

*the Australian*

# GYMNAST

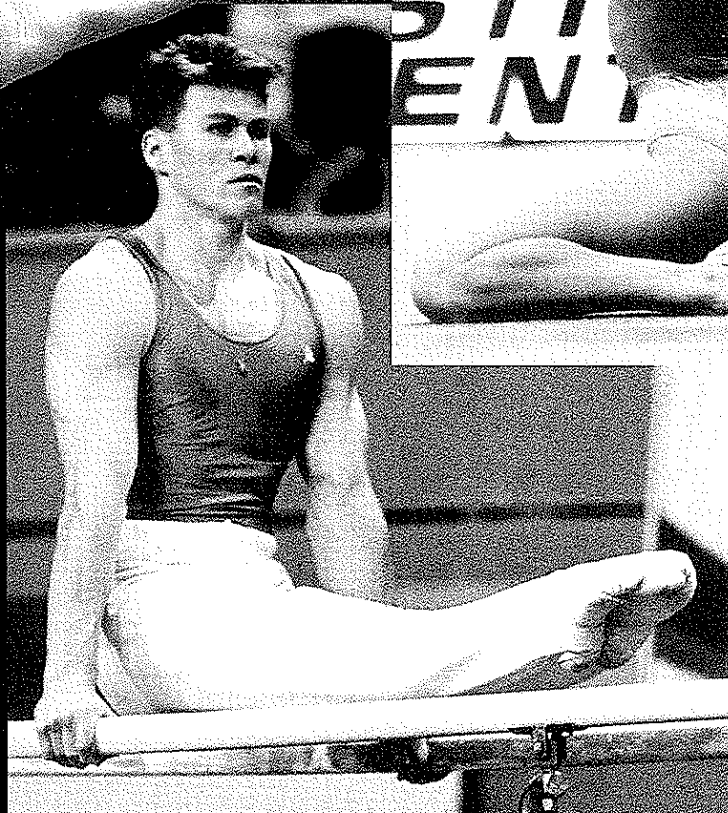
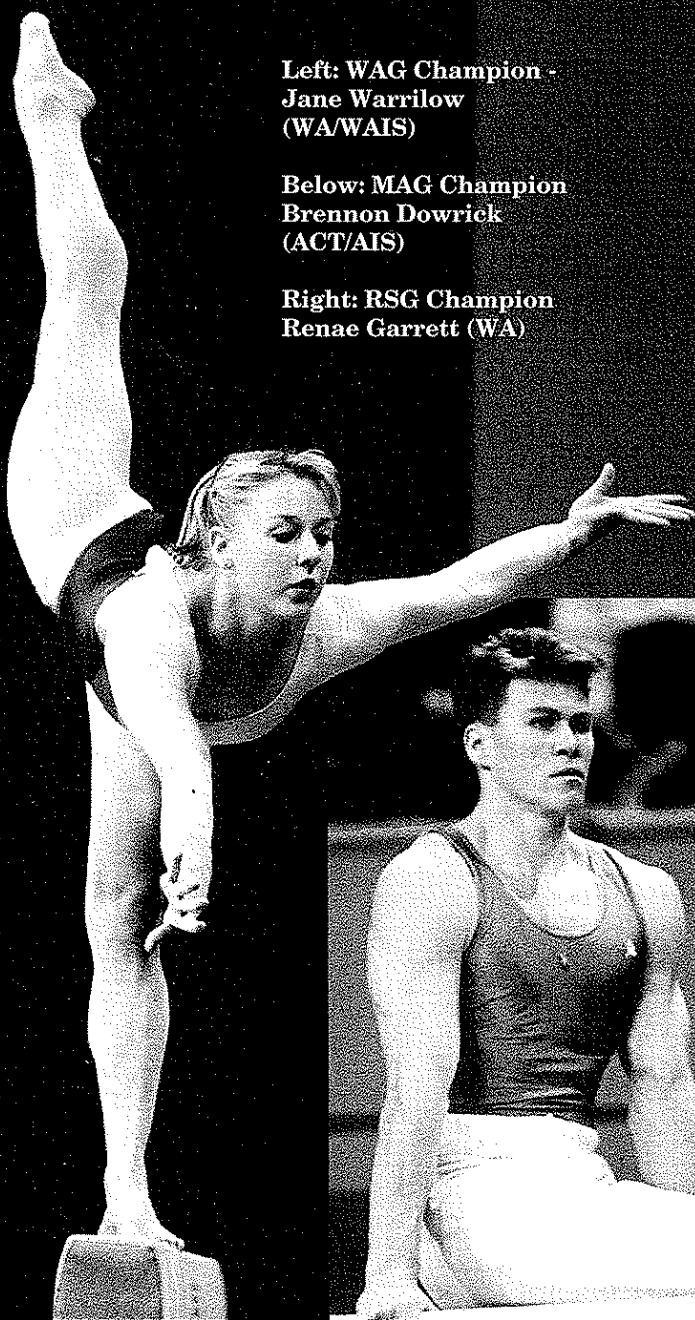
Registered by Australia Post. Publication No. VBQ561

## 1992 NATIONAL CHAMPIONS

Left: WAG Champion -  
Jane Warrilow  
(WA/WAIS)

Below: MAG Champion  
Brennon Dowrick  
(ACT/AIS)

Right: RSG Champion  
Renae Garrett (WA)



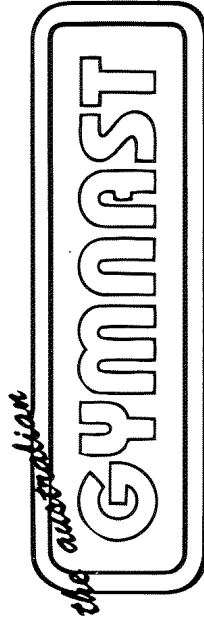
WINTER  
1992

# AUSTRALIAN WOMEN WIN GOLD AT PACIFIC ALLIANCE CHAMPIONSHIPS, MANILA 7-9 DECEMBER 1990



The Australian Gymnastic Federation Inc. is proudly supported by

## AUSTRALIAN \$OUT\$ COMMISSION



The official magazine of the Australian Gymnastic Federation

## CONTENTS

Editorial	4
President's Message	4
1994 World Championships Report	6
Gym with a Difference	8
McDonald's American Cup	9
WA Championships	12
Bring Forth the Youth	13
Gymnastics for All	14
National General Gymnastics Workshop	15
Pacific School Games Report	16
Gymnastics Injuries - Why they Occur	18
1991 AGF Awards	20
Class Organisation Tips	21
World Championships Highlights	22
Gymnastic Tidbits	24
"Many a Slip"	26
Results	33

### HAVE YOU CHANGED YOUR ADDRESS???? - WE HAVE!!!!

Please notify us by writing to:

#### THE AUSTRALIAN GYMNAST

Lower Ground Floor, 416 St Kilda Rd., Melbourne 3004

Limited back issues of The Australian Gymnast are still available. Write to A.G.E. Office-Lower Ground Floor, 416 St Kilda Road, Melbourne, 3004.

Viewpoints and opinions expressed in articles appearing in The Australian Gymnast are those of the authors. The Publishers accept no responsibility for the information supplied or the changes subsequent to the date of publication.

The Australian Gymnast is published quarterly in Melbourne and printed by:

ENNIS & JARRETT PTY. LTD.

35 Advantage Road, Highett, 3190

### SUBSCRIPTION FEES FOR 1991

Annual Subscription: \$18 per year

Individual Copy: \$6

Overseas: \$21

NOTE: Overseas subscribers please forward payment in Australian Dollars.

### ACKNOWLEDGEMENTS and CREDITS

President  
\* Jim Barry  
Executive Director/Publisher  
\* Peggy Browne  
Editor  
\* Peggy Browne  
Correspondent  
\* Peter Hassan  
AGF Board Elected Delegates  
\* Dolores Martin  
\* Bob Wherrett  
\* Steve Chetkovich  
M.A.G. Technical Director  
\* Ken Williamson  
W.A.G. Technical Director  
\* Kim Dowdell  
R.S.G. Technical Director  
\* Jacky Wood  
Development Director  
\* Jenny Young  
Overseas Contributor  
\* Mandy Shields-Rinaldi  
Photographers  
\* Warwick Forbes  
\* Ross Gould  
\* Eileen Langsley  
Acknowledgements  
\* Acromat  
\* Adidas  
\* Australian Institute of Sport  
\* Ansett  
\* Australian Sports Commission  
\* Australian Olympic Committee  
\* Ennis & Jarrett Pty Ltd  
\* MLC Junior Sports Foundation  
\* Qantas  
\* Rothmans Foundation-National Sports Division  
\* Southern Pacific Hotel Corporation  
Official Equipment Supplier  
\* Acromat  
Printers  
\* Ennis & Jarrett Pty Ltd  
Front Cover:  
1992 National Champions  
MAG - Bremton Dowrick (ACT/AIS)  
WAG - Jane Warlow (WA/WAIS)  
RSG - Renae Garrett (WA)  
Photographs courtesy Ross Gould

WINTER 1992  
VOLUME No. 19  
ISSUE No. 2

Annual Subscription: \$18 per year  
Individual Copy: \$6  
Overseas: \$21

## EXECUTIVE DIRECTOR'S REPORT



credit to the VGA that at least 43% of the clubs in that State support this important event by their attendance. Coupled with their strong relationship with the Education system, whose schools also support the event by a large attendance, it gives our gymnasts and our sport a good spectator basis for the future.

The Australian Gymnastic Championships have grown in stature and are now a recognised event of note in Melbourne. The intent of having an event in one place at the same time of the year has proved its point.

We must acknowledge the support of the Victorian Gymnastic Association not only for its personnel, time and administrative resources but also the clubs that make up the Association. It is a

Australian Championships were a success in 1992 from the gymnasts, judges and coaches perspective. This is our community. Converts and observers such as the press, the public and the sponsors have now become a strong component of the support team.

How exciting to reflect on the magnitude and importance of a homegrown event.

*Peggy Browne*

## PRESIDENT'S REPORT



Well, the first of the new format in Individual Apparatus World Championships has now been conducted in Paris from 15th-19th April 1992 by the French Gymnastic Federation, and very successful they were too.

Our 1994 Organising Committee was well represented there and their generalised report is published elsewhere in this issue.

Competitively Australia was represented by four male gymnasts and two female gymnasts. For the men our representatives were Brennan Dowrick and Peter Hogan coming off their unfortunate injuries, Tim Lees who had qualified in Indianapolis for one individual place at the Barcelona Olympic Games and our fast developing Bret Hudson.

The girls were represented by Lisa Read and Julie Anne Monico. We were entitled to five gymnasts in each discipline, with a maximum of three competing on any one apparatus. The girls opted to send our other Olympic aspirants Brooke Gysen, Tracey Gibbs and Jane Warrilow to the China Cup, along with 1996 aspirant Clare Cribbes.

All gymnasts performed creditably under the difficult competition format of warming up outside in a crowded training hall and then being marshalled onto a podium with different lighting conditions and no apparatus warm up! Their results are listed elsewhere, but suffice to say we took another historic step forward.

Brennan Dowrick made the semi-finals in rings. Lisa Read made the semi-finals on floor and Julie Anne Monico made it through to the finals in uneven bars.

The gymnasts all benefited from this experience and it augers well for our final Barcelona preparation.

The Federation has just conducted the fourth National Championships at Olympic Park's Melbourne Sports and Entertainment Centre in association with the Victorian Gymnastic Association. The quality of the event continues to grow as well as the gaining of unprecedented media coverage this time with interest focusing on Olympic Selection.

The Women's Olympic Squad has now been reduced to ten personnel for seven places and all have gone to the six weeks Training Camp at the AIS in Canberra. The Men's one place is being vied for by three personnel also in the Olympic Training Camp.

Our hearts and thoughts go out to these gymnasts and coaches as so much of the Federation's future depends on these fine athletes performance in Barcelona.

We not only wish the final team the best of luck but also the Federation's support team, including those attending the important FIG Congress.

*James E. Barry*

## CONGRATULATIONS TO THE 1992 OLYMPIC TEAM

### A) Men:

**Brennon Dowrick (ACT/AIS)**

### B) Women:

**Monique Allen (NSW/AIS)**

**Brooke Gysen (WA/WAIS)**

**Julie-Anne Monico (ACT/AIS)**

**Lisa Read (NSW/AIS)**

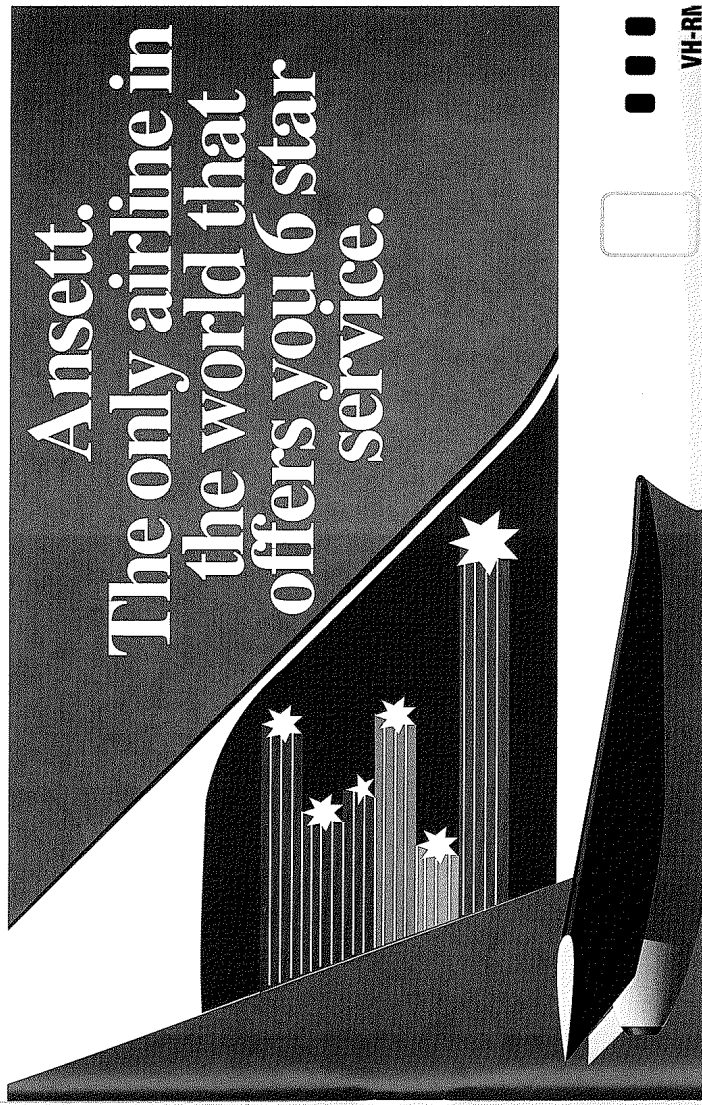
**Kylie Shadbolt (QLD/AIS)**

**Michelle Telfer (WA/WAIS)**

**Jane Warrilow (WA/WAIS)**

# Ansett.

## The only airline in the world that offers you 6 star service.



VH-RN



## 1994 WORLD CHAMPIONSHIP REPORT FROM THE CHIEF EXECUTIVE

The logo or symbol of the 1994 World Championships was developed in a commissioned competition and launched in March at the Australian Institute of Sport in Canberra.

Since the last report we took an official Observer Group of eleven personnel to the 1992 World Gymnastic Championships held in Paris on 15th-19th April 1992. Five of these were sponsored by Qantas, four were AGF officials and judges and two were privately paid for. The group was well received and obtained important information for the planning phase of the 1994 Championships. (See below.)

The presentation by the French Organising Committee was excellent, especially the semi-finals and finals sessions, however the qualification rounds left a great deal to be desired. The FIG Technical Committee is currently reviewing this aspect of the event and this will impact on our planning.

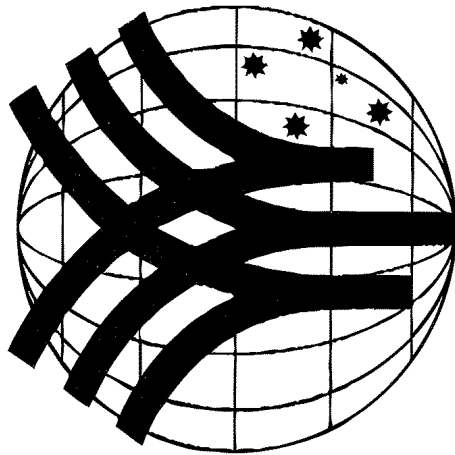
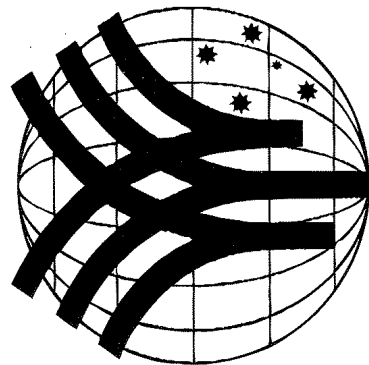
**Jim Barry**  
*Chief Executive*

### A SYMBOL OF EXCELLENCE

'Developed by Brisbane Designer, Michael Bryce, the symbol or 'logo' for the 1994 World Gymnastic Championships seeks to reflect the precision, style and strength of the sport and the individual athlete's pursuit of excellence.

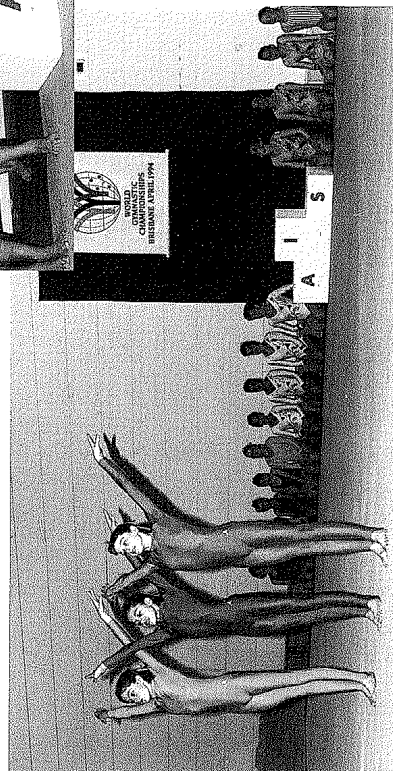
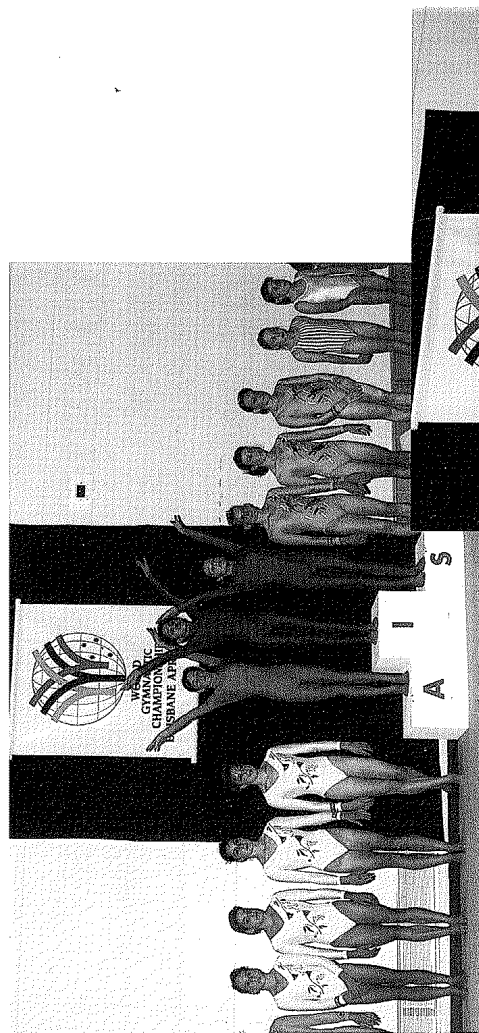
The logo is based on three stylised figures presented in the traditional gymnasts' 'salute' to the judges. The figures are staggered' as they would be on the presentation dais and the intertwining of the arms symbolises the 'coming together' of the international gymnastic community.

The colours have been chosen as representative of the South Pacific and the inclusion of the Southern Cross celebrates the presentation of the Championships in Australia.



Name	Position/Function	Accreditation
Jim Barry*	President-AGF, CEO-1994 World Championships FIG Executive Committee-responsible for Media and Advertising control	FIG Executive Committee
Peggy Browne*	National Executive Director-AGF, 1994 Competition Director, Overseer 1992 Australian Team, JEB Interpreter-FIG Executive Committee, Media Consultant	FIG Interpreter Media
Jane Allen	Assistant Executive Director-AGF, AGF Events Co-ordinator, Co-ordinator 1992 Observer Group	Observer 94 Organising Committee
Ken Williamson	Men's Technical Director-AGF Board Member, FIG Judge, 1994 Men's Competition Director	FIG Judge
Kym Dowdell	Women's Technical Director-AGF Board Member, FIG Judge, 1994 Women's Competition Director	FIG Judge
Michael Browning*	AGF & 1994 World Championship Marketing Consultant, International v's National Marketing Liaison, Merchandising and other Revenue systems.	Observer 94 Organising Committee
Jacky Wood	RSG Technical Director-AGF Board Member, AGF Computer Scoring and Network Results program	Observer
John Benett	Brisbane Entertainment Centre-Manager, All aspects of Venue, Management and Control	Observer
Len Harper	Brisbane City Council-Manager Transport Department, All aspects of Transport-Official Delegations, International Entry/Exit, Training, Competition and Social.	Observer
Stephen Sharry	Brisbane City Council-Senior Recreation Officer, All aspects of logistics and service systems (non competition) for officials and National delegations.	Observer
Helen Browning	Michael Browning & Associates, All aspects of Accreditation	Observer

\* 1994 World Gymnastic Championship Limited - Board Members





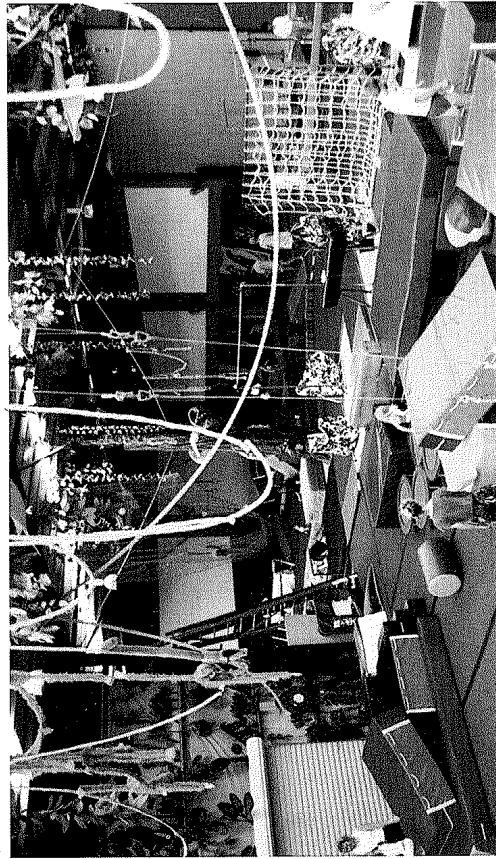
# GYM WITH A DIFFERENCE

Based in the suburb of Joondalup, north of Perth's city centre, is home to a Gym Club with a very unique and interesting venue.

The hall of the 'Jungle Gym' Club, as the name suggests, has the atmosphere of a jungle. There are large rope 'vines' looped across the roof with some hanging down to the floor. There are birds, monkeys, snakes, nets and plants hanging from various positions around the roof and walls. The structural poles have been transformed into life size trees, the walls covered in plastic vines and pictures of the animals that are associated with the jungle environment. All the matting and gymnastic equipment is brightly coloured and designed so that it all becomes part of the jungle.

Jungle Gym is purely a recreational gymnastic club which is affiliated with the Western Australian Gymnastic Association. The club has a membership of approximately 500 and runs programs from Kindergarten through to classes for adults. The club is also used by the surrounding schools with over 300 students utilizing the venue each week.

When children enter the venue their eyes light up as the design creates a very relaxed, fun and challenging environment. Joondalup's Jungle Gym is a very unique and exciting venue.



## DEEGEE PRODUCTIONS

GPO Box 1993  
CANBERRA 2601  
Phone: (06) 241 2134

Most requested titles - should be suitable for inclusion in Club circulars.

1	GIRLS 1989-1992 LEVELS 1-4 ROUTINES Vault, Bars, Beam, Floor. Coach comments. Includes music cassette. S/VHS master	1:05	\$56
2	WAG LEVELS 5-7 ROUTINES Vault, Bars, Beam, Floor. With coach comments. Includes music cassette. Fair quality.	0:27	\$52
65	RSB TRAINING IN THE USSR Moscow/Minsk, 1987. Filmed by Steve & Liz Chetkovich of	1:11	\$43
78	WAG 1987 WORLD CHAMPIONSHIPS Rotterdam. Optionals and finals. Good quality. Dutch commentary	2:09	\$68
92	1988 NSW BICENTENNIAL FESTIVAL OF GYMNASTICS Sydney. Circuits (Gym Fin). Display comp. Over 600 participants.	3:01	\$64
93	WAG SUB-JUNIOR DEVELOPMENT SCHEME for ages 6 to 11. Vault, Bars, Beam, Floor. Includes music cassette (poor qual.)	0:47	\$52
101	WAG 1989 EUROPEAN CHAMPIONSHIPS Brussels. Best of finals. Professional production with English commentary.	0:44	\$40
102	WAG 1989 EUROPEAN CHAMPIONSHIPS Stuttgart. Best of finals. Professional production with English commentary.	0:39	\$40
103	WAG 1989 EUROPEAN CHAMPIONSHIPS Stuttgart. Best of all routines. Professional production.	1:23	\$51
109	WAG 1989 WORLD CHAMPIONSHIPS Indianapolis. Professional film. (occasional shimmer).	3:00	\$90
117	1991 WAG WORLD CHAMPIONSHIPS Indianapolis. Best routines from final 2 days. (fair picture)	1:44	\$84
118	1991 WAG WORLD CHAMPIONSHIPS Indianapolis. Best routines from final 2 days. (fair picture)	1:53	\$89
119	1991 WAG CHOREOGRAPHY CLINIC by Sasha Krassav - USSR gymnastic choreographer. Demonstrations with gymnasts & coaches.	1:54	\$64
120	BUNNORONG AT THE BOLSHOI Dec 14, 1991. Excellent example of gym club Christmas display. (S/VHS). (Special price)	2:28	\$49
121	WAG 1993-1996 COMPILORIES (review) Extremely amateur/poor technique but at least available. (Special price)	1:17	\$28
122	WAG GYM & PODIUM TRAINING 1991 Filmed during Seiko Grand Prix. CIS, Romania, China gymnasts. 'Must' for advanced coaches.	1:40	\$51

All on 3 hour tapes. Post free within Australia. Add \$5/tape overseas. Payment MUST accompany order. Please check new prices if after June 1992. Titles marked (S/VHS) mastered on superior quality Super-VHS equipment. Unlisted titles available on request.

## MCDONALD'S AMERICAN CUP

March 6-7, 1992

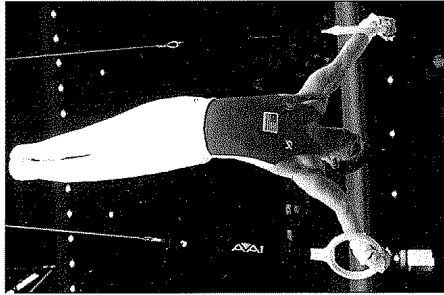
### ORLANDO, FLORIDA, USA

As the Barcelona Olympic Games draw nearer, the gymnastic Federations of the world continue to test their top athletes at tournaments around the world, the McDonald's American Cup remaining one of the top tests for future champions.

Nearly all competitors showcased at the 1992 competition had represented their nations at the 1991 World Championships in Indianapolis. Still, the men seemed to have a difficult weekend while the women, led by World Champion Kim Zmeskal, turned in some excellent performances.

The battle in the first day was, as always, between the American athletes, four men and five women, who to make the finals had to place first or second among their teammates. The men seemed often shaky in their routines and low scores were the norm. Some fantastic acrobatic elements were displayed however, and need only to be perfected at gyms back home before they become truly amazing.

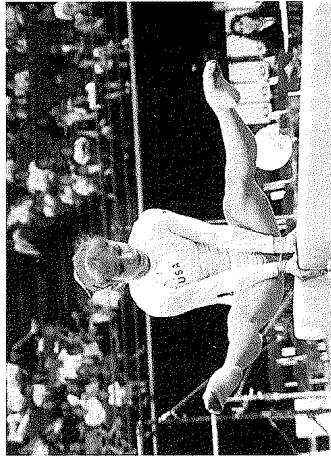
From the beginning USA's Jarrod Hanks took the lead. He easily won the first event, scoring 9.75 to earn \$1000 for floor exercise. As with last years event, the USGF had included money along with medals - for the first day \$1000 to the winner of each event.



Hanks hung onto first place overall until the last event when he was beaten by Russian Dmitri Karbonenko representing the Community of Independent States. The Russian steadily improved after each event, beginning only seventh after skidding across the floor mat on his middle tumbling pass. His medals included first on vault with an amazing triple front and a tie with USA's Chris Waller on parallel bars. Wallers efforts were not enough though and he and Trent Dimas (defending American Cup Champion and here winner of the high bar) were left out of the finals as Hanks and Scott Keswick tied for second overall behind Karbonenko.

The Women's Competition was in a different class from the men's, with the likes of World Champion Kim Zmeskal, sixth overall at Worlds

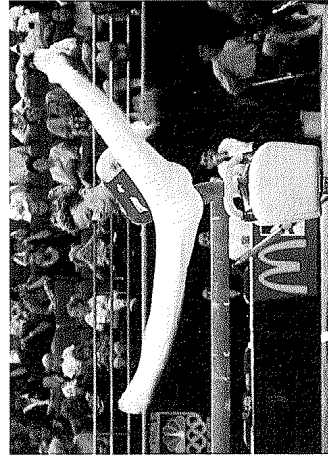
Shannon Miller, Hungarian Champion Henrietta Onodi and 1989 Junior European Champion Svetlana Kozlova.



Only three of the five American girls were in the running to make the finals and when it was over Kerri Strug lost out, placing third behind Miller and Zmeskal. Miller displayed wonderful exercises on every event and was justly rewarded for her superior difficulty and near perfect form. She tied with Strug to win vault but won bars and beam outright. The World Champion came second overall behind Miller and won floor.

The Final Day of competition showcased the top eight men and women overall and would award from \$5000 to the first place winner to \$250 to the eighth place finisher.

The men began the competition with the women to join in during the third rotation. From the beginning all wondered if the judges had even seen a gymnastics event before as the judging was often more than questionable.



In rotation one Karbonenko performed spectacularly on floor opening with a double layout and later a double twisting dive roll to end with a double full for a 9.80. Hanks, Keswick and Karbonenko remained in the top three spots throughout the entire competition ... the only question was which order they would finish. There seemed little question but that it would be these three in the medal positions.

On rings Keswick could not even pull ahead with a 10.00. He began with a very strong back roll to cross, but a shaky planch and some swing on his giants made a 10.00 questionable. He saved his double twisting back with some deliberate arm swinging and the 10.00 earned him \$1000 from McDonald's. He remained in third overall behind Hanks and Karbonenko.

As the women began, most performed Yurchenko vaults with full twist. Zmeskal took the lead with 9.987 and the Russian Svetlana Kozlova rested in fifth having achieved only 9.85 for her spectacular Yurchenko double twist. Just as amazing was Karbonenko's vault, a triple front tuck. A tiny hop on the landing earned a 9.80 and sympathetic boo's from spectators.

On women's uneven bars were some spectacular routines. Miller, Zmeskal and Onodi each displayed near perfect form. Onodi's only possible deductions stemmed from lack of height on her Geinger and Jaeger saltos, but still her 9.825 seemed like a slap in the face compared to Zmeskal and Miller's 9.937's for exercises of similar difficulty and several minute form breaks from the World Champion.

Hanks performed well on parallel bars to earn 9.75 for nice Healy twirls and a double pike off. The Russian bettered him though on his favourite event. His two Healy twirls to immediate double front was perfect and he stuck his double pike dismount. Even Hanks was amazed at the low 9.80.

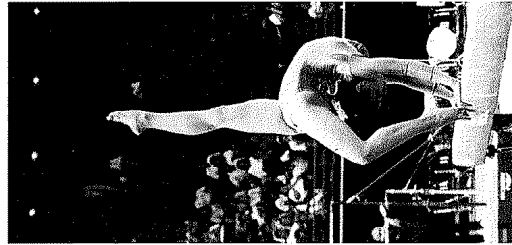
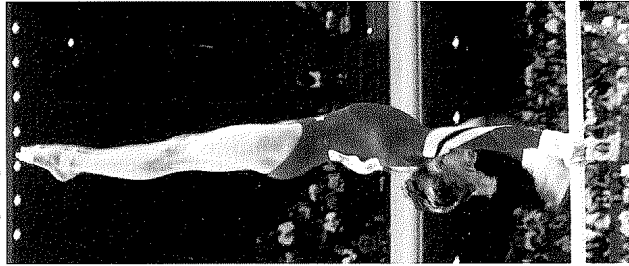
Balance beam saw the fall of Canada's Stella Umeh from third to seventh. Had she not fallen it is not at all inconceivable that she could have captured Canada's first ever medal here. Onodi moved into third with a lovely exercise highlighted by a back handspring to Arabian for a mere 9.687. Miller though was incredible, form as good as it gets and an upgraded pass for her, a back handspring to three immediate back layouts. Zmeskal too did an excellent exercise but lacked the difficulty and amplitude of Miller ... both were awarded 9.95.

Into the final rotation and everyone knew it would be a battle to the end for both the men and the women. Of the leaders Onodi began with her three year old floor routine highlighted by a perfectly

executed triple twist and four tumbling runs for 9.90. Hanks moved into the lead for the men with two reverse hefts to Geinger for a 9.80. Minutes later it was Karbonenko's turn, needing only a 9.75 to tie with Hanks for the lead. He immediately lost the Cup as he missed the bar on his Kovacs and took a large hop on this triple back for a 9.10. In the end he would tie for the silver with Keswick, the American performing a beautiful exercise containing a full twist over the bar and a high Geinger. He stuck his triple back dismount.

This left the women's title to be determined. As in every event all day, Zmeskal came after her younger teammate, Miller, who was competing with a pulled ham-string and just couldn't seem to get it together on floor. She completed only one of her three passes so managed 9.212. Zmeskal performed her last exercise in style, although for her not to land her runs perfectly is unusual. The 1990 American Cup Champion was very happy to capture the title she lost last year. It ended with Zmeskal, Onodi, Miller, but surely Zmeskal will not forget that on the first day she did not lead and thus, she can still be beaten .... something neither she, nor her Coach Bela Karolyi, intend to have happen in Spain this summer.

By Mandy Rinaldi



## McDonald's Cup - Men's Individual Scores

Name	Country	Floor	Pommel Rings	Vault	P Bars	H Bar	Total	Place
Onodi Karbonenko	CIS	9.300	9.400	9.700	9.850	9.700	57.650	1
Jarrod Hanks	USA	9.300	9.400	9.700	9.850	9.700	57.650	2
Scott Keswick	USA	9.250	9.500	9.650	9.400	9.450	57.200	-2
**Trent Dims	USA	9.350	9.450	9.600	9.400	9.500	57.300	
**Chris Waller	USA	9.300	9.200	9.400	9.300	9.200	56.400	-4
Neil Thomas	GBR	9.200	9.400	9.400	9.300	9.500	55.950	-4
Makoto Tamura	JPN	9.350	9.400	9.400	9.150	9.350	55.950	
Luis Lopez	MEX	9.350	9.400	9.400	9.300	9.350	55.950	
Philippa	CAN	9.300	9.400	9.400	9.300	9.350	55.950	
Felix Aguilera	CUB	9.200	9.450	9.300	9.500	9.300	55.450	8
Ivan Ivanov	BUL	9.700	9.850	9.300	9.450	9.300	55.450	9
Miguel Rubio	ESP	9.600	9.500	9.350	9.250	9.600	54.850	10
Massimiliano Trivero	ITA	8.600	9.050	9.350	8.550	9.600	54.300	11
Jorg Behrend	GER	8.750	9.250	9.000	8.950	9.200	54.200	12
Brant Kozler	USA	8.750	9.250	9.000	9.100	9.300	53.600	13
Shawn Johnson	CAN	8.500	9.000	9.250	9.200	9.300	53.300	14

\*\* ONLY 2 USA GYMNASTS MAY ADVANCE TO FINALS  
\* UNDETERMINED SCORE REPRESENTS WINNER OF THAT EVENT

## McDonald's Cup-Finals Men

Name	Country	Floor	Pommel Rings	Vault	P Bars	H Bar	Total	Place
Jarrod Hanks	USA	9.800	9.700	9.800	9.450	9.750	58.300	1
Scott Keswick	USA	9.150	9.700	10.000	9.250	9.700	57.850	-2
Onodi Karbonenko	CIS	9.800	9.450	9.700	9.800	9.100	57.850	
Luis Lopez	MEX	9.200	9.550	9.150	9.400	9.650	56.400	5
Felix Aguilera	CUB	9.100	8.700	9.400	9.500	9.700	56.400	6
Makoto Tamura	JPN	9.400	9.300	9.500	9.250	9.550	56.100	7
Neil Thomas	GBR	9.250	9.200	9.500	9.400	9.200	55.350	8

## McDonald's Cup - Women Individual Scores

Name	Cy	Vault	U Bars	Beam	Floor	Total	Place
Shannon Miller	USA	9.312	9.300	9.500	9.937	38.649	1
Kim Zmeskal	USA	9.875	9.887	9.812	9.850	39.524	2
**Kerri Strog	USA	9.312	9.850	9.862	9.850	38.274	3
Svetlana Kozlova	CIS	9.712	9.825	9.952	9.825	38.924	4
Mar Kozuge	JPN	9.750	9.750	9.750	9.750	38.750	5
Mar Kozuge	JPN	9.750	9.750	9.750	9.750	38.750	6
Mar Kozuge	JPN	9.750	9.750	9.750	9.750	38.750	7
Mar Kozuge	JPN	9.750	9.750	9.750	9.750	38.750	8
Mar Kozuge	JPN	9.750	9.750	9.750	9.750	38.750	9
Mar Kozuge	JPN	9.750	9.750	9.750	9.750	38.750	10
Mar Kozuge	JPN	9.750	9.750	9.750	9.750	38.750	11
Mar Kozuge	JPN	9.750	9.750	9.750	9.750	38.750	12
Mar Kozuge	JPN	9.750	9.750	9.750	9.750	38.750	13
Mar Kozuge	JPN	9.750	9.750	9.750	9.750	38.750	14

\*\* ONLY 2 USA GYMNASTS AND 1 CAN GYMNAST MAY ADVANCE TO FINALS  
\* UNDETERMINED SCORE REPRESENTS WINNER OF THAT EVENT

## McDonald's Cup - Women's Finals

Name	Cy	Vault	U Bars	Beam	Floor	Total	Place
Kim Zmeskal	USA	9.987	9.937	9.950	9.912	39.786	1
Henrietta Onodi	HUN	9.887	9.825	9.887	9.900	39.289	2
Shannon Miller	USA	9.850	9.937	9.959	9.912	39.049	3
Mar Kozuge	JPN	9.787	9.737	9.875	9.812	38.911	4
Mar Kozuge	JPN	9.787	9.737	9.875	9.812	38.911	5
Mar Kozuge	JPN	9.787	9.737	9.875	9.812	38.911	6
Mar Kozuge	JPN	9.787	9.737	9.875	9.812	38.911	7
Mar Kozuge	JPN	9.787	9.737	9.875	9.812	38.911	8
Mar Kozuge	JPN	9.787	9.737	9.875	9.812	38.911	9
Mar Kozuge	JPN	9.787	9.737	9.875	9.812	38.911	10
Mar Kozuge	JPN	9.787	9.737	9.875	9.812	38.911	11
Mar Kozuge	JPN	9.787	9.737	9.875	9.812	38.911	12
Mar Kozuge	JPN	9.787	9.737	9.875	9.812	38.911	13
Mar Kozuge	JPN	9.787	9.737	9.875	9.812	38.911	14

# "GYMNASTICS IN SCHOOLS"

WAGA's "Gymnastics In Schools" programme, sponsored by Healthway, 'Eat 2 Fruit and 5 Veg Everyday' campaign was officially launched by the Ministry for Sport & Recreation on March 27th, at the Loftus Recreation Centre in Perth.

The launch included guest appearances from our resident clown 'GYMBO' (Sue Purkiss), a mass aerobic warm-up (Alida Scott), artistic displays by the Connie Burch Academy of Gymnastics and Chetkovich Academy of Gymnastics and a rhythmic display by the North Perth Rhythmic Gymnastic Club.

Over six hundred and fifty primary school children from various schools in Perth joined in the day's activities and participated in the 'Have A Go' sessions.

The programme, adapted from the Victorian Gymnastic Association 'Gymnastics In Schools' project, is all about Fun, Fitness & Fundamentals in Movement! We are indebted to the VGA for their support and assistance.

The programme has been designed for children to develop confident body management in a non-competitive, fun approach. The programme can be performed inside or outside and requires little or no equipment.

"Gymnastics In Schools" is available to all schools throughout Western Australia. To assist the programme, WAGA has recruited and trained Field Officers in both metropolitan and country areas to meet the individual requirements of schools.



## WESTERN AUSTRALIA'S PERFECT BALANCE ELITE STATE CHAMPIONSHIPS

AND INTERNATIONAL CHALLENGE  
During the weekend of May 8th - 10th WAGA hosted their Elite State Championship and International Challenge from Hong Kong and China.

Competition comprised of the three disciplines Rhythmic, Men and Women Artistic Gymnastics. The Artistic International Challenge was determined by the team results of both Women's Senior Elites and Men's U/18 and Open competition. Local officials predict that next year's event would be bigger extending to competitors from other nations, including Japan. This will lead Perth in hosting a major international event on an annual basis.

### RESULTS:

#### International Team Challenge

Western Australia	269.325
China	268.925
(Gui Zhou Province)	
Hong Kong 241.70	
(Hong Kong Institute of Sport)	

#### Women's Elite State Championship

<b>Senior</b>	
Brooke Gysen	76.80
Michelle Telfer	76.20
Jane Warrilow	76.125
Tracey Gibbs	74.875
<b>Junior</b>	
Salli Wills 35.675	
Jenny Smith	35.125
Joise Dean	34.80

Brooke Gysen - 1992 State Champion also won the International All Around Competition. Strong performances were also given by Michelle Telfer, Tracey Gibbs and Jane Warrilow in preparation for Olympic selection.

#### Apparatus Finals

<b>Vault</b>			
Brooke Gysen	WA	9.425	
Tracey Gibbs	WA	9.10	
Clare Cribbes	VIC	9.00	
<b>Beam</b>			
Michelle Telfer	WA	9.60	
Clare Cribbes	VIC	9.362	
Jane Warrilow	WA	9.25	
<b>Bars</b>			
Tracey Gibbs	WA	9.712	
Sun Ping CHN	9.662		
Michelle Telfer	WA	9.637	
<b>Floor</b>			
Salli Wills WA	9.362		
Sun Ping CHN	9.212		
Wang Xiaoyan	CHN	9.175	

Two outstanding floor performances from our Junior Elites, Salli Wills and Jenny Smith led them into the floor finals. Salli Wills the 1992 Junior Elite State Champion won the floor apparatus finals ahead of our Senior Elites and International competitors.

#### Men's State Championships

<b>U/18</b>		
Brendan Mand	52.05	
Daniel Grigson	52.05	
Corey Johnson	50.55	

Daniel Grigson & Brendan Mand, the 1992 State Champions challenged the Chinese with strong performances and received medals for apparatus finals in the International challenge.

The Chinese Men dominated the International challenge with Yuan Hongking winning the All Around Competition.

#### Apparatus Finals

<b>Floor</b>			
Dong Zhong	CHN	9.20	
Corey Johnson	WA	8.55	
Yuan Hongking	CHN	8.50	
<b>Pommel</b>			
Yuan Hongking	CHN	9.45	
Lin Zejian CHN	9.15		
Brendan Mand	WA	8.30	
<b>Rings</b>			
Yuan Hongking	CHN	9.35	
Dong Zhong	CHN	9.30	
Brendan Mand	WA	8.10	
<b>Vault</b>			
Yuan Ho, jking	CHN	9.10	
Wong Kim fai	CHN	8.975	
Dong Zhong	CHN	8.875	
<b>Parallel Bars</b>			
Yuan Hongking	CHN	9.759	
Dong Zhong	CHN	9.35	
Brendan Mand	WA	8.90	
<b>Horizontal Bar</b>			
Dong Zhong	CHN	9.35	
Daniel Grigson	WA	8.90	
Corey Johnson	WA	8.65	

#### Rhythmic State Championships

<b>Junior Elite</b>		
Kristy Darran	34.3	
Kelly O'Brien	32.7	

The Hong Kong delegation returned home straight after the competition, however, the Chinese delegation toured our South West and performed and went sight-seeing in some of our major towns.

# Travelodge

SOUTHERN PACIFIC HOTEL CORPORATION

12-The Australian Gymnast, Winter 1992

## BRING FORTH THE YOUTH

To the Aborigines, Koorana means "Bring forth the youth", but to the 500 gymnasts enrolled at this club it means fun, dedication and satisfaction.

Koorana, like no other club in South Australia has 3 disciplines of gymnastics, ie. Artistic Womens, Artistic Mens and Rhythmic.

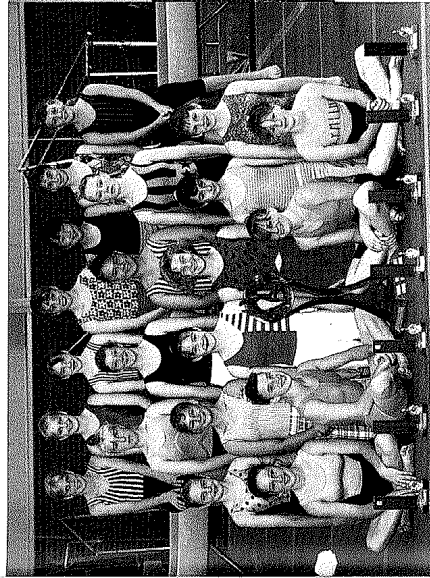
Koorana Gymnastics Club is the largest and best equipped club in South Australia. It was first founded in 1976 with the amalgamation of 2 groups, Pioneer and Warradale, which conducted classes at the Pioneer Hall and Warradale Institute. Since October 1978 Koorana has been based at the Marion Recreation Centre. It started off with restless school kids doing recreation classes with keen patient coaches. As the coaches became more qualified, competition gym came to Koorana. Over the years Koorana has expanded to accommodate gymnasts from recreation to Level 10.

After a lot of hard work, planning and anxiety, our new fully equipped gym was finally completed in July 1991. Our new gym is equal to the best gyms in Australia. The total cost of the gym is \$36,000 per year for the hire, plus other expenses.

Koorana has won South Australian Club of the Year in 1982, 1988, 1989 and 1991, and due to the hard working coaches and gymnasts we had a total of nine WAG gymnasts, six MAG gymnasts and two Rhythmic gymnasts representing our State in 1991.

The success of Koorana is due to the hard work of the 80 or more instructors and helpers, all of whom give their time on a voluntary basis.

*by Koorana's Level 9 & 10 WAG gymnasts -  
Lynette Pomeroy, Megan Tillett, Michelle Cahalan, Kelly Waye,  
Julie-anne Keane, Gillian Tan, Terrena Chant, Reanne Poole*





## GYMNASTICS FOR ALL

The Victorian Gymnastic Association has recently appointed three Regional Co-ordinators as part of their 'Gymnastics for All' project. The project has been made possible through vital funding from the Victorian Health Promotion Foundation and is sponsored by Life. Be in it.

The objectives of the project are to develop a more broad-based recreational (General) gymnastics program, adhering to the Aussie Sport principle of 'Sport for All'. Another main objective of the project includes development of Regional Gymnastic assemblies in order to:

- Meet the needs of the regions for specific updating workshops and coaches courses
- Collectively decide as a region what the needs of the region are and voice them to the State body.

Other aims and objectives to be addressed in the regions include:

1. Promotion of Aussie Sport Clubs
2. Implement Level 0 Courses and Workshops
3. Introduce the C.A.P.S. Program
4. Address the needs of the disadvantaged groups in each Region.

The three regions targeted are Goulburn (including the Upper Murray area) - Di Hooper; Dandenong - Pam Hammon and the Western region - Lisa Shuck. The 'Gymnastics for All' project is designed to reach children in the three regions who may not have otherwise had a chance to participate in gymnastics or in gymnastic programs that adhere to the Aussie Sport principles.

The Co-ordinators will complement and extend the success of the Aussie Sport Program by linking into gymnastic clubs and community organisations that provide or wish to develop programs centering

on the Gym Fun, Gym Skills and Gym Kit resources.

The spotlight this month is on the Goulburn/Upper Murray Region with Co-ordinator Pam Hooper doing a fantastic job in meeting the needs of her region by offering programs for special needs participants and reaching children from isolated areas. This has been achieved through the 'Gymnastics for All' Regional launch in Benalla. The launch was conducted by Level 0 participants and General Gymnastic Coaches.

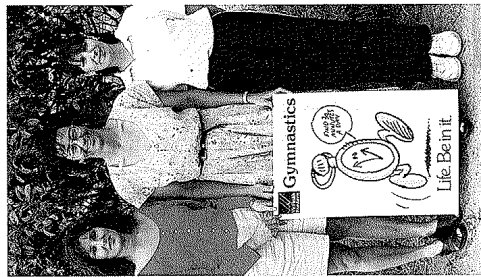
Parents and children travelled up to 60 kms from outlying areas to participate in the Vic. Health - Aussie Sport Gymnastics Launch. With the aims of the launch being the promotion of fun, fitness, fundamentals and friendship the coaches led the children and parents through challenging, exciting and safe gymnastic lessons involving skills and activities from Gym Fun, Gym Skills and utilizing the Gym Kit resource.

Successful launches have also been conducted in the other Regions with participation numbers varying from 40 - 380 participants.

To date other events that the Regional Co-ordinators have been involved in within their Region includes:

- Conducting a Level 0 Coaching Course.
- Assisted in the development of a Regional Assembly.
- Promoted and developed the CAPS program. CAPS Participants will have the opportunity to assist with the organisation of the State Gym Fest which is to be held in June this year.
- Teacher in-service sessions.

The 'Gymnastics for All' project is an exciting step forward in the promotion and development of Gymnastics within Victoria.



Photographs courtesy Jim Harrison, Benalla

## NATIONAL GENERAL GYMNASTICS WORKSHOP

The Federation conducted a very successful National General Gymnastics Workshop in Queensland, on the Gold Coast, during November, 1991.

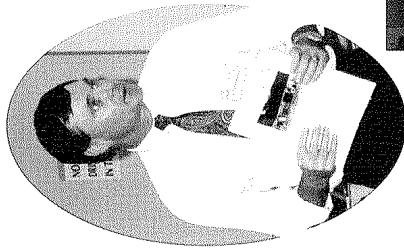
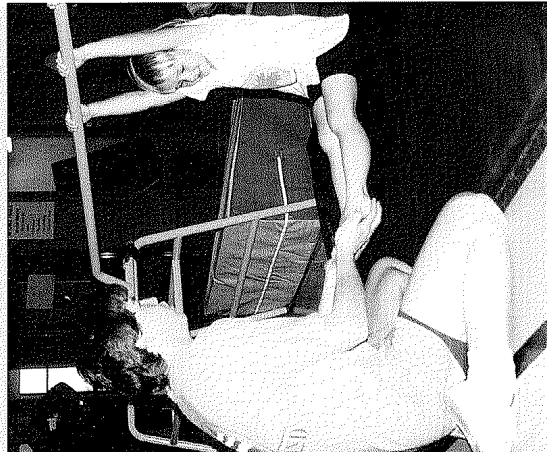
With funding assistance from the International General Gymnastics Committee and their sponsor - the City of Frankfurt and the Australian Sports Commission, three International Presenters visited Queensland and presented very interesting, practical and informative sessions.

Margaret Ahlquist (Sweden), Klaus Herrmann (Germany) and Kate Pearson (Britain) coupled with our Aussie Lecturers, Wendy Schiller and Geoff Hill, provided opportunities for State Representatives to experience first hand the areas of Kindergym, Display Work, Gymnastics for Adults, Physical Preparation, Circuit Work and Developing Basic Skills.

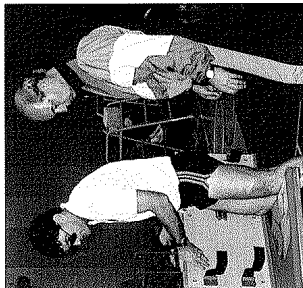
The four day workshop involved many practical sessions broken up by theory presentations. To close the workshop Dr Robert Murphy gave a very informative presentation on the completed 'Trial and Evaluation of the Gym Skills Programme.'

The research study, funded by the Australian Sports Commission's National Research program, provides interesting and important feedback and indications on how the Gym Skills program, and gymnastics in general, is presented and accepted in the school environment.

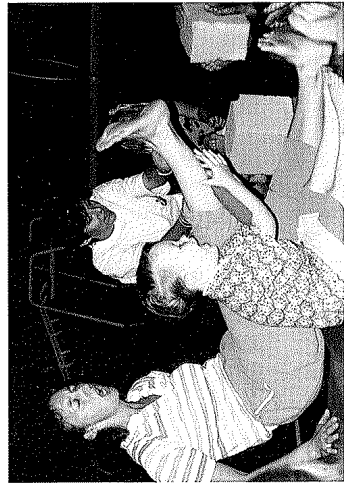
The Workshop was a vital step forward in the development of General Gymnastics throughout Australia. For further details and information on the workshop contact your State Association.



Above: Margaret Ahlquist leading participants through a practical session., Left: Dr Robert Murphy presenting his results on the 'Trial & Evaluation of the Gym Skills Program'. Below: Graham Bell (NT) and Klaus Herrmann setting up the equipment for a practical session.,



Left: Kit Poole (NSW) gaining first hand experience during a Kindergym practical session. Below: Kate Pearson (Britain) leading children & participants through a Kindergym warm-up



## PACIFIC SCHOOL GAMES REPORT

*Gymnastics was included in the Pacific School Games for the first time this year. Held in Darwin, the Pacific School Games included the sports of swimming, athletics and gymnastics.*

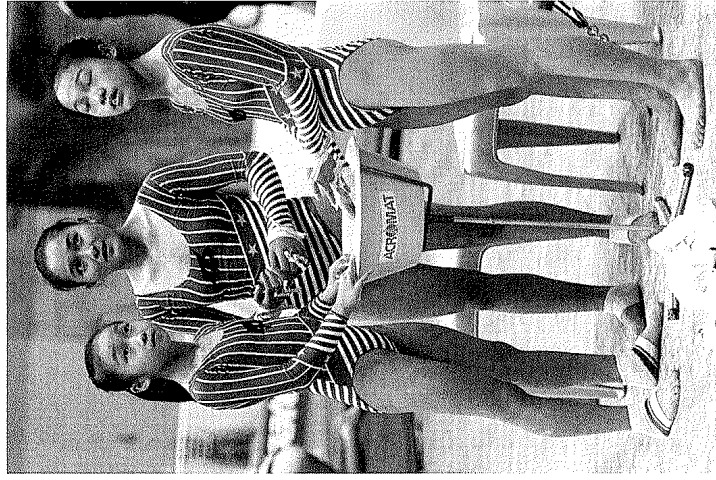
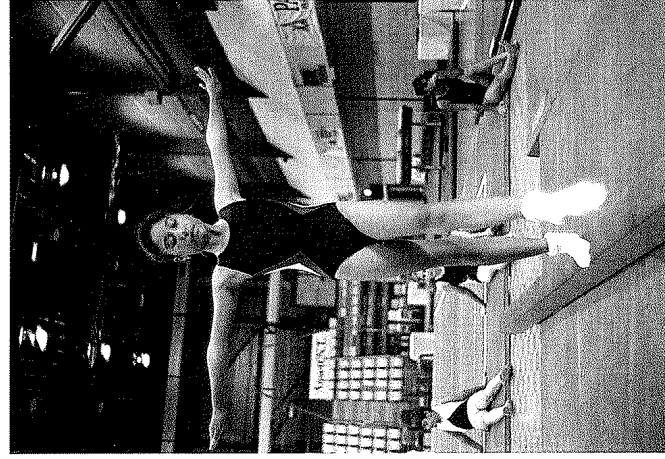
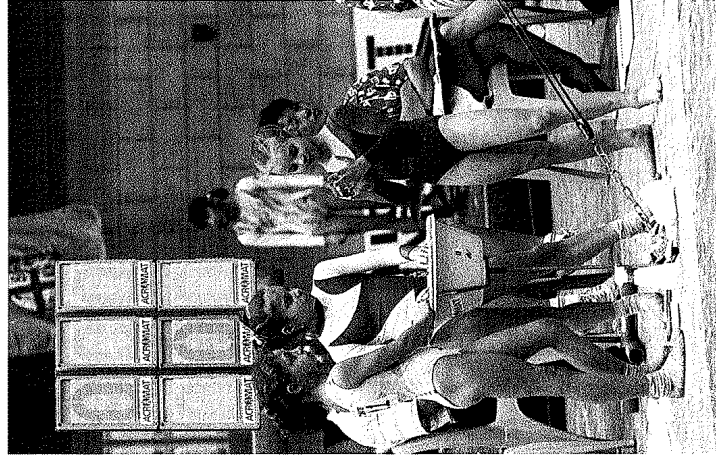
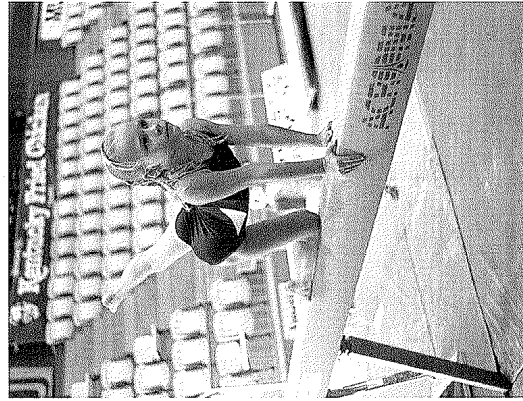
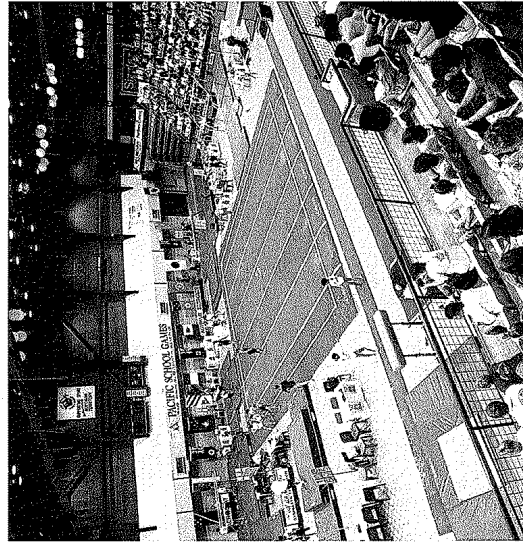
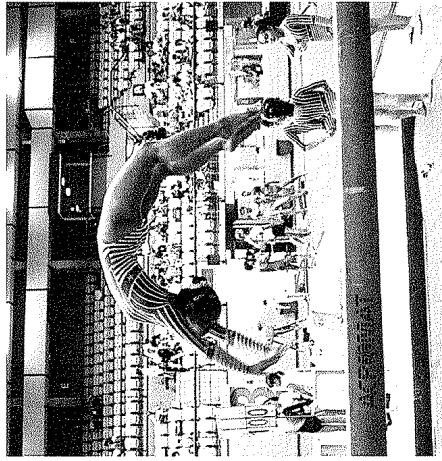
### SOME HIGHLIGHTS:

- The inclusion of gymnastics for the first time. Gymnastics won the hearts of those seasoned competitors from other sports who have attended many PSGs. A popular inclusion for all who attended the competitions.
- Teams from all mainland Australian States, China, Japan and for the first time in an Australian competition, Singapore and New Caledonia took part in two divisions each for men and women.
- Gymnastics was the only sport not cycloned out during the competition week, drawing in great crowds of spectators over the four days on competition.
- An Olympic Games style opening ceremony heralded the five days of competition and featured Aboriginal Dream Time legends, involving over a thousand Darwin children, colourful floats, with spectacular music, lighting and fireworks.
- Billeting of some two thousand competitors with local families. Five hundred Darwin families missed out on getting a billet.
- The spectacular sights of the Darwin area, including the Wild Life Park, fish feeding, crocodile farm and Kakadu National Park.

- Strong showing by Australian competitors in all divisions, underlined Australia's emergence onto the world gymnastic scene.

- The WA boys team dominated both Division 1 and Division 2 with some excellent gymnastics.
- General Gymnastics circuits were introduced into a national competition for the first time, in Division 3 with mixed sex teams from Queensland, the Northern Territory and the ACT taking part.
- Nicole Downes (NSW), Level 9 1991 National Champion, dominated the girls Division 1 competitions, once again showing her superb world class handspring front in the vault final.
- Great competition organisation by the Northern Territory Gymnastic Association and the Australian Gymnastic Federation.

**Peter Hassan**



# GYMNASTIC INJURIES - WHY THEY OCCUR

by Gregory Kolt

*Gregory Kolt is a lecturer in Physiotherapy at La Trobe University, Melbourne, Australia, and runs a private Physiotherapy practice in Melbourne. His involvement in gymnastics has been as a competitor, coach, Judge and Physiotherapist, and has carried out extensive research in the area of gymnastic injury.*

This is the first in a series of articles on injuries, training and gymnastics. The articles will be aimed at answering some of the important questions that coaches, gymnasts and parents often ask, and addressing some of the issues that I, as a physiotherapist, feel are important in relation to gymnastics and injury. I would be glad to have suggestions of areas that you would like addressed in these articles, and the VGA would be only too pleased to pass these suggestions on to me. Please also contact me personally if you require further information on injuries and gymnastics. This months article will deal with the issue of why injuries occur in gymnastics.

Why do gymnasts that appear fit still suffer from injuries? It is possibly due, as is sometimes believed, to the inability of the body to respond to the extreme demands of training and competition in gymnastics. Injuries, however, still occurred in times when training and competition were less intense. There are, however, many other factors attributed to injury occurrence. Some of these will now be outlined.

**POSTURE:** Posture refers to the way in which the body is held, both in a static manner and throughout movement. One of the causes of gymnastic injury is poor posture, whereby skeletal structures (muscles, bones, ligaments and tendons) are unduly stressed by the maldistribution of forces and body weight over structures that are not suited to such tasks. Some of these skeletal structures can also be strained or stretched by performing gymnastic movements with the body in a poor position (poor body alignment).

Poor posture sometimes results from weakness of muscles, or skeletal deformity. It is important in these cases that correction of the weakness is undertaken early to prevent injuries occurring at a later stage. Alternatively poor posture may result from carelessness, laziness and even the way one sits at school for long periods of time or carries a heavy schoolbag. Children who grow tall quickly often become lazy in the way they sit or stand placing more strain on existing postural weaknesses. The coach must be aware of these types of postures and encourage better body alignment and positions whilst performing gymnastic elements.

Some sports give rise to poor posture by overuse and development of one side of the body more than the other. Gymnastics is fortunate in that it usually develops both sides of the body equally, avoiding the

situation of injury being caused by muscular imbalance between sides of the body.

I will use a practical example to illustrate how poor posture can result in injury - the gymnast that stands and walks with an excessive arch in the lower back region (lumbar lordosis). This particular posture places greater than normal stress on the vertebrae (back bones) and joints of the lower back (lumbar spine), and in turn can strain various muscles around the region. If this particular posture is maintained whilst executing various gymnastic skills (e.g. initial contact of the vault during a handspring, or landing from a bars dismount) the amount of force on the lower back increases further, resulting in a greater risk of injury. Hence, the importance of maintaining correct body positions whilst executing gymnastic skills. Therefore, however successful a gymnast may be, if his/her posture is poor, they run the risk of injury on this account.

**WARMING UP:** Warming up is a way of physically and psychologically preparing the body for gymnastic training or competition. Insufficient warming up leaves muscles and other skeletal structures unprepared from the extra strain that results from gymnastic performance. Too much warming up results in fatigue which can leave muscles vulnerable to injury due to the incapability of the rigorous demands placed upon them. It is not the purpose of this article to discuss correct methods of warm up, but to outline how warm up can prevent injuries. When gymnasts warm up too early prior to training or competition, they cool off before the event comes around. In a gymnastics competition, and for that matter training, where a number of events are competed over a few hours, it is important not only to warm up at the start of the session, but to direct warm up activities to specific regions of the body during the session, in preparation for the next apparatus (e.g. warm up the shoulders before swinging on rings, warm up the back before vaulting).

**USE OF STRENGTH TRAINING:** There is a potential danger in implementing strength programs to young developing gymnasts. This is not to say that a strength and conditioning program should not be used as a part of the training of a young gymnast, but simple enthusiasm of a coach or gymnast in this area is not enough; without knowledge of the science of strength training and conditioning, and a recognition of individual gymnasts differences and limitations, the results

can be disastrous. If you are unsure about the theory behind these types of programs there should be no shame in consulting someone with this knowledge to ensure a safe and effective conditioning program for your gymnasts.

**FATIGUE:** In the current days of intensive training and fierce competition, fatigue can quite often lead to injury. As muscles become fatigued they operate less efficiently, this predisposing them to injury. It is therefore important, during training sessions, that adequate rest is given between sets of skills or routines. As well, in competition, a gymnast must not be so fatigued, after performing a warm up, that their competition suffers and the risk of injury increases.

**GEAR AND EQUIPMENT:** Studies in the U.S. have shown that a considerable percentage of gymnastic injuries occur due to inadequacies of equipment. The best example of this is inadequate landing mats around an apparatus and poor quality of mats. Mats that "bottom out" to the ground are near enough to useless. Gaps between landing mats are traps for ankle injuries. Hard tumbling surfaces predispose gymnasts to lower back, ankle and shin injuries. Poor fitting handguards can predispose the gymnasts to severe wrist and forearm injuries.

Another example of how equipment can lead to injury is a team of gymnasts who travel to a different gym for a competition. During training in the new gym in the days that precede competition, the different tumbling surface (perhaps slightly harder mats) may result in ankle, shin and lower back injuries. This potential situation should be identified early and training must be modified to cope with this (e.g. use an extra scatter mat for landing tumbling passes).

**POOR RELAXATION:** Movement involves the coordinated contraction and relaxation of muscles. One group of muscles must contract while their opposites relax. If gymnasts are too anxious and don't relax their muscles adequately, the muscles will not operate efficiently, this increasing the likelihood of injury.

There are also many psychological factors that can predispose a gymnast to injury, but these will be discussed in a subsequent article.

In conclusion, it is important for coaches, gymnasts and parents to take note of the aspects of training and competition that can lead to injury, and to monitor, carefully, these factors. If a gymnast appears to be injured, even if only in a minor way, it is important to seek advice as soon as possible. This approach will minimise the risk of the injury getting worse or re-occurring at a later stage. If all who read this article could remember only one thing and one thing only, I wish it to be the concept that

**'PREVENTION IS BETTER THAN TREATMENT'.**

## THE CHALLENGE CUP FRANKSTON GYMNASTICS



## WAG CHALLENGE CUP FRANKSTON

Sat. 24th, Sun. 25th October 1992

VENUE: Frankston City Gymnastics Club  
77 Hartnett Drive, Seaford, VIC. 3198  
PHONE (after 4.00pm) 03 776 9276 (MEL. REF. 77 17)

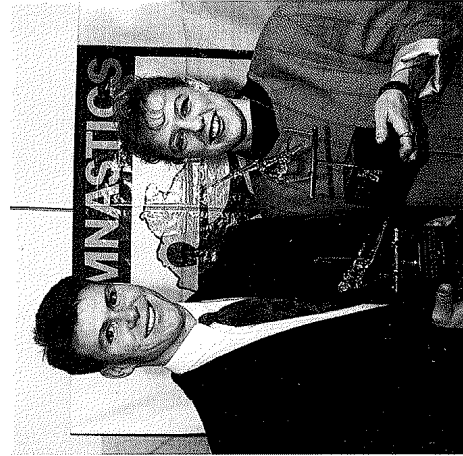


**Overall Gymnast of the Year:**  
*Monique Allen*

**Gymnast of the Year:**  
Men: *Brennon Dourick*  
Women: *Monique Allen*  
Rhythmic: *Stacey Wild*

**Junior Gymnast:**  
Men: *Bret Hudson*  
Women: *Joanna Hughes*  
Rhythmic: *Tanya Cikara*

**Coach of the Year:**  
Men: *Tian Weishun*  
Women: *Ju Ping Tian*  
Rhythmic: *Lisa Bradley*



*Above Right: Overall Gymnast of the Year-Monique Allen with her coach Ju Ping Tian.  
Centre Right: Coach of the Year-Ju Ping Tian, Tian Weishun, Lisa Bradley.  
Bottom Right: Junior Gymnast of the Year: Joanna Hughes, Bret Hudson, Tanya Cikara.  
Above: Gymnast of the Year: Brennon Dourick, Monique Allen (not pictured Stacey Wild).  
Below: Patron Bob Elliott with some of the 1991 AGF Award Recipients*



## CLASS ORGANISATION TIPS

### GRIDS

Gymnastic lessons, as with all sport sessions, must be fun, effective and above all, safe. The success of a lesson depends on the coaches planning and organisation. Maintaining the flow and constructive activity is very important specially when working with young children.

Lone line-ups and in-activity leads to boredom and discipline problems. Club gymnastics can require very different organisation methods as to school gymnastics, due to space, equipment limitations and the number of participants that may be involved.

One organisation method which can be effectively utilised in both environments is the use of Grids.

The Grid system is a series of squares marked by witch's hats, domes, ropes, hoops or similar items. The size and number of Grids required will vary according to:

- Available space
- Age/number of participants
- Skill level of participants
- Activities to be performed.

The Grid system allows the Coach to:

- Provide a safe and fun lesson
- Maintain better control over a large class
- Have all participants active at the same time
- Spend more time observing and correcting individual faults
- Organise demonstrations quickly and in an area that can be viewed easily by participants
- Divide participants into groups of equal ability levels and provide appropriate activities suited to the groups development stage.

Grids can be used for:

- Warm-up and Cool Down activities
- Skill development
- Circuit work.

### TIPS FOR USING GRIDS

#### SAFETY BOUNDARY

Between each Grid a Safety Boundary should be left. This gives participants space for safely moving around the outside of their Grid or allows time for run-away equipment to be caught before entering into another teams area which may cause an accident.

### HOME BASES

It is advisable to always have a Home Base for each Grid which can be marked by placing a Hoop at one side of the Grid. The Hoop should be placed at a distance which still allows participants to safely move around the outside of their Grid. Participants can quickly move to the Home Base on a given signal (e.g. whistle), ready to listen or view a new activity or skill being demonstrated. The Home Base is also useful for relay or tabloid activities performed in the Grid system.

### COLOUR CODE GRIDS

To assist with class organisation, specially when working with 4-6 year olds, it helps to colour code each grid. This can be done with different colour markers, hoops or if there are not enough different coloured markers have the Home Bases different colours.

It is more successful to ask all children to stop and watch the 'Blue Team' rather than pointing to 'that group over there'. The different colours also assist young children in staying within or around their own Grid and not running into another teams area.

### ACTIVITIES USING GRIDS

#### WARMING UP: Hoops

1. Spin the hoop:
    - run to next hoop
    - hop to next hoop
    - skip to next hoop
    - run to second hoop
    - run around entire Grid
- (Catch your Hoop before it stops spinning).

#### PHYSICAL PREPARATION

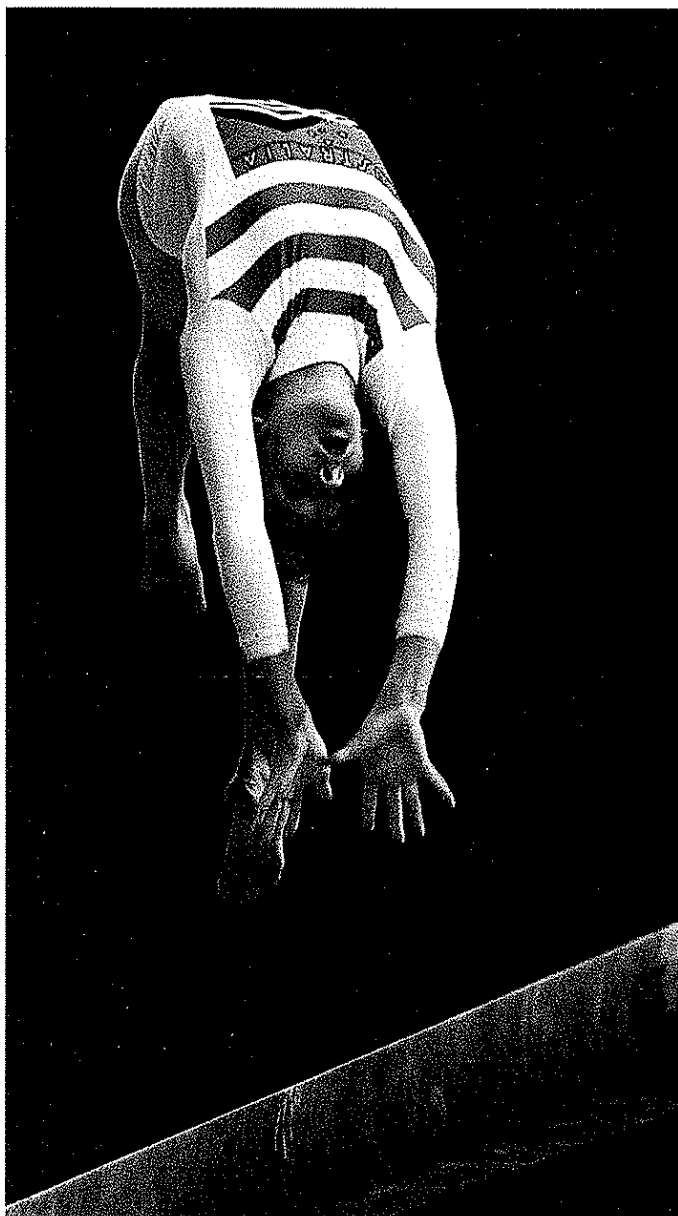
1. Chain Hopping/Jumping around Grid
2. Inchworm around Grid (move slowly)
3. Jumping around Grid
  - while holding a Ball between knees
  - backwards
  - who can do the least number of jumps
4. Push-ups: Leader ball style.

#### Remember:

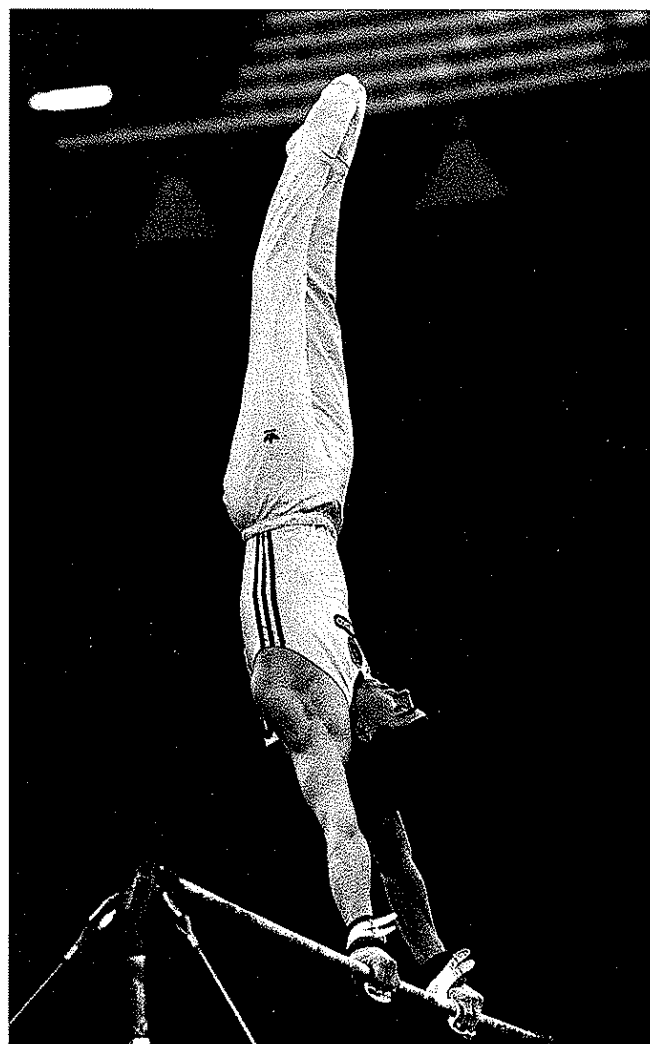
The Coach must still always be in a position to see all participants at all times.



• No warm up in competition hall for qualifying rounds



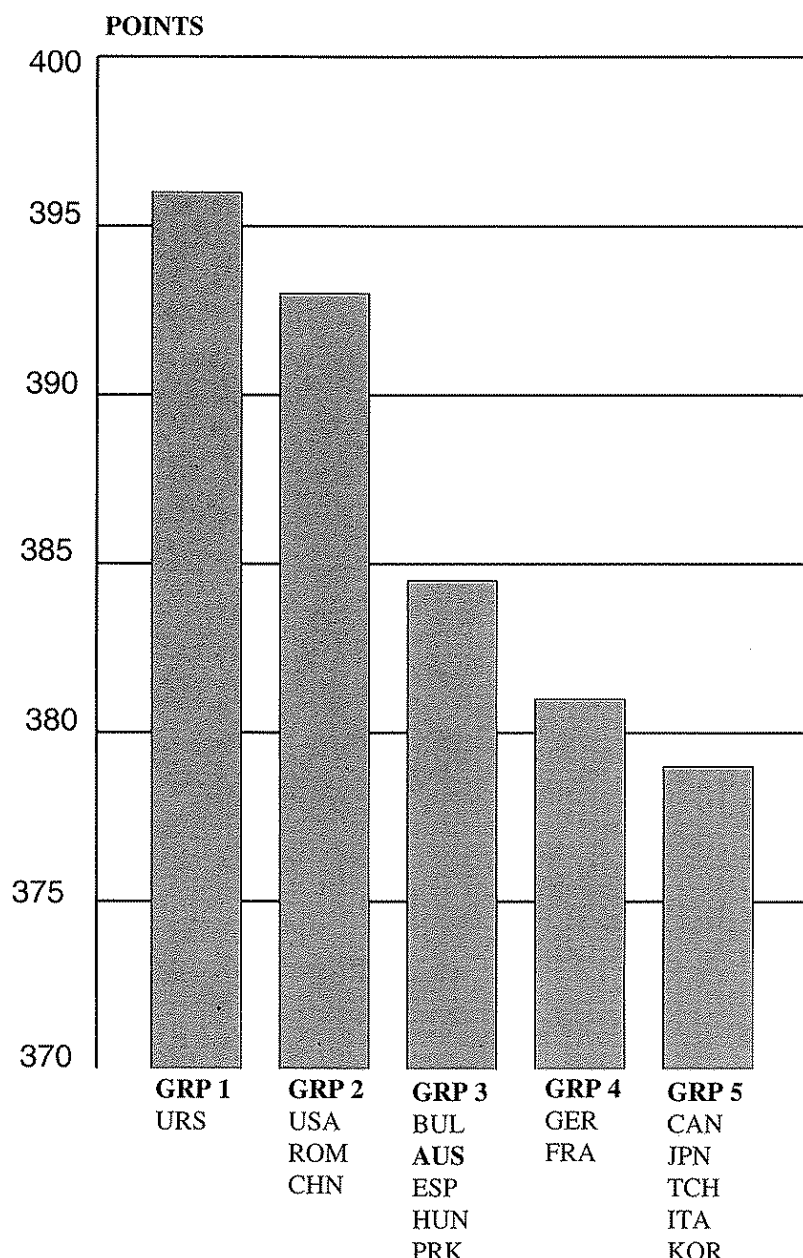
• Men's Parallel Bar finals had 8 exceptionally good routines with Li Jing of China showing virtuosity, good originality, risk and excellent composition with no execution errors



# Gymnastic Tidbits

## OLYMPIC GAMES- WOMEN'S GROUPINGS BY POINTS

### 1991 WORLD CHAMPIONSHIP RESULTS (Top 16 Nations)



## NO STOPPING GUTSU

Nantes, France, May 24 (AFP) – Ukrainian gymnast Tatiana Gutsu, who won the all-around title at the Women's European Championships here on Saturday, followed up by winning the beam and asymmetric bars on Sunday.

Former world all-around champion, Svetlana Boginskaya of Belarus, salvaged a disappointing weekend by beating Gutsu to take the vault, while Romania's Gina Gogean won the floor event.

### RESULTS;

#### Beam

1. Tatiana Gutsu (Ukraine) 9.95 pts,
2. Gina Gogean (Romania) 9.943,
3. Silvia Mitova (Bulgaria) 9.906.

#### Asymmetric Bars

1. Tatiana Gutsu (Ukraine) 9.937,
2. Tatiana Lisenko (Ukraine) 9.9,
3. Elena Grudonova (Russia) 9.875.

#### Vault

1. Svetlana Boginskaya (Belarus) 9.95,
2. Tatiana Gutsu (Ukraine) 9.9,
3. Ludmilla Stoychataja (Ukraine) 9.887.

#### Floor

1. Gina Gogean (Romania) 9.925,
2. Melanie Legros (France) 9.9,
3. Tatiana Gutsu (Ukraine) 9.887.

## 1992 Australian Championships T Shirts

available at bargain price of \$14.00 each (includes postage).

Top quality white shirts with bright fluoro colours.

Large & X-Large only available.

Send cheque made payable to Australian Gymnastic Federation

Inc

Lower Ground Floor

416 St Kilda Road

Melbourne, Vic. 3004





# THERE'S MANY A SLIP ....

There's a saying that goes .... "there's many a slip twix cup and lip!"

Lisa Read knows it well; so does Julie-Anne Monico; and Kylie Shadbolt; and Michelle Telfer. Each of these gymnasts at one time or another over the last weekend in May had the National title in sight but there were slips a-plenty.

The diet Coke Australian Gymnastic Championships proved to be something of a war of attrition, with the consistency of Western Australia's Jane Warrilow bringing her home after all the all-around optionals.

Warrilow took the title from Paris World Championships star Julie-Anne Monico and Olympic Optional overnight leader, Lisa Read.

With Joanna Hughes out injured and Monique Allen electing to drop floor and vault from her all-around routines, Lisa Read emerged a slight favourite in the media centre betting going into the compulsories, just ahead of Kylie Shadbolt and Julie-Anne Monico.

With brilliant consistent routines, all bettering her Indianapolis individual apparatus scores, Lisa chalked up 9.750 on bars and floor, 9.700 on vault and 9.500 on beam to lead the field after the compulsories.

Kylie Shadbolt's floor work was fantastic and her 9.800 score combined with 9.700 on vault, 9.600 on bars and 9.400 on beam to see her just .200 behind Read going into the optionals.

In equal second was Jane Warrilow, already showing the consistency that would give her the title - 9.675 on bars and floor, and 9.575 on vault and beam.

After scoring a mighty 9.850 on bars, 9.675 on floor and 9.575 on vault, Julie-Anne Monico was the first to succumb to that famous slip - twix beam and an almost certain second placing in the compulsories breathing down the neck of Lisa Read; instead she had to settle for a 8.625 and sixth place overnight.

Brooke Gysen and Michelle Telfer also put in steady performances to take up fourth and fifth places overnight respectively.

But on Friday night everything changed with the optionals taking a massive toll in decimated scores and shattered dreams as the dreaded 'slip' took hold of the championships.

First to go was Michelle Telfer who slipped before the competition even started straining a ligament while warming up on floor and was forced to withdraw.

Next was Lisa Read who almost uncharacteristically slipped on beam, then compounded the fault with a bad dismount - 8.575, enough to put her out of contention despite a magnificent 9.860 on bars, 9.700 on floor and 9.400 on vault, but just enough to give her the bronze medal with a total score of 76.2250.

Kylie Shadbolt was next to go: a skip on bars claimed her during a great routine - 9.175. She scored 9.675 on floor, 9.500 on beam and needed a 9.700 on vault - the same figure she scored in the compulsories, to take the title. Another slip 9.325 and fourth place with 76.1750.

Julie-Anne Monico regrouped and fought back strongly during the optionals with another 9.850 on bars, 9.625 on floor, 9.500 on vault and 9.600 on beam, to give her a close silver medal with 76.2500 points.

Meanwhile Warrilow continued on her merry way - 9.675 on bars, 9.525 on floor, 9.375 on vault and 9.350 on beam to take the title with 76.4250.

Brooke Gysen was another consistent performer with her performance highlighted by 9.675 on both bars and beam in the optionals to give her fifth place with 76.1500 points.

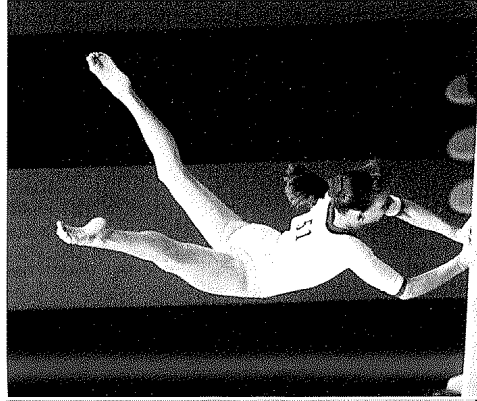
While the disappointments were obvious, the lessons learned were invaluable. Just a wobble here, a tremble there for scores and dreams to crash. Far better that those slips made their presence felt in Melbourne in May, than Barcelona in July. For Lisa, Kylie, Julie-Anne and Michelle, Ju Ping's constant warnings about those minute wobbles and stutters now take on a far greater significance.

For those who escaped the dreaded slips of the 1992 diet Coke Championships, the meaning is no less. For Jane Warrilow, who set herself the target of 'clean routines' then delivered the result, the spoils of victory come loaded with lessons for the future.

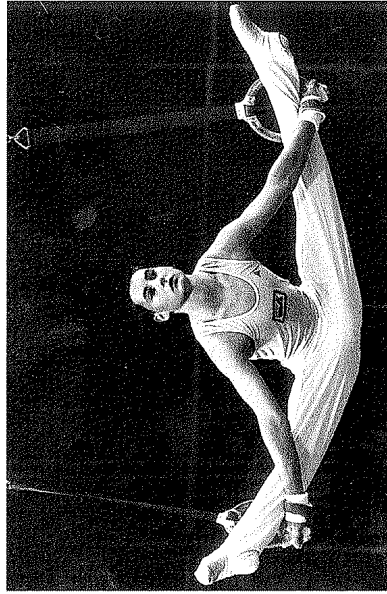
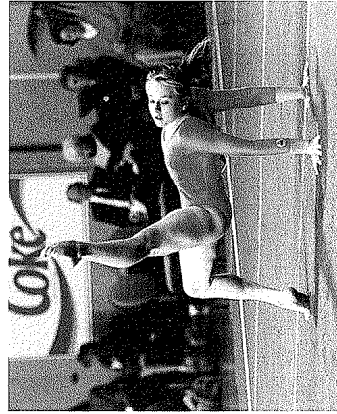
**Steve Jonas**



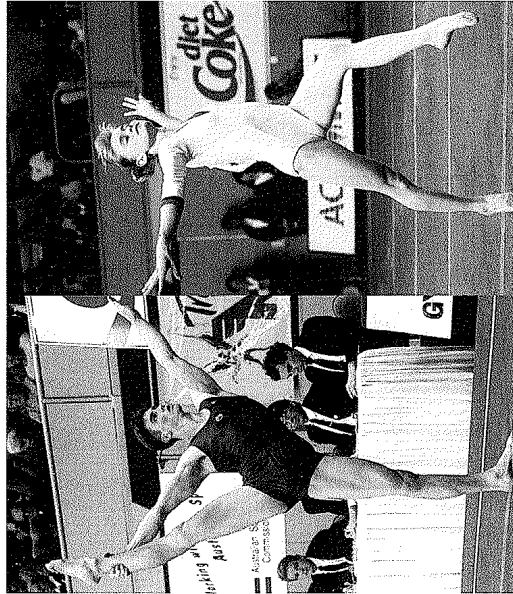
Peter Hagen (NSW/AIS)



Julie-Anne Monico (ACT/AIS)

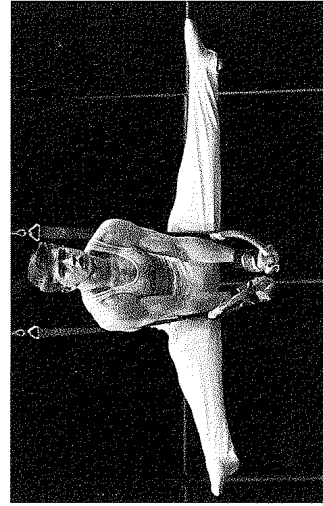


Corey Johnson (WA/WAIS)



Tim Lees (VIC/AIS)

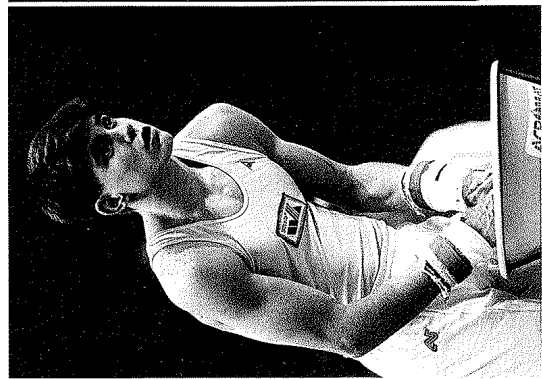
Lisa Read (NSW/AIS)



Left: Jane Warrilow (WA/WAIS)  
Above: Brenden Mand (WA/WAIS)  
Photos courtesy Ross Gould



L-R: Julie-Anne Monico (ACT/AIS), Brooke Gysen (WA/WAIS), Lisa Read (NSW/AIS), Kylie Shadbolt (QLD/AIS), Tracey Gibbs (WA/WAIS), Monique Allen (NSW/AIS), Jane Warrilow (WA/WAIS)

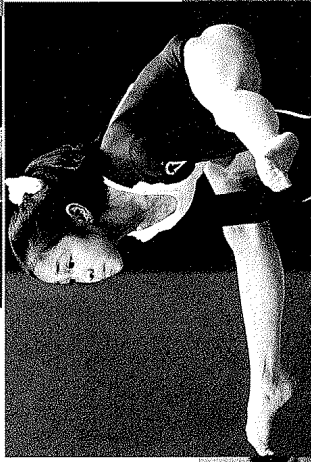


Daniel Grigson (WA / WAIS)

Right: Michelle Telfer (WA / WAIS)

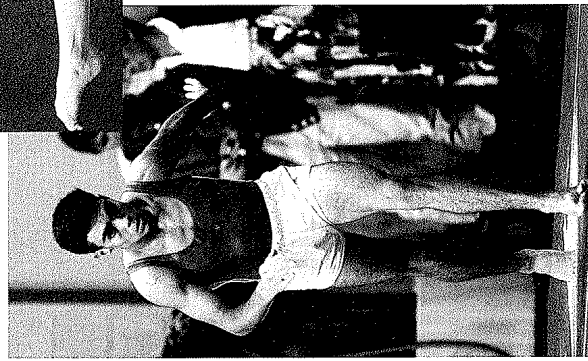


Below: Brennon Dourick (ACT / AIS)

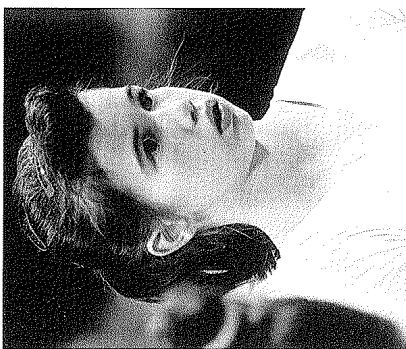
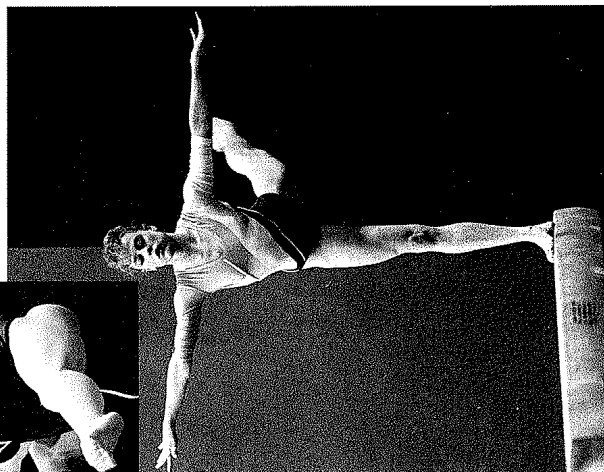


Left: Susanna Le (VIC)  
Below: Monique Allen (NSW / AIS)

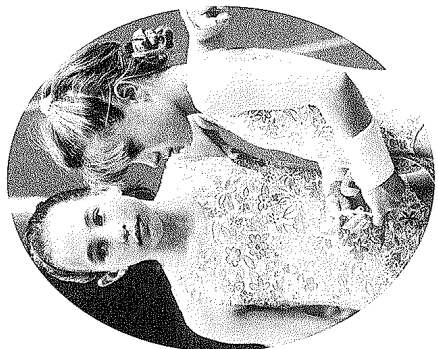
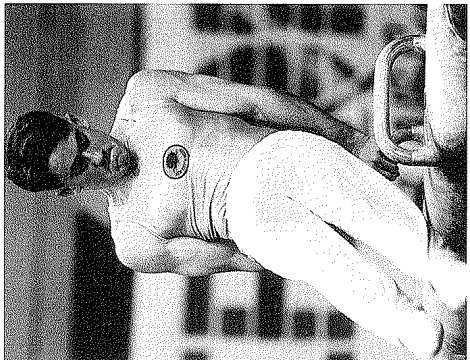
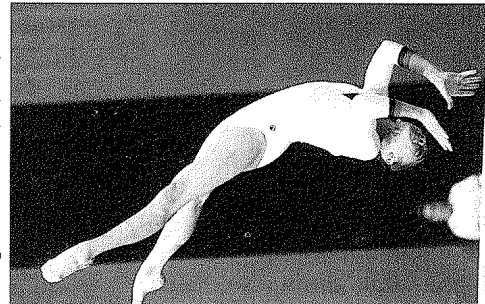
Photos Courtesy Ross Gould



Below: Nathan Kingston (ACT / AIS)



Above: Rebecca Sloyer (SA / SASD)  
Centre: Bret Hudson (NSW / AIS)  
Far Right: Bonnie Hollis (SA / SASD)

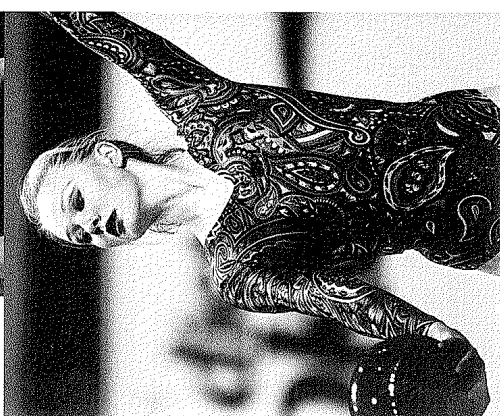


Our future!

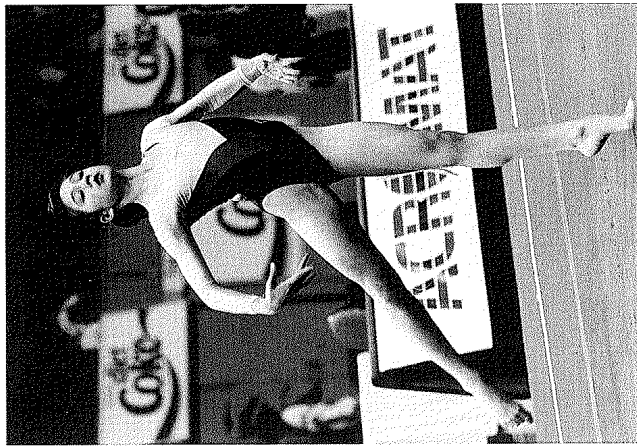
Above: Ruth Monie (NSW / AIS). Centre Far Right: Tanya Smith (NSW). Bottom Far Right: Emma Taylor (VIC). Below: Brooke Gysen (WA / WAIS)



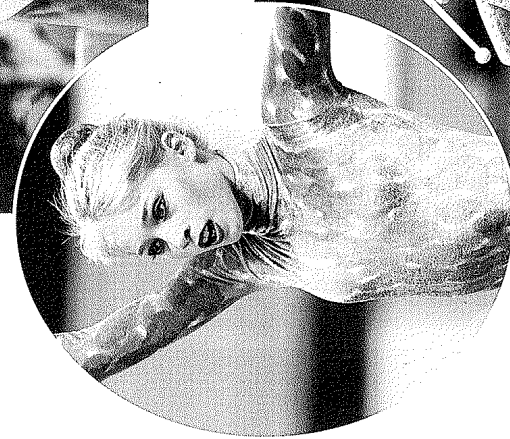
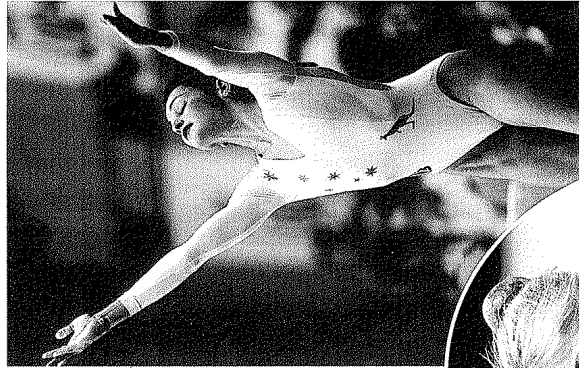
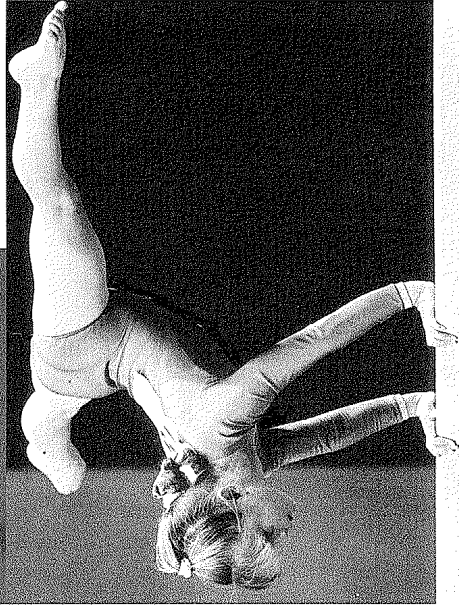
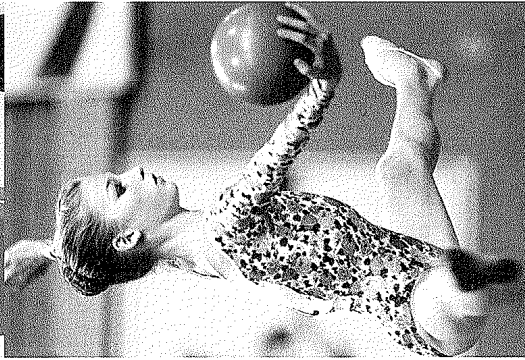
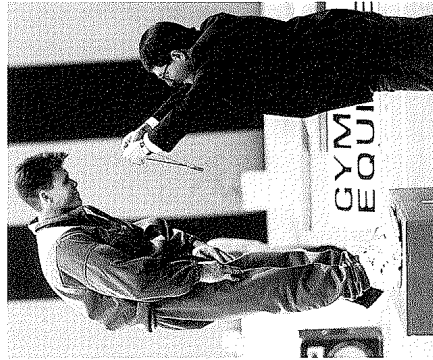
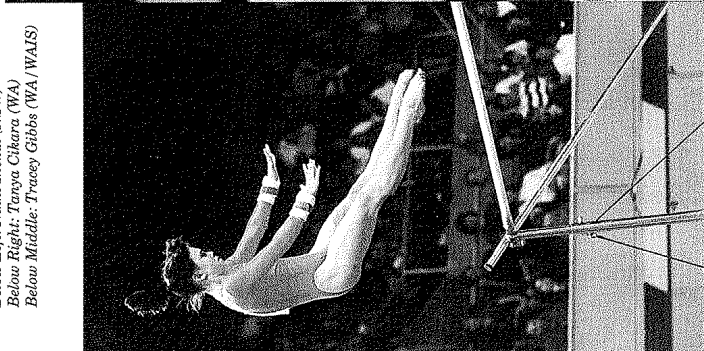
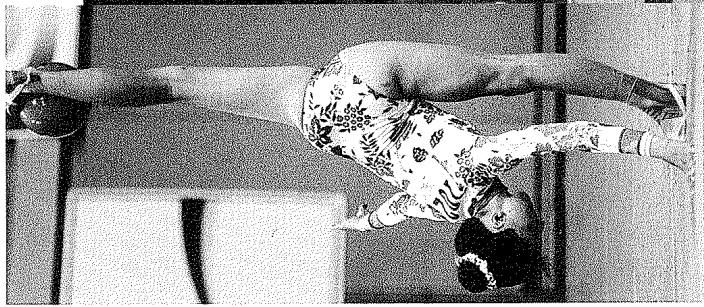
Photographs courtesy Ross Gould







Above Left: Peter Hagan (NSW/AIS).  
 Above Right: Cathy Keyser (WA/WAIS)  
 Below Left: Nikki Inokai (NSW)  
 Below Right: Tanya Cikara (WA)  
 Below Middle: Tracey Gibbs (WA/WAIS)



Photographs courtesy Ross Gould9

Left: Brennon Dourick  
 (ACT/AIS)  
 Right: Kylie Shadbolt  
 (QLD/AIS)  
 Left Centre: Jasmin Frame  
 (WA)  
 Bottom Left: Anna Jackson  
 (SA/SAS)  
 Bottom Right: Kristy Darrah  
 (WA)  
 Centre: Jessica Lockhart  
 (WA)



Enjoy **diet Coke**

TRADE MARK REGD.

**MAG Senior All-Around**

Name	Country	Floor	Pommel	Rings	Vault	P Bars	H.Bar	Total	Place
Grenon Dowrick	ACTAIS	9.350	9.000	9.800	9.600	9.350	9.500	56.800	1
		9.400	9.350	9.700	9.850	8.850	9.600	57.650	
Peter Hegan	NSWAINS	9.150	8.700	9.500	9.400	9.200	9.400	55.350	2
		8.750	9.100	9.300	9.100	8.850	8.850	54.150	
Tim Lees	WOLANS	9.450	9.300	8.600	9.350	8.150	7.650	52.500	3
		8.850	9.450	9.100	9.250	9.350	9.400	55.400	
Bret Hudson	NSWAINS	0.000	0.000	0.000	0.000	0.000	0.000	0.000	4
		9.300	8.600	9.050	9.400	9.400	9.550	55.200	
Martin Wade	ACT	0.000	0.000	0.000	0.000	0.000	0.000	0.000	5
		8.300	7.050	8.050	8.750	8.300	8.850	48.300	
Brian Wade	ACT	0.000	0.000	0.000	0.000	0.000	0.000	0.000	6
		8.200	8.050	8.300	8.600	7.950	7.750	48.850	
Paul Kalinski	NSW	0.000	0.000	0.000	0.000	0.000	0.000	0.000	7
		8.050	5.600	4.800	8.500	7.700	8.550	46.800	
Peter Hill	QLD	0.000	0.000	0.000	0.000	0.000	0.000	0.000	8
		8.500	4.950	8.250	9.100	7.350	8.150	46.400	
Peter Kalinski	NSW	0.000	0.000	0.000	0.000	0.000	0.000	0.000	9
		8.000	7.550	7.350	8.600	7.350	7.200	46.050	

## MAG Senior Finals

Name	Cty	Total Place	Name	Cty	Total Place
REOR	ACTAS	9,400	FLOJ	WAWAS	17,750
Strenon Dornick	ACTAS	9,400	Corey Johnson	WAWAS	17,750
Bret Hudson	NSWAS	9,300	2	ACTAS	17,250
Tim Lees	VICAS	8,950	3	WAWAS	17,000
Peter Hogan	NSWAS	8,750	4	ACTAS	17,000
Peter Hill	QLD	8,500	5	WAWAS	17,000
Marina Wade	ACT	8,300	6	WAWAS	15,500
Paul Kainiski	ACT	8,200	7	ACTAS	18,000
Paul Kainiski	NSW	8,050	8	WAWAS	17,250
POMME HORSE	VICAS	9,450	1	ACTAS	16,500
Strenon Dornick	ACTAS	9,350	2	WAWAS	16,500
Peter Hogan	NSWAS	9,100	3	WAWAS	16,500
Bret Hudson	ACT	8,950	4	WAWAS	16,500
Tim Lees	NSW	7,550	5	WAWAS	15,800
Peter Hill	NSW	7,000	6	WAWAS	15,800
Peter Kainiski	ACT	6,500	7	WAWAS	15,800
Marina Wade	NSW	5,600	8	WAWAS	15,800
REOR	ACTAS	9,700	1	WAWAS	17,500
Strenon Dornick	ACTAS	9,700	2	ACTAS	17,500
Peter Hogan	VICAS	9,300	3	WAWAS	17,500
Tim Lees	NSWAS	9,050	4	WAWAS	17,500
Bret Hudson	NSW	8,400	5	WAWAS	16,000
Peter Hill	NSW	8,200	6	WAWAS	16,000
Marina Wade	ACT	8,250	7	WAWAS	16,000
Paul Kainiski	ACT	8,250	8	WAWAS	16,000
POMME HORSE	VICAS	9,450	1	ACTAS	18,100
Strenon Dornick	ACTAS	9,350	2	WAWAS	17,500
Peter Hogan	NSWAS	9,250	3	WAWAS	17,500
Bret Hudson	VICAS	9,250	4	WAWAS	17,500
Tim Lees	NSWAS	9,100	5	WAWAS	17,500
Peter Hill	QLD	9,100	6	WAWAS	17,500
Peter Kainiski	ACTAS	8,950	7	WAWAS	17,500
Marina Wade	ACT	8,500	8	WAWAS	17,500
Paul Kainiski	NSW	8,600	9	WAWAS	17,500
REOR	ACTAS	9,400	1	WAWAS	18,000
Strenon Dornick	ACTAS	9,400	2	ACTAS	18,000
Peter Hogan	VICAS	9,250	3	WAWAS	18,000
Tim Lees	NSWAS	9,100	4	WAWAS	18,000
Peter Hill	QLD	9,100	5	WAWAS	18,000
Peter Kainiski	ACTAS	8,950	6	WAWAS	18,000
Marina Wade	ACT	8,500	7	WAWAS	18,000
Paul Kainiski	NSW	8,600	8	WAWAS	18,000

Tim Lees  
Peter Hogan

[illegible]

**MAG U/18 All Around**

Name	Country	Flour (kg)	Permitted (kg)	Rings	Vault	P Bars	H Bar	Total
Carey Johnson	USA	8.900	8.900	8.900	8.900	8.950	8.950	52.700
	WAWHS	8.800	8.100	8.350	8.850	8.150	8.500	50.700
Matthew Kingston	ACT/AS	8.450	9.250	7.950	8.650	9.100	9.350	52.750
	WAWHS	8.600	9.350	8.200	9.000	8.650	9.250	52.800
Daniel Gipsen	USA	8.500	8.400	8.350	8.650	9.000	8.750	51.650
	WAWHS	8.750	8.550	8.550	8.700	8.350	8.500	51.800
Brandon Mand	USA	8.900	8.900	8.650	8.500	8.950	8.250	50.450
	WAWHS	8.700	8.350	8.600	8.550	8.750	8.250	50.150
Bade Kollwint	USA	7.650	8.000	8.200	8.450	9.100	7.950	48.350
	WAWHS	7.650	8.000	8.200	8.450	9.100	7.950	48.350

## MAG U/16 All Around

[illegible]

## MAG U/18 Team

Team	Total	Place
NA	312.7500	1



## RESULTS.....

## MAG U/14 Finals

## MAG U/14 All Around

MAG U/12 All-Around																					
Name	Country	Floor	Pommel	Rings	Vault	P. Bars	H. Bar	Total	Place												
David Schneider	WAH/AIS	9.00	9.15	9.10	9.05	9.00	9.10	54.30	1												
Richard Peverell	NSW	9.05	9.10	9.30	9.15	9.30	9.50	55.20													
Stuart Fisher	WA	8.35	8.50	9.30	9.20	9.40	8.50	54.70													
James Zimmerman	QLD	8.40	9.20	8.95	8.70	9.45	9.55	54.50	2												
David Murphy	WAH/AIS	8.55	8.70	9.20	8.40	9.40	9.35	53.60													
James Bremner	WAH/AIS	8.50	8.60	7.95	9.10	9.10	9.00	52.20													
Ian Bartlett	NSW	9.50	8.90	8.20	8.90	8.60	9.40	53.50	3												
Andrew Crawford	WAH/AIS	8.30	8.50	9.25	8.30	8.20	9.20	52.15													
Adrian Looney	QLD	8.20	8.85	8.30	8.70	7.65	9.30	51.00													
Justin Beaton	NSW	9.05	9.25	8.45	8.15	8.80	8.25	54.00	4												
Justin Ng	NSW	9.20	9.05	8.20	8.40	8.00	9.10	49.50													
Dimitri Istra	QLD	8.40	8.30	9.00	9.20	8.15	9.00	50.00													
Janie Osborne	QLD	8.30	8.60	8.80	8.60	8.60	8.50	52.00	5												
Danny Smith	WAH/AIS	8.60	7.20	9.00	8.95	8.50	9.10	49.35													
Trent Ruwoldt	QLD	7.95	8.00	8.90	9.10	7.70	9.05	50.50													
Alex Yrdoljak	NSW	8.70	7.85	7.50	8.25	8.05	8.60	48.90	6												
Dale Beaumont	NSW	8.65	8.40	6.75	9.30	6.40	7.70	46.80													
James Flemming	ACT	8.55	7.20	7.70	8.45	7.55	7.60	47.05													
Nicholas Henderson	ACT	7.55	6.70	6.90	8.00	6.50	8.55	42.80	7												
		7.15	7.30	6.20	7.95	5.50	7.35	41.45													
								35.25													

## MAG U/12 All-Around

Name	Country	Floor	Pommel	Rings	Vault	P.Bars	H.Bar	Total
Richard Peverell	NSW	9.050	9.000	9.000	9.300	9.050	9.500	55.200
		9.150	8.850	9.150	8.950	9.000	9.450	54.450
Stuart Fisher	WA	8.350	8.950	9.300	9.200	9.450	9.500	54.800
		8.850	9.200	9.200	8.850	9.300	9.300	53.500
James Zimmerman	QLD	8.400	9.200	8.950	8.700	9.450	9.550	54.250
		8.850	9.300	8.900	9.250	9.200	9.400	54.400
David Murphy	WA/WAS	8.550	8.700	9.200	8.400	9.400	9.350	54.000
		8.800	8.800	9.250	8.400	9.400	9.300	53.950
James Bremner	WA/WAS	9.050	8.600	7.950	9.100	9.100	9.200	52.200
		8.850	8.500	8.450	9.500	9.100	9.200	53.150
Ian Bartlett	NSW	9.500	8.900	8.200	8.900	8.600	9.400	53.500
		9.350	8.750	7.950	8.900	8.200	9.200	50.850
Andrew Crawford	WA/WAS	8.300	8.500	9.250	9.100	8.600	8.750	52.500
		8.100	8.850	9.100	9.250	8.950	8.900	53.150
Adrian Looney	QLD	8.200	8.650	8.300	8.700	7.650	9.300	51.000
		8.850	9.100	9.100	8.950	8.800	9.300	53.900
Justin Beaton	NSW	9.050	9.250	8.450	8.150	8.800	8.250	51.950
		9.300	9.000	8.700	8.650	8.600	8.000	52.250
Justin Ng	NSW	9.200	9.050	8.020	8.400	8.000	9.100	49.950
		9.400	8.750	8.200	8.500	8.800	9.150	52.200
Damien Istra	QLD	8.750	9.300	8.000	9.200	8.150	9.000	50.250
		8.400	8.050	7.750	9.300	8.400	8.600	50.500
Janine Osborne	QLD	8.300	8.600	8.800	8.800	8.600	8.900	52.000
		8.500	8.800	8.650	8.350	7.450	7.500	49.250
Darryn Smith	WA/WAS	8.600	7.200	9.000	8.950	8.500	9.100	49.350
		7.500	6.000	8.900	9.300	7.700	9.000	47.500
Trent Ruwoldt	QLD	7.500	7.700	7.250	8.650	6.650	7.900	45.850
		8.000	9.100	7.750	8.950	8.200	8.650	50.650
Alex Yrdoljak	NSW	8.700	7.850	7.500	8.250	8.050	8.600	48.900
		8.650	7.450	6.950	9.050	8.500	7.300	46.800
Dale Beaumont	NSW	8.650	8.400	6.750	9.000	8.400	7.700	46.800
		8.900	8.150	7.200	9.000	7.200	7.050	45.500
James Flemming	ACT	8.550	7.200	7.700	8.450	7.550	7.600	47.050
		8.350	7.900	6.950	8.600	7.050	6.900	45.750
Nicholas Henderson	ACT	7.550	6.700	6.900	8.000	8.600	8.950	43.800
		7.150	7.300	6.200	7.950	5.500	7.350	41.450
								85.2500

## U/12 MAG Finals

Name	Cy	Total	Place
<b>FLOOR</b>			
1 Ian Bartlett	NSW	19,0500	1
2 Justin Ng	NSW	18,8500	2
3 Justin Beaton	NSW	18,3500	3
4 Richard Feneall	NSW	18,3500	4
5 James Zinnerman	WAHMS	17,5500	5
6 Dale Beaumont	NSW	17,5500	6
7 Alex Vridakis	NSW	17,3500	-7
8 David Mordant	WAHMS	17,3500	-7
<b>POMMEL HORSE</b>			
1 James Zinnerman	QLD	18,9500	1
2 Stuart Fisher	NSW	18,9500	2
3 Richard Prevell	NSW	18,1500	-3
4 Stuart Fisher	WA	18,1500	-3
5 Adriant Looney	QLD	17,9500	5
6 Justin Ng	NSW	17,9500	6
7 Ian Bartlett	NSW	17,5500	7
8 James Zinnerman	WAHMS	17,5500	8
<b>RINGS</b>			
1 Stuart Fisher	WA	18,5000	1
2 David Murphy	NSW	18,4500	2
3 Adriant Crawford	WAHMS	18,3500	3
4 Richard Prevell	NSW	18,1500	4
5 James Zinnerman	WAHMS	17,9500	5
6 James Zinnerman	QLD	17,8500	6
7 Jamie Osborne	QLD	17,4500	7
8 Adriant Looney	QLD	17,4000	8
<b>VAULT</b>			
1 James Bremner	NSW	18,9500	1
2 Ian Bartlett	QLD	18,9500	2
3 Adriant Crawford	WAHMS	18,3500	3
4 Richard Prevell	NSW	18,3500	4
5 Stuart Fisher	WA	18,0500	5
6 James Zinnerman	QLD	17,9500	-6
7 James Zinnerman	WAHMS	17,9500	-6
8 Danny Smith	NSW	17,5500	8
<b>PARALLEL BAR</b>			
1 David Murphy	NSW	18,9000	1
2 Stuart Fisher	WA	18,7500	2
3 James Zinnerman	QLD	18,3500	3
4 James Bremner	NSW	18,2000	4
5 Richard Prevell	WAHMS	17,5500	5
6 Adriant Crawford	WAHMS	17,5500	6
7 Justin Beaton	NSW	17,4000	7
8 Ian Bartlett	NSW	16,8000	-8
9 Justin Ng	NSW	16,8000	-8
<b>HIGH BAR</b>			
1 Richard Prevell	NSW	18,9500	1
2 James Zinnerman	NSW	18,9500	2
3 James Zinnerman	QLD	18,7500	3
4 David Murphy	QLD	18,6500	4
5 Adriant Looney	QLD	18,6000	-5
6 Ian Bartlett	NSW	18,6000	-5
7 Justin Ng	NSW	18,3500	7
8 James Zinnerman	WAHMS	18,3500	8

**WAG Senior All Around**

Name	Cty	Vault	UBars	Beam	Floor	Total	Place
Jane Warrlow	WAHWAIS	9.575	9.675	9.275	9.675	38.500	1
		9.375	9.675	9.350	9.525	37.925	
		9.500	9.850	9.825	9.675	39.8250	
Julie-Anne Monaco	ACTIAS	9.525	9.850	9.825	9.675	39.875	2
		9.500	9.800	9.600	9.625	38.575	
		9.500	9.800	9.600	9.625	38.500	
Lisa Reed	NSWAIS	9.700	9.750	9.800	9.750	38.700	3
		9.400	9.800	8.875	9.700	37.525	
		9.400	9.800	8.875	9.700	37.525	
Kylie Shadbolt	QLDAS	9.700	9.600	9.600	9.800	39.500	4
		9.325	9.175	9.300	9.675	37.475	
		9.325	9.175	9.300	9.675	37.475	
Brooke Gysen	WAHWAIS	9.525	9.675	9.675	9.675	38.275	5
		9.475	9.675	9.675	9.650	38.275	
		9.475	9.675	9.675	9.650	38.275	
Cathy Meyer	WAHWAIS	9.550	9.425	9.150	9.425	37.550	-6
		9.175	9.350	9.300	9.350	37.175	
		9.175	9.350	9.300	9.350	37.175	
Tracey Gibbs	WAHWAIS	9.675	9.150	9.175	9.350	36.350	-6
		9.325	9.725	9.650	9.275	37.975	
		9.325	9.725	9.650	9.275	37.975	
Rum Moritz	NSWAIS	9.225	7.350	8.025	9.250	33.850	8
		9.000	8.000	9.575	8.700	35.875	
		9.000	8.000	9.575	8.700	35.875	
Monique Allan	NSWAIS	9.650	9.675	9.150	9.000	38.475	9
		9.600	9.800	9.800	9.350	39.550	
		9.600	9.800	9.800	9.350	39.550	
Michelle Teller	WAHWAIS	9.525	9.575	9.300	9.575	37.975	10
		9.000	9.000	9.000	9.000	35.000	
		9.000	9.000	9.000	9.000	35.000	
Alicia Dawson	NZ	9.000	9.000	9.000	9.000	35.000	11
		8.875	8.825	8.350	8.675	34.425	
		8.875	8.825	8.350	8.675	34.425	

## WAG Sub Jnr All Around

Name	City	Vault	UBars	Beam	Floor	Total	Place
Susannah Lee	VIC/VIS	9.168	9.400	9.937	9.212	37.387	1
Lisa Archer	WAWAAS	9.124	9.275	9.200	9.050	36.649	2
Lisa Tadana	NSW	9.287	9.937	9.087	8.562	36.856	3
Deborah Van Ginkel	VIC/VIS	9.261	9.150	8.837	8.612	35.860	4
Joji Whale	WAWAAS	9.043	9.100	8.937	8.505	35.585	5
Sarah Prosser	WAWAAS	8.683	8.287	8.915	9.025	35.900	6
Malissa Laws	ACT	9.023	8.225	8.312	8.467	34.027	7
Ahu Sind	NSW	8.956	8.800	8.437	8.347	34.539	8
Andrea Corozzi	WAWAAS	8.988	8.000	8.550	8.612	34.330	9
Hayley Dawson	NSW	8.920	8.762	8.050	8.362	34.074	10
Larissa Wayne	NSW	8.937	7.950	8.500	8.237	33.624	11
Kassandra Jones	ACT	* 9.906	8.400	8.100	7.200	33.606	12
Joanne Bourke	VIC/VIS	8.916	7.175	8.187	8.325	32.595	13
Anne Wallace	ACT	8.700	8.087	7.887	6.950	32.624	14

## WAG Sub Jnr Finals

[illegible]

## RESULTS

**WAG SENIOR FINAL**

[illegible]

## WAG Junior All Around

Name	Cty	Yaut	U.Bars	Bean	Floor	Total	Place
Rebecca Stoyel	SNASASI	9.174	8.875	8.892	9.500	38.511	1
Clare Cribbas	VICMS	9.118	9.212	9.425	9.812	38.511	2
Rebecca Jackson	VICMS	9.550	9.600	9.500	8.725	38.375	3
Anna Jackson	SNASASI	9.074	8.475	9.187	8.537	38.290	4
Kristy Wilson	NSWAS	8.775	8.837	9.037	8.612	38.273	5
Nicole Kanak	NSWAS	8.166	9.337	8.500	9.300	38.263	6
Jenny Smith	WAWAS	8.325	8.575	8.800	9.212	38.210	7
Malissa Doves	ACT	8.400	9.112	8.912	8.612	38.120	8
Bonnie Howe	SNASASI	8.383	8.425	8.712	8.887	38.417	9
Ina Weir	ACT	8.231	9.075	8.212	8.462	38.417	10
Ziona Cullani	NSWAS	8.682	8.287	8.400	8.550	38.980	11
Sheyla Hupatz	SNASASI	8.518	8.100	8.262	8.675	38.555	12
Lauren Parry	NSW	8.550	8.650	7.375	8.812	38.387	13
Deane Bean	WAWAS	7.206	8.600	8.825	8.812	38.243	14
Sarah Willis	WAWAS	4.137	8.487	7.500	8.762	28.886	15
Sarah Frick	NSW	7.137	7.000	5.975	8.600	28.712	16

## WAG Sub Junior

MAG Senior Team			WAG Junior Team			Team		
Team	Total	Place	Team	Total	Place	Team	Total	Place
WA	228,6750	1	SA	108,4640	1	WA	108,1960	1
			NSW	105,4720	2	VIC	105,5020	2
						NSW	105,0270	3
						ACT	98,9470	4

# RESULTS.....

## RSG Senior All-Around

Name	Cty	Rope	Hoop	Ball	Total	Place	
Kathryn Hughes	NZ	8,900	8,900	9,000	8,700	35,500	1
Rene Garrett	WA	8,300	8,600	8,550	8,100	33,550	*2
Vanessa Ebb	NSW	8,650	7,800	8,500	8,500	33,450	3
Naale Benbow	WA	7,700	7,400	8,000	8,300	32,400	4
Clara Soper	NZ	7,650	7,400	7,350	7,100	29,500	5
Rachel Matheson	NZ	7,200	7,100	7,200	7,200	28,700	6

\* Residential Champion

## RSG Junior Finals

Name	Cty	Total	Place
Kathryn Hughes	NZ	9,000	1
Rene Garrett	WA	8,650	2
Naale Benbow	NSW	8,350	3
Kathryn Hughes	NZ	8,250	4
Rene Garrett	WA	8,000	5
Naale Benbow	NSW	7,950	6
Kathryn Hughes	NZ	7,850	7
Rene Garrett	WA	7,750	8
Naale Benbow	NSW	7,650	9
Kathryn Hughes	NZ	7,550	10
Rene Garrett	WA	7,450	11
Naale Benbow	NSW	7,350	12
Kathryn Hughes	NZ	7,250	13
Rene Garrett	WA	7,150	14
Naale Benbow	NSW	7,050	15

## RSG Senior Finals

Name	Cty	Total	Place
Kathryn Hughes	NZ	9,000	1
Rene Garrett	WA	8,650	2
Naale Benbow	NSW	8,350	3
Kathryn Hughes	NZ	8,250	4
Rene Garrett	WA	8,000	5
Naale Benbow	NSW	7,950	6
Kathryn Hughes	NZ	7,850	7
Rene Garrett	WA	7,750	8
Naale Benbow	NSW	7,650	9
Kathryn Hughes	NZ	7,550	10
Rene Garrett	WA	7,450	11
Naale Benbow	NSW	7,350	12
Kathryn Hughes	NZ	7,250	13
Rene Garrett	WA	7,150	14
Naale Benbow	NSW	7,050	15

## RSG Sub Junior Finals

Name	Cty	Total	Place
Jessica Lockhart	WA	8,350	1
Stephanie Price	NSW	8,300	2
Jessica Lockhart	WA	8,250	3
Stephanie Price	NSW	8,200	4
Jessica Lockhart	WA	8,150	5
Stephanie Price	NSW	8,100	6
Jessica Lockhart	WA	8,050	7
Stephanie Price	NSW	8,000	8
Jessica Lockhart	WA	7,950	9
Stephanie Price	NSW	7,900	10
Jessica Lockhart	WA	7,850	11
Stephanie Price	NSW	7,800	12
Jessica Lockhart	WA	7,750	13
Stephanie Price	NSW	7,700	14
Jessica Lockhart	WA	7,650	15

## RSG Junior All Around

Name	Cty	Hoop	Ball	Clubs	Ribbon	Total	Place
Tanya Okara	WA	8,750	8,800	8,850	8,900	35,300	1
Kathryn Hughes	NSW	8,650	8,700	8,750	8,800	34,900	2
Pauline Wilson	NSW	8,450	8,500	8,550	8,600	34,100	3
Chantelle Domes	NSW	8,250	8,300	8,350	8,400	33,300	4
Elizabeth Sechos	NSW	8,150	8,200	8,250	8,300	32,900	5
Leigh Manning	NSW	8,050	8,100	8,150	8,200	32,500	6
Nikki Inokai	NSW	7,950	8,000	8,050	8,100	32,100	7
Sunny Khong	NSW	7,850	7,900	7,950	8,000	31,700	8
Pauline Wilson	NSW	7,750	7,800	7,850	7,900	31,300	9
Kelly O'Brien	NSW	7,650	7,700	7,750	7,800	30,900	10
Priscilla Greenwood	NSW	7,550	7,600	7,650	7,700	30,500	11
Emma Taylor	NSW	7,450	7,500	7,550	7,600	30,100	12
Simone Clark	NSW	7,350	7,400	7,450	7,500	29,700	13
Rebecca Blake	NSW	7,250	7,300	7,350	7,400	29,300	14
Rachel Davidson	NSW	7,150	7,200	7,250	7,300	28,900	15

## RSG Sub Junior All Around

Name	Cty	Hoop	Ball	Clubs	Ribbon	Total	Place
Jessica Lockhart	WA	8,300	8,350	8,400	8,450	33,500	1
Katie Mitchell	NSW	8,200	8,250	8,300	8,350	33,100	2
Tanya Smith	NSW	8,100	8,150	8,200	8,250	32,700	3
Stephanie Price	NSW	8,000	8,050	8,100	8,150	32,300	4
Jessica Lockhart	WA	7,900	7,950	8,000	8,050	31,900	5
Stephanie Price	NSW	7,800	7,850	7,900	7,950	31,500	6
Jessica Lockhart	WA	7,700	7,750	7,800	7,850	31,100	7
Stephanie Price	NSW	7,600	7,650	7,700	7,750	30,700	8
Jessica Lockhart	WA	7,500	7,550	7,600	7,650	30,300	9
Stephanie Price	NSW	7,400	7,450	7,500	7,550	29,900	10
Jessica Lockhart	WA	7,300	7,350	7,400	7,450	29,500	11
Stephanie Price	NSW	7,200	7,250	7,300	7,350	29,100	12
Jessica Lockhart	WA	7,100	7,150	7,200	7,250	28,700	13
Stephanie Price	NSW	7,000	7,050	7,100	7,150	28,300	14
Jessica Lockhart	WA	6,900	6,950	7,000	7,050	27,900	15

## RSG Sub Junior Finals

Name	Cty	Total	Place
Jessica Lockhart	WA	8,350	1
Stephanie Price	NSW	8,300	2
Jessica Lockhart	WA	8,250	3
Stephanie Price	NSW	8,200	4
Jessica Lockhart	WA	8,150	5
Stephanie Price	NSW	8,100	6
Jessica Lockhart	WA	8,050	7
Stephanie Price	NSW	8,000	8
Jessica Lockhart	WA	7,950	9
Stephanie Price	NSW	7,900	10
Jessica Lockhart	WA	7,850	11
Stephanie Price	NSW	7,800	12
Jessica Lockhart	WA	7,750	13
Stephanie Price	NSW	7,700	14
Jessica Lockhart	WA	7,650	15

# RESULTS.....

## INDIVIDUAL APPARATUS WORLD

### CHAMPIONSHIPS

PARIS 15-19 APRIL 1992

## Men Qualifiers-1

Name	Cty	Total	Place
Kozzowski, Sebastian	POL	7,575	79
POMME, HORSE	PRK	9,500	1
Scherer, Vitaly	CEI	9,500	2
Li, Xiaoshuang	CHN	9,500	3
Gao, Xing	CHN	9,500	4
Li, Xiaoshuang	CHN	9,500	5
Sohi, Mark	USA	9,500	6
Ikemura, Yuki	JPN	9,500	7
Chang, Feng chih	TPE	9,500	8
Chang, Feng chih	TPE	9,500	9
Chang, Feng chih	TPE	9,500	10
Chang, Feng chih	TPE	9,500	11
Chang, Feng chih	TPE	9,500	12
Chang, Feng chih	TPE	9,500	13
Chang, Feng chih	TPE	9,500	14
Chang, Feng chih	TPE	9,500	15
Chang, Feng chih	TPE	9,500	16
Chang, Feng chih	TPE	9,500	17
Chang, Feng chih	TPE	9,500	18
Chang, Feng chih	TPE	9,500	19
Chang, Feng chih	TPE	9,500	20
Chang, Feng chih	TPE	9,500	21
Chang, Feng chih	TPE	9,500	22
Chang, Feng chih	TPE	9,500	23
Chang, Feng chih	TPE	9,500	24
Chang, Feng chih	TPE	9,500	25
Chang, Feng chih	TPE	9,500	26
Chang, Feng chih	TPE	9,500	27
Chang, Feng chih	TPE	9,500	28
Chang, Feng chih	TPE	9,500	29
Chang, Feng chih	TPE	9,500	30
Chang, Feng chih	TPE	9,500	31
Chang, Feng chih	TPE	9,500	32
Chang, Feng chih	TPE	9,500	33
Chang, Feng chih	TPE	9,500	34
Chang, Feng chih	TPE	9,500	35
Chang, Feng chih	TPE	9,500	36
Chang, Feng chih	TPE	9,500	37
Chang, Feng chih	TPE	9,500	38
Chang, Feng chih	TPE	9,500	39
Chang, Feng chih	TPE	9,500	40
Chang, Feng chih	TPE	9,500	41
Chang, Feng chih	TPE	9,500	42
Chang, Feng chih	TPE	9,500	43
Chang, Feng chih	TPE	9,500	44
Chang, Feng chih	TPE	9,500	45
Chang, Feng chih	TPE	9,500	46
Chang, Feng chih	TPE	9,500	47
Chang, Feng chih	TPE	9,500	48
Chang, Feng chih	TPE	9,500	49
Chang, Feng chih	TPE	9,500	50
Chang, Feng chih	TPE	9,500	51
Chang, Feng chih	TPE	9,500	52
Chang, Feng chih	TPE	9,500	53
Chang, Feng chih	TPE	9,500	54
Chang, Feng chih	TPE	9,500	55
Chang, Feng chih	TPE	9,500	56
Chang, Feng chih	TPE	9,500	57
Chang, Feng chih	TPE	9,500	58
Chang, Feng chih	TPE	9,500	59
Chang, Feng chih	TPE	9,500	60
Chang, Feng chih	TPE	9,500	61
Chang, Feng chih	TPE	9,500	62
Chang, Feng chih	TPE	9,500	63
Chang, Feng chih	TPE	9,500	64
Chang, Feng chih	TPE	9,500	65
Chang, Feng chih	TPE	9,500	66
Chang, Feng chih	TPE	9,500	67
Chang, Feng chih	TPE	9,500	68
Chang, Feng chih	TPE	9,500	69
Chang, Feng chih	TPE	9,500	70
Chang, Feng chih	TPE	9,500	71
Chang, Feng chih	TPE	9,500	72
Chang, Feng chih	TPE	9,500	73
Chang, Feng chih	TPE	9,500	74
Chang, Feng chih	TPE	9,500	75
Chang, Feng chih	TPE	9,500	76

# RESULTS.....

**Men's Apparatus -Semi  
finals**

**Women's Apparatus Semi  
finals**

[illegible][illegible]

## Men's Annaratus Finals

[illegible][illegible][illegible]

**NOTE CHANGE OF ADDRESS FOR  
AUSTRALIAN GYMNASTIC FEDERATION  
INC.**

**Lower Ground Floor**  
**416 St Kilda Road,**  
**Melbourne, Vic. 3004**



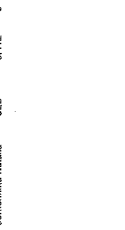
# RESULTS..... CHINA CUP

## Women Apparatus Finals

Name	Cy	Total	Place
<b>VAULT</b>			
Onodi, Henrietta	HUN	9.950	1
Bojarska, Svetlana	CZE	9.943	2
Bojarska, Svetlana	ROM	9.936	3
Milova, Silvia	BUL	9.882	4
Stupak, Kerri	USA	9.818	5
Gogun, Gina	ROM	9.800	6
Unek, Stella	CAN	9.756	7
Black, Elena	HOL	9.481	8
<b>BARS</b>			
Bojarska, Svetlana	ROM	9.950	1
Milova, Silvia	ROM	9.900	2
Onodi, Betty	ROM	9.887	3
Pasa, Mirela	ROM	9.875	4
Li, Ying	CHN	9.862	5
Bojarska, Svetlana	HUN	9.852	6
Milova, Silvia	BUL	9.830	7
Onodi, Betty	ROM	9.818	8
<b>BEAM</b>			
Bojarska, Svetlana	ROM	9.950	1
Milova, Silvia	ROM	9.900	2
Onodi, Betty	ROM	9.887	3
Pasa, Mirela	ROM	9.875	4
Li, Ying	CHN	9.862	5
Bojarska, Svetlana	HUN	9.852	6
Milova, Silvia	BUL	9.830	7
Onodi, Betty	ROM	9.818	8
<b>FLOOR</b>			
Bojarska, Svetlana	ROM	9.950	1
Milova, Silvia	ROM	9.900	2
Onodi, Betty	ROM	9.887	3
Pasa, Mirela	ROM	9.875	4
Li, Ying	CHN	9.862	5
Bojarska, Svetlana	HUN	9.852	6
Milova, Silvia	BUL	9.830	7
Onodi, Betty	ROM	9.818	8

## Comp III Women

Name	Cy	Total	Place
<b>VAULT</b>			
Bojarska, Svetlana	ROM	9.950	1
Milova, Silvia	ROM	9.900	2
Onodi, Betty	ROM	9.887	3
Pasa, Mirela	ROM	9.875	4
Li, Ying	CHN	9.862	5
Bojarska, Svetlana	HUN	9.852	6
Milova, Silvia	BUL	9.830	7
Onodi, Betty	ROM	9.818	8
<b>BARS</b>			
Bojarska, Svetlana	ROM	9.950	1
Milova, Silvia	ROM	9.900	2
Onodi, Betty	ROM	9.887	3
Pasa, Mirela	ROM	9.875	4
Li, Ying	CHN	9.862	5
Bojarska, Svetlana	HUN	9.852	6
Milova, Silvia	BUL	9.830	7
Onodi, Betty	ROM	9.818	8
<b>BEAM</b>			
Bojarska, Svetlana	ROM	9.950	1
Milova, Silvia	ROM	9.900	2
Onodi, Betty	ROM	9.887	3
Pasa, Mirela	ROM	9.875	4
Li, Ying	CHN	9.862	5
Bojarska, Svetlana	HUN	9.852	6
Milova, Silvia	BUL	9.830	7
Onodi, Betty	ROM	9.818	8
<b>FLOOR</b>			
Bojarska, Svetlana	ROM	9.950	1
Milova, Silvia	ROM	9.900	2
Onodi, Betty	ROM	9.887	3
Pasa, Mirela	ROM	9.875	4
Li, Ying	CHN	9.862	5
Bojarska, Svetlana	HUN	9.852	6
Milova, Silvia	BUL	9.830	7
Onodi, Betty	ROM	9.818	8



Clare Cribbes (AUS)

Photographs courtesy Ross Gould

## Comp II - Men

Name	Country	Vault	Bars	Beam	Floor	Total	Place
<b>VAULT</b>							
Onodi, Henrietta	HUN	9.950	9.950	9.950	9.950	39.800	1
Bojarska, Svetlana	CZE	9.943	9.943	9.943	9.943	39.779	2
Bojarska, Svetlana	ROM	9.936	9.936	9.936	9.936	39.750	3
Milova, Silvia	BUL	9.882	9.882	9.882	9.882	39.530	4
Stupak, Kerri	USA	9.818	9.818	9.818	9.818	39.262	5
Gogun, Gina	ROM	9.800	9.800	9.800	9.800	39.200	6
Unek, Stella	CAN	9.756	9.756	9.756	9.756	38.974	7
Black, Elena	HOL	9.481	9.481	9.481	9.481	38.921	8
<b>BARS</b>							
Bojarska, Svetlana	ROM	9.950	9.950	9.950	9.950	39.800	1
Milova, Silvia	ROM	9.900	9.900	9.900	9.900	39.600	2
Onodi, Betty	ROM	9.887	9.887	9.887	9.887	39.561	3
Pasa, Mirela	ROM	9.875	9.875	9.875	9.875	39.525	4
Li, Ying	CHN	9.862	9.862	9.862	9.862	39.485	5
Bojarska, Svetlana	HUN	9.852	9.852	9.852	9.852	39.445	6
Milova, Silvia	BUL	9.830	9.830	9.830	9.830	39.380	7
Onodi, Betty	ROM	9.818	9.818	9.818	9.818	39.336	8
<b>BEAM</b>							
Bojarska, Svetlana	ROM	9.950	9.950	9.950	9.950	39.800	1
Milova, Silvia	ROM	9.900	9.900	9.900	9.900	39.600	2
Onodi, Betty	ROM	9.887	9.887	9.887	9.887	39.561	3
Pasa, Mirela	ROM	9.875	9.875	9.875	9.875	39.525	4
Li, Ying	CHN	9.862	9.862	9.862	9.862	39.485	5
Bojarska, Svetlana	HUN	9.852	9.852	9.852	9.852	39.445	6
Milova, Silvia	BUL	9.830	9.830	9.830	9.830	39.380	7
Onodi, Betty	ROM	9.818	9.818	9.818	9.818	39.336	8
<b>FLOOR</b>							
Bojarska, Svetlana	ROM	9.950	9.950	9.950	9.950	39.800	1
Milova, Silvia	ROM	9.900	9.900	9.900	9.900	39.600	2
Onodi, Betty	ROM	9.887	9.887	9.887	9.887	39.561	3
Pasa, Mirela	ROM	9.875	9.875	9.875	9.875	39.525	4
Li, Ying	CHN	9.862	9.862	9.862	9.862	39.485	5
Bojarska, Svetlana	HUN	9.852	9.852	9.852	9.852	39.445	6
Milova, Silvia	BUL	9.830	9.830	9.830	9.830	39.380	7
Onodi, Betty	ROM	9.818	9.818	9.818	9.818	39.336	8

## Women Comp II

Name	Cy	Vault	Bars	Beam	Floor	Total	Place
<b>VAULT</b>							
Onodi, Henrietta	HUN	9.950	9.950	9.950	9.950	39.800	1
Bojarska, Svetlana	CZE	9.943	9.943	9.943	9.943	39.779	2
Bojarska, Svetlana	ROM	9.936	9.936	9.936	9.936	39.750	3
Milova, Silvia	BUL	9.882	9.882	9.882	9.882	39.530	4
Stupak, Kerri	USA	9.818	9.818	9.818	9.818	39.262	5
Gogun, Gina	ROM	9.800	9.800	9.800	9.800	39.200	6
Unek, Stella	CAN	9.756	9.756	9.756	9.756	38.974	7
Black, Elena	HOL	9.481	9.481	9.481	9.481	38.921	8
<b>BARS</b>							
Bojarska, Svetlana	ROM	9.950	9.950	9.950	9.950	39.800	1
Milova, Silvia	ROM	9.900	9.900	9.900	9.900	39.600	2
Onodi, Betty	ROM	9.887	9.887	9.887	9.887	39.561	3
Pasa, Mirela	ROM	9.875	9.875	9.875	9.875	39.525	4
Li, Ying	CHN	9.862	9.862	9.862	9.862	39.485	5
Bojarska, Svetlana	HUN	9.852	9.852	9.852	9.852	39.445	6
Milova, Silvia	BUL	9.830	9.830	9.830	9.830	39.380	7
Onodi, Betty	ROM	9.818	9.818	9.818	9.818	39.336	8
<b>BEAM</b>							
Bojarska, Svetlana	ROM	9.950	9.950	9.950	9.950	39.800	1
Milova, Silvia	ROM	9.900	9.900	9.900	9.900	39.600	2
Onodi, Betty	ROM	9.887	9.887	9.887	9.887	39.561	3
Pasa, Mirela	ROM	9.875	9.875	9.875	9.875	39.525	4
Li, Ying	CHN	9.862	9.862	9.862	9.862	39.485	5
Bojarska, Svetlana	HUN	9.852	9.852	9.852	9.852	39.445	6
Milova, Silvia	BUL	9.830	9.830	9.830	9.830	39.380	7
Onodi, Betty	ROM	9.818	9.818	9.818	9.818	39.336	8
<b>FLOOR</b>							
Bojarska, Svetlana	ROM	9.950	9.950	9.950	9.950	39.800	1
Milova, Silvia	ROM	9.900	9.900	9.900	9.900	39.600	2
Onodi, Betty	ROM	9.887	9.887	9.887	9.887	39.561	3
Pasa, Mirela	ROM	9.875	9.875	9.875	9.875	39.525	4
Li, Ying	CHN	9.862	9.862	9.862	9.862	39.485	5
Bojarska, Svetlana	HUN	9.852	9.852	9.852	9.852	39.445	6
Milova, Silvia	BUL	9.830	9.830	9.830	9.830	39.380	7
Onodi, Betty	ROM	9.818	9.818	9.818	9.818	39.336	8

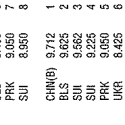


Clare Cribbes (AUS)

Photographs courtesy Ross Gould

## Men Comp III

Name	Cy	Total	Place
<b>VAULT</b>			
Onodi, Henrietta	HUN	9.950	1
Bojarska, Svetlana	CZE	9.943	2
Bojarska, Svetlana	ROM	9.936	3
Milova, Silvia	BUL	9.882	4
Stupak, Kerri	USA	9.818	5
Gogun, Gina	ROM	9.800	6
Unek, Stella	CAN	9.756	7
Black, Elena	HOL	9.481	8
<b>BARS</b>			
Bojarska, Svetlana	ROM	9.950	1
Milova, Silvia	ROM	9.900	2
Onodi, Betty	ROM	9.887	3
Pasa, Mirela	ROM	9.875	4
Li, Ying	CHN	9.862	5
Bojarska, Svetlana	HUN	9.852	6
Milova, Silvia	BUL	9.830	7
Onodi, Betty	ROM	9.818	8
<b>BEAM</b>			
Bojarska, Svetlana	ROM	9.950	1
Milova, Silvia	ROM	9.900	2
Onodi, Betty	ROM	9.887	3
Pasa, Mirela	ROM	9.875	4
Li, Ying	CHN	9.862	5
Bojarska, Svetlana	HUN	9.852	6
Milova, Silvia	BUL	9.830	7
Onodi, Betty	ROM	9.818	8
<b>FLOOR</b>			
Bojarska, Svetlana	ROM	9.950	1
Milova, Silvia	ROM	9.900	2
Onodi, Betty	ROM	9.887	3
Pasa, Mirela	ROM	9.875	4
Li, Ying	CHN	9.862	5
Bojarska, Svetlana	HUN	9.852	6
Milova, Silvia	BUL	9.830	7
Onodi, Betty	ROM	9.818	8



Clare Cribbes (AUS)

Photographs courtesy Ross Gould

# RESULTS..... CHINA CUP continued...

## Mixed Pairs-Comp 2

Shi Liliang	CHN	9.850	9.850	19.450	=1
Chen Changfeng	TPE	9.838	9.838	19.450	
Zhu Xun	CHN(A)	9.838	9.838	19.450	
Li Xiaochuang	CHN	9.838	9.838	19.450	=1
Chen Daoyi	CHN	9.838	9.838	19.450	
Chen Daoyi	CHN(A)	9.838	9.838	19.450	
Chen Daoyi	CHN(A)	9.838	9.838	19.450	
Yevdokimova Irina	KZK	9.838	9.838	19.450	3
Yevdokimova Irina	KZK	9.838	9.838	19.450	3
Wei Chun Chuan	TPE	9.838	9.838	19.450	4
Wei Chun Chuan	TPE	9.838	9.838	19.450	4
He Xianmei	CHN(B)	9.838	9.838	19.450	5
He Xianmei	CHN(B)	9.838	9.838	19.450	5
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.838	19.450	6
Li Xiaochuang	CHN	9.838	9.		

## RESULTS.....

## PACIFIC SHOOT GAMES continued

### Girls (1) Finals

[illegible]

## Boys (2) Individual

Name	Country	Floor	Pommel	Rings	Vault	P-bars	H-Bar	Total	Place
Paul Burgess	WA	9.500	8.850	9.500	9.150	9.100	9.450	55.550	1
David Schneider	WA	9.300	9.050	9.250	9.000	9.000	9.500	55.100	2
David Biederman	WA	9.300	8.850	9.250	9.000	9.000	9.500	55.100	3
Steven Kim	VIC	9.200	9.200	9.000	8.750	8.950	9.050	52.850	4
Steven Smith	WA	9.050	8.300	8.350	8.700	9.150	9.250	52.800	5
Michael Weston	VIC	8.700	8.000	8.200	9.100	8.800	9.500	52.300	6
Camaron Campbell	VIC	8.100	8.600	8.300	9.000	8.900	9.850	51.850	7
Tyron Lee	NT	8.850	8.500	7.500	8.800	8.700	9.150	51.300	8
David Watt	NSW	8.750	8.200	8.300	8.800	8.700	9.150	51.300	9
Glen Gaski	NSW	8.750	8.200	8.300	8.800	8.700	9.150	50.600	10
Janet Cannon	QLD	8.500	8.450	7.400	8.950	8.400	8.850	50.550	11
Daniel Jones	NSW	7.950	8.500	7.200	8.900	8.300	9.000	50.000	12
Frederick Guyenne	NC	8.450	8.900	8.600	8.950	8.100	8.650	49.900	13
Stephane Boustchet	NC	8.300	8.650	7.150	9.000	7.700	8.850	48.350	14
Yves Bouchard	NSW	8.100	8.850	7.500	8.800	8.100	8.650	48.000	15
Chris Robinson	ACT	0.000	8.800	7.600	9.250	8.450	8.950	43.150	16
Tony Hays	ACT	0.000	0.000	8.100	0.000	8.500	0.000	16.600	17
Xavier Mills	NC	0.000	0.000	0.000	9.150	0.000	0.000	9.150	18
Scott Lawford	NT	0.000	0.000	0.000	9.100	0.000	0.000	9.100	19
William Taylor	NT	0.000	0.000	0.000	9.050	0.000	0.000	9.050	20
Mal Fraser	NT	0.000	0.000	0.000	9.000	0.000	0.000	9.000	21
Angus Gordon	QLD	0.000	0.000	0.000	9.000	0.000	0.000	9.000	22
NC-New Gledonia		0.000	0.000	0.000	8.900	0.000	0.000	8.900	23

Comp III-junior Jnr Teams Final

Name	Cty	Total	Place
Hoop			
Mira Han	PRK	9,250	1
Dong Weihsua	CHN	9,100	2
Gyongsak Ho	PRK	9,000	3
Lindsay Richards	CAN	8,800	4

## Boys (2) Finals

Name	City	Total	Place
<b>FLOOR</b>			
Corey Johnson	WA	9,400	=1
Daniel Griggs	WA	9,400	=1
Danielle Koulton	WA	9,300	3
<b>POMMEL HORSE</b>			
Corey Johnson	WA	9,100	2
Brendan Ward	WA	9,050	2
Brendan Ward	WA	9,000	3
<b>RINGS</b>			
Brendan Ward	WA	9,500	1
Corey Johnson	WA	9,300	2
Corey Johnson	WA	9,050	3
<b>VAULT</b>			
Corey Johnson	WA	8,550	1
Brendan Ward	WA	8,800	2
Steve Farnigan	ACT	8,600	3
<b>WARS</b>			
Corey Johnson	WA	9,500	1
Jade Koubaui	WA	9,500	1
Brendan Ward	WA	9,400	3
<b>HIGH BAR</b>			
Jade Koubaui	WA	9,600	1
Brendan Ward	WA	9,300	2
Daniel Griggs	WA	9,100	3

**WE  
HAVE  
MOVED!!!!**

Team	Total	Place
WA	160.350	1
VIC	137.750	2
ACT	135.500	3
NSW	126.400	4

### Boys (2) Teams

Team	Total	Place
WA	167,250	1
VIC	158,550	2
NSW	156,050	3
QLD	152,600	4
NT	149,950	5
NC	148,400	6
ACT	139,100	7

NC = New Caledonia

**Girls (1) Individual**

Name	City	Vault	UBars	Beam	Flour	Total	Place
Cheryl Dembos	NSW	9.800	9.000	9.075	9.100	38.775	1
Nicole Hancock	ACT	8.925	9.300	9.000	8.825	38.050	2
Christine Hargrave	NSW	8.800	9.000	8.800	8.950	37.550	3
Michelle Bradbury	VIC	8.875	9.150	8.600	8.900	37.525	4
Harris Braxley	Russia	8.675	9.100	8.900	8.900	37.575	5
Shantale Shandley	VIC	9.100	8.850	8.300	9.075	37.325	6
Paula Harvey	VIC	9.025	8.700	8.750	8.800	37.275	7
Anna Hancock	ACT	8.975	8.850	8.550	8.450	37.125	8
Aki Kentshi	Japan	8.900	8.800	8.500	8.400	37.600	9
Michelle Kato	NSW	8.800	8.600	8.900	8.725	37.025	10
Kerry Nunn	VIC	8.600	8.600	8.900	8.725	37.825	11
Kerri Jackson	NSW	8.675	8.550	8.300	8.800	36.325	12
Holly Francis	QLD	8.825	8.800	8.400	8.475	36.500	13
Genevieve Preston	ACT	8.150	8.700	8.700	8.800	36.350	14
Mered George	NSW	8.400	8.350	8.600	8.975	36.325	15
Anna Andriola	Russia	8.375	8.300	8.300	8.300	33.275	16
Michelle Kato	NSW	8.375	8.300	8.300	8.300	33.275	17
Nicole Krotter	QLD	8.750	8.550	8.250	8.850	36.400	18
Louise Cashmore	ACT	8.725	8.950	8.800	8.950	36.425	19
Alex Walker	VIC	8.900	8.800	8.050	8.825	36.575	20
Vanessa Jackson	ACT	8.850	8.950	9.100	8.400	38.350	21
Tammy Pascoe	QLD	8.800	8.500	8.400	8.900	36.600	22
Michelle Kato	NSW	8.800	8.500	8.400	8.900	36.600	23
Joel Meekins	Russia	8.025	8.800	8.050	8.975	33.850	24
Jodi Heath	NSW	8.450	8.100	7.900	8.950	33.500	25

## Girls (1) Finals

Name	Cy	Total	Place
<b>VAULT</b>			
Nicole Duvites	NSW	9.600	1
Ekaterina Kordintseva	RUS	9.500	2
Yusuf Kamil	JPN	9.275	3
<b>BARS</b>			
Hollie Beans	VIC	9.150	1
Larissa Shavtrela	RUS	9.100	2
Nicole Duvites	NSW	9.000	3
<b>BEAM</b>			
Nicole Duvites	NSW	9.075	1
Cheryl Hamrick	WA	9.000	2
Russia Shavtrela	RUS	8.900	3
Yusuf Kamil	WA	8.800	4
<b>FLOOR</b>			
Tamara Andrianova	RUS	9.100	1
Nicole Duvites	NSW	9.100	=1
Olga Melnikova	RUS	9.075	3
Paula Harvey	VIC	9.075	=3

### Girls (1) Teams

Team	Total	Place
V/C	108.025	1
NSW	106.600	2
Russia	103.275	3
WA	104.875	4
OLD	101.400	5
ACT	101.375	6
NT	98.925	7
Japan	95.650	8
USA	95.025	9

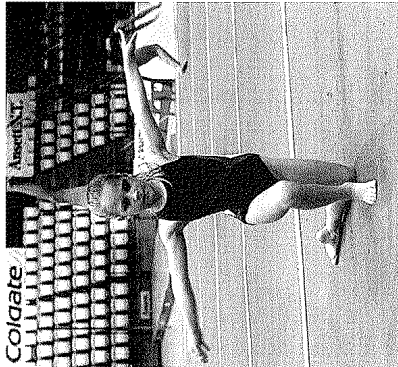
## Girls (2) Individual

Name	City	Vault	UBars	Beam	Flair	Total	Place
PRC	PRC	9.300	9.200	9.000	8.750	36.250	1
Carly Ann Stephenson	NSW	8.600	9.250	9.100	8.750	35.700	2
Yang Li	NSW	8.650	9.250	8.850	8.750	35.500	3
Stephenson Hamilton	NSW	8.350	9.250	8.850	8.750	35.300	4
Chen Chuyi Wei	NSW	8.350	9.250	8.850	8.750	35.200	5
Victoria Wang	VIC	8.400	9.275	8.400	8.600	34.675	6
Chen Chuyi Wei	NSW	8.725	8.650	8.600	8.900	34.875	7
Lian Lian	PRC	8.300	9.000	8.100	8.400	34.800	8
Ling Li	PRC	8.650	9.100	7.900	8.250	33.900	9
Jane McDonald	NSW	8.150	8.500	8.250	8.925	33.825	10
Chen Chuyi Wei	NSW	8.350	9.250	8.850	8.750	35.200	11
Lucile Perkins	VIC	8.200	7.900	8.500	8.950	33.550	12
Sue Luckins	VIC	7.950	8.700	8.000	8.950	33.600	13
Fang Li	PRC	8.400	8.400	8.500	8.250	33.550	14
Lara Lane	PRC	8.000	8.700	8.150	8.400	33.250	15
Roynd Landipin	VIC	7.650	8.350	8.200	9.000	33.200	16
Chen Chuyi Wei	VIC	8.350	9.250	8.850	8.750	35.200	17
Chen Chuyi Wei	VIC	8.350	9.275	8.300	8.350	32.725	18
SA	7.700	9.000	7.600	8.400	32.700	19	
Li Li	NT	7.800	8.550	7.900	8.400	32.650	20
Jessica Garrett	NSW	8.400	9.550	7.550	8.500	32.400	21
Sarah Swenell	WA	7.850	8.550	7.650	8.150	32.200	22
Chen Chuyi Wei	NSW	8.350	9.250	8.850	8.750	35.200	23
Sarah Swenell	WA	7.850	8.900	7.300	8.175	32.225	24
Sarah Swenell	WA	8.000	8.100	7.150	8.700	32.050	25
Sally Jones	WA	8.000	8.100	7.150	8.700	32.050	26

### Girls (2) Teams

Alco Lay	Team	Total	Place
Leslie Paris	TEAM	107,350	1
Sally Luckins	VC	103,975	2
Faye Liu	PVC	103,860	3
Carl Law	VC	97,850	4
Brody Landgrave	SA	97,500	5
Pauline Loo	WA	97,500	6
Priscilla Lim	WA	96,500	7
David Lim	SPE	91,050	8
John Lillard	NC	89,000	
Jessica Boncomp	PRC=People's Republic of China		
Sarah Swannell	SFC=Singapore		
Vanessa Bamford	N=New Caledonia		
Jadine Dalton			
Samantha Remitt			
Sally Jones			
PRC=People's Republic of China			

**Coldate**



### Girls (2) Finals

Name	Cy	Total	Place
<b>VAULT</b>			
Yang Li	CHN	9.300	1
Li Wei	CHN	9.275	2
Leah Annadid	MSW	8.850	-3
Ling Li	CHN	8.650	-3
Jaqueline Choy Wei-e	SPE	8.650	-3
<b>BARS</b>			
Vicky Walker	VIC	9.275	1
Carly Ann Stephenson	NSW	9.250	-2
Stephanie Hamilton	NSW	9.250	-2
<b>BEAM</b>			
Carly Ann Stephenson	NSW	9.100	=1
Lian Liu	CHN	9.100	=1
Yang Li	CHN	9.000	3
<b>FLOOR</b>			
Jaqueline Choy Wei-e	SPE	9.025	1
Robyn Landrum	VIC	9.000	2

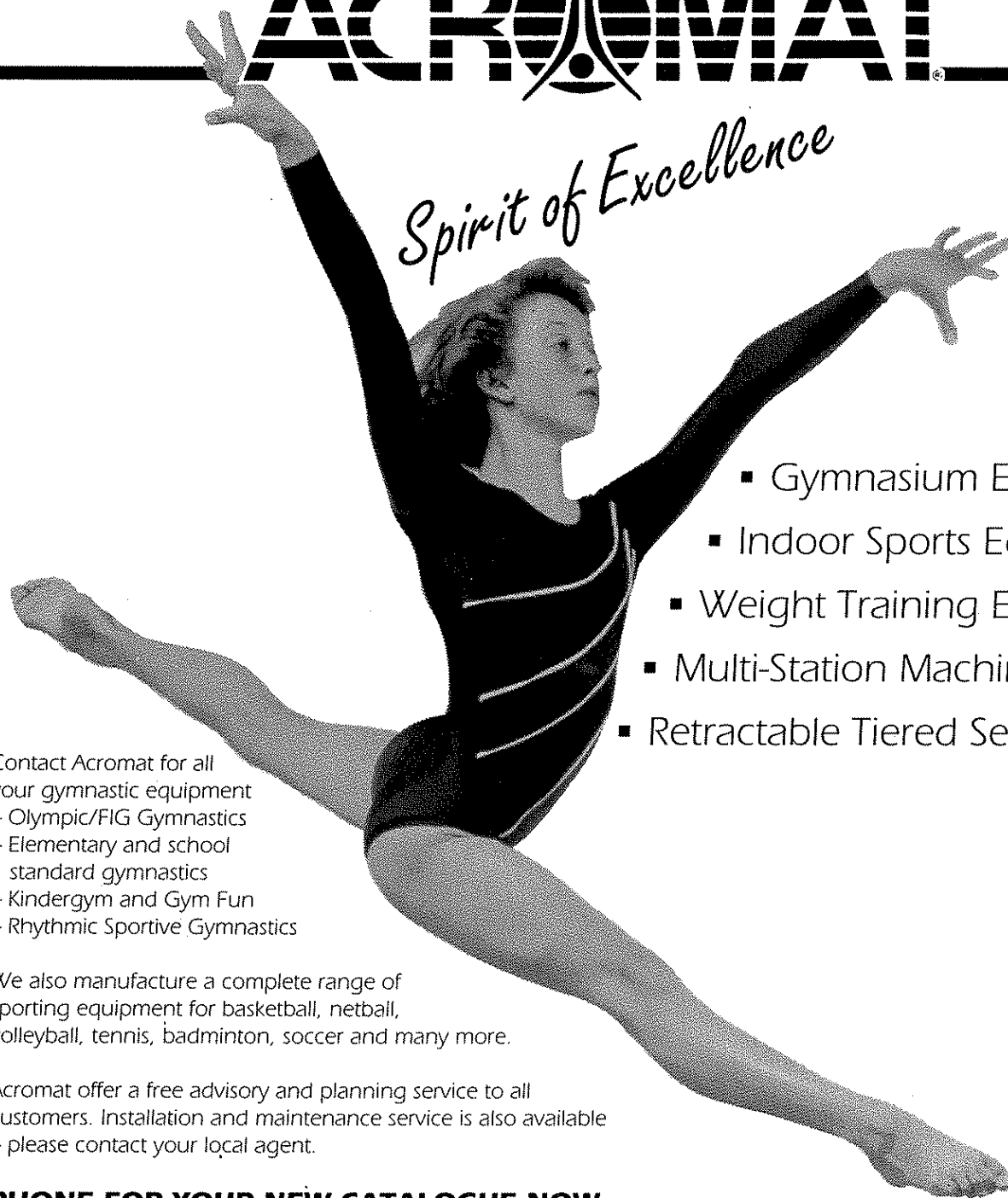
### Girls (3) Teams

Item	Quantity	Unit Price	Total
ACT	1		
NT	2		
QLD	3		
Vault	1		
QLD	2		
ACT	1		
QLD	2		
NT	3		
BARS	1		
NT	2		
ACT	1		
QLD	2		
ACT	1		
QLD	2		
ACT	1		
QLD	2		
ACT	1		
QLD	2		
BALL	1		
QLD	3		
QLD	1		
QLD	2		
QLD	2		
ROPE	1		
NT	2		
QLD	1		
QLD	2		
ACT	2		
NT	3		
NT	2		
ALL ROUND TEAM			
ACT	1		
QLD	2		
QLD	1		
QLD	2		
QLD	3		



# ACROMAT

*Spirit of Excellence*



- Gymnasium Equipment
- Indoor Sports Equipment
- Weight Training Equipment
- Multi-Station Machines
- Retractable Tiered Seating

Contact Acromat for all  
your gymnastic equipment  
– Olympic/FIG Gymnastics  
– Elementary and school  
standard gymnastics  
– Kindergym and Gym Fun  
– Rhythmic Sportive Gymnastics

We also manufacture a complete range of  
sporting equipment for basketball, netball,  
volleyball, tennis, badminton, soccer and many more.

Acromat offer a free advisory and planning service to all  
customers. Installation and maintenance service is also available  
– please contact your local agent.

**PHONE FOR YOUR NEW CATALOGUE NOW**

**OFFICIAL SUPPLIER OF GYMNASTIC EQUIPMENT TO  
THE 1990 COMMONWEALTH GAMES AUCKLAND, N.Z.**

**SOUTH AUSTRALIA**

(08) 352 2288

**TASMANIA**

(003) 39 3133

**WESTERN AUSTRALIA**

(09) 409 6900

**AUSTRALIAN CAPITAL TERRITORY**

(062) 51 3414

**VICTORIA**

(03) 764 1300

**NEW SOUTH WALES**

(02) 580 4466

**QUEENSLAND**

(07) 351 4532