville	WA	9.150 9.200	8.700 8.700	8.600 8.500	8.550 8.800	35.000 35.200	=9
Jane Warrilow	WA	9.250 8.400	8.800 9.200	8.250 8.700	9.050 8.550	35.350 34.850	=9
Yolanda Zerko	WA	9.000 9.000	8.500 8.750	9.050 8.600	8.600 8.650	35.140 35.000	11
Lisa Read	NSW/AIS	9.150 0.000	9.500 9.500	8.900 9.100	8.600 0.000	36.140 18.600	12
Jenny Clack	WA	0.000 0.000	9.400 0.000	8.800 0.000	9.600 0.000	27.800 0.000	13

WAG JUNIOR ALL AROUND

Name	Team	Vault	Bars	Beam	Floor	Total	Place
Michelle Telfer	WA	8.900 8.950	9.200 8.750	9.050 9.500	9.000 9.100	36.150 36.300	1
Julie-Anne Monico	ACT	8.800 9.000	8.500 8.750	9.50 9.150	8.550 8.650	34.900 35.550	2
Kim McKay	ACT	8.650 8.750	8.400 8.900	8.300 8.600	8.450 8.550	33.800 34.800	3
Fiona Hart	VIC	8.600 8.950	8.250 8.400	8.400 8.350	8.650 8.750	33.900 34.450	4
Alice Diedricks	ACT	8.550 8.500	7.450 8.350	8.450 8.700	8.650 8.050	33.100 33.600	5
Kathryn Jamieson	VIC	8.650 9.000	7.550 8.100	7.850 8.300	8.400 8.600	32.450 34.000	6
Jodie Huppatz	SA	8.200 8.550	7.700 7.950	8.000 8.350	8.750 8.750	32.650 33.600	7
Terrena Chant	SA	7.950 8.200	8.450 6.850	8.400 7.900	8.200 8.350	33.000 31.300	8

WAG SENIOR FINALS

Name	Team	Total	Place
Vault			
Debbie Vaughan	WA	19.250	1
Sasha Harnett	WA	19.225	2
Monique Allen	NSW/AIS	18.875	3
Michelle Saliba	WA	18.825	4
Clarissa Horliczenco	ACT	18.375	5
Michelle Melville	WA	18.250	=6
Kylie Shadbolt	QLD/AIS	18.250	=6
Yolanda Zerko	WA	17.975	8
Sallyanne Hargrave	WA	17.925	9
Jodie Rogers	NSW/AIS	17.875	10
Jane Warrilow	WA	17.625	11

Bars			
Monique Allen	NSW/AIS	19.050	1
Lisa Read	NSW/AIS	19.000	2
Michelle Saliba	WA	18.550	3
Kylie Shadbolt	QLD/AIS	18.400	4
Jodie Rogers	NSW/AIS	18.300	5
Jane Warrilow	WA	18.000	6
Clarissa Horliczenco	ACT	17.900	7
Sasha Harnett	WA	17.875	8
Debbie Vaughan	WA	17.700	9
Sallyanne Hargrave	WA	17.600	10
Michelle Melville	WA	17.400	11
Yolanda Zerko	WA	17.250	12

Beam			
Sasha Harnett	WA	18.700	1
Monique Allen	NSW/AIS	18.450	2
Lisa Read	NSW/AIS	18.000	3
Michelle Saliba	WA	17.800	4
Yolanda Zerko	WA	17.650	5
Kylie Shadbolt	QLD/AIS	17.500	6
Debbie Vaughan	WA	17.450	7
Jodie Rogers	NSW/AIS	17.300	=8
Sallyanne Hargrave	WA	17.300	=8
Michelle Melville	WA	17.100	10
Clarissa Horliczenco	ACT	17.000	11
Jane Warrilow	WA	16.950	12

Floor			
Monique Allen	NSW/AIS	18.600	1
Michelle Saliba	WA	18.350	2
Sallyanne Hargrave	WA	18.300	3
Jodie Rogers	NSW/AIS	17.950	4
Clarissa Horliczenco	ACT	17.750	=5
Sasha Harnett	WA	17.750	=5
Jane Warrilow	WA	17.600	7
Michelle Melville	WA	17.350	8
Yolanda Zerko	WA	17.250	9
Debbie Vaughan	WA	17.100	10
Kylie Shadbolt	QLD/AIS	16.600	11

CORRECTION

Re: "What Do You Know About the Olympic Movement?" Vol. 13, No. 2, Page 10.

It was reported that the 'yellow ring' of the Olympic Emblem represents Australia.

This is incorrect, the colours of the Olympic Emblem are not representative of any specific country.

RESULTS.....

AUSTRALIAN NATIONAL CHAMPIONSHIPS 1988

WAG JUNIOR FINALS

Name	Team	Total	Place
Vault			
Julie-Anne Monico	ACT	17.7500	1
Michelle Telfer	WA	17.7250	2
Kathryn Jamieson	VIC	17.5250	3
Fiona Hart	VIC	17.4750	4
Kim McKay	ACT	17.2250	5
Jodie Huppatz	SA	16.7250	=6
Alice Diedricks	ACT	16.7250	=6
Terrena Chant	SA	16.1500	8

Bars			
Michelle Telfer	WA	17.9500	1
Kim McKay	ACT	17.3000	2
Julie-Anne Monico	ACT	17.2500	3
Fiona Hart	VIC	16.6500	4
Alice Diedricks	ACT	15.8000	5
Jodie Huppatz	SA	15.6500	=6
Kathryn Jamieson	VIC	16.6500	=6
Terrena Chant	SA	15.3000	8

RSG INT. ALL AROUND

Name	Team	Rope	Hoop	Ball	Clubs	Ribbon	Total	Place
Gina Peluso	NSW	8.600	8.800	8.600	8.550	8.600	43.150	1
Heather Obremski	WA	8.350	8.550	8.650	8.100	8.350	42.000	2
Kylie Baker	SA	8.350	8.350	8.500	8.250	8.200	41.650	3
Shareen Ireland	QLD	8.400	8.500	8.100	8.350	8.000	41.350	4
Hannah Clark	NZ	8.200	8.200	8.200	8.050	8.050	40.700	5
Sharmain Millar	SA	8.050	8.250	8.000	8.100	8.150	40.550	6
Elizabeth Boak	NZ	7.950	8.100	8.200	8.150	8.150	40.500	7
Treena Blythe	NZ	8.300	8.000	8.350	7.800	8.000	40.450	8
Tiffany Jamieson	VIC	8.150	7.900	8.200	7.800	8.100	40.150	9
Simone Awty	VIC	8.250	7.500	8.350	8.300	7.350	39.750	10
Donna Ryan	QLD	7.600	8.050	7.950	7.900	7.800	39.300	11
Kate Chapman	NZ	7.700	7.950	7.850	6.450	6.850	36.800	12

RSG SENIOR FINALS

Name	Team	Total	Place
Rope			
Gina Peluso	NSW	17.3500	1
Heather Obremski	WA	16.8500	2
Treena Blythe	NZ	16.6000	3
Shareen Ireland	QLD	16.5500	=4
Kylie Baker	SA	16.5500	=4
Simone Awty	VIC	16.4500	=6
Hanna Clark	NZ	16.4500	=6
Tiffany Jamieson	VIC	16.3000	8

Hoop			
Gina Peluso	NSW	17.6000	1
Heather Obremski	WA	16.5000	2
Shareen Ireland	QLD	16.4500	=3
Elizabeth Boak	NZ	16.4500	=3
Hanna Clark	NZ	16.4000	5
Sharmain Millar	SA	16.1000	6
Kylie Baker	SA	16.0000	7
Donna Ryan	QLD	15.9500	8

Ball			
Gina Peluso	NSW	17.3000	1
Heather Obremski	WA	17.1500	2
Kylie Baker	SA	16.8000	3
Simone Awty	VIC	16.7500	4
Treena Blythe	NZ	16.6500	5
Shareen Ireland	QLD	16.5000	=6
Hannah Clark	NZ	16.5000	=6
Tiffany Jamieson	VIC	16.4000	8

Name	Team	Total	Place
Beam			
Michelle Telfer	WA	18.5500	1
Julie-Anne Monico	ACT	18.2000	2
Alice Diedricks	ACT	17.1500	3
Kim McKay	ACT	16.9000	4
Fiona Hart	VIC	16.7500	5
Jodie Huppatz	SA	16.3500	6
Terrena Chant	SA	16.3000	7
Kathryn Jamieson	VIC	16.1500	8

Floor			
Michelle Telfer	WA	18.1000	1
Jodie Huppatz	SA	17.5000	2
Fiona Hart	VIC	17.4000	3
Julie-Anne Monico	ACT	17.2000	4
Kathryn Jamieson	VIC	17.0000	=5
Kim McKay	ACT	17.0000	=5
Alice Diedricks	ACT	16.7000	7
Terrena Chant	SA	16.5500	8

Name	Team	Total	Place
Clubs			
Gina Peluso	NSW	17.4500	1
Shareen Ireland	QLS	16.7500	2
Simone Awty	VIC	16.7000	3
Heather Obremski	WA	16.5500	4
Kylie Baker	SA	16.4500	5
Sharmain Millar	SA	16.3500	=6
Hannah Clark	NZ	16.3500	=6
Elizabeth Boak	NZ	16.2000	8

Ribbon			
Gina Peluso	NSW	17.2500	1
Kylie Baker	SA	16.6000	2
Heather Obremski	WA	16.5000	3
Sharmain Millar	SA	16.3500	=4
Elizabeth Boak	NZ	16.3500	=4
Hannah Clark	NZ	16.3500	=4
Tiffany Jamieson	VIC	16.1000	7
Shareen Ireland	QLD	15.9500	8

RSG JUNIOR TEAM RESULTS

Team	Total	Place
NSW	129.2000	1
NZ	121.4000	2

RESULTS.....

AUSTRALIAN NATIONAL CHAMPIONSHIPS 1988

RSG JUNIOR ALL-AROUND

Name	Team	Rope	Hoop	Ball	Clubs	Ribbon	Total	Place
Stacey Wild	NSW	8.950	8.800	8.700	8.750	8.850	44.050	1
Amanda Douglas	NSW	8.750	8.800	8.650	8.800	8.750	43.750	2
Joanne Mansfield	NSW	8.200	8.350	8.400	8.000	8.450	41.400	3
Rachel Iraia	NZ	7.850	8.300	7.950	8.350	8.200	40.650	4
Rebecca Taylor	VIC	8.100	8.250	8.050	8.050	8.150	40.600	=5
Rebecca Smith	NZ	8.400	8.050	8.050	7.800	8.300	40.600	=5
Tammy Johnson	WA	8.250	7.850	8.150	7.700	8.050	40.000	7
Sheryl Morrow	VIC	8.150	8.150	8.050	7.550	7.750	39.650	8
Jessica Theis	WA	8.150	8.300	7.800	7.700	7.500	39.450	=9
Bridget O'Brien	NZ	8.000	8.050	7.850	8.250	7.300	39.450	=9
Jae Lancaster	QLD	7.600	7.900	8.050	7.950	7.800	39.300	11
Vikki McKenzie	NZ	7.950	7.350	7.850	7.550	7.900	38.600	12
Karen Wadsworth	SA	7.650	7.500	7.450	7.550	7.900	38.050	13

RSG JUNIOR FINALS

Name	Team	Total	Place
Rope			
Stacey Wild	NSW	17.7500	1
Amanda Douglas	NSW	17.5500	2
Joanne Mansfield	NSW	16.7000	=3
Rebecca Smith	NZ	16.7000	=3
Jessica Theis	WA	16.4000	=5
Rebecca Taylor	VIC	16.4000	=5
Sheryl Morrow	VIC	16.3000	=7
Tammy Johnson	WA	16.3000	=7
Hoop			
Amanda Douglas	NSW	17.6500	1
Stacey Wild	NSW	17.6000	2
Rebecca Taylor	VIC	16.6000	=3
Jessica Theis	WA	16.6000	=3
Rachel Iraia	NZ	16.6000	=3
Joanne Mansfield	NSW	16.5000	6
Sheryl Morrow	VIC	16.3500	=7
Rebecca Smith	NZ	16.3500	=7
Ball			
Stacey Wild	NSW	17.6500	1
Amanda Douglas	NSW	17.4500	2
Joanne Mansfield	NSW	16.9000	3
Rebecca Smith	NZ	16.3500	4
Rebecca Taylor	VIC	16.3000	5
Jae Lancaster	QLD	16.2500	6
Tammy Johnson	WA	15.9500	7
Sheryl Morrow	VIC	15.9000	8

Name	Team	Total	Place
Clubs			
Amanda Douglas	NSW	17.7000	1
Stacey Wild	NSW	17.6500	2
Rachel Iraia	NZ	16.6500	3
Bridget O'Brien	NZ	16.5500	4
Joanne Mansfield	NSW	16.5000	5
Rebecca Taylor	VIC	16.4000	6
Ribbon			
Stacey Wild	NSW	17.4500	1
Amanda Douglas	NSW	17.2000	2
Joanne Mansfield	NSW	16.6000	=3
Rebecca Smith	NZ	16.6000	=3
Rachel Iraia	NZ	16.5500	5
Rebecca Taylor	VIC	16.4000	6
Tammy Johnson	WA	15.9000	7

NATIONAL CLUBS COMPETITION
WAG INT. TEAM RESULTS

Team	Total	Place
CHA1	108.5500	1
CHA2	103.7000	2
CUG	102.0500	3

WAG INT. OPTIONALS

Name	Team	Vault	Bars	Beam	Floor	Total	Place
Michelle Saliba	CHA1	9.500	9.400	8.650	9.350	36.9000	=1
Lisa Read	SYMCA	9.350	9.500	9.200	8.850	36.9000	=1
Sasha Harnett	CHA1	9.600	9.450	8.650	8.900	36.6000	3
Kylie Shadbolt	VAYC	8.850	8.750	8.950	8.950	35.5000	4
Debbie Vaughan	CHA2	9.450	8.900	8.450	8.500	35.3000	5
Michelle Telfer	CHA1	8.400	9.300	8.700	8.650	35.0500	6
Julie-Anne Monico	CUG	8.900	8.650	8.850	8.600	35.0000	7
Jane Warrilow	NTHD	8.800	8.600	8.650	8.800	34.8500	8
Clarissa Horilyen	CUG	9.250	8.550	8.600	8.350	34.7500	9
Yolanda Zerko	CHA2	8.600	8.700	8.850	8.500	34.6500	10
Sallyanne Hargrave	CHA2	8.800	8.150	8.450	8.950	34.3500	11
Michelle Melville	CHA2	8.650	8.500	8.400	8.600	34.1500	12
Trudi Nurse	CHA2	9.000	8.750	8.000	8.300	34.0500	13
Jodie Huppatz	YTHW	8.100	8.900	8.350	8.600	33.9500	14
Kim McKay	CUG	8.750	8.600	8.200	8.300	33.8500	15
Katherine Jamieson	KGEE	8.650	8.100	8.400	8.450	33.6000	16
Alice Diedricks	CUG	8.450	8.500	8.250	8.250	33.4500	17
Hollie Bevans	BU/TE	8.600	8.300	7.850	8.200	32.9500	18
Terrena Chant	YTHW	8.000	7.150	8.350	8.250	31.7500	19
Jodie Rogers	SYMCA	9.000	8.950	8.650	0.000	26.6000	20

RESULTS.....

NATIONAL CLUBS COMPETITION
WAG LEVEL 9/10 OPTIONALS

Name	Team	Vault	Bars	Beam	Floor	Total	Place
Megan Griffith	CCGC1	9.300	8.750	8.100	8.800	34.9500	1
Shelley Turnbull	CHLT1	8.750	8.850	8.600	8.350	34.5500	2
Fiona Lynch	EGA1	9.000	8.750	8.000	8.750	34.5000	3
Natalie Moore	CCGC1	8.900	8.950	8.200	8.400	34.4500	4
Lucy McDonald	CHLT1	9.000	8.700	8.100	8.550	34.3500	5
Cathy McIntosh	BUN1	8.850	8.450	8.100	8.900	34.3000	6
Melissa Weiss	CHLT2	8.500	8.650	8.500	8.550	34.2000	7
Suzie Davis	EGA1	8.900	8.100	8.550	8.550	34.1000	8
Sarah Simpson	EGA1	8.700	8.350	8.300	8.700	34.0500	=9
Melanie Spicer	SYMCA	8.400	9.150	8.300	8.200	34.0500	=9
Sally Weiss	CHLT2	8.650	8.400	8.400	8.600	34.0500	=9
Tanya Saharov	MARB	8.000	8.500	9.000	8.300	33.8000	12
Kim Guthrie	CHLT1	9.000	8.900	6.700	8.850	33.4500	13
Natalie Richardson	CHLT2	8.150	8.450	8.400	8.050	33.0500	14
Kylie McKay	CUG	8.550	8.200	7.800	8.250	32.8000	15
Clarissa Stebbing	CUG	8.750	8.000	7.950	7.700	32.4000	16
Dhana Crozier	CUG	8.500	8.350	8.150	7.350	32.3500	17
Anna Mears	TTG1	8.500	7.450	7.900	7.850	31.7000	18
Lisa Chircop	NTHD	8.550	7.150	7.900	8.050	31.6500	19
Dhana Richards	NTHD	8.400	7.900	7.050	8.250	31.6000	20
Martine George	NTHD	7.850	7.100	8.300	8.300	31.5500	21
Sharyn Maguire	BUN1	8.400	6.600	8.100	8.400	31.5000	22
Elizabeth Walker	chl3	8.300	8.100	7.050	8.000	31.4500	23
Hayley Billing	CHLT3	8.100	7.500	7.350	7.700	30.6500	24
Kerry Turton	SEAC	8.450	6.850	7.050	8.000	30.3500	=25
Emily MacWilliam	OLYM	8.150	7.750	7.600	6.850	30.3500	=25
Martine Howard	EGA2	8.200	7.400	7.350	7.350	30.3000	27
Peta-Marie Stephen	GRIPS	7.750	8.050	6.550	7.850	30.2000	28
Nadine Johnston	GRIPS	8.200	7.350	6.950	7.550	30.0500	29
Cushla Harasimick	EGA2	8.000	7.350	7.700	6.850	29.9000	30
Tania Mann	BUN2	8.000	7.650	6.600	7.500	29.7500	31
Tiana Ciot	BUN2	8.250	7.700	6.500	7.200	29.7000	=32
Jo-Anne Patane	CHLT3	7.900	7.000	7.450	7.350	29.7000	=32
Michelle Roberts	BUN1	7.350	7.700	7.150	7.350	29.5500	34
Michelle Bradney	GRIPS	8.150	7.700	5.750	7.900	29.5000	35
Sonia Cahn	BU/TE	7.900	7.400	7.150	6.750	29.2000	36
Bianca Frost	EGA2	8.100	6.950	6.550	7.000	28.6000	37
Simone Greig	BU/TE	8.100	7.000	7.250	6.200	28.5500	38
Samantha Gregory	SEAC	7.350	6.750	7.500	6.850	28.4500	39
Sarah Miller	TTG1	8.000	7.800	5.750	6.150	27.7000	40
Donna Howard	BUN2	7.700	6.000	6.250	7.350	27.3000	41
Tina Oliver	SEAC	7.350	5.600	6.000	6.350	25.3000	42
Rachael Van Vugt	BU/TE	0.000	7.550	7.150	0.000	14.7000	43

WAG LEVEL 8 OPTIONALS

Name	Team	Vault	Bars	Beam	Floor	Total	Place
Janine Ross	BU/TE	8.000	8.600	8.900	9.200	34.7000	1
Paula Harvey	BU/TE	9.050	8.550	8.250	8.600	34.4500	2
Michelle Bleskany	CHLT1	8.700	8.700	8.500	8.500	34.4000	3
Catherine Turner	GUNN	9.500	7.700	8.050	8.850	34.1000	4
Megan Peck	CHLT2	8.600	8.150	8.600	8.700	34.0500	5
Jana Williams	NTHD	8.500	8.650	7.800	9.000	33.9500	6
Georgette Redmond	BUN1	8.700	9.000	7.300	8.850	33.8500	7
Zana Pavelkovic	TTG1	8.300	8.800	8.150	8.550	33.8000	8
Tarryne Hearne	NTHD	8.650	8.450	7.700	8.900	33.7000	9
Alex Walker	CHLT1	8.350	8.650	8.350	8.250	33.6000	10
Angela Xidas	GUNN	8.950	8.800	7.600	8.200	33.5500	11
Cassie Hildebrandt	CHLT1	8.050	8.600	8.250	8.250	33.1500	12
Natasha Valks	GUNN	8.700	8.500	7.700	8.150	33.0500	13
Cindy Chamhall	TTG1	8.500	7.550	8.250	8.500	32.8000	14
Thea Ormond	EGA1	8.000	8.550	7.900	8.200	32.6500	15
Emma Alderson	CHLT2	8.400	8.150	8.000	7.550	32.1000	16
Eliza Ettles	CHLT2	7.900	8.300	7.650	8.200	32.0500	17
Rebecca Pearson	BUN1	8.400	7.950	7.350	8.200	31.9000	=18
Rebekah Moles	SYMCA	8.000	7.700	7.900	8.300	31.9000	=18
Jody Holmes	TTG1	8.400	7.750	7.650	8.000	31.8000	=20
Tracy Webb	NTHD	8.000	8.100	7.050	8.650	31.8000	=20
Kylie Shannon	BU/TE	8.050	8.350	7.250	8.100	31.7500	22
Olivia Bouhamaden	BUN1	8.100	7.800	7.750	7.90	31.5500	23
Rebecca Wilson	YTHW	7.550	7.950	7.400	8.150	31.0500	24
Sandra McKechnie	GRIPS	7.700	8.050	7.300	7.950	31.0000	25
Shona Littlejohn	CCGC1	7.750	7.800	7.750	7.600	30.9000	26
Karen Yaldren	CUG	7.700	7.950	7.250	7.850	30.7500	27
Tiffany Peatman	CCGC1	7.800	7.400	7.400	8.100	30.7000	28
Elise Pryce	NTHD	7.950	7.600	6.450	8.150	30.1500	29
Nicole Cross	GRIPS	8.000	7.350	6.750	7.900	30.0000	=30
Sumita Singh	SYMCA	7.500	8.300	6.000	8.200	30.0000	=30
Nicole Reeve	SYMCA	8.600	7.250	5.750	8.150	29.7500	32
Fiona Lawn	GRIPS	7.750	7.550	6.200	8.100	29.6000	33

NATIONAL CLUBS COMPETITION
WAG LEVEL 9/10 TEAM RESULTS

Team	Total	Place
EGA1	102.6500	1
CHLT1	102.3500	2
CHLT2	101.3000	3
CUG	97.5500	4
BUN1	95.3500	5
NTHD	94.8000	6
CHLT3	91.8000	7
GRIPS	89.7500	8
EGA2	88.8000	9
BUN2	86.750	10
SEAC	84.1000	11
BU/TE	72.4500	12
CCGC1	69.4000	13

WAG LEVEL 8 TEAM RESULTS

Team	Total	Place
CHLT1	101.5000	1
BU/TE	100.9000	2
GUNN	100.7000	3
NTHD	99.4500	4
TTG1	98.4000	5
CHLT2	98.2000	6
BUN1	97.3000	7
SYMCA	91.6500	8
CCGC1	90.8500	9
GRIPS	90.6000	10
TTG2	86.9500	11
CCGC2	86.4500	12
BUN2	84.2000	13
CUG	73.000	14
YTHW	60.4500	15

RESULTS.....

NATIONAL CLUBS COMPETITION

Name	Team	Vault	Bars	Beam	Floor	Total	Place
Belinda Lange	YTHW	7.050	7.100	7.250	8.000	29.4000	=34
Tanya Davis	TTG2	7.800	7.350	7.700	6.550	29.4000	=34
Carolyn Price	NTHD	7.900	6.500	7.650	7.250	29.3000	36
Cathy Pratt	CCGC1	7.300	8.300	6.500	7.150	29.2500	37
Jenny Atkins	CCGC2	7.800	6.400	7.150	7.850	29.2000	38
Genevieve Preston	CCGC2	7.000	7.000	7.960	7.200	29.1500	=39
Christina Thorn	CUG	7.750	6.200	7.350	7.850	29.1500	=39
Angela Rischin	BUN2	7.700	7.000	7.150	7.250	29.1000	41
Barbie Fowler	TTG2	7.800	6.650	7.250	7.350	29.0500	42
Deanna Donaldson	TTG2	8.000	6.450	6.150	7.900	28.5000	43
Chandra Hamilton	CCGC2	7.200	7.050	6.750	7.100	28.1000	44
Bianca Welsh	BUN2	7.650	6.350	6.750	7.200	27.9500	45
Alison Harvey	BUN2	7.650	5.850	6.350	7.300	27.1500	46
Louise Shouter	BUN2	8.050	0.000	6.150	7.800	22.0000	47
Daryl McKay	CUG	7.850	0.000	5.250	0.000	13.1000	48
Jessica Hartmann	CUG	7.400	0.000	0.00	0.000	7.4000	49

NEW ZEALAND NATIONAL GYMNASTICS CHAMPIONSHIPS

International Elite

Name	Cty	Vault	Bar	Beam	Floor	Total	Place
Cathy Macintosh	AUS	8.750	9.200	9.200	9.150	36.300	1
Kirsty Strong	NZ	9.200	9.300	8.150	9.200	35.850	2
Kym Guthrie	AUS	8.850	8.900	8.900	8.700	35.350	3
Natalie Moore	AUS	9.100	9.150	8.250	8.750	35.250	4
Lucy McDonald	AUS	9.000	8.350	8.200	9.000	34.550	5
Sarah Simpson	AUS	8.800	8.800	7.950	9.000	34.550	6
Michelle Davies	NZ	8.600	8.700	8.350	8.800	34.450	7
Hayley Sligo	NZ	9.350	8.000	8.250	8.800	34.400	8
Carmel O'Loughlin	NZ	8.950	9.050	6.950	9.100	34.050	9
Jane Nuttall	NZ	8.650	7.950	8.500	8.400	33.500	10
Sarah Lambert	NZ	8.700	8.700	8.100	7.000	32.500	11
Megan Griffiths	AUS	9.300	9.500	.001	8.150	26.951	12

TEAM RESULTS

Australia	143.45
New Zealand	141.10

Intermediate Elite

Name	Cty	Vault	Bar	Beam	Floor	Total	Place
Nicole Swan	AUS	8.950	9.000	9.150	8.750	35.850	1
Natalie Richardson	AUS	8.150	9.250	8.800	8.850	35.050	2
Nicola MacKenzie	NZ	8.800	8.950	8.350	8.800	34.900	3
Sharene Griffin	AUS	8.600	8.600	8.550	9.000	34.750	4
Clarissa Stebbings	AUS	9.000	8.350	8.600	8.700	34.650	5
Natarsha Williams	NZ	8.700	8.100	8.600	9.000	34.400	6
Sarah Dyson	AUS	8.800	8.700	7.950	8.850	34.300	7
Tanya Saharov	AUS	8.050	8.700	8.950	8.500	34.200	8
Angela Muir	NZ	9.200	7.950	8.400	8.400	33.950	9
Jody Isherwood	NZ	8.580	8.050	8.000	8.400	33.300	10
Janice Young	NZ	9.000	8.450	7.650	8.050	33.150	11
Phillipa Lindsay	NZ	8.600	8.800	7.050	8.600	33.050	12

TEAM RESULTS

Australia	141.95
New Zealand	138.30

Junior Elite

Name	Cty	Vault	Bar	Beam	Floor	Total	Place
Nicola Jenkins	NZ	8.900	8.650	9.200	9.000	35.750	1
Catherine Turner	AUS	9.600	8.950	7.850	8.850	35.250	2
Jenny Tasker	NZ	8.500	8.900	8.500	8.800	34.700	3
Georgette Redmond	AUS	8.900	8.700	8.100	8.350	34.050	4
Cassie Hildebrandt	AUS	7.850	8.900	7.900	8.500	33.150	5
Kellie Draffin	AUS	8.450	9.100	6.850	8.650	33.050	6
Jana Williams	AUS	8.200	8.350	8.050	8.350	32.950	7
Katrina Hunter	NZ	9.150	8.150	6.900	8.750	32.950	8
Stephanie Parkhill	NZ	8.400	7.800	8.450	8.250	32.900	9
Zoe Murton	NZ	8.200	7.550	8.100	8.650	32.500	10
Angela Summerton	NZ	7.950	8.250	7.700	8.400	32.300	11
Michelle Bleskany	AUS	8.000	8.150	7.900	8.200	32.250	12

TEAM RESULTS

New Zealand	138.35
Australia	137.10

"D" SUB-JUNIOR

NTHD	Northern Districts Gymnastic Club
SYMCA	Sydney YMCA Team 1
WARR	Warringah Gymnastic Club
CHLT	Cheltenham Youth Club
VNG	Val Norris Christian College of Gymnastics

"C" UP TO LEVEL 8

CHLT	Cheltenham Youth Club
BU/TE	Bulleen Templestowe Gymnastics Club
GUNN	Gunnedah Gymnastic Centre

"B" LEVEL 9 & 10

CCGC	Canberra City Gymnastics Club
CHLT	Cheltenham Youth Club
EBA	Eastern Gymnastic Academy

"A" JUNIOR/SENIOR INTERNATIONAL

CHA	Chetkovich Academy of Gymnastics
CUG	Canberra United Gymnastics

RESULTS.....

NEW ZEALAND/VICTORIA CHALLENGE RESULTS
MAG ARTISTIC GYMNASTICS

Team	Total	Place
New Zealand "A" Team	199.65	1
Victoria L7 Team	192.15	2
Victoria L6 "A" Team	188.65	3
New Zealand "B" Team	186.15	4
Victoria L6 "B" Team	180.30	5
Victoria L6 "C" Team	175.40	6

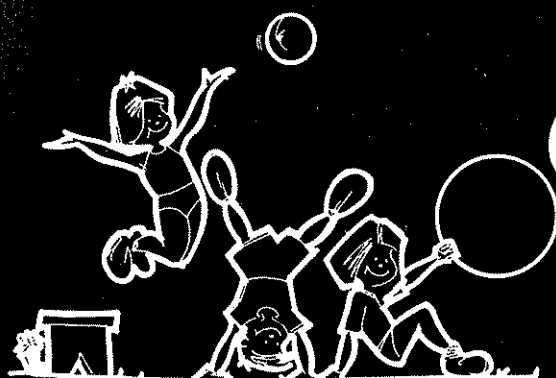
APPARATUS FINALS

Name	Team	Total	Place
FLOOR			
Cory Scott	NZ	9.10	1
Sven Eagles	VIC	9.00	2
Damien Michael	VIC	8.900	3
POMMELS			
Damien Michael	VIC	8.80	1
Ben Leikis	NZ	8.30	2
Shaun Vickers	NZ	8.25	3
RINGS			
Cory Scott	NZ	8.90	1
Damien Michael	VIC	8.60	2
William Cameron	NZ	8.50	3

Name	Team	Total	Place
VAULT			
Jason McIntyre	VIC	8.55	1
Wade Peterson	VIC	8.25	2
Daniel Ong	VIC	8.15	3
P/BARS			
Cory Scott	NZ	9.20	1
Ben Leikis	NZ	8.40	2
Michael Coleman	VIC	8.30	=3
Daniel Ong	VIC	8.30	=3
H/BAR			
William Cameron	NZ	8.87	1
Ben Leikis	NZ	8.60	2
Craig Wall	NZ	8.20	3

NEW ZEALAND—VICTORIA CHALLENGE 6/10/1988

Name	Team	Floor	Pommel	Rings	Vault	P/Bar	H/Bar	Total	Place
Cory Scott	NZ	9.10	7.80	8.90	7.45	9.20	8.05	50.50	1
Damien Michael	VIC	8.90	8.80	8.60	8.05	7.95	7.30	49.60	2
Andrew Densham	NZ	8.85	7.80	8.30	7.50	8.10	7.95	49.50	3
Ben Leikis	NZ	8.20	8.30	8.20	7.50	8.40	8.60	49.20	4
William Cameron	NZ	8.75	7.15	8.50	7.70	8.20	8.70	48.95	5
Michael Coleman	VIC	8.70	6.95	8.30	7.70	8.30	8.20	48.15	=6
Daniel Ong	VIC	8.55	7.55	7.80	8.15	8.30	7.80	48.15	=6
Shann Whitaker	NZ	8.85	7.80	7.80	8.00	8.15	7.50	48.10	8
Jalson McIntyre	VIC	7.75	7.60	8.40	8.55	8.20	7.65	47.95	9
Craig Wall	NZ	7.70	8.05	7.50	7.85	8.20	8.20	47.15	10
Blair Cameron	VIC	8.05	6.90	8.00	7.40	7.90	8.10	46.55	11
Sven Eagles	VIC	9.00	7.25	7.85	7.40	8.00	7.00	46.50	12
Duncan Myers	VIC	8.40	6.60	7.60	7.65	8.00	7.95	46.20	13
Shaun Vickers	NZ	8.60	8.25	7.85	6.55	8.30	6.60	46.15	14
Scott Hislop	VIC	8.65	7.55	7.50	7.80	7.44	6.85	45.75	15
Troy Joyce	VIC	8.70	6.45	7.60	8.05	7.65	7.15	45.60	=16
Tony Van Dam	NZ	8.70	6.95	8.50	7.25	7.70	6.60	45.60	=16
Simon Talbot	VIC	8.30	7.35	7.70	7.65	7.15	7.30	45.45	18
Warren Kendall	NZ	8.30	6.80	8.00	7.40	7.45	7.30	45.25	19
Simon Strong	VIC	8.50	7.55	7.50	7.60	7.35	6.50	45.05	20
Craig Thompson	NZ	8.00	7.35	7.75	6.80	7.50	7.20	44.60	21
Andrew Sinclair	VIC	8.30	7.10	7.35	8.00	7.80	6.95	44.50	22
Carl Langkilde	NZ	8.45	7.05	7.70	7.40	7.45	6.30	44.35	23
Adam Davies	VIC	8.45	6.50	7.50	7.10	7.75	7.00	44.30	24
Karl Godaw	VIC	8.45	6.95	6.75	7.50	7.40	7.20	44.25	25
Aaron McAlece	VIC	8.40	6.90	7.20	7.50	7.20	6.85	44.15	=26
Cameron Guymer	VIC	8.30	6.65	7.20	8.00	6.60	7.40	44.15	=26
Wade Petersen	VIC	8.50	6.80	7.35	8.25	6.60	6.60	44.10	28
Adam Rowe	VIC	7.35	6.95	7.00	7.45	7.75	7.30	43.80	29
Ben Gruneklee	VIC	8.40	6.05	6.60	7.60	7.30	6.60	43.65	30
Geoff Doherty	VIC	8.50	6.10	7.40	7.35	6.60	6.80	42.75	31
Leigh Wyatt	VIC	7.80	6.40	7.35	7.60	6.15	6.95	42.25	32
Nigel Thomas	NZ	8.45	6.80	6.70	7.10	6.40	6.65	42.10	33
Shane Kelly	VIC	8.70	5.85	6.80	6.60	6.55	6.40	41.00	34
Richard Williams	VIC	8.05	4.60	6.60	7.30	6.10	6.00	40.45	35



Gym fun

WHAT IS GYMFUN?

Gymfun is an activity program aimed at introducing children to gymnastics in an enjoyable and safe way. Both for boys and girls, it is non-competitive and allows for individual progress.

HOW DOES IT WORK?

Any Club, school or organisation can participate in the program. Only minimal equipment is required, and activities may be done both indoors and outdoors.

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Book 2—"Lesson Plan Program"

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Warwick Jones

**Head Coach
AIS Gymnastics**



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