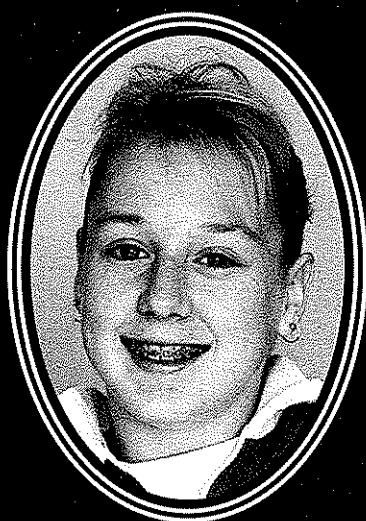


the Australian

GYMNAST

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Autumn 1993



*Thanks for the
Memories...*





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the *australian* GYMNAST

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Front Cover:
Our 'Retiring Champions' - Monique
Allen, Lisa Read, Kylie Shadbolt, Michelle
Telford, Jane Warrilow, Tim Lees and
Stacey Wild.

EXECUTIVE DIRECTOR'S REPORT



It was with sadness that the Australian Gymnastic Federation added their condolences to the family of the 1992 Rhythmic World Champion, Oksana Kostina.

We recognise that the life of a gymnast at the elite level is very short, but to have it cut down tragically by a car accident is so

unfair.

Life indeed is fragile enough, the percentage of people who compete for their countries at the elite level is minute and the opportunity to excel to be World Champion is even smaller. To achieve it is a goal. To lose the opportunity to enjoy it so quickly after the event is a tragedy.

Whilst we look forward to the coming Olympiad it is important to recognise those gymnasts performance at the 1991 World Championships who have given the Federation the basis for evaluation and promotion from the past Olympiad.

We recognise on the Men's Artistic side the retirement of Tim Lees whose performance allowed Australia representation at the 1992 Olympic Games. It is a very lonely experience to compete without a team

and to qualify in the Olympic Games is a major achievement.

On the Women's Artistic side the senior gymnasts, a group who started on the road by winning a silver medal at the Commonwealth Games, the gold medal at the Pacific Alliance and then part of the team which achieved sixth place in Indianapolis have all retired to achieve other goals in life.

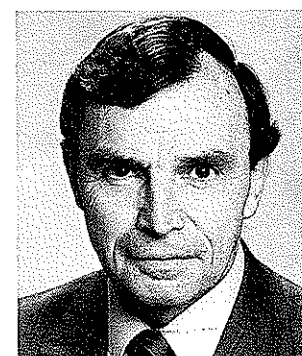
For Monique Allen it is a graphic arts course and some coaching, for Lisa Read it is University studies and some coaching, for Michelle Telfer tertiary studies and for Kylie Shadbolt it is into coaching. Other women who have retired from this Olympiad are Jane Warrilow, 1991 National Champion who is pursuing her studies at Utah State University.

On the Rhythmic Sportive side we acknowledge the retirement of Stacey Wild, who spent much of the Olympiad competing alone and to her credit improved her international standing in each competition.

As I have said many time before, we as a sport are evaluated by the performance of our elite gymnasts and the Federation is very pleased to be evaluated not only on the performance of the above gymnasts but certainly on their attitude and role in the gymnastic training hall and in competition.

We wish the gymnasts of the next Olympiad all the best in that they may achieve their dreams and goals and reach their potential.

PRESIDENT'S REPORT



Following a frenetic December of Clinics, Courses and Training Camps, there was a short break for Christmas and the lead in to the New Year. 1993, the start of the new Olympiad, saw us on the move quickly, with our Joint Technical Meeting being held on the weekend 15th-17th January at beautiful Bungendore, just outside of Canberra. We were fortunate in that the Executive Director of the Australian Sports Commission, Jim Ferguson, and the Australian Institute of Sport's, Robert de Castella, plus our key liaison officers joined us on the Saturday to discuss our Elite Development Plans.

We then returned to Canberra on 1st February for our full Australian Sports Commission Review

and final negotiations of our four year Co-operative Agreement with the ASC.

On the administrative side, we have changed the end of our financial year from 31st December to 31st January, both for convenience to cover the December projects and to conform to the new ACT Incorporation Act 1991 in terms of holding our Annual General meeting within five months of the end of the Financial Year.

We have also brought our Federation Board meeting forward to 26th-28th February to take the final financial decisions on our High Performance Centres (the ASC Intensive Training Centre, (ITC) Programme).

With the new Olympiad the International Gymnastic Federation commences the new eighth cycle for all three competitive disciplines' judges. Australia had key representatives at all three FIG Courses where they achieved outstanding results.

The WAG Intercontinental course was held at Mulhouse in France in November, combined with a Scientific Technical Collaborators (STC) Course and a Symposium on the 1993-1996 Compulsory

Exercises. The latter Symposium was attended by National Coach, Ju Ping Tian and Monique Allen, whilst Anne Bigham and Danica Mladenovic "passed" the STC Course. However, the "piece de resistance" was the results of the Judges Course:

Kym Dowdell	2nd
Anne Bigham	3rd
Lieve de Pestel	4th
Danica Mladenovic	10th out of 115 candidates.

The subsequent FIG WAG Continental Judges Course was conducted by our "four experts" at the Eaglehawk Motel just outside Canberra during that hectic December.

The MAG Intercontinental Judges course was held at Lilleshall, Great Britain in December and our two representatives, Ken Williamson and Jeff Cheales, passed in the first echelon. They subsequently also became our "experts" i.e. no FIG Technical Committee member was required to oversee the continental course which was also conducted at the Eaglehawk Motel but this time in January.

The RSG Intercontinental Judges course was held in Rome, Italy during January and for this we had three representatives who all passed at the highest "2nd degree" level, namely Margaret Lanz, Joan Duquemin and Robyn Pride. For our Continental Course, that was held at the end of January at our National Office; we were fortunate to negotiate to have retiring Technical Committee Member, Doris Sutter of Switzerland, be the "expert" along with our three experts.

All three courses were completed with very satisfactory results and this gives us a flying start to the eight cycle to conduct our National and State Judges courses. The most satisfying outcome for gymnastics was the success of our new wave of Judges who have only retired from competition in recent times.

We are currently preparing our gymnasts for the Birmingham World Championships for Artistic Individual Gymnastics in Competition II All Around and Competition III Apparatus, scheduled from 12th-18th April, 1993. I therefore, on your behalf, wish our delegation good luck for a successful Championship and the same good wishes to our British friends on the Birmingham Organising Committee.

**JAMES E. BARRY
PRESIDENT**



IN MEMORIAM

The name Bill Vale is well known to those involved in boys gymnastics in Adelaide today, as it has been for the past 30 years. Bill's tragic death in February this year has left a void that cannot be filled. Bill's unique personality, legendary conscientiousness, and commitment to gymnastics, particularly at Club level, has been a source of inspiration not only to the many boys he has coached over the years, but also to his many colleagues and friends.

From his early days at Adelaide Boys' High School, his relentless dedication was already widely acknowledged. Picture this: gymnastics equipment is permanently fixed in an outdoor sand covered area in the high school grounds; it is in mid-winter and there is just a hint of drizzle; a familiar figure dressed in shorts and short-sleeved shirt jumps up to the steel parallel bars, swings to handstand, pivots and does a straddle cut dismount onto the sand. Around him is a group of smallish youngsters obviously somewhat in awe of their coach and his disdain for the inclement weather.

In these days of well equipped facilities, such memories of Bill are indelibly etched in the minds of those who came to know him

Although he competed until he was 32 years of age, Bill was always an active coach, even in his school days. Bill's career took him from his school gymnastics to the Postel Institute, then the State Training Centre. He was a foundation member of WestSide Gym Club, and it was well known that he missed not one day of training until the club closed and he moved to Glenunga Youth Club, which became Burnside Youth Club.

This absolute reliability was a Bill Vale hallmark, and was a factor in his being awarded "Best Club Person" several times. Over the years Bill coached in a number of capacities, but always his heart was in boys' gymnastics, where his enthusiasm was infectious, and his commitment provided a wonderful role model for kids.

This year Bill was coaching young boys three times per week, as always in a volunteer capacity. I am sure his boys will miss him dearly. So will the rest of us.

A REFLECTION ON HOW WE STARTED

by Stan Davies - 1st National Champion

S.W. Davies, National Gymnastic All-Around Champion 1950, 1951, 1952, 1953
National Apparatus Titles, 1950-53
Rings 3
High Bar 1
Pommel Horse 2
Floor 2
Parallel Bars 4
Long Horse 2
Official Olympic Coach, 1956

The Technical Committee

The Australian Gymnastic Union was formed in 1949, and the first national competitions held in Victoria in 1950. At the time Amateurs and Professionals were poles apart, but by being incorporated in the Technical Committee professionals were allowed some say.

The administration and Technical Committee had one common problem, **finance**. Without the assistance of Y.M.C.A. in Victoria and Queensland, and Graham Mens Club, N.S.W., it would have been much harder to get the show off the ground. The early pioneers, some of them, Victoria - J. Carey, A. Franks, A. Lorbach, C. Glover, H. Morris; N.S.W. - W. Wilson, N. Carroll, J. Brown; Qld. - F. Vigg (Tech. Adviser 1955), Ron Phillip and F. McConachie. All had to beg, borrow or steal apparatus, round up volunteers and conscripts for judging and scoring to make the competitions a success.

From 1951 to 1953 I was fortunate enough to be a competitor in the Victorian Squad. In that time the only financial assistance we received was \$10 to go to Queensland, buy a blazer and find our own accommodation.

Eventually with a young family and a developing business, I had to retire as a competitor. Nevertheless, I was still able to carry on as a Coach and work on the Technical Committee.

With the 1956 Olympic Games on the way, there was an all out effort to lift the standard, but with more difficult exercises, the States were unable to put in a full team. Finally a compromise was reached, with a team's event only. The set exercises were a severe breakdown of the Olympic sets. This was combined with an individual Championship for Australian Titles with sets much closer to Olympic standard.

The 1956 Olympics

I had the privilege to be chosen as the official

Olympic Coach. The step up from our standard to the new Olympic Sets was extremely hard; the exercises had moves we had never heard of. The demonstration films were late arriving, and when we started training as a squad, every day four weeks prior to the Games, the lads not conditioned to this went through a flat spot. I found **mental attitude** almost as **important** as **physical ability**; each has his own temperament and reacted differently to his highs and lows.

With the days passing like minutes, and still having problems with the sets, I will always remember this time as the beginning of my old age.

We were pioneers in this advanced field. Padding (assistance) particularly on the high bar required a bit of trial and error before a satisfactory method was found. Some individual moves by our boys were up to world class, e.g. a back salt off the floor with a double full twist had the Russians dashing around with their movie camera.

The overseas lads were very helpful. Their training had been 5 to 6 times a week all year round compared with our 2 to 3 for 4 months. Their Coaches and Judges were marking them every time they went through a set of exercises.

Australia's First Olympic Gymnasts

The team, typical Aussies of the day, independent, loyal, but never dared show it. On vaulting horse we averaged around the nine, but overall around low eights. To us the sport had been a fun thing that had become deadly serious. **The message was loud and clear, to succeed in world class the sport must become a career with top Coaches and six days a week training.**

Time passes, and as I look in the mirror and think what's a couple more wrinkles compared with the hundred I've got now, then I look at the silver tea set the boys pitched in and presented to me, you know I almost like them.

After the Olympic Games

The F.I.G. were good enough to leave behind five full sets of Olympic equipment. These were spread around the States, and helped reduce loss of form due to different gear. I have been Technical Adviser for a year or so. The setting of exercises had always been a problem. To quieten the critics, we had exercises set by the Coaches of all competing States. For example, one or two pieces of apparatus would be nominated to a State for a rough draft; it would

then be returned, cleaned up and sent to other States for approval, finally completing sets to the satisfaction of all.

A form of universal language was adopted at the time, e.g. Rings, Birdup, High Bar, Backupstart, par-Bars, Salt under the Bars were all called Backupstart L sit or inverted L Hang, same name all round.

In 1960 it was decided to have the same set exercises nationally for the lower grades. At the time

TOP INTERNATIONAL GYMNASTICS FOR SYDNEY

The New South Wales Minister for Sport, recreation and Racing, Mr Joe Schipp, announced a \$200,000.00 package of government support for a major international gymnastic event to be staged at the Sydney Entertainment Centre in November this year.

The event, the NIKON INTERNATIONAL, will see competition at the highest level in three gymnastic disciplines, Men's Artistic (Floor, Pommel Horse, Rings, Vault, Parallel Bars and Horizontal Bar), Women's Artistic (Vault, Uneven Bars, Beam and Floor) and Rhythmic Sportive (Hoop, Ball, Clubs and Ribbon).

The Government support, delivered through the International Sporting Event Scheme (I.S.E.C.) consists of a \$50,000.00 grant to assist in the event's preparation as well as a \$150,000.00 under-writing 'safety net'.

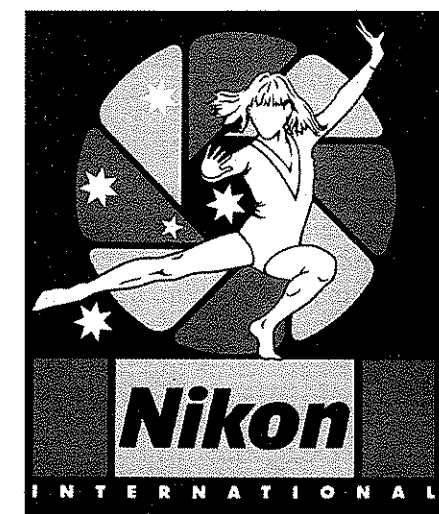
The NIKON INTERNATIONAL will offer competition over four evenings between some of the world's top gymnasts from up to 15 countries including Russia, Romania, China, Japan and the United States and will be treated as a 'rehearsal' for the 1994 World Gymnastic Championship which are to be held in Brisbane in April that year.

The NIKON INTERNATIONAL replaces the highly successful Australian Gymnastic Grand Prix which were staged in Brisbane in 1989 and 1991 and it is anticipated the event will achieve annual status after 1994.

The NIKON INTERNATIONAL will be presented, for the first time in Australia, on a special 'podium'

the gradings were A, B, C, Under 16 and Novice. This allowed competitors of all grades to compete interstate. 1960 was also the first year that men and women's National Gymnastic Competitions were put on together.

Ten years have passed. Coaching standards have improved. Judging has become much more sophisticated, and younger ones with fresh ideas and international experience are moving; which is as it should be.



similar to that used at the Barcelona Olympics. Mr Schipp said 'I believe Sydney is in for a treat as the competition will undoubtedly be the highest standard ever seen in this country'.

It is interesting to note that 91% of Australians who watched the Olympics from Barcelona on television watched gymnastics. In November they will be able to take in the action, which ranges from graceful to breath-takingly explosive, in person', Mr Schipp said.

Mr John Swainston, Australian Managing Director of NIKON, said his company committed \$180,000.00 to the event and believed it would be an enormous success. He said the elements of precision, style and excellence, which were consistently evident in the sport, reflected his company's products and the association was a 'natural'.

Mr Swainston presented Mr Schipp with three silver and crystal trophies for the All-round Men's, Women's and Rhythmic Champions and confirmed these would be accompanied by prize money totalling close to \$40,000.00.

While NIKON and the NSW Government are the major supporters of the event, I am delighted to advise that QANTAS, AUSTRALIAN AIRLINES, SUNRICE AUSTRALIA and the ANZ BANK have also lent significant support and I am assured there is more to come', Mr Swainston said.

The Australian Sports Commission provided financial assistance to the 1989 and 1991 Grand Prix and it is anticipated that support will be extended to the NIKON INTERNATIONAL as well.

An Hawaiian winter's day, more like a typical Sydney summer greeted the Australian level 10 team, and Bunnerong Gymnastics Club teams, as they flew into Honolulu International Airport on Christmas Day.

All were well prepared to take part in this unique, friendly competition, and following, to soak up some of the island holiday atmosphere.

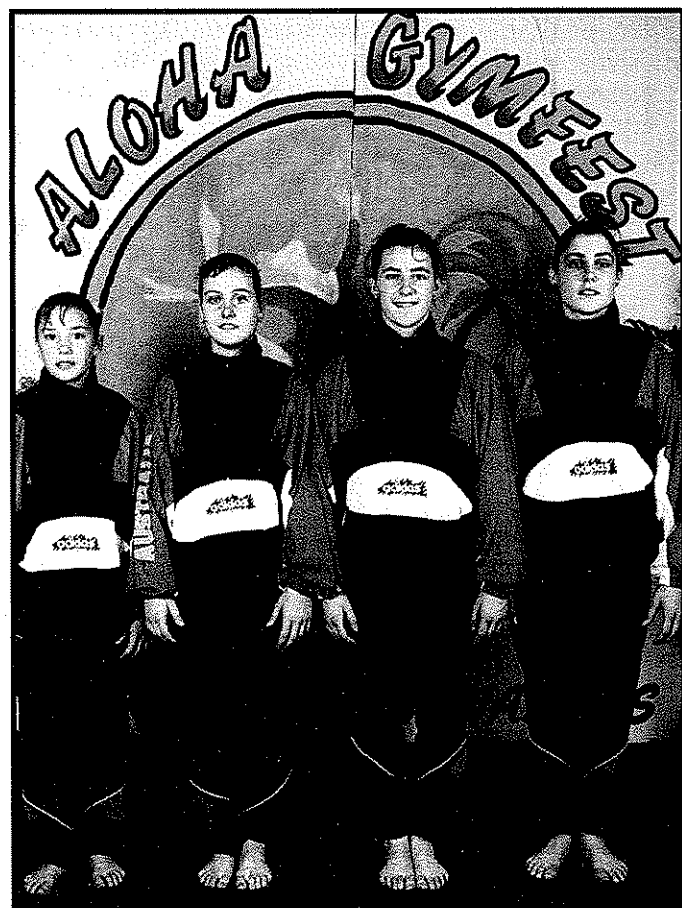
The Australian team were taking part in the senior competition, and included Nicole Downes (NSW), Cheryl Hambrook (WA), Nicole O'Brien (Vic) and Janine Ross (Vic), assisted by team coach Kevin Maunder, and personnel coach Jim Mouland. The team came seventh in what we would consider to be an elite competition. The top team - Dynamo Gymnastics (Oklahoma City), is the home of US Barcelona team member Shannon Miller. Making finals on vault was Nicole Downes, with Nicole O'Brien coming third in the bar final with an exercise showing great swing, while Cheryl Hambrook did a steady job in the beam final.

Bunnerong had entered two teams in the junior competition. Team 1 (Mali Morris, Christie Rischin, Alisha Jones and Kristina Kypreos) achieved third place, following teams from Dynamo and Toda City (Japan), with Team 2 (Lisa Taliana, Tanya Moses, Monique Zammit and Laura Baggio) in sixth place. Kristina and Lisa made bar finals to take first and second places. Mali took part in the beam and floor finals. On floor she was joined in a very good Bunnerong effort on that apparatus by Kristina, Lisa and Alisha. Kristina took the first place also on that event.

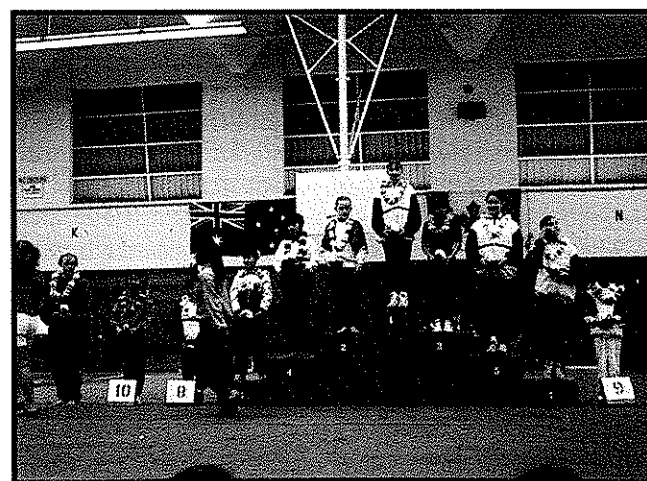
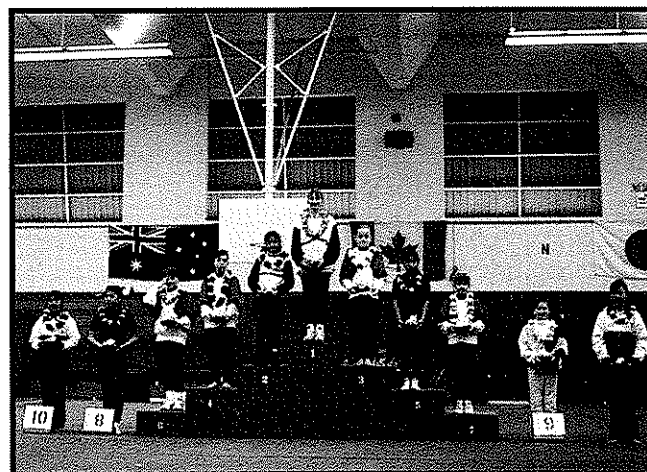
The competition was capped off with the usual beach party, a fitting end to yet another successful participation in the Aloha Gymfest. The remaining five fine sunny days were filled with much relaxing, swimming and shopping, but mainly shopping. Everyone voted it to be a great trip, an ideal event for Level 10 Australian participation. I hope that more clubs are able to join us in Hawaii in 1993.

Peter Hassan

1993 ALOHA GYM FEST

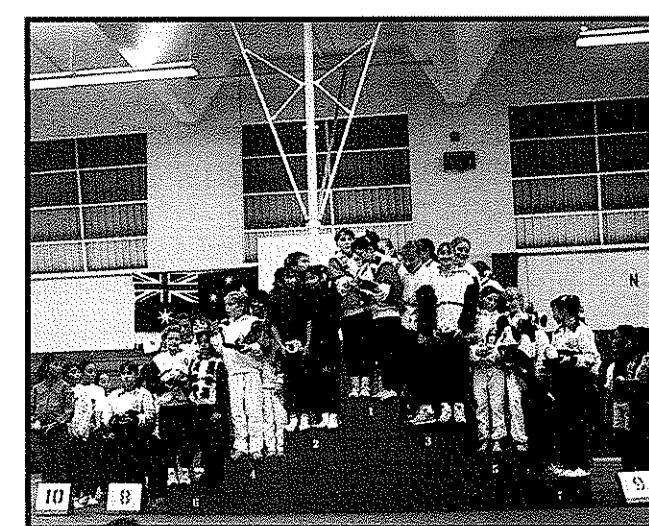
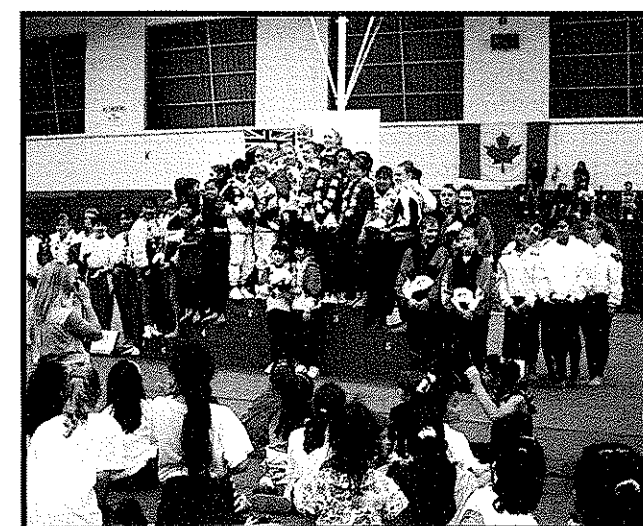


*Australian Level 10 Team
L-R: Nicole O'Brien, Cheryl Hambrook, Janine Ross, Nicole Downes*



"Picnic in the Rain"

L-R: Laura Baggio, Cheryl Hambrook, Nicole Downes, Kristina Kypreos, Alisha Jones, Christie Jones, Mali Morris (behind)





1994 WORLD CHAMPIONSHIP REPORT FROM THE CHIEF EXECUTIVE

The planning and organising phase is hotting up as we approach one year out from the Championships.

The Birmingham World Championships for Artistic Individual Gymnastics; Competition II All Around, and Competition III Apparatus Championships will be staged from 12th-18th April, 1993. We are taking an Observer Group to allow us to learn more, especially in the technical and presentation areas. This follows our successful reconnaissance of Paris this time last year.

The official group consists of:

Jim Barry	Chief Executive and Championship Director
Peggy Browne	FIG Liaison
Kym Dowdell	Competition Director
Jane Allen	Logistics Director
Michael Browning	Marketing Director
The ABC TV Executive Producer	TV Production

We will also have other personnel associated with the Australian delegation that will be directly involved in 1994. Ours is only the third Championships involving this "individuals" format so it is most important that the event is a success.

Our last key management appointment has now been made with Roger Herring accepting the position of Finance and Administration Manager. Roger is a Senior Consultant with Deloitte Ross

Tohmatsu and currently State President of the Institute of Chartered Accountants in Australia. He has strong interest in sport and Rugby Union in particular.

Jim Barry will be shifting his residence to Brisbane in the first week of May and Jane Allen will follow a month later on secondment from the Federation. Jane will be replaced by another competent sports administrator in Jeanette Brown, latterly of Athletics Australia. (*Not sure what we are going to do with all these Browns and derivatives - Ed.*)

The other good news is that the National Mutual group is sponsoring our World Championships office right in the heart of Brisbane on the Mall, where we will also, later on, have a street level presence to promote the event.

The Nikon International Cup in Sydney from November 17th-20th will provide the opportunity for a full dress rehearsal, including using the podium for the first time in Australia and the selected championship apparatus.

There are exciting times ahead and if you personally want to be involved, at any level, full in a Volunteer Application for with your credentials. It is your sport so be in it!

Jim Barry
Chief Executive



A WARM WELCOME FOR RSG INTELLECTUALLY DISABLED ATHLETES VICTORIAN RSG DOLLARMITES COMPETITION

A team of six Outer Eastern Special Olympic gymnasts, under the guidance of Margaret Parrott (Coach), and with the support of the Mountain District Gymnastic Club, recently entered the VGA RSG Open Age "Dollarmites Competition".

The team spent five months training specifically for this event as well as continuing with their normal training program. Not only were the compulsory routines learnt in this time, but gymnastic presentation, etiquette, marching and good sportsmanship. (How many lower level athletes do you see shaking hands with fellow competitors on the dais before receiving their medals??)



Back Row: Margaret Parrott (Coach), Prue Burgess.
Middle Row: Debra Broughton, Monica Brownbill, Kerri Campbell.
Front Row: Marissa Turner, Bernadette Vermeer.

Although the skills of these physically and intellectually disabled gymnasts are limited, with the instruction and patience they too can participate in and enjoy the sport of gymnastics.

As the only team to compete in their Regional Competition, the Mountain District team automatically took their place in the finals, taking out 2nd place behind "Border Gymnastics".

The highlight of this competition was not just the high marks our routines scored, but the warm welcome and congratulations displayed by our fellow gymnasts and coaches. The team was **accepted** by everyone for their **gymnastic ability, not disability**.

Every athlete deserves a chance to compete, and out thanks are extended to the VGA for giving us that chance.

Margaret Parrott
Mountain District/Outer Eastern
Special Olympic Gymnastic Coach

Minister for the Arts, Sport, Environment and Territories.

Hon. Ros Kelly, M.P.

Miss Peggy Browne,
Executive Director
Australian Gymnastic Federation

Dear Miss Browne,
Thank you for your letter dated 16th November 1992 advising me of the outstanding results achieved by the four Australian women judges who attended the recent international judging course. For Australian gymnastics to have each of these judges achieve top ten status out of more than 100 candidates must provide a great deal of satisfaction for the Federation, not to mention the individual judges. Such performances can only be a true

reflection of their own dedication and commitment, as well as the work of the national Federation in preparing these people for the task at hand. The results must also auger well for the profile of Australia on the international gymnastics scene. Please pass on my personal congratulations to Kym, Anne, Lieve and Danica on their outstanding achievement.

Through the Australian Sports Commission, the Federal Government is pleased to be able to make a financial commitment to ensure that people involved in officiating are developed to the same level as athletes, coaches and administrators. I can assure that we will continue to support initiatives in this area.

Yours sincerely,

Ros Kelly

THANKS FOR THE MEMORIES

When Monique Allen hung up her leotards and resin encrusted grips to take up the graphic artist's pen, it signalled the end of one of the most exciting periods in Australian gymnastic history.

It was a time when she, along with Kylie Shadbolt, Lisa Read and Michelle Telfer became household names, a time of great achievement culminating in Australia for the first time sending a full team of six gymnasts to the Barcelona Games.

But these four great Australian athletes achieved far more than just results on the floor, their combined influence on Australian gymnastics will be felt for years to come, as a new wave of young gymnasts prepare to tackle the challenges of the next decade. It will be the memories of the dedication and determination of Monique, Kylie, Lisa and Michelle that will inspire the youngsters to even greater heights.

But in the short term, the impact of these four names have had on Australian gymnastics will probably be measured by the void left by their retirement; it's difficult to imagine gymnastics without them. It's golf without Greg Norman, motor racing without Nigel Mansell.

The four rampaged through the 1990 Commonwealth Games in Auckland taking the team silver; then gold in the 1990 Pacific Alliance Championships, a mighty sixth ranking at the 1991 World Championships in Indianapolis, finally ending their partnership with a seventh place at the Barcelona Olympics.

Of course they weren't alone in creating the historic successes of the late eighties and early nineties in Australian gymnastics; there were others, some of whom will press on to form the foundations of a new era - Joanna Hughes and Julie Anne Monico to name just two, while others like Jane Warrilow, Tim Lees and Rhythmic gymnast Stacey Wild have also elected to pursue other directions.

1992 Australian Champion, Jane Warrilow has taken up a scholarship at Utah University, Tim Lees is coaching in Victoria and Rhythmic gymnast Stacey Wild is also looking at a career in coaching when she finishes school.

Regarded by many as Australia's greatest women's gymnast ever, Monique Allen was always the cool, consistent professional, and in the latter part of her career she turned in results that should have been well behind her 21 years, but she just kept improving, chalking up a remarkable but not

surprising 19th in the Olympic All-Around competition.



"Choosing a highlight of my career was a tricky one as they are all quite close. Qualifying for my first Olympic Games, first top 36 competition and being captain of the first team to compete at an Olympic Games were all at the top of my list. However, the gold medal and the entire Commonwealth Games experience rates as number one to me. The combination of having my Mum, Dad, sister and Nana, close friends and original coach Ian at the Games, added to the thrill and excitement of winning the gold medal, making it one of my greatest memories and choice of a 'career highlight' to me".

Now turning her attention to a career in graphic design, Monique looks back on her career.

*"Looking back on my career I can honestly say that gymnastics really is a **very special sport**. Sure it's tough and often frustrating like many other sports, but it is highly respected by all sports men and women throughout the entire sporting world. I wish everyone could experience the great opportunities gymnastics has given me. It has taught me that any dreams you have are only as far away as you think they are".*

"I would like to thank the many people in the gymnastic community I have been involved with over the years, for their continued support, with a very special thanks going to all my coaches, who on occasion really had to stick with me when I had doubts, telling me that it would be OK!"

While our retiring champions will go on to new successes in other areas all will have the comfort of their trophies, ribbons and medals to remind them of their wonderful days at the forefront of Australian gymnastics; all that is except Kylie Shadbolt who was dealt a cruel blow recently when most of her memorabilia was destroyed in a fire at her parent's Thursday Island Hotel.

Kylie and Monique were sometimes seen as a sort of double act, yet they were in fact like chalk and cheese - where Monique was cool, Kylie was fire, where Monique was consistent, Kylie was unpredictable, but the result was always the same - professional gymnasts turning in remarkable results.



Kylie is amazed when she looks back over her years at the AIS at how quickly it has passed.

"I used to think it was a long time and a lot of hard work. But now when I look back it seems it went

so quickly. We were a big family at the AIS and I valued the friends I made. What really stands out is the drive of Ju Ping and the support I enjoyed from everyone in Canberra", she said.

Kylie says the height of her career was winning gold on the floor at the Konica Grand Prix in 1989.

"It was an amazing feeling because the result was so unpredictable", she said.

Kylie, like the others who shared the experience, also treasures the memory of the 1992 Olympic Games in Barcelona. For Lisa Read it was the achievement of a personal goal she had set herself years before.



"To get into the final on the first count, being in the top 36 having come 33rd in the teams competition and being the first ever Australians in the teams competition at the Olympics was very special to me. I have always been very proud to be good enough to represent Australia, it was a very special honour", said Lisa.

Lisa's new direction in life sees her tackling a BA DipEd in Human Movement at the University of Technology Sydney. In looking back, she says that staying close to her family provided her with the encouragement she needed to achieve,

"Staying close to my family was very important, because I am really a homebody. This made it difficult when I was at the AIS, but Mum, Dad and Mark were always there when I needed them", she said.

"Another thing that was important to me and helped me to keep on trying to do better was being part of a group of gymnasts who together were able to lift Australia's standing. My memories of the Commonwealth Games in Auckland, the Pacific Alliance Championships in Manila, the Indianapolis World Championships leading to a full team for Barcelona will stay with me forever."

It's remarkable that these four gymnasts managed to compete together at so many significant milestones in Australian gymnastic history, but Michelle Telfer very nearly was missing from the grand finale in Barcelona. A torn ligament during a



floor warm-up for the 1992 Nationals put her out of that competition, and just six weeks later she scraped into the Olympic team as reserve. But importantly she was there to share in that marvellous result.

"I always tried to do everything the best I could. Once something has happened it can never be changed or taken away

from you. It's great to know that the memories will be with me forever. And it's not just the big events, but the friendships and wonderful times we all shared that are important", says Michelle..

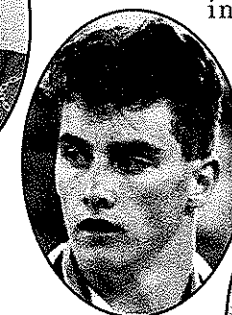
Dr Michelle Telfer is a title that will become a reality in a few years time when this quiet achiever of gymnastics graduates in medicine at Perth University.

Now as the 1993 diet Coke Championships in Perth approach, it's difficult to imagine the Nationals without these outstanding athletes. Atlanta is just three years away, while Brisbane and Victoria are just over one year away, so things will probably change fast in the coming months as the new wave rolls in. But the heritage left by these retiring gymnasts will remain with us, even long after Joanna Hughes takes over Monique's mantle as the 'old granny'.

While Monique, Kylie, Lisa and Michelle have shared with us some of their memories of the last few years on these pages, perhaps the most important memories are those that they created for us - those magic moments of gymnastic brilliance that will stay with us all for years to come.



We thank you, along with Jane, Tim and Stacey for the joy of witnessing such breathtaking achievement, and for the inspiration that will foster even greater results from those who follow.



Thank you!

Ed: And, thank you also to Steve Jonas for his time and contribution in writing this article.

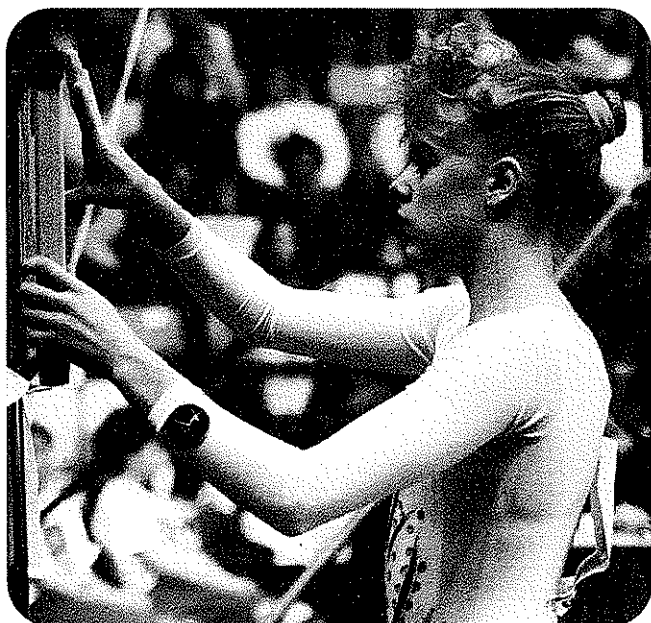




McConville, has scored the highest Olympic Games result of an Australian to date. Monique is a student at Canberra TAFE completing a Diploma in Design. Her ambitions are to be a graphic designer.

- * **1992 Olympic Games, Barcelona**
Team 7th
39th/91 (77.548)
Competition II 19th/36 (39.086)
- * **1991 World Championships, Indianapolis**
24th/189 (All Around)
Competition II 21st/36 (38.861)
Team 6th place
- * **National Champion 1988, 1989 and 1991**
- * **1991 Seiko International Grand Prix, Brisbane**
4th Overall (38.950)
1st Uneven Bars
1st Balance Beam
- * **1990 Commonwealth Games, Auckland**
1 Gold Medal (Bars)
2 Silver Medals (Team event, 2nd overall)
1 Bronze Medal (Vault)
- * **1990 Pacific Alliance, Manila**
2 Gold Medals (Team event, equal 1st floor)
2 Silver Medals (Vault, Beam)
6th Overall (37.465)
- * **1990 American Cup**
14th Overall (38.024)
- * **1988 Olympic Games, Seoul**
Personal Best 65th/90 (75.900)

International Competition Medals: 5 Gold
6 Silver
4 Bronze



In recognition of her many achievements, Monique has been awarded:

- * Awarded 1993 Ambassador for Sport (Tourist Commission)
- * Member of Promotion Committee for 2000 Olympics.
- * 1991 NSW Gymnast of the Year.
- * Appointed member of the Minister for Sport's, "Sportswomen of Excellence Committee"
- * MLC Junior Sports Foundation Scholarship holder and then Ambassador
- * 1992 Overall Gymnast of the Year.
- * 1992 Female Gymnast of the Year.
- * NSW Young Achievers Award for Sport.
- * 1991 Advance Australia Award.
- * 1991 ACT Young Achievers Award for Sport
- * 1990 ACT Junior Sportstar of the Year
- * 1990 John Brown Sports Award
- * 1990 AIS Gymnast of the Year
- * 1990 NSW Gymnast of the Year
- * 1989 AIS Athlete of the Year

KYLIE SHADBOLT

Kylie Shadbolt, 20, from Queensland, entered the Australian Institute of Sport program in 1986. In 1989 at the Konica Grand Prix, Kylie won a gold medal on the Floor Exercise and became the first Australian woman to win a gold medal in an international competition. In 1990 Kylie was awarded Australian Gymnast of the Year and Australian Female Gymnast. Her ambition is to be a primary school teacher or gymnastics coach.



Kylie's most recent achievements include:

- * **1992 Olympic Games, Barcelona**
Team 7th
46th/91 (77.196)
Competition II 36th/36 (37.549)
- * **1991 World Championships, Indianapolis**
34th/189 (All Around)
29th/36 Competition II (38.20)
- * **1991 Seiko Grand Prix, Brisbane**
=6th/24 (38.800)
- * **1991 American Cup, Orlando**
5th (37.862)
- * **1991 National Championships, Melbourne**
2nd/15 (76.336)
1st on Floor

- * **1990 Pacific Alliance, Manila**
3 Gold Medals (1st/29, Team event, equal 1st floor)
1 Bronze Medal (beam)
- * **1990 Commonwealth Games, Auckland**
1 Silver Medal (Team event)
3 Bronze Medals (3rd/32 Overall, Beam, Floor)

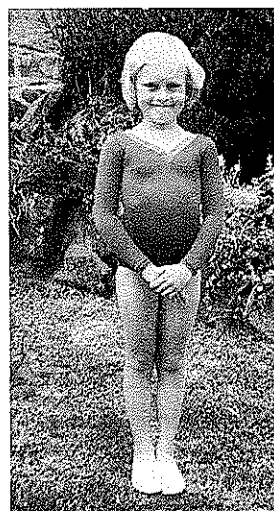
International Competition Medals: 4 Gold
1 Silver
8 Bronze

LISA READ

Lisa Read, 20, from Sydney, entered the Australian Institute of Sport in 1988. She began gymnastics in 1979 at the age of six with Anne Scott at Sydney YMCA. Lisa is a student at the University of Technology in Sydney. She was a semi-finalist at the 1992 World Championships in floor.

Lisa's achievements include:

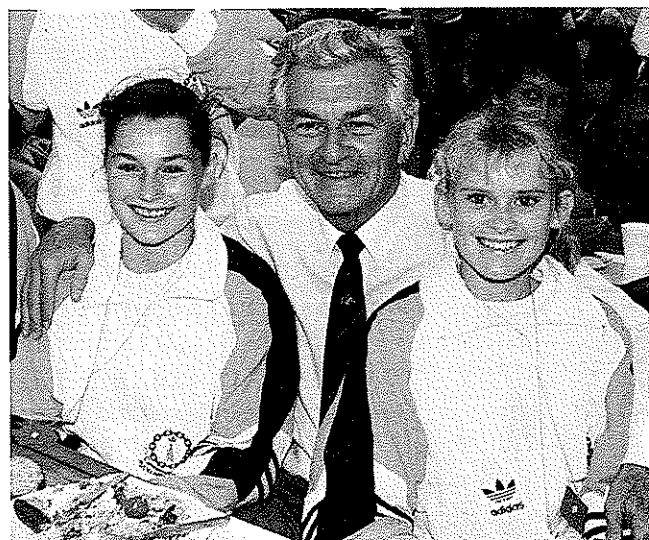
- * **1992 Olympic Games, Barcelona**
33rd/91 (77.936)
Competition II
30th/36 (38.611)
- * **1992 World Championships, Paris**
Apparatus Finals
Vault =50th/68 (9.387)
Uneven Bars =22nd/73 (9.787)
Beam 31st/72 (9.275)
Floor =19th/63 (9.675)
Apparatus Semi Finals
Floor =12th/16 (9.712)
- * **1991 World Championships, Indianapolis**
49th/189 (76.173)
- * **1991 National Championships, Melbourne**
6th/15
- * **1990 Pacific Alliance, Manila**
7th and member of Gold Medalist Team
- * **1990 Commonwealth Games, Auckland**
10th/32, and a member of Silver Medalist



Team

- * **1987 World Championships, Rotterdam**
121st/201 (72.450)
- * NSW Junior State Champion 1984 – 1987
- * Australian Junior Champion 1986 – 1987
- * National Junior Gymnast of the Year 1986 – 1987

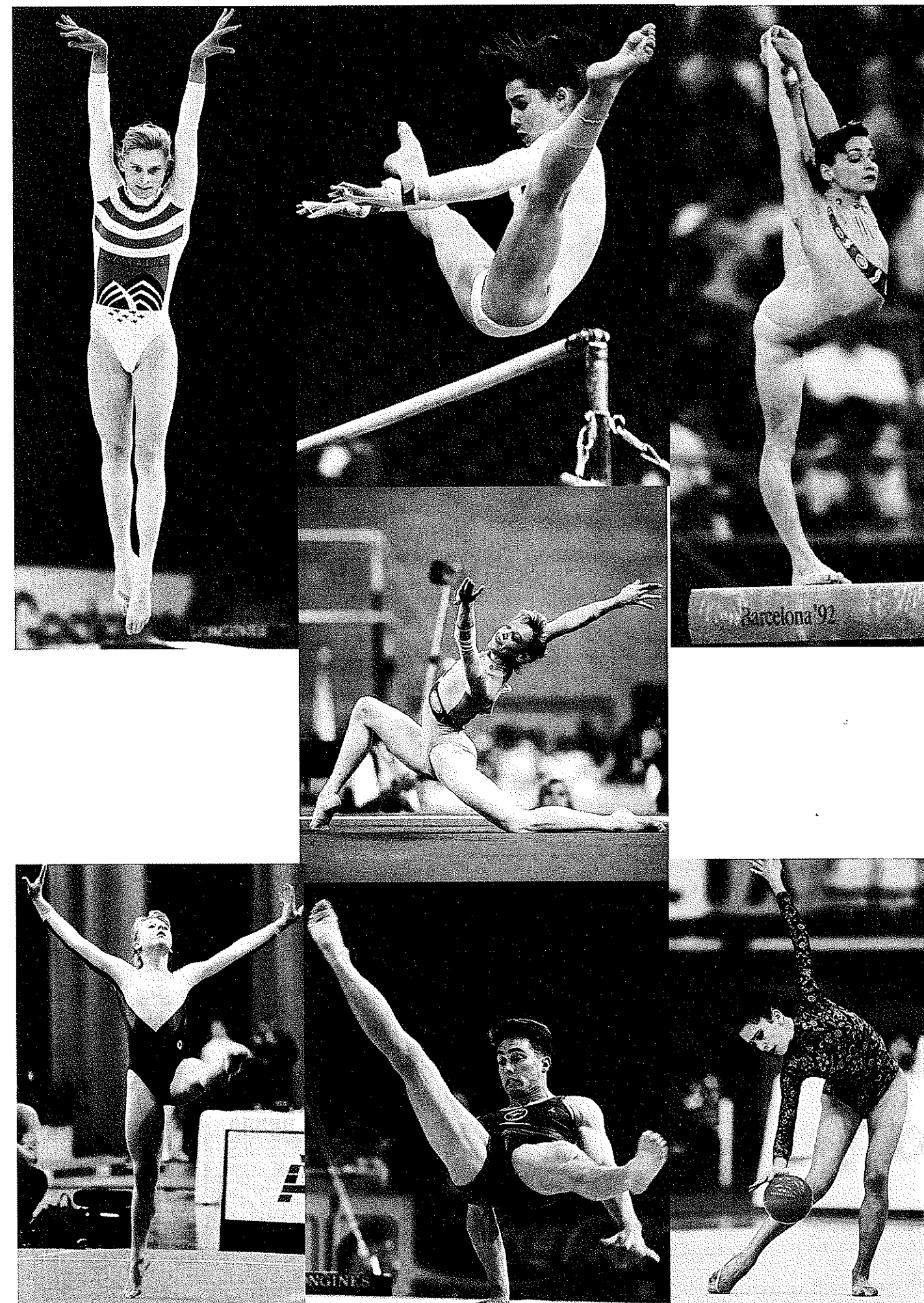
International Competition Medals: 1 Gold
3 Silver



STACEY WILD

Stacey started Rhythmic Gymnastics in Sydney with Helen Turnbull at Macquarie Fields. She then trained at the State Sports Centre with Lu Ping Ding and in Western Australia with Lisa Bradley. Stacey's commitment saw her compete throughout the Olympiad at major international events such as World Championships and Commonwealth Games. She improved each time and is to be recognised for her contribution.

- * **1991 World Championships, Indianapolis**
78th/100 (34.20)
- * **1990 Commonwealth Games, Auckland**
7th/15 (35.800) Rope: 8.900 6th
Hoop: 9.000 6th
Ball: 8.950 6th
Ribbon: 8.800 7th
- * **1990 Four Continents Championships**
20th/36 (34.10)
- * **1989 World Championships**
89th/95 (33.05)



1992 C.U.B. SPORT AUSTRALIA AWARDS RESULTS

A project of the Confederation Australian Sport

Male Athlete of the Year

Kieren PERKINS
Swimming

Female Athlete of the Year

Kathy WATT
Cycling

Team of the Year

Australian Mens Coxless Rowing Four

Junior Male Athlete of the Year

*Tim FORSYTH***
Athletics

Junior Female Athlete of the Year

Lynette MACKENZIE
Surfing
(NB: Claire Cribbes was a finalist)

Junior Team of the Year

Australian Womens Junior Coxless Rowing Pair

Administrator of the Year

Steve HAYNES
Chief Executive, Aust. Sports Drug Agency

Coach of the Year

Noel DONALDSON
Rowing

Best Organisation & Presentation of a Sporting Event

1992 World Cup Cricket Tournament

Best Single Sporting Performance

Kieren PERKINS
Swimming

Best Performance by a Club or Team in Domestic Competition

West Coast Eagles
Aust. Football Team

Most Popular Sporting Personality

Kieren PERKINS
Swimming

** Winner of the Junior Sport Australia Award for the best overall junior performance.

L'ELFIN DISPLAYS SUPPORT 2000 BID

We performed on Saturday 23rd January for the Opening of the Sports Show at Darling Harbour Sydney, from this we had a great response about our OLYMPIC Display. This was also a promotion towards the 2000 OLYMPIC bid for Sydney.

On Australia Day we were also asked to perform before the VIP's and a member of the IOC. On this day, as well as doing our Display we were promoting the 2000 OLYMPIC bid for Sydney.

After members of the 2000 Committee and other VIP's saw our Display I received a phone call congratulating us all on an excellent Display performance.

After our performance at Darling harbour we have been booked to perform for the Australian Basketball Association at Bankstown, Sydney.

Enclosed is a letter we received about our performance on Australia day at Darling harbour on 26th January, 1993.

Ms Shirley Dean
L'Elfin School of Acrobatics
and Gymnastics
P O Box 426
SUTHERLAND 2232

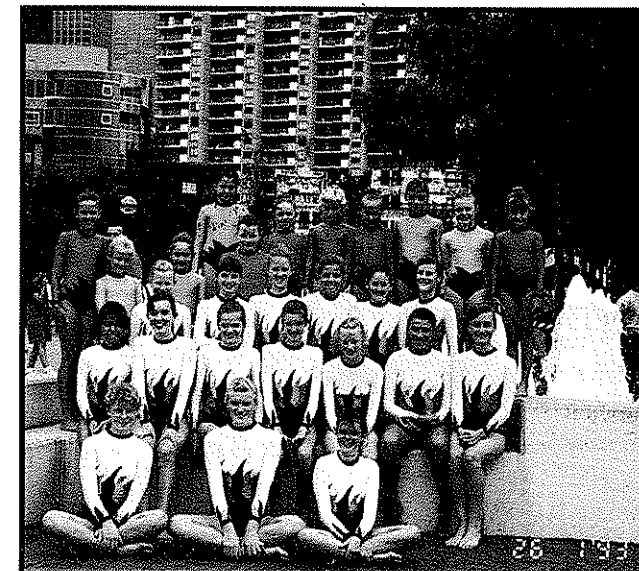
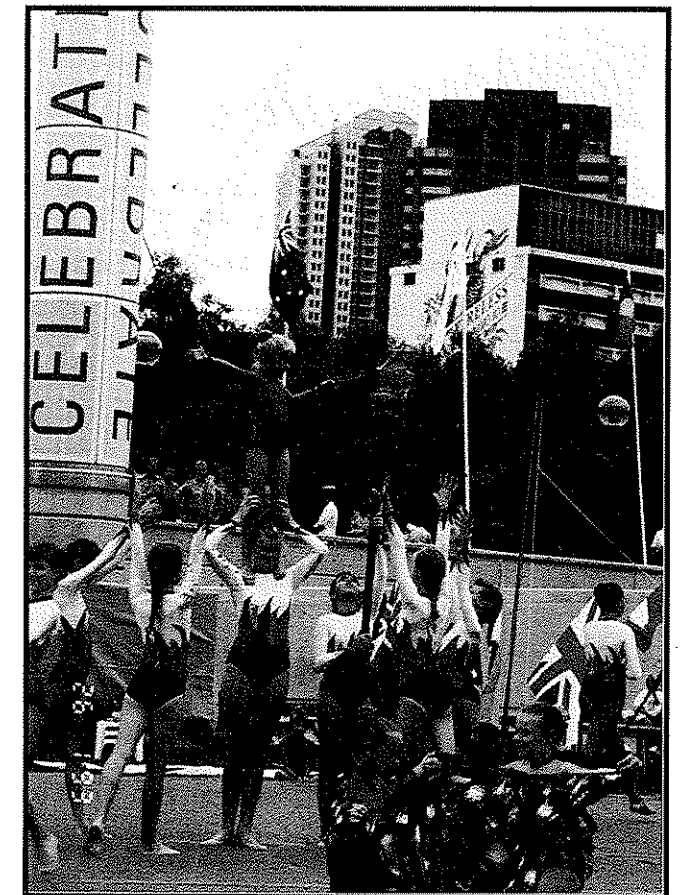
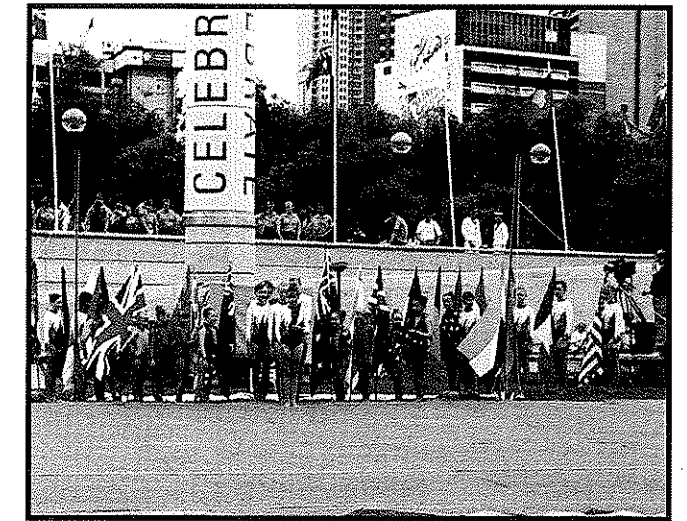
Dear Ms Dean,

Thank you for a great performance by the group at Tumbalong Park on Australia Day. The performance was a great lead-in to The Australia Day Ceremony and it was a pleasure to witness such precision and the outcome of such hard work.

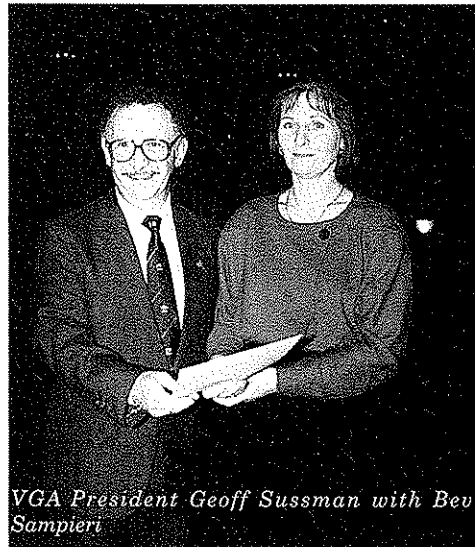
Please pass on my congratulations and thanks to all who took part.

Yours sincerely,

JOHNNY ALLEN
Events & Entertainment Manager



1992 VGA SERVICE AWARDS



VGA President Geoff Sussman with Bev Sampieri

The inaugural VGA Service Awards were presented at a WAG Coaches and Judges Dinner held during September.

Presentations were made by VGA President, Geoff Sussman to Bev Sampieri and Jan Pyke (nee Bedford) who were in attendance. A further presentation will be made to Deanna Bird at an appropriate time.

Purpose of Awards

To recognise volunteer personnel who, through their personal contribution, have enhanced the development of the Victorian gymnastic Association.

Criteria

1. The length of time given to the contribution and/or service.
2. The quality of impact the contribution has made to the Association.

3. The amount of people the contribution has affected.

Nominations

Affiliated clubs, sub-committees and the Board are invited to submit names, listing full details of achievements and contribution to the sport on behalf of the nominee.

Selection Panel

For the inaugural awards, the selection panel consisted of; Geoff Sussman, Toni Myers, Cathy Oswald, Barbara Cunningham and Val Bietzel. In future years, its formation will be; a Technical committee and coach representative per discipline, current VGA President and 2 independent members appointed by the Board.



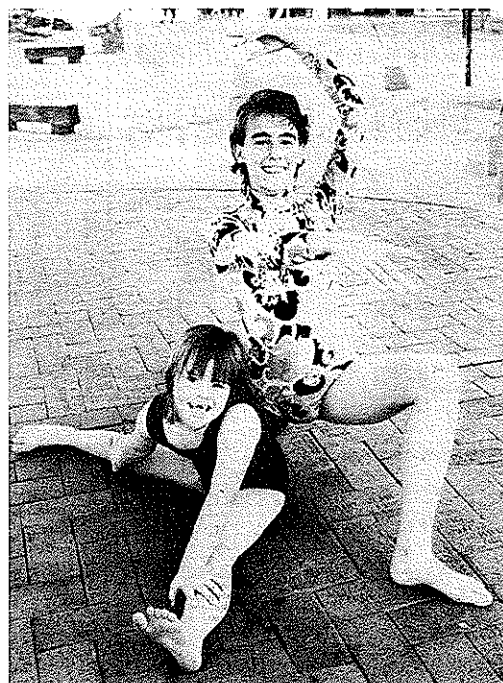
VGA President Geoff Sussman with Jan Pyke

N.T.G.A. "GENERAL GYMNAST OF THE YEAR AWARD" 1992

I would like to address the award of General Gymnast of the Year. I was caught unawares by this award and was asked to make an on the spot decision. The child I nominated is a Downs Syndrome child who trains at Anzac Hill. She does, however, epitomise the spirit of General Gymnastics. She is enthusiastic, never misses a class and takes part because she loves gymnastics and for no other reason. She will never progress to greater glory in the sport, but she tries. This, I hope, will set a precedent for this award. It should go to children who try. On the other hand, and I mention this at the request of the child's mother, don't let the award become a consolation prize for the handicapped.

If this award is to be made annually, then next year it should receive nominations from all clubs, with a short supporting statement as to why a particular child deserves recognition. If the child, like Erin, happens to be handicapped in some way, then this should be one of the reasons, but not the only one, for the child to be nominated. There are hundreds of kids doing Rec Gym in the N.T. and next year I hope that we are able to pick the most deserving.

Jenny Tonkin



Gymnastic Tidbits

PILOT PROJECT FOR COMPUTER REGISTRATION

Australian Sports Commission uses the Australian Gymnastic Federation as a pilot project for a computer registration.

It is with a great deal of excitement that the AGF has worked with the Australian Sports Commission on a computer registration package which is able to be used by Clubs, Regions, State Associations and the Federation.

It should assist the Clubs in other areas such as competition entries, mailing lists and accounting functions.

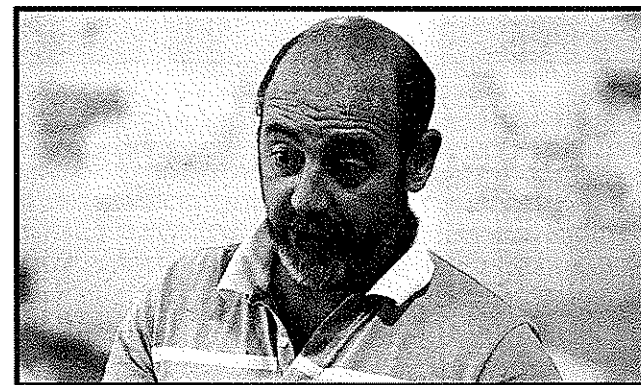
As always with new projects, there are teething problems but it is a credit to the Clubs and State Associations who have warmly embraced this challenge as it will indeed prove to be of benefit to all.



Congratulations to

FIONA BIRD

ACC Junior Coach of the Year.



FROM: BRITISH AMATEUR GYMNASTICS ASSOCIATION TECHNICAL DEPARTMENT

Dear Friends,

I am deeply honoured and extremely touched by the gesture of your Board conferring upon me your Award of Merit. I should imagine that by the time you have received this fax, it will have been framed. It is indeed a happy moment for me.

If I have made any contribution to gymnastics in your wonderful country, then it is nothing compared to the wonderful friendship I have enjoyed with my wonderful friends.

AKKO

John Atkinson has assisted Australia by conducting Men's Clinics in 1979 and the early 80's. He also brought gymnasts to the 1991 National Championships in Melbourne.

S.A.P.S.
St. Arnaud, Vic. 3478
21/7/92

Dear Monique,

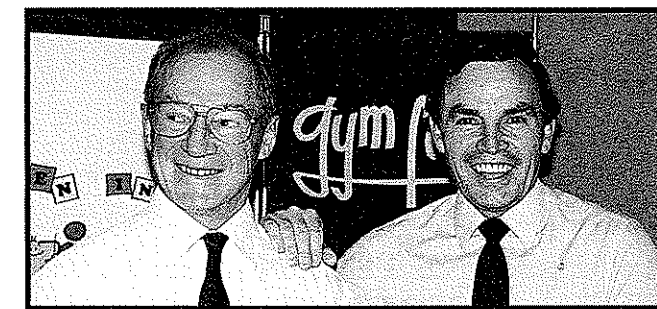
At school, I am doing you in my Olympics project. I like gymnastics too and I can do a backflip.

My Mum is having a baby and used to go to gymnastics and I always got put in a corner.

Good luck in The Olympics,

Love
Brooke N. Reichelt

(NB: A sample of the wonderful correspondence our Olympians received.)



AUSTRALIAN HONOUR VICE PRESIDENT - LANCE OTTO

We offer congratulations to our Vice President, Lance Otto, for his recent honour in being awarded the Medal of the Order of Australia in the Australia Day Honours.

His contribution to the gymnastic community and to education is well known and we are pleased to see him recognised with such an honour.

AIS ATHLETE AWARDS FOR 1992 EDUCATIONAL ACHIEVEMENT AWARD

This award is made in recognition of outstanding achievement in education while maintaining elite sporting performances.

WINNER: Peter Hogan
Congratulations Peter!

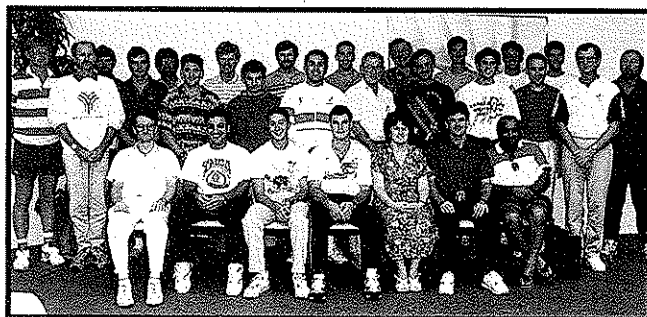
Gymnastic Tidbits

1992 RHYTHMIC WORLD CHAMPION

1992 Rhythmic World Champion –
Oksana Kostina.

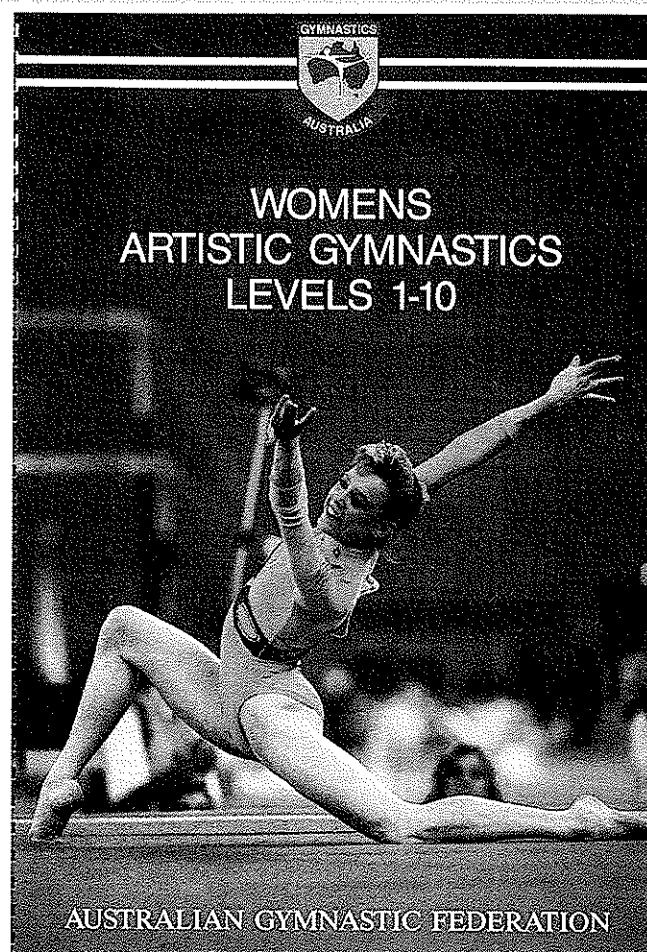
Left out of the Olympic Games team from the CIS, Oksana Kostina proved to the world that she was a gymnast to be watched. At the 1992 Rhythmic World Championships in Brussels, she took five gold medals; the all-around and four apparatus gold. Tragically she was killed in a car accident in Moscow in February 1993.

The Australian Gymnastic Federation mourns with the rest of the world for such a talented young person cut down in the prime of her life.



MENS TECHNICAL COMMITTEE CONTINENTAL JUDGES COURSE CANBERRA 1993

- 4 day course over Australia Day long weekend
- Lecturers – Ken Williamson, Jeff Cheales, Dave Allan
- Based on the Intercontinental course material in Lillehall in December
- 9 judges passed to FIG level
- 10 judges passed to Elite National level
- 4 judges passed to General Stream level
- Workshop for lower level judges courses was also conducted for judging co-ordinators



NATIONAL LAUNCH - WAG LEVELS 1-10 MANUAL

Billed as a National Launch - AGF WAG Launch Co-ordinators Helen Colagiuri, Diane Kerl, Ruth Colagiuri and Lyn Hughes workshopped their way through the new Level 1-4 and revised Level 5-6 exercises.

Much discussion, thought and sweat, resulting from many performances of beams and floors in each of the levels, began the preparation for the launches to be had in the various states.

Thank you to the Interim Committee and members of state committees for all the hard work you have done in establishing the content of the manual.

The final run to the end of the time-line (January 4) was done by Helen Colagiuri, Kathy Hristofski, Diane Kerl and Bud Geiser. Thank you for the huge effort that you put in over the January holiday period in order to get the manual, (and the audio and video tapes) to the printers in time for the launches.

Peter Hassan
WAG General Stream Co-ordinator.

Gymnastic Tidbits

1993 diet Coke AUSTRALIAN GYMNASTIC CHAMPIONSHIPS

Perth Superdrome Thursday May 13 – Sunday May 16

PROGRAM

Monday May 13

Session 1:

7.00 pm – 9.00 pm

Senior Women's Optionals (Team Competition)
Junior Women's Optionals (Team Competition)

Friday May 14

Session 2:

10.00 am – 12 noon
12/14)

Junior Men's Compulsories (Under 12/14)
Sub Junior Women's Compulsories (Team Competition)
Junior Rhythmic Competition

Session 3:

2.00 pm – 4.00 pm

Session 4:

7.00 pm – 9.00 pm

Sun Junior Rhythmic Competition
Senior Men's Compulsories
U/18 Men's Optionals
U/16 Men's Compulsories
Senior Women's All-Around Competition
Junior Women's All-Around Competition
Senior Rhythmic Competition

Saturday May 15

Session 5: Final

7.00 pm – 9.00 pm

Junior Men's Finals (Under 12/14/16)
Senior and U/18 Finals

(All-Around and Apparatus)
Sub Junior Women's Finals
Junior/Sub Junior Rhythmic Apparatus Finals

Sunday May 16

Session 6: Final

2.30 pm – 5.00 pm

Senior Women's Apparatus Finals
Junior Women's Apparatus Finals
Senior Rhythmic Apparatus Finals

TICKET PRICES

Sessions: Adults \$8.00 Children \$4.00

Schools (Session 2) Students \$2.00 Teachers Free

Finals (Sessions 5, 6) Adults \$13.00 Children \$7.00

Group Bookings (10 or more – Finals Only) Adults \$10.00 Children \$6.00

TICKETS AVAILABLE AT:

Perth Superdrome (09) 441 8222
Reds Ticketing Outlets (008) 199 991
(Credit Card Bookings Only) (09) 484 1222

Deegee Productions

GPO Box 1993, CANBERRA. 2601. Phone: (06) 241 2134

1 Girls 1993-1996 LEVELS 1-6 ROUTINES Vault, Bars, Beam, Floor (video fair quality) Includes music cassette	0:47	\$52
1A WAG LEVELS 1-6 MUSIC CASSETTE Recorded both ends. TDK D-46 tape. Price includes postage	0:10	\$14
33 WAG/RSG BASIC WARMUP EXERCISE & BALLET For new/remote coaches/teachers. Some advanced exercises towards end.	1:03	\$38
65 RSG TRAINING IN THE USSR Moscow/Minsk, 1987. Filmed by Steve & Liz Chetkovich	1:11	\$43
78 WAG 1987 WORLD CHAMPIONSHIPS Rotterdam. Optionals & finals. Good quality. (Dutch commentary)	2:09	\$68
92 1988 NSW BICENTENNIAL FESTIVAL OF GYMNASTICS Sydney. Circuits (Gym-fun). Display comp. Over 800 participants	3:01	\$84
93 WAG SUB-JUNIOR DEVELOPMENT SCHEME For ages 6 to 11. Vault, Bars, Beam, Floor. Includes music cassette (poor qual.)	0:47	\$52
101 WAG 1989 EUROPEAN CHAMPIONSHIPS Brussels. Best of finals. Professional production with English commentary	0:44	\$40
102 MAG 1989 EUROPEAN CHAMPIONSHIPS Stockholm. Best of finals. Professional production with English commentary	0:39	\$40
103 WAG/MAG 1989 EUROPEAN CHAMPIONSHIPS Brussels & Stockholm. Combination of numbers 101 and 102 on one videotape	1:23	\$51
109 WAG 1989 WORLD CHAMPIONSHIPS Stuttgart. Best of all routines. Professional production	3:00	\$90
117 1991 WAG WORLD CHAMPIONSHIPS Indianapolis. Professional film. (occasional shimmer). Excellent routines-final 2 days	1:44	\$64
118 1991 MAG WORLD CHAMPIONSHIPS Indianapolis. Best routines from final 2 days (fair picture). Professional production	1:53	\$69
119 1991 WAG CHOREOGRAPHY CLINIC by Sasha Karashev-USSR gymnastic choreographer. Demonstrations with gymnasts & coaches	1:45	\$64
120 BUNNERONG AT THE BOLSHOI Dec 14, 1991. Excellent example of gym, club Christmas display. (S/VHS) (Special price)	2:28	\$49
121 WAG 1993-1996 COMPULSORIES (preview) Extremely amateur/poor technique but at least available. Special price	0:17	\$28
122 WAG GYM & PCIDIUM TRAINING 1991 Filmed during Seiko Grand Prix. CIS, Romania, China gymnasts. 'Must' for advances coaches	1:40	\$61
123 WAG 1992 OLYMPIC OPTIONALS DEMONSTRATION Canberra-June 3. All gymnasts perform best for Barcelona selection. S/VHS	0:42	\$40
124 BUNNERONG OLYMPIC (theme) DISPLAY Sydney Dec 12, 1992. Excellent club end-of-year display. (S/VHS). Special price	2:53	\$50

****Many titles filmed by others – often with poor technique.quality****

-----suggest photocopy and cut here-----
All on 3 hour tapes. Post-free within Australia. Add \$6 tape overseas.
Payment MUST accompany order. Please check new prices if after June 1993.
Titles marked (S/VHS) mastered on superior quality Super-VHS equipment.
Most requested titles listed Unlisted titles available on request.
** PLEASE INDICATE THE REQUIRED TITLE NUMBER/S **

NAME

ENCLOSED:

ADDRESS

SIGNED:

RESULTS

1992 CHUNICHI CUP NAGOYA, JAPAN November 26 - 29

WOMEN - Competition 1B Individual Results

Name	Cty	Total	Place
Milosovici Lavinia	ROM	39.374	1
Bontas Cristina	ROM	39.286	2
Kim Gwang Suk	PRK	39.087	3
Hornbeek Heidi	USA	39.074	4
Piskun Elena	BLR	39.011	5
Molnar Andrea	HUN	38.824	6
Eto Minako	JPN	38.699	7
Stovbchataya Lydmila	UKR	38.661	8
Nagi Mie	JPN	38.525	9
Shaw Monica	USA	38.298	10
Read Lisa	AUS	38.125	11
Molnar Krisztina	HUN	37.987	12
Qiao Ya	CHN	37.936	13
Lee Hee Kyung	KOR	37.912	14
Obata Satuki	JPN	37.787	15
Cribbes Clare	AUS	37.561	16
He Xuemei	CHN	37.486	17
Lee Soo Jung	KOR	36.712	18

Apparatus Finals

Name	Cty	Total	Place
Vault			
Milosovici, Lavinia	ROM	9.900	1
Bontas, Cristina	ROM	9.818	2
Molnar, Krisztina	HUN	9.762	3
Piskin, Elena	BLR	9.749	4
Eto, Minako	JPN	9.718	5
Hornbeek, Heidi	USA	9.618	6
Nagi, Mie	JPN	9.431	7
Molnar, Andrea	HUN	9.250	8
Bars			
Kim, Gwang Suk	PRK	9.975	1
Shaw, Monica	USA	9.862	2
Milosovici, Lavinia	ROM	9.850	3
Qiao, Ya	CHN	9.787	4
Hornbeek, Heidi	USA	9.775	5
Bontas, Cristina	ROM	9.750	6
Read, Lisa	AUS	9.700	7
Piskin, Elena	BLR	9.300	8
Beam			
Stovbchataya, Lydmila	UKR	9.887	1
Piskin, Elena	BLR	9.875	2
Obata, Satuki	JPN	9.725	=3
Bontas, Cristina	ROM	9.725	=3
Hornbeek, Heidi	USA	9.712	5
Milosovici, Lavinia	ROM	9.375	6
He, Xuemei	CHN	9.362	=7
Kim, Gwang Suk	PRK	9.362	=7
Floor			
Bontas, Cristina	ROM	9.887	=1
Stovbchataya, Lydmila	UKR	9.887	=1
Milosovici, Lavinia	ROM	9.875	3
Molnar, Krisztina	HUN	9.775	4
Nagi, Mie	JPN	9.750	=5
Eto, Minako	JPN	9.750	=5
Qiao, Ya	CHN	9.725	7
Hornbeek, Heidi	USA	9.662	8

1992 NOMURA TOKYO CUP YOKOHAMA, JAPAN December 3 - 6

WOMEN Apparatus Finals

Name	Cty	Total	Place
Vault			
Bontas, Cristina	ROM	9.798	1
Molnar, Andrea	HUN	9.762	=2
Eto, Mineko	JPN	9.762	=2
Stovbchataya, Lydmila	UKR	9.731	4
Hornbeek, Heidi	USA	9.681	5
Piskun, Elena	BLR	9.593	6
Lee, Soo Jung	KOR	9.462	7
Cribbes, Clare	AUS	9.056	8
Bars			
Kim, Gwang Suk	PRK	9.950	1
Shaw, Monica	USA	9.862	2
Bontas, Cristina	ROM	9.825	3
Qiao, Ya	CHN	9.812	4
Molnar, Krisztina	HUN	9.787	5
Read, Lisa	AUS	9.750	6
Lee, Hee Kyung	KOR	9.737	7
Piskun, Elena	BLR	8.875	8
Beam			
Stovbchataya, Lydmila	UKR	9.912	1
Bontas, Cristina	ROM	9.887	2
He, Xuemei	CHN	9.875	3
Piskun, Elena	BLR	9.862	4
Kim, Gwang Suk	PRK	9.850	5
Molnar, Krisztina	HUN	9.837	6
Shan, Monica	USA	9.787	7
Obata, Satuki	JPN	9.750	8
Floor			
Stovbchataya, Lydmila	UKR	9.875	1
Molnar, Andrea	HUN	9.825	=2
Hornbeek, Heidi	USA	9.825	=2
Nagi, Mie	JPN	9.750	=4
Qiao, Ya	CHN	9.750	=4
Read, Lisa	AUS	9.675	6
Kim, Gwang Suk	PRK	9.650	7
Bontas, Cristina	ROM	9.262	8

MEN Apparatus Finals

Name	Cty	Total	Place
Vault			
You, Ok Youl	KOR	9.725	1
Iketani, Yukio	JPN	9.712	2
Shen, Jian	CHN	9.612	3
Gherman, Marius	ROM	9.562	4
Waller, Chris	USA	9.550	5
Ivankov, Ivan	BLR	9.512	6
Hudson, Bret	AUS	9.450	8
Pommel Horse			
Pae, Gil Su	PRK	9.837	1
Sharipov, Rustanu	UKR	9.637	2
Milbradt, Jens	GER	9.623	3
Ivankov, Ivan	BLR	9.600	=4
Faikusz, Csaba	HUN	9.600	=4
Lynch, Jair	USA	9.600	=4
Dowrick, Brennan	AUS	9.462	7
Tanaka, Hikaru	JPN	9.025	8
Rings			
Ivankov, Ivan	BLR	9.675	1
Sharipov, Rustanu	UKR	9.637	2
Iketani, Yukio	JPN	9.625	=3
Milbradt, Jens	GER	9.625	=3
Waller, Chris	USA	9.612	5
You, Ok Youl	KOR	9.600	6
Shen, Jian	CHN	9.537	7
Faikusz, Csaba	HUN	9.500	8
Vault			
Aihara, Yutaka	JPN	9.668	1
Lee, Joo Hyung	KOR	9.656	2
Gherman, Marius	ROM	9.612	3
Shen, Jian	CHN	9.406	4
Hudson, Bret	AUS	9.400	5
Milbradt, Jens	GER	9.287	6
Parallel Bars			
Aihara, Yutaka	JPN	9.700	1
Sharipov, Rustanu	UKR	9.687	2
Shen, Jian	CHN	9.675	3
Lynch, Jair	USA	9.650	4
Ivankov, Ivan	BLR	9.562	5
Milbradt, Jens	GER	9.487	6
Pae, Gil Su	PRK	9.362	7
Lee, Joo Hyung	KOR	8.950	8
Horizontal Bar			
Sharipov, Rustanu	UKR	9.750	1
Ivankov, Ivan	BLR	9.662	2
Lee, Joo Hyung	KOR	9.637	3
Dowrick, Brennan	AUS	9.512	4
Nishikata, Daisuke	JPN	9.450	5
Shen, Jian	CHN	9.400	6
Waller, Chris	USA	9.050	7
Faikusz, Csaba	HUN	9.000	8



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**MENS INTERCONTINENTAL JUDGES COURSE
LILLESHALL ENGLAND
DECEMBER 6 - 11, 1992**

**Jeff Cheales
NATIONAL JUDGING CO-ORDINATOR**

Introduction

This report outlines the proceedings of the course. The Australian judges who attended were Jeff Cheales and Ken Williamson.

The course and assessment related to the 1993 - 96 Code of Points ie. the "8th cycle". It was conducted by the members of the FIG Mens Technical Committee.

The course was conducted with representation from 54 National Federations with approximately 90 candidates attending. Four candidates failed the assessment.

The information contained in this report will supplement the Continental course materials to be conducted in Australia and New Zealand in 1993.

Changes to the Code of Points (K.H. Zschocke)

The 1989 code afforded the following changes :-

- It was aimed at simplifying the assessment of gymnastic exercises.
- The introduction of Head Judge assistants.
- Evaluation of errors presented as small, medium and large.
- Value raising rules introduced.

Poor application of the bonus point rules and evidence of cheating persisted.

The 1993 code created with the "el dorado" of objectivity in mind. The following are the key points :-

- Execution deduction rules have been simplified.
- Regulations for coaches, gymnasts and judges have been expanded.
- Technical purity requirements have been emphasized ie. article 16.
- 0.05 deductions for all competitions for scores above 9.5 introduced.
- Elimination of ROV in favour of difficulty bonus points.
- Greater deduction possibility to reduce the difficulty push.
- 3 special requirements for all apparatus (except vault) introduced.
- Competition 1,2 and 3 have the same requirements.
- E difficulty parts introduced.

The 1993 code has been prepared to better separate the very good gymnasts rather than the average gymnasts.

It was noted that the coaches, media etc. should be prepared for much lower scores than previous codes presented. Scores in the high 8.00's and low 9.00's will be common.

Difficulty (Takizawa)

brief history of difficulty application as follows :-

- 1956 - A, B and C difficulties introduced.
- 1964 - pictorial presentations introduced.
- 1984 - D parts introduced.

- 1992 - E parts introduced.
- Article 16 (1993 code) has applied over many years.

The following table serves as examples of the application of article 19 concerning difficulty.

Exercise Difficulty	Appropriate Deduction
C + D + D + D + D + E + 4A's (C+B)	No deduction
B + B + C + C + D + 4A's	0.2 deduction
D + D + D + E + 4A's	0.4 deduction
D + D + D + 4A's (C+B) (C+B) (C+B)	0.2 deduction
B + B + B + D + E + 4A's (D+C)	No deduction
B + B + C + C + 4A's	0.8 deduction
C + C + B + B + B + B + 4A's	0.6 deduction

Special Requirements (B. Chakline)

It was noted that the special requirements for each apparatus would be indicated as a Roman numeral in the difficulty pictorial presentations ie. as a I, II or III. The Roman numeral would relate to the relevant special requirement.

Bonus Points (E. Gienger)

Bonus points were introduced in 1977. They have always been difficult to apply effectively. This was evident in the 1991 World Championships where there was no uniform application.

Compulsory Exercises - 0.2 bonus for virtuosity still applicable. This is evident from "crowd gasp" or such presentation that the judge's pencil "drops from his hand".

Optional Exercises - Application should be easier based on the D & E difficulties only. Bonus for D and E skills as well as combinations of C, D and E skills. Combination bonus 0.2 for the **entire exercise**.

Bonus for E skills is 0.2 or zero. No bonus if major error is shown ie.

1. Triple back salto on floor with a fall is given E value with 0.5 deduction and no bonus.
2. Kovacs on horizontal bar with a fall to the floor is given no difficulty value, no special requirement, 0.5 deduction and no bonus.

The bonus system is designed to assist in the separation of the good and the very good gymnasts.

One skill in the bonus connection only can be considered eg. Tkatchev, Tkatchev, Gienger on horizontal bar is given C + D + D. The total bonus is 0.3 ie. 0.1 (2nd Tkatchev) + 0.1 (Gienger) + 0.1 (D + D). There is no additional bonus for the C + D because the D skill has already been considered in the D + D connection.

Bonus application is to be allocated to give the gymnast the maximum possible score within the rules.

Deductions for combination bonus cannot be considered ie. D with medium error + E with medium deduction will receive 0.1 (D part) + 0.2 (E part) + 0.2 (combination) with 0.4 presentation deduction.

If the E part is broken down to a D + C to fulfil the difficulty requirement, then bonus can only be allocated for the D + C parts ie. 0.2 maximum.

Bonus points can still be given even if the full exercise difficulty is not shown.

An example of bonus application for an exercise is as follows :-

D + D + E + E For difficulty, E + 2D + 2C + B considered to fulfil the requirement.
(C + B) (C + B) (D + C). For bonus, 0.6 is given ie. E (0.2) + 2D (0.2) + 0.2 (E + D).

Floor Exercise (Chakline)

All skills from hand, head or neck kip will no longer be valued upward eg. head kip front salto layout will receive C value.

The special requirement requires that an acrobatic series be shown forwards and backwards. A series is defined as a combination of 2 skills with the same initiating direction eg. handspring front salto fulfils the requirement for a forward series. Round off, flic flac, double back salto fulfils the backward series.

However, a round off, flic flac, 2/1 twist back salto punch front salto fulfils the backward series only. The front salto does not fulfil the forward series unless an additional front skill is performed immediately following the front salto.

Pommel Horse (Roetzheim)

This was by far the most beneficial presentation.

The deduction for skewing of cross support skills eg. Magyar travel is as follows :-

shoulder angle 15° off centre - 0.1 deduction
30° off centre - 0.2
45° off centre - 0.4
> 45° off centre - skill considered to be in side support.

The deduction for too many flairs in an exercise is 0.2 for > 40% and 0.4 for > 75%.

3 consecutive scissors will receive a deduction for repetition.

The deduction for a portion or whole special requirement missing is 0.4 ie. one scissor missing, deduct 0.4. Both scissors, deduct 0.4.

The B skill on the end is recognized if the centre of gravity is over the end zone of the handle. The Magyar travel or Tong Fei does not fulfil this requirement.

Bonus points will be given for combination if there is no intermediate skill eg. Magyar travel forward to immediate spindle will receive D + C with 0.2 total bonus.

If a fall occurs, the difficulty value is given if a clear support phase is shown prior to the fall.

4 direct stockli B's on one handle is an E. 4 on the leather between or over the handles is a D + B.

4 direct stockli B's is considered a Nickolay + direct stockli B. As such it is 2 skills and is not subject to a repetition deduction.

Bilozherchev to finish in side support is a C part. Bilozherchev to cross support is a D part.

Rings (Feng Jibai)

Delchev has been left in the code because it is a crowd pleaser. It is a B part but does not fulfil any of the special requirements.

Inverted cross's must now be shown with arms horizontal or a deduction will apply.

Back stemme to inverted cross is an E part. However, if the cross finishes with the arms > 45° then it is a C part with a 0.4 deduction.

For a strength part starting from a difficult starting position to be value raised, the first strength position must be held for 2 seconds eg. planche (2 secs) press to handstand (2 secs) is C + D. If the planche is held for less than 2 secs, the press is a C part.

Swing skills cannot be value raised eg. Jonasson to stemme backwards to handstand is a C + C.

L sit cross pull out is given D value if the pull out starts from an L sit (2 secs) and finishes in an L sit.

The bail skills are no longer given A value ie. handstand, bail giant to handstand is given C value not A + C.

Cross cable skills are valued one letter higher than normal.

If there is a position or timing error in the first strength skill of a strength combination eg. inverted cross (2 secs) pull out to handstand, the following difficulty and deduction allocations apply.

Type of Error	Resultant Penalty
minor error	0.1 deduction and value raising permitted
medium error	0.2 deduction, value retained but not raised
major error	0.4 deduction, devalue by 1 letter
skill not held at all	0.4 deduction, neither skill recognized

Vault (Takizawa)

With the introduction of E value vaults, the vault values are as follows :-

A - 8.6, B - 8.9, C - 9.2, D - 9.5 and E - 9.8.

The landing mats will be identified with white tape at the 1.5, 2.0, 2.5, 3.5 and 4.0 marks. These represent the deduction and bonus point marks. The tape is to be part of the zone. The gymnast must clear the tape to be in the next zone.

0.2 Bonus points are now awarded for all vaults for extreme distance with good execution. The bonus is 0.1 for landing in the 3.5 - 4.0 metre zone and 0.2 for landing beyond 4.0 meters.

The vault will be given zero for intentional sideways landing. Twisting vaults that land sideways will be given a major deduction only.

There is no deduction for not showing the vault number beforehand nor for showing the wrong vault.

Parallel Bars (Fink)

All mounts must start with feet together or 0.2 deduction.

It will be important to note the A parts as well as the higher value difficulties. This will greatly assist in the evaluation of bonus points eg. Healy swing handstand to stop, Healy is a C + A + C with no bonus. However, if the second Healy follows directly the first without stopping then the value of the combination will be C + D and a total of 0.2 bonus can be allocated.

Horizontal Bar (Geinger)

Stoop in dislocate above 45° to el grip swing through the bottom fulfils the el grip B special requirement. However, if it is below 45°, then it is an A part and does not fulfil the requirement.

El grip swing hop 180° turn fulfils the el grip special requirement.

Stoop in dislocate (above 45°) fulfils the el grip or in bar special requirement but cannot fulfil both at the same time.

Hence, stoop in dislocate (above 45°) swing to hop 180° to top grip giants fulfils 2 special requirements.

Release and regrasp skills are recognized only if there is no fall at all following the regrasp. If the gymnast falls following the regrasp then he will receive 0.5 deduction, the skill will not be recognized for difficulty or special requirement and no bonus can be awarded.

Conclusion

It was evident from the course that the MTC were trying to achieve a simplified judging procedure. Our experiences at the course do not confirm this ideal. The judge will need to practice the judging techniques to ensure that the correct assessment can be made. This applies especially to pommel horse.

The emphasis for the judge is definitely with exercise content rather than presentation. It is extremely important to ensure that the correct difficulty and hence bonus are evaluated. Noting special requirements and presentation deductions are of secondary importance. The exercise proceeds with such speed that it will be difficult to effectively assess all areas effectively.

The judge will need to review the way that the exercise is recorded. It will be important to note the A parts on some apparatus to ensure that bonus points for high difficulty combinations are correctly rewarded. Identifying the special requirements and marking them is also essential.

I feel certain that the application of the new code will be difficult at the start but will improve with practice. It will be interesting to review my statement in 12 months time to see if I am correct.

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