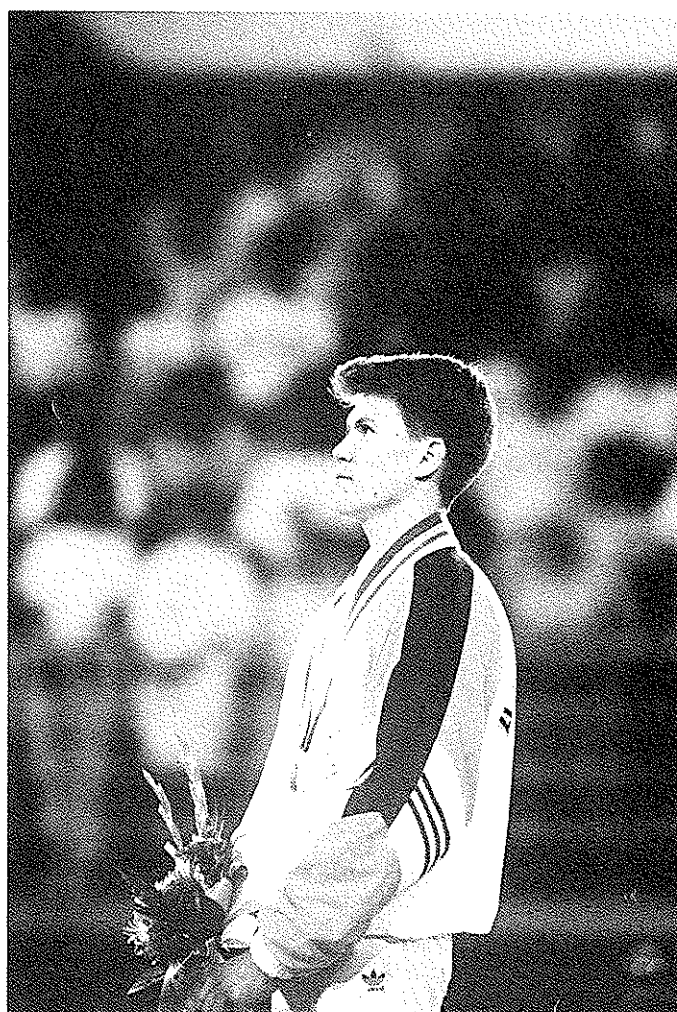


the Australian

GYMNAST



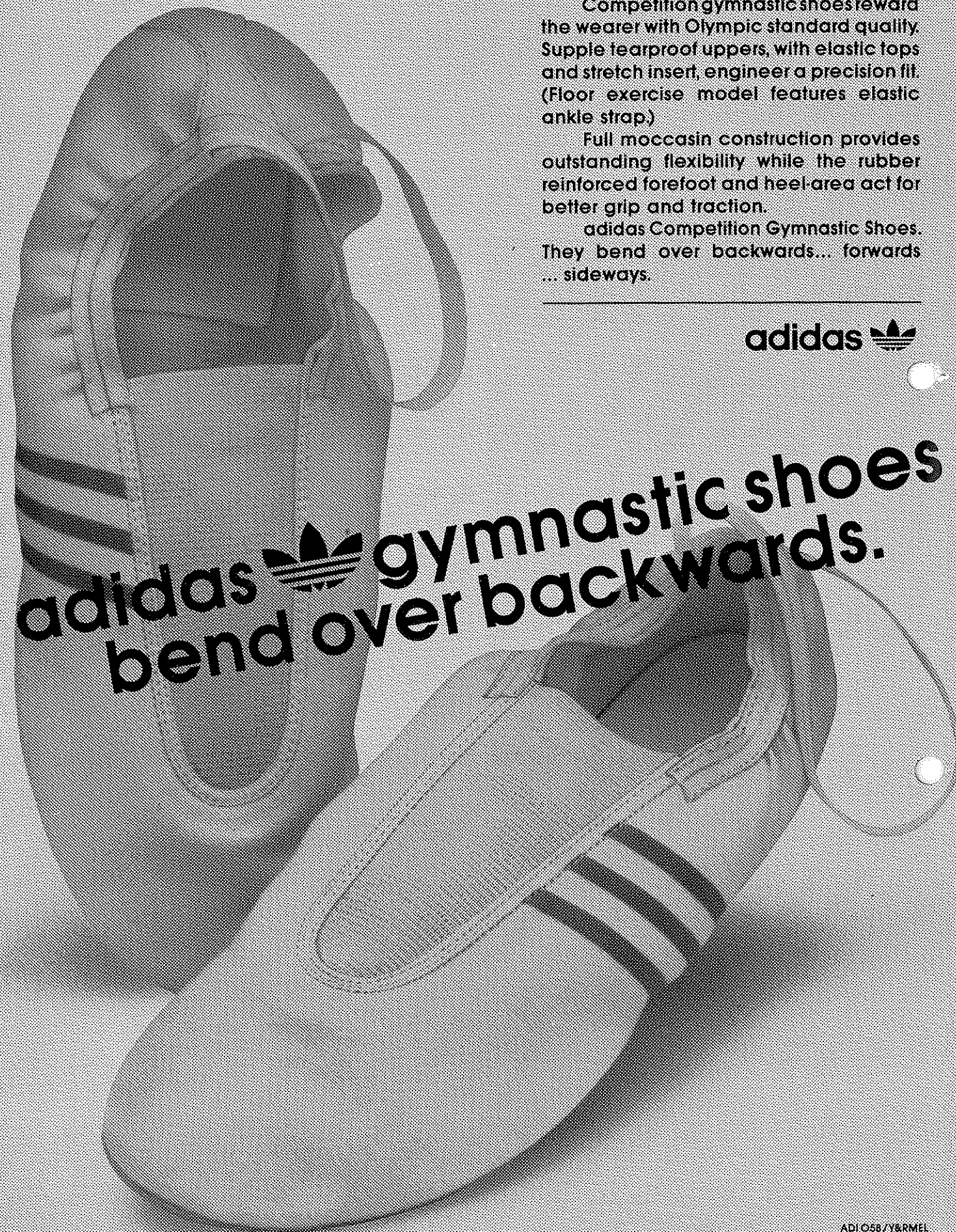
Commonwealth Games Special Edition

Medal Tally: 2 Gold

4 Silver

10 Bronze

16 Medals to the Australian Team



Competition gymnastic shoes reward the wearer with Olympic standard quality. Supple tearproof uppers, with elastic tops and stretch insert, engineer a precision fit. (Floor exercise model features elastic ankle strap.)

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adidas  gymnastic shoes bend over backwards.

ADI 058/Y&RMEL

the *australian* GYMNAST

The official magazine of the Australian Gymnastic Federation

AUTUMN 1990
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AGF President and FIG Representative Jim Barry with wife Jan enjoying the Games.

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Monique Allen and Brennon Dowrick.
Photograph: Eileen Langsley

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EXECUTIVE DIRECTOR'S REPORT



The International competition benchmark chosen by the Federation was the 1990 Commonwealth Games. And, it proved to be significant and encouraging.

The Federation; recognised for its quality and integrity in publications, in development pro-

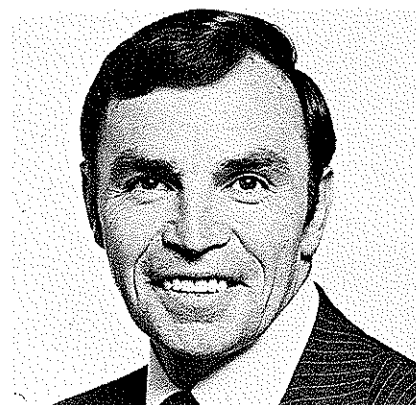
grams, in contribution to the Oceania region, in its International judging personnel, and in its structure; will ultimately be judged by its International performance and results.

My congratulations go to the whole Australian Team and particularly Monique Allen for her Gold medal on the uneven bars and Brennon Dowrick for his Gold medal on the pommel horse. The quality of work from these gymnasts was certainly world class and they deserve to stand very tall for their dedication and hard work.

With the Commonwealth Games achievement now recognised and in the history books, I feel we must pause and reflect on one man who had a dream, our Patron, Bob Ellicott. A dream he converted to reality and a catalyst for sport and in particular our sport. Facilities, finance, and expertise become the reality; the Commonwealth Games achievement, the result.

Peggy Browne

PRESIDENT'S REPORT



the AIS, once the initial concerns of our community were overcome. The AIS Gymnastic Programme became the role model or catalyst for other centres to develop. The NSW State Sports Centre and latterly the WA Institute of Sport have both made significant contributions to our elite development. Also some clubs and other State Centres have responded to this challenge. These developments are now being revealed in the debate about High Performance Centres. Six of our eight Associations have an involvement, a fact that three or four years ago would have been unbelievable. The future for our elite development is indeed bright.

Let me return to the Commonwealth Games though. A detailed report and results are published elsewhere and all who have in some way contributed can take great pride in the results.

There was a downside for the Federation though and not just the additional cost we had to pay for our support staff to assist the team. We have lost some fine gymnasts in having to select teams of four for artistic gymnastics. What a pity they were not teams of six with a reserve, then the losses would have been minimised. These non selected gymnasts have a right to be aggrieved, but it is a shame some young gymnasts have chosen to "drop out" when they are so good and the Federation of International Gymnastics is moving to annual World Championships.

The 1990 Commonwealth Games in Auckland New Zealand are now history and the Australian Gymnastic Team lived up to all our expectations. Their fine achievements were not without their difficulties, but the final results outshone all the problem areas.

The Federation's Development Plan clearly saw Auckland as being the benchmark for all the investment we have put into our elite development programme. This included the Australian Sports Commission's contribution via the Australian Institute of Sport. The ASC, now merged with the AIS, also saw Auckland as a barometer reading of our development. That we were successful is also now history, but we should reflect on whether the price was worth it.

Since 1981 the AIS Gymnastic Programme has striven to succeed. Much support has been given to

The selectors were under fire for their priorities in the medals game, but in the end they were proven correct and this has been generally recognised. The review procedure withstood the pressure and the selectors are to be commended for their principles in this thankless task.

So a great result, but at a price. My fervent hope is that we have learned some lessons from the experience for future events and further that some of that great talent, once some of the hurt has gone, return to the sport. We have made an investment in them and we all want them to succeed not only for the sport, but for themselves.

James E. Barry

Letter to the Editor

Australian Gymnastic Federation Inc.
2-6 Redwood Drive,
Dingley, Vic. 3172.

Dear Peggy,

The Tasmanian Amateur Gymnastic Association extend their most sincere congratulations on the splendid performance of all gymnasts at the Commonwealth Games.

A wonderful start to the gymnastic year.

Yours sincerely,

Laurie Seymour
Secretary/Registrar
Tasmanian Amateur Gymnastic Association Inc.

NEW WOMENS LEVEL 1-4 PROGRAMME

The Womens Artistic Gymnastic Programme has two (2) streams of development. The first is the National Stream which operates from Levels 1-10. This is an incentive scheme which allows gymnasts to develop at their own rate.

The Initial Levels, 1 to 4 are based on fundamental skills which are choreographed into compulsory routines; the Levels 5-7 are based on compulsory routines and the Levels 8-10 are based on optional routines.

The second stream is the International Stream which is for highly talented gymnasts who aspire towards High Level International Competition.

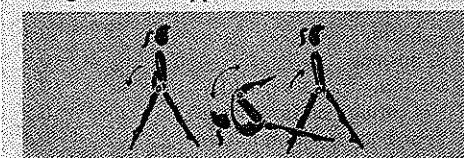
This programme package (manual, video, music cassette) sets out the compulsory routines on all apparatus for Level 1-4 gymnasts. The gymnast has the obligation of performing the routine in its entirety or performing each element individually.

AIMS: To increase the level of participation in the lower levels of the competitive programme.

CONTENT: **The Manual** includes
(a) Glossary of Gymnastic Terms
(b) Judging Requirements
—General Code
—Evaluation Procedure
—Ideal Evaluation
—Ideal Execution
(c) Routines with a full description and a list of technical faults and their respective deductions.

3. Hock swing

In regular grip, lift body up from bar, bend lead leg at knee and swing backwards on knee. Return swing to stride support.



Element

Major Part: Value = 2.00. Omission 2.00

Execution Faults Deductions

— Lack of amplitude in swing	▲ 0.3
— Bent arms	▲ 0.3
— Extra swing	0.3
— Use of strength	▲ 0.3
— Poor body posture on completion	▲ 0.3

The Video displays the performance of routines on each apparatus for each of the four (4) levels.

The Music Cassette—compulsory music for each of the four floor exercise routines.

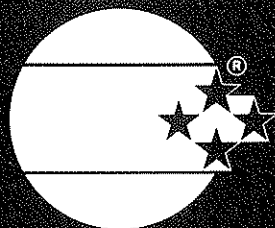
The Australian Gymnastic Federation encourages Clubs and Schools to use this programme to help develop gymnastics throughout the country.

Kym Dodwell
WAG National Technical Director

Travelodge

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XIVth Commonwealth Games Auckland, New Zealand 1990



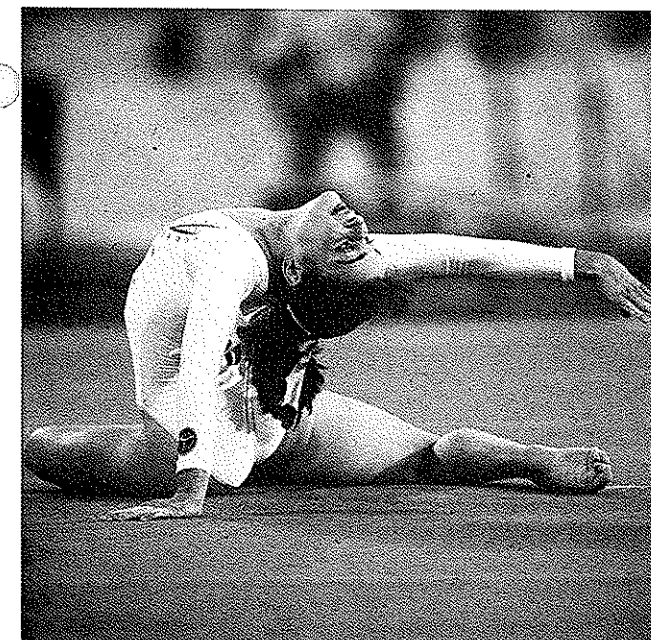
*Monique Allen
Australia—Gold Medal Uneven Bars*

HIGHLIGHTS OF THE COMMONWEALTH GAMES

* The aggressive approach towards training and competing by the Canadian Women was their key to success. Their small technical deficiencies were more than compensated for by their determined and aggressive attitude during their performances.

* One couldn't help but be enthralled with Brennon Dowrick's work on the Pommel Horse. It was no surprise to see him take the Gold Medal on this event.

* The consistency of the Australian Women's Team in Competition IB was evidenced by no major contributing faults in this round of competition by any team members. The teams performance earned them the Silver Medal in the Team Competition.



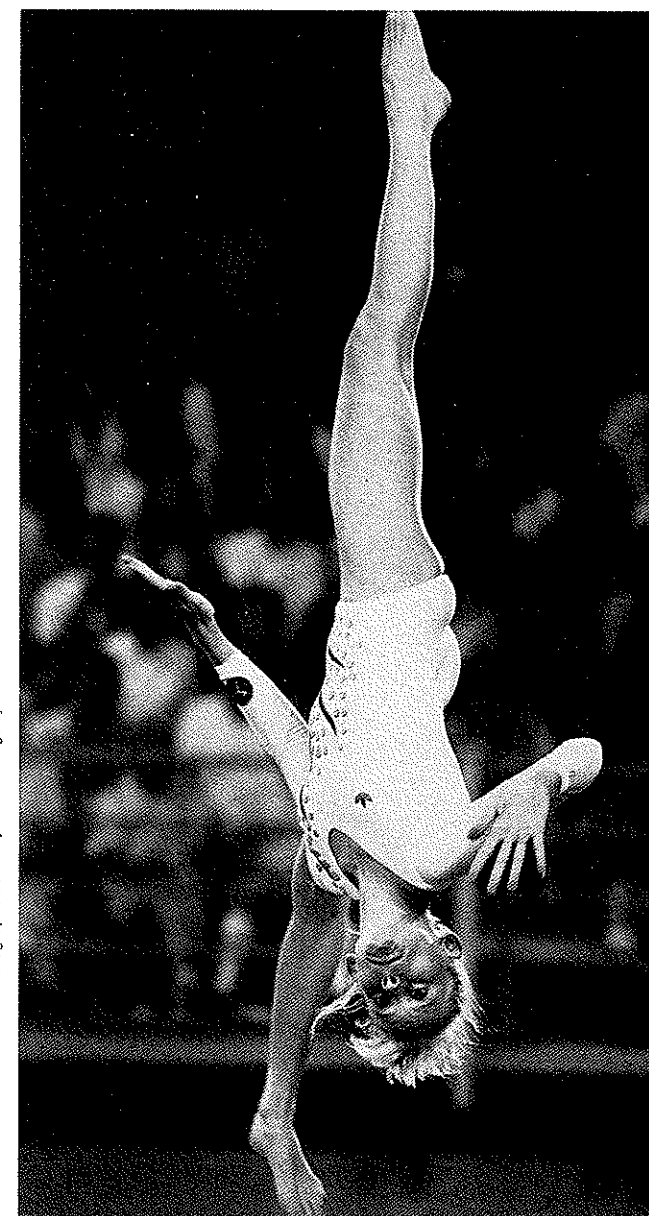
Kylie Shadbolt

* The technical excellence of the Australian Women on Uneven Bars was most apparent.

* The results for the Individual All-Around competition for Women, were not finalised until the last competitor (Larissa Lowring, Canada) had vaulted. A successful vault by this gymnast would find Monique Allen in 3rd place. But the Canadian did not perform to her optimum which enabled Australia to take both the Silver and Bronze Medals in the Individual All-Around Competition.

* It was really something to be sitting on the edge of your seat throughout the Men's finals. The Australian men excelled themselves showing performances which had their flair and faultless execution. At the end of the six (6) apparatus finals the Australian Men walked away with 1 Gold, 2 Silver and 5 Bronze Medals—"quite a bag full".

* The most tense moment was waiting to see the score awarded to the Canadian gymnast Lori Strong on Uneven Bars. Monique was in line for the Gold Medal scoring 9.875. Strong performed a very dynamic routine. Judges entered their scores—the Head Judges called a conference—Judges re-entered their scores. Strong was awarded a score of 9.85. The Australian Cheer Squad went wild—we had just taken our first Women's Gold Medal.



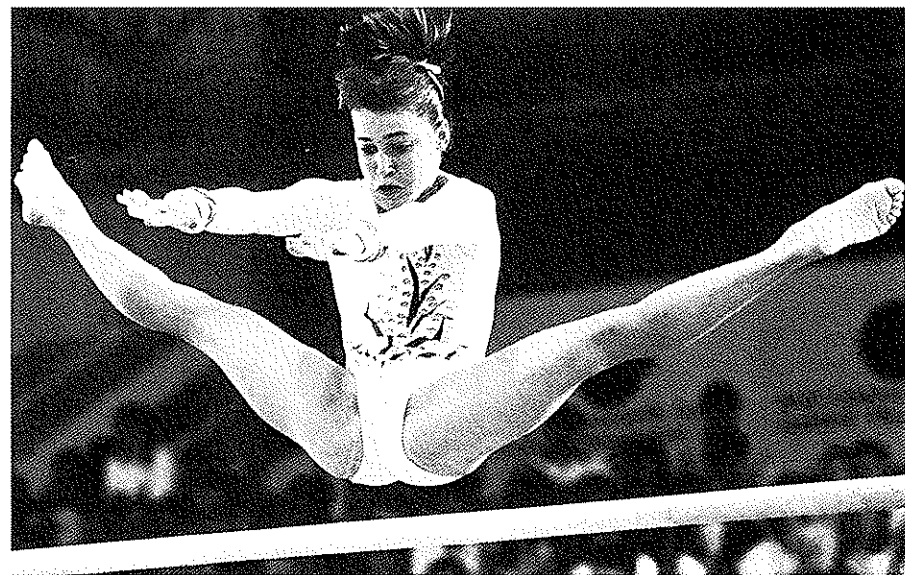
Lisa Read

* Inspirational was the Australian Cheer Squad in action. All decked out in yellow t-shirts and green scarves shouting "We train on vegemite" was very encouraging for the gymnasts.

* The greatest highlight of the three (3) days of competition was the honour of taking home to Australia a total of 16 medals, 2 Gold, 4 Silver and 10 Bronze.

WELL DONE AUSTRALIA!!

*Kym Dowdell
WAG Technical Director*



Kylie Shadbolt

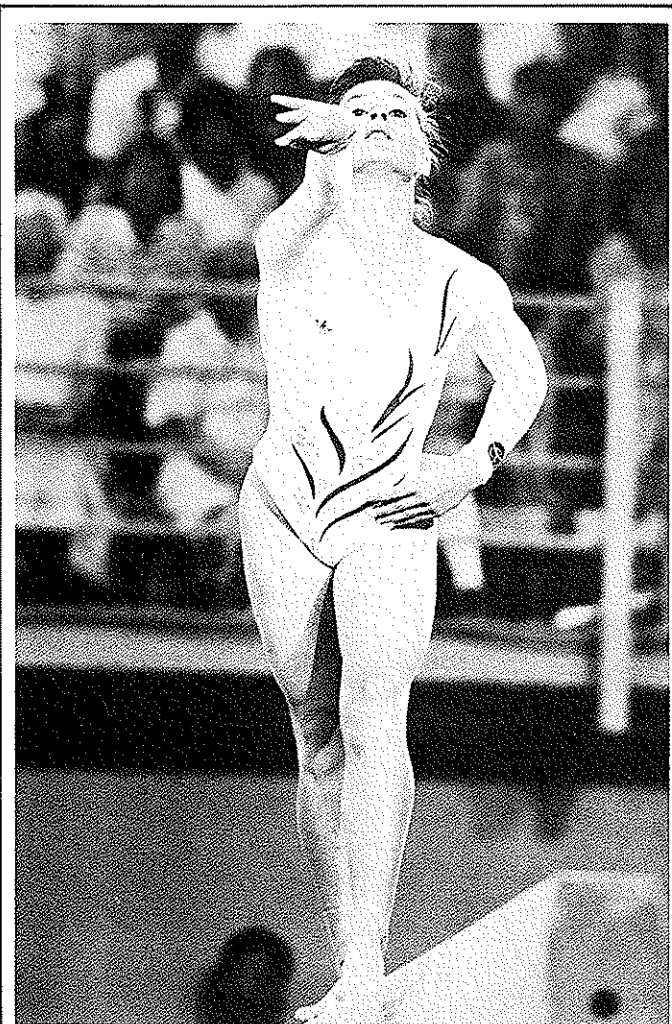
Sixteen (16) Commonwealth Medals are an unexpected result.

The training and preparation of the gymnasts who were selected for the Commonwealth Games paid off in Gold, Silver and Bronze. Canada, who was expected to do well, took 18 medals and England, another rival only managed 7. Commonwealth team officials were delighted with the unexpected success of gymnastics and were effusive in their praise.

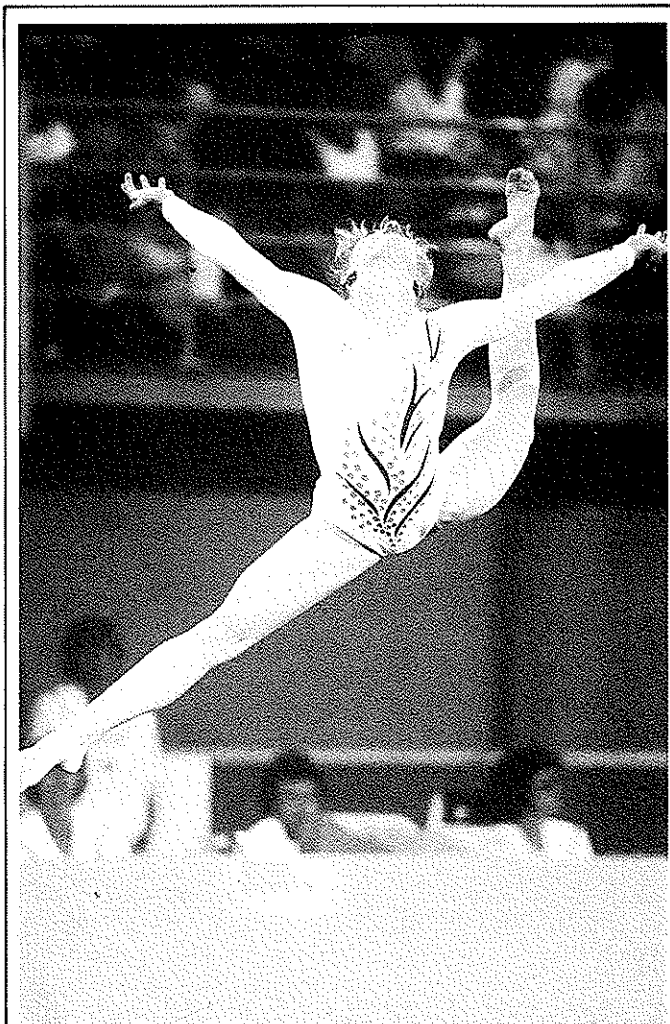
The technical perfection of Australian gymnasts stood out. Their bodyline, style and skills were executed in a manner which was evident even to the untrained eye. The other factor which contributed was the fitness of the gymnasts who handled three (3) days of competition in their stride.

To the entire team go the Federation's congratulations. We had marked this competition as a threshold. What a joyful result.

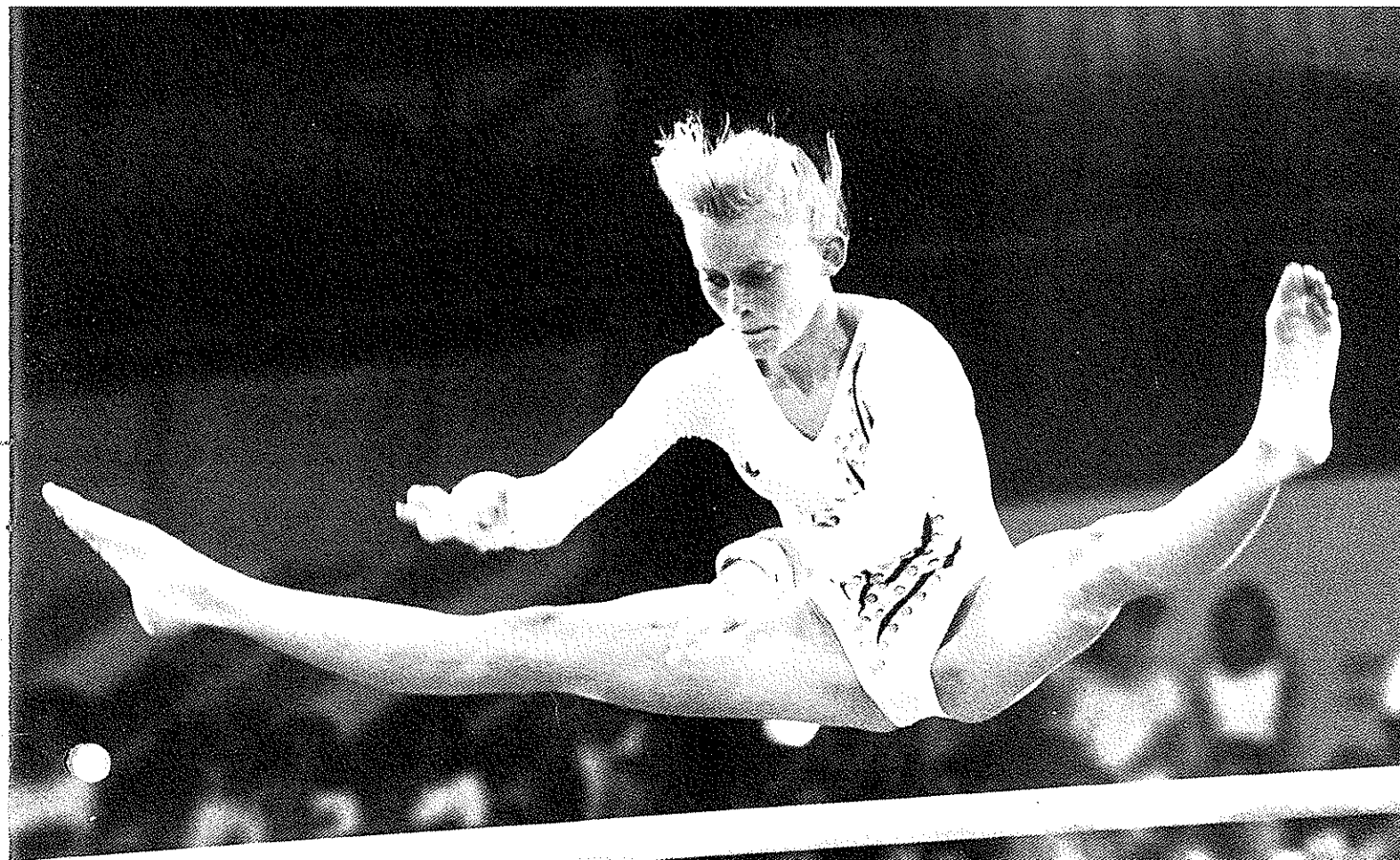
Michelle Telfer



Monique Allen



Photographs courtesy Eileen Langsley



Lisa Read

Photograph courtesy Eileen Langsley



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FUTURE LOOKS BRIGHT FOR MEN'S GYMNASTICS

There is no doubt that we can look back at the Commonwealth Games as a great success for Australia with our Men's Team achieving a total of 8 medals—1 Gold, 2 Silver and 5 Bronze.

While the team competition saw Australia in the lead after the first round, there were not too many surprises with Canada proving too strong for the competing nations and winning the Gold medal. Australia and England battled out second spot until the last apparatus. The results were as follows:

1st	Canada	171.80
2nd	England	170.45
3rd	Australia	169.50

There were a large number of countries represented in the Men's Apparatus final, Competition 3. Australia performed exceptionally in this competition taking seven medals. Brennon Dowrick and Tim Lees started our tally with a Gold and Silver respectively on Pommel Horse.

A strong battle on Rings saw Ken Meredith being beaten for a Silver medal by James May (England) by only 0.25.

Vault results proved surprising with a large number of top vaulters making errors allowing Tim Lees to gain a Bronze medal.

On Parallel Bars Curtis Hibbert took Gold. Alan Nolet did not perform to expectations on this apparatus, allowing Ken Meredith to take the Silver medal and Peter Hogan the Bronze medal.

On High Bar, a score of 9.85 was achieved by Curtis Hibbert and Alan Nolet with both gymnasts

First Commonwealth Medal
—Mens Team Bronze—1978

First Commonwealth Individual Medal
—Lindsay Nylund—Silver All-Around 1978

First Commonwealth Gold Medalist
—Brennon Dowrick—Pommel-Horse 1990

Most Commonwealth Medals
—Monique Allen-4-1990
—Kylie Shadbolt-4-1990

** ** *

Brennon Dowrick

Photographs courtesy Eileen Langsley

Curtis Hibbert

Mens Team Score Improved 11 points from '78-'90.

Womens Team Score Improved 11.8 points from '78-'90.

First Woman Medalist
—Monique Allen-Silver All-Around

First Woman Gold Medalist
—Monique Allen-Gold-Un-even Bars

** ** *

The Men's Individual Competition was a battle between four gymnasts. The Australian gymnasts however, achieved impressive results with Brennon Dowrick obtaining high scores on Pommel, High Bar and Vault, (9.7, 9.65 and 9.65 respectively). Curtis Hibbert of Canada performed consistently on all six apparatus to win the Gold Medal. The Silver Medal went to Alan Nolet, a talented gymnast from Canada, who provided great interest with the performance of high difficulty skills, such as a gienger on Parallel Bars and Kovacs on High Bar.

being awarded a Gold medal. Brennon Dowrick performed a perfect routine but unfortunately required one more additional 'D' part to gain 10.00 and his very good score of 9.8 only gained him the Bronze medal.

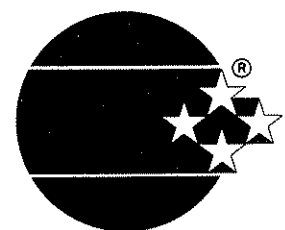
Overall, a very good performance from the Austalian Team with the future looking very bright indeed.

Congratulations to all gymnasts and a "job well done!"

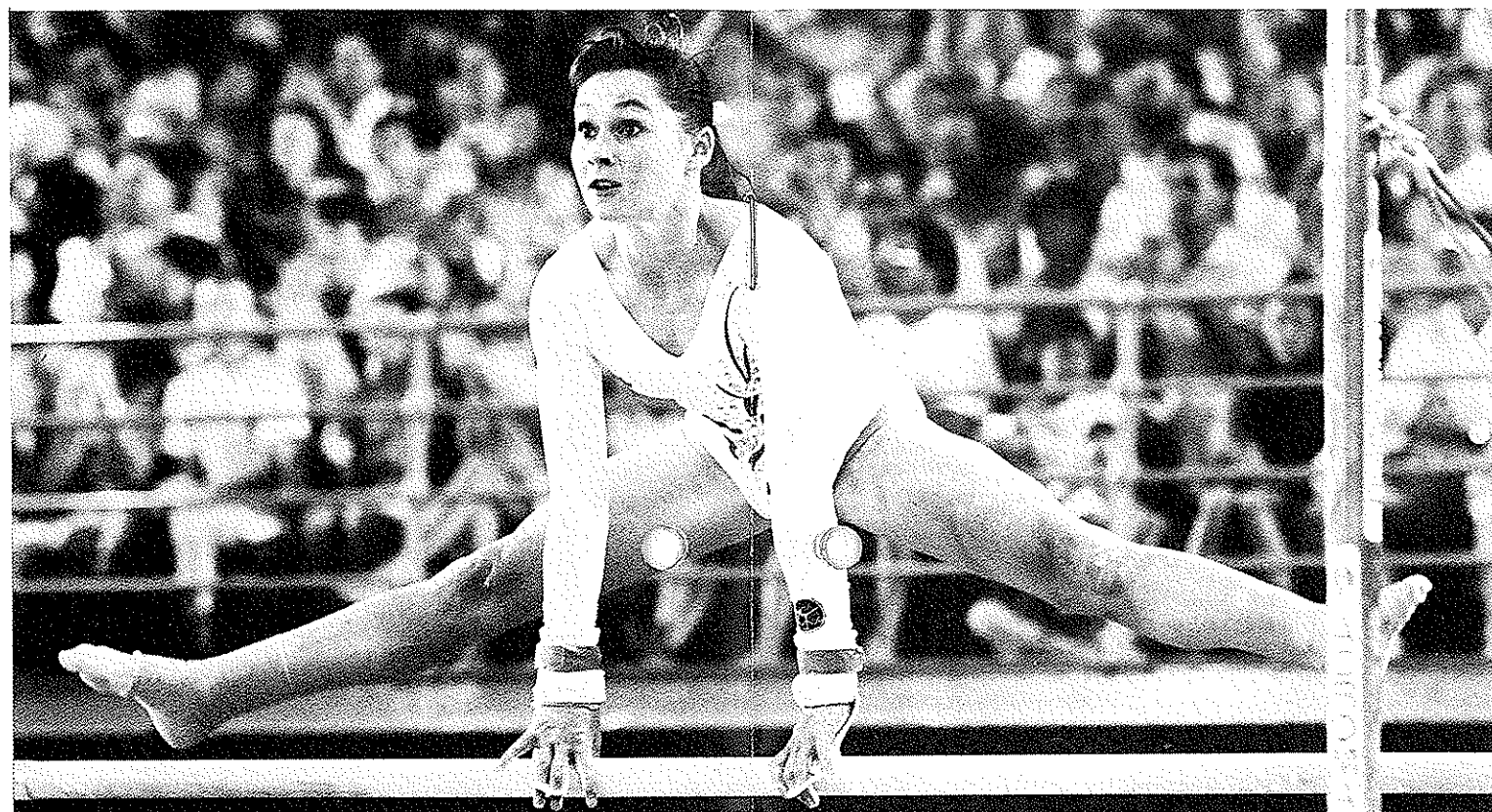
Ken Williamson
MAG Technical Director



Peter Hogan



XIVth Commonwealth Games Auckland, New Zealand 1990



Michelle Telfer

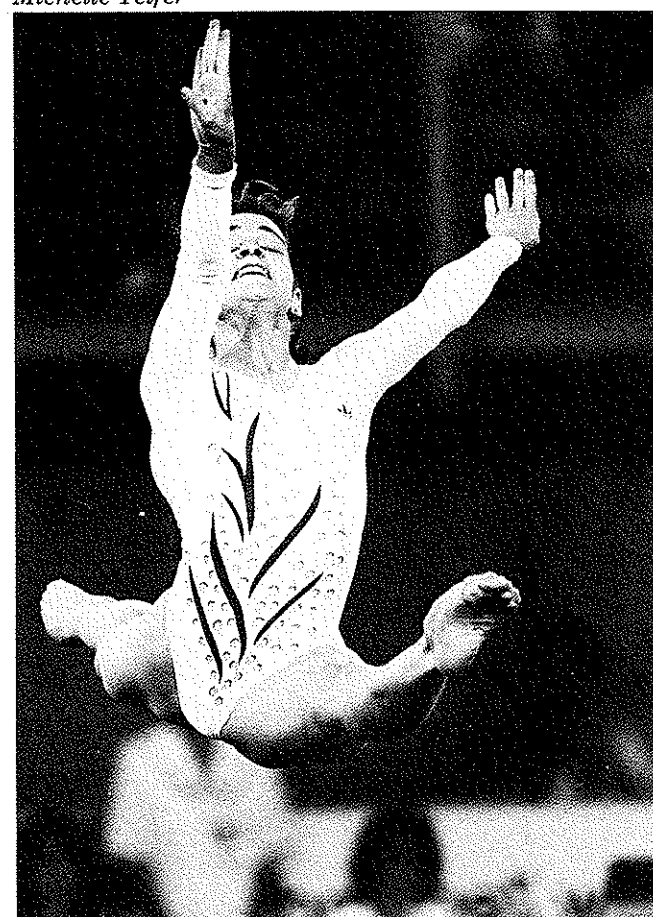


Ken Meredith

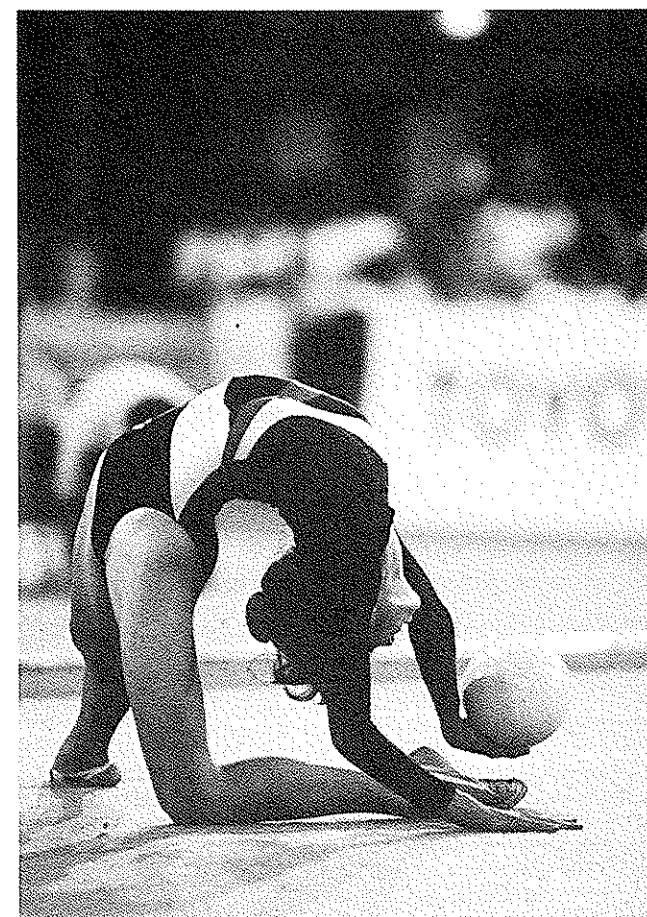


Dowrick selected to lunch with Prince Edward

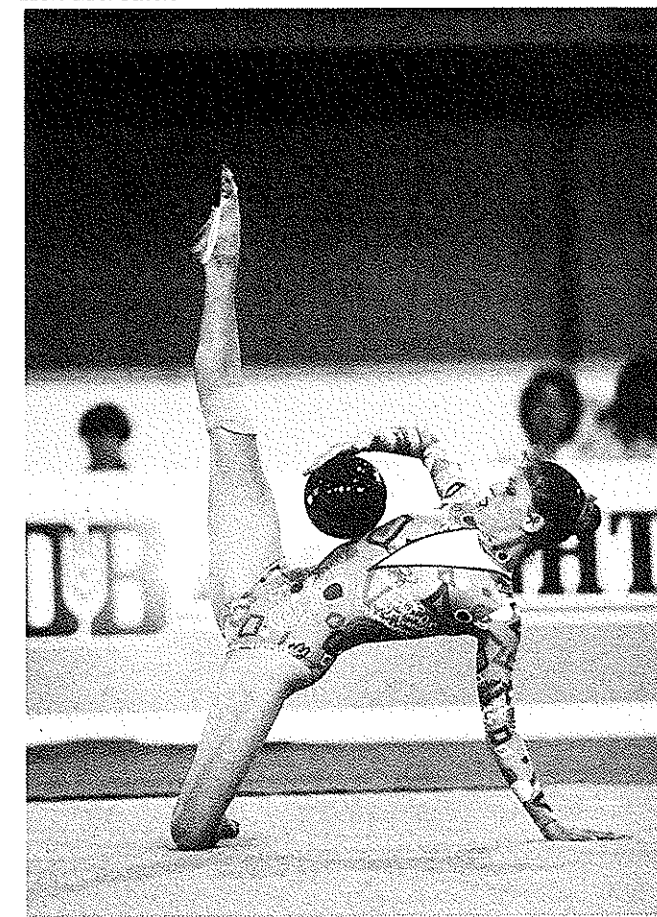
Australia's first Commonwealth Gold Medalist, Brennon Dowrick was selected by the General Team Manager to represent the Australian team of 317 athletes at lunch with Prince Edward. Dowrick reported that it was an honour for him. Seated across from the Prince, they discussed sport related topics including the '96 Olympic bid.



Kylie Shadbolt



Stacey Wild



Heather Obremski

TOTAL TEAM EFFORT

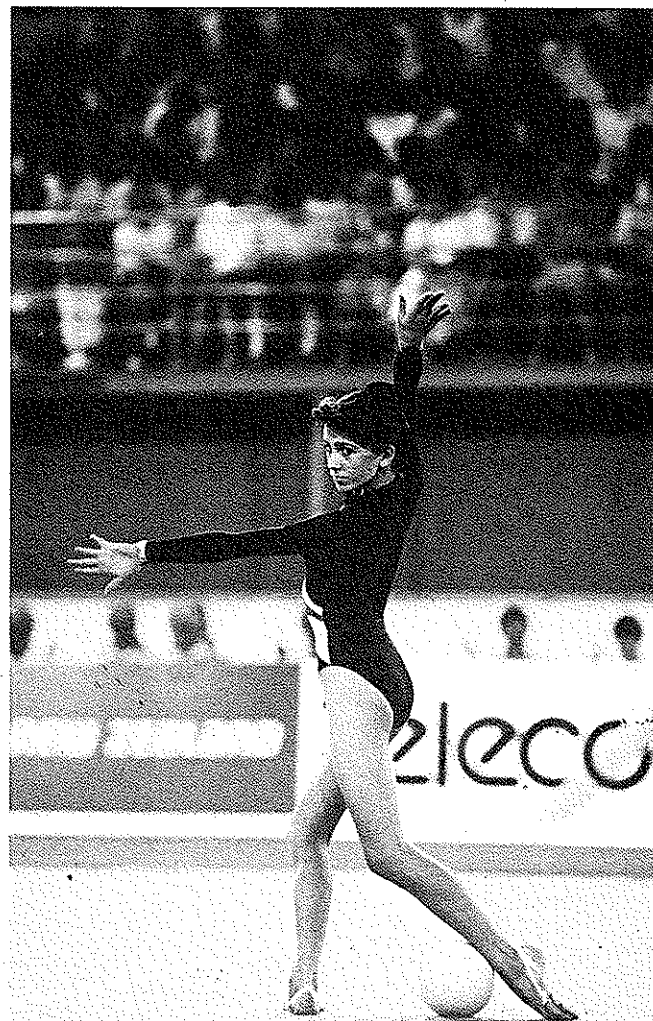
For the first time in the history of the Commonwealth Games, Gymnastics embraced the 3rd competitive code "Rhythmic Sportive Gymnastics (RSG) as a true family member.

Our small group of team members, Stacey Wild, Amanda Douglas, Heather Obremski and coach Lu Ping, travelled to Auckland after intensive training.

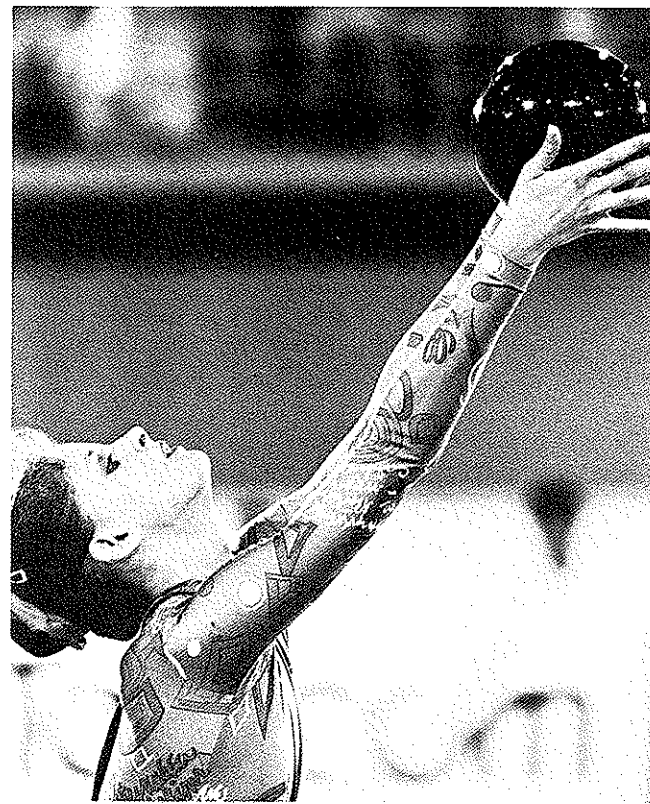
Our aims were to reach each finals and rankings in the top 10. Both were realised with all three (3) girls making Finals and Stacey Wild ranking 7th and Heather Obremski ranking 10th.

Throughout the ten (10) days leading up to the Competition the team trained with purpose and determination under the watchful eye of judges Maureen Vyse and Margaret Lanz to offer any last minute advice.

It was quite clear the nations from the Northern Hemisphere were experiencing problems with the very humid weather as Ribbons filled up with moisture and were extremely difficult to manipulate. Our team familiar to the sticky conditions, continued on regardless.



Stacey Wild



Heather Obremski

Australia had the arduous task of starting Number one (1) and two (2) for the Championships. Heather and Amanda performed well in front of a large and very appreciative audience.

The Canadians Mary Fuzesi and Madonna Gimotea showed their skill and beauty and proved they would be difficult to equal.

The unity of the Australian Team was very evident as the New Zealand community discovered. The large contingent of Australian supporters educated the crowd on chanting, cheering and wave demonstrations during warm ups. The boys attended the girls sessions and the girls supported the boys sessions.

The climax of the Games was the Australian "Gymnastic Party" where 77 people attended a dinner. This included all gymnasts, coaches, judges, parents, grandparents, brothers, sisters and AGF members. We all had a wonderful night toasting the success of the Artistic Team on their Medal achievements and the commendable performances of the Rhythmic Team.

RSG's future looks bright and our aim will be to win medals at the next Games. We know this is possible with continuing support from the Federation. As one report in from New Zealand commented, "Stacey Wild was only .10 from winning a Bronze medal".

The total team effort was very evident and the team looked polished, skillful and well prepared, a credit to all the coaches, judges and Team Manager Peggy Browne.

Margaret Lanz
RSG Technical Director

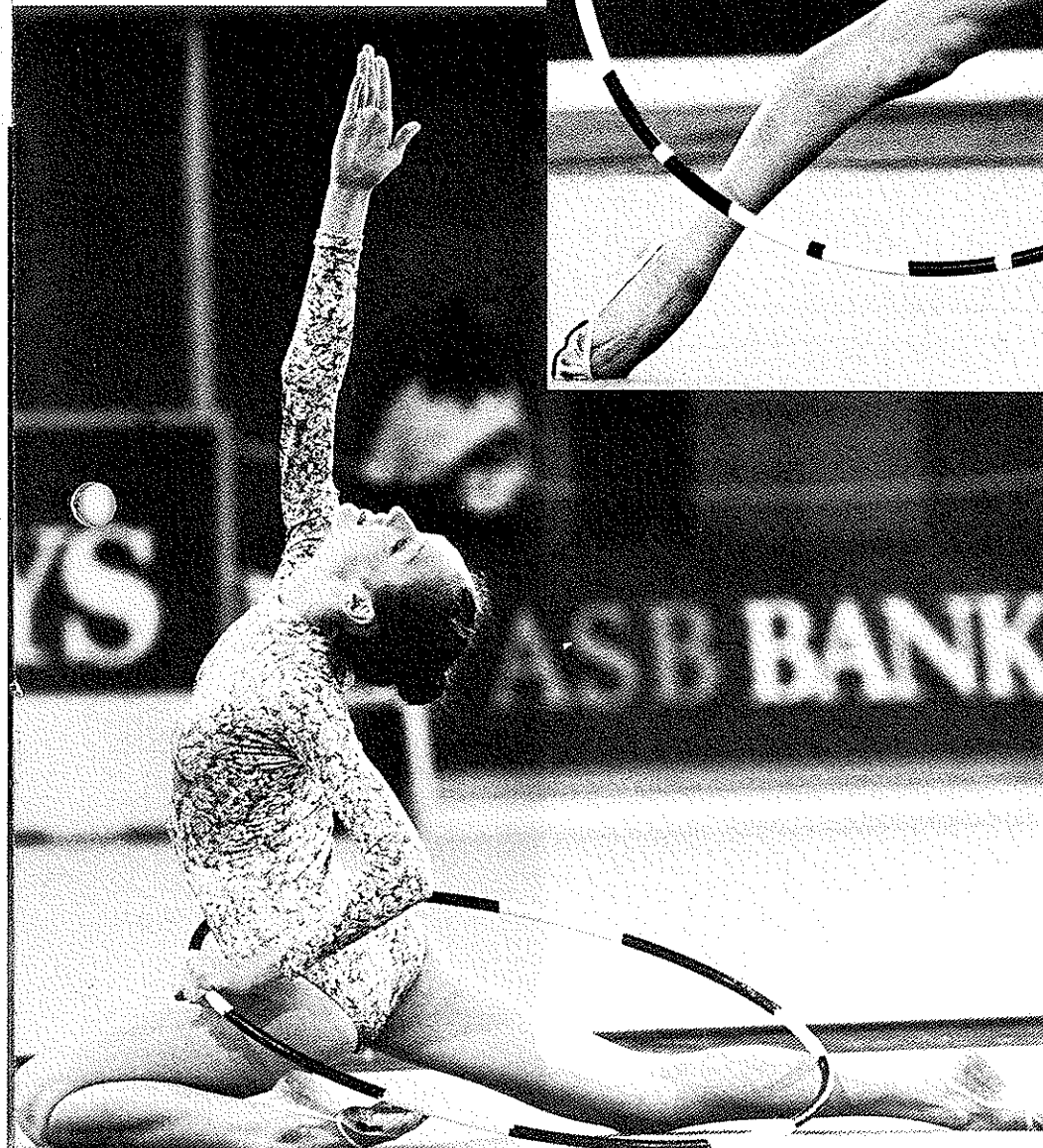
Coach of 1990 Mens Team, Warwick Forbes, was a gymnast in the Bronze medal team in 1978.

1978 Men's Judges, Peter Sharpe and Jeff Cheales judged in 1990.

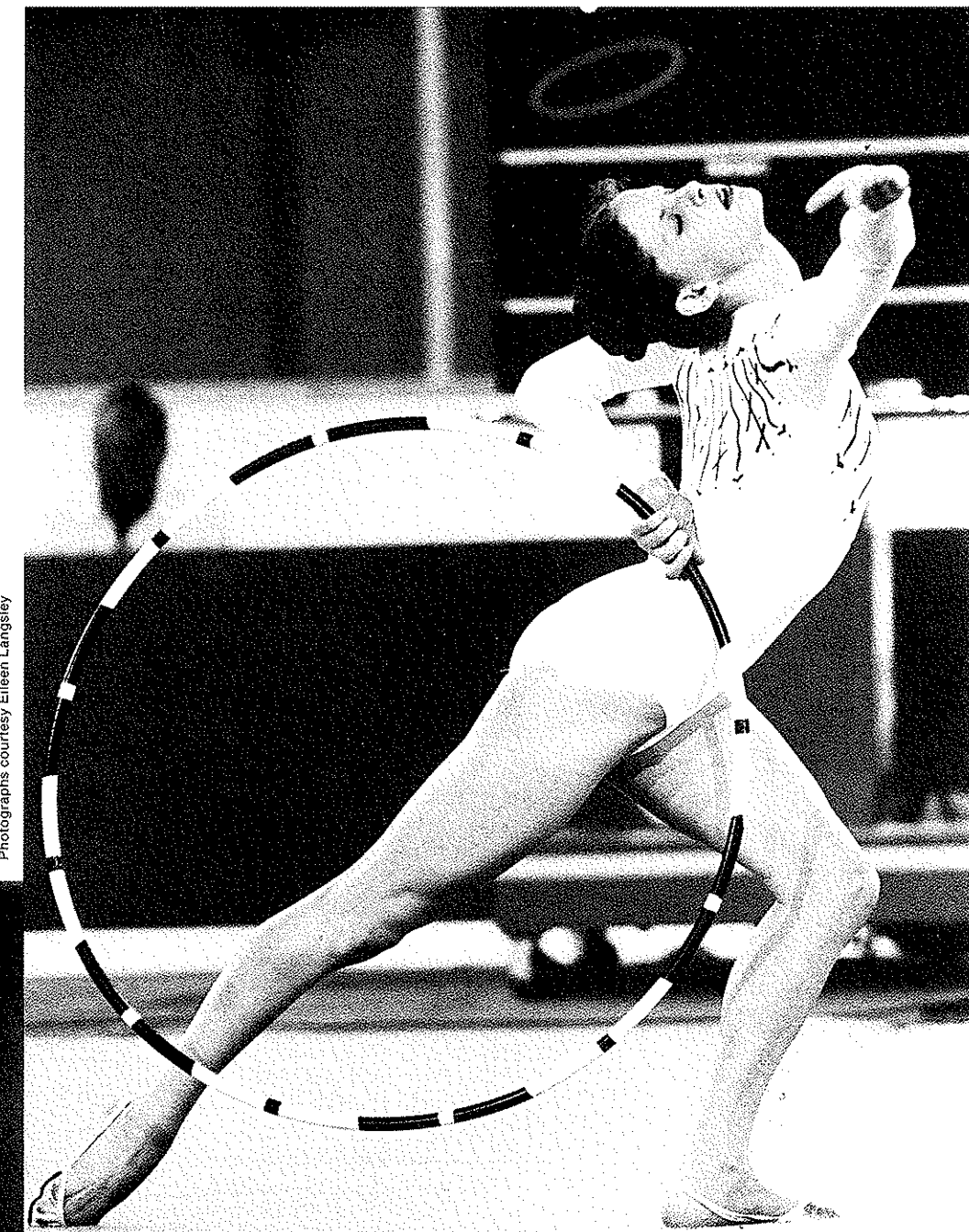
1978 Women's Judge, Anne Big-ham, judged in 1990.

1978 Women's Judge, Frances Crampton, did colour commentary for Channel 9.

Amanda Douglas



Photographs courtesy Eileen Langsley



Heather Obremski

1978 Women's Judge, Peggy Browne, was Gymnastic Section Manager.

Jim Barry, President was Australian Team Assistant Manager in 1978 and FIG International Delegate in 1990.

Rhythmic first appeared in 1990 Commonwealth Games.

Most finals Rhythmic—Stacey Wild—all four-1990.

The Australian Gymnast,
Autumn 1990—15

XIVth COMMONWEALTH GAMES—AUCKLAND

WARNING ...SERIOUS WARNING TO AUSTRALIAN GYMNASTIC SUPPORTERS.

A disturbing, underground militant movement known to the AGF, (not the CIA, KGB or ASIO) as the Greengolds; a support team....as specialised as a SWAT team, is bringing a full frontal attack of enthusiasm and excitement to gymnastic competitions by inciting audiences to levels of ecstasy, never experienced previously.

Recent sightings have been reported at the XIVth Commonwealth Games Gymnastic competitions, held at the ASB stadium in Kohimarama. Each time an Australian gymnast prepared for their apparatus, a blood curdling chant was heard from the back of the arena, announcing to the Commonwealth, that the fighting team of Aussie gymnasts "train on Vegemite".

The fighting tactics of the Greengolds would have to be seen to be believed. Manoeuvres were breathtaking with streamer throwing, synchronised chants, "Go Australia", "That's the way to go" and feverish Mexican waves. The Greengolds infiltrated the enemy camp with their fighting equipment.

At every session patriotic flags flew high. Inspirational signs were conspicuous and green/-gold clad t-shirt terrorists were scattered throughout the audience. Intelligence information confirmed their intense recruiting, with members as high as the AGF Board and Presidential ranks.

At first, New Zealand conservatism was outraged by the boisterous Australians. As the Games progressed, this radical behaviour became contagious, winning over the Kiwis in the true spirit of Commonwealth competition. I am seriously concerned this subversive activity, yelling and screaming in support of Aussie gymnasts will become acceptable behaviour by hundreds of Australian gymnastic fans.

Outstanding performances by every gymnast at the Games was acknowledged by the voice of the Greengolds with their war cry which will be remembered always by all who attended the XIVth Commonwealth Games in Auckland, February 1990.

*Lean to the left....
Lean to the right....
We all train on Vegemite.
Give us strength,
Give us might
Come on Aussies....
Fight, fight, fight.*

M.A.G. magnificent....W.A.G. wonderful....R.S.G. radiant.

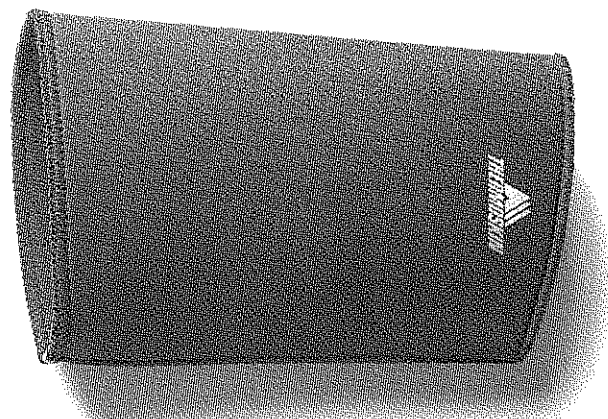
Great work kids, from all Australians.

Robin Allen

*Surveillance camera photo of subversive Greengolds.
Back: Shirley Read, Gabrielle Allen, Mark Read.
Middle: Robin Allen, Jan McConville.
Front: Anne Scott, Noelle Shadbolt.*

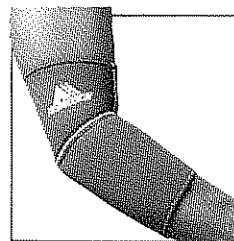
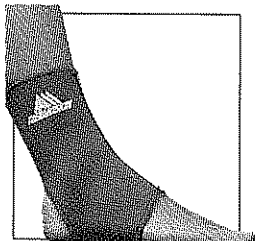
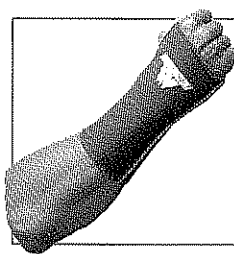
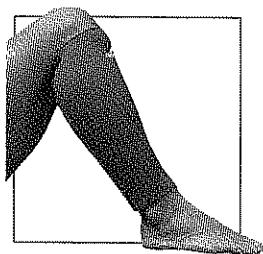


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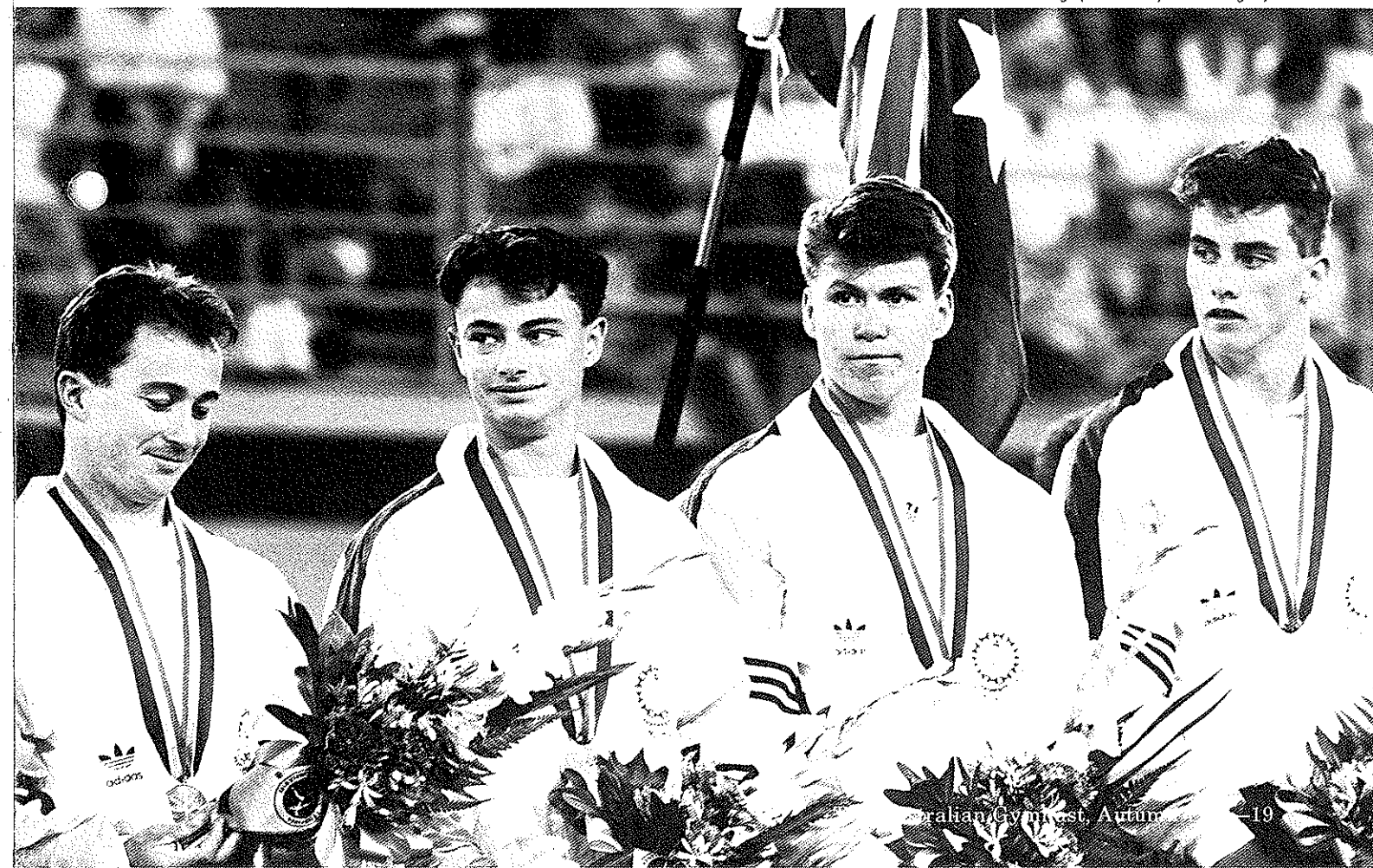
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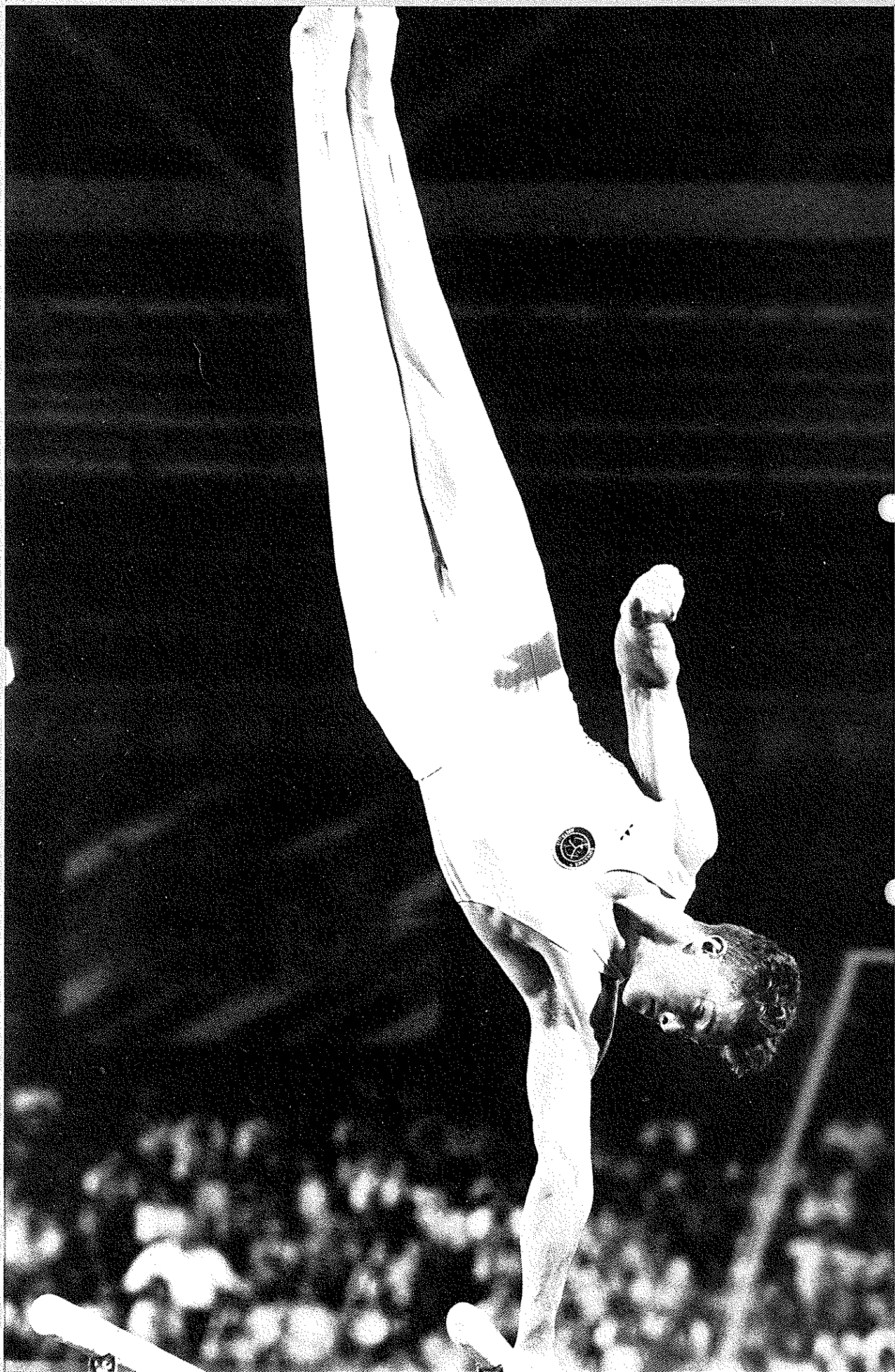


Sharing the joy of the Women's Team Silver are John Coates, Deputy Chairman of the ASC & Vice President of AOF and Perry Crosswhite, Acting Director of the Australian Sports Commission (ASC)

Men's Bronze Team

Photographs courtesy Eileen Langsley





Tim Lees

Photograph courtesy: Fitzroy Images

Summary of Commonwealth Games Performances

TOTAL: 16 medals out of 57 (28%)

2 gold 4 silver 10 bronze

MEDALISTS:

BRENNON DOWRICK

Gold Pommel Horse
Bronze Team
Horizontal Bar

TIM LEES

Silver Pommel Horse
Bronze Team
Vault

KEN MEREDITH

Silver Parallel Bars
Bronze Team
Rings

PETER HOGAN

Bronze Team
Parallel Bars

MONIQUE ALLEN

Gold Uneven Bars
Silver All-Around
Team
Bronze Vault

KYLIE SHADBOLT

Silver Team
Bronze Beam
All-Around
Floor

MICHELLE TELFER

Silver Team
Bronze Uneven Bars

LISA READ

Silver Team

COMMONWEALTH GAMES RESULTS

MEN'S TEAMS RESULTS

Country	Total	Place
Canada	171.800	1
England	170.450	2
Australia	169.500	3
New Zealand	163.050	4
Wales	160.850	5
Hong Kong	144.850	=6
Scotland	144.850	=6

RESULTS.....

INDIVIDUAL SCORES

Name	Cty	Floor	Pommel	Rings	Vault	P.Bars	H.Bar	Total	Place
Curtis Hibbert	CAN	9.600	9.700	9.700	9.400	9.700	9.850	57.950	1
Alan Nole	CAN	9.200	9.650	9.800	9.300	9.850	9.650	57.450	2
James May	ENG	9.450	9.650	9.600	9.450	9.300	9.450	56.900	3
Brennon Dowrick	AUS	9.100	9.700	9.350	9.650	9.300	9.650	56.750	4
Terence Bartlett	ENG	9.250	9.300	9.200	9.400	9.200	9.750	56.100	=5
Andrew Morris	WAL	9.300	9.300	9.700	9.400	9.100	9.300	56.100	=5
Timothy Lees	AUS	9.200	9.650	9.150	9.300	9.300	9.200	55.800	7
Peter Hogan	AUS	9.400	9.500	9.100	9.900	9.400	9.450	55.750	8
Ken Meredith	AUS	9.250	9.400	9.750	9.000	9.600	8.550	55.550	9
Neil Thomas	ENG	9.700	9.600	9.100	9.400	9.500	8.150	55.450	10
David Cox	ENG	8.950	9.500	9.600	9.150	8.600	9.450	55.250	11
Claude Latendresse	CAN	8.750	9.650	9.600	8.950	8.600	9.600	55.150	12
Lorne Bodkin	CAN	8.600	9.400	9.200	9.300	9.500	8.950	54.950	13
David Lutterman	NZL	8.800	9.250	9.150	8.950	8.400	9.400	53.950	14
Craig Bruce	NZL	9.350	8.700	8.550	9.350	9.350	8.100	53.350	=15
Mark Jujnovich	NZL	8.900	8.450	9.100	9.100	9.200	8.600	53.350	=15
Mark Lister	NZL	9.150	7.800	8.650	9.250	9.050	9.050	52.950	17
David Griffith	WAL	8.650	7.350	9.150	8.800	8.700	9.000	51.650	18
David Buffin	WAL	8.250	8.700	8.150	8.300	8.150	9.200	50.750	19
Peter Sloman	WAL	8.750	9.050	7.850	8.450	7.450	8.450	50.000	20
Steve Frew	SCO	8.850	8.200	7.650	8.400	8.000	8.100	49.200	21
Derek Callahan	SCO	9.000	7.100	7.850	9.100	7.350	8.100	48.500	22
Kim Fai Wong	HKG	8.650	8.450	6.750	8.600	7.250	8.350	48.050	23
Wain Chung Jo Ching	HKG	6.550	7.850	7.900	9.000	8.100	7.850	47.250	24
Stuart McMahon	SCO	8.700	6.700	8.000	8.400	8.000	7.350	47.150	25
Ka Sing Chan	HKG	8.600	8.700	6.350	8.900	7.950	7.900	46.400	26
Chui Ming Mok	HKG	8.050	6.900	7.800	8.300	7.150	7.350	45.550	27
Colin Close	NIR	DNS	DNS	DNS	DNS	DNS	DNS	0.000	28

DNS-Did not start

INDIVIDUAL ALL-AROUND

Name	Cty	Floor	Pommel	Rings	Vault	P.Bars	H.Bar	Total	Place
Curtis Hibbert	CAN	9.600	9.600	9.700	9.450	9.800	9.800	57.950	1
Alan Nole	CAN	9.550	9.500	9.800	9.200	9.850	9.900	57.800	2
James May	ENG	9.600	9.550	9.450	9.700	9.550	9.550	57.400	3
Brennon Dowrick	AUS	9.000	9.900	9.100	9.600	9.000	9.700	56.300	4
Peter Hogan	AUS	9.350	9.400	8.950	9.150	9.400	9.550	55.800	5
Claude Latendresse	CAN	8.850	9.300	9.600	8.800	9.100	9.550	55.200	6
Andrew Morris	WAL	9.250	8.400	9.500	9.350	9.100	9.200	54.800	7
Timothy Lees	AUS	9.000	9.200	8.950	9.300	9.400	8.800	54.650	8
Neil Thomas	ENG	9.600	9.500	8.100	9.500	8.450	9.400	54.550	9
David Lutterman	NZL	9.000	9.000	8.950	8.900	8.650	9.200	53.700	10
Terence Bartlett	ENG	8.800	8.700	8.450	9.200	9.650	6.850	51.650	11
Craig Bruce	NZL	8.700	7.700	8.250	9.200	9.150	7.200	50.200	12
Mark Lister	NZL	8.800	7.000	8.800	9.300	8.300	7.950	50.150	13
David Griffith	WAL	8.450	7.150	9.300	9.000	7.900	7.350	49.150	14
Peter Sloman	WAL	8.000	8.500	7.800	8.450	7.250	7.900	47.900	15
Steve Frew	SCO	7.800	7.600	8.250	8.500	6.650	8.000	46.800	16
Ka Sing Chan	HKG	7.850	7.950	7.000	8.950	7.650	6.450	45.850	17
Stuart McMahon	SCO	8.050	6.900	7.700	8.700	7.350	6.650	45.350	18
Derek Callahan	SCO	8.650	5.250	6.600	9.150	7.550	7.500	44.700	19
Kim Fai Wong	HKG	8.400	7.150	5.500	8.700	6.600	7.650	44.000	20
Chui Ming Mok	HKG	8.450	6.850	6.750	8.550	6.100	5.850	42.550	21

APPARATUS FINALS

Name	Cty	Total	Place	Name	Cty	Total	Place
FLOOR				VAULT			
Neil Thomas	ENG	9.750	1	James May	ENG	9.625	1
Alan Nole	CAN	9.675	2	Curtis Hibbert	CAN	9.575	2
Curtis Hibbert	CAN	9.600	3	Timothy Lees	AUS	9.250	3
Peter Hogan	AUS	9.450	4	Andrew Morris	WAL	9.200	4
Ken Meredith	AUS	9.400	5	Alan Nole	CAN	9.175	5
James May	ENG	9.350	6	Terence Bartlett	ENG	9.125	=6
Andrew Morris	WAL	9.250	7	Brennon Dowrick	AUS	9.125	=6
Craig Bruce	NZL	8.300	8	Craig Bruce	NZL	9.075	8
POMMEL HORSE				PARALLEL BARS			
Brennon Dowrick	AUS	9.825	1	Curtis Hibbert	CAN	9.800	1
Timothy Lees	AUS	9.725	2	Ken Meredith	AUS	9.675	2
James May	ENG	9.700	3	Peter Hogan	AUS	9.600	3
Andrew Morris	WAL	9.400	4	James May	ENG	9.500	4
David Lutterman	NZL	9.300	5	Andrew Morris	WAL	9.150	5
Alan Nole	CAN	9.000	6	Neil Thomas	ENG	9.100	6
Neil Thomas	ENG	8.950	7	Craig Bruce	NZL	8.900	7
Curtis Hibbert	CAN	8.850	8	Alan Nole	CAN	8.350	8
RINGS				HORIZONTAL BAR			
Curtis Hibbert	CAN	9.775	1	Curtis Hibbert	CAN	9.850	=1
James May	ENG	9.750	2	Alan Nole	CAN	9.850	=1
Ken Meredith	AUS	9.725	3	Brennon Dowrick	AUS	9.800	3
Andrew Morris	WAL	9.700	4	James May	ENG	9.750	4
Alan Nole	CAN	9.625	5	Terence Bartlett	ENG	9.700	5
David Cox	NZL	9.400	6	Peter Hogan	AUS	9.600	6
Brennon Dowrick	AUS	9.350	7	David Lutterman	NZL	9.500	7
David Griffith	WAL	9.250	8	Andrew Morris	WAL	9.050	8
David Lutterman	NZL	9.200	9				

RESULTS.....

WOMEN'S TEAMS RESULTS

Cty	Total	Place
Canada	116.784	1
Australia	115.272	2
England	114.046	3
New Zealand	111.159	4
Wales	104.909	5
Hong Kong	104.337	6
Scotland	103.086	7
Northern Ireland	100.972	8

INDIVIDUAL SCORES

Name	Cty	Vault	U/Bars	Beam	Floor	Total	Place
Larissa Lowing	CAN	9.825	9.787	9.825	9.825	39.262	1
Lori Strong	CAN	9.862	9.800	9.787	9.737	39.186	2
Kylie Shadbolt	AUS	9.350	9.712	9.825	9.862	38.549	3
Monique Allen	AUS	9.600	9.825	9.675	9.412	38.512	4
Louise Redding	ENG	9.737	9.587	9.512	9.662	38.498	5
Michelle Telfer	AUS	9.450	9.812	9.237	9.337	37.836	6
Stella Umeh	CAN	9.900	9.462	9.687	9.787	37.836	6
Lorna Mainwaring	ENG	9.600	9.362	9.375	9.462	37.799	8
Janet Morin	CAN	9.737	9.612	9.300	9.137	37.786	9
Lisa Read	AUS	9.400	9.687	8.912	9.682	37.661	10
Hayley Stigo	NZL	9.425	9.350	9.025	9.512	37.312	11
Lisa Grayson	ENG	9.412	9.412	8.800	9.600	37.224	12
Kirsty Strong	NZL	9.400	9.200	9.137	9.162	36.899	13
Carmel O'Loughlin	NZL	9.312	9.175	8.562	9.437	36.486	14
Elena Vayianou	CYP	9.150	8.831	9.075	8.800	35.856	15
Nicola Jenkins	NZL	9.637	9.312	8.250	8.475	35.674	16
Faith Arnott	SCO	9.000	8.900	8.287	9.050	35.237	17
Katherine Bennion	WAL	8.975	9.175	8.762	8.187	35.099	18
Mei Fong Kwong	HKG	9.300	8.650	8.275	8.650	34.875	19
Helen Richards	WAL	9.375	8.487	8.675	8.287	34.824	20
Wai Yin Poon	HKG	8.800	8.575	9.100	8.275	34.750	21
Ruth Gibson	SCO	9.000	7.775	8.925	8.462	34.162	22
Samantha Taylor	NIR	8.762	8.100	8.350	8.862	34.074	23
Rachel Breeze	WAL	8.912	8.087	8.537	8.500	34.036	24
Lo Ching So	HKG	8.762	8.725	8.675	7.862	34.024	25
Susan Martin	SCO	9.050	8.550	8.337	7.750	33.687	26
Cerian Nicholson	WAL	9.412	7.450	8.137	8.637	33.636	27
Barbara Barclay	NIR	8.700	8.250	8.250	8.100	33.300	28
Ka Li Wong	HKG	8.400	8.075	8.300	8.525	33.300	28
Kim Kensett	NIR	9.225	7.725	8.112	8.162	33.224	30
Suzanne Malcolm	NIR	8.737	8.062	8.012	7.900	32.711	31
Lisa Elliott	ENG		8.525	9.325	8.737	26.587	32

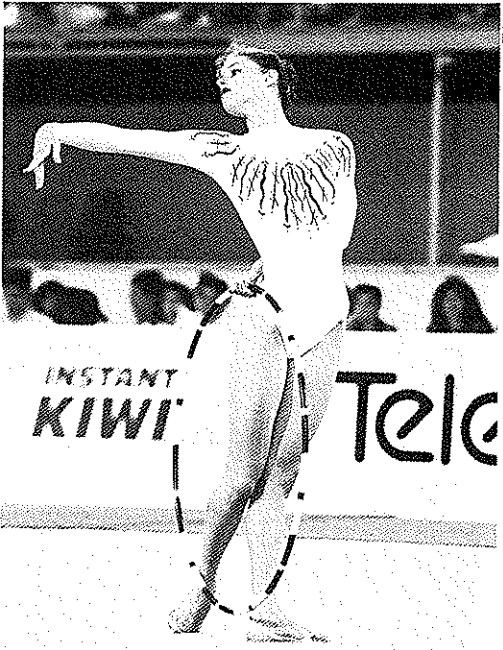
INDIVIDUAL ALL-AROUND

Name	Cty	Vault	U/Bars	Beam	Floor	Total	Place
Lori Strong	CAN	9.862	9.925	9.300	9.825	38.912	1
Monique Allen	AUS	9.575	9.850	9.700	9.562	38.687	2
Kylie Shadbolt	AUS	9.400	9.562	9.662	9.875	38.499	3
Larissa Lowing	CAN	9.475	9.700	9.462	9.625	38.262	4
Nicola Jenkins	NZL	9.662	9.312	9.212	9.525	37.711	5
Lorna Mainwaring	ENG	9.500	9.412	9.350	9.437	37.699	6
Louise Redding	ENG	9.712	9.475	9.525	8.950	37.662	7
Michelle Telfer	AUS	9.437	9.700	9.162	9.200	37.499	8
Stella Umeh	CAN	9.850	9.362	9.587	8.675	37.474	9
Carmel O'Loughlin	NZL	9.375	9.075	8.462	9.450	36.362	10
Lo Ching So	HKG	8.762	8.625	9.050	8.125	34.562	11
Elena Vayianou	CYP	8.687	8.837	8.112	8.687	34.323	12
Kirsty Strong	NZL	9.387	8.375	8.025	8.462	34.249	13
Ruth Gibson	SCO	8.950	7.912	8.412	8.737	34.011	14
Susan Martin	SCO	9.087	8.600	7.825	8.112	33.624	15
Faith Arnott	SCO	8.412	8.325	7.562	8.975	33.274	16
Mei Fong Kwong	HKG	9.325	7.625	7.712	8.425	33.087	17
Samantha Taylor	NIR	8.650	8.200	7.550	8.375	32.775	18
Barbara Barclay	NIR	8.737	7.875	7.775	8.300	32.687	19
Wai Yin Poon	HKG	8.175	7.225	7.725	7.412	30.537	20
Helen Richards	WAL	9.250		8.050	9.187	26.487	21
Rachel Breeze	WAL	8.875		8.487	7.462	24.824	22
Katherine Bennion	WAL		9.012	8.087		17.099	23

APPARATUS FINALS

Name	Cty	Total	Place
VAULT			
Nicola Jenkins	NZL	9.712	1
Lori Strong	CAN	9.643	2
Monique Allen	AUS	9.506	3
Louise Redding	ENG	9.425	4
Helen Richards	WAL	9.199	5
Stella Umeh	CAN	9.156	6
Michelle Telfer	AUS	9.087	7
Lorna Mainwaring	ENG	9.012	8
UNEVEN BARS			
Monique Allen	AUS	9.875	1
Lori Strong	CAN	9.850	2
Michelle Telfer	AUS	9.737	3
Larissa Lowing	CAN	9.700	4
Louise Redding	ENG	9.600	5
Lisa Grayson	ENG	9.475	6
Nicola Jenkins	NZL	9.362	7
Kirsty Strong	NZL	8.825	8

BEAM			
Lori Strong	CAN	9.850	1
Larissa Lowing	CAN	9.762	2
Kylie Shadbolt	AUS	9.700	3
Monique Allen	AUS	9.675	4
Kirsty Strong	NZL	9.462	5
Louise Redding	ENG	9.012	6
Lorna Mainwaring	ENG	9.000	7
Wai Yin Poon	HKG	8.150	8
FLOOR			
Lori Strong	CAN	9.887	1
Larissa Lowing	CAN	9.837	2
Kylie Shadbolt	AUS	9.675	3
Lisa Grayson	ENG	9.612	4
Louise Redding	ENG	9.612	4
Carmel O'Loughlin	NZL	9.437	6
Lisa Read	AUS	9.087	7
Faith Arnott	SCO	9.012	8



Heather Obremski

Photograph courtesy Eileen Langsley

RSG ALL-AROUND RESULTS

Name	Cty	Rope	Hoop	Ball	Ribbon	Total	Place
Mary Fuzesi	CAN	9.450	9.500	9.400	9.300	37.650	1
Madonna Gimotea	CAN	9.250	9.300	9.400	9.300	37.250	2
Angela Walker	NZL	9.350	8.950	9.300	9.300	36.900	3
Viva Seifert	ENG	9.100	9.100	9.100	9.250	36.550	4
S. Cushman	CAN	8.900	9.150	9.250	9.150	36.450	5
Raewyn Jack	NZL	9.000	9.150	9.050	9.000	36.200	6
Stacey Wild	AUS	9.000	9.000	9.000	8.800	35.800	7
Katie Agnew	NZL	9.100	8.850	8.950	8.850	35.750	8
Debbie Southwick	ENG	8.850	8.800	8.950	8.800	35.400	9
Heather Obremski	AUS	8.700	8.950	8.800	8.900	35.350	10
G. Yorath	WAL	8.750	8.850	8.750	8.750	35.100	11
Amanda Douglas	AUS	8.800	8.850	8.200	8.800	34.650	12
Allia Sands	ENG	8.550	9.000	7.700	9.050	34.300	13
L. Jevons	SCO	8.250	7.950	8.450	8.050	32.700	14
C. Hughes	SCO	8.300	8.250	7.800	7.600	31.950	15

APPARATUS FINALS

Name	Cty	Total	Place
ROPE			
Angela Walker	NZL	9.300	1
Madonna Gimotea	CAN	9.275	2
Mary Fuzesi	CAN	9.250	3
Viva Seifert	ENG	9.000	4
Katie Agnew	NZL	8.950	5
Stacey Wild	AUS	8.900	6
Amanda Douglas	AUS	8.900	6
Debbie Southwick	ENG	8.550	8
HOOP			
Mary Fuzesi	CAN	9.400	1
Madonna Gimotea	CAN	9.200	2
Raewyn Jack	NZL	9.100	3
Allia Sands	ENG	9.100	3
Viva Seifert	ENG	9.100	3
Stacey Wild	AUS	9.000	6
Heather Obremski	AUS	8.700	7
Angela Walker	NZL	8.600	8
BALL			
Madonna Gimotea	CAN	9.450	1
Mary Fuzesi	CAN	9.400	2
Angela Walker	NZL	9.250	3
Debbie Southwick	ENG	9.150	4
Viva Seifert	ENG	9.150	4
Stacey Wild	AUS	8.950	6
Heather Obremski	AUS	8.900	7
Raewyn Jack	NZL	8.700	8
RIBBON			
Mary Fuzesi	CAN	9.400	1
Madonna Gimotea	CAN	9.300	2
Raewyn Jack	NZL	9.200	3
Viva Seifert	ENG	9.200	3
Angela Walker	NZL	9.200	3
Allia Sands	ENG	9.150	6
Stacey Wild	AUS	8.800	7
Heather Obremski	AUS	8.750	8

NSW ANNUAL FESTIVAL OF GYMNASTICS

The Annual Festival held on 25th November, 1989 was again a most successful event. Record entries brought the number of participants to over 1500.

The standard of Displays—working to the theme of “Carnival” was very high, particularly from the schools.

Highlights of the day included:—

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Frances Crampton



Photograph courtesy Don Pennell

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