

## How do I show evidence of competencies?

There are many ways that you can show evidence of the competencies you hold.

Examples of evidence include:

- **Formal qualifications**

- Academic transcripts
- Certificates / qualifications from relevant courses

- **Work related experience**

- Resume of work experience which may include reports from senior coaches / judges / administrators, results of athletes coached
- Copies of any statements, references or articles about your employment or community involvement
- Relevant work samples such as essays, coaching plans or completed work projects

- **Life experiences**

- Video of coaching sessions with corresponding planning documentation
- Reports on opportunities undertaken, which could include reports from events and / or study tours
- Athlete experiences are valuable, however are not necessarily the "benchmark" for evidence of coaching competencies.

Please remember, the list above is not exhaustive and there are many other examples. Provide all the documentation that you can which clearly shows evidence of the competencies you hold.