

the australian

GYMNAST

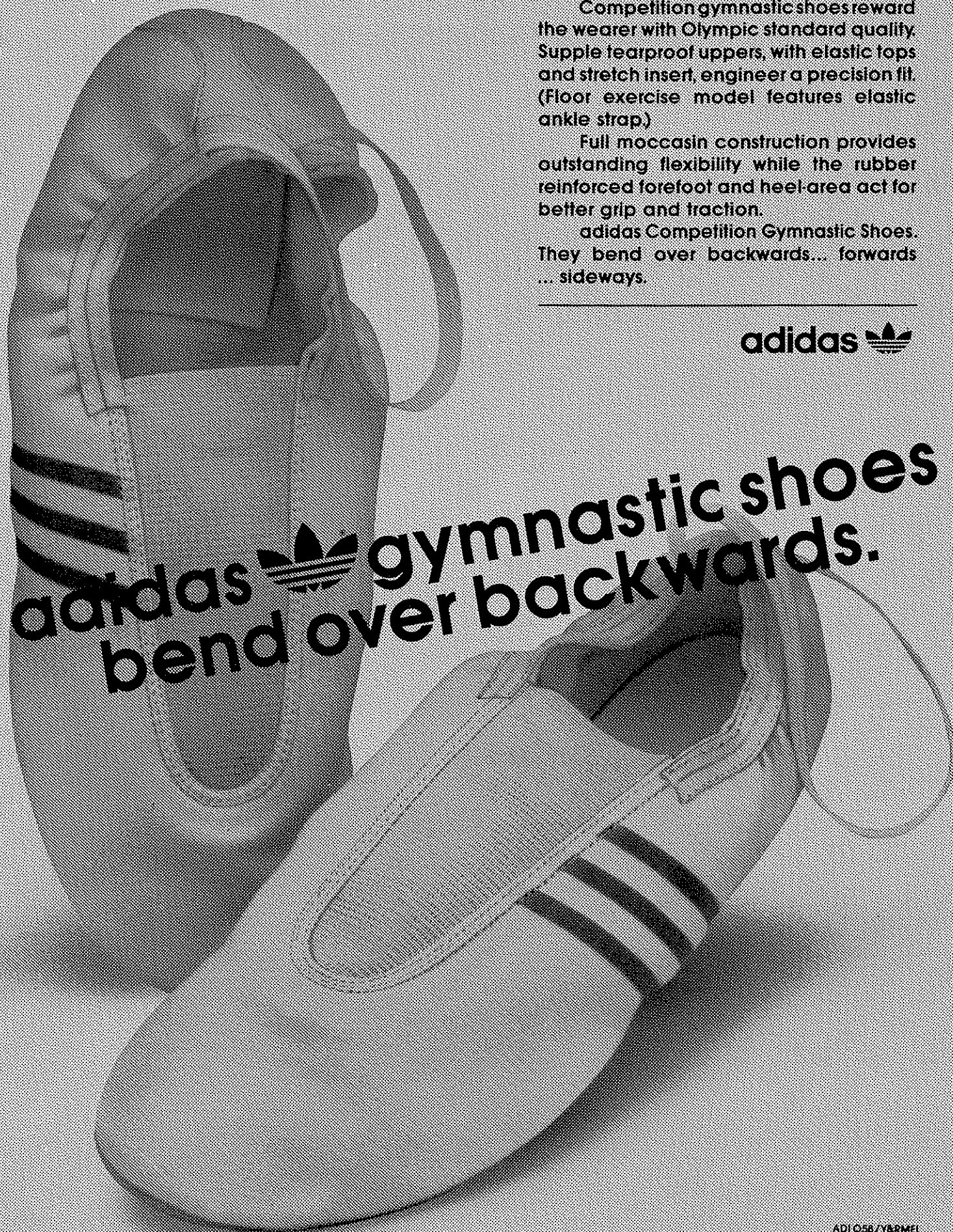
AUTUMN 1987



*Leanne
Rycroft
Colour
Poster*

including:

- **OVERSEAS COMPETITION RESULTS FOR AUSTRALIA**
- **'CHILDREN IN GYMNASTICS' Seminar Review**



Competition gymnastic shoes reward the wearer with Olympic standard quality. Supple tearproof uppers, with elastic tops and stretch insert, engineer a precision fit. (Floor exercise model features elastic ankle strap.)

Full moccasin construction provides outstanding flexibility while the rubber reinforced forefoot and heel-area act for better grip and traction.

adidas Competition Gymnastic Shoes. They bend over backwards... forwards ... sideways.

adidas 

adidas  gymnastic shoes
bend over backwards.

ADI 056/YARMEL

the *australian* GYMNAST

The official magazine of the Australian Gymnastic Federation

AUTUMN 1987
VOLUME 12
NUMBER 2

Front Cover & Poster
Photographer: Warwick Forbes

Letters to the Editor.....	4
Calendar of Events.....	4
President's Report.....	5
Editorial.....	5
Overseas Competition Results.....	6
Children in Gymnastics.....	10
Profile: Nicole Mozes.....	12
L'Elfin Gymnastic School.....	13
What is Special Olympics?.....	14
Gym for Two Year Olds.....	15
8th Gymnaestrada—Herning.....	20
Did You Know.....	21
Overseas Competitions—Photos.....	23
Hunt the Gym Words.....	24
Grips Invitational WAG.....	25
National Levels Championships—Results.....	26

Limited back issues of The Australian Gymnast are still available. Write to A.G.F. Office.

Viewpoints and opinions expressed in articles appearing in The Australian Gymnast are those of the authors. The Publishers accept no responsibility for the information supplied or the changes subsequent to the date of publication.

The Australian Gymnast is published quarterly in Melbourne and printed by
ENNIS & JARRETT PTY. LTD.
35 Advantage Road, Highett, 3190.

Subscription: \$14.00 per year
Individual Copy: \$4.00

ACKNOWLEDGEMENTS and CREDITS

President

• Jim Barry

Managing Editor

• Peggy Browne

Editor & Design

• Georges McKail

AGF Board Elected Delegates

• Jim McGuire

• Bob Wherrett

M.A.G. Technical Director

• Ken Williamson

W.A.G. Technical Director

• Kim Dowdell

R.S.G. Technical Director

• Margaret Lanz

G.G. Development Director

• Peter Murden

National Squads Co-ordinator

• Anne Marie Harrison

Overseas Contributor

• Mandi Shields

Photographers

• Warwick Forbes

• Ross Gould

• Peter Meyers

Acknowledgements

• Acromat Pty Ltd

• adidas

• Australian Institute of Sport

• Ansett

• ANZ-National Training Centre Programme

• Australian Sports Commission

• Australian Olympic Federation

• Ennis & Jarrett Pty Ltd

• Rothman Foundation—National Sports Division

• Southern Pacific Hotel Corporation

Advertising Manager

• Georges McKail

Printers

• Ennis & Jarrett Pty Ltd

Cover: Nadia Comaneci with
Australian Team at 'Moscow
News' Competition.

LETTERS TO THE EDITOR

Dear Peggy,

Thank you for your letter of 8 April 1987, regarding the participation by the L'Elfin Gymnastics Display Team in the Gymnaestrada in Denmark in July.

It is encouraging to see the growth of a new discipline in gymnastics, especially one which can cater for all people regardless of age and skill.

I am happy to provide a letter of congratulations to the L'Elfin Club and I hope that they are the first of many Australian participants in the Gymnaestrada.

Yours sincerely,

John Brown
Minister for Sport, Recreation and Tourism.

Dear Anne Marie,

Just a brief note to say thank you to the Federation for choosing us here at the Travelodge as the venue for your 'biennial Conference' held here with us this last weekend.

I was pleased to hear your comments regarding the overall success of the conference, and that the services and facilities provided by the hotel were very satisfactory.

I would also like to extend my thanks to both yourself, and also to Peggy and Georges for your assistance in organising the conference; the specific details, etc. given to us were very professional and certainly contributed to the smooth running of the operations.

Once again, on behalf of Mr Burnyeat and all the staff at the Travelodge, we thank you for your support and look forward to being of assistance to the Federation again in the future.

Yours sincerely,

Debbie Cotter
Banqueting Co-ordinator
The St Kilda Road Travelodge

Dear Madam,

I observe that there are two letters to the Editor published in the last Australian Gymnast.

Three or four years ago, I wrote a letter to the Editor of the Australian Gymnast, which was quite critical of certain changes taking place in the organisation of gymnastics at the time. I felt that I could not be the only person who was not happy with the changes that were occurring.

To my amazement, the Editor did not publish my letter, he answered it.

Am I to assume then that it is Editorial policy only to publish letters that are congratulatory? If so, I suggest that this fact be made public.

Yours faithfully,

Rodney White
39 Garrick Street
Murgon, 4605.

CALENDAR OF EVENTS

DATE	PLACE	EVENT
July July 2—6 July 7—11 July 11—14	Brazil Denmark Denmark Yugoslavia	RSG Cup FIG Congress Gymnaestrada Universiade (MAG/WAG/RSG)
Aug 28—30 Aug Aug Aug 31—Sept. 6	Australia Japan Brazil New Zealand	WAG National Clubs Junior Invitational Artistic Cup WAG Tour
Sept Sept 17—20 Sept 21—27 Sept 29—Nov. 1	Bulgaria Varna Perth Europe	RSG International RSG World Championships Senior Nationals WAG Tour
Oct 14—17 Oct Oct 18—25	Sydney Spain Rotterdam	MAG/RSG Junior Nationals Artistic Criterium Artistic World Championships
Nov Nov Nov Nov Nov Nov	Germany Taipei Germany Japan Australia Argentina	DTB Pokal Cup TPE Invitational Junior Competition Leverkusen Cup (WAG) Chunichi Cup Tour by USSR WAG Tour

KIDS' OWN KID ZONE!

Kid Zone! is a magazine for kids. (So if you're not a kid stop reading!!) It comes out every month and it is in glorious knock-em-dead colour. Kid Zone! is put together by a bunch of crazies. Anne, the editor, used to be a teacher but don't let that put you off! The funny bits are written by Ian and Doug. They've written things like Kingswood Country and Home Sweet Home for TV and The Samuel Pepys Show for radio. All your problems are answered by Lindy. She's really well qualified because she's solved more problems than your maths teacher! The Kid Zone! illustrator is another Ian and his paintbox is feral! It's just the thing to read between training sessions if you want to keep up with the latest movies, videos, records and books. The Project File is a great help when you need last minute info for that almost overdue project! If

you write or draw you can send your latest creation in and you'll win \$5 if it's published. There are always heaps of competitions, too. In the last couple of months a guitar, two BMX bikes, three cameras, an RC racing car and a lump of lava from Mount Vesuvius have gone to lucky winners. Every month there's plenty to read and plenty to do. The regular sections include sport, BMX, puzzles, trivia, stories, quizzes, computers, pets and pen pals, plus oodles and oodles of stuff to laugh at. As well as all that, you get a free sticker and a pull-out pin-up every single month. You can't buy Kid Zone! at the paper shop because it's only available through schools. Ask at your school if you'd like a copy or send in the subscription form. You can phone (02) 660 0918 if you'd like to know more. Cheers,

Anne

PRESIDENT'S REPORT



The cry of economic restraint is heard everywhere, especially at election time and sport is no exception. Our sport of Gymnastics is also no exception and I believe we must become even more self-reliant. The Australian Sports Commission through its Sports Development Programme continues to assist our professional staff and allows us to continue our development; however, our travel dollar has been greatly eroded particularly with devaluation.

This trend re travel is also seen in the Australian Institute of Sport funding of the gymnastic programme. The AIS has increased the number of sports in the programme, but not received any real increase in financial support. We will maintain our current level of scholarships, 24 for the MAG and WAG programmes in Canberra, and we will also maintain the coaching arrangements for all three disciplines including RSG at the NSW State Sports Centre. Our junior development programme will also be maintained. However, the travel budget has been slashed in priority terms.

Even the Australian Olympic Federation Forward Planning Grant for 1987 has fallen in real terms for our most improvement year ie. World Championships and Olympic qualification.

This negative travel funding should not dishearten us; for international travel there is now substantial assistance ie. a tax deduction of 100% provided through the Australian Sports Aid Foundation. This means everyone can travel internationally for a minimum of 50% of the cost.

The Federation has registered its World Championship funds with the ASAF so friends, families, supporters and the individuals concerned can now take advantage of this very positive benefit.

The other good news is the return of Gymnastics to the Commonwealth Games in Auckland from 25 January—4 February, 1990.

The last time Gymnastics was in the programme was in Edmonton in 1978 when Australia finished a creditable third in the MAG and fourth in the WAG team events and Lindsay Nylund, WA, received the individual all-around silver. I would like to publicly acknowledge the Australian Commonwealth Games Association for supporting our successful proposal via them to the Commonwealth Games Federation to have Rhythmic Sportive Gymnastics included in the Games programme.

This is a wonderful opportunity for us to advance both our sport and Australia's profile in international gymnastics. We must capitalise on this competitive opportunity.

James E. Barry

EDITORIAL



best for the development of gymnastics), is 'what is in it for me?'.

In trying to outline the benefits for the gymnasts at all levels, there is always the question and comparison between intrinsic or extrinsic benefits.

In terms of intrinsic benefits, I believe the Federation and State Associations give excellent value for the \$1.00.

The Federation and the Association represent, serve, and support the gymnasts in terms of policy, technical matters, clinics, coaches accreditation courses, etc.

A number of related bodies such as the Australian Gymnastic Coaches Association have been established in addition to the whole coaches education program which allows for the professional licensing of coaches. While this gives coaches the opportunity to be appropriately insured, gymnasts benefit from the knowledge and emphasis on safety, as well as developing technically.

Also instituted have been the awards given to the gymnasts for achievement and the special awards given to those who have achieved the honour of being selected in National Squads.

The Technical information formulated by the Technical Committees allows for the most appropriate development of skills and opportunities to compete and/or participate at the most appropriate level.

The Federation, in its representative role, relates to umbrella groups which provide funding, current information, and new opportunities for gymnasts.

The National Office provides a central location for information and administration.

From another angle, it is important that self-help is evident to the Government, sponsors and other umbrella groups. If members are willing to financially assist in the development of their own sport, then related bodies will respond more favourably.

There have been many comments re the importance of giving an extrinsic reward such as a badge, card and/or newsletter. I believe that it is imperative that we make sure our members understand that the intrinsic benefits of being a member of the Federation are far-reaching and that they do receive value for the \$1.00.

Peggy Browne

Overseas Competition Results for Australian Gymnasts

Robert Edmonds brings back a bronze medal from East Germany for an outstanding performance on the Horizontal Bar.

Leanne Rycroft gives the most stable and best all round performance by an Australian girl, to place 9th overall in East Germany.

Moscow News

International:

29/4/87

Men: 70 competitors from 33 countries participated in this competition sponsored by the 'Moscow News'. Grant Carlyon competed very well in this competition, having only a minor mistake on floor and a little struggle on pommel horse. His score of 55.40 was a personal best. Grant finished 19th and was one of the three western gymnasts to finish in the top twenty (Japan, Italy and Australia).

Floor	9.15
Side Horse	9.00
Rings	9.20
Vault	9.40
Parallels	9.15
High Bar	9.45
Total	55.40

Thirty-first: Robert Edmonds competed well for his first all around competition since his achilles tendon operation. He was disappointed he didn't do better but he still had the rest of the tour to regain his competitive edge.

Floor	9.00
Side Horse	8.75
Rings	9.40
Vault	9.10
Parallels	9.25
High Bar	9.25
Total	54.75

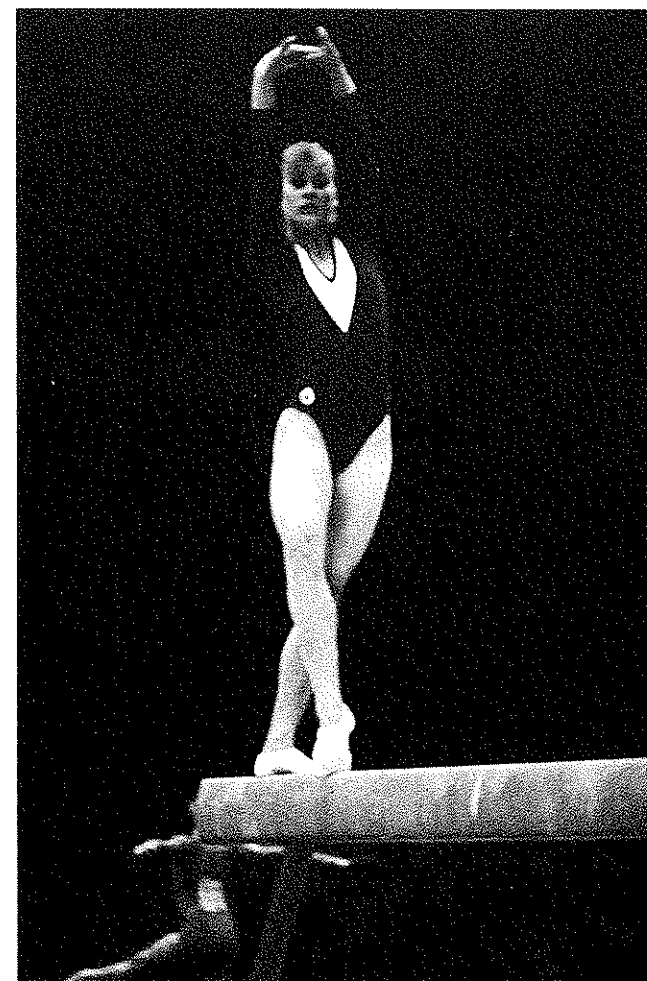
All the Australian girls were a little nervous and none of them competed any where near their best. The experience was invaluable and all performed better as they progressed through the tour. Lee-Anne Murray was named "Miss Moscow News".

32nd Leanne Rycroft	35th Lee-Anne Murray
V: 9.35	V: 9.20
UB: 8.80	UB: 9.00
BB: 8.80	BB: 8.90
FX: 9.10	FX: 8.70
Total 36.05	Total 35.80

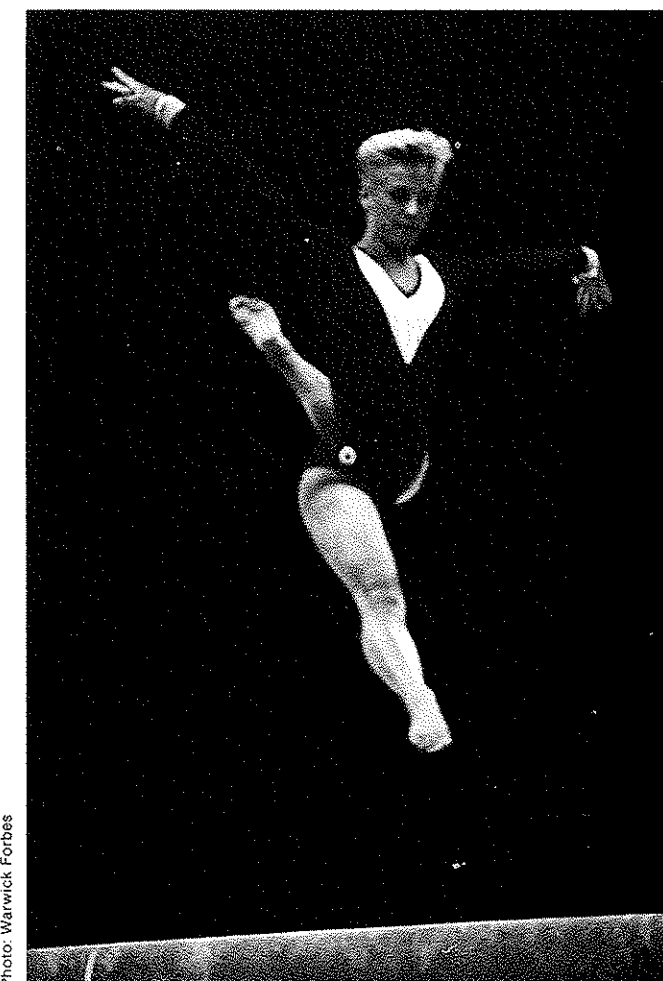
39th Monique Allen	43rd Carolyn Stewart
V: 9.25	V: 9.40
BB: 8.90	UB: 9.20
BB: 8.20	BB: 8.35
FX: 9.30	FX: 8.60
Total 35.65	Total 35.50



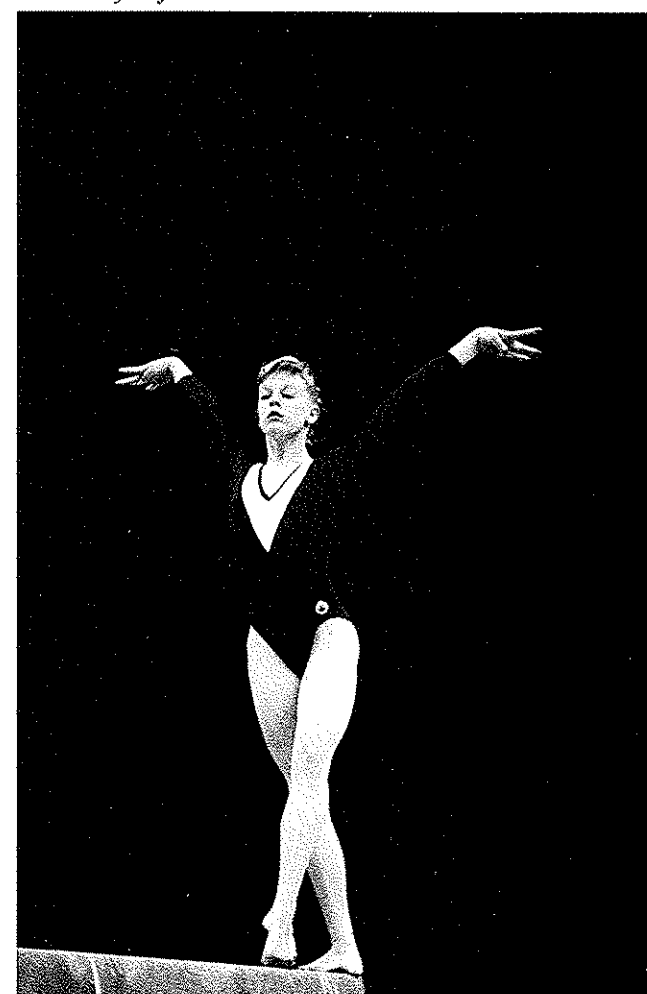
The Australian team at the Moscow News



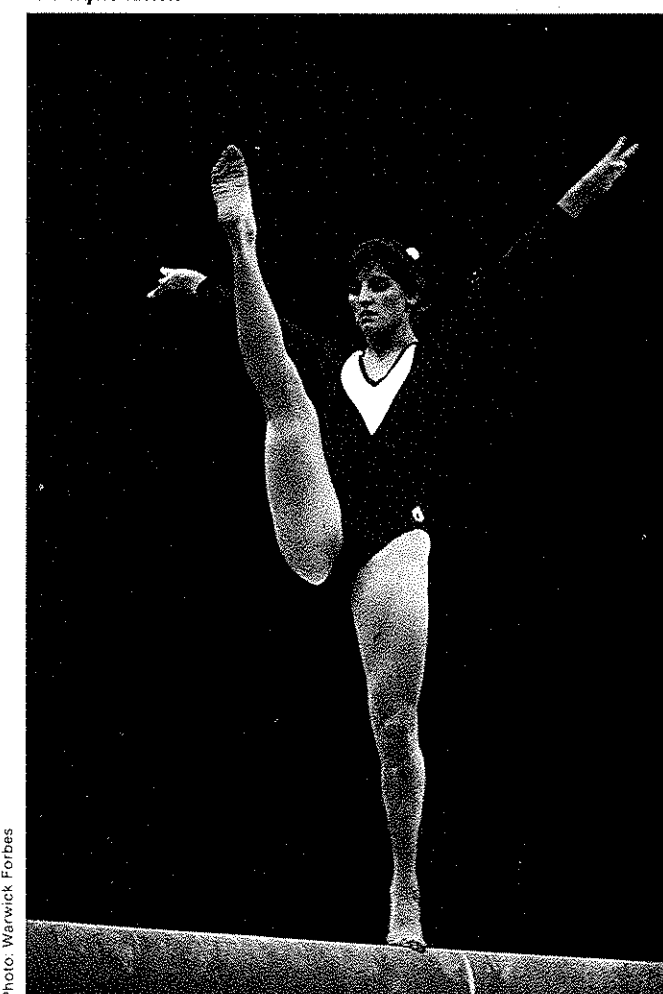
Leanne Rycroft



Monique Allen



Lee-Anne Murray



Carolyn Stewart

**HUNGARIAN INVITATIONAL:
3-5/4/87**

The gymnasts competed both compulsory and optional routines in this competition. R. Edmonds, G. Carlyon (MAG) and L. Rycroft, M. Allen (WAG) participated.

Robert came 21st (109.40) which was a reasonably good performance against a very strong eastern bloc lineup. Grant only managed 36th but fought on against a week of being in bed with a heavy cold. The best results came from the girls where Leanne Rycroft performed consistently to place 13th in the all around. Leanne also qualified for bars and floor finals and performed some great routines in the finals but was unable to reach the top three. Bars 9.70 to finish 5th and 9.50 on floor to finish 6th. Monique Allen also was first reserve for bar finals and indicated that her all around performances were improving and of top class.

**COTTBUS INVITATIONAL—EAST
GERMANY: 10-12/4/87**

One of the most prestigious competitions, by invitation only, 41 gymnasts from 21 countries participated in the competition. R. Edmonds, G. Carlyon & Shaw Byng (MAG) and L. Rycroft and M. Allen (WAG) competed for Australia (optional only).

The highlight of this competition was two-fold; firstly Leanne Rycroft came 9th in the allround and secondly Robert Edmonds placed third on Horizontal Bar to bring home our only medal from the tour.

18th R. Edmonds	26th S. Byng
FX: 8.95	FX: 8.70
SH: 9.15	SH: 8.45
RR: 9.30	RR: 9.25
V: 9.20	V: 9.40
PB: 9.30	PB: 9.20
HB: 9.55	HB: 9.40
Total 55.45	Total 54.40

29th G. Carlyon
FX: 9.00
SH: 8.65
RR: 8.75
V: 9.35
PB: 8.80
HB: 9.40

Total 53.95

CONGRATULATIONS ROB!

9th L. Rycroft	25th M. Allen
V: 9.40	V: 9.20
UB: 9.40	UB: 8.95
BB: 9.45	BB: 8.60
FX: 9.15	FX: 9.00
Total 37.40	Total 35.75

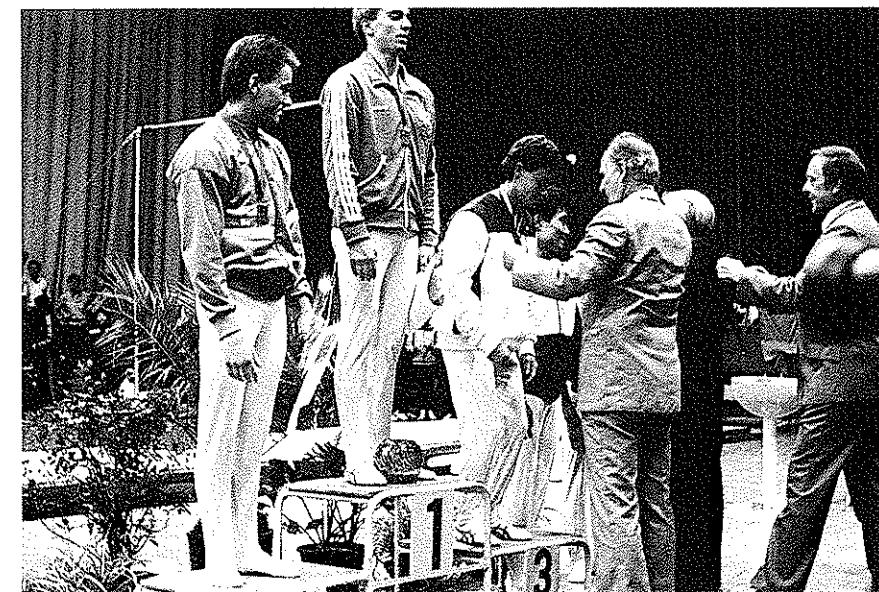
Leanne Rycroft placed 4th on beam after some stiff competition and fine performance on her part. Leanne's 6th place on vault was also well deserved as she entered the finals in eighth position.

**LENINGRAD INVITATIONAL—
USSR: 1/4/87**

Thirteen countries and 32 gymnasts participated. C. Stewart and L. Murray competed very well.

14th C. Stewart	16th L. Murray
V: 9.35	V: 9.30
UB: 9.20	UB: 9.35
BB: 9.25	BB: 8.70
FX: 9.30	FX: 9.25
Total 37.10	Total 36.60

Carolyn Stewart placed 7th on beam after having a steady competition and showed a great improvement from Moscow. Lee-Anne Murray placed 7th on bars in the finals and also improved on her previous performance. Both Carolyn and Lee-Anne should be congratulated for a fine allround performance and for breaking into finals.



Above: Rob Edmonds—Bronze Medal, High Bar

Below: Grant Carlyon



Baraksonova & Michael Klimenko

**JUNIOR CLINIC FOR WAG AT THE
AIS: 20-24/4/87**

Thirteen junior gymnasts and 7 coaches came to this particular clinic from all over the country. The clinic was very successful.

The main objective is that all gymnasts and coaches are continuously getting together to maintain our relationships in terms of gymnastic techniques as well as personal communications, participants from last clinic plus new coaches and gymnasts.

We will continue to provide this programme in the future for the development of Australian junior girls.

WELCOME:

Welcome to Barbara Venieri (VIC), she has joined the squad from May. Good luck to Barbara for your future at the AIS. Other young girls will be joining the programme during the year and will be after more permanent positions in 1988-89.

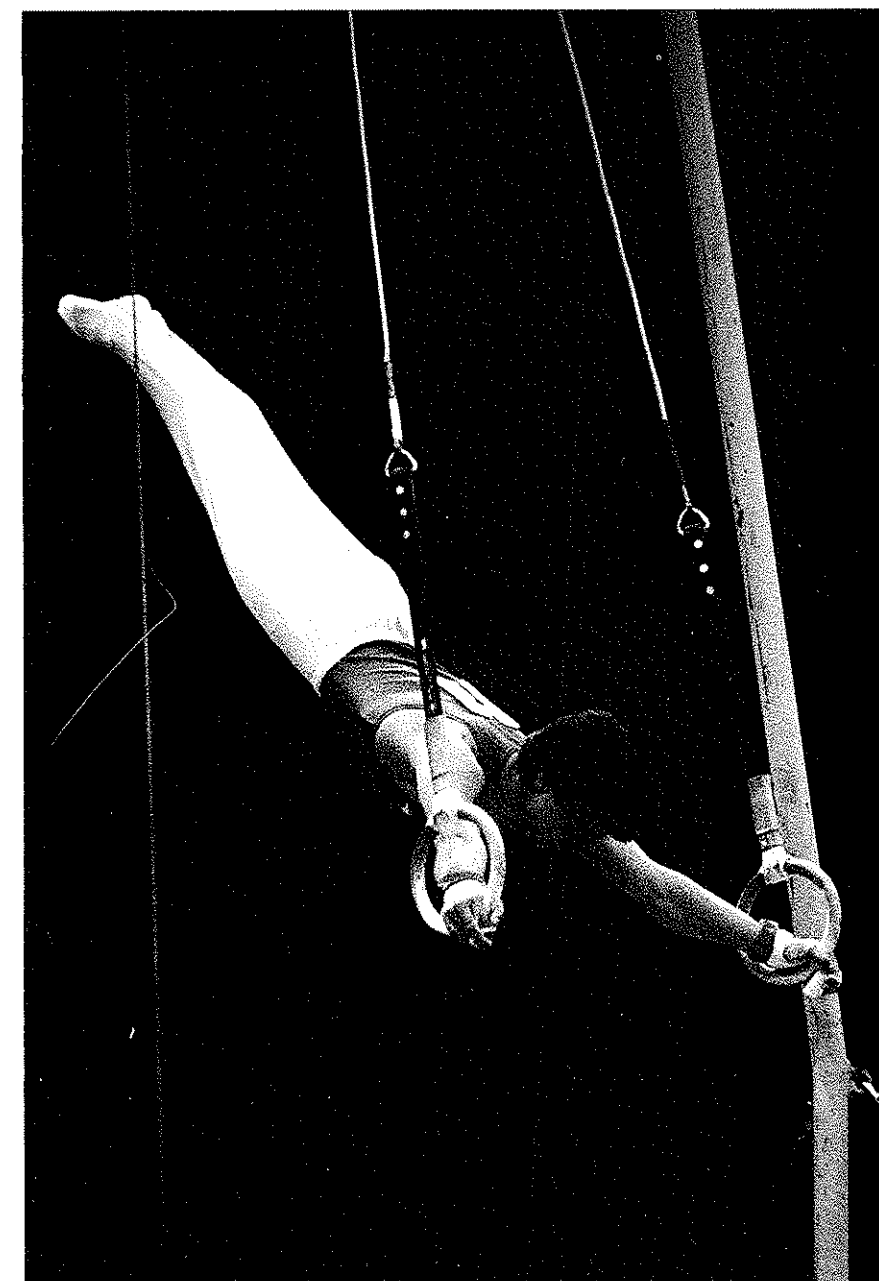
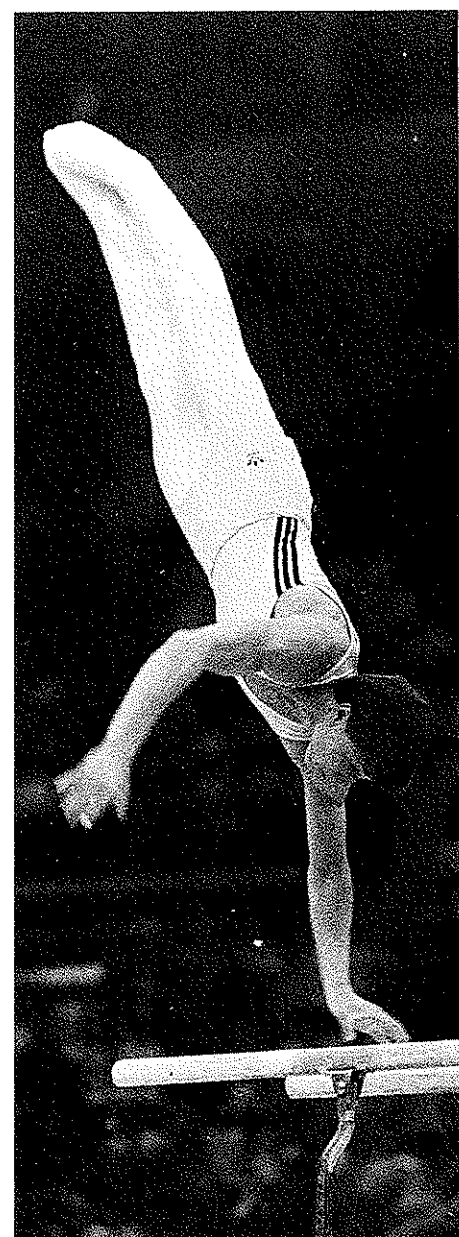


Photo: Warwick Forbes



Valeri Lukin

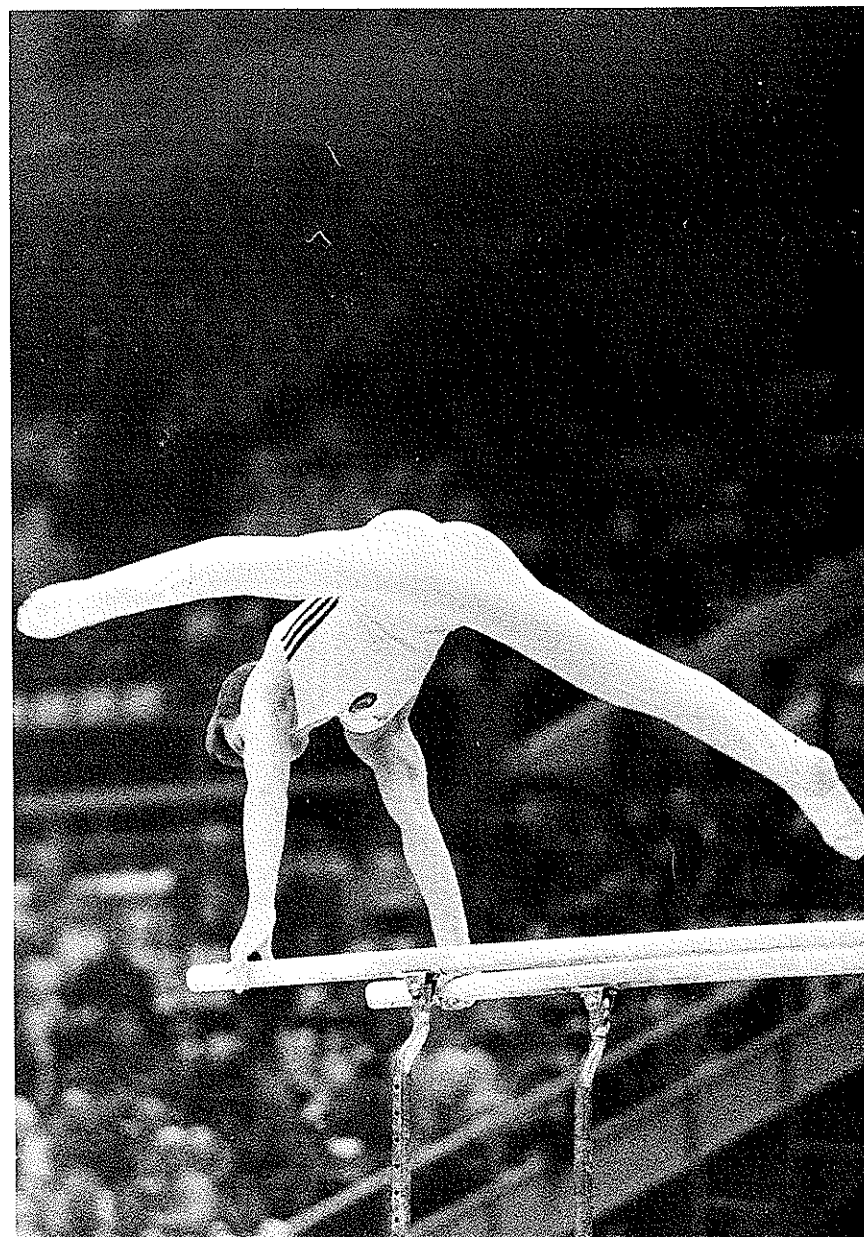


Photo: Warwick Forbes

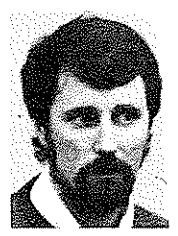


CHILDREN IN

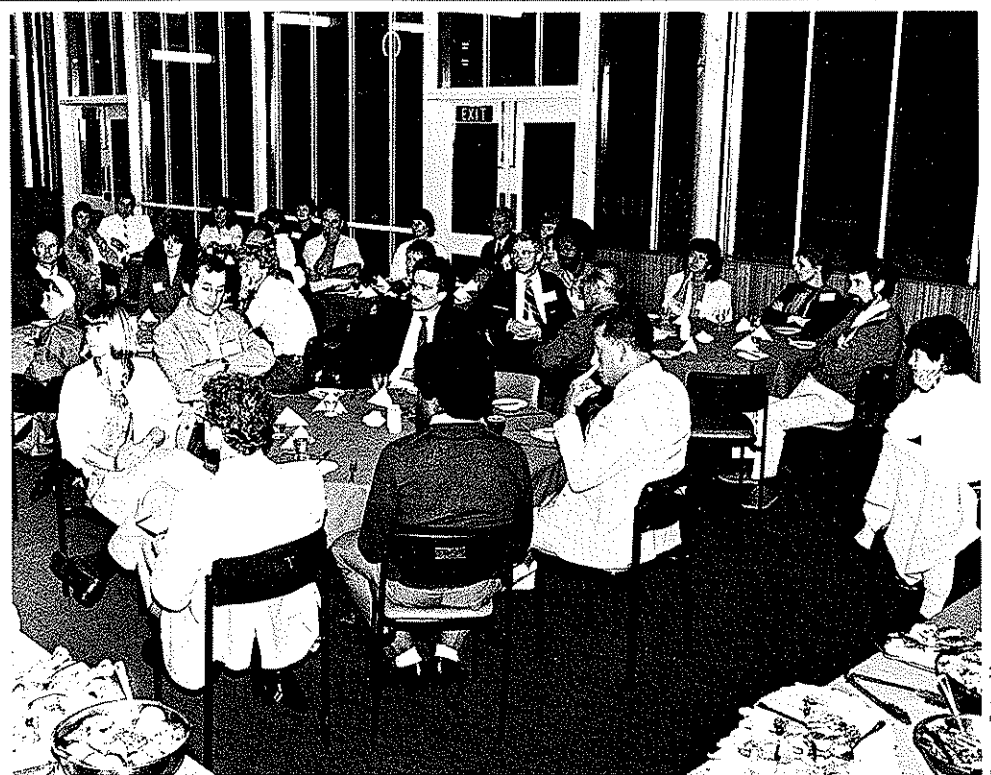
GYMNASTICS



Mr Judy Patching



by Peter Murden



Delegates at the two and a half day Seminar

The Australian Gymnastic Federation, under the auspices of the International Olympic Committee Solidarity Commission, conducted a "Children in Gymnastics" Seminar in Melbourne from May 1-3, 1987.

Delegates came from Malaysia, Singapore, New Zealand, Fiji, Solomon Islands, Brunei and all Australian States to attend the seminar.

The seminar enabled participants to share ideas and information on a wide range of topics related to children's gymnastics.

Emphasis was placed on providing the delegates of our neighbouring developing nations with an overview of recreational and non-competitive children's gymnastics in Australia.

Delegates from Australian States also had the opportunity to view children's gymnastics from a broader perspective by interacting with their counterparts from other States and the delegates from neighbouring nations.

Delegates were exposed to a variety of issues including early childhood development, why children participate in sport generally and gymnastics in particular, safety aspects in children's gymnastics, and the delivery of children's gymnastics programs.

International delegates also presented an overview of the current level of gymnastics in their own countries.

The guest key speakers at the seminar included Mr Keith Russell, Associate Professor of Physical Education, University of

Saskatchewan, Mrs Wendy Schiller, Lecturer in Early Childhood Development at Newcastle College of Advanced Education and Mr Ian Robertson, Lecturer in Sports Science at the South Australian College of Advanced Education. Other lecturers included Robin Allen, Peter Sharpe, Chris Timpson, Jayne Robertson-Marr, Lynn Robertson and Frances Giles from our gymnastic community, Ross Monaghan from Aussie Sports and Peter Burns from the Heidelberg YMCA. The AGF extend their thanks to all speakers for their outstanding contributions to the seminar.

The highlight of the seminar was undoubtedly the display presentation by Cathy Oswald and the girls from the Methodist Ladies College. Cathy and the girls are to be congratulated for an excellent

Subscribe to **the Australian GYMNAST** and receive:

- 4 quarterly issues,
- colour posters,
- articles of interest,
- training tips,
- competition results,
- and much, much more.

Great Stuff! **the Australian GYMNAST**

Please enter my subscription to 'The Australian Gymnast' I enclose a cheque for \$14 for four issues in this calendar year. •overseas subscription A\$21

Name.....

Address.....

.....Postcode.....

Great Stuff! **the Australian GYMNAST**

Please enter my subscription to 'The Australian Gymnast' I enclose a cheque for \$14 for four issues in this calendar year. •overseas subscription A\$21

Name.....

Address.....

.....Postcode.....

Great Stuff! **the Australian GYMNAST**

Please enter my subscription to 'The Australian Gymnast' I enclose a cheque for \$14 for four issues in this calendar year. •overseas subscription A\$21

Name.....

Address.....

.....Postcode.....

Great Stuff! **the Australian GYMNAST**

Please enter my subscription to 'The Australian Gymnast' I enclose a cheque for \$14 for four issues in this calendar year. •overseas subscription A\$21

Name.....

Address.....

.....Postcode.....

Great Stuff! **the Australian GYMNAST**

Please enter my subscription to 'The Australian Gymnast' I enclose a cheque for \$14 for four issues in this calendar year. •overseas subscription A\$21

Name.....

Address.....

.....Postcode.....

Great Stuff! **the Australian GYMNAST**

Please enter my subscription to 'The Australian Gymnast' I enclose a cheque for \$14 for four issues in this calendar year. •overseas subscription A\$21

Name.....

Address.....

.....Postcode.....

Great Stuff! **the Australian GYMNAST**

Please enter my subscription to 'The Australian Gymnast' I enclose a cheque for \$14 for four issues in this calendar year. •overseas subscription A\$21

Name.....

Address.....

.....Postcode.....

Send to: **the Australian GYMNAST**

"THE AUSTRALIAN GYMNAST"
302 Boundary Road,
Dingley, Victoria, 3172

Subscribe to **the Australian GYMNAST**

Please share these cards with your gymnasts, friends, teachers & family.
Bulk subscription cards are available for issue to Clubs and Schools.
Enquiries to: 'The Australian Gymnast'
302 Boundary Road,
Dingley, Vic. 3172.

Send to: **the Australian GYMNAST**

"THE AUSTRALIAN GYMNAST"
302 Boundary Road,
Dingley, Victoria, 3172

Send to: **the Australian GYMNAST**

"THE AUSTRALIAN GYMNAST"
302 Boundary Road,
Dingley, Victoria, 3172

Send to: **the Australian GYMNAST**

"THE AUSTRALIAN GYMNAST"
302 Boundary Road,
Dingley, Victoria, 3172

Send to: **the Australian GYMNAST**

"THE AUSTRALIAN GYMNAST"
302 Boundary Road,
Dingley, Victoria, 3172

Send to: **the Australian GYMNAST**

"THE AUSTRALIAN GYMNAST"
302 Boundary Road,
Dingley, Victoria, 3172

Send to: **the Australian GYMNAST**

"THE AUSTRALIAN GYMNAST"
302 Boundary Road,
Dingley, Victoria, 3172



Keith Russell

Peggy Browne

performance and the AGF wish to thank all concerned for their contribution to the seminar.

As with any seminar of this nature, there was the need to schedule informal sessions for delegates to interact and share ideas and experiences.

There are many ways to gauge the degree of success of such a seminar. The opportunity to make new acquaintances, to work and to socialise with people from such diverse cultures enriched all our lives. To this end, there is little doubt the seminar was a resounding success.

To conduct a seminar that satisfies the needs of such a diverse group of people was a difficult task. Positive and constructive feedback from participants will ensure that all future seminars can be adapted to be even more appropriate and relevant to the needs of participants.

Seminar delegates have been charged with the responsibility of taking their newly acquired information and ideas back to their respective communities and, to putting them into practise. The ultimate measure of success will be to observe the improved delivery of children's gymnastic

programs throughout those communities. These results will take time and effort and if delegates are to succeed they will need the support and commitment of their respective communities.

Unless the appropriate communities are willing to provide support and encouragement to their delegates, then much of what could be achieved may never be realised. The Children in Gymnastics seminar is merely a starting point, to what will be an ongoing process to improve the quality, quantity and variety of gymnastic programs for children.

By undertaking to conduct the seminar the AGF has declared its commitment to the development of General Gymnastics throughout Oceania and South East Asian regions. The President of the AGF, Mr Jim Barry and Executive Director, Miss Peggy Browne should be gratefully acknowledged by all concerned for their initiatives and personal commitment to General Gymnastics.

The AGF wish to thank Mr Julius Patching AO OBE Secretary General, Oceania Region, whose consistent support has secured funding to ensure IOC Solid-

arity gymnastic courses are conducted throughout the Oceania and neighbouring regions.

We gratefully acknowledge the generous support of Ansett International, Qantas, Southern Pacific Hotels, Skybus, Avon Graphics and Footscray Institute of Technology.

On behalf of all participants and myself, I would like to thank the AGF Office Staff for their tireless efforts in ensuring that the seminar was a success.

To all delegates, a special thanks for your contribution to the seminar, we hope it was a rewarding experience for you.

Both time and capital have been invested in participating delegates; so the challenge is for them to realise that investment in the area of children's gymnastics. It is up to the whole gymnastic community to provide the support and encouragement necessary to ensure that children will ultimately benefit as a result of this seminar.

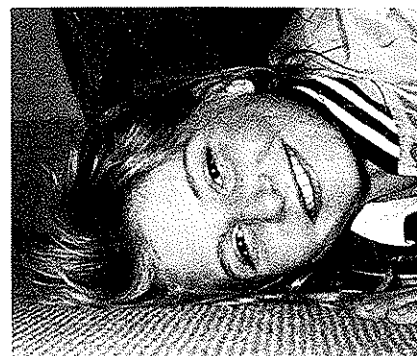
Subnote: Proceedings and papers presented at the "Children in Gymnastics" Seminar will be published. Copies will be made available through the National Office.



NATIONAL SQUAD MEMBER PROFILE

NOT ONLY IS SHE TALL IN HEIGHT BUT TALL IN TALENT!

She's tall, blonde, brown eyed, fine featured, with a clear complexion and great personality—sounds too good to be true?? Wait... there's more—she's 15 years old, dances, sings beautifully and also is extremely artistic (not as in gymnastics—you know, the one with the wooden fence and the bars they hang from)—she also does a little part time modelling for her mother's fashion business. What's her name you eagerly ask? **"NICOLE MOZES"**. Who? Re-



Nicole Mozes

member the name... you're sure to hear it often.

A little more than 2 years ago, Nicci, was just another student in Year 8 at Concord High School; now an international gymnast.

Surely there is a deduction in the Code of Points for having this much going for you before you step on the floor?

Nicole is a member of the Burwood Police Boys Club, who trains at the State Sports Centre in NSW under the guidance of National Rhythmic Coach, Ileana Vogelaar, commenced training in February, 1985.

Physically very much along the lines of the great Bulgarian rhythmic gymnasts of the current era, it was this that attracted Ileana immediately to Nicole as a potential gymnast, along with her dedication and personality. Ileana says: "she looks great and has a lot of potential to do well—the only thing holding Nicole back is her lack of competitive experience".

All that is changing however, with Nicole chosen as a Junior representative for the Oceania Championships in Sydney during June, 1986 and the Four Continent Championships held in Melbourne in October, 1986. More recently Nicole has completed a tour of Europe incorporating the Corbeil Essonnes Competition and the Dutch National Championships.

Following the completion of the National Training Centre Program Clinic conducted at the AIS in January of this year, Nicole was chosen along with Nicole Higham to receive an ANZ Scholarship of \$1,500 to assist with her gymnastic development.

Nicci lives with her mum, sister Julie and brother David in Concord, only 10 minutes from the State Sports Centre (how unlucky can you get—no excuses to Ileana for traffic jams or no transport!). She trains 6 days a week, during school and 4 hours at night and approximately 6 hours a day on the weekend and school holidays.

I know Nicci for her bizarre sense of humour and her great purpose to life—she is a supportive team mate and I thank her for that—but most of all she is my dearest friend.



Elisa Pride
Member RSG National Squad

Photo: Ross Gould



Nicole Mozes

L'ELFIN GYMNASTIC SCHOOL

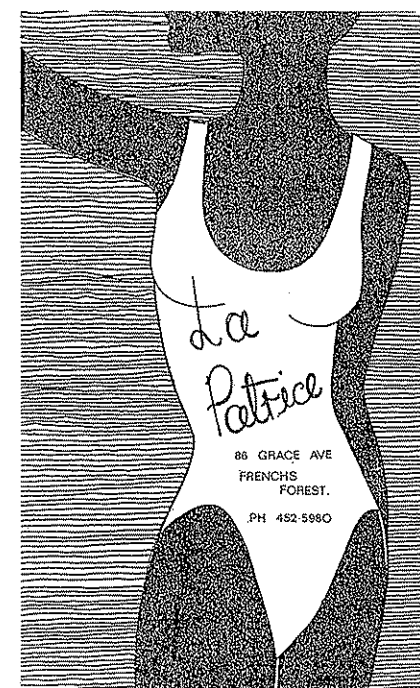
Background—L' Elfin was first formed in 1979 by Mrs Jenny Whitworth (then Miss Jenny Howard). She commenced classes in the local community hall at Loftus, NSW, with 10 students (some of whom are still with her today assisting with coaching and members of the Display Team).

Classes quickly filled at Loftus and further classes were started by her the following year in Bonnet Bay, Sylvania, Grays Point and Sutherland—all these classes being recreational classes except for Sutherland where she held her first WAG levels classes. She introduced RSG classes in 1984.

Today, the Club has 250 students, most of whom are recreational gymnasts with a squad of 20 WAG levels gymnasts and 40 RSG gymnasts.

The L' Elfin Club was named 1986 NSW Club of the Year and Jenny Whitworth was named 1986 NSW Artistic Coach of the Year and 1986 NSW Rhythmic Coach of the Year by the NSW Gymnastic Association.

Jenny formed the L' Elfin Display Team in 1980 selecting students from her levels and advanced recreational classes. The Team, which originally comprised 12 members has now grown to 35. In December 1986 the Team entered the NSW Gymnastic Association Display Competition. They won the competition and were selected to perform, as the NSW representatives, at the International Military Tattoo in Sydney. The NSW Gymnastic Association then nominated the L' Elfin Team to represent Australia at the 8th



World Gymnaestrada in Denmark and a video tape of their NSW winning performance was sent to the AGF in Melbourne. When L' Elfin were announced as the team to represent Australia at the Gymnaestrada, a committee of L' Elfin parents was formed to raise funds to help send the team to Denmark.

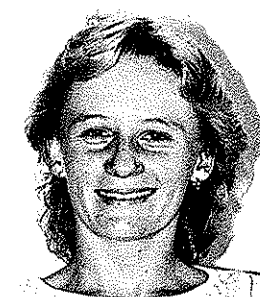
The team of 35 gymnasts, who range in age from 7 to 17 years of age (the average age is 12), started preparing for the Gymnaestrada in mid March after the Military Tattoo finished. The theme selected is typically Australian, as Australia has never before been represented at this, the largest single gathering of gymnasts in the world. The team performance incorporates acrobatics, tumbling, mini tramp, rhythmic, dance and folklore to Australian music.

The team have obtained small sponsorships from local businesses in the Sutherland Shire and Apex and Lions Clubs in

the area have also helped with fund raising. The L' Elfin fund raising committee have run children's discos through schools and community centres in the Sutherland area, held a fashion parade, raffles, lotto numbers, chocolate sales, 50's dinner dance (adults), cake stalls and Trash 'n' Treasure sales.

Before commencing training and preparation of display for the Gymnaestrada the team had performed on the Channel 10 Good Morning Sydney show and were shown on the Channel 7 News. They have received publicity through the local press and the Sydney Sunday Telegraph.

La Patrice (leotard makers) have supplied the team with leotards (\$1,000) and the team have received part sponsorship from Kortex (pants), Kay's Sportswear (tracksuits), Akubra (hats). A local automotive firm, P & S Deane donated \$5,000 towards the team's cost.



by Jenny Whitworth—Coach



WHAT IS SPECIAL OLYMPICS?

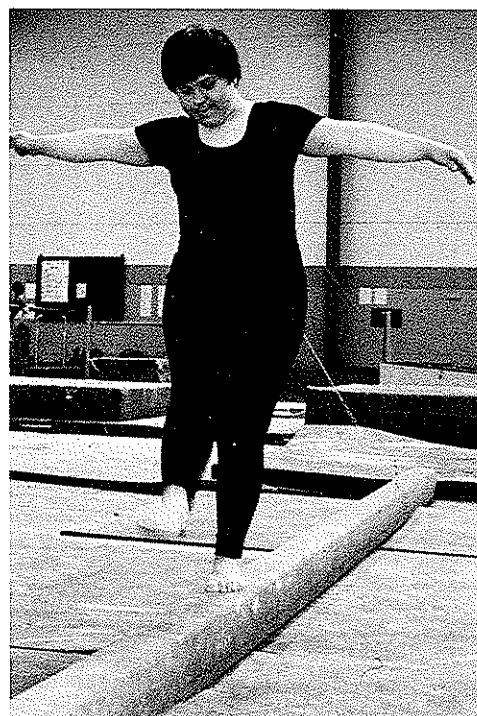
Special Olympics is a sports training program providing recreation and competition for Intellectually Disabled children and adults both nationally and internationally.

Activities in 22 winter and summer sports are provided by Special Olympics throughout 65 countries, including Australia.

Before Special Olympics was created by the Joseph P. Kennedy Foundation in 1968 it was commonly believed that Intellectually Disabled people could not learn to run over a nominal distance, swim the length of a pool or participate in a team sport. Now over a million Intellectually Disabled athletes throughout the world are benefitting from what has become the largest voluntary International movement in the World, where athletes compete under a simple motto:—

*"Let me win, but if I cannot win,
Let me be brave in the attempt".*

Gymnastics, both artistic and rhythmic, is one of the sports offered by Special Olympics both nationally and internationally, and here in Victoria we have proven beyond doubt that those Intellectually Disabled athletes who have been involved



in gymnastic programs have achieved a standard never ever thought possible.

Apart from their unexpected abilities in this area, improvement in their self confidence, co-ordination and social skills enables them to adapt more easily to every day life.

Special Olympic Victorian State Games held recently at Monash University proved to spectators just what standard our Special Olympic gymnastics have achieved.

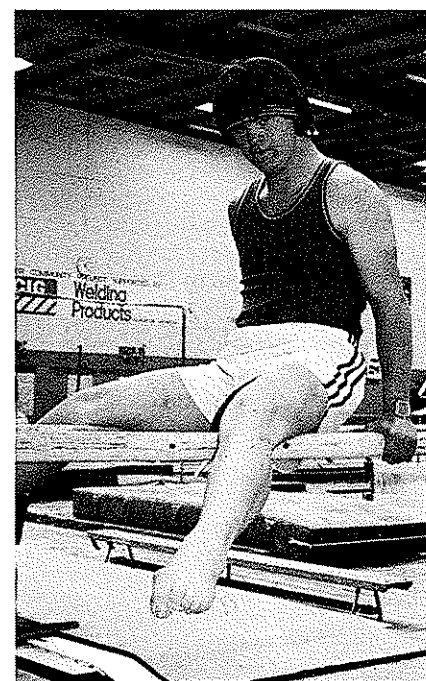
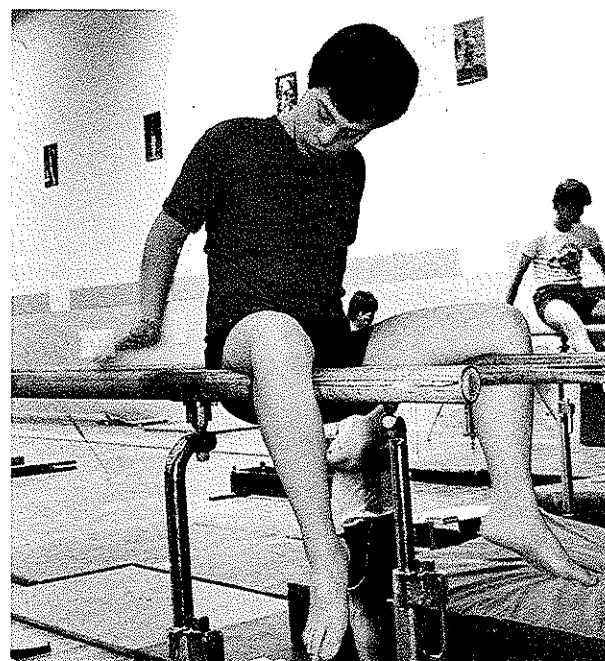


Photo: Julie O'Connell

It is hoped that in the future gymnastics is not just open to a select few as it is at present. I am sure, if the opportunity given, there are many more Intellectually Disabled athletes longing for the opportunity to participate and so benefit from this great sport.

*Robyn Cook
Gymnastic Co-ordinator,
Australia Special Olympics
Victorian Branch Incorporated*

Ed: For more information regarding the Special Olympic Movement in Australia, please contact Robyn Cook on (03) 857 6521, or write to 40 Timber Ridge, Doncaster, 3108.



GYM FOR TWO YEAR OLDS?

**Wendy Schiller* and
Judi Geggie****

** Lecturer, Early Childhood Studies*

*** Lecturer, Physical Education*

Newcastle College of Advanced Education

Introduction

Playgym-type programs have become fashionable in the mid-1980s and many prototypes have been adapted for Australian conditions from English and American programs.

The Newcastle "Playgym" program has been operating on a non-profit basis for seven years with the sponsorship of the Newcastle College of Advanced Education and the University of Newcastle. It began with a pre-gym program for 3 and 4 year olds, and was extended to include (a) 5-7 year olds "beginning gymnastics" and (b) a program for 2 year olds in "playgym", in accordance with parental requests. The numbers currently are:

2-3 year olds 20 children per class 10 am, 11 am
3-4 year olds 25 children per class 10 am, 11 am
5-7 year olds 25 children per class or 11-12 noon

Classes are held on Saturday mornings for 45 minutes for 2 year olds and one hour for 3-7 year olds. As classes occur concurrently it is possible for the whole family to be involved. Parents accompany their 2 to 4 year old children, while the program for 5-7 year olds does not require parental supervision, though parents are welcome to observe.

This article will concentrate on the development of the program for the 2 year olds (and children who have just turned 3).

Initially, staff were reluctant to include 2 year old children in a program designed for 3 and 4 year olds. A "trial and error" formula soon prompted

the staff to revamp the whole program to better cater for all age groups. Consequently, 2 year olds and children who have just had their third birthday form one group, and 3½-4½ year olds another group.

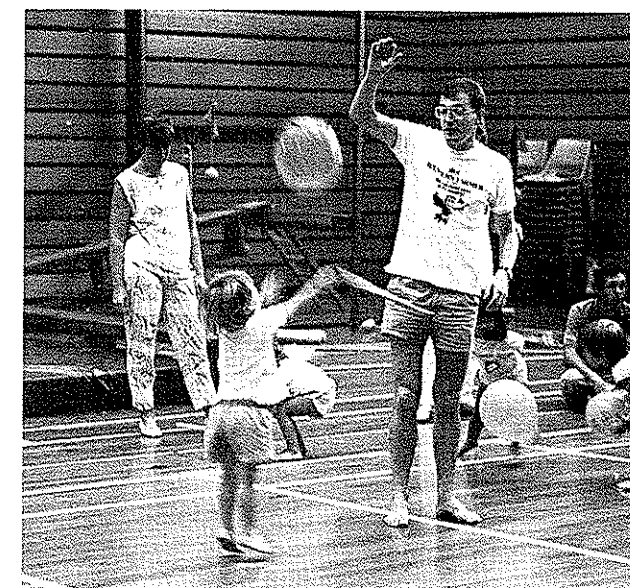
This has proved to be a pragmatic and satisfactory solution to parental requests and children's needs, without dramatically altering the original concept of the playgym program. Staff have been supportive of the new format. This new format allows sufficient flexibility for a child with special needs to be placed in a group of children who have the same social and physical skills, rather than being in a group of children of the same age.

The structure of the program

Now that the program for 2 year olds has been operating for a number of years, both the format and the structure of the program have changed in response to parental feedback, children's observed behaviour and levels of social and physical development. This new program better matches children's interests and developmental needs as well as parent expectations.

Parent's role

A marked difference between 2 and 3 year olds' need for parental participation in the program has been observed. Two year olds seem to respond only with their parents, so teachers demonstrate songs and activities to the parent/child and then the parents encourage their own



John Schiller

"... and then parents encourage their own child to participate"



John Schiller

The parent/staff relationship requires honesty, trust, support and open communication to develop into a team effort to benefit the child.

child to participate. During the eight week program, as the children's confidence and trust grows, they are willing to leave their parent's side during group activities for short periods of time. During the informal whole-group activities (such as singing games and action songs) children physically move further away from parents and closer to their peers and teachers. This spontaneous behaviour has consistently occurred in each program as the weeks have progressed. Many parents remark on their child's changing social behaviour as a benefit which they had not anticipated in a gross motor program.

Initially, parents of the two year olds confided in the staff that they felt discomfort over their non-conforming 2 year olds. Therefore, the staff are careful to explain to parents how best to support and encourage their children in this new setting. For example, it is sometimes necessary to reassure parents that some two year olds at the beginning

of the program do not wish to participate in group activities, preferring instead to continue to explore the environment. This is normal and acceptable behaviour for a 2 year old. Staff explain that parental anxiety in such a situation can lead to increased wilfulness on the part of the child.

The parent/staff relationship develops into a team effort to benefit the child. Such a relationship requires honesty, trust, support and open channels of communication between both parents and staff. There are also ways of accommodating different parental styles in the program. Parents have consistently remarked upon their enjoyment of a structure which allows either active participation (on their part) or a low-key involvement, depending on their child's needs. They appreciate the lack of pressure from staff and the program's flexibility.

Parents report that during the program they "learn along with the children" and develop more subtle ways to encourage their child and offer comments in a positive way. Staff observe that when parents become relaxed they enjoy interaction with other parents and children, and comment informally and empathetically on other children's social and physical development. Some parents refer to the program in its early stages as the "mop and bucket program", because the excitement of the program necessitates frequent toileting procedures! The humorous moments can be enjoyed by everybody, as people start to notice the changes in the group as a whole.

As parents have commented anxiously about their child's participation in larger groups, the program has been structured to include social skills as well as gross motor skills. Parents are given information sheets containing action songs, finger plays, and ideas for making activities used in the program suitable for adaptation for the home. Parents have noticed that some children who seem reluctant to join in Saturday-group activities spend the week at home actively engaging in the same activities, and looking forward to the next Saturday, when, once again, they become "the silent observer". Usually, by the conclusion of the program, such children are actively participating in all activities. However, each child does have its own path and rate of development and this is particularly noticeable with two year olds.

For parents, one of the most valuable outcomes of the program is increased awareness of changes in their children and other children of a similar age, acknowledgement and acceptance of their child's capabilities and children's differing rates of development. This increases the parent's confidence that their child is developing "normally".

Parents benefit from the program as they become more understanding and supportive of other parents whose children have a particular learning difficulty.

One mother, who had a child with special needs and who attended the playgym for several years, made the following comments in a letter to the playgym staff:

"I feel that the program was (and is) of great benefit to all the children who attend. I have received great pleasure over the years from watching so many of them grow with confidence and ability as they used the equipment; it was good to see them enjoy the program so much.

It meant a great deal to me to see how welcome the children were there, who were just a little "different" from the majority and of course I know only too well how this programme has

helped them. They gained so much more than the ordinary child who perhaps, attended only for a Saturday morning of enjoyment".

Program format

The format of the program for 2-3 year olds is as follows:

- 15 minutes exploration of the gym environment with parent supervision and guidance (allowing for late arrivals).
- 2 minutes revision of previous week's songs and related themes.
- 5 minutes of group activities with emphasis on the theme for the day (e.g. up and down, over and under, front and back), using action songs emphasizing shared movement activities between parents and children. A useful aid to encourage children's involvement in group activities has been a large, rag doll.
- 5-10 minutes exploration of environment. This is planned around the theme of the day. During this time, parents can assist in increasing their child's spatial and body awareness by strongly linking movement of their child to the words and theme of the day (e.g. over and under) and by repeating the words as the child performs an activity (e.g. "you are climbing over the form and now you are going under the beam").
- 5 minutes of large group activities using small equipment (e.g. bean bags, balls, balloons, scarves or ropes).
- 5-10 minutes of children using small equipment with parents, relating again to the theme of the day (e.g. "roll the ball under the beam, throw it over the tunnel").
- Conclusion - goodbye song.

Activities in the program

Two to three year olds need repetition in jumping using two feet, but luckily this is an activity which they enjoy and which has a well-known fingerplay that can be adapted for whole body movement (e.g. 5 bears bouncing on the bed).

Many parents, who themselves have a fear of heights, feel concerned about "their adventurous climbers". The children enjoy climbing but will only climb within their level of capability.

Two year olds find balancing activities most demanding and difficult, so, by providing balance apparatus at different heights each week, the children can find their appropriate level and so increase their confidence in dynamic balance.

Swinging on ropes challenges children with varied capabilities. By the end of the program most 2 year olds can cope with swinging in a

3. unusual fun activities such as log rolling (with accompanying explanation of its value being given to aid parent's understanding);
4. teacher-directed parent/child activities using equipment in a particular way, which is new to parents;
5. use of simple, homemade equipment;
6. a variety of skill-based activities (e.g. ball throwing, hitting and kicking a ball, parachute play).

Improvements which have been suggested are:

- a. parents would like staff to spend more time speaking informally to them and their children during the free play segments (time is a constraining factor);
- b. the need to continually stress safe ways of using equipment as set out in the gymnasium.

A parent's perspective

A father of a three year old evaluated the program thus:

"The most obvious thing about the program was that children enjoyed it. As a parent, however, there were two aspects of the programme which impressed me.

The first was the structure in the programme which enabled children to learn something new about themselves each week. Much of this was hidden. It was not obvious until after some weeks of attending that each week things were just a little more difficult than previously. Each new object invited the child to extend himself a little more than last week, and as a result my son has far more confidence in his own ability than he perhaps would have developed otherwise. When we go to a park for example he climbs and swings on the equipment - sometimes with heart-stopping abandon.

The other impressive aspect was the socialisation which the programme engendered. It is a big thing for a young child to ask and not grab, to wait his turn and not push in, and the programme in its own subtle way forced the children to respect the rights of others and what is probably more important, also made the children aware of their own rights.

My son wants to come to the next session and because I see so much value in the programme - I want to bring him".

Conclusion

The two year old program is continuing to be a popular Saturday morning activity. The demand is greater than that which can be met at the moment.

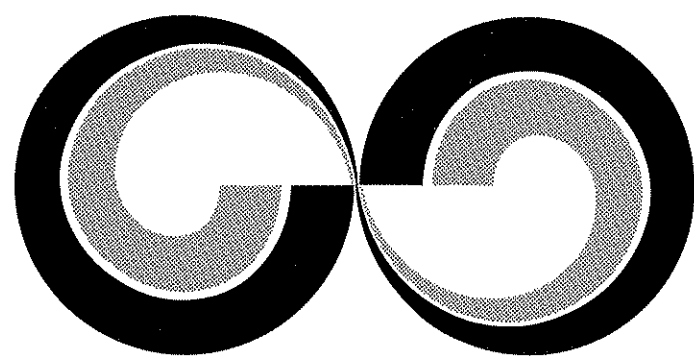
Staff, parents and two year olds have found that such a program increases one's confidence but most importantly one learns that "movement is FUN".



John Schiller

Teachers demonstrate song and activities to the parent/child dyad.

7-11.7.1987



8. GYMNAESTRADA HERNING

The Danish town of Herning, with a population of 57,000 is about to play host to a feast of Gymnastic activity.

In July, more than 20,000 participants from 25 countries will converge on Herning for the 8th Gymnaestrada.

The Gymnaestrada, which is the world festival of gymnastics has been held every 4 years since 1953.

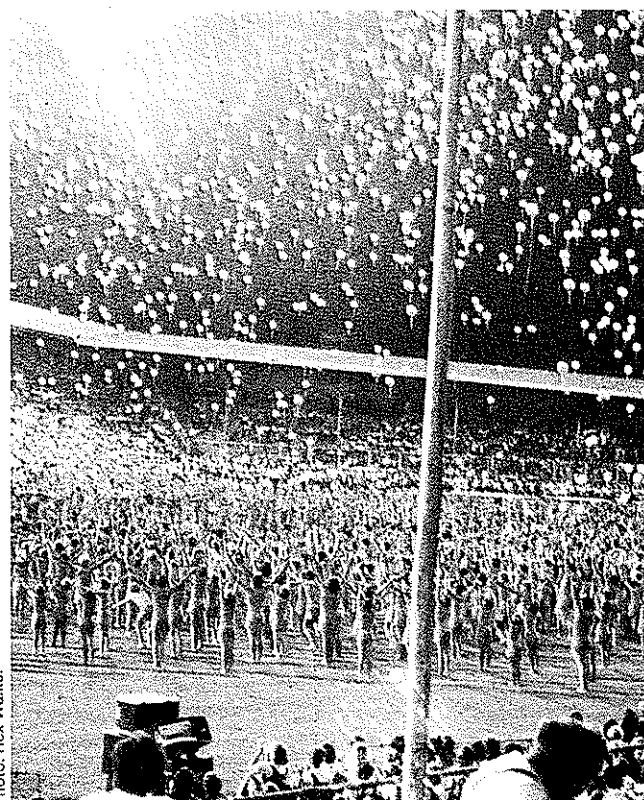
Each nation displays a variety of rhythmic, artistic, dance, acrobatic, recreation, folklore and cultural activities.

The format for the activities is recreational rather than competitive, with an emphasis on performance and proficiency.

Some of the objectives of the Gymnaestrada are: to foster enthusiasm in the joy of movement, to make known the latest developments and innovations



Photo: Rex Walker



in general gymnastics, to extend the knowledge of leaders and coaches and to bring together people of both sexes, from all countries and contribute to a better understanding and good will amongst people.

Australia will be represented for the first time at a Gymnaestrada, this year.

The L' Elfin School of Acrobatic Gymnastics, from NSW will be participating in the festival. By committing themselves to participate in the Gymnaestrada, the club, gymnasts and their parents have a major challenge before them. The experience gained from attending and participating in an event of this magnitude will undoubtedly offset the costs.

L' Elfin's participation in the festival and other aspects of the Gymnaestrada, will be featured in future articles of Australian Gymnast.

Photo: Rex Walker

did you know...



Bd. "Tolbukhina" 18, Sofia, tél. 80-06-40, Telex 22724

Rhythmic World Championships

The Black Sea coastal town of Varna will be the venue for the 1987 World Championships.

Hosted by the World Champion's nation, Bulgaria, the competition should see more competitors than ever in this growing Olympic discipline. Held from the 16th-21st September, 1987, the rank of the individuals will determine their representation at the 1988 Olympic Games (two per nation only).

Mr Li Ning (CHI), gymnast and Olympic Champion in 1984, will henceforth be a member of the Athletes Commission. The five continents are therefore now represented on this Commission.



Anne Bigham received the "Medal of the Order of Australia" from the South Australian Governor.

Congratulations, Anne!



World Championships to be Olympic Qualification Trials

The Artistic World Championships will be in Rotterdam from the 18th-25th October, 1987 nearly twelve months before the Olympic Games.

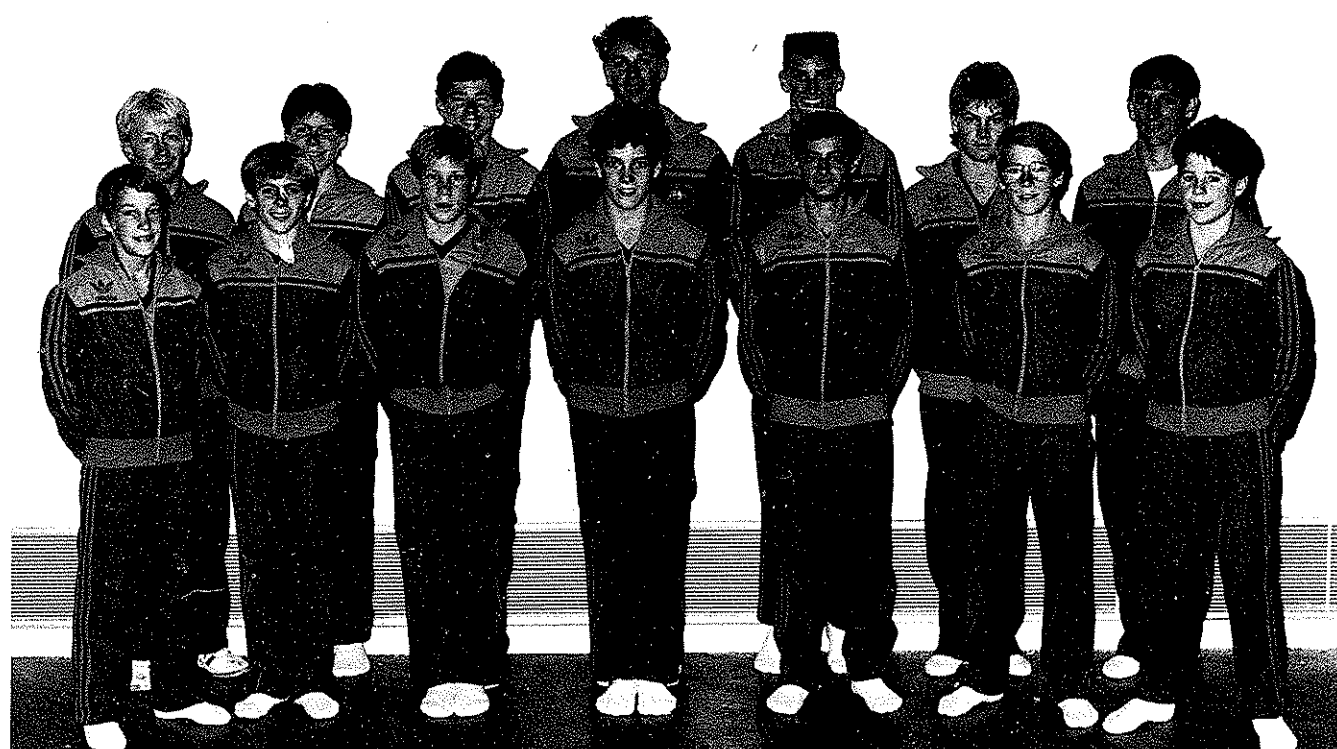
Held in the new 'Ahoy' sports complex, the competition will prove to be very exciting. Australia will field both a men's and a women's team; placings in the team event will determine who is eligible for the '88 Olympic Games.

did you know...

Right: 1980 Olympic Champion
Davidova with her child.
Below: M.A.G. Junior Team U.S.A.
Tour 1987



Photo: Mark Callon



COSTUME AND BALLET CENTRE

613 Wellington Street, Perth. Phone 321 6362

Opposite Perth Entertainment Centre

LYCRA LEOTARDS FOR

- GYMNASTICS
- CALISTHENICS
- ACROBATICS
- BALLET
- JAZZ
- BALLROOM PRACTICE

WE SPECIALISE IN

- ALL BALLET REQUIREMENTS
- BALLROOM SHOES
- SEQUINS AND BRAIDS
- FEATHERS AND TRIMMINGS
- ELKSKIN CHAMPS
- PAUL WRIGHT GYM SHOES
- BLOCH GYM SHOES
- BLOCH TRAMPOLINE SHOES

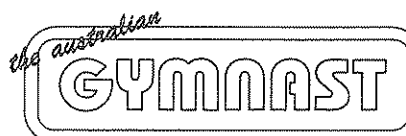
SPORTS CLUBS PLEASE NOTE:—

Club colours available for special designs
Also sports briefs to match.
Plus all standard dance leotards.



Subscribe

to



And receive:

- 4 quarterly issues,
- colour posters,
- articles of interest,
- training tips,
- competition results,
- and much, much more.



Please enter my subscription to
'The Australian Gymnast'
I enclose a cheque for \$14 for four issues
in this calendar year.
•overseas subscription A\$21

Name.....

Address.....

.....Postcode.....



Please enter my subscription to
'The Australian Gymnast'
I enclose a cheque for \$14 for four issues
in this calendar year.
•overseas subscription A\$21

Name.....

Address.....

.....Postcode.....



Please enter my subscription to
'The Australian Gymnast'
I enclose a cheque for \$14 for four issues
in this calendar year.
•overseas subscription A\$21

Name.....

Address.....

.....Postcode.....



Please enter my subscription to
'The Australian Gymnast'
I enclose a cheque for \$14 for four issues
in this calendar year.
•overseas subscription A\$21

Name.....

Address.....

.....Postcode.....



Please enter my subscription to
'The Australian Gymnast'
I enclose a cheque for \$14 for four issues
in this calendar year.
•overseas subscription A\$21

Name.....

Address.....

.....Postcode.....



Please enter my subscription to
'The Australian Gymnast'
I enclose a cheque for \$14 for four issues
in this calendar year.
•overseas subscription A\$21

Name.....

Address.....

.....Postcode.....



Please enter my subscription to
'The Australian Gymnast'
I enclose a cheque for \$14 for four issues
in this calendar year.
•overseas subscription A\$21

Name.....

Address.....

.....Postcode.....

Send to: **the Australian GYMNAST**

"THE AUSTRALIAN GYMNAST"
302 Boundary Road,
Dingley, Victoria, 3172

Subscribe to **the Australian GYMNAST**

Please share these cards with your gymnasts, friends, teachers & family.
Bulk subscription cards are available for issue to Clubs and Schools.
Enquiries to: 'The Australian Gymnast'
302 Boundary Road,
Dingley, Vic. 3172.

Send to: **the Australian GYMNAST**

"THE AUSTRALIAN GYMNAST"
302 Boundary Road,
Dingley, Victoria, 3172

Send to: **the Australian GYMNAST**

"THE AUSTRALIAN GYMNAST"
302 Boundary Road,
Dingley, Victoria, 3172

Send to: **the Australian GYMNAST**

"THE AUSTRALIAN GYMNAST"
302 Boundary Road,
Dingley, Victoria, 3172

Send to: **the Australian GYMNAST**

"THE AUSTRALIAN GYMNAST"
302 Boundary Road,
Dingley, Victoria, 3172

Send to: **the Australian GYMNAST**

"THE AUSTRALIAN GYMNAST"
302 Boundary Road,
Dingley, Victoria, 3172

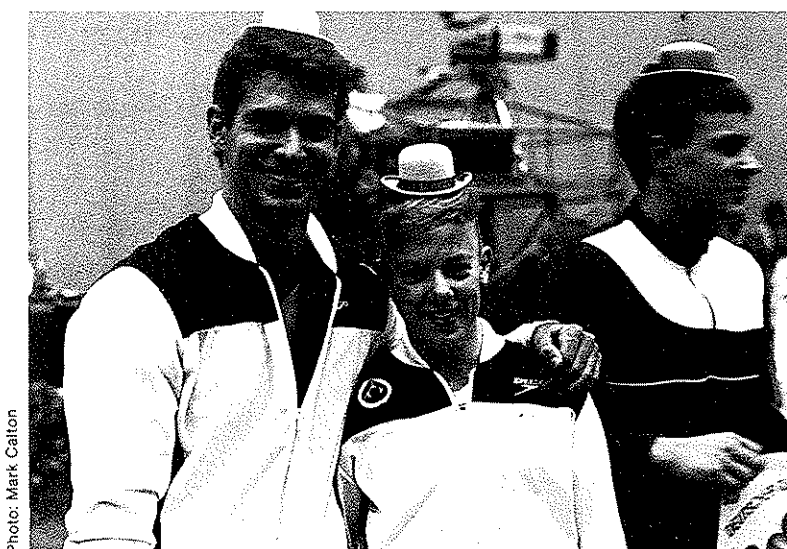
Send to: **the Australian GYMNAST**

"THE AUSTRALIAN GYMNAST"
302 Boundary Road,
Dingley, Victoria, 3172

OVERSEAS COMPETITIONS



L-R: Warwick Forbes, Ju Ping Tian, Rob Edmonds, Monique Allen, Leanne Rycroft, Grant Carlyon, Shaw Byng. Cottbus Cup, East Germany.



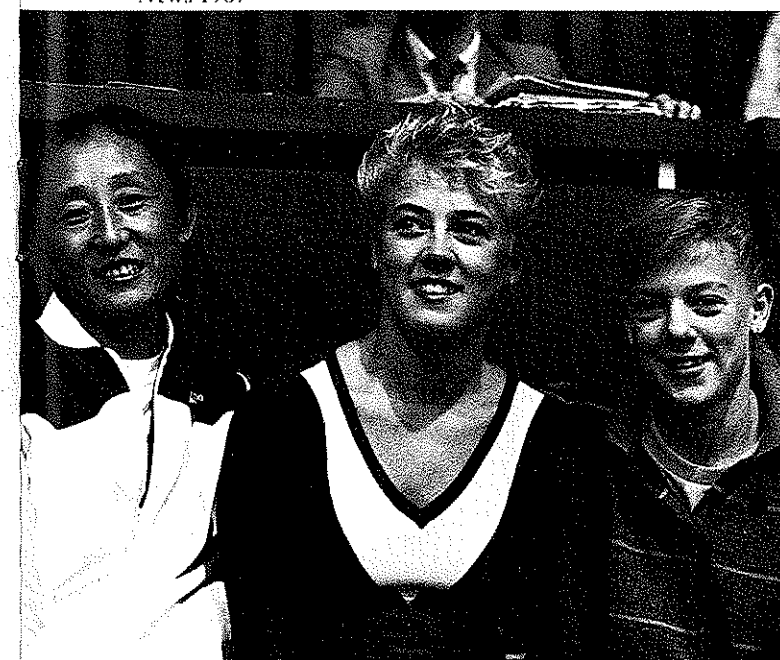
Pairs Event: Grant Carlyon, Monique Allen, Cottbus Cup, East Germany.



President of the F.I.G., Yuri Titov, presenting the 'Miss Moscow News' award to Lee-Anne Murray—Moscow News 1987



Grant Carlyon—Moscow News 1987



Ju Ping Tian, Leanne Rycroft, Monique Allen



Leanne Rycroft equal 4th on Beam, Cottbus Cup, East Germany

HUNT THE GYM WORDS NO. 1

from Tas. Gym News 4/3
by Laurie Seymour

Cross off all the words and you will reveal two mystery words.

TO SOLVE: The words are all in the diagram and they read UP, DOWN, ACROSS TO THE LEFT, ACROSS TO THE RIGHT, or DIAGONALLY, but always in a straight line.

Without skipping over any letters, cross out each word as you find it, when all words have been found unscramble the remaining 12 letters in the diagram and they will spell two words you all know.

The word POINT has been crossed off to get you started.

WORD LIST

Entry	Smile
Aerial	Overall
Agile	Pass
Aiming	Parallel
Club	Penalty
Competition	Pike
Dismount	Point
Event	Pommel
Floor	Rings
Girl	Roll
Gymnastics	Seat
Horizontal	Scoring
Horse	Train
Mat	Trophy
Medal	Vault
Music	Venue

```

Y R T N E P O M M E L
T T L G L L A R E V O
Y R L A A G I L E E T
M G A A I M I N G N N
L Y T I N R U R I T N
A M N A N E E O L O P
T N U R S L P A I S A
N A O T I I O T Y C R
O S M M K N I G H O A
Z T S E A T G R P R L
I I I A E T O S O I L
R C D P P L I C R N E
O S M C L U B S T G L
H O R S E A L A D E M
C I S U M V F L O O R
    
```



Australian Institute of Sport

1988 SCHOLARSHIPS

Applications are invited from Australian sportsmen and sportswomen for a limited number of 1988 gymnastics scholarships awarded by the Australian Institute of Sport.

As a general rule, a successful candidate would normally be competing at the National Championship level.

Interested gymnasts may apply on the official application form which must be received by 1 September 1987. When requesting an application form, athletes must specify their sport. Application forms are available from:

Athlete Administration
Australian Institute of Sport
PO Box 176
BELCONNEN....ACT....2616

Grips Invitational Women's Artistic Gymnastics—Levels 8—10

On 24th May, 1987, a competition with a difference was held at Grips Gymnastics Club. Prospective entrants had the opportunity of competing for 'monetary' prizes. In abiding by amateur competition regulations, all such monies were paid to the Clubs of competing gymnasts.

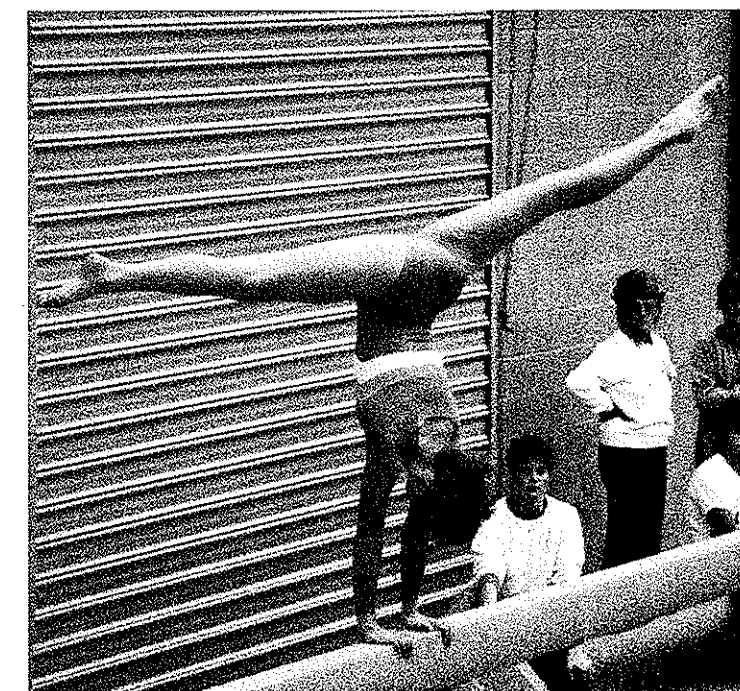
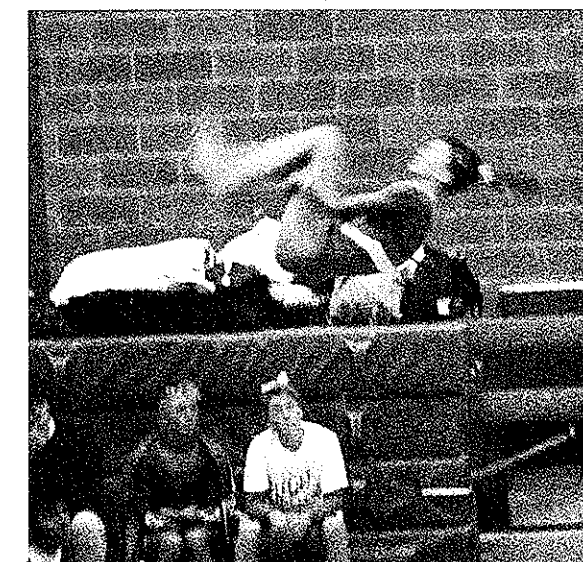
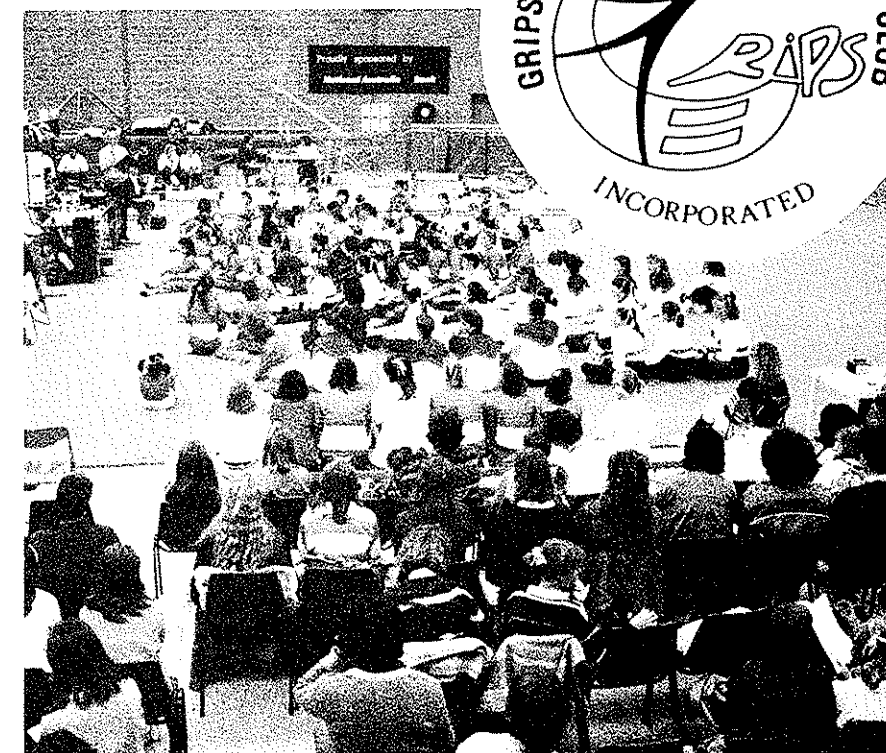
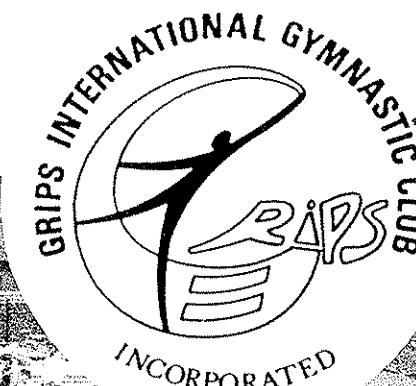
Sanctioned by the AGF and the Victorian Association, the competition was sponsored by 'Hartop' Helmets, National Australia Bank, Acromat and Grips International.

In addition to Women's Artistic gymnastics (levels 8, 9 and 10), the program included a taste of Dance-Acro Sports. Displays from a local karate group, and a colourful presentation (with lighting effects) from Senior Grips students concluded a memorable day.

Director and Head Coach of Grips, Michael Silver, said, "I am very pleased at the support this inaugural competition has received, and with how smoothly it has run. Next year we look forward to a two-day competition, including Men's Artistic Gymnastics".

Many thanks to all attending judges from Victoria and Interstate, our sponsors, and physiotherapists Mr Don McIntosh and Mr Tony Davis for their presence and attendance to gymnasts.

Grips International Gymnastics Club also thanks ABC Television Network for their coverage.



Travelodge

SOUTHERN PACIFIC HOTEL CORPORATION

THE BEST SPORTS IN ACCOMMODATION

National Levels Championships

Launceston, Tasmania 17th—20th June, 1987

COLES NEW WORLD—AUSTRALIA vs NEW ZEALAND

COMPETITION II — LEVEL 10

Name	State	Vault	Bars	Beam	Floor	Total	Place
AUSTRALIA							
Melissa Hill	NSW	8.900	8.750	8.650	8.900	35.200	
Shelley Turnbull	VIC	8.550	8.500	8.250	8.500	33.800	
Kim Guthrie	VIC	8.350	8.500	8.350	8.400	33.600	
Lisa Newman-Morris	VIC	8.850	8.300	8.650	8.550	34.350	
Andrea Fitzsimmons	QLD	8.400	8.700	8.200	8.850	34.150	
Kylie Shadbolt	QLD	8.350	9.000	8.650	7.550	33.550	
Team Total		34.700	34.950	34.300	34.800	138.750	1
NEW ZEALAND							
Tamika Cook	NZ	8.500	7.400	8.000	8.100	32.000	
Jenny Davidson	NZ	8.450	7.650	7.350	6.800	30.250	
Paula Hawley	NZ	8.650	0.000	6.900	8.350	23.900	
Philippa Lindsay	NZ	7.950	6.300	7.400	7.250	28.900	
Angela Muir	NZ	7.900	6.550	6.750	7.600	28.800	
Tina Waller	NZ	8.500	6.900	7.050	7.950	30.400	
Team Total		34.100	28.500	29.800	32.000	124.400	2
INDIVIDUALS							
Cathy McIntosh	NSW	8.500	8.350	8.600	9.000	34.450	
Nicole Gosnell	NSW	8.750	6.950	8.000	8.350	32.050	
Kylie Osgood	NSW	8.500	7.600	8.450	8.200	32.750	
Nita Miliotis	NSW	8.600	8.450	8.300	8.300	33.650	
Sharon Turner	NSW	8.450	7.800	6.550	7.850	30.650	
Karen Myers	VIC	8.700	0.000	0.000	0.000	8.700	
Melissa Weiss	VIC	8.500	7.950	8.250	8.500	33.200	
Clare Scotney	QLD	8.100	8.650	8.750	8.450	33.950	
Kym Rankin	QLD	8.350	8.000	8.350	8.650	33.350	
Jackie McKenzie	QLD	8.400	8.400	8.000	8.550	33.350	
Martine George	WA	8.350	7.200	7.150	8.400	31.100	
Belinda Markham	SA	9.000	7.900	7.700	8.600	33.200	
Katrina Wilson	SA	8.450	8.400	7.850	8.400	33.100	
Jodi Larter	TAS	8.200	7.700	6.050	7.700	29.650	
Melissa O'Byrne	TAS	8.550	7.500	7.200	7.550	30.800	
Natalie Moore	ACT	8.700	8.400	7.900	8.550	33.500	
Leisa Wilson	ACT	7.900	6.100	0.000	7.600	21.600	
Sharon McGregor	VIC	8.500	8.150	7.850	8.300	32.800	

COMPETITION II — LEVEL 10

INDIVIDUAL

Name	State	Overall	Comp	1B	Total	Place
Melissa Hill	NSW	35.200	35.150	70.350		1
Andrea Fitzsimmons	QLD	34.150	34.500	68.650		2
Lisa Newman-Morris	VIC	34.350	34.200	68.550		3
Kim Guthrie	VIC	33.600	34.800	68.400		4
Cathy McIntosh	NSW	34.450	33.600	68.050		5
Clare Scotney	QLD	33.950	33.750	67.700		=6
Kylie Shadbolt	QLD	33.550	34.150	67.700		=6
Shelley Turnbull	VIC	33.800	33.850	67.650		=8
Jackie McKenzie	QLD	33.350	33.300	66.650		=8
Natalie Moore	ACT	33.550	32.800	66.350		10
Nita Miliotis	NSW	33.650	32.450	66.100		11
Melissa Weiss	VIC	33.200	32.850	66.050		12
Katrina Wilson	SA	33.100	32.800	65.900		13
Kym Rankin	QLD	33.350	32.450	65.800		14
Belinda Markham	SA	33.200	32.500	65.700		=15
Kylie Osgood	NSW	32.750	31.950	64.700		=15
Sharon McGregor	VIC	32.800	31.900	64.700		=15
Nicole Gosnell	NSW	32.050	32.025	64.075		18
Melissa O'Byrne	TAS	30.800	31.450	62.250		19
Martine George	WA	31.100	30.950	62.050		20
Sharon Turner	NSW	30.650	31.150	61.800		21
Tamika Cook	NZ	32.000	29.650	61.650		22
Jodi Larter	TAS	29.650	30.700	60.350		23
Angela Muir	NZ	28.800	30.250	59.050		24
Tina Waller	NZ	30.400	28.550	58.950		25
Philippa Lindsay	NZ	28.900	27.850	56.750		=26
Paula Hawley	NZ	23.900	29.850	53.750		=26
Leisa Wilson	ACT	21.600	30.900	52.500		28
Jenny Davidson	NZ	30.250	22.150	52.400		29
Karen Myers	VIC	8.700	31.800	40.500		30

PTL FOOD SERVICE COMPETITION III — LEVEL 10

Name	State	Total	Place
VAULT			
Belinda Markham	SA	17.6250	1
Melissa Hill	NSW	17.4000	=2
Karen Myers	VIC	17.4000	=2
Natalie Moore	ACT	17.3000	4
Lisa Newman-Morris	VIC	17.1500	5
Nita Miliotis	NSW	17.0250	6
Kim Guthrie	VIC	16.8750	7
Kylie Shadbolt	QLD	16.8250	8
BARS			
Andrea Fitzsimmons	QLD	17.9000	1
Melissa Hill	NSW	17.8500	2
Kylie Shadbolt	QLD	17.6500	3
Cathy McIntosh	NSW	17.2500	4
Jackie McKenzie	QLD	17.0500	5
Shelley Turnbull	VIC	16.9250	6
Katrina Wilson	SA	16.7250	7
Kim Guthrie	VIC	16.7000	8
BEAM			
Cathy McIntosh	NSW	17.6000	1
Shelley Turnbull	VIC	17.1000	=2
Kylie Shadbolt	QLD	17.1000	=2
Kim Guthrie	VIC	16.9750	4
Kylie Osgood	NSW	16.9000	5
Melissa Hill	NSW	16.8500	6
Nita Miliotis	NSW	16.4250	=7
Lisa Newman-Morris	VIC	16.4250	=7
FLOOR			
Melissa Hill	NSW	17.8750	1
Andrea Fitzsimmons	QLD	17.7250	2
Cathy McIntosh	NSW	17.6500	3
Lisa Newman-Morris	VIC	17.2000	4
Kim Guthrie	VIC	17.1500	5
Kym Rankin	QLD	17.1000	6
Jackie McKenzie	QLD	17.0000	7
Shelley Turnbull	VIC	16.9500	8

World Gymnastics

Order Form

Please send me your World Gymnastics Magazine for the period of:

(1) one year

US\$16—(US\$21—air mail)

(2) two years

US\$31—(US\$40—air mail)

I enclose a cheque/money order for the due sum ☐

C./C. 311 Banco di Roma

Filiale di Milano,

Piazza Tommaso, Edison 1, Italy.

NAME.....

ADDRESS.....

.....Post Code.....

NORTHERN BUSINESS MACHINES

COMPETITION II — LEVEL 9

Name	State	Vault	Bars	Beam	Floor	Total	Place
AUSTRALIA							
Susie Davis	VIC	8.650	8.600	8.700	8.550	34.500	
Lucy McDonald	VIC	8.850	8.500	8.650	9.000	35.000	
Sally Weiss	VIC	8.550	8.250	8.550	8.500	33.850	
Fiona Lynch	VIC	8.500	8.450	8.500	8.450	33.900	
Trisha Butler	QLD	8.450	8.550	8.650	8.500	34.150	
Lisa Burke	QLD	8.600	8.200	8.400	8.500	33.700	
Team Total		34.650	34.100	34.550	34.550	137.850	1
NEW ZEALAND							
Deborah Glover	NZ	0.000	7.800	0.000	0.000	7.800	
Ondrea Gooch	NZ	0.000	0.000	0.000	0.000	0.000	
Martina Gotz	NZ	7.500	6.800	7.100	7.700	29.100	
Sasha Mather	NZ	8.200	7.050	7.650	7.550	30.450	
Nicola MacKenzie	NZ	8.250	8.100	7.050	7.600	31.000	
Paula Montford	NZ	8.350	8.250	6.350	7.850	30.800	
Team Total		32.300	31.200	28.150	30.700	122.350	2
INDIVIDUALS							
Rachel Fletcher	NSW	8.500	8.250	8.250	8.500	33.500	
Tania Mann	NSW	8.000	7.700	7.400	7.800	30.900	
Amanda Condie	NSW	8.600	7.850	7.200	7.650	31.300	
Natalie Richardson	VIC	8.150	8.600	8.550	7.850	33.150	
Bianca Frost	VIC	8.000	8.500	6.700	8.250	31.450	
Lisa Symons	QLD	8.300	8.250	8.400	8.250	33.200	
Alison Waters	QLD	8.750	8.250	7.500	8.300	32.800	
Nicollie Swan	QLD	8.150	7.450	8.600	8.650	32.850	
Sheryl Lowe	QLD	8.500	8.300	8.350	8.050	33.200	
Lisa Chircop	WA	7.800	7.400	8.350	7.400	30.950	
Amy Pedersen	WA	8.100	7.100	7.950	7.400	30.550	
Anna Sadlier	WA	8.400	7.850	7.500	7.900	31.650	
Danielle Rippin	SA	8.300	6.250	8.100	7.350	30.000	
Bianca Sachs	SA	8.200	7.650	7.500	7.650	31.000	
Jane De Col	SA	8.450	7.950	7.500	7.800	31.700	
Kerry Turton	SA	8.350	6.750	6.800	7.700	29.600	
Rachel Jensen	SA	8.400	6.850	7.200	8.250	30.700	
Christine Jones	TAS	8.200	7.350	7.600	7.650	30.800	

TATTERSALLS COMPETITION III — LEVEL 9

Name	State	Total	Place
VAULT			
Lucy McDonald	VIC	17.4750	1
Susie Davis	VIC	17.2000	2
Fiona Lynch	VIC	17.1500	=3
Alison Waters	QLD	17.1500	=3
Lisa Burke	QLD	17.0500	5
Sally Weiss	VIC	16.9750	6
Sheryl Lowe	QLD	16.9000	7
Rachel Fletcher	NSW	16.8500	8
BARS			
Susie Davis	VIC	17.3000	1
Natalie Richardson	VIC	17.1000	2
Fiona Lynch	VIC	16.8500	3
Lisa Symons	QLD	16.6875	4
Lucy McDonald	VIC	16.6750	=5
Trisha Butler	QLD	16.6750	=5
Alison Waters	QLD	16.4500	7
Bianca Frost	VIC	15.8500	8

STACPOOLE PLANT HIRE

COMPETITION 1B — LEVEL 9
STATES TEAM COMPETITION

Name	State	Vault	Bars	Beam	Floor	Total	Place
Rachel Fletcher	NSW	8.450	8.050	8.200	8.350	33.050	
Michelle Roberts	NSW	7.850	7.700	6.850	8.050	30.450	
Tania Mann	NSW	8.000	8.150	7.450	7.850	31.450	
Amanda Condie	NSW	8.150	8.050	7.550	7.650	31.400	
Cassie Irish	NSW	8.050	7.400	7.100	7.700	30.250	
Loretta Miles	NSW	7.900	7.700	7.850	6.800	30.250	
Team		32.650	31.950	31.050	31.950	127.600	4
Susie Davis	VIC	8.800	8.800	8.550	8.900	35.050	
Lucy McDonald	VIC	8.800	8.050	8.100	8.800	33.750	
Sally Weiss	VIC	8.600	8.200	8.500	8.400	33.700	
Fiona Lynch	VIC	8.950	8.350	8.500	8.050	33.850	
Natalie Richardson	VIC	8.350	8.800	7.500	8.100	32.750	
Bianca Frost	VIC	8.100	8.700	7.350	8.000	32.150	
Team		35.150	34.650	33.650	34.200	137.650	1

COMPETITION II — LEVEL 9

INDIVIDUAL

Name	State	Overall	Comp	1B	Total	Place
Susie Davis	VIC	34.500	35.050	69.550		1
Lucy McDonald	VIC	35.000	33.750	68.750		2
Trisha Butler	QLD	34.150	33.950	68.100		3
Fiona Lynch	VIC	33.900	33.850	67.750		4
Sally Weiss	VIC	33.850	33.700	67.550		5
Lisa Burke	QLD	33.700	33.050	66.750		6
Rachel Fletcher	NSW	33.500	33.050	66.550		7
Lisa Symons	QLD	33.200	32.925	66.125		8
Natalie Richardson	VIC	33.150	32.750	65.900		9
Nicollie Swan	QLD	32.850	32.850	65.700		10
Alison Waters	QLD	32.800	32.450	65.250		=11
Sheryl Lowe	QLD	33.200	32.050	65.250		=11
Bianca Frost	VIC	31.450	32.150	63.600		13
Jane De Col	SA	31.700	31.800	63.500		14
Anna Sadlier	WA	31.650	31.600	63.250		15
Christine Jones	TAS	30.800	32.100	62.900		16
Bianca Sachs	SA	31.000	31.800	62.800		17
Amanda Condie	NSW	31.300	31.400	62.700		=18
Lisa Chircop	WA	30.950	31.750	62.700		=18
Tania Mann	NSW	30.900	31.450	62.350		20
Any Pedersen	WA	30.550	31.650	62.200		21
Nicola MacKenzie	NZ	31.000	31.100	62.100		=22
Rachel Jensen	SA	30.700	31.400	62.100		=22
Danielle Rippin	SA	30.000	31.500	61.500		24
Sasha Mather	NZ	30.450	30.800	61.250		25
Paula Montford	NZ	30.800	30.000	60.800		26
Martina Gotz	NZ	29.100	31.600	60.700		27
Kerry Turtton	SA	29.600	31.050	60.650		28
Andrea Gooch	NZ	0.000	28.900	28.900		29
Deborah Glover	NZ	7.800	0.000	7.800		30

Name	State	Vault	Bars	Beam	Floor	Total	Place
Trisha Butler	QLD	8.350	8.800	8.150	8.650	33.950	
Lisa Symons	QLD	8.200	8.525	7.900	8.300	32.925	
Alison Waters	QLD	8.450	8.450	7.650	7.900	32.450	
Lisa Burke	QLD	8.550	8.250	7.500	8.750	33.050	
Nicole Swan	QLD	8.050	7.850	8.600	8.350	32.850	
Sheryl Lowe	QLD	8.550	7.700	7.500	8.300	32.050	
Team		33.900	34.025	32.300	34.050	134.275	2
Lisa Chircop	WA	7.550	8.050	8.000	8.150	31.750	
Shelley Gray	WA	7.650	6.300	7.050	6.350	27.350	
Tania Korthout	WA	0.000	5.350	0.000	0.000	5.350	
Amy Pedersen	WA	8.250	8.200	7.500	7.700	31.650	
Anna Sadlier	WA	8.350	7.900	7.300	8.050	31.600	
Emma Thomas	WA	7.500	6.350	7.400	7.750	29.000	
Team		31.800	30.500	30.200	31.650	124.15	5
Danielle Rippin	SA	8.250	7.100	7.700	8.450	31.500	
Bianca Sachs	SA	8.350	7.400	7.650	8.400	31.800	
Jane De Col	SA	8.400	8.100	7.200	8.100	31.800	
Kerry Turton	SA	8.450	6.450	7.850	8.300	31.050	
Rachel Jenson	SA	8.100	7.350	7.550	8.400	31.400	
Sarah Millar	SA	8.100	7.900	7.000	6.000	29.000	
Team		33.450	30.750	30.750	33.550	128.500	3
Helen Alcock	NT	7.850	5.750	7.350	7.750	28.700	
Marie Spiteri	NT	7.600	7.100	6.150	7.900	28.750	
Kirsti Arbon	NT	7.400	7.750	7.450	7.600	30.200	
Indira Jones	NT	7.650	6.100	5.700	8.000	27.450	
Team		30.500	26.700	26.650	31.250	115.100	6
Elizabeth Clarke	TAS	7.600	6.250	6.700	7.250	27.800	
Kristina Crawford	TAS	7.850	6.900	6.250	7.650	28.650	
Christine Jones	TAS	8.400	8.050	7.650	8.000	32.100	
Delwen Griffith	ACT	8.250	7.350	6.700	7.050	29.350	
Julie Smith	ACT	7.400	7.250	6.300	7.400	28.350	
Jacqi Mendl	ACT	8.350	6.850	7.700	7.300	30.200	
Deborah Glover	NZ	0.000	0.000	0.000	0.000	0.000	
Ondrea Gooch	NZ	7.900	5.000	8.100	7.900	28.900	
Martina Gotz	NZ	7.950	7.550	7.900	8.200	31.600	
Sasha Mather	NZ	7.550	7.150	8.200	7.900	30.800	
Nicola MacKenzie	NZ	8.350	8.000	6.600	8.150	31.100	
Paula Montford	NZ	8.300	7.350	6.200	8.150	30.000	

PCYC (LAUNCESTON) COMPETITION 1B — LEVEL 8
States Team Competition

Name	State	Vault	Bars	Beam	Floor	Total	Place
Cathy Meares	NSW	8.400	7.900	7.900	8.150	32.350	
Donna Dries	NSW	8.700	7.550	6.900	7.800	30.950	
Catherine Turner	NSW	9.050	8.100	7.500	8.150	32.800	
Kim Van Tussenbrook	NSW	8.250	7.800	7.750	7.600	31.400	
Melanie Bray	NSW	7.600	8.400	7.950	7.750	31.700	
Selina West	NSW	8.150	8.400	8.300	8.000	32.850	
Team		34.400	32.800	31.900	32.100	131.200	2
Bernadette Proctor	VIC	8.250	7.950	7.800	7.700	31.700	
Sharon Reiss	VIC	8.250	7.700	8.000	7.650	31.600	
Elizabeth Walker	VIC	8.000	8.450	7.250	8.350	32.050	
Kellie Zanoni	VIC	8.050	8.000	8.050	8.550	32.650	
Michelle Bradney	VIC	8.450	8.450	7.100	7.500	31.500	
Joanne Patane	VIC	7.600	8.300	7.500	8.250	31.650	
Team		33.000	33.200	31.350	32.850	130.400	3
Sarah Dyson	QLD	8.600	8.850	8.100	8.450	34.000	
Michelle Clarke	QLD	7.900	8.450	8.000	7.700	32.050	
Kerri-Anne Hook	QLD	8.350	8.050	7.850	7.800	32.050	
Avril Bolderson	QLD	7.750	7.950	7.400	7.800	30.900	
Natarsha Hennessy	QLD	8.050	7.800	7.800	7.800	31.450	
Heidi Sauer	QLD	8.250	7.950	5.950	8.000	30.150	
Team		33.250	33.300	31.750	32.050	130.350	4
Pene Hambrook	WA	8.000	8.300	7.600	8.600	32.500	
Kathryn Hambrook	WA	7.450	7.850	8.300	8.500	32.100	
Tarryn Hearne	WA	8.100	7.400	7.700	8.700	31.900	
Belinda Lines	WA	7.400	7.000	7.250	7.650	29.300	
Sherrie O'Neill	WA	7.950	7.500	7.450	7.200	30.100	
Jana Williams	WA	7.550	6.900	6.250	8.050	28.750	
Team		31.600	31.050	31.050	33.850	127.550	5
Lauren Solly	SA	8.550	7.550	8.250	7.900	32.250	
Jodie Huppertz	SA	8.400	8.200	8.900	8.500	34.000	
Julia Halliday	SA	8.000	7.850	7.150	8.475	31.475	
Tamara Beer	SA	7.500	7.900	8.050	8.050	31.500	
Terrena Chant	SA	7.600	8.150	8.650	8.050	32.450	
Tania Frew	SA	8.000	8.050	7.500	8.050	31.600	
Team		32.950	32.300	33.850	33.075	132.175	1
Eliza Burke	TAS	7.150	7.650	7.250	7.600	29.650	
Christine Corkery	TAS	7.500	6.200	6.600	7.600	27.900	
Robyn Harding	TAS	7.500	6.000	5.600	7.600	26.700	
Dana McLean	TAS	7.750	7.300	6.100	7.200	28.350	
Avril Watson	TAS	7.400	7.000	6.100	7.400	27.900	
Tania Wells	TAS	7.800	7.000	7.050	7.950	29.800	
Team		30.550	28.950	27.000	30.750	117.250	6
Melissa Hammett	ACT	7.800	7.850	7.100	7.600	30.350	
Anne-Louise Arnett	ACT	7.600	5.500	6.550	5.850	25.500	
Charmaine Bower	ACT	7.150	7.400	6.750	6.000	27.300	
Jodi Murrell	ACT	7.700	6.350	7.350	6.700	28.100	
Team		30.250	27.100	27.750	26.150	111.250	

Name	State	Vault	Bars	Beam	Floor	Total	Place
Marnie Bellion	NT	7.000	6.450	6.550	7.550	27.550	
Tamara Read	NT	7.200	5.850	5.450	6.550	25.050	
Sarah Barry	NZ	8.300	7.950	8.150	8.200	32.600	
Deirdre Cornish	NZ	8.300	7.950	7.900	7.400	31.550	
Michelle Davies	NZ	7.850	8.300	7.650	8.225	32.025	
Jody Isherwood	NZ	7.850	7.700	6.300	8.350	30.200	
Sarah Rees	NZ	8.000	8.300	7.450	7.450	31.200	
Amanda Syme	NZ	8.300	8.400	7.250	7.700	31.650	

AERO STORE

COMPETITION II — LEVEL 8

Name	State	Vault	Bars	Beam	Floor	Total	Place
AUSTRALIA							
Catherine Turner	NSW	8.950	7.950	7.400	8.100	32.400	
Selina West	NSW	8.200	8.650	8.500	7.950	33.300	
Kellie Zanoni	VIC	8.050	8.200	7.400	8.400	32.050	
Sarah Dyson	QLD	8.500	8.450	8.400	8.500	33.850	
Pene Hambrook	WA	7.900	8.150	7.050	7.900	31.000	
Jodie Huppertz	SA	7.850	8.400	8.000	8.300	32.550	
Team Total		33.700	33.700	32.300	33.300	133.000	1
NEW ZEALAND							
Sarah Barry	NZ	8.100	7.550	8.050	8.300	32.000	
Deirdre Cornish	NZ	8.600	7.350	8.150	7.850	31.950	
Michelle Davies	NZ	7.650	8.050	8.500	8.300	32.500	
Jody Isherwood	NZ	7.650	7.150	7.900	8.300	31.000	
Sarah Rees	NZ	8.200	7.850	7.500	7.550	31.100	
Amanda Syme	NZ	8.600	8.225	7.050	8.100	31.975	
Team Total		33.500	31.765	32.600	33.000	130.775	2
INDIVIDUALS							
Cathy Meares	NSW	8.350	8.450	7.900	7.700	32.400	
Kim Van Tussenbrook	NSW	8.400	8.050	7.450	7.550	31.450	
Melanie Bray	NSW	7.600	8.200	8.150	7.300	31.250	
Bernadette Proctor	VIC	8.300	7.600	8.050	8.250	32.200	
Sharon Reiss	VIC	8.500	8.400	7.900	8.350	33.150	
Michelle Bradney	VIC	7.300	7.850	7.250	7.500	29.900	
Joanne Patane	VIC	7.600	8.150	7.750	8.200	31.700	
Michelle Clarke	QLD	7.950	8.000	8.200	7.700	31.850	
Kerri-Anne Hook	QLD	8.400	7.150	8.200	8.200	31.950	
Natarsha Hennessy	QLD	8.400	7.075	7.900	7.600	30.975	
Kathryn Hambrook	WA	7.600	7.000	8.300	8.050	30.950	
Tarryn Hearne	WA	8.050	6.900	7.100	8.400	30.450	
Lauren Solly	SA	8.650	7.750	7.950	7.900	32.250	
Julia Halliday	SA	7.900	7.750	7.400	8.300	31.350	
Tamara Beer	SA	7.800	7.550	7.400	8.000	30.750	
Terrena Chant	SA	7.450	7.300	7.950	7.550	30.250	
Tania Frew	SA	7.700	7.200	7.450	7.650	30.000	
Elizabeth Walker	VIC	7.850	8.400	7.450	8.350	32.050	
INDIVIDUAL — VAULT ONLY							
Donna Dries	NSW	8.700					

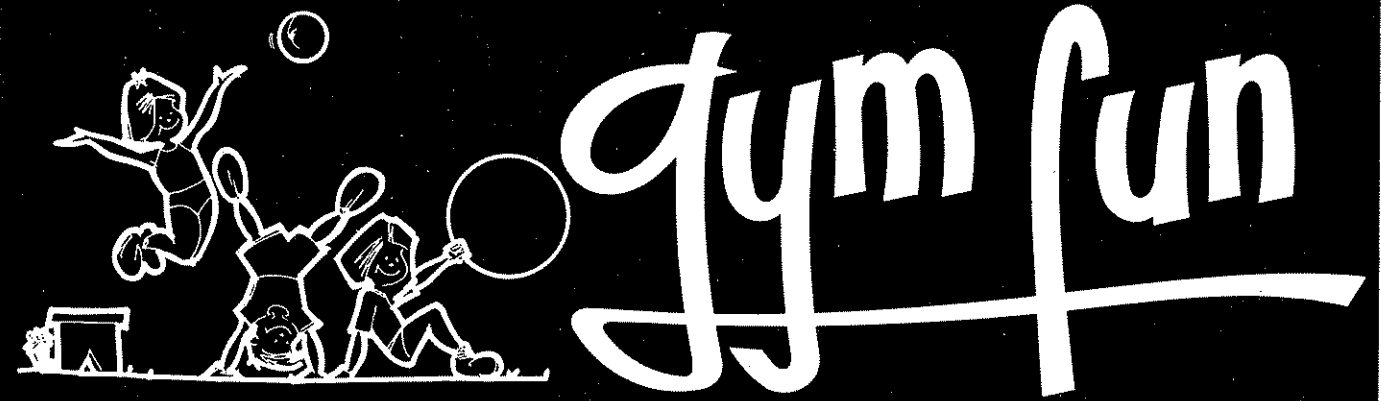
WATKINS REMOVALS

COMPETITION III — LEVEL 8

Name	State	Total	Place
VAULT			
Catherine Turner	NSW	17.7750	1
Donna Dries	NSW	17.1500	2
Deirdre Cornish	NZ	17.0500	3
Lauren Solly	SA	16.9750	3 Res
Sarah Dyson	QLD	16.7500	5
Amanda Syme	NZ	16.6500	6
Cathy Meares	NSW	16.5750	=7
Sharon Reiss	VIC	16.5750	=7
BARS			
Sarah Dyson	QLD	16.9500	1
Selina West	NSW	16.9250	2
Jodie Huppertz	SA	16.6500	3
Elizabeth Walker	VIC	16.4750	4
Amanda Syme	NZ	16.4625	5
Pene Hambrook	WA	15.9750	6
Michelle Clarke	QLD	15.9250	7
Melanie Bray	NSW	15.6000	8

COMPETITION II — LEVEL 8
INDIVIDUAL

Name	State	Overall	Comp 1B Total	Place	
Sarah Dyson	QLD	33.850	34.000	67.850	1
Jodie Huppatz	SA	32.550	34.000	66.550	2
Selina West	NSW	33.300	32.850	66.150	3
Catherine Turner	NSW	32.400	32.800	65.200	
Cathy Meares	NSW	32.400	32.350	64.750	
Sharon Reiss	VIC	33.150	31.600	64.750	
Kellie Zanoni	VIC	32.050	32.650	64.700	
Sarah Barry	NZ	32.000	32.600	64.600	
Michelle Davies	NZ	32.500	32.025	64.525	
Lauren Solly	SA	32.250	32.250	64.500	
Elizabeth Walker	Vic	32.050	32.050	64.100	
Kerri-Anne Hook	QLD	31.950	32.050	64.000	
Bernadette Proctor	VIC	32.200	31.700	63.900	
Michelle Clarke	QLD	31.850	32.050	63.900	
Amanda Syme	NZ	31.975	31.650	63.625	
Deirdre Cornish	NZ	31.950	31.550	63.500	
Pene Hambrook	WA	31.000	32.500	63.500	
Joanne Patane	VIC	31.700	31.650	63.350	
Kathryn Hambrook	WA	30.950	32.100	63.050	
Melanie Bray	NSW	31.250	31.700	62.950	
Kim Van Tussenbrook	NSW	31.450	31.400	62.840	
Julia Halliday	SA	31.350	31.475	62.825	
Terrena Chant	SA	30.250	32.450	62.700	
Natarsha Hennessy	QLD	30.975	31.450	62.425	
Tarryn Hearne	WA	30.450	31.900	62.350	
Sarah Rees	NZ	31.100	31.200	62.300	
Tamara Beer	SA	30.750	31.500	62.250	
Tania Frew	SA	30.000	31.600	61.600	
Michelle Bradney	VIC	29.900	31.500	61.400	
Jody Isherwood	NZ	31.000	30.200	61.200	



WHAT IS GYMFUN?

Gymfun is an activity program aimed at introducing children to gymnastics in an enjoyable and safe way. Both for boys and girls, it is non-competitive and allows for individual progress.

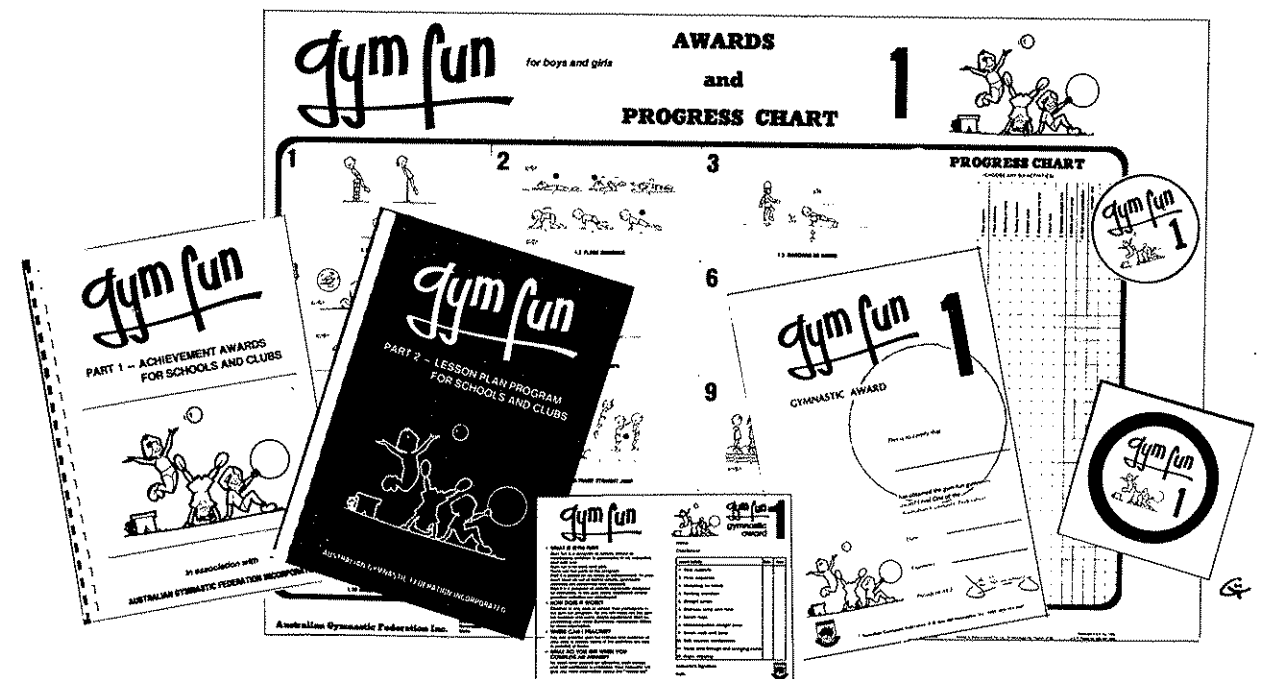
HOW DOES IT WORK?

Any Club, school or organisation can participate in the program. Only minimal equipment is required, and activities may be done both indoors and outdoors.

GYMFUN HAS....

A comprehensive range of resources including:

- Book 1 – "Achievement Award Program" – 6 levels
- Book 2 – "Lesson Plan Program"
- Participation Cards – 6 levels
- Wall Charts – 6 levels
- Award Sets – levels 1 – 6



PLEASE CONTACT..

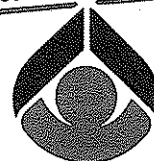
- | | |
|-------------------|---|
| ACTGA Inc. | PO Box 1579, Canberra City, ACT. 2601. Ph: (062) 48 0613 |
| NSWGA Inc. | PO Box 190, North Strathfield, NSW. 2137. Ph: (02) 763 0177 |
| QGA Inc. | PO Box 182, South Brisbane, QLD. 4001. Ph: (07) 844 1182 |
| WAGA Inc. | PO Box 65, North Perth, WA. 6006. Ph: (09) 328 1408 |
| TAGA Inc. | PO Box 1201, Hobart, TAS. 7001. Ph: (002) 720 531 |
| VGA Inc. | PO Box 313, Bulleen, VIC. 3105. Ph: (03) 850 9855 |
| SAGA Inc. | PO Box 183, Park Holme, SA. 5043. Ph: (08) 294 8025 |
| NTGA Inc. | PO Box 39240, Winnellie, NT. 5789. Ph: (H) (089) 816 965. (B) (089) 271 637 |

© 1985 Australian Gymnastic Federation Inc.

ACROMAT

Proud Sponsors of the A.I.S. Gymnastic Programme

Australian Institute of Sport



ACROMAT ARE PROUD TO SUPPLY
THE NEW RHYTHMIC FLOOR AREAS.

FOR ALL YOUR EQUIPMENT NEEDS - CONTACT YOUR ACROMAT DEALER

S.A.
Head Office
(08) 352 2288

VIC.
Branch Office
(03) 544 4711

N.S.W.
Max Baldwin
(02) 661 1672

A.C.T.
Chris Timpson
(062) 51 3414

QLD.
Michele Cheales
(07) 351 4532

W.A.
Roland Dohler
(09) 328 1204

TAS.
Ray Graham
(003) 31 7863